



County Officials Review Plans for Renovation Vs. New for Nursing Home; page 19

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March 1, 2021

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Combating the Pandemic in a Parking Lot

Claremont Firefighters Have Vaccinated 1,000s at RVCC

By Eric Zengota e-Ticker News

CLAREMONT, NH—Several members of the Claremont Fire Department have been up at River Valley Community College over the past month, inoculating people with either the Moderna or the Pfizer vaccine in the battle against COVID-19. They're assisting the New Hampshire National Guard, which is in charge of the RVCC site. "They have that location well squared away," said captain Jim Chamberlain. "We have an excellent working relationship."

The firefighters work from 4 to 8 hours on their off days at the department, but there is no cost to Claremont taxpayers, stated fire chief Bryan Burr. The State reimburses the City for the hours spent at the RVCC site.

All members of the Claremont Fire Department are either EMTs, Advanced EMTs or Paramedics.

EMTs had been qualified to inject only epinephrine following "Ready, Set, Inject" training. But when the pandemic struck, New Hampshire needed more vaccinators, so EMTs were authorized to administer vaccines. Firefighters — among them Tim Vezina, Kyle Lizotte, Bill Hardy and Kenny Smith — also help with administrative tasks, such as checking IDs, confirming each injection in the database, and handing out COVID-19 Vaccination Record Cards noting which vaccine was received and whether it was the first or the second dose. (Continued on page 9)





Jim Chamberlain prepares to vaccinate James Catrambone, as Scott Kenniston vaccinates Joyce Catrambone. Mary Mallgraf drove her parents in from New London (Eric Zengota photos).

2

Man Arrested for Possession of Deadly Weapon

LEBANON, NH—On February 23, 2021, at 3:38 PM, Lebanon Police Department responded to Walmart for a report of a male and female in the store "acting high and being loud". The male was also reported to have a handgun in his back pocket, said the Lebanon Police Department in a statement. Officers arrived to speak with the male and female and noticed the handgun in the male's possession. Officers removed a .38 loaded revolver from the male.

The male initially provided the officers with a false name, but he was later identified as Peter Wiggins, age 38, of White River Junction, VT. Wiggins was arrested and charged with Felon in Possession of a Dangerous Weapon, a Class B Felony. Wiggins was also charged with Possession of Drug Paraphernalia. It was also found that Wiggins had a warrant issued for his arrest for Controlled Drug Acts Prohibited. Wiggins was released on Personal Re-

e-Ticker News of Claremont LLC is published Mondays

> Phyllis A. Muzeroll Publisher/Editor

Eric Zengota Contributing Writer/Photographer

etickernews@gmail.com

Snail mail to: 6 Osgood Ave. Claremont, NH 03743 603-542-7319

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cognizance bail and a to-be-determined court date in the Grafton County Superior Court.

Man Turns Himself in to **Lebanon Police Department**

LEBANON, NH—On February 23, 2021, at 1:01 PM, Jake Dadah, age 29, from Lyndonville, VT, arrived at the Lebanon Police Department on a warrant issued for his arrest for Felon in Possession of a Dangerous Weapon, a Class B Felony. This arrest warrant stemmed from an incident that occurred on September 18, 2020 in which the Lebanon Police Department was called by Advanced Transit for a report of a man who was attempting to get on one of their buses with a firearm. The investigating officers learned that Dadah was a convicted felon and it was illegal for him to be possessing a firearm.

Dadah was released on Personal Recognizance bail with a to-be-determined court date in the Grafton County Superior Court.

Man Arrested for **Criminal Threatening**

LEBANON, NH-On February 23, 2021, at 2:37 PM, Lebanon Police Department responded to a report of an assault. The caller advised that his son had been assaulted with brass knuckles. The male suspect then left the scene before officers arrived. As the officers were investigating the incident, the suspect returned, said the Lebanon Police Department in a statement. The officers attempted to detain the suspect, but he allegedly resisted the officer's efforts. He was identified as

> **Bishop** was

charged with Resisting Arrest, Criminal Threatening, and Carrying or Selling Weapons, all Class A Misdemeanor offenses. Bishop was also charged with Criminal Threatening with a Deadly Weapon and Felon in Possession of a Dangerous Weapon, both Class B Felonies. Bishop was held in preventative detention and was scheduled to be arraigned on Feb. 24 in the Grafton County Superior Court.

Cone Scholarship Program

The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2021-2022. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments and applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation; the mailing address is PO Box 65, Claremont, NH 03743.

Completed applications must be postmarked no later than May 12, 2021.

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Randall Bishop, age 63, from Lebanon, NH.

NH Lottery Numbers

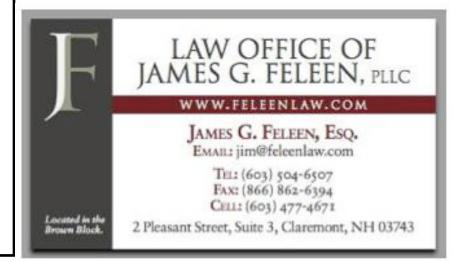
02/27/2021

NH PowerBall 2 28 31 44 52 18

NH Mega Millions 02/26/2021 11 15 37 62 64 5

Tristate Megabucks 02/27/2021 15 23 26 40 41 4

For more lottery numbers, https://www.nhlottery.com/



OUR TURN

15th Steppin' Up Becomes a Virtual Event

Anyone who's ever participated in Turning Points Network's annual Steppin' Up to End Violence Walk and Fun Run may well be wondering how this event that has attracted over 1,000 participants, dozens of volunteers, and counted over 140 teams and sponsors will look as a virtual event this year on Saturday, May 15.

It will look entirely new. On video! Steppin' Up 2021 promises a variety of fundraising activities we've never been able to include before. Like biking, hiking, canoeing, kayaking, sailing, knitting, quilting, scrapbooking, sipping

and painting, watching a movie, dancing, blowing bubbles, playing music, meditating, sack races or you-name-it to raise money for TPN.

While walking and running are still options, instead of being all together on the same day, filling the streets of downtown Claremont, TPN's Steppin' Up 2021 - between now and May 15 – will find individuals completing an individual activity as a fundraiser, in teams socially distanced or solo. at any time or place convenient to them. Videos and photos supplied by participants will be compiled into the virtual event along with live commentary and stories from survivors, volunteers, staff and sponsors.

Anywhere, Anytime, Any Way you Want, now through May 15, is the tagline for our 15th Steppin' Up!

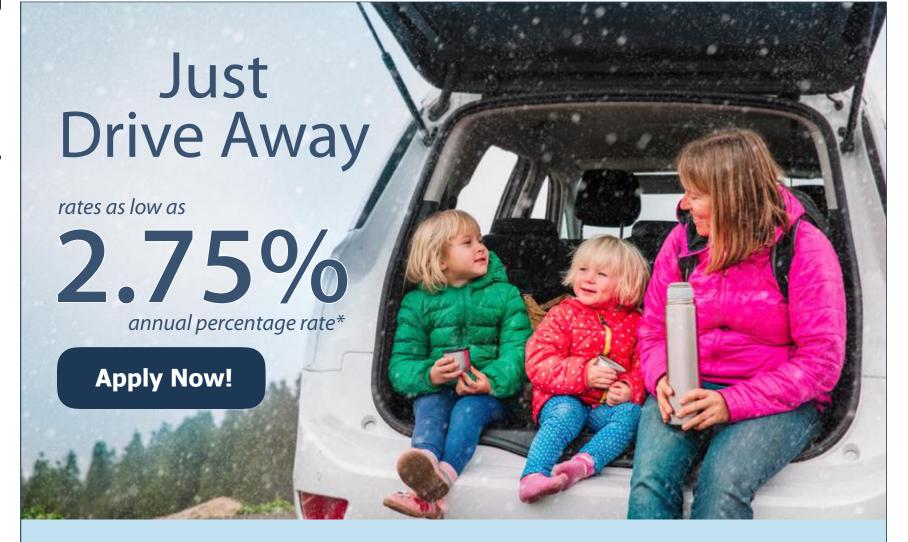
There will be contests for best face mask, best costume, best pet participant, best team theme with prizes for top fundraisers and contest winners and recognition of event sponsors.

"Our goal is to raise \$75,000," said TPN Board Chair, Carol Calkins, "with teams and individuals encouraged to be creative, stay safe and have fun, indoors or outdoors in support of TPN. The money raised will keep TPN's services free for survivors of domestic and sexual violence and support the K-12 violence-prevention education that TPN provides to Sullivan County schools."

As in past years, opportunities to participate include teams or solo, sponsors, volunteers and donors. Mark your calendars for May 15 to watch the Virtual Steppin' Up and May 26 to attend the Steppin' Up Virtual Celebration Party where prizes will be awarded, sponsors will be applauded and the final total raised will be announced.

For registration, details, deadlines, and entry forms for Steppin' Up 2021, go to https://www.facebook.-turningpointsnetwork.org/steppin-up or to our Facebook page https://www.facebook.-comevents/1393623240984049 or call 603-542-8338.

OUR TURN is a public service series by Turning Points Network (TPN) serving all of Sullivan County with offices in Claremont and Newport. We provide wraparound supports for survivors of domestic and sexual violence, stalking and human trafficking and we present violence-prevention education programs in our schools. For more than 40 years, TPN has helped people of all ages move from the darkness of abuse toward the light of respect, healing and hope. For information contact 1.800.639.3130 or www.turningpointsnetwork.org or find us on Facebook.





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Commentary

NH House Happenings

By Rep. Gary Merchant

Community Power – A Tug of War Between the State and Its Towns and Cities



The high cost of electricity in the Granite State has been an issue for years. Electric utilities have enjoyed a near monopoly. Cities like Claremont, local businesses and individual consumers have paid dearly as a result. Most customers have had to purchase electricity from a power company using their default service. The option of negotiating favorable supply contracts with an energy broker has not been available to the average customer. Unable to pool demand, we have had little leverage to bargain for lower rates.

Wait. This is the "Live Free or Die State", right? Can't local governments decide for themselves how they buy power? Well, no. They can't – unless the state says so. Why? It's complicated. Let's look at the history. The 10th amendment in the Bill of Rights establishes the boundaries of federal and state authority, decreeing that "powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people." In other words, the Constitution does not dictate authority at the local government level. The clout any county, municipality, or school district has is defined by each state.

New England has a long history of strong local governance or "Home Rule" -- empowering localities to make a wide range of legislative decisions. The Granite State, though, operates differently. Instead of permitting Home Rule, New Hampshire relies on the "Dillon Rule". Named for an Iowa Supreme Court Justice, the Dillon Rule is based on an 1868 court decision that local governments are an extension of the state. Justice Dillon's decision was upheld by the United States Supreme Court in 1907. His framework has since been adopted by a majority of states – including ours.

