

# Easter Egg Hunt at Arrowhead April 16; page 8

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**April 11, 2022** 

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# A Career Dedicated to Helping Those Without A Voice <u>Cathy Sullivan Nears 20 Years Doing Animal Rescue</u>

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—An abandoned dog, a lost cat, an owl with an injured wing. When area people find themselves needing help with a situation involving an animal, Sullivan County Animal Control Officer Cathy Sullivan is usually the first person they think of contacting. Her dedication to her job is well known throughout the region as is her compassion for the well-being of animals, living beings that need help but have no voice except through the intervention of others. As she approaches her 20th year of service in animal rescue—this July—Sullivan talked with the e-Ticker News about her work. Modest when it comes to talking about herself and what she does, she is always ready when help is needed.

# When did you first start as the animal control officer?

I started animal rescue 20 years ago in July. **How did that come about?** 

I grew up on a farm so we always had dumped cats and dogs. My friend sent me information on schooling for animal control and training so I made the call and went.

What are your primary duties? Helping all animals in need.

#### What are the best things about your work?

Educating the public, helping an animal that needs us and seeing them recover. Finding them their forever homes, and watching them interact with their adopters and getting follow-up pics; those are the best. If we can, we ask the adopter to keep us updated.

What are the hardest?

Seeing their faces and eyes when they're at their worst and when surrendered seeing their heartbreak through their eyes. Even our cuddles and kisses can't help the first few days. And helping them cross the Rainbow Bridge, that takes a piece of my heart as we gave our all, or their quality of life is gone. We never want to let go.

(Continued on page 6)



Sullivan County Animal Control Officer Cathy Sullivan with one of her rescues being cared for at her Lost My Way animal shelter in Claremont (Courtesy photo).

# SAU 43 Superintendent Tenders Resignation, Citing Friction with Board, Community

By Phyllis A. Muzeroll e-Ticker News

NEWPORT, NH—SAU 43 superintendent Brendan Minnihan has tendered his resignation; his departure, according to his letter of resignation, is effective July 5, 2022.

In his letter, dated April 5, he wrote,

"Dear Chairperson Darling and the other members of the Newport School Board:

"I am writing to you today to notify you that I intend to resign my position as Superintendent of Schools for the Newport School District effective July 5, 2022.

"Although it saddens me to resign, I do not believe I can currently fulfill the expectations of the position given the current climate in the district.

"As you know, it takes everyone working together within the expectations and boundaries

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of their roles for our students to achieve the highest degree of success.

"In light of numerous interactions and communications that have occurred over the past month, it has become clear to me that some individuals in this district do not understand, agree with, or appreciate the clearly defined roles and responsibilities of a school board versus a superintendent as stated in RSA 189:1-a, NH Ed Rules 303.01 and 302.01. In large part, a key difference is that the school board hires a superintendent and provides oversight and direction through policy and strategic planning. It is then the job of a superintendent to oversee the day-to-day operations of a \$19 million organization.

"Finally, I believe that a positive approach toward students, staff, families, and other members of our community is needed to bring about long-term success. Although we here at Newport School District have all faced many challenges over the past three years, including the COVID pandemic, a \$1 million budget cut, and the loss of several staff to higher wage positions elsewhere, I have tried hard to remain upbeat and raise the morale of our staff. However, when some members of the school board and community choose to denigrate the staff and indirectly the students, it becomes an impossible task.

"My hope is to fulfill the terms of my contract and provide you with 90 days notice of my intent to leave my position.

"I truly believe that there have been great moments and successes over the past several years at Newport and I have given my utmost to help Newport students, families, and staff feel

sup-

ported and fulfill their potential. I wish the district the very best as it moves forward. May the joys of student success and achievement continue to grow."

Minnihan came to the position first as interim superintendent in 2019; he was later named permanent superintendent.

## Plainfield Community Church Easter Services

April 15, 7 pm: Good Friday Service April 17, 10 am: Easter Service followed by our annual Egg Hunt in Cory Taber Park

#### **PUBLIC NOTICE**

For a meeting of the Conservation Commission To be held onThursday, April 21, 2022 6:00 PM Council Chambers, City Hall Claremont NH

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**NH Lottery Numbers** 

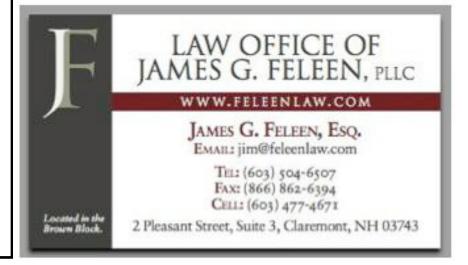
04/09/2022

NH PowerBall 6 16 31 62 66 18

NH Mega Millions 04/08/2022 8 11 29 32 40 2

<u>Tristate Megabucks 04/09/2022</u> 9 21 24 26 37 4

For more lottery numbers, <a href="https://www.nhlottery.com/">https://www.nhlottery.com/</a>



# **Local Help for Ukraine**

Support for Ukraine – South Congregational Church, Newport, NH. Collecting Items for Clean-up Buckets as Part of Church World Service Outreach

Contact: Pastor Daniel Adam, 603-863-3729. Are you wondering how you can help the Ukrainian people who are facing war and displacement?

South Congregational Church is collecting items for clean-up buckets, an initiative of Church World Service (CWS). CWS collects items for clean-up buckets that are sent throughout the world where there are wars or natural disasters. Ukraine is a priority at this time.

Items needed include: reusable cleaning towels (Handiwipes), work gloves (leather or leather palm gloves), 32-64 ounce laundry soap, 16-34 ounce dish soap, kitchen sponges, contractor-type trash bags (30-45 gal). To see the full list of needed items and a photo of a completed bucket, visit South Con-

gregational Church, Newport NH (<u>thesouthchurch.us</u>)

Items may be left in the container at the rear door of South Congregational Church, Church St, Newport.

Donated items will be collected throughout April. Buckets will be assembled at South Church and delivered to a Church World Service depot in Bow, NH in early May.

For more information, contact South Congregational Church at 603-863-3729.

## Claremont, NH, School District Ukraine Refugee Help

You can help! We are raising funds to adopt an individual family who will be living in a home in Le Mans, France, provided by the family of a retired Claremont School District teacher. Additionally, a Ukrainian American staff member, with family still inside Ukraine, has identified three international aid organizations to receive funds: UNICEF (United Nations Children's Fund designated to children in Ukraine), United Help Ukraine, Inc. (Medical Aid & Humanitarian Relief to Ukraine directly) and CARE (Ukraine Crisis Fund).

We have coordinated with Wayne Hardy and Association TARMAC (non-profit) in Le Mans in offering this help to the Ukrainian refugee family through an account that Wayne is opening with the association.

The organizations recommended by Oksana will provide a wide range of support to refugees fleeing Ukraine into neighboring nations. Some 3.5 million refugees are caught up in this mass migration. The average half-year income for a person in LeMans is \$22,308.13, and we would like to raise that much for this refugee family and a like amount for the international organizations for a total of \$44, 616.26.

We are NOT a registered charity and are not raising funds via GoFundMe as a charity. We ARE a group of grassroots individuals, retired and active staff of Claremont School District, that saw a need to help Ukrainian refugees in their time of need. We are approved and supported by the superintendent of the district. We are registered with GoFundMe as "individuals" doing a "fundraiser" for an "emergency".

Visit here to help: <a href="https://gofund.me/b6fddf89">https://gofund.me/b6fddf89</a>.



# Commentary

# Passing Postal Reform Into Law to Strengthen Mail Delivery in New Hampshire

### By Senator Maggie Hassan

The Postal Service is a unique part of American life. As the only delivery service that reaches every address, it is a lifeline for millions of people, espe-

cially for those who live in New Hampshire's rural communities. At least six days a week, postal workers come to our homes and businesses – bringing to life the Postal Service's unofficial motto, "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds."

The Postal Service is a vital part of our country's infrastructure – getting people their medication, business supplies, and other necessities, while also connecting them to friends and family.

Unfortunately though, actions by Congress over a decade ago created financial burdens for the Postal Service, resulting in slower and worse service. This is unacceptable, which is why I have been working on a bipartisan basis to ensure that the Postal Service operates efficiently, while providing timely, top notch service.

This month, we took an important step forward when Congress passed and the President signed into law the bipartisan Postal Service Reform Act. This law, which I helped introduce, will strengthen the Postal Service and improve the agency's long-term financial stability.

This measure makes a number of key reforms that will protect the Postal Service and put it on secure financial footing for generations to come, including by eliminating congressional requirements that have financially hurt the Postal Service. The reforms in our law will generate more than \$49 billion in savings for the Postal Service over the next 10 years.

In addition, Granite Staters rely on and expect deliveries to occur at least six days a week. This law makes sure that level of service will not change by permanently requiring the Postal Service to continue its six-day-a-week delivery services.

The law also improves the transparency of the Postal Service by requiring the publication of easily accessible weekly performance data on the Postal Service website. This measure will provide people with information about mail service in their local areas. The law also requires regular reporting of Postal Service finances and operations to Congress.

I am glad that Republicans and Democrats came together to pass this law. And this new law will help build on the efforts I have already made to improve mail service in our state.

Granite Staters have told me about their frustrations concerning the frequency and consistency of New Hampshire's mail delivery service, particularly during the pandemic. So I requested that the Inspector General of the Postal Service investigate the causes of mail delays experienced in communities across our state.

As a result, the Inspector General conducted an investigation which found that the main cause of postal delays and poor service in New



Hampshire was a lack of permanent staff. At my urging, in the months following that report, the Postal Service hired more than 150 new permanent employees in New Hampshire. And now, because of the new postal reform law, the Postal Service will be on better financial footing long-term, so will be able to improve its ability to hire and retain workers.

We have more work to do, and I remain grateful for the New Hampshire postal workers and letter carriers who are working so hard to get Granite Staters their mail. I will continue pushing to improve the Postal Service to ensure that Granite Staters can receive the consistent and quality service that they need.

# Letters to the Editor

## **Help Turning Points Network Help Others**

#### To The Editor:

Several years ago, I had the pleasure of attending a bystander intervention workshop offered through Turning Points Network. This program taught us how to "step up" and act in a safe way to intercede when we observe any type of bullying, harassment, or abuse. The facilitator asked us to raise our hands if "we ourselves, a member of our family or someone we knew personally had ever experienced any form of sexual assault or domestic violence." The room grew very quiet and introspective while every single one of us raised our hands! Would you have raised yours?

Sexual assault and domestic violence don't just happen in the big cities! How many times in recent local news has there been a story on a shooting, a case of bulling, a rape, a suicide, a fight, or a domestic abuse incident? The answer is, way too many! It's happening right here folks, close to home. Kindness does matter and collectively we have the power and strength to join as one to stop these types of violence.

In the past two years, yes, gathering has not been a possibility due to COVID-19 and its many variants. The good news is that we are finally at a place where Turning Points Network will be hosting the 16th Annual Steppin' Up Against Domestic Violence 5K Walk/Run IN PERSON! Mark your calendar for Saturday, April 30th at the Claremont Middle School on South Street in Claremont, NH. The goal this year is to raise \$90,000 to support victim-survivors in Sullivan County. We can't do it without your help!

Imagine the possibilities if we all came together in demonstration of our commitment to bring unity and support into our community? There are so many ways to participate in the Steppin' Up fundraiser. You can lead a team, join an existing one, or set up your individual fundraising page and go solo! Or, you can choose to sponsor the event. By sending the link below to your friends and family on social media and inviting them to donate or volunteer at the event makes a difference. For more information, call 603-543-0155 or go to the TPN website at <a href="https://www.turningpointsnetwork.org/steppin-up">https://www.turningpointsnetwork.org/steppin-up</a>.

