

CMS's Three-Area STEAM Lab Encourages Creativity, Discipline; page 8

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Feb. 7, 2022

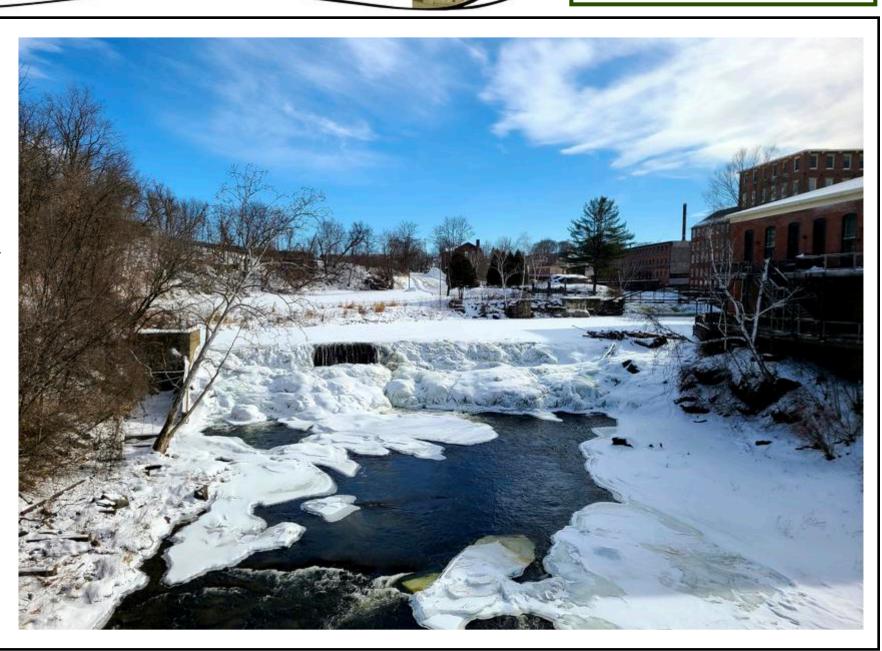
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# Black/Ice

The Sugar River broke through part of the ice piled up under the spillway by the Common Man Restaurant.

~ Eric Zengota

January 30, 2022



## 16th Annual Steppin' Up to End Violence 5K Walk and Fun Run to be held on April 30

CLAREMONT, NH—Turning Points Network is gearing up for their 16th Annual Steppin' Up to End Violence 5K Walk and Fun Run to be held on April 30. For the last 15 years, Sullivan County communities have come together in a public show of solidarity both virtually and inperson for Turning Points Network's vital services. Funds raised from the event through

community participation directly support the agency's mission to end domestic violence, sexual assault, sex trafficking, and stalking. TPN is pleased to announce that it is planning for another successful year, this time in-person, with Claremont Savings Bank serving as the honorary chair.

As the honorary chair of the 2022 Steppin'

Up walk, Claremont Savings Bank will be a key supporter of the event, leading the goal to raise \$90,000 to support victim-survivors. It continues the bank's established tradition of supporting TPN, whether it is through sponsorship or creating teams to fundraise for the event, or supporting the organization through

(Continued on page 2)

### Walk, from page 1

the Claremont Savings Bank Foundation.

"As a local institution, Claremont Savings Bank is not just a bank, it's your neighbor. Its employees can be found at local events, volunteering for important causes, and helping to grow the community. In addition, the Claremont Savings Bank Foundation has awarded grants totaling more than \$2,300,000 to local non-profit organizations that benefit everyone. It cares about its employees, customers, and community. Which is one of the many reasons why it is stepping up to support the 2022 5K walk and fun run," said TPN in its announcement.

Last year's event, which had to be held virtually due to COVID-19, exceeded TPN's expectations through the tremendous community engagement that raised over \$85,000. Encouraged by this overwhelming support, TPN has raised the bar this year to \$90,000 to cover increasing costs due to the pandemic. "We recognize that, in these times, people

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Phyllis A. Muzeroll
Publisher/Editor

<u>Eric Zengota</u> Contributing Writer/Photographer

etickernews@gmail.com

Snail mail to: 6 Osgood Ave. Claremont, NH 03743 603-542-7319

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have been uncertain about their futures and we are constantly inspired by our Sullivan County community that prioritizes coming together either insperson or virtually to support victimsurvivors,"said Deb Mozden, TPN's executive director.

More than 50 teams are expected to "Step Up," along with sponsors and donors who are pledging their support for the Saturday, April 30th event. Participants will follow a highly visible route starting at 10 am at Claremont Middle School, and continue their walk through historic downtown Claremont.

TPN's team of skilled advocates provide safety planning, legal support, and housing services though comprehensive, trauma-informed, survivor-centered assistance. To this end, they provide advocacy through a 24-hour crisis and support line, case management, emergency and transitional shelter, peer counseling, financial empowerment services, and other critical assistance on an individual basis. The agency also offers school and communitybased prevention education and outreach. And their support doesn't end there. With donations provided by events like Steppin' Up, TPN is able supply necessities such as food, transportation, prescriptions, clothing, and household items to victim-survivors of abuse. And while the pandemic meant that TPN had to adapt and offer services remotely at times, advocates continued providing the high level of service as they always have to Sullivan Coun-

Those interested in fundraising, starting a team, or join-

NH Lottery Numbers

02/05/2022

NH PowerBall 5 16 27 39 61 24

NH Mega Millions 02/04/2022 7 16 34 44 61 24

Tristate Megabucks 02/05/2022 16 21 24 27 34 2

For more lottery numbers, <a href="https://www.nhlottery.com/">https://www.nhlottery.com/</a>



ing a team are encouraged to visit the Steppin' Up webpage at <a href="https://www.turningpointsnetwork.org/steppin-up">https://www.turningpointsnetwork.org/steppin-up</a>. For more information, contact Pascale N. Graham, Assistant Director, Turning Points Network at pascale@turning-pointsnework.org or by phone at 603-543-0155

About Turning Points Network:

For over 40 years, Turning Points Network (TPN), a private, nonprofit agency has provided 24- hour crisis intervention and advocacy services to victims of sexual assault, domestic violence, dating violence, sex trafficking, and stalking in Sullivan County. TPN works with more than a thousand individuals and their families in Sullivan County, NH each year and serves primarily low-income individuals. All services are free of charge. TPN's Pre-K-12 programming is taught to more than 2400 students annually. Community-based work teaches adults to be effective bystanders in preventing violence from occurring and making our community safer. This program is presented to the general public, groups, and businesses.

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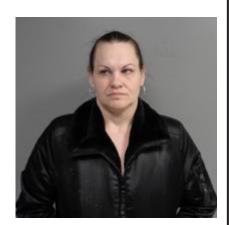
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# Two Arrested Following 10-Month Long Investigation

On January 30, investigators from the New Hampshire Attorney General's Office Drug Task Force, with the as-

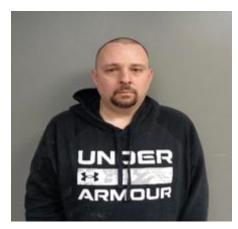
sistance of the New Hampshire State Police, Claremont Police Department, and the Drug Enforcement Agency made two arrests following a tenmonth long investigation.



**Katrina Therrien** 

According to a press release from law enforcement, investigators believed that two individuals, Katrina Therrien and

Christopher Parrott, were allegedly distributing large amounts of heroin/ fentanyl in the Sullivan County area. The New Hampshire Attorney Gener-



**Christopher Parrott** 

al's Office Drug Task Force obtained arrest warrants for Therrien and Parrott as a result of their on-going investigation.

Following their arrests, search warrants were executed on a vehicle Parrott and Therrien had been driving, and their residence in Claremont, NH. Allegedly recovered from these search warrants was a large amount of suspected fentanyl, crack cocaine, packaging materials, and United States currency, said the press release. The total amount of suspected fentanyl was the equivalent of

approximately 15,000 individual doses and a street value of approximately \$80,000. Over \$17,000 cash was seized from the profit of these alleged illicit drug sales.

The two individuals were housed at the Sullivan County House of Corrections. Therrien

was held on preventative detention and Parrott was held on \$50,000 cash bail.

This investigation is still active and more arrests are anticipated in the near future, said law enforcement officials.



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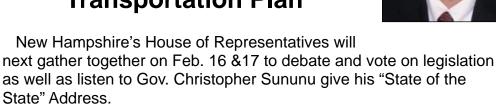


# Commentary

# NH House Happenings

By Rep. John Cloutier

# Dissecting the 10-Year Transportation Plan



Since the Jan. 5 and 6 meetings, House policy committees have been busy hearing the over 700 pieces of legislation to be considered this year as well as taking committee votes on the recommendations for these measures which will be considered by the full House at the Feb. 16 & 17 meetings, and future meetings up until March 31 when all recommendations on House measures must be voted on, a date commonly known as "Crossover Day". Depending on the committee recommendations, all legislation must either be approved, and sent over to the New Hampshire Senate, rejected, or kept for further review until the next legislative term-a recommendation known officially as "Interim Study".

As indicated in previous columns, I currently serve on the 23-member House Public Works & Highways Committee, a policy committee on which I have sat for all but one of my previous 15 terms. The committee has chief responsibility for legislation affecting state buildings and facilities as well as transportation infrastructure like roads and bridges. This year, Public Works & Highways has been assigned 16 House bills. Several hours of hearings and committee recommendations on many of the bills have already been adopted by the committee. But I believe the most important bill that we are now examining is House Bill 2022, which is the update to New Hampshire's 10-Year Transportation Plan that outlines the state's priorities for a variety of transportation projects, including road and bridges as well as rail and bus lines and airports. The plan was developed with the input of the public online as well as the state's regional planning agencies, including Lebanon's Upper Valley Lake Sunapee Regional Planning Commission or "UVLSRPC" for short, which serves Claremont.

Bedford Rep. John Graham, Public Works & Highways Chair, is House Bill 2022's prime and only sponsor, but that is because House rules require the committee's chair to be the prime sponsor. According to written presentation given Jan. 19 by DOT to the committee, there are eight overall strategies for the 10-Year Plan that would run between Fiscal Year 2023, which starts July 1, 2022 thru Fiscal Year 2032, which ends on June 30, 2032. Among these strategies are funding regional priority projects as recommended by regional planning agencies like UVLSRPC. Other strategies include focusing on the maintenance and preservation of the existing network of state roads and bridges.



The presentation stated that the second strategy would be accomplished by raising the amount of money for paving roads by \$168 million as well as increasing investment in state bridges by \$169 million. Yet other strategies would increase funding for planned DOT road and bridge projects that need more dollars to be completed. Such Sullivan County projects include the Route 12 road restoration and rehabilitation in Charlestown, a project that will receive an additional \$5,166,282 in money, with construction slated to begin in 2026 at the latest. The just-described project is separate from an ongoing one to temporarily fix a small stretch of Charlestown's Route 12 damaged by heavy rains in July 2021. That project should be completed by the end of this April, according to DOT.

However, House Bill 2022's 10-Year Transportation Plan wouldn't just fund traditional road and bridge projects. Among its proposed allocations is a total of \$17 million spread out over five years at \$3.5 million per year to create a series of Electric Vehicle (EV) Charging Stations across the Granite State. Also, \$33.5 million would be designated for public transportation in our state, mainly for buses according to the Jan. 19 presentation. Money would go to such transit agencies as Southwestern Community Services, which serves Sullivan County. Finally, \$45.6 million would be allotted to our state's public airports.