According to the Dillon Rule, whenever reasonable doubt exists as to whether a county or municipality has the power to enact local legislation, it means the state has not granted it the authority to do so. Local governments' power is defined by the state legislature. Put simply, the lack of home rule means the state gets to call the shots. For a long time this has translated into local residents paying higher electric bills. In 2018 the New Hampshire Senate and House passed SB286, known as a "Community Power Bill" to change this. The bill enabled local governments to aggregate or pool their citizens' and businesses' electrical usage to purchase power jointly. Once the law took effect, Claremont created an Electric Aggregation Committee to set up a voluntary choice program. It looked as though we would all finally benefit by being able to buy electricity at a lower cost from competitive producers and use more "green" power sources, like hydro, solar, and wind.

Fast forward to today. Just as Claremont's Electric Aggregation

Committee is positioned to start its work, a bill that would completely dismantle community power has been introduced in the legislature. HB315 stifles competition – and not surprisingly is enthusiastically supported by electric companies seeking to protect their profits. Passage of this bill will strip Claremont and other municipalities of the opportunity to chart their own energy futures. If HB315 passes and the Governor signs it into law, we lose community power. Cities and towns, their business communities and consumers won't be able to use our strength in numbers to save money on power after all. Per the Dillon Rule: We can't unless the state says so.

The bottom line: Decisions made in Concord define conditions here in Claremont. Reducing state budget spending for example allows the state to shed responsibilities but does not eliminate the expenses associated with them. Those costs are downshifted to communities and picked up by local taxpayers. In this case, the legislature controls your choices for power. I will continue to support Claremont citizens retaining local control over decisions regarding their electricity going forward, so oppose HB315. If you, as I do, wish to retain local control over your electricity options, email members of the House Science and Technology committee to voice your opposition to the bill: HouseScienceTechnologyandEnergy@leg.state.nh.us.

Email: gary.merchant@leg.state.nh.us

Shaheen Introduces LOCAL Infrastructure Act

<u>Legislation Would Restore Advance Refunding</u> <u>for Local Governments</u>

WASHINGTON, DC—U.S. Senator Jeanne Shaheen (D-NH) today introduced the Lifting Our Communities through Advance Liquidity for Infrastructure (LOCAL Infrastructure) Act of 2021 with U.S. Senators Roger Wicker (R-MS) and Debbie Stabenow (D-MI). The legislation would amend the federal tax code to restore state and local governments' ability to use advance refunding to manage bond debt and reduce borrowing costs for public projects. This initiative could provide a boost to local communities across the nation as they continue to grapple with the economic effects of the COVID-19 outbreak.

"During my conversations with New Hampshire officials over the past year, I've heard repeatedly about the dire financial strains our state and local governments are facing as a result of this pandemic, threatening their ability to perform essential public works projects like water system maintenance, road repairs, school construction and so much more," said Senator Shaheen. "This legislation would restore advance refunding to our state and local governments, providing them with urgently needed relief to refinance existing infrastructure projects that our communities need to continue to thrive. I'll keep fighting in the Senate to secure additional resources that will help our state and local governments survive this crisis."

The Senators' legislation comes in response to calls from state and (Continued on page 5)

House of Representatives - Claremont

District 3/Ward 1: Andrew O'Hearne

friendsofandrewohearne@comcast.net

District4/Ward 2: Gary Merchant 603-542-2228 gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton 603-542-8656 WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

Senate – Claremont

District 5: Suzanne Prentiss

suzanne.Prentiss@leg.state.nh.us

<u>District 1</u> <u>Executive Councilor</u>

Joe Kenney (603) 271-3632 joseph.Kenney@nh.gov

Washington, DC

Sen. Jeanne Shaheen 520 Hart Senate Office Building Washington, DC 20510 202-224-2841

http://shaheen.senate.gov/contact

Sen. Maggie Hassan

B85 Russell Senate Office Building Washington, DC 20510 Phone: (202) 224-3324 https://www.hassan.senate.gov/

Rep. Anne Kuster

137 Cannon House Office Building Washington, DC 20515 phone: 202-225-5206 http://kuster.house.gov/contact

LOCAL, from page 4

local leaders for the federal government to provide additional support to communities as they assess the impact of the coronavirus outbreak on their budgets and begin planning for the future.

Advance refunding would allow state and local governments to refinance outstanding municipal bonds to more favorable borrowing rates or conditions before the end of the initial bond term on a tax-exempt basis. This process is very similar to how a homeowner may refinance the mortgage on their property to lock in a lower interest rate. The federal tax-exempt debt could be refinanced only once, but local communities would be able to take advantage of the lower interest rates to generate additional savings on existing bonds. Local governments could reinvest these savings to fund infrastructure, education, health care, or other capital improvement projects.

Advance refunding has saved state and local governments billions of dollars over decades, but has been unavailable to state and local governments since 2017.

The legislation is also cosponsored by U.S. Senators John Barrasso (R-WY), Michael Bennet (D-CO), Jim Inhofe (R-OK), Tammy Baldwin (D-WI), Shelley Moore Capito (R-WV), Bob Menendez (D-NJ), Jerry Moran (R-KS), Lisa Murkowski (R-AK), Chris Van Hollen (D-MD), Deb Fischer (R-NE), John Boozman, (R-AR), and Jacky Rosen (D-NV).

Among other organizations, the senators' legislation is supported by: The National League of Cities, United States Conference of Mayors, National Association of Counties, National Conference of State Legislatures, American Hospital Association, American Public Power Association, American Society of Civil Engineers, American Public Works Association, National School Boards Association, Government Finance Officers Association, and National Association of Bond Lawyers.

Senators Hassan, Moran, Cortez Masto, and Cramer Lead Bipartisan Call for Additional Assistance to Help Hardest-Hit Businesses Retain Employees

WASHINGTON, DC—U.S. Senators Maggie Hassan (D-NH), Jerry Moran (R-KS), Catherine Cortez Masto (D-NV), and Kevin Cramer (R-ND) led a bipartisan call to Senate leadership to help businesses hardest hit with major revenue losses because of the pandemic retain employees by improving access to the Employee Retention Tax Credit (ERTC) in the upcoming COVID-19 relief package.

Hassan previously led successful bipartisan efforts to expand the Employee Retention Tax Credit in the December COVID-19 relief package, and today Senators are calling for an expansion of the program tailored to the businesses severely impacted by COVID-19.

"Through a narrow expansion of the ERTC tailored to the hardest-hit businesses with major revenue losses, Congress can provide urgently needed assistance that would help these employers keep workers on payroll through the economic recovery from COVID-19," wrote the Senators in a letter to Senate leadership.

As the Senators detail, the program is currently limited to 70 percent of eligible wages and health expenses for workers who are furloughed and paid but not working.

Kuster Questions Experts During Agriculture Committee Hearing on Climate Change, Highlights Need to Prioritize Land and Forest Conservation

WASHINGTON, DC—Thursday, Rep. Annie Kuster (NH-02), a member of the House Agriculture Committee, participated in a hearing entitled, "Climate Change and the U.S. Agriculture and Forestry Sectors." The Committee addressed the impact of climate change on the agriculture and forestry industries and discussed the role these sectors can play in limiting the worst effects of climate change.

"New Hampshire farmers and foresters lead the nation in reducing emissions and mitigating the impact of climate change on their land," said Rep. Kuster. "They know, perhaps better than any other sector of our economy, how climate change threatens our economy and our livelihoods. Climate change short-circuits New Hampshire's maple-sugaring season, complicates the growing season for our farmers, and brings more invasive species to our forests."



The Ladies Union Aid Society: 129 years of service to the City of Claremont and Sullivan County

In August of 2020, the Ladies Union Aid Society (LUAS) formally dissolved, closing the chapter on 129 years of incredible service to Claremont and Greater Sullivan County.

The textile industry boom of the latter 1800's brought a massive influx of working families, quickly transforming Claremont from a sleepy farm town into a thriving city. By 1886, the plight of Claremont's working families with no hope of assistance or medical care could not be ignored. Women from local churches banded together to see what could be done. In February 1892, the volunteers assembled and the Ladies Union Aid Society (LUAS) was born.



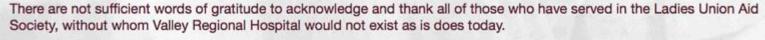
LUAS needed a centralized location to ensure easy access to their services. For \$3,500, the Society purchased the Keyes farmhouse, stables, and sheds in October 1892. The first capital campaign began Valley Regional's long history of philanthropy, with fundraisers and the generosity of local businesses, churches, and even a small sum from the local children. The new "facility" needed renovations to the house, furnishings, and hospital beds, which were all provided for through church donations, fundraising, and the generous gifts of the townspeople. On July 13, 1893, the citizens of Claremont assembled for the dedication of Cottage Hospital- the first of its kind in Sullivan County, and the third established in New Hampshire.

Through the years, patient demand continued to grow, and multiple expansions and renovations ensued; Cottage Hospital became Stowell Memorial Hospital, which became Claremont General Hospital, and finally Valley Regional Hospital. During all of this time, the LUAS members were there, raising funds, raising spirits and elevating health care in this community. Thousands of volunteer hours were donated to raise millions of dollars - money which was spent in direct support of the hospital, or to support healthcare related initiatives within the community. Claremont residents looked forward to the annual

fundraisers such as the annual flower and baked goods sales and the Cardiac Capers events at the Claremont Opera House. Evidence of the good work of LUAS can be seen in buildings their funds helped erect and equipment they helped buy, such as televisions for the Kane Center, 3D Mammography, a warming blanket cabinet for patients diagnosed with cancer, and being one of the original donors to the Claremont Dental Center. Many of our colleagues have stories of multiple generations of their families being members of LUAS, and recount with pride when it was their turn to become active in the group.

In recent years, with many conflicting volunteer opportunities vying for time, active members of the group dwindled. The LUAS members looked into many different options but ultimately made the difficult decision of starting the next chapter in this groups history. In August, 2020, the organization was formally dissolved, and the remaining funds - over \$100,000 - were put under management by the NH Charitable

Foundation in a Field of Interest Fund, to be distributed for the benefit of improving the health of residents of our community.









NH DHHS COVID-19 Update -February 28, 2021

CONCORD, NH - On Sunday, February 28, 2021, DHHS announced 270 new positive test results for COVID-19, for a current PCR test positivity rate of 2.2%. Today's results include 210 people who tested positive by PCR test and 60 who tested positive by antigen test. There are now 2,532 current COVID-19 cases diagnosed in New Hampshire. Of the results reported Sunday:

2/27: 270 new cases

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are forty-five individuals under the age of 18 and the rest are adults with 49% being female and 51% being male.