(Continued on page 5)

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#### Rep. Anne Kuster

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http://kuster.house.gov/contact

To find out who your local state representatives/ senators are in Sullivan County, please visit http://www.gencourt.state.nh.us/house/members/ wml.aspx

## Letters, from page 4

No one knows what the future will hold. But we do know that those who live in fear and abuse have access to a safe harbor through the free services offered at TPN. They are an amazing team of highly trained professional advocates. Your support of Steppin' Up provides increased opportunities for those impacted by domestic violence, sexual assault, stalking, and sex trafficking to work toward independence and help establish positive, individual goals. Whatever you can do to help make increased safety a reality for survivors, including their children, will be gratefully appreciated. Please, get involved today! Thank you!

Brenda M. Reed, Charlestown, NH

## **Canary in the Coal Mine**

#### To The Editor:

Just as an architect of a building does careful planning for the end result, so have the free state architects of school privatization planned for the end of public education as we know it. Croydon is the canary in the coal mine. The School Choice movement is a means to an end and that end is not about the best interest of children, but is about dismantling and defunding 'government schools' aka your community public school. The recent rush to slash the public school budget in Croydon to a level that can not sustain their school ripped the cover off the school choice black box. Democracy only works if those who have the money and or the power to opt out of public things instead, choose to opt in for the common good. It's called a social contract. The adequate education of children in our community and State is a common good and has value for all of us not just parents.

School choice means parents will need to pay a portion or all of their child's education either in time or money or both with additional fees, uniforms, books, materials, or lab supplies. School choice means a parent has to find a school or program that will accept their child especially if they have special learning or physical needs like a wheelchair ramp or speech specialist. Parents will need to search for an educational program that provides a safe, academically sound program with trained teachers.

Glossy advertising of schools choice schools and programs often lure parents into 'micro schools' or low cost private schools that may have uncertified teachers, no requirement for child protection criminal background checks, limited curriculums, limited special education services, no ADA accommodations and no transportation. The need of these programs for profit and financial stability may lead to cuts in their basic services or even dissolution, leaving the child without an educational program. Buyer beware.

Our public schools system in New Hampshire ranks consistently in the top 10 nationally. Our public schools accept all students regardless of socio-economic status, ability or disability, religion, race, homelessness or any other discriminating factor. Public community schools, not charter schools, are required to maintain a standard and comprehensive curriculum, have all certified and licensed teachers, offer special education services, free lunches, and other services to help all students succeed. Our community public schools are run by a locally elected school boards who are responsible academically and financially to the community as well as the parents to provide an adequate education with State set standards and services. Public community schools are a common good and need community support.

The concerned people of Croydon are bravely fighting back at the absurdity of this budget cut which can not fund the education that even this small community's children deserve and have a right to expect under the New Hampshire Constitution and our State laws. This drastic budget cut by a small fraction of the voting public in Croydon is not just about money. It is about a group of individuals who are well organized and are determined to change our way of life, our towns, our schools, and our State to fit their ideological and political philosophy. Croydon's children and their families should not be a sacrifice to this libertarian ideological experiment to get rid of government and ignore the common good. We must fight back for our communities and our schools. In each town and city across our State citizens must get involved in their communities, be informed about candidates both local and state, consider running for local offices, volunteering in the libraries, schools, joining local public service organizations and VOTE! Croydon needs our support. Public education needs our support. New Hampshire needs our support.

Linda Tanner, Sunapee, NH

#### 6

### Rescue, from page 1

### What is your favorite case?

I don't have a favorite case, as all the animals that we have gone to, or they have come here, are unique in their own way. They all take control of our hearts. I was asked how can I let them go? It's easy, I said, because I know they are going to their forever homes, a better home than I could give.

#### What is your most unusual case?

A Highlander in the woods of Unity. She was lost; she would charge at us. We had to bring in a vet from Westminster, VT, to tranquilize her to get her out of the woods so we could load her onto a trailer to get her home. This whole process was about a week long due to her taking off on us and having to locate her again.

### Has the job changed over the years?

The job changes daily because every call is different. The calls can be easy or hard. Every animal has its own personality, so every call has to revolve around the circumstances.

# How did you come to start your Lost My Way shelter?

We started our shelter because of the need at the time, and knowing in my heart this was and is my passion.

# What is the shelter's primary mission now, dogs only or cats and dogs?

We mainly do the dogs now, but still help the cats in need. We take them to Sullivan County Humane or other shelters in area when they are full. We still help with wildlife and take them to Wings of Dawn in Hen-

niker.



Sullivan said that aggression in animals often comes from going hungry and not knowing if the food they do have will be the *last* food they will have.

"Every dog has their own personality, their own stories," said Sullivan. "But they all have one thing in common— they all want to be

loved and give love back! It just takes some longer to gain the trust."





Left: Stormy, a stray in Claremont that Cathy Sullivan saw behind Market Basket on a snowy day. Three days later she was seen on Charlestown Road in the evening. The caller tried to catch her but couldn't. Eventually she went into a garage where a lead was put around her under a car. A trip to the vet showed she tested positive for heart worm. She was never claimed but has received heart worm treatment. Right: Ellie, another rescue, was found on Whitcomb Lane; she was never claimed, either. "She would sit on this landowner's wall. He put a heated blanket out for her." Sullivan caught her on a porch and was able to get her to come to food in a dish, allowing her to put a lead over her head. "We took her to the Animal Hospital to have her checked over; she was held for the 10-day stray hold. Then I picked her up, she came here, now she is in foster. If it works out, the foster wants to adopt her. She was treated for Lyme Disease." Below: "Abby is our new rescue down a bank by the river. No one has claimed her. Golden Retriever, young dog. Our heart breaks for these dogs. We just don't get how you just leave a dog. She gets vetted the 11th. The 13th, we get her groomed; we pulled 58 ticks off her. We flea treated but until her 10-day hold is up, we can't do anything else." (Courtesy photos).

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### **Neil Pierce Allen**

603-558-8549 neilpierceallen@gmail.com neilpierceallen.com







# NH DHHS COVID-19 Update April 8, 2022

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) issued the following update on the new coronavirus, COVID-19.

On Friday, April 8, 2022, DHHS announced 266 new positive test results for COVID-19 for Thursday, April 7. Those results include 207 people who tested positive by PCR test and 59 who tested positive by antigen test. Test results for previous days are still being processed and updated case counts for prior days will be reflected on the COVID-19 interactive dashboard. There were now 1,405 known current COVID-19 cases diagnosed in New Hampshire.

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19

updates. Of those with complete information, there were fifty-four individuals under the age of 18 and the rest are adults with 57% being female and 43% being male. The new cases resided in Strafford (53), Rockingham (36), Hillsborough County other than Manchester and Nashua (35), Merrimack (28), Grafton (25), Cheshire (22), Sullivan (13), Carroll (9), Coos (5), and Belknap (3) counties, and in the cities of Nashua (14) and Manchester (13). The county of residence is being determined for ten new cases.

DHHS also announced one additional death related to COVID-19. We offer our sympathies to the family and friends.

 1 female resident of Merrimack County, fewer than 60 years of age

There were currently 10 hospitalized patients being treated for COVID-19. Current Hospitalizations Treated for COVID-19 is the current metric tracking people hospitalized to treat their COVID-19 infection with Remdesivir, Dexamethasone or both therapies. These therapies are the primary medications for hospitalized patients to treat COVID-19. This new metric is modeled on NIH treatment guidelines and provides a more accurate view of the how many people are hospitalized because of severe COVID-19 illness, as opposed to patients admitted for other healthcare needs who may incidentally have COVID-19.

In New Hampshire, since the start of the pandemic, there have been a total of 303,755 cases of COVID-19 diagnosed.

For more information, please visit the DHHS COVID-19 webpage at <a href="https://www.covid19.nh.gov/">https://www.covid19.nh.gov/</a>.

As of Friday's map, April 8, there were 14 current positively identified cases reported

by DHHS in Claremont; 5 in Grantham and 11 in Plainfield with 1-4 cases in other towns. DHHS reported 40 current positively identified cases in Sullivan County.

Note: Data does not include positive home testing results.

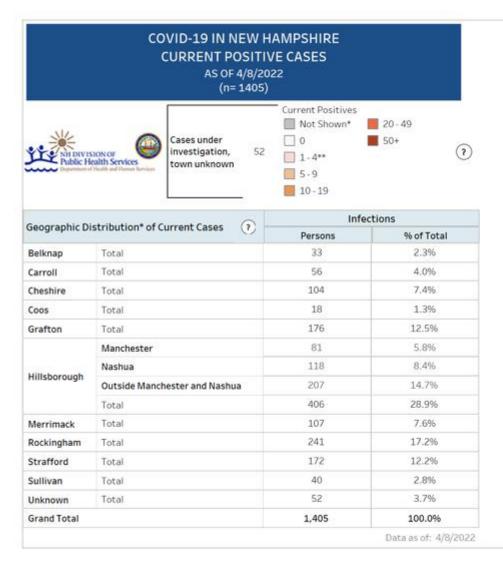
Vaccinations rates in NH: Fully vaccinated: 61.3% At least 1 dose: 70.7%

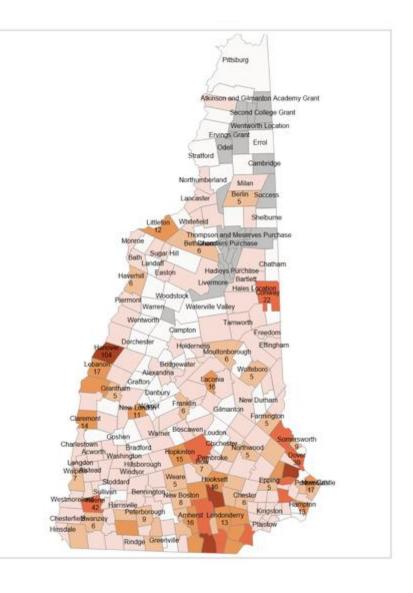
## **COVID-19 Hotline**

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

#### **Vaccine Information in NH**

For vaccine information, please visit <a href="https://www.covid19.nh.gov/resources/vaccine-information">https://www.covid19.nh.gov/resources/vaccine-information</a>.





# Easter Egg Hunt at Arrowhead April 16

CLAREMONT, NH—The Claremont Parks & Rec Department has announced that its Annu-

al Easter
Egg Hunt
event will be
held on
Saturday,
April 16th,
at the Arrowhead
Recreation
Area. There
will be thousands of
plastic eggs



with treats inside scattered around the hill in different sections marked off by age groups. Come meet the Easter Bunny, hunt for eggs, and visit with your friends! Wear your mud boots and don't forget something to collect all of your eggs.

\*This will be a rain or shine event at Arrowhead Rec. Area.

First Grade & Younger - 9:30 AM Second Grade & Older - 10:30 AM

Peeps Dioramas on Display April 15 - 28, 2022 Gallery Hours: Tues.-Fri. 11:00 am -4:00 pm, Sat. 10:00 am - 2:00 pm Library Arts Center Gallery 58 N. Main St. Newport, NH 03773

Price: Free



The 11th Annual Peeps Diorama Contest at the Library Arts Center--New Hampshire's Original Peeps Competition! See 100+ creative dioramas starring Peeps-those sugary bunny and chick marshmal-

low Easter confections--as the main characters as part of this fun, springtime tradition! Enjoy a great laugh in these light-hearted creations in a true celebration of community arts. Dioramas take cues from history, current events, pop culture, politics, trends, art & more! Find out more about the contest and the display at

<u>libraryartscenter.org/peeps</u>. Entry Deadline— Thurs. April 14 @ 4:00 pm

Dioramas on Display —April 15-28 Hours. Tues.-Fri. 11-4, Sat. 10-2

The Peeps Diorama Contest is generously sponsored by Goodrich Oil and McCrillis and Eldredge Insurance.