The just-listed proposed allocations in House Bill 2022 are just a small portion of the grand total of transportation money to be spent within the next 10 years. According to an earlier Jan. 13 written presentation also given to Public Works & Highways, the proposed overall total for the 2023-2032 10-Year Plan is projected to cost approximately \$4.7 billion. The projected amount will be supplemented with an additional \$545,529,665 from the new Bi-Partisan Infrastructure Plan recently enacted into law by the U.S. Congress and President Joe Biden last year, and officially known as the Infrastructure Investment & Jobs Act or "IIJA" for short.

Several proposed Claremont road projects are listed in House Bill 2022. They include the linking of 10 traffic signals along a two-mile stretch of Washington Street which is scheduled to be done for a total price of \$703,753 by 2025. Also, preliminary engineering for the reconstruction of Main Street (Route 103) between Citizen and West Streets is scheduled to start by 2027 with construction completed by 2032 for a total of \$4,083,828. This Main Street reconstruction is slated to follow the current project of relocating the North and Main Street Intersections, a project scheduled to begin later this year at the present total of \$4,596,685. Furthermore, a total of \$7,444,294 has been allocated for pavement preservation of Routes 9 and 11 among the four communities of Claremont, Newport, Chesterfield, and Keene with the preservation to be done by 2023.

Two bridge projects are also listed. These two include the rehabilitation of the Route 12A Bridge over the Sugar River, construction of which is slated to start by 2023 at total cost of \$3,392,400. Also, a total of \$3,152,972 is earmarked for preservation of the Route 12 & 103 Bridge over the Connecticut River between Claremont and Weathersfield, VT, with preliminary engineering to begin no later than 2023 and

(Continued on page 5)

# <u>House of Representatives – Claremont</u>

District 3/Ward 1: Andrew O'Hearne

friendsofandrewohearne@comcast.net

District4/Ward 2: Gary Merchant 603-542-2228 gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton 603-542-8656 WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

### **Senate – Claremont**

**District 5: Suzanne Prentiss** 

suzanne.Prentiss@leg.state.nh.us

# District 1 Executive Councilor

Joe Kenney (603) 271-3632 joseph.Kenney@nh.gov

### Washington, DC

Sen. Jeanne Shaheen 520 Hart Senate Office Building Washington, DC 20510 202-224-2841

http://shaheen.senate.gov/contact

Sen. Maggie Hassan

B85 Russell Senate Office Building Washington, DC 20510 Phone: (202) 224-3324 https://www.hassan.senate.gov/

Rep. Anne Kuster

137 Cannon House Office Building Washington, DC 20515 phone: 202-225-5206

http://kuster.house.gov/contact

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### Rep. Cloutier, from page 4

construction no later than 2024. For readers who may ask why the State of Vermont does not pay for at least half of such interstate bridge construction, the answer is that because New Hampshire owns the Connecticut River as determined by the U.S. Supreme Court in the 1930s, it is responsible for paying most of the interstate bridge construction and repair costs. The only exceptions are portions of such bridges that touch the Vermont shore of the Connecticut, costs which average approximately 90 percent for our state.

Non-road and bridge projects in House Bill 2022 include a total of \$930,514 for 1,400 level feet of sidewalks along Broad Street, and 1,950 level feet of pedestrian paths in Monadnock Park as well as adjacent Sugar River Rail Trail. Preliminary engineering for the sidewalks is scheduled for 2023 at the latest with construction in 2028, while similar engineering for the paths will be done in 2025 with construction in 2030. Finally, the Claremont Municipal Airport is on track to receive a total of \$3,834,978 over the next 10 years. The money will be used for preservation, modernization, and expansion of the airport's facilities.

Email: jocloutier@comcast.net

### **Kuster Votes For American Manufacturing and Jobs Legislation**

WASHINGTON, D.C. — Friday, Rep. Annie Kuster (NH-02) voted for the America COMPETES Act, a strong legislative package to compete with China, bolster American supply chains, shift critical manufacturing back to the United States, foster American scientific and technological leadership, and strengthen our global competitiveness.

"The COVID-19 pandemic has highlighted the existing cracks in our American economy and supply chain, and it is essential for the future success of our country and our citizens that we address these issues head-on," said Rep. Annie Kuster. "The America COMPETES Act does just that by taking the lessons learned during the pandemic and putting them into action. This legislation is all about growing America's manufacturing industries, investing in STEM workforce initiatives to train the next generation of American workers, and ensuring our country remains competitive into the 21st century. I was proud to vote for this legislation today to tamp down inflation, create jobs, and ensure businesses in New Hampshire and across the country have the economic systems to thrive."

The America COMPETES Act will super-charge American innovation and competitiveness, immediately and in the long run, by:

- Making Critically-Needed Semiconductors in America: Over the past 30 years, the United States' global share of manufacturing semiconductors an increasingly essential component in everything from computers to cars has fallen. The America COMPETES Act appropriates \$52 billion to support American semiconductor fabrication, address supply chain disruptions, and ensure more semiconductors are produced here at home.
- Fixing the Supply Chain & Strengthening American Manufacturing: The disruption of the pandemic has exposed deeper weaknesses in our supply chain. The America COMPETES Act authorizes \$45 billion to build more critical components in America, strengthen American manufacturing, and protect our national security with American-made capacity to prevent shortages and disruptions.
- Turbocharging American Scientific Research, Technology & Innovation Excellence: To ensure America leads the technologies of the future, the America COMPETES Act includes bipartisan science, research, and technology bills to turbocharge American innovation, focus on solutions, and maximize the American talent pool by strengthening and diversifying our nation's STEM workforce.

Letters to the Editor may be found on page 31

# **COVID-19 Test Kits Now Available at All NH Liquor & Wine Outlets**

### More Than 500,000 COVID-19 Test Kits Now Available at All 67 Outlet Locations

CONCORD, NH – More than 500,000 COVID-19 test kits are now available for customers to purchase at cost at all 67 NH Liquor & Wine Outlets. Last week, New Hampshire Governor Chris Sununu, with the support of the Executive Council, committed to provide the public access to COVID-19 rapid home test kits. Governor Sununu called on the New Hampshire Liquor Commission (NHLC) and its extensive distribution network and retail capabilities to make tests available at its NH Liquor & Wine Outlet locations. In just six business days, NHLC ensured the first shipment of 500,000-plus test kits for public purchase.

"Since the start of this pandemic, we have been identifying gaps to meet needs to stay ahead of the pandemic," said Governor Chris Sununu, "We broke down barriers that other states are facing and quickly procured these at-home tests that we plan to pass along to our citizens at cost. Easy access to at-home tests is one of the most important tools we have at limiting the spread of COVID and I would like to thank all who made this effort a reality."

Customers can visit their local NH Liquor & Wine Outlet and purchase COVID-19 test kits for \$11.29, while supplies last. As additional test kits are purchased and acquired by the state, NHLC will expeditiously restock outlets. There is no age requirement for the purchase of COVID-19 home test kits and any customer may purchase as many kits as they wish. Similar to face masks, COVID-19 home test kits are available to both retail customers and licensees.

"NHLC is proud to serve the people of New Hampshire," said NHLC Chairman Joseph Mollica. "I would like to especially thank our marketing, merchandising, warehousing and store operations teams for immediately springing to action and ensuring these products reached our customers."

. To ensure access for those in recovery and treatment, the State has also made COVID tests available through the Doorways.

Flowflex

COVID-19 Antigen Home Test

COVID-19 Antigen Hom

More than 500,000 COVID-19 test kits are now available for customers to purchase at cost at all 67 NH Liquor & Wine Outlets. Pictured are test kits at the checkout aisle of the Pembroke NH Liquor & Wine Outlet. The New Hampshire Liquor Commission leveraged its extensive distribution network and retail capabilities to make 500,000 tests available at its NH Liquor & Wine Outlets in just six business days (Courtesy photo).

# Ukrainian Art Exhibit at the Fiske Free Library

CLAREMONT, NH—The Fiske Free Library in Claremont is hosting a very timely exhibit of artwork created by Ukrainian children ages 5 to 16.

"Home, Family, Motherland" is a touring collection of artwork on loan from the Kharkiv Regional Library for Children and sponsored by the Fermata Arts Foundation. The 87 pieces on display at the library were created as part of an art competition and include portraits and scenes of everyday life in Ukraine. While the works depict the joys and comfort of home and family they are displayed behind netting which symbolizes invisible prison bars.

This exhibit is part of the Fermata Arts Foundation's mission to promote peace through arts and culture and to develop cultural partnerships between New England cities and cities in the post-soviet countries.

The artwork will be on display in the Children's Room of the Fiske Free Library through the end of February. The Fiske Free Library is open Monday, Wednesday, and Friday from 9:00 am to 5:00 pm, Tuesday and Thursday from 11:00 am to 7:00 pm, and Saturday from 9:00 am to 1:00 pm. For more information, call (603) 542-7017.

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# NH DHHS COVID-19 Update February 4, 2022

CONCORD, NH – The New Hampshire Department of Health and Human Services (DHHS) issued the following update on the new coronavirus, COVID-19.

On Friday, February 4, 2022, DHHS announced 1,127 new positive test results for COVID-19 for Thursday, February 3. Those results included 884 people who tested positive by PCR test and 243 who tested positive by antigen test. DHHS also announced an additional 133 new cases from Wednesday, January 19 (5 by PCR and 128 by antigen test) for a new total of 3,119; an additional 127 new cases from Thursday, January 20 (66 by PCR and 61 by antigen test) for a new total of 2,681; an additional 42 new cases from Friday, January 21 (15 by PCR and 27 by antigen test) for a new total of 2,975; an additional 4 new cases from Saturday, January 22 (3 by PCR and 1 by antigen test) for a new total of 2,324; an additional 1 new case from Sunday, January 23 (0 by PCR and 1 by antigen test)

for a new total of 975; an additional 13 new cases from Monday, January 24 (0 by PCR and 13 by antigen test) for a new total of 905; an additional 4 new cases from Tuesday, January 25 (0 by PCR and 4 by antigen test) for a new total of 1,045; an additional 1 new case from Wednesday, January 26 (0 by PCR and 1 by antigen test) for a new total of 1,987; an additional 2 new cases from Thursday, January 27 (0 by PCR and 2 by antigen test) for a new total of 2,044; an additional 6 new cases from Friday, January 28 (0 by PCR and 6 by antigen test) for a new total of 1,621; an additional 3 new cases from Monday, January 31 (0 by PCR and 3 by antigen test) for a new total of 455; an additional 8 new cases from Tuesday, February 1 (0 by PCR and 8 by antigen test) for a new total of 1,040; and an additional 26 new cases from Wednesday, February 2 (2 by PCR and 24 by antigen test) for a new total of

866. Test results for previous days are still being processed and updated case counts for prior days will be reflected on the COVID-19 interactive dashboard. There are now 8,464 current COVID-19 cases diagnosed in New Hampshire.

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there were four hundred and sixty-six individuals under the age of 18 and the rest are adults with 51% being female and 49% being male. The new cases resided in Rockingham (258), Hillsborough County other than Manchester and Nashua (177), Merrimack (169), Strafford (163), Grafton (121), Cheshire (111), Sullivan (61), Belknap (55), Coos (38), and Carroll (37) counties, and in the cities of Nashua (112) and Manchester (109). The county of residence is being determined for eighty-six new cases.

DHHS also announced seven additional deaths related to COVID-19. We offer our sympathies to the family and friends.

- 1 male resident of Cheshire County, fewer than 60 years of age
- 1 male resident of Merrimack County, 60 years of age and older
- 3 male residents of Rockingham County,60 years of age and older

2 male residents of Strafford County, 60 years of age and older

There were currently 244 individuals hospitalized with COVID-19. In New Hampshire, since the start of the pandemic, there have been a total of 281,300 cases of COVID-19 diagnosed.