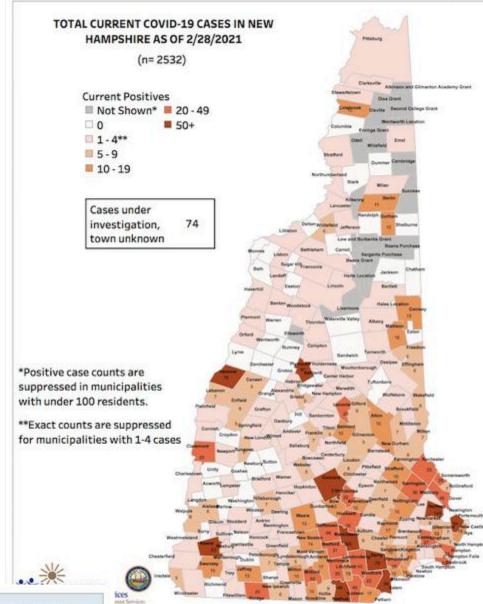
The new cases reside in Rockingham (68), Hillsborough County other than Manchester

and Nashua (40), Grafton (31), Cheshire (25), Strafford (21), Merrimack (14), Belknap (8), Carroll (6), Sullivan (6), and Coos (1) counties, and in the cities of Manchester (24) and Nashua (15). The county of residence is being determined for eleven new cases.

Community-based transmission continues to occur in the State and has been identified in all counties. Of those with complete risk information, most of the have had close contact with a person with a confirmed COVID-19 diagnosis.

DHHS has no additional deaths to report.

There are currently 87 individuals hospitalized with COVID-19. In New Hampshire since the start of the pandemic, there have been a total of 75,424 cases of COVID-19 diagnosed.



Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	3,123	4.1%	33	3.0%	90	7.7%
Carroll	Total	1,711	2.3%	24	2.1%	6	0.5%
Cheshire	Total	2,675	3.5%	24	2.1%	26	2.2%
Coos	Total	1,323	1.8%	10	0.9%	36	3.1%
Grafton	Total	2,674	3.5%	17	1.5%	19	1.6%
Hillsborough	Manchester	9,746	12.9%	271	24.2%	200	17.1%
	Nashua	6,440	8.5%	126	11.3%	79	6.8%
	Outside Manchester and Nashua	12,378	16.4%	195	17.4%	303	25.9%
	Total	28,564	37.9%	592	53.0%	582	49.7%
Merrimack	Total	7,444	9.9%	94	8.4%	104	8.9%
Rockingham	Total	18,472	24.5%	256	22.9%	208	17.8%
Strafford	Total	7,048	9.3%	50	4.5%	74	6.3%
Sullivan	Total	1,340	1.8%	16	1.4%	20	1.7%
Unknown	Total	1,050	1.4%	2	0.2%	5	0.4%
Grand Total		75,424	100.0%	1,118	100.0%	1,170	100.0%

As of Sunday, there were 20 positively identified cases in Claremont; 44, in Sullivan County.

The Sullivan County Dept. of Corrections reported on Friday that there were "no staff or inmates Covid cases at the DOC. We continue to test weekly."

SCHC reported on Friday that "As of today we have had no new residents or staff testing positive for the last two weeks. We are working with the NH Public Health Service to determine when we can be cleared of outbreak status. Total number of residents who have tested positive is 84. The number of staff testing positive is 47."

COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

Sununu Announces the New Hampshire Emergency Rental Assistance Program

CONCORD, NH—Thursday, Governor Chris Sununu announced a new rental assistance program through the Governor's Office for Emergency Relief and Recovery (GOFERR) that will provide assistance to eligible residents of New Hampshire who cannot pay their rent and utilities due to the COVID-19 pandemic.

"This program will open up doors of opportunity and help New Hampshire families who have struggled through this pandemic," said Governor Chris Sununu. "We worked hard to open up as many channels of eligibility as possible so that no one struggling has to worry about making rent or keeping their lights or heat on."

The New Hampshire Emergency Rental Assistance Program (NHERAP) will be administered by New Hampshire Housing Finance Au-

thority (NHHFA), in collaboration with GOFERR. NHHFA will work with the five regional Community Action Partnerships (CAPs) that will accept and process applications and payments for the program.

NHERAP funds can cover current and past due rent, as well as utility and home energy costs for eligible households. This assistance is available retroactive to April 1, 2020 through the date of application, and the applicant may also receive assistance for these same expenses going forward. Households may receive assistance for a total of 12 months.

Payments will be provided directly to the landlord or utility provider on behalf of the household. Landlords, with the tenant's permission, may apply for assistance on behalf of their tenant.

To be eligible, at least one person in the household must qualify for unemployment benefits, had their income reduced, had significant costs, or had other financial hardship due to COVID-19. The household must also be at risk for homelessness and meet certain income requirements.

The program is federally funded and must follow federal law. This program is only for eligible renters and landlords, not homeowners, per federal rules.

Full program guidelines and the NHERAP application information will be available by March 15, 2021 at www.NHHFA.org/emergency-rental-assistance. GOFERR, NHHFA,

and the CAPs are committed to a simple and streamlined application and funding process, said the governor's office.

An extensive statewide outreach campaign is planned to inform the public, renters, land-lords, organizations, and service providers about the New Hampshire Emergency Rental Assistance Program.

Details about the program are available at www.NHHFA.org/emergency-rental-assistance.

Got news?
Send news and photos to etickernews@gmail.com

Six years ago, David L. Muller, MD, performed a knee replacement for me and I could not have asked for better care. In fact, it was so excellent that when I recently needed a hip replacement, there was absolutely no question that I wanted the Connecticut Valley Orthopaedics team to care for me. Dr. Muller listened like a friend, and advised me like a true professional. Prompt scheduling and surgery allowed me to start rehabilitation quickly. No doubt, I'll be hiking and conquering the mountaintops very soon!

- Stuart Stocker, Chester, VT

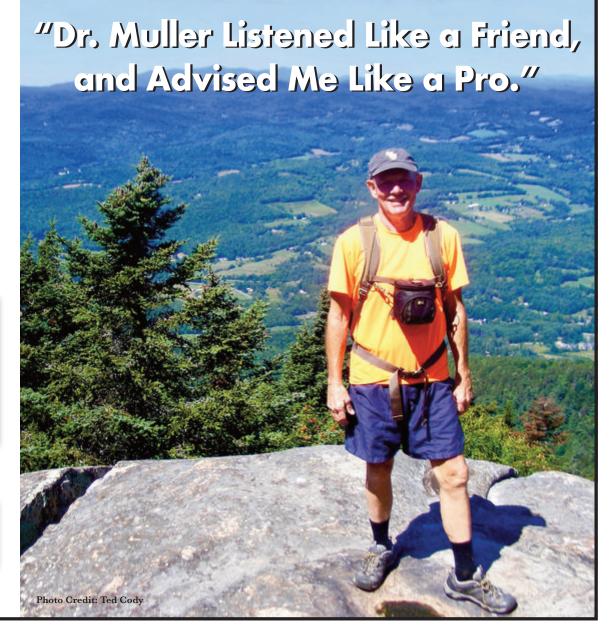


David L. Muller, MD and Karen Charboneau, Radiographer

802-885-6373



29 Ridgewood Road, Springfield, VT www.cvosm.org



Vaccinations, from page 1

As Advanced EMTs, Chamberlain and lieutenant Scott Kenniston have been qualified to give injections. They've been at the RVCC site for many hours, giving as many as 250 injections in a single day. For Chamberlain, it's also been highly personal. He's vaccinated his father, his grandmother and several lifelong friends.

Captain Christopher Pixley, a paramedic since 1996, draws on his experience of giving injections to help move people through the process quickly yet efficiently. "We do occasionally provide psychological comfort. But we don't give anyone an opportunity for drama, either." Still, he adds, "Most people thank us for our service. It's what we need to do to get past this pandemic."

Chamberlain told of a particularly agitated man "who said he was terrified of needles. He screamed when we just put the alcohol pad on his arm. But he'd made the decision and went through with it. In a wider sense, he's helped to achieve herd immunity."

Recent sub-zero weather provided a challenge to the vaccinators. A day's supply of vaccines is kept in a heated tent. But carrying syringes just a few feet to waiting vehicles resulted in the vaccines' beginning to refreeze. The solution: hand and foot warmers, in the tray of syringes, keep vaccines at the proper injectable temperature.





Jim Chamberlain vaccinates Sally Oak, of New London, who rode in to Claremont courtesy of her daughter, Britt Phillips (Eric Zengota photos).

The increasing supply of vaccines translates into thousands more appointments. Yet fire-

fighters have heard only a few expressions of impatience from people who are waiting for either 20 minutes past their appointment time or more than an hour on the days when cars are lined up back to Route 120.

The vaccinators encourage them

to exercise patience, saying in essence, "You've waited a year for this vaccine, and you're one of the lucky ones to be getting it." Everyone at the site, they add, is working to make the process as seamless and expedient as possible.

Chamberlain describes the

mission behind their work. "Firefighters always have to adapt to whatever is the current need. Vaccinations are our answer to this national, global public health crisis. It's great to help bring society back to normalcy, and very rewarding to potentially save a lot of lives."

Left: Foot and hand warmers have proven to be effective in preventing the vaccine's refreezing while outside.

City of Claremont Public Works Department

is soliciting bids for general and winter maintenance of the Sawtooth Parking Garage, the Santagate Bridge, various steps, ramps, crosswalks, and walkways on Water St, and various areas surrounding public rights-of-way. Sealed bids must be received by the Office of the City Manager, 58 Opera House Square, Claremont, NH 03743, no later than Tuesday March 23, 2021 at 10:00 AM – at which time they will be opened and publicly read aloud. Please contact Nichole Myers at (603) 542-7020 for additional information and bid packet.

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Chestnut St., Claremont - Three brand new high efficiency boilers with hot water. Tenants pay for their own fuel. Parking behind the building. See MLS# 4837539 for more photos. \$154,900



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II MLS





Ashley Bergeron Agent

ADJUSTED PRICE!!

Located in Charlestown, NH, this 9.8 acre lot awaits you.





There is a bunkhouse on the property for your recreational use until you decide to build.

Power on parcel with a ruffed in driveway, located on a private road. There are restrictions. \$59,000

What's Happening at the Plainfield Libraries StoryWalk at the Meriden Library

Our newest StoryWalk is on the grounds of the Meriden Library. Over and Under the Snow is a beautiful picture book for all ages. Start the walk by the library's side entrance, and please remember to sign our guest book at the end of the walk. Come with your boots, snowshoes, or skis to enjoy fresh air, exercise, and a wonderful story.