# Classified Ads



CLAREMONT—Bring your tool belt and paint brush to spruce this one up and start collecting the rents. This conveniently located investment property with 2 units is close to everything downtown Claremont has to offer! Long-term tenants in place but potential for a nice owner's unit! \$99,990 (MLS#4902733)



CHARLESTOWN—Pretty 1.3 acre corner lot in a rural setting. This mostly cleared lot has approved septic, drilled well, electric power, and a new driveway. These big improvements have been provided for you to build your new home. The road is Class 6 and is not town maintained. \$65,000 (MLS#4886992)



CLAREMONT—This beautifully renovated office building with an apartment has wonderful exposure and visibility on Washington St. The office spaces are in the front of the building with a residential unit in the back. This turnkey property was recently renovated with new roof, new furnace, air conditioning, bathrooms, fresh paint inside and out, some new flooring, parking lot, and so much more. \$315,000 (MLS#4895480)



CHARLESTOWN— 2+ acre lot just off Rte. 12, easy access to 1-91, Charlestown, Claremont, Connecticut River, boat landings, ski mountains, lakes. Neighborhood setting. Currently town zoning indicates if a lot has water & sewer a camper is allowed to be parked and occupied by the owner for 6 months out of the year. Other than that, you cannot store a camper on the lot without a house. Many possibilities here! \$32,000 (MLS#4897412)



NEWPORT— Own a piece of Newport history! This was once the site of the Old County Jail in 1842 and is on the National Historic Register. Lovely courtyard offering a nice garden/terrace area, 2 established business on the first floor, and 2 large apartments upstairs. A 2-car oversized garage is located on-site. This investment opportunity has great numbers and long-term tenants. \$450,000 (MLS#4888260)



**NEWPORT**—Unique opportunity to build a new home in this established neighborhood. Close to golf course, skiing and town. Bring your plans and builder to this nice 4+ acre lot. A small portion along the seller's side of the lot may or may not have to be annexed. Waiting for surveyor to confirm boundaries. \$70,000 (MLS#488962)



CLAREMONT—Let your tenant pay your expenses on this 2-family home with an intown location. Well-kept owner's apartment with first floor bedroom and 3/4 bath. Electrical updating will be needed. \$174,800 (MLS#4903795)



CLAREMONT—3 unit building with 2 residential units and 1 commercial business! The barber shop has been operating at this location for several years, has been updated beautifully and still has room to grow The two units are meticulously maintained and have impeccable tenants currently residing in them. \$284,900 (MLS#4904389)



CLAREMONT— LAND WITH IMPROVE-MENTS. ¾ ACRE lot with 2 driveways, 200 amp power in place, and a well. This land-scaped lot has a babbling brook running down one side, and the property is near ATV and snowmobile trails. Established grape vines, and new blueberry, apple, and pear trees. Minutes from town. Great country location for recreation or your new house. \$85,000 (MLS#4878096)



CLAREMONT—Nestled in a great neighborhood is this 3 bed, 1 bath home with a very large yard! Great sized bedrooms and kitchen, 1st floor bath and a large living/dining room. New roof, fresh interior paint in the kitchen and living room and a large woodstove for those chilly New England nights. \$224,900 (MLS#4904534)

Whether buying or selling, the experienced Realtors on our CENTURY 21 Highview Realty team will happily help you through your transaction in this unique market.





CLAREMONT-Professional or Residential use! Impressive 1795 Colonial w/ grand front columned porch, a 2nd large back porch off the driveway, dining room with raised paneled walls & China cabinet, and a fireplaced room with curved wall & windows. Fireplaces, a sweeping main staircase to the 2nd floor, and original back stairs. Open concept carriage house has vaulted ceilings and plenty of room with 2 bathrooms & laundry room that opens to a porch & deck. \$299,000



WINDSOR, NH—Beautiful 5+ acre parcel with potential southerly views. With a population of less than 300 & a tax rate at \$8.94 per assessed thousand, this is the perfect parcel to build your next home! This location has a lot to love with its topography, some white birches, and large glacial erratic boulders protruding from the ground. Rural setting yet conveniently located 10 minutes to Hillsborough and 35 minutes to Keene. \$104,900 (MLS#4899205)



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# Classified Ads

## **ON THE CONNECTICUT RIVER**





**NEW TO THE MARKET - 5.7 acres with** river frontage. Home was built in 1870, attached 2 story barn, with additional shed. Town water & sewer. Located on a dead end street. Home needs remodeling but what a setting! Enjoy the view from your home year round! For more info, see MLS# 4903501 \$199,000.



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**Ashley Bergeron** Agent



#### **CLAREMONT**

This country ranch offer 4 bedrooms, newly remodeled kitchen and bathroom. New windows throughout the home, lower level would make a spacious family room. One-car garage under the home. Sits on 7 ac. \$280,000







131 Broad Street Claremont, NH 03743

# Clinical Mental Health Provider \$30.00 - \$35.00 per hour

TLC Family Resource Center is seeking a Licensed Clinical Mental Health Provider. The LCMH will be a key partner in providing intensive services to families and children who have experienced trauma and/or are impacted by substance use, child abuse, and neglect.



TheLCMH will be responsible for child and family screenings, assessments and follow up, Child Parent Psychotherapy (CPP) or similar parent-child therapy, responding to and making referrals as needed, actively participate in team meetings about wraparound services for TLC clients receiving or referred for CPP and prepare reports as needed for court hearings.

TLC is offering this position at 20-40 hours per week with evening and weekend hours available to provide maximum flexibility to potential applicants who may have another part-time position or applicants who desire a full-time schedule but need flexibility in their work hours.

In addition to a competitive salary, TLC Resource Center offers health insurance for eligible employees, a retirement contribution, paid trainings and certifications, mentorship and orientation for new employees, a flexible work schedule, supervision towards licensure, and generous paid time off within a supportive team environment. To learn more and apply, please visit: https://www.tlcfamilyrc.org/ employment-opportunities.html.

# **Have Coffee With The Chief on April 21st**

SUNAPEE, NH—The next Coffee with the Chief in Sunapee is on Thursday, April 21, from 8:00 to 9:00 a.m. at the Safety Services Building. There is always a lot to talk about so bring your comments and questions and join Chief David Cahill for coffee and chat.

# **Spencer Street Construction in Lebanon to Resume on April 18th**

LEBANON, NH—The contractor responsible for reconstruction of Spencer Street is scheduled to be back on site the week of April 18. The work remaining consists of sidewalk work, and final paving of Spencer Street. In addition, Rail Trail improvements work will also be taking place. Pedestrian, bicycle and vehicular traffic will be impacted by this work, however the roadway and/or sidewalks will be open to traffic. Expect minor delays.

# **Claremont Man Charged Following Investigation**

CLAREMONT, NH-In late March, the Claremont Police Department's Detective Division was alerted by the Newport Police Department to an adult male who was communicating with a child, over the age of 13 and under the age of 16, on social media. The adult suspect was aware of the child's age and, in communication with the child, allegedly expressed his desire to engage in a sexual relationship, according to the CPD in a press release.

Officers from the Newport Police Department, Claremont Police Department and New Hampshire Attorney General's Drug Task Force intercepted the accused while he was walking to the location where he allegedly had arranged to meet the child. When he arrived at this location he was arrested without incident. The suspect was identified as: Michael Franklin, D.O.B. 12/11/1980, of Claremont, NH. Franklin is currently charged with the crimes of:

1. Attempt to Commit Felonious Sexual Assault RSA 632-A:3; 2. Certain Uses of Computer Services Prohibited RSA 649-B:4. Both charges are Class B Felonies. He was being held at the Sullivan County House of Corrections and was scheduled to be arraigned on April 5, 2022 in Sullivan County Superior Court.

This case is still under investigation and anyone who has information regarding this crime is encouraged to contact Detective Blewitt of the Claremont Police Department at 603-542-7010.

# <u>HOME OF THE WEEK</u>



Well maintained two bedroom Ranch in a nice neighborhood with a two-car garage and an outdoor shed for storage. The basement has a nice family room with a bar, game room, half bath and laundry area. Sit on the back deck and enjoy the wildlife. A great space to entertain family and friends. This one will go fast!!!

Charlestown MLS 4903774 \$240,000



Justin Rannev Owner



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# Classified Ads

# Branch Manager: Claremont, NH

One Credit Union is currently seeking a <u>Branch Manager</u>, for <u>our Claremont</u>, <u>NH</u> location.

## The ideal candidate will have:

- 4-5 years of experience in a sales environment with a solid track record (including cross selling)
- 2-3 years of financial services experience
- 2-3 years of consumer lending experience mortgage and small business lending experience a plus
- Strong leadership skills with 4-5 years' experience
- Must ensure that all members receive unparalleled service in all interactions
- Will balance risk with member service to ensure the organization is protected
- Drives sales by setting an example and by mentoring and coaching staff
- Ensures that all lending and deposit needs are met appropriately and in compliance with all Credit Union Policy and Procedures
- Leads team and provides necessary training to ensure the operational soundness of branch including security, cash, and regulatory requirements
- Will partner with other lines of business in making quality member referrals
- Will ensure the branch is engrained in the community thereby championing the Credit Union's commitment

#### **Requirements:**

- High school graduate or equivalent.
- Wages commensurate with experience and skillsets.
- Benefits offered: Health Care: <u>Starting 1<sup>st</sup> Day</u>, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (11), Paid Time Off (PTO), <u>Medical Re-imbursement if not taking Healthcare</u>.

Email cover letter, resume and references to

jobs@onecu.org

Equal Opportunity Employer www.onecu.org



# Classified Ads

# Human Resources Manager Springfield, VT

One Credit Union is currently seeking an experienced <u>Human Resources</u> <u>Manager</u> to join our team due to an upcoming retirement.

#### **POSITION PURPOSE:**

Responsible for coordinating a wide range of human resource functions including recruiting, interviewing, and hiring personnel, assists with performance appraisals and corrective actions, and ensuring Company personnel are well informed of human resource policies and programs. Oversees the human resource information system, maintains, and updates employee records, completes assigned tax, insurance, and benefits reporting requirements, and ensures that Company records and reporting are following federal and state regulations. Updates job descriptions and assists with salary and benefit administration processes.

#### **ESSENTIAL FUNCTIONS AND BASIC DUTIES:**

- Assumes responsibility for effectively completing assigned human resource function
- Assumes responsibility for the accurate, complete, and timely preparation of records, reports, and other documents
- Assumes responsibility for establishing and maintaining effective communication and coordination with area personnel and management.
- Assumes responsibility for maintaining professional business relations with government contacts, vendors, and suppliers
- H.R. Manager reports to the CFO.

#### Education Requirements/Wages/Benefits:

- Education Requirements: Bachelor's degree in related field or equivalent combination of education & experience.
- Wages commensurate with experience and skillsets.
- Benefits offered: <u>Health Care</u>: <u>Starting 1<sup>st</sup> Day</u>, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (11), Paid Time Off (PTO), <u>Medical Re-imbursement if not taking Healthcare</u>

Email cover letter, resume and references to

jobs@onecu.org

Equal Opportunity Employer www.onecu.org



# **Sunapee Police Chief Announces Retirement**

## Following 20-year Career with Department

SUNAPEE, NH— After a distinguished law

enforcement career spanning more than three decades. Sunapee Police Chief David P. Cahill has announced his retirement, effective May 31, 2022.

Cahill was appointed Sunapee's Chief of Police in May 2002. "He has played an integral role in fulfilling the



Chief Cahill (File photo)

department's mission to protect and serve our residents and implementing new technology to better serve our community," said town officials in a written statement. "Moreover, he has been a strategic and thoughtful leader for the Sunapee Police Department. His commitment to working with the community to increase transparency, accountability, and partnership has been exemplary."