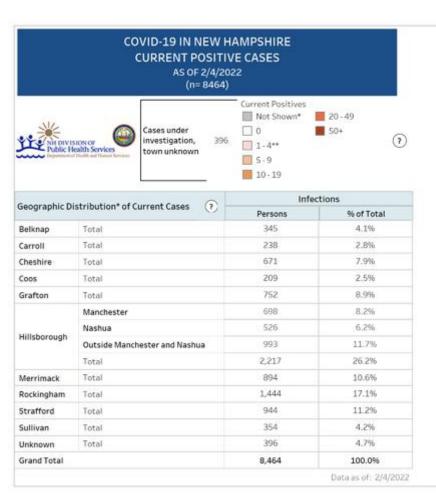
As of Friday, the 4th, there were 148 current positively identified cases reported by DHHS in Claremont; 30 in Charlestown; 75 in Newport; 10 in Acworth; 5 in Lempster; 32 in Grantham; 19 in Sunapee; 9 in Plainfield; 5 in Washington; 6 in Unity; and 1-4 cases in other towns. DHHS reported 396 currently positively identified cases in Sullivan County. This data does not include home testing results.

### **COVID-19 Hotline**

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

### **Vaccine Information in NH**

For vaccine information, please visit <a href="https://www.covid19.nh.gov/resources/vaccine-information">https://www.covid19.nh.gov/resources/vaccine-information</a>.



# **Full STEAM Ahead**

### CMS's Three-Area Lab Encourages Creativity, Discipline

# Story and Photos By Eric Zengota e-Ticker News

CLAREMONT, NH—The recently expanded STEAM Lab at Claremont Middle School has quickly become a bustling hub for the students who take classes in three of the district's UAs (unified arts) — art, tech and computers.

Art teacher Tyler Pike's personal experience in illustration and printmaking is the inspirational background for his classes. Then, in every grade, he follows a course that incorporates increasingly complex techniques and



Eighth-grader Lillianna Clark, who calls herself "the queen of watercolor," loves art and has her own studio in the basement of her home. She's particularly proud of the 3-D name sculpture and — for a class assignment to depict "someone we look up to" — her acrylic portrait of Michael Jackson.

mediums.

Sixth-graders, for example, start with pencil drawing, then take up pen and ink, followed by acrylic paints. Seventh-graders study linear perspective. By the eighth grade, students are creating cardboard and paper sculptures. Everyone is waiting for the kiln to be operational, so that ceramics becomes their next consuming interest.

Pike starts each class with 10 minutes dedicated to individual inspiration. "The students get their sketchbooks and I announce the oneword theme of the day. It could be 'freeze,' it could be 'husky.' How do you interpret that word, I ask. What do you literally make of it?"

Pike enjoys seeing students burst onto new



Tyler Pike discusses a student's ideas on line and color. All of the students' panels will be put together to construct a vibrant wall hanging.

levels of creativity. "They're always having new ideas. It's gratifying when they come to me on their own and say, 'Look what I made.'" One boy showed his pencil sketch of a block exploding into nine smaller blocks. "Every piece was in perfect perspective, so there was a true 3-D look. I call it 'flourishing,' when someone builds on a skill they'd learned in a previous year."

Students take their creations home, where extravagantly colored pop art can turn living rooms into galleries and where, as Pike puts it, "they can add to their growing portfolios." He noted that student artwork may soon adorn CMS's hallways. Principal Frank Romeo has asked the students in the after-school Art Club to present plans for mini-murals: scenes sized to fit individual cinder blocks.

In every class, tech teacher Dave Burden works toward fulfilling the mission, "We can make anything."

Every class has a main project, he explained. "Sixth-graders build wooden racing cars. Seventh-graders construct lamps, from the wooden bases to the wiring. Eighth-graders make sturdy stools whose seats are tightly strung with craft cord." Stools that haven't gone home with the students are scattered around the Lab, serving as storage as well as seating.

When main projects are completed, Burden offers a wide range of independent projects,



Dave Burden instructs students on using the right tool for each project.

many of which come with kits and how-to videos that he made during the long months of remote education. "The videos are on the Google Classroom platform," he said. "They can access them at any time, stop and start when they want, and follow along step by step with what-



Experience shows the way every day.

ever they're building."

The students get to work in several mediums. In woodworking, they cut out and sand down chips for the checkerboards they built and painted. Or they turn a lathe, creating 6-inch baseball bats that morph into pens and keyholders. Other students build 3-D marble mazes using small plastic panels.

"My 'success moments' as a teacher happen when a student takes on a project," says Burden, "maybe watches one of the videos, and comes in with something they made, all without my intervention. Our work in class is aimed at self-directed education. It's how we follow the track of building skills for successful learners."

For computer teacher Alex Hill, it's important (Continued on page 9)

### STEAM, from page 8

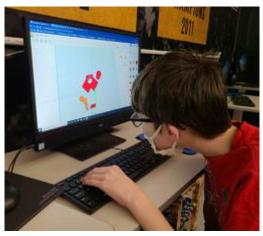
that students learn on tools that are used by the real world.

"I teach the Google suite of office applications to ensure that all students are familiar with them," he says. "Each grade has a different focus. Sixth grade does Google docs, seventh creates slide shows, and eighth works on spreadsheets."

CMS is currently transitioning to use the

same CAD (computer aided design) software as the Tech Center. This will ensure the students have a consistent design experience when they graduate

to high school.



Sixth-grader Tyler Haag combines various engine parts into a single object. He'll send the file to the 3-D printer, which will produce a plastic model made to his specifications.

Hill also teaches digital citizenship. These lessons range from cyberbullying prevention/ intervention and more effective search strategies, to avoiding scams and practicing online etiquette. Students take multiple-choice quizzes after each lesson on the Kahoot! platform; they can access the material anytime when preparing for exams.

Hill credits the generous grants from the Red River Charitable Foundation and the Boston Bruins Foundation that "equipped our lab with lots of high-tech goodies." High-quality 3-D printers, for example, let him turn a 1-week unit into almost a month's worth of lessons on topics like 3-D design and additive manufacturing.

Hill welcomes the sharing among three creative classrooms. "Students design chess pieces in my class for their tech ed project. Tech ed projects get access to fine art supplies. I proposed a collaboration where we make a full-sized arcade cabinet (woodshop), wire and program it (woodshop and comput-

ers), design and decorate the case (art and computers), and then play games programmed by the students on it."

Underpinning all the hands-on creation in the STEAM Lab is a philosophy of lifelong development. As Hill puts it, "I think the real curriculum is thinking, problem solving and independent learning skills."

Alex Hill conducts a presentation on cyberbullying, one topic in the digital citizen class.





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tammy@housestohomesnh.com Ashley@housestohomesnh.com www.housestohomesnh.com



IR MLS

131 Broad Street

Claremont, NH 03743 Office: 603-287-4856

Fax: 287-4857

Cell: 603-477-1872





**Ashley Bergeron** Agent



#### Newport, NH

This two bedroom, 2 bath home sits on 12 acres of land; enjoy the sounds of the brook from the farmers porch. Knotty pine through out the home with wood floors and tile. Oak staircase that leads to the upstairs bedrooms. Ceramic hearth with wood stove makes it cozy on those extra cold nights. Sits up off the road. \$278,000

# Clinical Mental Health Provider \$30.00 - \$35.00 per hour

TLC Family Resource Center is seeking a Licensed Clinical Mental Health Provider. The LCMH will be a key partner in providing intensive services to families and children who have experienced trauma and/or are impacted by substance use, child abuse, and neglect.



TheLCMH will be responsible for child and family screenings, assessments and follow up, Child Parent Psychotherapy (CPP) or similar parent-child therapy, responding to and making referrals as needed, actively participate in team meetings about wraparound services for TLC clients receiving or referred for CPP and prepare reports as needed for court hearings.

TLC is offering this position at 20-40 hours per week with evening and weekend hours available to provide maximum flexibility to potential applicants who may have another part-time position or applicants who desire a full-time schedule but need flexibility in their work hours.

In addition to a competitive salary, TLC Resource Center offers health insurance for eligible employees, a retirement contribution, paid trainings and certifications, mentorship and orientation for new employees, a flexible work schedule, supervision towards licensure, and generous paid time off within a supportive team environment. To learn more and apply, please visit: <a href="https://www.tlcfamilyrc.org/">https://www.tlcfamilyrc.org/</a> employment-opportunities.html.

# The City of Claremont

is seeking bids for vegetation control within some areas of the City. Proposals must be submitted in a sealed envelope no later than 10:00 AM on Tuesday, March 1, 2022, to the City Manager's Office, 58 Opera House Square, Claremont NH, 03743. Please contact Nichole Myers at (603) 542-7020 or nmyers@claremontnh.com for questions and/or a bid packet.

### PUBLIC HEARING NOTICE For a meeting of the CLAREMONT PLANNING BOARD

To be held on Monday, February 14, 2022 at 7:00 PM in Council Chambers, City Hall Claremont NH

The public is hereby notified that the Claremont Planning Board will be holding a public hearing at this meeting to consider the following applications:

A. (PL 2022-00001) Ray Parker, 408 Sullivan Street – Application to amend previously approved site plan #PL 2020-00014 for the property at 408 Sullivan Street. Tax Map 117, Lot 13. Zoning District: I-1 B. (PL 2022-00002) Washington Claremont LLC, Miami

FL – Application to amend previously approved site plan and waive recording requirement for a change of use on the property at 79 Washington Street. Tax Map 108, Lot 123. Zoning District: CB2

Additional topics to be discussed:

- A. Capital Improvements Plan for FY23-FY28
- B. Proposed Zoning Ordinance Amendments relative to housing

Interested persons may review the applications at the Planning and Development Department at 14 North Street during normal business hours.

Comments may be made at the public hearing; submitted in writing to the Claremont Planning Board at 14 North Street, Claremont NH 03743, or by email to cityplanner@claremontnh.com.

Richard Wahrlich, Chair



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Mollie Ducharme





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# VP/Sr. VP Retail Branch Operations – Springfield, VT

One Credit Union is currently seeking a <u>Full-Time VP/Sr. VP Retail Branch Operations</u> to join our team in Springfield, VT. This position directs all retail aspects for the branch network, contact center, and facilities to ensure effective and efficient operations.

#### The **IDEAL CANDIDATE** will:

- Required to provide unparalleled member service internally and externally.
- Participate in the Credit Union's long and short-term strategic planning as it relates to Retail and Facilities.
- Hire and oversee branch managers, contact center manager and facilities manager.
- Provide mentoring and coaching to support and develop all managers under supervision.
- Develop and oversee retail performance standards for all branches and contact center.
- Assist managers in resolving complex member issues and complaints.
- Communicate goals and direction with branch managers to ensure clear understanding of rules regulations, requirements, and expectations.
- Evaluate the job performance of direct reports to ensure quality work and satisfactory development and training for their direct reports.
- Recommend salary adjustments and promotions as merited.
- Monitor key products, services, and sales within each branch to ensure profitable and sound business practices.
- Create, promote, and maintain a cross-selling environment within the branch system.
- Monitor deposit and loan levels, cost of funds, and OCU's dividend and loan rate competitiveness. Makes dividend and loan rate recommendations that align with the Credit Union's strategic initiatives.
- Monitor and act on both deposit and loan decisions that require Sr. level authority.
- Keep abreast of changes in the industry. React to changes in a way that maintains competitiveness.
- Ensuring the branches are active participants in the community.
- Assist in any renovations or new construction including working with SMT on design and budgeting.
- Ensure direct reports follow all applicable federal and state regulations, as well as credit union policies and procedures.
- Responsible for recommending retail budgets and operating within approved budget.