Storytime, Every Tuesday, 10 am, Virtual. Join us on Zoom for stories and songs for young children.

Email mary.king@plainfieldlibraries.org for the link.

Dream it, Make it, Print it For Ages 8 - 13

CLAREMONT, NH—Over four sessions in this Claremont MakerSpace program, participants learn how to use a CAD program to create their very own designs. Learn about the engineering design process and make your own original pieces in Tinkercad. We'll then print your designs on our 3D printers. Should be comfortable using a computer mouse and keyboard.

This session is only for kids aged 8 - 13.

Dates: March 18, 25, Apr 1, and Apr 8 at 3 p.m.

This class is presented free and virtual, via Zoom and on Tinkercad.

We've got even more classes/events on the calendar, so check out the full line up at https:// claremontmakerspace.org/events/#!event-list

Questions about upcoming classes, events or the Claremont MakerSpace in general? Let us know at info@twinstatemakerspaces.org.



Classified Ads

PUBLIC NOTICE Conservation Commission and Parks and Recreation Commission JOINT MEETING

Thursday, March 4, 2021 6:00 PM *Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.

Join Zoom Meeting Online at: https://us02we- b.zoom.us/j/85884047238?pwd=TWwzbm-Zga0tkZWMrYzlIV3N5VDFWZz09

Passcode: 050865 Or by Telephone: 1 646 558 8656 Webinar ID: 858 8404 7238

PUBLIC NOTICE PLANNING BOARD HEARING

Monday, March 8, 2021 7:00 PM *Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom. Join the Zoom Webinar Online: https:// us02web.zoom.us/j/81316383507? pwd=a0k0YURsMUpFSjRkVTQ1V3Bo-L090Zz09

Passcode: 247422 By Phone: 1-646-558-8656 US (New York) Webinar ID: 813 1638 3507 If there is a problem getting through to this number, please call 603-504-0341.

Notice is hereby given that a public hearing will be held concerning an amendment to the Claremont Zoning Ordinance with the addition of Article X, Solar Ordinance. Richard Wahrlich, Chair

Time to Nominate People for the Older Adult **Volunteer Award**

The nomination period is now open for the NH State Commission on Aging and EngAGING NH annual "Older Adult Volunteer" awards! Nomination submission accepted up until Friday, March 19, 2021. The goal is to celebrate and recognize individuals or couples over the age of 60 who are volunteering in ways that serve to build strong communities. Email Rebecca-.Sky@nh.gov for a Nomination form.

Cornish, NH

8 acres of land, an outstanding country location, a babbling brook, on a quiet country road. State approved septic system & drilled well. All this plus an antique post & beam shell.

\$200,000 (MLS #4842617)



Claremont, NH

3-family, in-town investment property with a new efficient heating system, large backyard, ample parking and tenants who pay their own heat, hot water and electric. \$154,900 (MLS #4837539)





Business Opportunity! In Claremont!

"Floral Design by Linda Perron", Complete Business including equipment, 2016 delivery vehicle, and inventory. Turn the key and walk right into this well established flower shop that's been in business for 18 years with great figures! \$53,995





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Jenn Boyer

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One Credit Union is currently seeking a **Full-Time Controller** to join our Springfield, VT team.

The **IDEAL CANDIDATE** will have:

- Minimum of 5 years of experience in a finance or accounting role
- Minimum of 3 years of banking or financial services experience
- Minimum of 1 year of experience in regulatory reporting for the financial services industry
- Knowledge of financial industry regulations and associated procedures
- Knowledge of depreciation and amortization methodology and standards
- Ability to use basic reporting software, knowing common fields in a core system
- Strong oral and written communications
- Strong interpersonal skills as a TEAM player
- Demonstrated organizational skills while managing multiple tasks
- Demonstrated time management and prioritization skills
- Experience in change management in a fast-growth environment
- Proven results in cost control and budget management
- Experience as a liaison with auditors

. Requirements:

- Education Requirements: Bachelor's degree in Accounting, Finance Business, or equivalent combination of education and experience
- Wages commensurate with experience and skillsets
- Benefits offered: Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (10), Paid Time Off (PTO)

Email cover letter, resume and references to

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CLAREMONT BUSINESS OPPORTUNITY — Wellestablished market in the City's historic downtown is available now! Unique, eclectic inventory of local products including natural remedies, personal care products, food items, produce, baked goods, jams, cheeses, and meats. Comes equipped with refrigerated display cases, commercial kitchen equipment, and a loyal customer base. Potential to expand the food business. Located in a leased space in the heart of the business district where an exciting multimillion dollar revitalization is scheduled to begin! Willing to consider separate sale of the commercial kitchen equipment. Call us for details. \$100,000 (MLS#4845816) (MLS#4845898)



HOME INVENTORY IS LOW. DEMAND IS HIGH.

Contact us for an evaluation of your home's value in today's market.



LEMPSTER—Lovely antique brick Colonial with considerate renovation/rehab including new septic, new roof, and electrical and plumbing upgrades. The interior has been opened up and refreshed with new flooring, paint, kitchen, and baths. Formal dining room, an office or den area leading to the attached barn, 4 large BR's, and a walk up attic. Adequate for a mini farm with outbuildings suitable for livestock while leaving space for garden and recreation. \$269,000 (MLS#4838238)



CHARLESTOWN—Roomy Manufactured Home waiting for you! Front kitchen with a large front windowed area for sitting room or dining area, master bedroom with its own bath, and 2 other bedrooms. Nice park lot that backs up to the woods. Easy access to the interstate, and close to local stores for necessities. \$42,900 (MLS#4840813)



CHARLESTOWN—This versatile commercial building offers 2000+ square feet of easy access space for any need. Used as a convenience store, restaurant, thrift store, barber shop, and ice cream shop. Consider getting approval to turn it into a 1 or 2-family home. The 1.5 acre lot offers tons of possibilities for outdoor expansion, additional building, or potential subdivision. One side has a walk-in cooler and a commercial kitchen. \$99,995 (MLS#4829445)



CLAREMONT— Historic old Schoolhouse recently used as a religious facility. Ideal for daycare use, clubs, churches. Two new bathrooms, applianced kitchen (including 2 stoves and refrigerator), 2 furnaces, function hall, office, and meeting room.\$189,900 (MLS#4831733)



CLAREMONT— This prime residential neighborhood features 2 adjacent building lots totaling 1.35 +/- acres. Great spot to build your dream home with views to the back of the lots. Located on a quiet cul-de-sac with city water and sewer. Can't beat the amenities! \$50,000 (MLS#4733484)



SPRINGFIELD, VT—This level, open lot is just under a half acre and is located on a paved dead-end road. Spring is a great time to build! \$15,200 (MLS#4800971)



SPRINGFIELD, VT—4.5 beautiful, level, and subdividable acres on the Connecticut River with 550 feet of water frontage. Beautiful water views to the south and of Mount Ascutney to the north. The New Hampshire side is all flood plain and can never be built upon. Abundant fruit trees and berry bushes. State approved septic system plans in place and power is on site. Access to the 20' boat dock is already in place! \$247,900 (MLS#4828504)

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BRAT Applying to Vermont Watershed Grant Program to Continue Water Quality Work

SPRINGFIELD, VT—As the all-volunteer Black River Action Team (BRAT) gears up to collect water quality data for nearly 40 sites around Windsor County this summer, fundraising has begun in earnest to purchase much-needed supplies and equipment. One of the resources is the Vermont Watershed Grant Program, which is funded exclusively from sales of the Conservation License Plate (https://vtfishandwildlife.com/get-involved/donate/conservation-license-plate). Half of the revenue from the license plate goes to the Watershed Grant Fund with the other half going to the Non-Game Wildlife Fund.

According to BRAT director Kelly Stettner, "Groups like BRAT can apply for funding to plan, monitor, educate and implement programs and projects that enhance water quality and aquatic habitat in Vermont. The maximum grant request for educational activities is \$5,000; \$3,500 for planning, assessment, and monitoring; and \$10,000 for boots-on-the-ground implementation projects. In years past, the "pot" of money ranged upward of \$100,000; the 2021 "pot" is only \$60,000. The projects span the state and a wide range of topics from improving trout habitat to a public canoe portage, and \$60,000 won't go far. The only way to increase the amount of funding is for more people to purchase a Conservation License Plate; a \$26 annual registration is all it takes to support this excellent program: https://dmv.vermont.gov/registrations/fees#Vanity.

The Conservation License Plates are "not only attractive," said Stettner, "but all proceeds from their purchase directly benefit the Vermont ecosystem we all know and treasure. The grant program supports projects aimed at increasing flood resilience, wildlife habitat, recreational opportunities, monitoring stream health, and much more.

Learn more about BRAT at www.Black-RiverActionTeam.org or contact Stettner at blackrivercleanup@gmail.com,; you may also leave a message at (802) 738-0456.

FREE Access to Local Dance Theater Performance for Seniors

Due to the pandemic, the Raqs Salaam Dance Theater filmed its 16th Annual Middle Eastern and American Belly Dance Showcase in 2020 rather than hosting it live at the Lebanon Opera House. Filming of CARAVANSERAI TRAVELING HOME took place in over a dozen different locations -- representing a triumph of creativity, resilience, the human spirit and technology over Covid-19!

Local seniors are invited to enjoy watching the Showcase safely from home free of charge through March 22, 2021.

The 75-minute virtual showcase celebrates the dance and cultures of North Africa, the Middle East, Asia and beyond. **The performance features many Upper Valley dancers** as it charts a colorful sojourn through these regions, with dazzling dances from Algeria, Egypt, Lebanon (and Columbia!), as well as pieces from India and Russia. Raqs Sharki (Belly Dance) and many folkloric/regional dance styles are presented, along with Russian Romany dance with skirts, Algerian Kabyle dance and Indian Bhangra dance with veils, fire and more! In addition, New England's Middle Eastern Band, Zaatar, performs melodies from Lebanon, Egypt and Turkey. For more details please visit https://ginadances.com/events.

Any interested senior should email <u>lizadrap@aol.com</u> or text/call 603 477-4753 to obtain a free link to the performance.



Thursday, March 11 New England Quilts and the Stories They Tell presented by Pam Weeks at 7 pm, Virtual

Quilts tell stories, and quilt history is full of myths and misinformation as well as heart-warming tales of service and tradition. Nearly every world culture that has cold weather uses quilted textiles-quilting is not just an American art. Pam Weeks weaves world history, women's history, industrial history, and just plain wonderful stories into her presentation.