Cahill was a president of the New Hampshire Association of Chiefs of Police and was also a member of the New Hampshire Police Standards and Training Council. In 2017, Governor Sununu appointed Cahill Chairman of that council.

Before coming to Sunapee, Cahill spent 13 years with the Hillsborough Police Department and achieved the rank of Detective Sergeant. He also worked undercover with the New Hampshire Attorney General's Drug Task Force.

Cahill started his career in 1987 as a Bradford, NH Police Officer, where he served the Town of Bradford for 2 vears.

Cahill was a graduate of the 81st session of the New Hampshire Police Academy and a graduate of the Command Training Program from the New England Institute of Law Enforcement at Babson College.

# **Neal Nursing Scholarship Applications Due June 24**

SPRINGFIELD, VT-Springfield Hospital is now accepting applications for the 17th Annual Eileen **Austin Neal Nursing** Scholarship of \$1,000.

This scholarship is open to any student who has been accepted into a nursing program of study. Applicants will be judged on interest in and commitment to the field of nursing. Determination will be based on merit and need.

Eileen Austin Neal was a

registered nurse at Springfield Hospital for 64 years, retiring in 2005. She was the first recipient of Springfield Hospital's Community Health Award in 2003. In 2004, the Hospital established the Spirit of Nursing Award in recognition of her many years of dedicated service. The application deadline is June 24, 2022. Scholarship applications are available by visiting www.springfieldhospital.org.

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- Bladder control problems (Incontinence)
- Elevated PSA
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- · Hematuria (Blood in Urine)
- · Interstitial Cystitis
- · Kidney Cancer
- · Kidney Stones
- · Male infertility
- Pediatrics
- · Peyronie's Disease
- Prostate Cancer
- · Prostatitis
- Reflux
- Testicular Cancer
- · Testosterone Deficiency
- · Urethral/Penile Cancer
- · Urinary Tract Infection
- · Undescended Testicles
- Varicocele
- Vasectomy

# FORWARD THINKING

# **Budgeting Tips for Weddings**

Being able to pay for all your desired wedding amenities requires careful planning, which means careful budgeting. And when it comes to making a budget for a wedding, there are a few important rules to keep in mind.

#### **WHO PAYS WHAT**

As a first step, determine who will be contributing to the wedding costs. If it's just you and your spouse-to-be, move to the next step. However, if your parents and in-laws-to-be are contributing, gather all parties together (stiff drinks in-hand) and speak candidly about how much each party is willing to contribute.

Gather all sources of third-party contributions, add them all together, and voila! That's the total financial assistance that you'll be receiving.

#### **HOW MUCH CAN YOU AFFORD**

If you'll be looking to that third-party assistance to cover your entire wedding cost, move to the next step. However, if you and your spouse-to-be also expect to contribute, it's time to calculate what you can reasonably afford, in light of your personal circumstances.

Look at your annual income and determine how much the two of you can save before your wedding. Next, add any savings that you can draw on. Add everything together — your contributions, your parents' contributions — and you've got the

maximum amount that you an spend for the big day.

#### **BY THE NUMBERS**

Now that you've got your total budget, figure out your guest count. This will help you figure out how large of a venue you'll need for your wedding. It will also help you figure out the size of the cake, the number of wedding favors, and the number of table and chair rentals, among other items.

#### **BIG TICKET ITEMS**

Discuss with your fiancé any must-have, big ticket items (for instance, an open bar, doughnut wall, band, etc.). These items will come off the top of your budget, leaving you with a remainder that will pay for your other costs.

#### **MEASURE, TWICE, CUT ONCE**

Next, carefully go over all costs associated with the venues that you're considering. Are there perperson food and drink minimums? Setup charges? Mandatory tips?

The more meticulous you are during this step, the lower the chance that you'll experience sticker shock as your wedding gets closer.

#### **OFF-SEASON BARGAINS**

If you're quickly depleting your budget and you haven't even gotten to the catering bill, consider factors that can save you expenses. In particular,

the time of year that you're tying the knot often impacts costs. If you're getting married in mid-June, prices tend to be higher than in November or December.

#### **EXCEL-ING AT BUDGETING**

With all your costs assembled, incorporate them into a spreadsheet and crunch your numbers. Are you over-budget? If so, look at your list and find areas to trim costs (i.e., a DJ rather than a band, fewer appetizers passed during cocktail hour, etc.).

Other ways to trim costs include looking to friends for professional services (i.e., bartending, photography) and reducing the number of guests. Consider negotiating with your caterer and the venue manager to see whether you can secure lower rates.

#### I DO!

Planning a wedding can be incredibly challenging, and whatever you can do to reduce financial stresses will go a long way to help you and your fiancé get the most enjoyment out of the experience.

This material is for general information only and is not intended to provide specific advice or recommendations for any individual. There is no assurance that the views or strategies discussed are suitable for all investors or will yield positive outcomes. Investing involves risks including possible loss of principal.

This material was prepared by LPL Financial, LLC.



Becky Vittum Kayla Rivet
LPL Investment Client Services
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### FRIDAY, APRIL 15 EASTER WEEK AT TRINITY CHURCH:

Good Friday Service - April 15 at 6:00 pm - "Wait. Let's See..."

Easter Sunday Family Service - April 17 at 9:30 am - "Easter. Mind. Blown." 44 Main Street, Windsor, VT; 802-674-6781.

# **Brownsville Community Church Easter Services**

On Thursday, April 14th, at 6:30 p.m. there will be a Maundy Thursday Service.

Friday, April 15th, brings to the community a free Good Friday Concert at 1:30 followed by the Stations of the Cross Service at 2:30.

On Saturday, April 16th at 10:00 there will be the Great Brownsville Community Church Easter Egg Hunt. This will happen in Tribute Park adjacent to the church and will continue until all 1,500 eggs are found. Each egg will contain a treasure or two special to youngsters.

The Sunday Sunrise Service on April 17th will start at 7:30 at Ascutney Outdoors where the morning view will provide a dramatic back drop for those attending.

Enjoy the Community Easter Breakfast at 8:00 in Fellowship Hall at the church where volunteers will be serving up pancakes, sausage & maple syrup (the real deal!). Donations welcome. Then join your neighbors at the Easter Sunday Service at 9:30.

# Easter Services at St. Mary/St. Joseph, Claremont

**April 13**—Mass and sacrament of reconciliation, 5pm, St. Joseph

April 14— Holy Thursday: Holy Mass and washing of the feet and adoration. 7pm, St. Mary (Confessions at 6pm)

**April 15**—Good Friday, Stations of the Cross and Veneration of the Cross, 2:30pm, St. Mary Stations of the Cross, 5:30pm, St. Joseph

**April 16**—Blessing of the Food, 11am, St. Joseph

Easter Vigil, 7:30pm, St. Mary

**Easter Day, 17**—Mass, 8am, St. Mary; Mass, 9:15am, St. Joseph; Mass, 10:30am, St. Mary.



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call 1-888-300-8853 or visit careers.vnhcare.org





# **National Prescription Drug Take Back Day**

Turn in unused or expired medication for safe disposal.

Saturday, April 30th 10 am-2 pm

At Claremont, Charlestown, Cornish, New London, Newport/Sullivan County Sheriff's Office, and Sunapee Police Departments.

Keep them safe. Clean them out. Take them back.

Help us prevent substance misuse and overdose deaths in our community!

Visit **DEATakeBack.com** for a collection site near you.









# **Business News**

# Rotary International Recognizes Claremont Resident

CLAREMONT, NH—The Claremont-Sugar River Rotary Club, along with District Governor John Bob Siemienowicz, is proud to recognize member Annalisa Parent as a recipient of the Paul Harris Fellow award. The Rotary Foundation recognizes those individuals who contribute US\$1,000 or more to the Annual Fund, PolioPlus, or approved Foundation grants by inducting them into the Paul Harris Society.

Paul Harris Society gifts enable Rotary's worldwide network of dedicated humanitarians to implement projects that address pressing needs in communities around the world. Because of these contributions:

- Children are vaccinated against polio and other diseases
- Adults and children alike can learn to read and write
- Women are given microloans and vocational training that enable them to support themselves and their families in a healthy and dignified way
- Teachers and schoolchildren have access to toilet facilities and clean drinking water
- Scholars are able to study ways to prevent maternal and child mortality
- Professionals from around the world convene to discuss strategies for resolving conflict and fostering peace

Parent returned to the area in 2019 after an impressive career which includes being part of the White House press pool and three seasons writing for CBS. Her history with Rotary goes as far back as 8th grade when she participated in the Charlestown Rotary's essay contest. Rotary has provided Parent the chance to travel abroad, meet and develop lasting friendships with business professionals around the world and to see first hand the impact such donations can bring to local communities.

When asked why she gives, Parent offered this, "I deeply appreciate how committed Rotary is to operating locally, nationally and internationally. Here in Claremont we are able to help with activities such as First Night and the

NH Food Bank's Distribution. Worldwide, we are providing drinking water, sanitation—an almost endless list of humanitarian projects. Best of all, these are not exclusive top-down propositions. Many of these projects are grassroots—created by locals to help locals. I love that about Rotary."

To learn more about Claremont's Sugar River Rotary and the projects it supports in Claremont and around the world, follow it on Facebook or contact current president Joshua Nelson for more information.

# NH Delegation Welcomes Historic \$24.3M to Support Public Transit Updates in NH

WASHINGTON, DC—On Wednesday, U.S. Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH), along with Representatives Annie Kuster (NH-02) and Chris Pappas (NH-01), welcomed a record-level \$24,352,874 to modernize and expand transit across the state. The funding comes in part from the Shaheen- and Hassan-negotiated bipartisan infrastructure law, which provides the largest investment in transit ever. Funding also comes from the FY 2022 appropriations bill that was signed into law last month, which Shaheen helped write as a senior member of the Senate Appropriations Committee.

# Ten Schools Receive \$25,000 Literacy Grant from the Children's Literacy Foundation

WATERBURY CENTER, VT—The Children's Literacy Foundation is pleased to announce the 10 schools in New Hampshire and Vermont selected to receive its \$25,000 CLiF Year of the Book literacy grant during the 2022-2023 school year:

Dr. Norman W. Crisp Elementary School in Nashua, NH

Enfield Village School in Enfield, NH Bethlehem Elementary School in Bethlehem, NH

Canaan Elementary School in Canaan, NH

Paul Smith Elementary in Franklin, NH Pownal Elementary School in Pownal, VT White River School in White River Junction, VT

Glover Community School in Glover, VT Hardwick Elementary School in Hardwick, VT Randolph Elementary School in Randolph, VT

An 11th school, Beech Street School in Manchester, New Hampshire, was awarded a modified version of the grant.

The CLiF Year of the Book is awarded to elementary and middle schools serving pre-K through grade 6 that have demonstrated a commitment to literacy and creative ideas for celebrating reading and writing. Schools have a significant percentage of students underperforming on reading and writing assessments, as well as students from under-resourced backgrounds.



# Lake Sunapee VNA Career Opportunities

## Homemaker/Companion

Entry level position – on the job training, no experience needed.

Must be 18 or older and willing to learn. Previous customer service experience helpful.

- Light meal preparation
- Light housekeeping
- Laundry
- Transportation
- · Errands
- · Pet and plant care
- Providing a caring ear for companionship



## Personal Care Service Provider (PCSP)

Transition time from Homemaker/Companion to PCSP is usually six months to a year if right out of high school.

PCSPs provide services such as:

- maintaining a neat and safe environment
- bathing and showering
- · dressing and grooming
- toileting and incontinence care
- · medication reminders
- emotional support
- · respite for family members

# Licensed Nursing Assistant (LNA)

Scholarships are available for those wishing to transition to an LNA. If you already have your LNA license or are working on getting one, we have opportunities for you too!