#### **Requirements/Benefits:**

- Bachelor's degree in finance or a related field, or an equivalent combination of formal training and experience.
- Wages commensurate with experience and skillsets
- Benefits offered: Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (11), Paid Time Off (PTO)

Email cover letter, resume and references to

jobs@onecu.org

Equal Opportunity Employer www.onecu.org



# MSR/Sr. MSR: Full Time - Claremont, NH

<u>One Credit Union</u> is currently seeking an experienced <u>Full-Time MSR /Sr. MSR</u> (Member Service Representative) to join our Claremont, NH Team. The MSR/Sr. MSR will be the primary new account person for our members while also assisting the teller line as needed. As a sales coach, the MSR/Sr. MSR will help their teammates make quality referrals and demonstrate how listening to member cues and clues can result in opportunities.

#### **The Ideal Candidate will have:**

- 2-3 years of experience in a sales environment with a solid track record (including cross selling).
- 2-3 years of banking or financial services experience.
- 1+ year(s) experience in cash handling position that involved customer service.
- Great interpersonal and communication (written and oral) skills.
- Ability to work branch hours.
- Strong TEAM player.
- Demonstrated organizational skills while managing multiple tasks.
- Well organized individual with time management and prioritization skills.
- Will be responsible for meeting individual sales and service goals.
- Processes consumer loan applications which may include application input, understanding credit, income and evaluation analysis, product and regulatory knowledge as well as loan closing.
- Advises members on how our products and services can meet their financial needs.

#### Requirements/Benefits:

- High School Diploma or equivalent. Associates or B.S. in Business or related field desired.
- Wages commensurate with experience and skillsets.
- Benefits offered: Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (11), Paid Time Off (PTO).

Email cover letter, resume and references to

jobs@onecu.org

Equal Opportunity Employer www.onecu.org



# Legal Burn

### Police Chiefs Talk Smack, Snack Hot

NEWPORT, NH—Claremont police chief Mark Chase and Newport police chief Brent Wilmot are mouthing off to each other. As they always do.

Every autumn Chase and Wilmot join forces with other local police departments to raise funds for the Child Advocacy Center of Grafton and Sullivan Counties at Dartmouth Medical Centers. The two friendly rivals up the ante by challenging each other to endurance contests. The last time they met, it was to eat a capsaicin-laden chili pepper chip rated near the



Chief Mark Chase (Courtesy, CPD)

top of the Scoville scale. Who could last longer? Turns out it was a draw. "We're going to settle this once and for all," declared Chase last week dur-

ing a Steve Smith show at radio station WCNL in Newport. "This was supposed to happen last fall, but of course Brent chickened out. We postponed until this week. No way he's going to win."

On Friday morning, both men negotiated the snowy roads to WCNL for an 8:15 broadcast. A fired-up Chase said coldly, "Brent doesn't look happy. He's wearing his cranky pants." Wilmot retorted, sullenly, "Let's get started."

Chase had brought in the weapon, a liquid extract of reaper, scorpion and ghost peppers "at about 3 million Scoville units." He put one drop on each of two Pirate's Booty Snack Puffs. The men chewed and swallowed. Then took another helping after 90 seconds — and another 90 seconds after that.

Chase began to sweat profusely. "Is it raining on your head, Mark?" taunted Smith. Chase managed to reply, "Immediately miserable ... back of my throat." Smith pointed out that Wilmot's face had changed to an alarming color. "Worse than last year," croaked Wilmot, "can't feel ... my body has reached homeostasis."

Chase brought out his secret weapon, a jar of pungent relish. "It doesn't taste good, but it's doing its job." Wilmot was aghast: "I didn't agree to relish." "There he goes, bringing in his Brent rules," answered Chase.

Wilmot didn't taste the relish. That made Chase the hot sauce winner. But he didn't savor his triumph for long. Like a well-seasoned vaudeville team, they couldn't stop spouting off ideas for the next challenge. "How about holding a filled beer stein at arm's length, Brent, see who gives up first." "Well, Chase can't swim, so we can't go that route." And on they went, only agreeing on one thing: "Not pepper spray ..."

-Eric Zengota

## **School District Candidates**

CLAREMONT, NH—The Claremont School District announced the following candidates for the upcoming school district election:

School Board Clerk: Mary Woodman Moderator: Tracy Pope Treasurer: Jane Hunter

School Board: Penny Gallow, Bonnie Miles, Nicholas Stone Also running as a school board **write-in** candidate is Whitney Skillen.

# Leahy, Denault, Connair & Hodgman, LLP Attorneys at Law

Got news or photos? Send to

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Family Law

- Probate

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- Wills & Trusts

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> call 1-888-300-8853 or visit careers.vnhcare.org



# **Business News**

# Library Arts Center's CSA "Art Shares" Swap Out Agriculture for Artwork

The Library Arts Center in Newport, NH, is hosting its second annual CSA. In the spirit of a traditional CSA (Community Supported Agriculture), the Library Arts Center is swapping out agriculture for artwork for an innovative CSA (Community Supported Arts) program. The program supports local and regional artists while providing recipients of "Art Shares" with 4×4 pieces of original, signed, and uniformly mounted artwork mailed to them once a month for six months (through June 2022). There are a limited number of shares still available for purchase. The cost for each share is \$85 and includes the art, as

well as shipping of all six art pieces over the first half of the year.

CSA shares are a wonderful way to collect local and regional art in an incredibly affordable way. They also make fantastic gifts. The Library Arts Center includes gift enclosure notes for purchasers who request this for gifted shares, and is able to coordinate shipping to arrange arrival of the first piece by Valentine's Day for those who wish to give CSA shares as Valentine's gifts.

Artists included in this year's CSA series are: Debra Claffey of New Boston, NH with pieces created with monotype printmaking and encaustic; Paula Dorr of Grantham, NH who used pastel, and mixed media; Gwen Fuller of Grantham, NH with watercolor paintings; Paul Howe of Goshen, NH with photography; Heidi Lorenz of Goshen, NH with Watercolor; Elisabeth Malloy of Cor-

nish Flat, NH with Oil and acrylic paintings; Robert K. Carsten, of Springfield, VT with acrylic + mixed media paintings: Mary Gerakaris of Canaan, NH with photography; Amber Paris of Putney, VT with mixed fiber media pieces; Chris Rollins of Plainfield, NH with watercolor, pastel paintings; Chris Scott of Newport, NH with mixed media collage: and Pam Smith of Enfield, NH with artwork created by layering linocut printmaking, mixed media and watercolor.

The Library Arts

Center is a community arts center, gallery and studio located in the heart of downtown Newport. For full details on the series, and online registration, please visit libraryartscenter.org/csa.

# Mt. Ascutney Hospital Convenes on Community Health Needs Assessment Survey

WINDSOR, VT – The Mt. Ascutney Hospital and Health Center (MAHHC) community was to come together virtually on February 3, to share the results of the hospital's 2021 Community Health Needs Assessment survey. This was an opportunity to build awareness for the work being done and to recruit and engage new community partners.

The assessment, completed in partnership with Dartmouth-Hitchcock, Alice Peck Day Memorial Hospital, Valley Regional Healthcare, New London Hospital, Lake Sunapee Region VNA & Hospice, Visiting Nurse and Hospice for VT and NH, and the New Hampshire Community Health Institute, examined health-related issues and concerns impacting the well-being of MAHHC area residents in 13 towns and villages.

Additionally, the assessment focused on vulnerable and disproportionately served populations in the region, including populations that experience limited access to health-related services or resources due to income, age, disability, social or physical isolation, and the significant impact of the COVID-19 pandemic.

The top priorities highlighted by the assessment are the availability of mental health services, affordability of healthcare services and insurance, alcohol/drug use prevention, treatment and recovery, addressing socioeconomic conditions that affect well-being and the affordability/accessibility of dental care.

"We intend to build on our strong community health network working with more than 99 community partner agencies," said Jill Lord, RN, MS, director of Community Health at MAHHC. "Our area is served by committed and talented experts that support and contribute to this critical work."



Art Exhibit: Selections 2022 February 18-March 30, 2022

**Gallery Hours:** 

Tues.-Fri. 11:00 am - 4:00 pm Sat. 10:00 am - 2:00 pm Library Arts Center Gallery 58 N. Main St. Newport, NH 03773

Price: Free

SELECTIONS EXHIBIT 2022 Winners of the Juried Regional On Exhibit: Feb. 18 - Mar. 30

The Library Arts Center is pleased to kick off our first show of 2022, featuring the work of seven artists selected by jurors from the Juried Regional Exhibit to exhibit a larger body of works in the gallery in this annual favorite group show. Featured artists: Rebecca Fullerton, Betsy Holmes, Aaron Kane, Susanne Larkham, Gillian Martlew, Mary Jane Morse and Alan Shulman. \*\*Note: Due to the ongoing pandemic, there will be no scheduled opening reception for this exhibition.





# PUBLIC NOTICE For a meeting of the Conservation Commission

To be held on
Thursday, February 17th, 2022 6:00 PM
Council Chambers, City Hall
Claremont NH



# Don't Fumble Food Safety on Super Bowl Sunday

WASHINGTON, DC— On February 13, millions of Americans will come together to watch Super Bowl LVI and feast on hot and cold snacks throughout the four-hour event. This uniquely American tradition scores big on entertainment, but it is also rife with opportunity for foodborne illness.

"As families and friends safely gather to watch the big game, keep food safety in mind. No matter who you're rooting for, foodborne illness is a dangerous opponent we face during the game," said Agriculture Secretary Tom Vilsack. "Millions

of people get sick from food poisoning each year. Following guidance on keeping food at safe temperatures, proper handwashing and avoiding cross-contamination will protect you and your party quests."

Unlike other food holidays when meals are often consumed within an hour, Super Bowl fans often snack on food throughout the game. Perishable foods. such as chicken wings, deli wraps and meatball appetizers, as well as cut fruit and vegetable platters, can only be left out for two hours before they become at risk of bacteria multiplying to dangerous levels. USDA recommends you put out small amounts of food and replenish it frequently.

Here are some food safety tips for Super Bowl Sunday:

Separate: Use separate cutting boards, plates and utensils to avoid cross-contamination between raw meat or poultry and foods that are ready-to-eat.

Cook: Confirm foods are cooked to a safe internal temperature by using a food thermometer.

Chill: Chill foods promptly if not consuming immediately after cooking. Don't leave food at room temperature for longer than two hours.

Perishable foods, such as chicken wings, deli wraps and meatball appetizers, should be discarded if left out for longer than two hours. To prevent food waste, refrigerate or freeze perishable items within two hours.

Keep cold foods at a temperature of 40 F or below by keeping food nestled in ice or refrigerated until ready to serve.

Keep hot foods at a temperature of 140 F or above by placing food in a preheated oven, warming trays, chafing dishes or slow cookers.

If you order food and it's delivered or picked up in advance of the big game, divide the food into smaller portions or pieces, place in shallow containers and refrigerate until ready to reheat and serve. You can also keep the food warm (above 140 F) in a preheated oven, warming tray, chafing dish or slow cooker.