Email <u>mary.king@plainfieldlibraries.org</u> to request the Zoom link.

City of Claremont, NH Public Works

is requesting bids for the mowing of the landfill, reservoirs and one cemetery. Bids must be received by the Office of the City Manager, 58 Opera House Square, Claremont NH 03743, no later than Tuesday March 23, 2021 at 10:00 AM at which time they will be opened and publicly read aloud. Please contact Nichole Myers at (603) 542-7020 for a bid packet.

City of Claremont, Department of Public Works

is requesting proposals for a specialty waste service at its Transfer Station located on 875 Washington Street, Claremont, NH. Bidders must submit their proposals on the attached bid form. Bids must be received by the Office of the City Manager, 58 Opera House Square, Claremont, NH 03743, no later than Tuesday, March 23, 2021 at 10:00 AM – at which time they will be opened and publicly read aloud. Please mark "electronic container bid" on the outside of the sealed envelope. Please contact Nichole Myers at (603) 542-7020 for complete bid packet.

City of Claremont, Department of Public Works

is requesting proposals for a three year contract, to include a one year renewable clause, to provide uniform services. Proposals must be submitted in a "sealed" envelope clearly marked "2021 Uniform Proposal" and mailed to the City of Claremont, City Manager's Office, 58 Opera House Square, Claremont, NH 03743, no later than Tuesday, March 23, 2021 at 10:00 AM - at which time they will be opened and publicly read aloud. Please contact Nichole Myers at (603) 542-7020 for a bid packet.

Need Some Extra Space for Your Next Project/Business/ Creative Experiment?

CLAREMONT, NH—Need some extra space for your next project/business/creative experiment?

The Claremont MakerSpace has Personal Studio Spaces that provide personal work areas for dedicated users to call their own. Personal studio spaces are made up of 48" dividers and come in sizes of 60 sq/ft and 100 sq/ft, with each studio including 2 power outlets and an Ethernet jack.

Learn more about CMS Personal Studio Spaces at https://claremontmaker-space.org/studio-space/.

DJ Chabot Town & Country Realty

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djc.tandc@gmail.com

857-366-1095 (Cell)



This week I wanted to touch on a couple of items that can really help any of you that are interested in purchasing or renting in this very active Real Estate market. The phrase "Having your Ducks in a Row" has never been more appropriate than in today's financial marketplace. One of the most difficult and frustrating situations that is an issue in both purchasing and rentals is having the funds needed to qualify. Whether it's the first and last month's rent or a percentage of the purchase price, scraping together the finances to meet those requirements can be difficult.

Whether you're buying or renting you should be ready to:

- 1. Have your credit score checked Be aware of items that will stand out and be ready to discuss if asked
- 2. Know all your sources of income and savings
- 3. Be ready to give references Notify your references that someone might be contacting them

Town & Country has been selling and renting homes and businesses in this area for 50 years. I am lucky enough to have access



to all the experience and am happy to help assist you in any of your Purchasing or Renting needs. We also manage properties in the area. If you are looking for some feedback or if you are in need of a company to manage your properties, please give me a call.

e-Ticker Business News

2021 Connecticut River Speaker Series

Explore the Watershed with River Lovers from NH and VT

This year, the Connecticut River Joint Commissions Subcommittees will be working together to celebrate and learn more about the Connecticut River – its history, science and culture. They invite residents of the Connecticut River Valley to join and participate.

The 2021 Riverwide speaker series will host four events to occur virtually on a Tuesday at 6pm. Register or find out more http://www.cr-jc.org/lrs/

MARCH 23 River Paths for Wildlife

MAY 25 Future of Invasive Species Management SEPT. 28 A History of the Connecticut NOV. Water Quality & Green Infrastructure

This year, members are also working to advance water quality monitoring of the Connecticut River and we welcome volunteers to help us in this effort.

By using the knowledge and wisdom of riverside communities, it is hoped that they "might better prevent expensive and culturally ruinous troubles,

safeguarding the magic of the Connecticut River," said the CRJC.

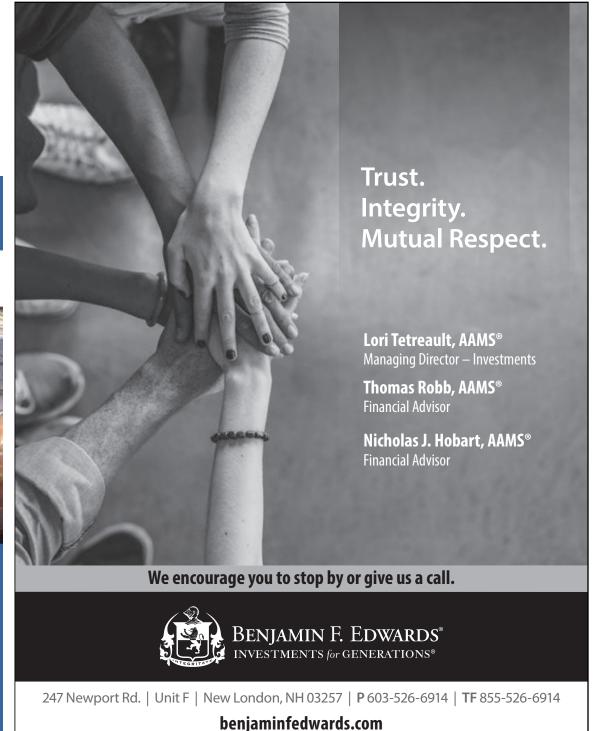
Connecticut River Joint Commissions, or "CRJC", preserves and protects the visual, ecological and agricultural resources of the Connecticut River Valley of New Hampshire and Vermont, as well as guides its growth and development. The five CRJC Local River Subcommittees, which include all 53 riverfront communities, comment on river related permits

and watershed planning. Enabled by both states, volunteer commissioners and members act as the "eyes and ears" on river related issues. In addition, members advance public awareness and involvement on issues of local priority.

If you would like more information visit www.crjc.org

Or contact them at: contact@crjc.org; phone (603) 727-9484.

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e-Ticker Business News

Dartmouth-Hitchcock Launches New Postpartum Screening Program Amid COVID-19 to Combat Depression and Anxiety

LEBANON, NH – During the COVID-19 pandemic, new mothers are more isolated than ever without the hands-on support of family and friends. Postpartum anxiety, depression and suicide risk are always a concern for new mothers, but the pandemic has increased their likelihood. Mothers are screened in the hospital after birth and again at their six-to-eight week postpartum OB/GYN checkup. But there's a big gap between delivery and seeing their provider, and many changes can happen.

To address this gap in care, Dartmouth-Hitchcock (D-H) locations in Manchester and Bedford have successfully launched a new postpartum depression screening program for mothers of newborns at two-week, two-month, four-month and six-month newborn visits.

Using a secure tablet, new mothers confidentially complete the screening questionnaire based on the Edinburgh Postnatal Depression Scale for their baby's pediatrician to review at the beginning of each visit. If the screening results positive for postpartum depression, their pediatrician starts a conversation asking if the mother has contacted her OB/GYN or primary care provider, and whether she has a mental health provider. If the mother does not have one, D-H refers them to a local mental health provider.

The program was inspired by Heather Ann Martin, RMA, a medical assistant at Children's Hospital at Dartmouth-Hitchcock (CHaD), who lost a sister to suicide because of postpartum psychosis. As a result, suicide prevention has become a passion project for Martin. She is a regular participant in the National Alliance on Mental Illness New Hampshire (NAMI NH) annual conference and serves as an ambassador for 2020 Mom.

"This initiative has been critical to improving patient care, and was completely driven by Heather," said Erik Shessler, MD, an associate medical director for CHaD and chapter president of the

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- Wrongful Death

Thomas P. Connair, Esq. & Jessica J. Hodgman, Esq. General Civil Practice in Claremont since 1931 Phone: 603-543-3185 www.leahydenault.com

New Hampshire Pediatric Society. "It demonstrates the remarkable achievements that can result from dedicated staff engagement."

Before COVID-19, CHaD pediatricians typically made one call to mothers every other week. Since March, CHaD pediatricians are making two or three calls a week, as there has been a significant increase in positive screens due to the isolation, lack of sleep and natural hormonal imbalances attributed to postpartum experience during a pandemic.

For online postpartum depression resources, visit 2020mom.org and Postpartum Support International at postpartum.net.

Got Business News?





E FOIC claremontsavings.com

(603) 542-7711

How Can Women Overcome Obstacles to Financial Security?

On March 8, we observe International Women's Day, a celebration of the social, economic, cultural and political achievements of women. Of course, women still tend to encounter more obstacles than men in the pursuit of financial security. Let's consider a few of them.

To begin with, women are still more likely to leave the workforce, at least temporarily, to raise children, resulting in lower contributions to employer-sponsored retirement plans such as 401(k)s. And women are often the ones who become full-time caregivers of aging parents or other relatives. Caregiving duties can exact a big financial toll: The lost wages, pensions (including 401(k)s and similar plans) and Social Security benefits that a woman loses to become a full-time caregiver amount to more than \$300,000 over her lifetime, according to the National Academy of Sciences.

Women also may be more susceptible to financial downturns. Consider the COVID-19 pandemic: Just a few months ago, in December, women lost 156,000 jobs, while men gained 16,000, according to the Bureau of Labor Statistics, which also reported that women accounted for 54% of the jobs lost from the pandemic in 2020.

And women are not unaware of their circumstances and outlook. Just 41% of women are confident about retirement, compared with 56% of men, according to a survey by Edward Jones and Age Wave.

But if you're a woman, you can take steps to help improve your financial outlook. Here are a few suggestions:

• Take full advantage of retirement plans

If you are still working and your employer offers a 401(k) or similar retirement plan, take full advantage of it. Put in as much as you can afford each year and increase your contributions when your salary goes up. Also, within your plan, you'll want to choose the mix of investments that can help provide the most growth potential, given your individual risk tolerance. Also, even if you contribute to a 401(k) or similar plan, you may also be eligible to fund an IRA, which gives you even more investment choices.

• Evaluate your Social Security options

You can typically start taking Social Security benefits when you're 62, but your monthly checks will be much larger if you wait until your "full" retirement age, which will likely be between 66 and 67. You might also consider whether you'd be better off by taking spousal benefits, if you're married and your spouse earned more money than you. You're generally even eligible for spousal benefits if you are divorced, as long as you were married at least 10 years and you haven't remarried.

Look for unexpected income opportunities

Even after you've formally retired, you may still find ways to receive some earned income. Perhaps you can work part time or do some consulting. And if you're a caregiver, you might be able to receive some compensation for your work. Many local governments pay nonspouse caregivers who act as personal attendants, although the rules vary greatly by state and county.