# For more information...

Email Lori O'Connor at:

loconnor@lakesunapeevna.org
Or apply online at:

lakesunapeevna.org/employment

Not sure if home care is for you? Email us to set up a shadow experience so you can see for yourself what it's all about!



# Will Your Money Last as Long as You Do?

We all hope for long, healthy lives. But there's a serious "side effect" of longevity – the possibility of outliving our money. How can you help prevent this?

It's useful to know the seriousness of the threat. Consider this: About 41% of all U.S. homes in which the head of the household is between 35 and 64 are projected to run short of money in retirement, according to the Employee Benefit Research Institute.

While this statistic indicates a cause for concern, it certainly doesn't mean that you are necessarily headed for trouble – because there's a lot you can do to help build and manage enough resources to last a lifetime. Here are a few suggestions:

- Consider your estimated longevity. On average, a 65-year-old man can expect to live another 17 years, while a 65-year-old woman can anticipate about 20 years, according to the Centers for Disease Control. Of course, you'll want to take into account your health and family history of longevity to arrive at a reasonable estimate. You can then use this figure to help determine how much money you'll eventually need. To play it safe, you might even want to try to build an income stream that can last beyond your estimated lifespan, possibly up to age 90.
- **Don't overlook health care costs.** When budgeting for retirement, allow enough for your health care expenses, which can be considerable. Even with Medicare, you can expect to spend anywhere from \$4,500 to \$6,500 per year, per person, for traditional medical costs. Also, you may want to prepare for two to three years of long-term care expenses, which currently range from about \$50,000 per year for home health care to over \$100,000 per year for a private room in a nursing home.
- **Keep building assets for retirement.** While you're working, constantly try to put away as much money as possible for your retirement years. Each year your salary goes up, increase your contributions to your 401(k) or similar employer-sponsored retirement plan. You may also want to contribute to an IRA, depending on your goals. And within your retirement savings, make sure you devote a reasonable percentage of your investment dollars to growth-oriented vehicles that align with your goals and risk tolerance.
- Seek out sources of guaranteed income. As a retiree, you will receive Social Security benefits and the longer you wait before claiming them, the bigger your monthly checks will be. But you might also consider investments that can provide a source of income you can't outlive, such as annuities.
- Revisit your strategy before you retire. As you near retirement, you may want to review your investment strategy, possibly adjusting your risk level so that your portfolio would be somewhat less susceptible to market volatility. This is also a good time to review your spending needs in retirement.
- Maintain a reasonable withdrawal rate. Once you are retired, you'll likely need to start withdrawing from your 401(k), IRA and other investment accounts. To avoid taking out too much money too early in your retirement, you'll need to set a reasonable, sustainable withdrawal rate based on your assets, age and retirement lifestyle. A financial advisor can help you determine an appropriate rate.

It will take dedication and determination to help ensure your money doesn't run out during your lifetime. But you'd probably agree that it's well worth the effort.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC





# JOB & VOLUNTEER FAIR

# **WEDNESDAY, MAY 4, 2022 | 3 - 7 PM NEWPORT TOWN COMMON**

Looking for a new job? A way to get involved in the community? The Sugar River Region Job & Volunteer Fair is the place to be. ALL ARE WELCOME!

Interested businesses and non-profit organizations, please visit: https://bit.ly/May4JobFair

# **BROUGHT TO YOU BY:**







# Sports/Recreation

## **SHS Baseball**

| 04/14/22 | at | John Stark          | 04:15 PM |
|----------|----|---------------------|----------|
| 04/18/22 |    | Bow                 | 04:00 PM |
| 04/20/22 | at | St. Thomas Aquinas  | 04:00 PM |
| 04/22/22 |    | Fall Mountain Reg   | 04:00 PM |
| 04/25/22 |    | ConVal              | 04:00 PM |
| 04/29/22 | at | Coe-Brown Northwood | 04:00 PM |
| 05/02/22 |    | Pelham              | 04:00 PM |
| 05/04/22 | at | Plymouth            | 04:00 PM |
| 05/06/22 |    | Hanover             | 07:00 PM |
| 05/09/22 | at | Souhegan            | 04:30 PM |
| 05/13/22 | at | Newport             | 03:30 PM |
| 05/13/22 |    | Newport             | 07:00 PM |
| 05/18/22 |    | Pembroke            | 05:00 PM |
| 05/20/22 |    | Laconia             | 07:00 PM |
| 05/25/22 | at | Oyster River        | 04:30 PM |
| 05/27/22 | at | Fall Mountain Reg   | 07:00 PM |

## **SHS Girls Tennis**

The Cardinals played their first varsity girls tennis match of the season, taking on Conant in Jaffrey. Although short-handed, the girls did their best in a 0-9 loss.

Here are the singles results:

- 1. Amaya Eitapence 0 Bella Hart 8
- 2. Izabela Eitapence 0 Kelly Williams 8
- 3. Sand Tansrisuwan 1 Jess Yap 8
- 4. Kamdyn Aldrich 3 Lilly Rennie 8
- 5. Morgan Tremblay 2 Grace Lewis 8
- 6. Conant by forfeit

The doubles results are as follows:

- 1. A. Eitapence / Tansrisuwan 1
- Hart / Yap 8
- 2. I Eitapence / Aldrich 1

Williams / Rennie 8

3. Conant by forfeit

| 04/04/22 | at | Conant              | L 0 - 9  |
|----------|----|---------------------|----------|
| 04/08/22 | at | Pelham              | 04:00 PM |
| 04/11/22 |    | Trinity             | 04:00 PM |
| 04/13/22 |    | Wilton-Lyndeborough | 04:00 PM |
| 04/22/22 | at | Trinity             | 04:00 PM |
| 05/03/22 | at | Wilton-Lyndeborough | 04:00 PM |
| 05/05/22 | at | Berlin              | 04:00 PM |
| 05/06/22 |    | Monadnock           | 04:00 PM |
| 05/09/22 |    | Pelham              | 04:00 PM |
| 05/12/22 | at | Monadnock           | 04:00 PM |
| 05/16/22 |    | Kearsarge           | 04:00 PM |
| 05/18/22 |    | Conant              | 04:00 PM |

# Fisher Cats Announce Initial 2022 Roster

MANCHESTER, NH— The New Hampshire Fisher Cats (Blue Jays Double-A affiliate) have announced their initial roster for the 2022 season.

Five of the Toronto Blue Jays top 25 prospects (according to MLB.com) are slated to start this season with the Fisher Cats: Orelvis Martinez, Hagen Danner, Adrian Hernandez, Joey Murray and Sebastian Espino.

## **SHS Softball**

| 04/14/22 | at | John Stark          | 04:15 PM |
|----------|----|---------------------|----------|
| 04/18/22 |    | Bow                 | 04:00 PM |
| 04/22/22 |    | Fall Mountain Reg   | 04:00 PM |
| 04/25/22 |    | ConVal              | 04:00 PM |
| 04/29/22 | at | Coe-Brown Northwood | 04:00 PM |
| 05/02/22 |    | Pelham              | 04:00 PM |
| 05/04/22 | at | Plymouth            | 04:00 PM |
| 05/06/22 |    | Hanover             | 07:00 PM |
| 05/09/22 | at | Souhegan            | 04:30 PM |
| 05/13/22 | at | Newport             | 03:30 PM |
| 05/13/22 |    | Newport             | 07:00 PM |
| 05/16/22 | at | Hanover             | 04:30 PM |
| 05/18/22 |    | Pembroke            | 05:00 PM |
| 05/19/22 |    | Laconia             | 07:00 PM |
| 05/25/22 | at | Oyster River        | 04:30 PM |
| 05/27/22 | at | Fall Mountain Reg   | 04:00 PM |

## **SHS Lacrosse**

| 04/12/22 |    | Campbell                       | 04:00 PM |
|----------|----|--------------------------------|----------|
| 04/13/22 | at | Trinity                        | 04:00 PM |
| 04/18/22 | at | Hopkinton                      | 04:00 PM |
| 04/20/22 |    | Bishop Brady                   | 04:00 PM |
| 04/22/22 |    | Laconia                        | 04:00 PM |
| 05/02/22 | at | Milford                        | 04:30 PM |
| 05/04/22 | at | Plymouth                       | 04:00 PM |
| 05/06/22 | at | Pelham                         | 04:00 PM |
| 05/09/22 |    | Lebanon                        | 04:00 PM |
| 05/11/22 | at | Hillsboro-Deering              | 04:00 PM |
| 05/13/22 | at | Inter-Lakes-<br>Moultonborough | 05:15 PM |
| 05/16/22 |    | Kearsarge                      | 04:00 PM |
| 05/18/22 |    | Gilford                        | 04:00 PM |
| 05/23/22 |    | Trinity                        | 04:00 PM |

Another notable name on the New Hampshire roster is RHP Elvis Luciano, the 22-year-old from Boca Chica, Dominican Republic. He made 12 starts in New Hampshire last season with a 3.16 ERA, 1.43 WHIP and 34 strikeouts. He also made his MLB debut in 2019 with the Blue Jays and pitched 33.2 innings with a 5.35 ERA.

Luciano won't be the only name Fisher Cats fans recognize from past seasons. RHP Maximo Castillo pitched 102.0 innings with New Hampshire in 2021, and LHP Marcus Reyes pitched 29.0 innings with two saves.

RHP Andrew Bash, RHP Parker Caracci, LHP Brandon Eisert, RHP Cre Finfrock, RHP Nick Fraze and RHP Sean Rackoski also return to the Fisher Cats after time on the mound last year.

Around the diamond, New Hampshire returns OF Steward Berroa, C Ryan Gold, IF Spencer Horwitz and IF Rafael Lantigua. Gold played 21 games with New Hampshire last season.

New faces joining the New Hampshire squad include OF Zac Cook, C Phil Clarke, RHP Hayden Juenger, IF Tanner Morris, OF Will Robertson, IF Luis De Los Santos and RHP Paxton Schultz. Clarke was a ninth-round pick in the 2019 MLB Draft following a national championship season at Vanderbilt. Robertson was a fourth-round pick in the same draft out of Creighton, and Morris was a fifth-round 2019 pick from the University of Virginia.

#### **Season Opens**

New Hampshire started the season on the road with a three-game series against the Portland Sea Dogs (Boston Red Sox) at Hadlock Field, April 8-10. The team dropped the opener but rallied back on the 9th with a 3-0. On Sunday, the Fisher Cats made it two in a row, coming away with a 6-2 win.

The Fisher Cats home opener is set for Tuesday, April 12, at 6:35 p.m. against the Hartford Yard Goats (Colorado Rockies). Opening Night kicks off a six-game homestand from Tuesday through Sunday, April 12-17, at Delta Dental Stadium, followed by another six-game series in Manchester against the Reading Fightin Phils from April 26-May 1.

All 138 games will be broadcast live on the Fisher Cats flagship station, AM 610 WGIR.

# Inspiration

# **Climbing Mountains**

#### By Priscilla Hull

There is a strength in mountains which can give us a certain power. We happen to live in an area which has the most beautiful mountains. They are not towers of power like the Himalayas, the Swiss Alps, or the Colorado Rockies, but they are powerful. If you've climbed even the least impressive of our White Mountains, you know the power that they hold. Each one holds a power that makes us catch our breath, literally and figuratively. Our mountains are granite. They are stronger than we are, they are more beautiful than any beauty pageant. They are more impressive than any politician. Even if you can't climb a mountain, you can enjoy the experience of others, and the joy when they reach the summit.



I know people who have climbed or intend to climb all of New Hampshire's 4,000 footers! There are 48 mountains over 4,000 feet in New Hampshire. Some of them we recognize right away, primarily Mount Washington which is the highest at 6,288 feet. Standing next to the Tibetan Mount Everest at 29,029 feet, Mount Washington doesn't seem so great, but to those who have climbed it on foot, it is a major feat. The weather on Mount Washington we all know is incredible and can change in a minute. So if you decide to climb Mount Washington, be prepared for all kinds of weather and breakneck winds. In fact, climbing any of New Hampshire's mountains means you should be ready for changing weather. I've been up Mount Monadnock, in Jaffrey, and was glad to have had a jacket and gloves during a climb in August. Monadnock, at 3,155 feet doesn't qualify me for the 4,000 footers, but I always enjoyed climbing it.