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# Elect Nicholas Stone For School Board





### About Me

- Lifelong Claremont Resident
- Stevens High School Graduate 2018
- Plymouth State University Graduate 2021 BS Business Administration, Magna Cum Laude
- Current School Board Member
- General Manager of a Local Business

### **Moving Forward**

There is no doubt that we can do better as a community to help provide the youth of Claremont with a much higher quality level of education. Having recently graduated allows me to have a fresh perspective on what is going on inside our schools. There is a long way to go, but I would like the opportunity to help build upon some of the success that we have had in the last few months. I have a very fresh outlook on what goes on in the school from a student perspective. Being as young as I am, I believe that I can help give new and more diverse ideas on the issues that are going on in our schools. I feel we as a community owe it to our children to help give them the best quality of education so they can have more knowledge and a stronger education when they go out into the world.

Questions? Comments? Please feel free to reach out to me on my personal email <u>Nicholasstone843@gmail.com</u>

Paid for by Nicholas Stone



Photo by Phyllis A. Muzeroll

### What Should You Do With a Tax Refund?

Are you expecting a tax refund this year? If so, what will you do with it?

Of course, the answer largely depends on the size of your refund. For the 2020 tax year, the average refund was about \$2,800, according to the Internal Revenue Service. But whether your refund this year will be about that size, smaller or larger, you can find ways to benefit from the money.

Here are some possibilities:

- **Contribute to your IRA.** You've got until April 18 to fully fund your IRA for the 2021 tax year. But if you've already reached the maximum for 2021, you could use some, or all, of your refund for your 2022 contribution. Assuming you did get around \$2,800, you'd be almost halfway to the \$6,000 annual contribution limit. (If you're 50 or older, you can contribute up to \$7,000.)
- **Invest in a 529 plan.** If you have children or grandchildren, you might want to invest your refund in a 529 education savings plan. A 529 plan's earnings can grow federal income-tax free, and withdrawals are federal income-tax free provided the money is used for qualified education expenses. If you invest in your own state's plan, you might get a tax deduction or credit. A 529 plan can be used to pay for college, vocational training and even some K-12 expenses in some states. Plus, if you name one child as a beneficiary, and that child's educational journey does not require the funds from a 529 plan, you may change the beneficiary to another eligible family member of the original beneficiary.
- Add to the "cash" part of your portfolio. It's generally a smart move to keep at least a portion of your overall investment portfolio in cash or cash equivalents, because the presence of cash can help you in two ways. First, since its value won't change, it can help cushion, at least to a degree, the effects of market volatility on your portfolio. And second, by having cash available, you'll be ready to take advantage of attractive investment opportunities when they arise.
- **Boost your emergency fund.** You could use your tax refund to start or supplement an emergency fund. Ideally, this fund should contain three to six months' worth of living expenses, with the money kept in a liquid, low-risk account. (If you're already retired, you might need this fund to cover a full year's worth of expenses.) Without such a fund, you might be forced to dip into long-term investments to pay for costly housing or auto repairs or large medical bills.
- **Reduce your debt load.** It's not always easy to minimize your debt load, even if you're careful about your spending habits. But the lower your debt payments, the more money you'll have available to invest for your future. So, you may want to consider using some of your tax refund to pay off some debts, or at least reduce them, starting with those that carry the highest interest rates.
- **Donate to charity.** You could use part of your refund to donate to a charitable organization whose work you support. And if you itemize on your tax return, part of your gift may be deductible.

A tax refund is always nice to receive – and it's even better when you put the money to good use.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



# Windsor County Mentors Is Now Providing Services in Sullivan County

WINDSOR, VT—Windsor County Mentors (WCM) has announced that it will immediately begin offering mentoring programs in Sullivan County, NH.

Local community groups from Sullivan County reached out at the end of 2021 to encourage WCM to consider offering its services in New Hampshire as there are currently very limited options for children to benefit from mentoring in Sullivan County. WCM has accepted that challenge.

WCM will be offering both community- and school-based mentoring options in Sullivan County. In both programs, after mentors complete a comprehensive background check and several hours of initial training, they are matched with a local child. In WCM's community program mentors and mentees meet for two hours a week out in the community and engage in whatever activities they find fun or useful – from learning a new skill to just playing games. In the school program, mentors and mentees meet for an hour a week at the child's school during the school day.

The benefits of mentoring are many, said WCM's executive director Matthew Garcia. Strong social science research has shown that youth with mentors have:

Increased high school graduation rates Higher college enrollment rates and higher educational aspirations

Enhanced self-esteem and self-confidence Improved behavior, both at home and at school

Stronger relationships with parents, teachers, and peers

Decreased likelihood of initiating drug and alcohol use

Any parent, teacher, or community member can refer a child to WCM for a mentor. Any adult over 18 can apply to become a mentor. WCM can be contacted at info@wcmentors.org.

About Windsor County Mentors: Windsor County Mentors was founded in 1974 and has been creating and supporting mentoring relationships between caring adults and youth ever since. WCM has traditionally served all 24 towns in Windsor County, Vermont, the state's largest county.

# Winners of CFA Teen Writers Project Competition Announced

The Center for the Arts is pleased to announce the winners of the 2nd Annual Teen Writers Project Competition. This competition was open to local students between the ages of 12-18 in the categories of non-fiction, fiction and poetry.

The winners in the fiction category are: Marley Bell, senior at Sunapee HS – *The More You Win, The More You Lose* 

Bret Salvitti, senior at Sunapee HS – *The Sanstowe Project* 

McHale Cahill, senior at Sunapee HS - Where the Track Split

All of the winners above are students at Sunapee High School; thank you to Thomas Coverdale for his guidance.

Runner Up: Luna Landers, New London, freshman at KRHS – *My Biggest Lie* (with thanks to Jeff Maguire, KRMS Writing Club)

The winner in the non-fiction category is: Katarina Nowicki, Wilmot, senior at KRHS – *If Batman Can Do It Then So Can I* (with thanks to Lisa Cicoria) The winners in poetry are:

Lilah Bartholomew, Warner, freshman at KRHS – *A Rant* (with thanks to Jeff Maguire) Carly Solomon, Wilmot, sophomore at Proctor Academy – *A Lie* 

Maddox Cahill, senior at Sunapee High School – *Narrow Eyes Constrict the Heart* (with thanks to Thomas Coverdale)

The entries were judged by local author and award-winning writer, Megan Baxter, who teaches creative writing at Colby Sawyer College. "This year's winners reflect a deep sense of experimentation and creativity with the written word. From fast-paced genre stories to inspiring creative nonfiction and beautifully introspective poems, the work here is truly extraordinary," said Baxter. "Overall, I think the submissions offered a window into the life of young people living and creating during these challenging times, supported by a powerful network of family, friends, and educators. I want to congratulate everyone who submitted work to the Second Annual Teen Writing Competition because every entry was a joy to read. I hope that all the writers will continue reading, writing, and learning, and look forward to seeing their work grow with time."

Every teen who submitted their work is eligible to attend a Zoom writing workshop, led by Baxter, on three consecutive Saturdays in February. The winning authors and their submissions will be posted on the CFA website.



L to R: Katarina Nowicki, Carly Solomon, Author and Contest Judge Megan Baxter, Bret Salvitti, Lilah Bartholomew, Marley Bell. Missing from photo: Luna Landers, McHale Cahill, Maddox Cahill (Courtesy photo).

# Sports/Recreation

# **Lebanon-Stevens-Mount Royal Boys Ice Hockey**

12/15/21	at	John Stark-Hopkinton- Hillsboro-Deering	W	3	-	2
12/30/21		Berlin-Gorham	L	1	-	4
01/06/22	at	Mon-Fall Mountain	W	5	-	0
01/08/22		Belmont-Gilford	W	5	-	2
01/10/22		John Stark-Hopkinton- Hillsboro-Deering	W	4	-	2
01/12/22		Hollis Brookline- Derryfield	W	7	*	3
01/22/22	at	Laconia-Winnisquam- Inter-Lakes	W	4	-	1
01/30/22	at	Berlin-Gorham	L	0	-	3
02/02/22		Mon-Fall Mountain	W	7	-	1
02/09/22	at	Kearsarge-Plymouth			TE	3A
02/10/22	at	Kennett	05	:10	) P	M
02/12/22		Pembroke-Campbell	07	:30	) F	M
02/16/22		Kearsarge-Plymouth	07	:10	) F	M
02/18/22		Sanborn-Epping	90	:30	) P	M
02/19/22	at	Hollis Brookline- Derryfield	04	:20	) F	M
02/23/22		ConVal-Conant	07	:30	) F	M
02/26/22	at	Pembroke-Campbell	07	:30	) F	M

# <u>Lebanon-Stevens-</u> <u>Kearsarge Girls Ice Hockey</u>

02/23/22		Souhegan	05	5:30	P	M
02/19/22		Oyster River- Portsmouth	07	7:30	) P	M
02/18/22		Bedford	06	3:20	P	M
02/16/22		Exeter	05	5:10	P	M
02/14/22		Berlin-Gorham-Kennett	04	1:40	P	M
02/11/22	at	Man. Central-Memorial	04	1:20	P	M
02/09/22	at	Kingswood	07	7:30	P	M
02/07/22	at	Berlin-Gorham-Kennett	04	1:00	P	M
02/05/22		Keene-Mon-Fall Mountain	W	2	+	1
02/01/22		Concord	L	0	-	8
01/26/22	at	Hanover	L	0	-	5
01/24/22	at	Bishop Guertin	03	3:30	P	M
01/21/22		Hanover	L	0		5
01/08/22	at	ConVal-Conant	W	9	*	0
12/29/21		Bishop Brady-Trinity	W	4	-	1
12/21/21	at	St. Thomas-WNC-DOV	W	4	*	1

### **SHS Girls Basketball**

12/10/21		Inter-Lakes	W	64	-	7
12/14/21		Fall Mountain	L	35	-	47
12/20/21	at	Winnisquam	W	47	-	14
01/03/22	at	Belmont	W	73	-	35
01/05/22		Gilford	W	64		38
01/10/22	at	Hopkinton	W	42	-	35
01/12/22		Campbell	W	61	-	24
01/19/22		Kearsarge	W	48	-	40
01/25/22		Conant	L	30	-	59
01/26/22	at	Mascenic	W	60	-	31
01/28/22	at	Newport	W	44	_	26
02/03/22		Newport	W	48	-	23
02/05/22	at	Kearsarge	W	51		42
02/07/22	at	Newfound		06:	00	PM
02/08/22		Hillsboro-Deering		07:	00	PM
02/11/22	at	Monadnock		06:	00	PM

## **SHS Boys Basketball**

12/14/21		Fall Mountain	W	58	-	25
12/17/21	at	Gilford	L	36	-	63
12/20/21		Winnisquam	W	45	-	39
01/03/22		Belmont	W	41	-	32
01/05/22	at	Hillsboro-Deering	W	57	-	29
01/10/22		Hopkinton	L	36	-	47
01/11/22		Mascenic	W	40	+	26
01/14/22	at	Campbell	W	48	-	47
01/18/22	at	Kearsarge	L	20	-	71
01/21/22	at	Newport	W	76		33
01/25/22	at	Conant	L	35	-	46
02/07/22		Newfound		07:	00	PM
02/08/22	at	Fall Mountain		06:	30	PM
02/09/22	at	Inter-Lakes		06:	00	PM
02/10/22		Newport		05:	30	PM
02/11/22		Monadnock		07:	00	PM

The **Stevens Bowling** team got back on track Saturday morning as they clinched the top seed and then proceeded to defeat Coe Brown and Merrimack for the win. The JV team also placed first on Saturday.



# Pigskin 5K Set for Feb. 13

CLAREMONT, NH—Kick off your Super Bowl Sunday by joining Claremont Parks and Rec for a 5K run/walk before the game. Kids Fun Run 10:30 AM. Free to All.