These certainly aren't the only ways you can improve your financial status, but they may prove useful to you. In any case, be aware of the challenges facing you and do whatever you can to brighten your future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member SIPC.



County Officials Review Plans for Renovation Vs. New for Nursing Home

By Phyllis A. Muzeroll e-Ticker News

In what may well be one of the biggest decisions county officials have to make for some time, county delegation members and staff met via Zoom last Monday night to review proposals for addressing the aging Sullivan County Health Care (County nursing home as it is more commonly known) facilities. Information was provided for the two paths on the table: renovating the existing buildings or building a new facility.

Facilities director Mary Bourque reviewed an extensive presentation providing the pros and cons of both proposals. SCHC has been described as being at the end of its life with major infrastructure systems that are failing. In recent years, new federal codes for nursing homes have been coming down the pike, adding to the problem, and also adding to the eventual costs. In FY19, the county approved a \$1M design budget to start the ball rolling. Confirmed project goals to renovate with the Board of Commissioners saw a \$35.5 million pricetag for construction costs. A 2016 feasibility study came up with a \$18M project, but by 2020, the pricetag had risen to \$50M. Why? The increases were based on three things: changes to federal regulations and building codes; the local construction climate (cost of materials, shortage of labor); existing site conditions and constraints (impacted phasing and construction duration). Founded in 1931, accommodations were 2-4 bed wards and common bathrooms at the end of corridors. Today, designs envision semi-private rooms with a shared bathroom and increased dining, family and common spaces (see graph).

Design development in March of 2019 confirmed having 156 beds with flexibility to increase a mix of private pay and rehab residents, with a layout that would not drive need for additional staff, and replace Sanders rather than renovate, among other proposals. Interest in moving the laundry back to the home from the jail, into space occupied by the boiler room, was studied, as were kitchen repairs. In July of 2019, construction costs were estimated at \$35.5M; by Aug. 2020, the cost was placed at \$49.5M (construction and soft costs/contingency); in February, the cost had risen to \$54M.

As costs escalated, county officials decided In August of last year to look at the possibility

of constructing a new facility that would serve the region well into the future, rather than settling for renovating the existing facilities. With a 2023 start date, a total proposed project budget, construction and soft costs/contingency came in at \$75M-\$80M. If the facility were moved off campus to be nearer other services and meet the concerns of some county residents that the home is too far away and not easily accessible, the overall project would add an estimated additional \$500,000 to purchase land. County manager Derek Ferland said they were looking at a 29-year bond to help pay for the nursing home project, but it's uncertain as to what interest rates would be a few years from now. He said the COVID relief bill, based on population, could bring \$8M to the county and that "we could obviously use that however we want." Still, there are many uncertainties about such funding. County commissioner Joe Osgood said that he thought starting the renovation now, with the new code changes, would result with a "better building for a long time. Disadvantage for new, in my mind, is that it can't be on the exact spot where we are now, so we're going to end up with two, at least, maybe three, antiquated buildings that we will address if we renovate... this is up to \$17 million cheaper."

Commissioner Ben Nelson said, "This is a shovel-ready project that will be able to catch infrastructure money", although it is unclear if any federal infrastructure programs would include nursing home construction since none has been crafted yet.

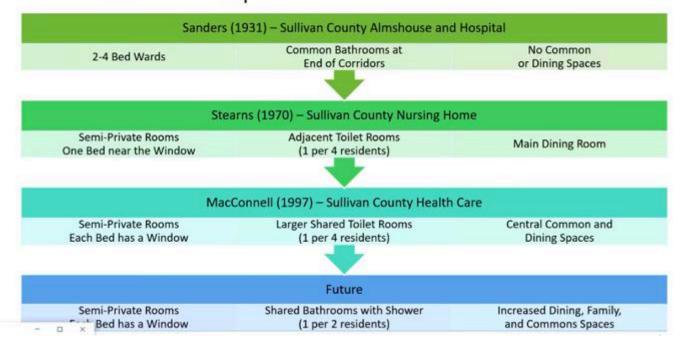
Rep. Judy Aron asked how quickly the county could move on the renovation plan.
Bourque said the county wanted to make an immediate push to get plans through DHHS licensing as the agency is going through personnel changes that could slow procedures down. "The wheels could be turning right away with a construction date in early Fall."

Osgood said he was "one hundred percent in favor of the renovation plan. We've found out how much construction costs would go up pushing this two years out." "This meets the needs at a reduced rate," said Nelson.

Ferland later told the *e-Ticker News*, "We don't have a date yet for another Delegation vote. The next step is for the Executive Finance Committee to make a recommendation and we are hopeful that they will join the Board of Commissioners in recommending that we move forward with the project as designed. There is no date for that EFC meeting although we hope it's next week. In order to hit the NH Municipal Bond Bank timeline for their next sale, which is in July, we need to have a Delegation decision by early May. So I would anticipate a Delegation meeting in April to leave us a bit of time for a 'Plan B' in case we have scheduling issues."

Residents are encouraged to learn more about this project; the full Feb. 22 meeting is available online at the Sullivan County New Hampshire Government's Facebook page; it is also available at http://claremontv.org/ (Channel 10) and http://96.78.198.253/Cablecast-PublicSite/?channel=2.

Evolution of Requirements and Facilities



Monthly Gifts Add Up to Big Impact

Glenn Griffin

Glenn Griffin's understanding of Visiting Nurse and Hospice for Vermont and New Hampshire (VNH) began long before he supported the organization. He has seen first-hand the impact VNH services have on the lives of our community members and his own family. His wife Barbara was not only a nurse employed with VNH during the last year of her life but also a patient. In a letter to her family and friends after learning of her metastatic breast cancer diagnosis, she wrote: I am going to continue to work as a visiting nurse. I love helping others and I feel I have more to offer my patients. I am thankful that my supervisors and fellow nurses are supporting me.

"Patient care starts and ends with the nurses," stated Glenn
"They not only help patients with their physical needs but
give them and their families emotional support as well." This
emotional support was clear when Barbara, even though sick
herself, would still check on her patients to make sure they
were doing well and felt supported. Glenn commented that this
reflected who Barbara was a real people person. "She wanted



to make sure they were doing okay, so she would sit and talk with them when she had the energy." As Barbara's cancer progressed, Glenn leaned on the nurses at VNH to teach him how to care for her. Learning this care helped him grow closer to her. "I had never imagined we would need this type of care. But being able to care for her at home, with VNH's support was one of the most intimate and powerful experiences of my life. I am truly grateful for that time" said Glenn. "I cannot think of a bigger need in our health care delivery system than the home health and hospice care VNH provides."

Glenn has given to the VNH for many years, but for the last 10 years has made the commitment to make a monthly donation. Monthly donations allow a donor to spread the financial impact of their giving across the entire year, making the commitment to a higher gift level more manageable. "I feel that support and commitment to an organization you truly believe in is an ongoing thing and doesn't just stop as your life changes. I won't ever forget VNH," said Glenn. "They provide the kind of life-affirming care that should be a part of everyone's home health care, whether it is recuperation in one's home or end of life support. I know my donation does something impactful that helps people on a most basic level and I am glad to do it. I hope others will see the value and donate too."



Expressions of support & gratitude

There are many ways to express your gratitude for the care you or a family member received from VNH. Your support helps continue the cycle of care for others in need throughout our community.

Tax-deductible gift

A tax-deductible gift provides a meaningful way to honor a caregiver or remember a loved one. Your contribution makes it possible for VNH to deliver more than \$1.5 million in charity care annually.



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Sullivan County Grand Jury Indictments Released

NEWPORT, NH—The Sullivan County Grand Jury released the following indictments on Tuesday:

Jeremy On, 40, Charlestown, NH, indicted for Acts Prohibited, Sale of Crack Cocaine (School Zone), Oct. 30, 2019; Acts Prohibited, Sale of Crack Cocaine (School Zone), Nov. 1, 2019; Acts Prohibited, Possession/Intent, Fentanyl (School Zone), Jan. 9, 2021; Acts Prohibited, Possession of Crack Cocaine, Jan. 9, 2021.

Steven Moorway aka Steven Morway, 33, Charlestown, NH, indicted for Felonious Use of a Firearm, on or between Jan. 1, 2019, and March 31, 2020; Felonious Use of a Firearm, on or between Jan. 1, 2019, and March 31, 2020; Felonious Use of a Firearm, on or between Jan. 1, 2019, and March 31, 2020; Sale of Substance Represented to be the Controlled Drug Heroin/ School Zone (Conspiracy), on or between Jan. 1, 2019, and March 31, 2020; Sale of Substance Represented to be the Controlled Drug Crack Cocaine/School Zone (Conspiracy), on or between Jan. 1, 2019, and March 31, 2020.

Willie Taylor, 47, County Farm Rd, Unity, NH, indicted for Acts Prohibited, Sale of Methamphetamine (Subsequent Offense, Offense Committed on Release), Nov. 2, 2020.

Daniel Carr, 31, Charlestown, NH, indicted for Operation after certification as a habitual offender, Nov. 8, 2020.

Ethan Meyette, 30, Claremont, NH, indicted for Simple Assault (Extended Term/Victim on Duty Law Enforcement), Jan. 1, 2021, Newport Police Officer.

Paul Bato, 55, Manchester, CT, indicted for Convicted Felons, Felon in Possession, on or between April 1, 2020, and April 30, 2020.

Erin Ready, 37, White River Jct., VT, indicted for Possession/alpha-pyrrolidinohexanophenone (alpha-PHP) Dec. 3, 2019; Possession/Fentanyl, Sept. 10, 2020; Possession/alpha-pyrrolidinohexanophenone (alpha-PHP), Sept. 11, 2020; Possession/Buprenophine, Sept. 11, 2020; Possession/Clonazepam, Sept. 11, 2020; Possession/Intent to Distribute, Buprenorphine, Sept. 11, 2020.

Kristine Burpee, 36, Springfield, VT, indicted for Reckless Conduct/Deadly Weapon, Oct. 8, 2020 (throwing multiple rocks at moving vehicles), Oct. 8, 2020; Criminal Mischief, Oct. 8, 2020.

Ricardo Vera, 37, Grantham, NH, indicted for Possession of Child Sexual Abuse Images,

Jan. 28, 2021; Possession of Child Sexual Abuse Images, Jan. 28, 2021; Possession of Child Sexual Abuse Images, Jan. 28, 2021; Possession of Child Sexual Abuse Images, Jan. 28, 2021; Possession of Child Sexual Abuse Images, Jan. 28, 2021; Possession of Child Sexual Abuse Images, Jan. 28, 2021; Falsifying Physical Evidence (Attempt), Jan. 28, 2021; Distribution of Child Sexual Abuse Images, Nov. 5, 2020; Indecent Exposure, Oct. 7, 2020; Certain Uses of Computer Services Prohibited, Feb. 9, 2020; Manufacture of Child Sexual Abuse Images, Sept. 5, 2020.