The challenge in any mountain climbing experience, large or small, is to look both up and down when climbing. On a bright sunny day, looking up is important because you will see the majesty of the mountain, the beauty of rock, plant and sky. They blend together and the impression of the power of creation is awe inspiring. Then look down and you'll see the strength of the granite from which the mountain is made. You'll see the delicacy of the tiny mosses that, despite the dampness and lack of sun, thrive and grow along the trail. Of course, between are the plants that provide food to the animals, great and small that, when people aren't tramping through their land, live on the fruits of the earth. Yes, it is a beautiful microcosm of nature working at its best.

There is a book which was published in 1942 about the mountains of New Hampshire and a pioneer couple who lived here. The name is "Look to the Mountain", and the author, yes, it is, is LeGrand Cannon, Jr. It is a wonderful book and if you can get it, it is a great read. It tells the story of a young couple, among the first settlers of Tamworth, NH, in 1769. They got great strength from the mountains surrounding them.

We too, gain strength from the mountains surrounding us. Even climbing a small mountain, like Arrowhead, right here in Claremont, opens a person to the amazing beauty of the world around us. Climbing Arrowhead is a relatively easy thing to do, and I guarantee that the view from Flat Rock with give you reason to smile.

Climbing mountains is good for the body. It exercises just about every muscle you own, and the fresh air fills the lungs with a clean, beautiful feeling. The blood is nourished by the intake of oxygen and that nourishes the muscles. So climbing mountains is something to try to help us feel that we are a part of the world around us. When we reach the summit, we are exhilarated by the air, by the view, by the accomplishment.

In the quote below, the psalmist says that our help comes from the "Lord who made the heaven and the earth." I say that also, but our help and strength also come from the magic presence of the mountains which are a part of our lives, never changing, always eternal in our presence.

"I will lift up my eyes to the mountains, from whence does my help come? My help comes from the Lord who made the heaven and the earth." Psalm 121:1



# Boards, Committees and Commissions Vacancies

The City of Claremont is inviting citizens to apply for vacancies which exist on the following volunteer Boards, Committees and Commissions:

| Airport Advisory Board                               | No Vacant Seats          |
|--|--------------------------|
| Board of Appeals                                     | 5 Vacant Seats           |
|  | 3 Vacant Alternate Seats |
| Board of Assessors                                   | 1 Vacant Seat            |
|  | 1 Vacant Alternate Seat  |
| Claremont Community Television Board of<br>Directors | No Vacant Seats          |
| Claremont Development Authority                      | No Vacant Seats          |
| Claremont Energy Advisory Committee                  | 5 Vacant Seats           |
| 77   | 2 Vacant Alternate Seats |
| Claremont Housing Authority Commission               | 2 Vacant Seats           |
| Claremont Planning Board                             | 1 Vacant Seat            |
| · · · · · · · · · · · · · · · · · · ·                | 4 Vacant Alternate Seats |
| Claremont Police Commission                          | No Vacant Seats          |
| Conservation Commission                              | 5 Vacant Alternate Seats |
| Electric Aggregation Committee                       | 5 Vacant Seats           |
|  | 2 Vacant Alternate Seats |
| Elks Education Fund Trustee                          | 1 Vacant Alternate Seat  |
| Fiske Free Library Board of Trustees                 | 2 Vacant Alternate Seats |
| Frances J. Tolles Home Board of Trustees             | No Vacant Seats          |
| Historic District Commission                         | 3 Vacant Alternate Seats |
| Licensing Board                                      | 1 Vacant Seat            |
| MT Ascutney Region River Subcommittee of             | 1 Vacant Seat            |
| the CT River Joint Commission                        | 2 Vacant Alternate Seats |
| Parks & Recreation Commission                        | 3 Vacant Alternate Seats |
| Personnel Advisory Board                             | 1 Vacant Seat            |
| Policy Committee                                     | No Vacant Seats          |
| Technical Review Committee                           | No Vacant Seats          |
| TIF Downtown Advisory Board                          | 3 Vacant Seats           |
| Trustees of Trust Funds                              | No Vacant Seats          |
| Upper Valley Lake Sunapee Regional Planning          | 1 Vacant Seat            |
| Commission   |                          |
| Zoning Board of Adjustment                           | 1 Vacant Alternate Seat  |

Call the Resources Coordinator at 504-0347 or stop by the Visitor Center at 14 North Street to find out how you can volunteer, or go online to <a href="https://www.claremontnh.com/boards-and-commissions">https://www.claremontnh.com/boards-and-commissions</a> to print out an application.

# Calendar Of Events

# **COH to Present American Elton Tribute April 16**

CLAREMONT, NH—The Claremont Opera House will present the performance of American Elton Tribute on Saturday, April 16, at 8:00pm. Tickets are \$24-\$26. Tickets can be purchased online at www.cohnh.org or can be reserved by calling 603-542-4433.

With a great musical experience at the tip of your fingers, be sure to book tickets to the latest and greatest show at the Claremont Opera House with American Elton: Tribute to Elton John. Whether you are a longtime fan of Elton John's iconic music or just want to share your favorite tunes with the latest generation, this musical production is certain to impress and delight. Music lovers of all ages will enjoy the classic hits of this memorable performer and be amazed by the talents of the show's star. impressionist Bill Connors.

As Connors takes to the stage, he can authentically emulate the sounds and songs of Elton John to the point that you may even believe Elton is on stage himself! The show features some of the best songs, from 'Your Song' to 'Tiny Dancer' and 'Rocket Man'. Every tune comes to life with colorful costuming and authentic impersonation. Combining the best voice inflections, nuances, and even body language and mannerisms, Connors can bring the best Elton John tribute to Claremont.

83 Mummery Rd

E Goshen, NH 03752

For more than 15 years, Connors has been dedicated to bringing the most authentic Elton John experience to wherever he performs! By emulating the talents of this iconic musician, he has made quite the name for himself and has amassed an impressive collection

of more than 3000 performances. Having great skills in musicianship, piano, and vocals, he is known to have perfected the art of paying tribute to Elton John.

# 2022 Foam Collection Day

Please save your styrofoam for the 2022 Foam Collection Day

Event Details: Saturday, April 16, 2022, 9-11 am behind Jake's Coffee, 227 Mechanic Street, Lebanon, NH

Sustainable Lebanon is once again partnering with the Lebanon Rotary Club to offer a polystyrene (Styrofoam) collection day on Saturday, April 16, from 9 - 11 am at 227 Mechanic Street in Lebanon (behind Jake's Coffee). The event will take place rain or shine.

Various types of foam will be collected for recycling, including polystyrene #6 (EPS), polyethylene #4 (EPE), and #6 XPS insulation board foam which will be driven to a recycling facility in Massachusetts. This includes packaging foam used for TVs, computers, and appliances, as well as foam coolers. Food service foam, including clean food containers and egg cartons will be recycled via Terracycle. We ask that all tape and labels be removed and all foam is clean, dry, and free of food residue or other debris.

PLEASE NOTE: Foam peanuts should be brought directly to the UPS Store at True Value Hardware in Hanover.

There is no fee to participate, but donations are welcome to support the costs associated with this event. To cover transportation and recycling costs, we need to raise \$500. Dona-

603 443 3747

djtreework51@yahoo.com

tions can be made at the event via cash or check (payable to Sustainable Lebanon) or online at www.facebook.com/SustainableLebanonNH. Thanks in advance for considering a donation.

For more information and to volunteer, please contact Liane Avery at <a href="mailto:L99Liane@aol.-">L99Liane@aol.-</a> com, 860-556-3114.

## **Unity Historical Society Meeting**

UNITY, NH—The Unity Historical Society will be resuming its UHS meetings on Tuesday, April 12, at 6:30 pm at the Town Office. We are hoping that everyone can attend. We have a lot of planning to do for the spring, summer and fall.

We have old business that needs attention. This includes the Veteran's Memorial landscaping which we need to get started on so we

Deliver care and assistance to people where they are most comfortable - at home.



Help at Home employees have access to comprehensive onboarding, contiuing education and dementia training, and competitve pay - \$17/hr starting.

As a home caregiver, you'll work one-on-one with patients. Develop lasting relationships and work in the community you live in. If you're seeking a more fulfilling career, you'll find what you're looking for in our home health care jobs in Vermont and New Hampshire.

We are currently looking for:

Personal Care Assistants Personal Care Specialists

We offer paid time off, as well as competitive pay. Have questions about a position at VNH? call 1-888-300-8853 or visit

careers.vnhcare.org



will have flowers this summer. Also, decisions about the brass markers for historical sites and where to put them.

## **CDA Meeting April 19**

CLAREMONT, NH—Catholic Daughters of the Americas meeting, Tuesday, April 19th, 6:30 PM, St. Joseph Church Hall, Elm St. Program: Story Teller, Sharon Wood.

# Registration Now Open for The 41st Annual Prouty

LEBANON, NH – The Friends of Norris Cotton Cancer Center announce the launch of 41st Annual Prouty. Northern New England's largest family-friendly fundraising event is back and in-person on July 8-9, 2022. Registration is now open for the 41st Annual Prouty, benefiting life-saving cancer research and patient and family support services at Dartmouth and Dartmouth-Hitchcock's Norris Cotton Cancer Center (NCCC).

Health and safety are top priorities. Event plans and logistics will be based on local public health guidelines to ensure a safe experience for all participants and volunteers. COVID-19 guidelines and restrictions continue to evolve, and more details on protocols and plans will be shared in the spring at <a href="https://www.thep-routy.org">www.thep-routy.org</a>.

For additional details and to register, go to: <a href="https://www.theprouty.org">www.theprouty.org</a>.

# APRIL 23 RABIES CLINIC

Low cost rabies clinic!

On Saturday April 9 and April 23, Sullivan County Humane Society will be holding a rabies clinic for dogs and cats from 10-2 at the Ladies Auxiliary Bingo Hall, 183 Plains Rd, Claremont. Rabies and feline/canine distempers available for only \$10/each.

No appointment necessary.

By law, shots will be good for 3 years with proof, in the form of a rabies certificate, of previous vaccination, otherwise it is a 1 year shot.

If you have questions, please call 542-3277 for more information.

# **Cone Charitable Foundation Scholarship Program for '22-'23**

The Cone Automatic Machine Company

Charitable Foundation scholarship program will continue for the coming school year 2022-2023. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements:

Eligibility Requirements, Terms of Award Payments and Applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation, mailing address: PO Box 65, Claremont, NH 03743.

Completed applications must be postmarked no later than May 12, 2022. Scholarship awards will be announced in June 2022.

# 16th Annual Steppin' Up to End Violence 5K Walk and Fun Run

CLAREMONT, NH—Turning Points Network is gearing up for their 16th Annual Steppin' Up to End Violence 5K Walk and Fun Run to be held on April 30. For the last 15 years, Sullivan County communities have come together in a public show of solidarity both virtually and inperson for Turning Points Network's vital services. Funds raised from the event through community participation directly support the agency's mission to end domestic violence, sexual assault, sex trafficking, and stalking. TPN is pleased to announce that it is planning for another successful year, this time in-person, with Claremont Savings Bank serving as the honorary chair.

Those interested in fundraising, starting a team, or joining a team are encouraged to visit the Steppin' Up webpage at <a href="https://www.turn-ingpointsnetwork.org/steppin-up">https://www.turn-ingpointsnetwork.org/steppin-up</a>. For more information, contact Pascale N. Graham, Assistant Director, Turning Points Network at pascale@turningpointsnework.org or by phone at 603-543-0155.