The Pigskin 5K is a recreational 5K run/walk. Race course highlights downtown Claremont, NH.

Check-in/registration on race day from 8:00 am - 10:45 am.

Check-in and race Start is located at the CSBCC - 152 South St. Claremont NH.

Race begins at 11:00 am.

All ages and abilities welcome.

Friendly dogs on leashes and strollers are welcome as well! (please start in the back)

Proceeds to benefit Claremont Parks and Recreation.

Wear your favorite team jersey; prizes for the best football gear worn.

Register today at: <a href="https://pinnaclestrive.com/">https://pinnaclestrive.com/</a> index.php?n=crown point pigskin 5k road-race 2022&fbclid=lwAR19 spCaPwJW-GO92YLkMTXKnxodUAE0fKtTjtlkrwXBx-G3JM7kQ5oPymxM.





# **Fast and Furious**

### Adult Basketball Games Played in High Gear

CLAREMONT, NH—Two 20-minute periods really zip by when the players in the Claremont Parks and Recreation Department's Adult Basketball League take to the court.

This season there are 65 players on seven teams: Clamtucky Misfits, Top Stitch, Aces, One Last Life, The Below Average Joes, Twin State Blizzard, and The Oakley 12. Each team is a well-oiled machine. You'll be convinced when you see them dribble and pass behind their backs, lunge after a loose ball, leap to snag a rebound, and storm the length of the court finishing with a net-swishing layup.

Regular season games are scheduled through February 23. There's a double elimination tournament at the end of the season followed by a championship game.

Spectators are welcome at the CSBCC gym; there is no charge to attend. Find the full league schedule at <a href="https://www.leaguelineup.com/welcome.asp?">www.leaguelineup.com/welcome.asp?</a> url=claremontsports



Text and Photos by Eric Zengota

# 2022 New Hampshire Moose Hunt Lottery Now Open

CONCORD, NH – New Hampshire's 2022 moose hunt lottery is now open. The lottery entrance fee is \$15 for Granite State residents and \$25 for nonresidents.

Visit www.huntnh.com/hunting/moose.html where you can enter the New Hampshire moose hunt lottery online or print out a mail-in application. You can also pick up an application at any Fish and Game license agent, New Hampshire Fish and Game Department headquarters, or at Fish and Game regional offices.

Moose hunt lottery applications for 2022 must be postmarked or submitted online by midnight Eastern Standard Time on Friday, May 27, 2022. Applications can also be delivered to the Licensing Office at New Hampshire Fish and Game Department headquarters, 11 Hazen Drive, Concord, NH, before 4:00 p.m. that day. Winners will be selected through a computerized random drawing on June 17.

Applicants can enter the moose hunt lottery once per year. A bonus-point system improves the chances for unsuccessful applicants who apply in each consecutive year. The point is earned for each year, and each point translates to a chance in the drawing. As an example, last year the overall odds of a resident applicant being drawn were 1 in 98, and resident applicants with a total of 18 points had a 1 in 35 chance of being drawn. For nonresidents, the odds were 1 in 480 overall and 1 in 192 for applicants with 18 points.

While people travel from all over the country to take part in the New Hampshire moose hunt, the majority of permits, almost 85%, are awarded to Granite Staters. The number of permits available to nonresidents is capped, based on the prior year's sales of nonresident hunting licenses.

The number of moose hunt permits that will be offered for this fall's hunt has not yet been determined as harvest and survey data are currently under review. Final numbers will be released later this spring.

# Inspiration

### The Goal

#### By Priscilla Hull

This being February and as Hallmark wishes us to believe the month of love and as history wishes us to recognize Black American History month, I thought I'd cover both bases, but with different essays! Remember those English classes in high school or college when you were assigned a topic? Sometimes they seem impossible. Sometimes they were so simple. Always they were as much an exercise for the brain as much as for grammar. Well, sometimes these essays are difficult and sometimes not so much. I'm thinking you can tell the difference.

For Black American History month, there are so many great people to highlight that I could write all night and I'd barely scratch the surface. From Sojourner Truth to Frederick Douglass to Malcolm X to Rosa Parks to Sidney Poitier, there are so many to choose from; where would you begin? Of course, there are sports figures who have contributed to the colorful and important history of our country. We just heard the news about a black battalion of women in World War Two who sorted a huge backlog of mail to US troops overseas. The 6888th Battalion was assigned this momentous job of getting mail, some as old as two years, to the men.



The person I really want to focus on today is one of my favorite actor/entertainers. Growing up in the Bahamas, Sidney Poitier didn't have the greatest educational experiences but had a great desire, a calling, to be an actor and take a message to others. He may not have known what that message was at the time, but it came through clearly in some of his movies including my favorite, *Lilies of the Field*.

In that movie he played the part of an itinerant builder who was called to build a chapel for a small group of Catholic nuns from Germany. They spoke little English. He spoke no German. What comes through clearly is that it doesn't matter what your color is or what your language is, but when you focus on a goal together with passion and love, the task can be done.

Later in life Sidney Poitier said, "I never had an occasion to question color, therefore, I only saw myself as what I was . . . a human being."

So often we lose awareness of what we are. Too often we get caught up in differences and make the differences we feel the focus of the task. Too often we question not our life goals and how to attain them, but what might impede us from attaining them.

The men and women years ago and more recently did not let the hazards they encountered as they fought for freedom to deter them from their goals. Would Harriet Tubman have been so successful in her work if she had considered the terrible things that could have happened to her? I doubt she would have even started if she had. Instead she focused on the goal and was successful!

In your meditations, in your everyday life, honor the men and women of the past and of today who have kept their eyes on the goal. They have and are moving on and so should we.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

# Calendar Of Events

Drop-in Open Studio Art Group Wednesday Mornings (ongoing) 9:30 am - 12:30 pm Library Arts Center Studio (lower level) 58 N. Main St. Newport, NH 03773

Price: \$8 for LAC Members / \$12 non-members

Join this group of artists in the Arts Center's weekly drop-in Open Studio! This program has been running consistently for over 10 years in the studio, and facilitator Heidi Lorenz has cul-

tivated a warm and welcoming community of artists of all styles and abilities, where sharing is encouraged, and the coffee is always on. Bring your own art supplies and work on your current projects alongside a delightful and supportive group of artists. Facilitator Heidi Lorenz will paint alongside all, but is available for light guidance and instruction, if desired. Drop-ins are always welcome.



GIVEAWAYS | INFORMATION | HIRING MANAGERS ONSITE

\*\*Please note that class is occasionally canceled due to inclement weather or other circumstances. Check libraryartscenter.org for any status updates before attending the group for the first time.

### Rebecca Rule to present for Tapestry Tuesdays, Feb. 15th – 5:30 pm at the New London Inn, New London, NH

Join The Center for the Arts and author/ speaker Rebecca Rule for the evening, as she speaks to us of community, in her NH Humanities Council talk "That Reminds Me of a Story." Stories speak to us of community. They hold our history and reflect our identity. Rule has made it her mission over the last 20 years to collect stories of New Hampshire, especially those that reflect what's special about this rocky old place. She'll tell some of those stories – her favorites are the funny ones - and invite audience members to contribute a few stories of their own.

Rebecca Rule gathers and tells stories of New England, mostly New Hampshire. She is the author of a dozen books. Her latest is That Reminds Me of a Funny Story. Her other titles include Headin' for the Rhubarb: a NH Dictionary (well kinda) and Moved and Seconded: Town Meeting in New Hampshire, as well as the children's books, The Iciest Diciest Scariest Sled Ride Ever and N is for NH. For ten years she hosted "The New Hampshire Authors Series" on NHPBS. She currently hosts "Our Hometown" also on NHPBS.

The Center for the Arts, Lake Sunapee Region Tapestry Tuesdays is in its inaugural year and February is the second offering. On the third Tuesday of every month, they will share a variety of events ranging from lectures to poetry readings, to workshops under the title Tapestry Tuesdays. The events will be held at

the New London Inn from January through October and the Inn will be providing a special menu for purchase. Most Tapestry Tuesdays are free events; please check the website to be sure.

Please note due to Covid-19 masks are required.

Please check our website for updated information: <a href="https://www.centerfortheart-snh.org">www.centerfortheart-snh.org</a>

For questions or further information please contact – <u>info@cfanh.org</u>.

# Croydon Ladies Auxiliary Bingo

Croydon Ladies Auxiliary Bingo is back Every Thursday, doors open at 4:00 pm and games starts at 6:00 pm.

Check out our new hall at 183 Plains Road in Claremont, NH.

Lots of pull tickets for chances to win more money. 50/50 raffle and lots more.

Sandwiches and snacks available and drinks. Questions: call Sandy at 603-543-7118. Open to those 18 and older.

Big Money Bingo

Every Sunday, Doors open at 11:00 and games start at 1:00pm.

Check out our new hall at 183 Plains Road, Claremont, NH.

Pay out depends on the number of people who show up. Lots of pull tickets for chance to win more money.

Lots of raffles including a big raffle of cash and scratch tickets.

Sandwiches and snacks available and drinks. Questions: call Sandy at 603-543-7118. Open to those 18 and older.

#### **THROUGH FEBRUARY 14**

Mini Exhibit: Patterns and Molds At the American Precision Museum, Windsor, VT

196 Main St, Windsor, VT

Come check out our mini exhibit on patterns through February 14.

Our museum is full of beautiful and innovative machines, but how were the machines themselves made?

djtreework51@yahoo.com

from wooden patterns created by patternmakers.

Open every weekday, weekends by ap-

Open every weekday, weekends by appointment only.

This special exhibit will be in the heated section of the museum. Please note: the main museum will be open, but it is not heated, so bring your coat and mittens!

Call 802-674-5781 for more information.

Many of the parts were made from cast iron,

"Bear Hunt" Community-Wide Scavenger Hunt at the Winter Carnival Saturday & Sunday, February 12-13, 2022

7:00 am - 7:00 pm

Downtown Newport, NH

Main Street

Price: Free

The Library Arts Center presents a Community-Wide Scavenger Hunt--a "Bear Hunt"--during the Newport Winter Carnival, All Day Saturday + Sunday, February 12th & 13th around downtown Newport.

Deliver care and assistance to people where they are most comfortable – at home.



Help at Home employees have access to comprehensive onboarding, contiuing education and dementia training, and competitve pay - \$17/hr starting.

As a home caregiver, you'll work one-on-one with patients. Develop lasting relationships and work in the community you live in. If you're seeking a more fulfilling career, you'll find what you're looking for in our home health care jobs in Vermont and New Hampshire.

We are currently looking for:

Personal Care Assistants
Personal Care Specialists

We offer paid time off, as well as competitive pay. Have questions about a position at VNH? call 1-888-300-8853 or visit

careers.vnhcare.org



83 Mummery Rd

E Goshen, NH 03752

We're going on a Bear Hunt! Follow the clues to find all the bears hiding around downtown Newport. Prizes! Grand Prize is \$100 cash! Clues will be found closer to the event online at libraryartscenter.org.

# **Lake Sunapee VNA Offers Three Grief Support Groups**

NEW LONDON, NH - Lake Sunapee VNA offers three virtual grief support groups for the community. The "Newly Bereaved Widows Group" is for women who have experienced the loss of their husband within the last year and is held on the second and fourth Thursday of every month from 10:00-11:00am. The "Widow to Widow Group" is for women in all stages of grief and meets on the first Monday of every month from 3:30-5:00pm. Newly bereaved widows are welcome at this group as well, especially if they are feeling the need for more frequent support. In addition, a "Bereavement Check-in" group is available for men and women experiencing a loss of any kind on the third Wednesday of every month from 4:00-5:00pm.