Brandel Waterman, 43, Newport, NH, indicted for Criminal Behavior, did or about May 21, 2020 through May 24, 2020.

Joseph D. Dayton, 35, Charlestown, NH, indicted for Aggravated Driving While Intoxicated, Dec. 26, 2020.

Irving Seymour, 58, Newport, NH, indicted for Theft by Unauthorized Taking, May 21, 2019.

Stephanie M. Fowler, 49, Chester, VT, indicted for Habitual Offender, Jan. 19, 2021.

David Collins, 58, Charlestown, NH, indicted for Possession/Intent to Distribute, Dec. 6, 2021.

Michael Dashnaw, 37, Goshen, NH, indicted for Criminal Mischief, July 31, 2020.

Justin Phillips, 35, Croydon, NH, indicted for Forgery, Nov. 13, 2020; Nov. 13, 2020; Forgery, Nov. 13, 2020.

Robin Lacasse, 62, Lempster, NH, indicted for Operation after certification as a habitual offender, July 18, 2019.

Amy Smith, 37, Claremont, NH, indicted for Bailjumping Dec. 9, 2020.

Charles Hall, 34, County Farm Rd., Unity, NH, indicted for Conspiracy to Assault by Prisoner, Aug.17, 2019; Conspiracy to Falsifying Physical Evidence, Aug. 17, 2019; Assault by Prisoner, Aug. 17, 2019.

Alexis Banks, 31, County Farm Rd., Unity, NH, indicted for Conspiracy to Commit delivery of articles prohibited, between or about Nov. 14, 2020, and Dec. 1, 2020.

Tanner LaRochelle, 26, Claremont, NH, indicted for Falsifying Physical Evidence (Offense Committed on Release), Jan. 23, 2021; Possession of Controlled Drug, Fentanyl (Offense Committed on Release), Jan. 23, 2021.

John Murray, 47, Claremont, NH, indicted for Possession of Controlled Drug, Fentanyl (Subsequent Offense), Sept. 7, 2020.

Scott Royce, 46, Poultney, VT, indicted for Falsifying Physical Evidence, Jan. 19, 2021; Possession/Intent to Sell, Heroin, Jan. 19, 2021; Possession/Heroin, Jan. 19, 2021; Falsifying Physical Evidence, Jan. 19, 2021.

Matthew Bowman, 36, Charlestown, NH, indicted for Possession of Controlled Drug (Fentanyl), June 25, 2020.

Jami J. Mulhern, 45, Claremont, NH, indicted for Theft by Unauthorized Taking-3rd Offense, Sept. 22, 2020.

Cynthia Vanguilder, 36, Claremont, NH, indicted for Theft by Unauthorized Taking, Aug. 14, 2020; Theft by Unauthorized Taking (Attempt), Aug. 14, 2020.

David LeBarron, III, 30, Springfield, VT, indicted for Perjury, May 11, 2020.

Ryan Cormier, 31, Franklin, NH, indicted for Theft by Unauthorized Taking-\$1500+/Accomplice, March 4, 2020; Receiving Stolen Property-\$1500+/Accomplice, March 4, 2020.

Moniqua Jolly, 30, Claremont, NH, indicted for Acts Prohibited, Possession of Buprenorphine (Offense having been Committed on Release), Nov. 7, 2020.

Sage Sundell, 26, Claremont, NH, indicted for Aggravated Felonious Sexual Assault, between Sept. 28, 2014, and Dec. 31, 2014; Aggravated Felonious Sexual Assault, Sept. 28, 2014, and Dec. 31, 2014; Aggravated Felonious Sexual Assault, between Jan. 1, 2015, and June 30, 2015; Aggravated Felonious Sexual Assault, Jan. 1, 2015, and June 30, 2015; Aggravated Felonious Sexual Assault, between July 1, 2015, and Dec. 31, 2015; Aggravated Felonious Sexual Assault, between July 1, 2015, and Dec. 31, 2015.



Sports

Stevens Boys JV and Varsity Teams Finish up Their Regular Season

The Stevens Boys JV and Varsity teams finished up their regular season schedule this past week with a pair of home and away games with the Wildcats of Fall Mountain.

On Tuesday evening at Frederick Carr Gymnasium the Cardinals defeated Fall Mountain 48-42 for their 3rd win in a row. Stevens also honored their seniors before the game. Also honored between the Girls and Boys games was the lone Spirit team senior, Lois Ordway, and the two members of the Lady Cardinals program, Abigail Faro and Aunnah Shepard. The varsity boy seniors honored were JJ Tursky, Owen Taylor, Brady Moote, Caden Ferland, and Clayton Wadsworth. Fans this season have been unable to attend any games due to COVID-19. The school, using proper social distancing protocol, allowed each of the senior parents the opportunity to view the game in person, sitting in individual sections in the balcony. The school also dedicated two balcony seats that were often occupied by longtime fans Dale Perkins, and Paul Lafreniere, denoting them as Paul & Perk's Perch. Dale Perkins passed away in January and was a fixture in his seat at Steven's games for

Fitzpatrick Named MSC Men's Bowler of the Week

BOWLING GREEN, KY— Martin Methodist's (Tenn.) Ian Fitzpatrick, of Claremont, NH, has been selected as the Mid-South Conference Men's Bowler of the Week, conference officials announced on Tuesday.

- Fitzpatrick helped lead Martin Methodist to a fifth-place finish at the Hoosier Classic.
- In Baker scoring, the RedHawks totaled 5,109 pins for an average of 204.4 in 25 games.
- Martin Methodist bowled a high of 258 in the 23rd game.
- Fitzpatrick earns weekly honors for the first time in his career.



From L-R: Spirit team senior Lois Ordway, Lady Cardinal senior Abigail Faro, Varsity Boys seniors: Caden Ferland, Owen Taylor, JJ Tursky, Clayton Wadsworth, and Brady Moote. (not pictured - Aunnah Shepard who could not attend due to a previous commitment). (Courtesy photo).

many years, together with Paul.

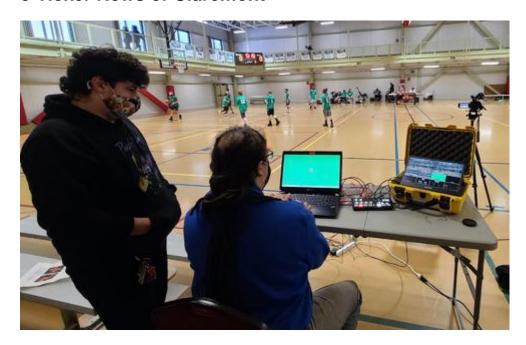
In the game, the Wildcats opened up a quick lead in the first quarter but Stevens closed the gap to 15-10 by the end of the quarter. The Cardinals then used a big 2nd quarter, outscoring Fall Mountain 17-1, to open up a lead they would not relinquish. Senior Clayton Wadsworth scored a game high 20 points, and grabbed 8 rebounds to lead Stevens. Hunter LaRocque scored 11 points, and senior JJ Tursky scored a season high 9 points. The remaining Stevens seniors contributed to the victory, as well. Owen Taylor scored 4 points and hauled in 7 rebounds, while Brady Moote had 6 rebounds, and Caden Ferland played stifling defense versus the Wildcats.

On Friday afternoon the two teams met in Langdon at The Den for their season finale. Despite having an early lead, the Cardinals couldn't hold on as an inspired Wildcat team came back for a 36-32 win. Hunter LaRocque led Stevens with 10 points. Clayton Wadsworth had 9 points, Brady Moote scored 7 points, and JJ Tursky chipped in with 4 points. Owen Taylor grabbed 8 rebounds. The varsity team finished the regular season with a 3-6 mark.

The Stevens JV team traveled to Langdon on Wednesday for a makeup of the game postponed on Monday due to the weather. The Cardinals returned home with a 37-30 victory, their 2nd of the season. Lucas Belisle scored a season high 11 points, and grabbed 9 rebounds to lead the Cardinals. Dylan Chambers also had a season high 10 points, and he hauled down 8 rebounds. Reeve Wilkinson added 5 points, and Devin Genes chipped in with 4 points.

The junior Cardinals were right back in action on Thursday afternoon, as they hosted the Wildcats at home. The Cardinals were again victorious in another close game with a 38-32 win. Reeve Wilkinson paced the Cardinals with 11 points, and Lucas Belisle again had a big game, as he scored 10 points, and ripped down 7 rebounds. Devin Genes scored 6 points, Dylan Chambers added 5 points, and Lucas Smith had a game high 8 rebounds. The junior Cardinals completed their season at 3-4.

The Cardinals will open the NHIAA Division III Tournament on Wednesday, March 3rd, as they will host the Royals of Mascoma at Frederick Carr Gymnasium in a first round game at 7:00PM.





Swish!

Young Hoopsters Take to the Court in League Play

CLAREMONT, NH—This past Saturday was the first of six for youth league basketball, a program organized by the Claremont Parks & Recreation Department. All games are played at the Claremont Savings Bank Community Center. Following strict health and safety guidelines, everyone — players, coaches, ref-

erees and spectators — must be masked at all times. Basketballs, bleachers and benches are sanitized after each game.

COVID-19 restrictions allow for only one spectator per player to be in the gym. So that families and friends can follow the season, Parks & Rec has collaborated with local cable station CCTV, which livestreams all five games each Saturday on claremontv.org, channel 8. The games are also recorded for future viewing.

The livestreaming schedule — five games in four divisions — is 9am, 5/6 Boys; 10:30am, 5/6 Girls; 12noon, 3/4

Girls; 1:30pm, 3/4 Boys; and 3pm, 3/4 Boys.

CCTV and Parks & Rec are looking for volunteers to operate the video cameras for livestreaming the games. Anyone interested may contact Josh Nelson, claremontv8@gmail.com; or Justin Martin, cccprograms@claremontnh.com.

Clockwise: Loren Howard (left), CCTV production coordinator, watches as CCTV executive director Josh Nelson

sets up the mobile studio to livestream the games. Bleachers are sanitized after every game. Two points or a rebound? Kentucky and Louisville (3/4 Boys) will find out in a second. Tennessee players (3/4 Girls) warm up in



pre-game drills.