# Croydon Ladies Auxiliary Bingo

Croydon Ladies Auxiliary Bingo is back every Thursday; doors open at 4:00 pm and games starts at 6:00 pm.

Check out our new hall at 183 Plains Road in Claremont, NH.

Lots of pull tickets for chances to win more money. 50/50 raffle and lots more.

Sandwiches and snacks available and drinks. Questions: call Sandy at 603-543-7118.

Open to those 18 and older.

Big Money Bingo

Every Sunday, Doors open at 11:00 and games start at 1:00pm.

Check out our new hall at 183 Plains Road, Claremont, NH.

Pay out depends on the number of people who show up. Lots of pull tickets for chance to win more money.

Lots of raffles including a big raffle of cash and scratch tickets.

Sandwiches and snacks available and drinks. Questions: call Sandy at 603-543-7118. Open to those 18 and older.

# **Grief Support Available Through Lake Sunapee VNA**

NEW LONDON, NH - Lake Sunapee VNA offers three virtual grief support groups for the community at no cost. The "Recently Bereaved Group" is for men and women who have experienced the loss of their spouse within the last year and is held on the second and fourth Thursday of every month from 10:00-11:00am. The "Widow to Widow Group" is for women in all stages of grief and meets on the first Monday of every month from 3:30-5:00pm. Newly bereaved widows are welcome at this group as well, especially if they are feeling the need for more frequent support. In addition, a "Bereavement Check-in Group" is available for men and women experiencing a loss of any kind and is held on the third Wednesday of every month from 4:00-5:00pm.

All of these groups provide an opportunity for participants to come together in a safe place of compassion and confidentiality. Attend once, multiple times or as needed. If interested, email your contact information to Elizabeth Gantner at egantner@lakesunapeevna.org and a member of the Lake Sunapee VNA bereavement team will call you with further details.

# Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo is offering a weekly opportunity for some entertainment and socializing while helping us to raise funds for our many Veterans programs. Wednesday nights at 5:00 p.m. for early birds and 6:30 p.m. for regular fun and

games. Currently, we play 12 regular and two 2 part games, as well as a 50/50 game, Winner–take-all game, Carry Over Coverall game and a Jackpot game. The Governor's emergency order concerning COVID has expired.

It is now time to take the lessons we have learned over the past year plus and act accordingly. If you're sick – stay home. Cover your nose / mouth when you cough, wash and or sanitize your hands frequently, and we'll all be healthier. The attendance limit has also ended. In keeping with the state CDC recommendations, if you have a compromised immune system you may still wear a mask for your own protection. We still have masks and hand sanitizer for anyone that may desire either product.

The Charlestown VFW Post is located at 365 Lover's Lane Rd, Charlestown, NH.

Updates to our schedule and the weekly carry over coverall game can be found on our Facebook page.

# Claremont Senior Center News

The Claremont Senior Center is opened but masks are required if non-vaccinated. We are open every Monday thru Friday from 9 am to 3 pm. We are also open Tuesday and Thursday evenings from 6pm to 9 pm. A new game afternoon has started on Tuesdays and Thursdays from 1 pm to 3 pm. Lunches will continue as drive-thru for now. We have many activities. Miracle Ear, Blood Drive and VNA Foot Clinic will continue as scheduled.

We are still holding our drive-thru meals on Tuesdays and Thursdays. Tuesday, April 12th — Tuna casserole, vegetable, dessert. Thursday, April 14th — Chicken leg, potato salad, vegetable, dessert. Must call 603-543-5998 by 10:30 to reserve your meal. Price is \$4 for members and \$5 for non-members. Drive-thru pickup is from 11:45 am to 12:15 pm. Meals are always subject to change.

Foot Clinic - Our next foot clinics will be held on April 13, 20 and 27th. You MUST call 603-748-1731 to make an appointment with them. The fee is \$25.

Bingo - Our Wednesday afternoon Bingo is back and running. Cards are sold between noon and 12:45 only. We only take Ones, Fives and Tens, NO Twenties. You

need not be a member to play Bingo but you must be at least 55 years old.

AARP – AARP Tax Aide volunteers will be assisting qualified NH property owners with applying for the property tax relief program. Income requirements are for the household which includes all adults (18 and older) who

live in the home. Income requirements - \$37,000 or less for single taxpayer, \$47,000 or less for married filing joint or head of household. May 13th, 9 AM to Noon on the first come first serve basis. DO NOT CALL THE CENTER FOR APPOINTMENTS. Need



# RABIES CLINIC

Dogs & Cats welcome! \$10.00 per shot

April <del>9 &</del> 23, 2022

10:00 AM - 2:00 PM

First come, first serve at the

# **Ladies Auxiliary Bingo Hall**

183 Plains Rd, Claremont

Shot will be good for 3 years with <u>proof</u> of a previous vaccination. Otherwise it will be a 1 year shot.

Dog &Cat Distemper shot available for \$10.00.

**Masks required** 



Sponsored by Stonecliff Animal Hospital

to bring Copy of 1040 for tax year 2021 and Property Tax bill for last quarter of 2021.

On Tuesday, April 19th, 1:00 – 2:30 pm we will be holding a free class on painting flower vases with glass paints. All material will be supplied for the class at no cost to you. Instructor will be Patricia Jacobus. For members only. MUST sign up at the reception desk.

Nomination - The annual business meeting will be held at the May 3rd Membership Meeting. We will not need to hold an election because there are 4 openings are on the board and we have 4 running (Marilyn Gilbert, Larry Johnson and Shirley LaClair plus Lloyd Mann running for his 2nd term). Denny Francis is the only person running for the Finance Committee.

Blood Drive – There will be another Red Cross Blood Drive at the center on April 18th. You must make an appointment at 800-RED-CROSS. 36 Units (88 lives saved) were collected during our March 28th drive. Thank you to all of you who can donate and do donate. Every donation is appreciated.

Men's Breakfast – Our next men's breakfast will be on April 25th. Doors open at 8 am and serving starts at 8:15. Open to the public. MEN ONLY. Members \$2.00 and non-members \$3.00.

Corn Hole - There are a number of members would want to bring Corn Hole back. Sign up at the center or call and leave your name, phone number and days you would like to play.

Penny Sale - We will hold our 9th Penny Sale at the center on May 15th. Doors are scheduled to open at 11 am and the tickets are pulled at 1 pm. We are collecting donations of NEW items for the Penny Sale. Volunteers are also needed to help with the Penny Sale. We will also have a food concession opened. We will need volunteers weeks and days before the sale for sorting and labeling. Volunteers are also needed the day before for setting up and on penny sale day many are needed to sell tickets and door prize tickets.

Our Yard Sale is scheduled for July 22 and 23rd. We will need donations of useful items, We can not accept large appliances, large furniture, mattresses, luggage, carpets and rugs, clothes, shoes, typewriters, computers, TVs, exercise equipment, skis, or anything else we feel is not salable. Yard sale donations will be accepted after the Penny Sale.

"Our thought is the key which unlocks the doors of the world". Samuel McChord Crothers.

Claremont Senior Center, 5 Acer Heights Road, Claremont, NH; phone 603-543-5998.

# **Claremont Fire Dept. Log**

#### Sunday, April 3rd, 2022

08:48 Responded with E-4 to Union St. for a public assist

13:09 Responded with E-4 to Broad St. for a medical call

22:19 Responded with E-4 to Bellevue Ave for a medical call

22:25 Responded with E-3 to First St. for an alarm sounding

#### Monday, April 4th

14:44 Responded with E-4 to Plains Rd. for wires down

18:53 Responded with E-4 to Pleasant St. for a medical call

20:41 Responded with E-4 to High St. for an illegal burn

#### **Tuesday, April 5th**

13:57 Responded with E-3 to Washington St. for a motor vehicle accident

22:57 Responded with E-4 to Pleasant St. for a medical call

#### Wednesday, April 6th

02:12 Responded with E-4 to Bowne St. for a car fire

17:36 Responded with E-4 to Fiske Place for a 911 call

17:52 Responded with E-4 to Main St. for an alarm sounding

21:43 Responded with E-4 to Myrtle St. for a medical call

22:46 Responded with E-4 to Highlandview Ave for a medical call

#### Thursday, April 7th

01:52 Responded with E-4 to Winter St. for a medical call

07:34 Responded with R-1 to Unity for Mutual Aid

09:49 Responded with E-4 to Main St. for a Box Alarm

10:51 Responded with E-4 to Maple Ave for a medical call

17:59 Responded with E-4 to Cossitt Ave for a low hanging wire

#### Friday, April 8th

11:20 Responded to Charlestown Rd. for a medical call

16:51 Responded with E-4 to Central St. for a public assist

#### Saturday, April 9th

10:51 Responded with E-4 to Bailey Ave for a

911 call

15:07 Responded with U-1 to Cat Hole Rd. for a fuel leak

18:47 Responded with E-4 and Brush 1 to Charlestown Rd. for a brush fire

21:59 Responded with E-4 to Brookside Ave for a medical call

#### Sunday, April 10th

06:55 Responded with E-4 to East St. for a medical call

# **See What Girl Scouting is All About April 21 in Claremont**

CLAREMONT, NH—Girl Scouts follow their own convictions, take the lead in their own stories, and explore all the extraordinary things they're capable of. Girl Scouts of the Green and White Mountains invites you to an information night as a free and fun way for girls and their families to get to know Girl Scouts. Bring a friend or make a new one.

The event is planned for girls in kindergarten through third grade in Claremont and the surrounding area on Thursday, April 21, 5-6 p.m., at the Claremont Senior Center, 5 Acer Heights Road, Claremont. Older girls are also welcome to find out more about Girl Scouts. Parents and caregivers are invited to participate! RSVP to 888-474-9686 or <a href="mailto:customer-care@girlscoutsgwm.org">customer-care@girlscoutsgwm.org</a>. Walk-ins also welcome.

Programs are offered in the outdoors, entrepreneurship, science, technology, engineering, and math (STEM) and life skills.

#### TUESDAY, April 12 Cornish Library Exploratory Committee Meeting

The next Cornish Library Exploratory Committee Meeting will be held on Tuesday, April 12, at 6:30 pm, in the upstairs room of the Town Offices.

This meeting is open to all Cornish citizens, and will be an in-person meeting. However, if there is demand, we can make this a hybrid meeting. If you wish to attend but can't physically come to the building, please email me.

If you can't attend physically or online, and would like to ask questions or make comments about the library, please email me.

Laura Cousineau

Chair, Cornish Library Exploratory Committee





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# Life Tributes 700

# **Obituaries May Be Found On Our Website**

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

#### **Jim Richards**

Jim Richards passed from this earth on April 1, 2022. He was born Nov. 27, 1948, in Newport, NH, to Byron (Barney) and Alma Richards. Jim lived his full life in Lempster, NH. He attended the one room schoolhouse in E. Lempster for 1st-4th grade and then went to the newly opened Goshen-Lempster Cooperative School for 5th-8th grade. Jim graduated in 1966, in the last class to graduate from Newport Towle High School.

Jim worked from 1972-2014 in the automotive field at Crowley Chevrolet, Reliable Auto, Howe Motors, Subaru of Claremont and retiring from Morningside Service Station. He received the ASE Senior Master Technician certification.

He served his community as a 55-year member of the Lempster Fire Dept. with 8 of those years being chief. From 1978-2021, he served 9 years as Deputy Forest Warden and 35 years as Warden. For 41 years, he served as the town's Civil Defense/Emergency Management Director. Jim was a lifetime member of the Grafton-Sullivan County Forest Fire Wardens Assoc.

Jim had been an active member of Claremont Calvary Baptist Church since 1978. During those years, he faithfully served in the Audio-Video ministry.