All of these groups provide an opportunity for participants to come together in a safe place of compassion and confidentiality. Attend once, multiple times or as needed.

If interested, email your contact information to Elizabeth Gantner at egantner@lake-sunapeevna.org and a member of the Lake Sunapee VNA bereavement team will call you with further details.

# Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo is offering a weekly opportunity for some entertainment and socializing while helping us to raise funds for our many Veterans programs. Wednesday nights at 5:00 p.m. for early birds and 6:30 p.m. for regular fun and games. Currently, we play 12 regular and two 2 part games, as well as a 50/50 game, Winner—take-all game, Carry Over Coverall game and a Jackpot game. The Governor's emergency order concerning COVID has expired.

It is now time to take the lessons we have learned over the past year plus and act accordingly. If you're sick – stay home. Cover your nose / mouth when you cough, wash

and / or sanitize your hands frequently, and we'll all be healthier. The attendance limitation has also ended. In keeping with the state CDC recommendations, if you have a compromised immune system you may still wear a mask for your own protection. We still have masks and hand sanitizer for anyone that may desire either product.

The Charlestown VFW Post is located at 365 Lover's Lane Rd, Charlestown, NH.

Updates to our schedule and the weekly carry over coverall game can be found on our Facebook page.

# Claremont Senior Center News

If we wish to continue to stay open, masks or shots MUST be required. Lunches will continue as drive-thru for now. We have many activities. There are sign-up sheets at the reception desk and the calendar in the lobby. Activities can be done anytime, including pool, knitting, hand and foot, mahjong, corn hole, and quilting. Socializing is always an option. We are open every Monday thru Friday from 9 am to 3 pm. We are also open Tuesday and Thursday evenings from 6pm to 9 pm. As many of us do not like having to drive in the dark, a new game afternoon has started on Tuesdays and Thursdays from 1 pm to 3 pm.

Miracle Ear, Blood Drive and VNA Foot Clinic will continue as scheduled

We will be holding our February Membership Meeting on Tuesday, February 8th, at 12:45 pm. Any member is invited to attend.

We are still holding our drive-thru meals on Tuesdays and Thursdays. Tuesday, Feb 8th – Breakfast for lunch. Fruit, breakfast meat, french toast, hash brown casserole, breakfast bread. Thursday, Feb 10th – Jambalaya, dessert. Must call 603-543-5998 by 10:30 to reserve your meal. Price is \$4 for members and \$5 for non-members. Drive-thru pickup is from 11:45 am to 12:15 pm. Meals are always subject to change.

Ham Supper – We will be holding an old fashioned Ham Dinner on Saturday, February 19th (snow date February 20th). Baked ham with raisin sauce, baked beans, cole slaw, roll and dessert for only \$10. Call 603-543-5998 by 4:00 pm to reserve your meal. Drive-thru pick up is from 4:30 until 6:00 pm.

Foot Clinic - Our foot clinics for February will be held on February 9, 16 and 23. You MUST

call 603-748-1731 to make an appointment with them. The fee is \$25.

AARP will be doing taxes at the center on Fridays beginning February 4th thru April 8th. MUST call 802-345-5415 to make an appointment. DO NOT CALL THE SENIOR CENTER FOR APPOINTMENTS.

Blood Drive – There will be another Red Cross Blood Drive at the center on February 14th. You must make an appointment at 800-RED-CROSS. During our last blood drive we collected 32 units (76 lives saved). Thanks you to all who can and do donate.

A Penny Sale is planned for May 15th. We are looking for volunteers to help out before, during and after the Penny Sale. There are many opportunities to help. We are looking for only new items to be donated.

We are still searching for a Kitchen Manager. If anyone is interested in this volunteer, no pay job, please come and talk to us.

Have you seen our 1st Annual Claremont Senior Center Car Show Calendar for 2022? We have a few left. It features winners of this year's 2021 car show with each month featuring a picture of a different class winning vehicle. Only \$12 when picked up at the center, add \$6 shipping and handling for each calendar if we mail to you. We also still have some Car Show T-shirts to sell.

"To be happy, we must not be too concerned with others." Albert Camus

Claremont Senior Center, 5 Acer Heights Road, Claremont, NH.Phone: 603-543-5998.

### Active Hope Book Discussion Series, Cornish and Plainfield Libraries 6:30PM

New book club at the Cornish and Plainfield Libraries: Active Hope is a short, four session book discussion series for winter hosted by Cindy Heath and Martha Zoerhide. Titles chosen are about the environment and the hopeful things that are happening to help mitigate the effects of climate change.

Discussion dates and titles:

(all meetings at 6:30PM)
February 24: Islands of Abandonment by Cal

Flyn
March 17: Cradle to Cradle: Remaking the
Way We Make Things by Michael Braungart

Way We Make Things by Michael Braungart and William McDonough April 7: The Book of Hope by Jane Goodall

Email stowelllibrary@comcast.net or mary.k-ing@plainfieldlibraries.org for more information and the link to the Zoom discussion.

Remembering Loved Ones...

# Life Tributes 700

# Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

#### Robin A. Grumman

Robin Alice Sykes Grumman passed away on February 2, 2022. Robin resided at Sullivan County Healthcare for the past few years after a period of declining health. Robin was predeceased by her husband, Eugene Grumman; her parents, Frank and Helen Sykes; and granddaughter, Mabel Emmiah Eron Root. Surviving family members include her sons, Jonathan (Leigh Ann) Root, Justen Root and Nathan (Yesenia) Root, grandchildren; Parker Root, Joleigh Root, Emily Root, Miah Schiavi, Eric Schiavi, Colton Schiavi and Emma Root, two brothers; Gary (Linda) Sykes and Greg (Elizabeth) Sykes and several cousins, nieces and one nephew.

Robin was born in Lowell, MA, on April 18,1950, along with her twin brother Greg. She attended schools in Lowell, MA, Barrington, RI, and later graduated from Daniel Hand High School in Madison, CT, in 1968. She attended Keene State College where she met her first husband and father of her children, Gregory Root. After graduation, they began their teaching careers in Claremont, NH. All three of their sons were born here. In 1987 Robin married her forever love, Eugene Grumman, also an educator. Together they built a life of community service and love of community. Robin was an exceptional teacher and prided herself in reaching those children

who were most challenging. She taught mostly in the Claremont school district with the exception of a couple of years at St. Mary's school, late in her career. It was her time at The Unity Elementary School, as both a teacher and a principal, that captivated her teaching heart.

Over many decades, she volunteered at The 1st Congregational Church in Claremont, the City of Claremont (as town moderator), Unity Fire Department (delivering weekly meals for years) and the Methodist church in Unity. Robin was an avid gardener and extraordinary designer of her home. She was re-imagining furniture and repurposing items long before it became popular. She had an artist flair that showed in all that she did: parenting, grandparenting, landscaping, decorating, entertaining, writing, gift giving and teaching. She was a thoughtful and warm person whose support and encouragement was deeply felt by those she loved. Robin had a spunk that was second to none. She was a fierce defender of what she thought was right and courageously fought for causes close to her heart. Her caring for others and their betterment was apparent in all areas of her life; family, teaching and community. Robin was a proud mother and grandmother, her biggest accomplishment was the raising of her family. Her bond with her granddaughter Emily was especially beautiful to witness. She was a loving daughter to her parents and carried memories of them throughout her entire life. She was an exquisite storyteller who never missed a detail. Her ability to connect with people and her sense of humor made her both fun and easy to be around. She was best known for her toughness and edgy nature, she was unapologetically herself, always. A burial and celebration of life will be held in April in Lowell, Massachusetts.

Arrangements are being made through Roy Funeral Home in Claremont, NH. You are invited to share a memory of Robin with the family or leave a message of condolence in the family guest book at www.royfuneralhome.-com.

### Alton L. Curtis, Sr., 94

Alton L. Curtis, Sr., 94, of Maple Avenue in Claremont, NH, died Wednesday (February 2, 2022) at his home following a period of failing



glasses. That's what Dr. Sam will tell you. Does he sound like your dad?

Sometimes. But your dad had some good advice.

And so does Dr. Sam. See for yourself.







health. He was born in Claremont, NH, on December 2, 1927, the son of Josiah P. and Edith L. (Wellman) Curtis and had been a lifetime area resident. He was a veteran of the US Army. He had been employed as a machinist by J&L in Springfield, VT. Alton also worked construction and was employed as a foreman in the construction of the Marion Phillips Apartments in Claremont. After retirement he worked for Monetta's Shoe Store. Alton was an avid Boston Bruin and New England Patriots fan. He enjoyed bird watching, watching the television show, Oak Island, and was quite a history buff but above all, being around his family was what he cherished the most.

Members of his family include two sons, Alton L. Curtis, Jr. and his wife, Linda, Cumberland, VA; Lon Curtis and his wife, Mary, Claremont, NH; four daughters, Pamela Kingsbury, Franklin, NH; Jody Peters and her husband, Chris, Newport, NH; Jeanne Mack and her husband, Randy, Columbia, SC; Carrie Chessman, Claremont, NH; many grand-children, great grandchildren and great great grandchildren and several nieces and nephews.

He was predeceased by a great grandson, Tyler J. Curtis, three brothers, Josiah Curtis, Jr., Clayton Curtis, Donald Curtis and two sisters, Irma Boivin and Shirley Blanchard.

Funeral Services will be held later in the spring at Ascutney Union Church. Interment will follow in Ascutneyville Cemetery. Friends may call at the Roy Funeral Home on Tuesday (Feb. 8) from 2 – 4 and 6 – 8 PM. In lieu of flowers the family suggests that memorial contributions be made to The Wounded Warrior Project, 4899 Belfort Road, Suite 300, Jacksonville, FL 32256.

You are invited to share a memory of Alton with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

### **Cheryl A. McDerment**

Cheryl Ann McDerment of Thrasher Road, Ascutney, VT, died Saturday, January 29, 2022, at her home.

She was born in Claremont, NH, on August 23, 1951, the daughter of Corinne (Dubuque) Jarvis and Richard Jarvis.

She attended Windsor High School. She had worked for Daniels Construction for many years. She enjoyed her gardens and taking care of her family.

Cheryl leaves behind her devoted husband of 53 years, Herman; daughter, Tina and grandson, Tyler Davidson of Ascutney; her mother, Corinne LaFountain of Newport, NH; three sisters, Linda, Lori and Sandra, and a very special aunt, Virginia Jarvis of Ascutney and several cousins.

She was predeceased by her father, Richard Jarvis and his wife, Millie and her stepfather, Carlon LaFountain.

Visiting hours will be held at Stringer Funeral Home, 146 Broad Street in Claremont, NH on Monday, February 7th from 5 to 6PM. A memorial service will follow at 6PM with Pastor Christian Huebner of the Brownville Community Church officiating.

In lieu of flowers, donations may be made in her memory to the Ascutney Fire Association, P.O. Box 91, Ascutney, VT 05030.

### Arlene P. Tatro, 93

Arlene P. Tatro, 93, died January 26, 2022, in Hanover, NH. She was born in Bellows Falls, VT, on November 5, 1928, the daughter of Arthur A. and Charlotte (MacLean) Frenier Parker. Arlene was raised in Bellows Falls, graduated from Bellows Falls High School in 1946, graduated from Keene Teachers College in 1950 and received her master's degree in Education from Boston University in 1957. She lived in Claremont from 1965 to 2014. Arlene then moved to Wheelock Terrace Assisted Living in Hanover, NH, to be closer to family.