Jim is survived by his wife of 46 years, Barbara; son David (Carrie) of Lempster, daughter Rebecca DeCamp and grandson Byron DeCamp of Claremont, plus several nieces and nephews. He was predeceased by his parents and his brother William Richards.

A celebration of life was held on Saturday, April 9, at Calvary Baptist Church, Claremont, NH. Interment will be later in the spring.

The Stringer Funeral Home is assisting with arrangements.

In lieu of flowers, donations may be made in his memory to the Jack Byrne Center and sent to Office of Development, Dartmouth-Hitchcock, One Medical Center Drive, HB7070, Lebanon, NH 03756. Checks should be made out to Dartmouth Hitchcock Health and note "Jack Byrne Center" on the memo line.

## Anthony J. Bielarski

Anthony Jude Bielarski (fondly known as Tony) passed away peacefully at his home in Claremont, NH, on April 7, 2022, surrounded by his family.

He was born on September 20, 1942, in Danville, PA, the only child of Anthony Jacob Bielarski and Violet May Bielarski. He was brought up in the Pennsylvania/New Jersey area and had resided in Claremont, NH, for the past 45 years.

He graduated from City High School in Gloucester, NJ, in 1961 and proudly served in the United States Army from 1964 to 1967. Tony had a lengthy career in the finance/banking industry, retiring from Mascoma Savings Bank, formerly Connecticut River Bank, in Charlestown, NH, where he was a Vice President/Loan Officer.

He was predeceased by his parents, son, Michael A. Bielarski and stepson, Travis W. Michaud.

He is survived by his wife, Joyce Ackerman Bielarski; three children, Rebecca (Anthony) Presutti, Tyson (Ashley) Bielarski, Trevor Bielarski and daughter-in-law, Grete D'Hondt; eight grandchildren, Kirsten (Dylan) and Else Bielarski, Camryn, Alanna and Logan Lovejoy and Lucy, Eva and Ruby Bielarski. He is also survived by a special aunt, Irene Shrader, of Palmyra, NJ; and a special caregiver, Joan LaPan. The family is so thankful for the support of nurses Ann Cuadrado and Donna Sasani.



Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call

it tasty preventive medicine. Just start early. Eat your dark greens.

(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital)





He is also survived by a sister-in-law, Norma Garcia; and brothers-in-law and sisters-in-law, Frank Ackerman, David (Carol) Ackerman and Richard (Cathy) Ackerman; numerous cousins, nieces and nephews.

Calling hours will be held from 1 – 2pm on Wednesday, April 13, 2022 at Stringer Funeral Home, 146 Broad Street, Claremont, NH. Services will begin at 2pm. Reception to follow immediately afterward at the Claremont Country Club.

In lieu of flowers, the family requests donations in Tony's memory to the Sullivan County Humane Society, 14 Tremont Street, Claremont, NH 03743.

#### Richard H. Neil

Richard Henry Neil died at his home on Saturday, March 19, 2022, in Claremont, NH.

Mr. Neil was born in 1954 to parents Norma and Charles Neil. While working as a painter, he met Sandra Seymour. They married in 1976.

He is survived by two children, Shawn Neil and Jamie Robie, and four grandchildren, Michael Robie, Kayla Briere, Aiden Neil and Jazmyn Roy along with three siblings, Gary Neil, Lisa Morse, and Brenda Pardy. Sandra passed away in 2016 surrounded by her loving family from congestive heart failure at Dartmouth Hitchcock.

A memorial service will be held at the Stringer Funeral Home in Claremont on May 13, 2022, from 1 PM to 3 PM with a burial to follow.

## Sally A. Marcott, 83

Sally Ann Marcott, 83, born on October 19, 1938, in Bellows Falls, VT, to Herbert and Thelma Daigneault, passed away on April 4, 2022, at Valley Regional with her daughters by her side. She was a strong loving woman who put up a great fight. She married Allen Edward Marcott on June 29, 1956. They had 3 children and divorced in 1967. She spent 50 years in Lebanon, NH, where she taught at Head Start program and later managed Dexter Shoe in West Lebanon. She moved to Charlestown after retiring in 2014 to be closer to family. She went to Goddard College part-time while raising her 3 children and earned her bachelor's degree.

She was predeceased by her parents; her brother, Herbert Daigneault; her son, David Marcott; her grandson, Derrick Jenks; ex son-

# The Claremont City Council will hold a public meeting on <u>Wednesday</u>, <u>April 13, 2022</u>, at 6:30 p.m. in the Council Chambers of City Hall.

## AGENDA (Revised)

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- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
  Minutes of March 23, 2022, City Council Meeting(s)
- 6:37 PM 5. MAYOR'S NOTES
  - A. Proclamation Tom Belaire's Retirement
  - B. Proclamation Richard Robbins's Retirement
- 6:42 PM 6. CITY MANAGER'S REPORT
  - A. General Remarks
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 24))
  - 9. OLD BUSINESS
- 7:10 PM A. Transfer Station RFP Update
- 7:25 PM B. Charter Amendment Vote Public Hearing
  - 10. NEW BUSINESS
- 7:40 PM A. Resolution 2022-24 Acceptance of Disc Golf Course and In-Kind Donations at Moody Park Public Hearing (City Manager/Parks & Recreation Director)
- **BREAK**
- 8:05 PM B. Capital Improvement Plan (City Manager/Planning & Development Director)
- 8:20 PM C. Airport Hangar Leases (City Manager/Airport Director)
- 8:30 PM D. Pleasant Street Easements (City Manager/Planning and Development Director)
- 8:45 PM E. Accept FEMA Funds for COVID-19 Pandemic. (City Manager/Finance Director)
- 8:55 PM 11. COMMITTEE REPORTS
- 9:00 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:05 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:10 PM 14. NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(b) HIRING
- 9:25 PM 15. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, April 27, 2022, at 6:30 p.m. in the Council Chambers of City Hall.

in-law, Kevin Jenks; and ex-husband, Allen Marcott.

She is survived by her daughter, Ellen Perra and her husband Ron of Charlestown; her daughter, Debra McGuire and her husband Pat of Fort Edward, NY; ex son-in-law, Rick Crowe; sister, Brenda Porath and her husband Gary of Michigan; grandchildren, Miranda Crowe, Monquie Reyes, Kyle Crowe, Devin Locke, and step grandchildren, Jessica Snelling and Brian Perra; great grandchildren, Hayden, Harper, Lennon, Landyn, Lavery, Lakelyn, Noah, Landon, Logan, Chloe and Callie. And her special kitty, Dev. She loved her family very much and will be missed by many.

Visiting hours were held at the Stringer Funeral Home, Claremont, NH, on Saturday, April 9th.

### Deborah A. Slack, 59

Deborah A. Slack, 59, passed away peacefully on April 4, 2022, at the Jack Byrne Center in Lebanon, NH, after a lengthy battle with cancer. She was born to Kenneth and Sandy Slack on October 13, 1962. Debbie grew up in Unity, NH, and stayed in the surrounding area until settling in Charlestown, NH. After high school, she worked for Wonder Bread driving truck, a job that she was immensely proud of and became family to her coworkers, and in subsequent years, as an artist, and a home maker.

Debbie is survived by her mother, Sandy Miller of Unity, NH; her life partner, Kevin Mulvey of Charlestown NH; her sons, Matthew of Charlestown, NH; and Chris of Newport, NH; her daughter Lillie of Charlestown, NH; stepdaughter Jessica Tenney, and her children, Noah, Ethan, Paris, Addison, and Travis Jr., all of Claremont, NH; stepson Philip Mulvey and his children, Kayin, Landon, and Karson, all of Newport, NH; her brother Paul Slack and his wife Amanda; her niece Amelia Slack, of Georges Mills, NH; her sister Angie Osgood, her husband Todd and her nephew Brandon Osgood of Claremont, NH; her sister Cheryl Boardman, of Claremont, NH; two uncles, Carl Hood of Perkinsville, VT; and Elwin Hood of Windsor, VT; many cousins, lifelong best friend, Laura Zubryd, and very dear friends, Nikkita Desilets, Mark and Darlene Elder. She also leaves behind her beloved dog, Emma, two cats, Memphis, and Kioko.

Debbie was predeceased by her father, Kenneth Slack, her stepfather Rodney Miller, grandparents, many aunts, uncles, and cousins.

There will be a celebration of life in May. Donations can be made to the American

Cancer Society.

The Stringer Funeral Home is assisting with arrangements.



# CSBCC Member Spotlight Foote-Miller Family

Mike and Sarah Foote, of Claremont, and their sons have been members since the Center opened in 2013.







Sarah, 42, is a business specialist in DHMC's Heart & Vascular Center. Her routine? "I run two miles, lift weights and walk the track." Benefits? "Less stress, weight loss, toning, and making new friends. The Center is one of my favorite places to go!"

Mike, 50, works in the Advancement Division at Dartmouth College. "The CSBCC has been a central part of family and personal well-being. I'm usually here in the early morning, running on the treadmill for 30 minutes then doing a weight circuit. I'm impressed with the staff's work to ensure recreation is a constant in the community."





Jesse Foote, 17, is a junior at Stevens High School. "I joined to play basketball and use the gym." He also works as a gym monitor, fitness room organizer and at the front desk. "It's a good place to hang out with friends and family, and good for your mental health." Connor Miller, 15, is a freshman at Stevens, where he's on the track and varsity soccer teams. "I'm mostly in the fitness room, using free weights and machines. I've been able to build muscle and stay in shape.

The gym is one of my favorite places to be in my free time."

TRI-CHAMBER CHAMPIONS









Join us! As we fundraise for



Preventing Violence • Promoting Respect • Strengthening Lives

Interested in joining our team or making a donation?

Contact Elyse Crossman at 603-543-1296

director@greaterclaremontnh.org or visit our team page at

www.justgiving.com/team/Tri-Chamber

Help us help TPN raise the necessary funds to continue providing FREE 24-hour services for survivors of domestic violence, sexual violence, stalking, and sex trafficking as well as education and outreach for the community.

For more info about TPN & Steppin' Up: 603-543-0155 www.turningpointsnetwork.org/steppin-up



## CITY OF CLAREMONT – SPRING CLEANUP

THE SPRING CLEANUP PROJECT WILL BEGIN ON MONDAY, MAY 2, 2022, THROUGH FRIDAY, MAY 6, 2022.

LEAVES AND GRASS RAKINGS MUST BE LEFT AT THE CURBSIDE IN **PAPER COMPOSTABLE LEAF BAGS**.

PER CITY COUNCIL POLICY ADOPTED ON 05/12/04, THE PUBLIC WORKS DEPARTMENT WILL NO LONGER ACCEPT OR PICK UP LEAVES THAT ARE NOT IN PAPER, BIODEGRADABLE BAGS. THESE 30 GALLON BAGS ARE AVAILABLE AT VARIOUS LOCAL HARDWARE, GROCERY AND DEPARTMENT STORES.

# ALL COMPOSTABLE, PAPER BAGGED LEAVES MUST BE AT THE CURBSIDE BY 7:00 AM ON MONDAY, MAY 2, 2022.

NO GARBAGE, BRUSH OR HOUSEHOLD ITEMS WILL BE PICKED UP. ALL AREAS WILL BE COVERED ONLY ONCE.

Alex Gleeson
Director of Public Works

# Soon: Son/Rise



For Christians, Holy Week is a time of reflection, prayer, grief, desolation and hope.

The Gothic splendors of Cologne Cathedral (*Hohe Domkirche Sankt Petrus*) attract 20,000 Visitors a day.

Construction began in 1248 but was halted in the years around 1560, unfinished. Work restarted in the 1840s, and the edifice was completed to its original medieval plan in 1880.

At 157m (515ft), the cathedral is the tallest twin-spired church in the world. It was declared a World Heritage Site in 1996.



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~ Eric Zengota