She was on the faculty at Vilas High School in Alstead, NH, and taught English and coached basketball from 1950 to 1958, was the secretary at the First Congregational Church of Claremont from 1970 to 1973 and retired in 1994 from the Claremont School District where she was a secretary in the principal's office at Stevens High School from 1973 to 1994.

Arlene's commitment to community, friends, and family was evident in the lives of students she touched, her life-long church membership, her 4-H leadership, and the care and outreach she offered to those in need. Kindness and generosity were her guiding principles.

She was predeceased by her first husband, Ivan E. Head; her brother, Wendell C. Frenier; and her second husband, Everett C. Tatro. The surviving family includes her two daughters Carolyn (Richard) Adams of Fernandina Beach, FL, and Christine (Christopher) Hoskin of Etna, NH; four grandchildren, Jennifer, Kimberly, Joseph, and Benjamin, three great-

grandchildren and the families of Everett Tatro and Richard Adams.

The family is planning a Memorial Service in June 2022. Interment will be at the Central Cemetery in Epping, NH.

In lieu of flowers, donations may be made to Bayada Adult Nursing/Hospice Services, 2 S. Main Street, Rutland, VT 05701, Sullivan County Hospice, P.O. Box 1247, Claremont, NH 03743, or other charitable organizations.

The Stringer Funeral Home is assisting with arrangements.

# **Claremont Fire Dept. Log**

#### **Sunday 1/30:**

6:27 AM: Engine 4 responded to Central St. for a medical call.

2:42 PM: Engine 4 responded Mutual Aid to Newport for a structure fire.

#### **Monday 1/31**:

7:18 AM: Engine 4 responded to Donald St. for a medical call.

11:39 AM: Engine 3 responded to Chestnut St. for a motor vehicle accident.

5:38 PM: Engine 4 responded to Hanover St. for a detector sounding.

9:32 PM: Engine 4 responded to Spring St. for a boiler issue.

#### Tuesday 2/1:

12:03 AM: Engine 4 responded to Elm St. for a smoke alarm sounding.

11:25 AM: Engine 4 responded to Lincoln Heights for a medical call.

4:50 PM: The Claremont Fire Dept. was toned Mutual Aid to Cornish for a structure fire but was canceled before responding.

#### Wednesday 2/2:

2:10 PM: Car 1 and Engine 4 responded to the area of Citizen St. and Twistback Rd. for a smoke investigation.

3:54 PM: Engine 4 responded to Jackson St. for a medical call.

#### Thursday 2/3:

2:28 AM: Engine 4 responded to Box Alarm 0063.

8:24 AM: Engine 4 responded to Cedar St. to assist GCA with access to a residence.

8:58 AM: Engine 4 responded to Washington St. for a report of an odor of propane.

5:19 PM: Engine 4 responded to Fern St. for a well-being check.

#### Friday 2/4:

3:20 AM: Engine 3 responded to Box Alarm 0182.

6:53 PM: Engine 4 responded to Spring St. to assist GCA.

10:09 PM: Engine 4 responded to Wildwood Ave. for a medical call.

#### Saturday 2/5:

1:26 PM: Engine 4 responded to Walnut St. for a report of wires down.

4:04 PM: Engine 4 responded to Hanover St. for a medical call.

4:43 PM: Engine 4 responded to Main St. for a medical call.

### TUESDAY, FEBRUARY 22 BLOOD DRIVE, 12:30 PM - 05:00 PM

The American Red Cross is hosting a blood drive. Windsor American Legion relocated the drive due to COVID. Please schedule an appointment today! Below is the new location:Drive Details:

Holiday Inn, 485 Hotel Drive,
Brownsville, VT, 05037, Ballroom
For questions, call 1-800-Red-Cros
(733-2767). Please come with photo
ID. Please wear your mask, practice
social distancing, and know the name
of your vaccination manufacturer.
Drink lots of water the week before the

drive, and eat a healthy meal before your appointment.

Zip code 05037; <a href="https://www.redcross-blood.org/">https://www.redcross-blood.org/</a>.

### SATURDAY, FEBRUARY 19 PUZZLE SWAP AT CORNISH STORE 10:30am-NOON

Please come by to swap your used jigsaw puzzles.

Kid Puzzles are needed, too.

Please tape the boxes shut to avoid losing pieces.

Stock up for Mud Season!

We have about 100 leftover puzzles from the last swap so there will be a good assortment at 10:30am.

This is a green event, using and sharing items with the community. A program of the Cornish Community Initiative.

The Claremont City Council will hold a public meeting on <u>Wednesday</u>, <u>February 9, 2022</u>, at 6:30 p.m. in the Council Chambers of City Hall.

#### **AGENDA**

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

6:35 PM 4. REPORT OF THE SECRETARY
Minutes of January 26, 2022, City Council Meeting(s)

6:37 PM 5. MAYOR'S NOTES

A. City Manager Recruitment

B. Legislative Updates

6:42 PM 6. CITY MANAGER'S REPORT

A. General Comments

B. Financial Review

C. Community Development Update

D. Pleasant Street Update

7:15 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES

7:20 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 24))

9. OLD BUSINESS

7:30 PM A. Pleasant Street Easements (City Manager/Planning & Development Director)

10. NEW BUSINESS

7:45 PM A. Resolution 2022-18 North & Main Street Project Wetland Mitigation – Public Hearing City Manager/Planning & Development Director)

**BREAK** 

8:10 PM 11. COMMITTEE REPORTS

8:15 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES

8:20 PM 13. CONSULTATION WITH LEGAL COUNSEL

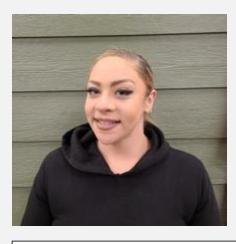
8:25 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, February 23, 2022, at 6:30 p.m. in the Council Chambers of City Hall.



## CSBCC Member Spotlight

# Angelica Zezima



Angelica lives in Claremont, and has been a member for three years.

"I joined with a family membership because my daughter was taking a swim class. Now she also walks the track and joins me in the fitness room."

"The gym is not just for gym rats. We're very accepting of everybody and are willing to help newcomers. I've built a great group of friends. Everyone wants to change their lives and be healthier."

Angelica concentrates on her powerlifting routine: "core, deadlifting, benching, squatting."

She's set her sights on upcoming meets organized by the American Powerlifting Association, and works with a coach to help meet her goals.

"I want to hit 330 on deadlift and squat, and 200 on the bench."





Angelica is a Behavior Support Specialist at Claremont Middle School.

"I tell my colleagues about the fitness room, the pool everything that's here. You have this great place right across the street. You've got to join!"

### Letters to the Editor

### Reconsider Budget Cuts to Sugar River Valley Community Technical Center

#### To The Editor:

The Claremont Development Authority – the "CDA" – wishes to express its support of strengthening programming and enrollment within the SRVCTC, and to express concerns over the proposed budget changes leading to the reductions in the adult education coordinator, guidance counselor, and full-time director positions in the facility.

The CDA is a group of volunteer community business leaders approved by the Claremont City Council to serve as an organization dedicated to supporting Claremont's economic development. Success in this activity results in expanded job opportunities and over time, a broadening of the city tax base.

In our work, we often hear about local challenges in finding qualified workers. Many of our local business leaders seek individuals with the kinds of skills that career pathways through our local and regional technical centers can provide, and that the local and regional economies are desperate to get. We've all heard about the difficulties in finding building contractors, electricians, HVAC and manufacturing technicians, plumbers, nurses, cooks, and the like. The difficulties in finding qualified workers are ongoing and demonstrate the real-world opportunity for people with these skills in our local and regional economies.

Claremont isn't alone in noticing the need for Career & Technical Education (CTE) in workforce development. It's a nationwide challenge. We're feeling its effects all over NH. Many NH organizations and several agencies, including the NH Department of Education, have identified CTE as a high-priority. In fact, for this very purpose, a NH State Plan for 2020-2023 is in deployment by the NH Department of Education as part of the Strengthening Career and Technical Education for the 21st Century Act. It is extensive, includes a mission, four-year goals and milestones, and deployment strategies.

Claremont has a timely opportunity to benefit from this plan, and other related opportunities, through not one, but two extensive facilities dedicated to the advancement of CTE education in our region: The Sugar River Valley Community Technical Center, and River Valley Community College. (And let's not forget the Claremont Maker Space.)

The CDA, along with many individuals and organizations within our communities feel strongly that SRVCTC programming should be strengthened and made available to more of our students; that SRVCTC programming be coordinated with opportunities through the Community College System of NH via Bridge2College; and that increases to adult education opportunities within our two facilities be considered. These are three interconnected, yet independent projects – one does not replace the other. Addressing them would yield pathways of increased CTE career opportunities for more of our students, from middle school, through high school and beyond.

Our position is that growing such a program requires, among other things, a dedicated, full-time director position charged with this task, supporting guidance and adult education coordination, and the convening of a volunteer citizen visioning committee for help identifying area business needs and with community engagement.

Placing itself on the road to CTE excellence is critically important for Claremont, and its area students and citizens.

The CDA asks the Claremont School Board and SAU6 administration, all of who have stated their understanding of the importance of the SRVCTC facility and its programming, to pursue these and other initiatives; to reconsider cuts to the aforementioned positions; and to recognize the need for a full-time director dedicated to SRVCTC programming and growth.

#### Respectfully,

The Claremont Development Authority: Keith Raymond, Robert Porter, Andy Lafreniere, Martha Maki, Reggie Greene, Thomas Rock, Candace Crawford, Derek Ferland, Michael Satzow

### Helping Children as a CASA Volunteer

#### To The Editor:

Too often we read heartbreaking accounts of child abuse and neglect. Most stories, however, never make it to the newspaper. Tragically, about 1,000 children every year are found by New Hampshire courts to be victims of abuse or neglect.

What can a compassionate, caring adult do to help these powerless children? You can make a difference. Become a volunteer Court Appointed Special Advocate (CASA).

A CASA is a trained volunteer appointed to represent the interests of an abused or neglected child, offering the child some stability during a chaotic and painful time, and providing the child with a voice in court.

There are numerous professionals who are part of the legal process, but only the CASA specifically focuses on what's best for the child. The CASA meets with the child, parents, teachers, therapists and others concerned with the child's well-being. Then the CASA determines what she or he believes to be the most appropriate action to take on the child's behalf and presents a written report to the court. A case normally takes about a year, though some cases continue for longer.

I am a CASA and I know I have had a positive impact on the lives of the children for whom I have advocated. It has been a truly remarkable and rewarding experience.

Training for interested adults is offered periodically throughout the year. For more information, go to <a href="www.casanh.org">www.casanh.org</a> or email speakup@casanh.org.

#### Jack Hurley, Claremont, NH



# FREE COVID-19 PCR TESTING



### River Valley Community College 1 College Place, Claremont, NH 03743 9AM-3PM, 7 DAYS A WEEK

Offered through partnership with the State of NH, our Claremont pop-up testing site offers the gold standard PCR testing for SARS-CoV-2, the virus that causes COVID-19. Test results will be provided in 48 hours of your visit.

### Who can receive free testing at our Claremont pop-up location?

Free COVID-19 PCR testing offered in partnership with the State of NH is available to:

- Patients of all ages
- Symptomatic and asymptomatic
- NH residents and tourists alike

#### What do I need to bring with me when visiting a pop-up testing site?

- Identification, recommended to help expedite the registration process
- Your phone number
- An active email address, recommended but not



For additional information about free COVID-19 PCR testing at our pop-up locations, please visit us on:

https://ccmdcenters.com/state-of-nh-covid-19-testing