Story and Photos by Eric Zengota

Game Day - February 27, 2021

Division	Team / Score	Team / Score
5/6 Boys	Nets 28	Celtics 17
5/6 Girls	Sparks 12	Storm 8
3/4 Girls	UConn 23	Tennessee 12
3/4 Boys	Kentucky 17 *	Louisville 17 *
3/4 Boys	Louisville 10	Michigan State 4

^{*} Tie game, after one overtime period

Inspiration

This Too Shall Pass

By Priscilla Hull

We've seen some difficult times this past year. It's almost a year since the first big shut down due to Covid 19 was recommended. Many of us stayed in our homes, avoiding things that we loved, like visiting, going to the movies, attending church, going out to dinner and even pleasure shopping. When we did go out, it was recommended to wear a mask, use hand sanitizer, even wear protective gloves. Many followed these mandates because we thought that we were protecting ourselves and others. Some seemed to think that this was not necessary because the whole thing was blown out of proportion.

My older daughter and I had planned a trip to Oregon just before the pandemic came into affect. We considered for a while about the trip, but decided, since it was a flight straight through, that we would go. We were going to see my sister and brother-in-law. Well supplied with hand sanitizer, and wipes we boarded our plane in Boston and headed out West! As soon as we got settled in our seats, the lady next to me offered wipes so that we could clean the area around us. I thanked her, but we had our own. When the attendant came with snacks and drinks, she had on gloves and handed each of us our own snack, rather than pass them on to the next one. Visiting the bathroom, we took our own wipes and wiped the handles and lock with them. We had a wonderful visit and a great time exploring a little of Portland. All the while, though, we were very conscious of cleansing door knobs, etc. They live in a large Senior apartment complex and so we felt pretty safe there. It was a beautiful trip.



After our trip, things changed drastically. We suddenly realized that this evil virus wasn't going away. I don't think we would have risked the trip a month later. Suddenly there were severe warnings about how easily the virus spread and how serious it really is.

In my family, we do more laughing than weeping. We know that hard times are upon us, but we also know that "this too shall pass". That phrase, "This too shall pass", is an ancient Jewish phrase which became commonly used in the first half of the 19th century. The phrase gives a bit of hope in a difficult or even tragic situation, as we are now experiencing. Many people have a feeling of doom and gloom about the virus, and who can blame them? It is serious business, especially if it is your loved one who is fighting the disease or has died of it. Most of us have friends who have been affected by this Covid. All of us, I'm pretty sure, would prefer that it had never developed. But, it is here now, and we're coping with it. Even the most resistant to masking and sanitizing in most cases. Oh, there are always some who won't comply. Why, even spellcheck doesn't like the word "Covid"!

If we are sensible about keeping ourselves safe, chances are this thing will pass sooner than later! It's Friday afternoon and I just received my first vaccine dose at noon. I'm feeling fine, no pain, no headache, no nothing. I admit I was a little uneasy because I'm allergic to crustaceans and some medications. So they asked me to stay a little longer and when I was still good, they let me go with a hearty "you're good to go." I think he was smiling, but his mask hid it! I do encourage people to have the vaccine. I spent less than an hour with the process (maybe an hour including travel time). Even so, if we all take that little time, even if there's a reaction, "this too shall pass" and much quicker and with less pain and trouble than the disease.

There is a time when we need to be proactive in our own safety and this is such a time. The more positive action we take, the sooner well be done with it!

There is a time for everything, and a season for every activity under heaven: A time to weep and a time to laugh,
A time to mourn and a time to dance,
Ecclesiastes 3:1,4

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

Sunapee Recreation Spring & Summer Programs Update

SUNAPEE, NH—Sunapee Recreation Dept. is implementing a "pay later" system for all programs as this will ensure that you still receive the pertinent information regarding the activity you have registered for. Therefore, please still register for programs at no cost. As we re-evaluate, we will send out information on start dates and fees. Register online at www.sunapee.nh.us

Currently taking Registration for: Tee-ball - pre school & kinders Majors, Minors & Rookie level Baseball grades 1st-6th Softball-grades 3rd-5th Summer Day Camp x 8 weeks **New for summer 2021 Swim Lessons - Dewey Beach Sailing Lessons **British Soccer Camp** Adult Easter Egg Hunt ** New for Spring 2021 Jr Adventure Camps - fishing, Archery, fort building ** New for summer 2021 Granite State Track & Field- ages 9-14 **New for Spring 2021 Special Programs for Seniors!! ** New for summer 2021

Got news? Send us your news and photos

Virtual Grief Support Available Through Lake Sunapee VNA

NEW LONDON, NH—Lake Sunapee VNA offers two virtual grief support groups for the community, which can be attended once, multiple times or as needed. To help anyone grieving during this pandemic and time of social distancing, a "Bereavement Check-in" group is available on the third Wednesday of every month from 4:00-5:00pm. A "Widow to Widow" group is held on the first Monday of every month from 3:30-5:00pm.

Anyone interested in participating in these free groups should email their contact information to Lori O'Connor at loconnor@lakesunapeevna.org and a member of the bereavement team will call with further details.

SCCD Seeks Nominations for Conservation Legacy Awards

UNITY, NH—In honor of the 75th anniversary for Conservation Districts in the State of NH, the Sullivan County Conservation District seeks nominations for the Conservation Legacy Award. This award seeks to honor the nominees sustained commitment to the stewardship of natural resources in Sullivan County.

For 75 years the County Conservation Districts have worked tirelessly with landowners and communities to promote the conservation and responsible use of natural and agricultural resources. The

Legacy Award endeavors to shine a spotlight on those who embody this mission. Busi-

nesses, organizations, individuals, and families are eligible for the award if they live in or are based in the County, have a minimum of 5 years experience of sustained commitment to conservation and stewardship.

25

Nominations should be no more than two pages and include a summary of why the nominee is deserving of this honor. Nominations could include information on the nominees' property stewardship, overall impact of the County's environmental health, activism on behalf of conservation and agriculture, education and outreach in the community, their willingness to share natural resource information with the public, service as a mentor for others, service to conservation organizations, and/or any notable accomplishments or awards.

Nominations are due to the SCCD no later than March 31, 2021 and can be submitted digitally or by hard copy in the mail. Nominations can be mailed to Conservation Legacy Awards, Sullivan County Conservation District, 95 County Farm Rd. Unity, NH 03743 or emailed to ddextraze@sullivancountynh.-gov.

These awardees will be announced in June 2021.

For further information about legacy awards, contact: Dawn Dextraze at 603-504-1004 or ddextraze@sullivancountynh.gov.

NEWS FROM THE SULLIVAN COUNTY CONSERVATION DISTRICT The 2021 Spring Plant Sale is Here! We are taking orders now.





This year's Plant Sale is now underway, featuring a variety of quality plants at good prices. The money raised from the sale supports conservation activities throughout the year, including workshops, programs and projects aimed at promoting and conserving the county's natural resources. This sale is also a service we provide for our community. All of the plants offered are hardy, healthy, and adapted to our growing conditions. Most are native, and none are invasive. New items this year include blueberries from Bascom Road Blueberry Farm in Newport. Bonus and Chandler Blueberries produce the largest berries. We are offering many Wild Edibles that are good for humans and wildlife alike. Elderberry is back due to popular demand and an increased awareness of the health benefits of elderberry syrup. We are selling it bare root and potted this year. You can find a recipe for elderberry syrup here or on our website.

Visit https://www.sccdnh.org/local-agriculture to view the catalog and download an order form. The order deadline is Wednesday, March 3rd.

Plant pick-up will be on Friday, April 30, and Saturday, May 1, at the Ahern Building garage, Sullivan County Complex, County Farm Rd. Unity, NH. You will receive an email or phone call to schedule a time frame for pick-up. ***Some wildflowers will not be ready for pick-up until the first week of June.

If you would like a catalog and order form mailed to you, please contact Dawn Dextraze at 603-542-9511 x269 or ddextraze@sullivan-countynh.gov.

Catalogs and order forms may also be found starting the first week of February at these places: Grantham Public Library, Acworth General Store, Claremont Community Center, Newport and Lempster Town Offices, Goshen Country Store, 100 Mile Market, and Plainfield Country Store.

Need Some Extra Space for Your Next Project/Business/ Creative Experiment?

CLAREMONT, NH—Need some extra space for your next project/business/creative experiment?

The Claremont MakerSpace has Personal Studio Spaces that provide personal work areas for dedicated users to call their own. Personal studio spaces are made up of 48" dividers and come in sizes of 60 sq/ft and 100 sq/ft, with each studio including 2 power outlets and an Ethernet jack.

Learn more about CMS Personal Studio Spaces at https://claremontmakerspace.org/studio-space/.

As well, they are currently offering tours of CMS. Tours are scheduled in advance and participants must follow our COVID-19 policies. To schedule a tour, please email info@twinstatemakerspaces.org.

Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo schedule for the new year:

Charlestown VFW Bingo is offering a weekly opportunity for some semblance of normalcy. Wednesday nights 5:00 for early birds and 6:30 for regular fun and games. Currently we play 12 regular and two 2 part games, as well as a 50/50 game, Winner-take-all game, Carry Over Coverall game and a Jackpot game. In Gov. Sununu's most recent mandate request is that when moving about the hall, please wear a face covering whenever 6' social distancing can't be maintained. While seated at the tables, masks may be removed. Be mindful that in the Gov.'s mandate there are many reasons why someone may choose to not wear a mask - and they cannot be questioned or made to prove why they choose not to; nor will they be penalized for not wearing a mask. Please be respectful of others.

Attendance will be limited to 94. We do have some masks on hand as well as plenty of hand sanitizer for your use. To all our patrons that choose to attend, thank you for your patronage during these turbulent times. For those who don't feel comfortable attending at this time, we understand and wish you well until we can meet again.

Tom St.Pierre, Commander, Charlestown Memorial VFW Post 8497

A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online.

Direct phone numbers and email addresses for each local office are listed on our website. Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM - 8

AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily MARKET BASKET 6 AM - 7 AM EVERY DAY Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERY-DAY WRJCT, Lebanon & Hanover PRICE CHOPPER 6AM - 7AM EVERYDAY-Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY Claremont & West Lebanon PLAINFIELD COUNTRY STORE Call ahead for curb side pickup, 709-7055. Prepared meals, grocery items.

Claremont Senior Center News

Hi everyone! We hope you had a good week despite the snow and ice. We have heard reports of a bright light in the sky that comes and goes. But has not stayed long enough for anyone to remember what it is. Some say it is back and forth between New England and Florida. Some reports say it may be something called "The Sun". Mmmm. Others say it will make its way back and stay longer. We hope so. All this ice and snow is crazy. But, the Center is humming - quietly waiting for the

voices and the Sun. Let's see what's up, shall we?

Thank you to all the lucky people who came to take-out the Sweetheart Italian Dinner last Saturday.

They loved the huge, homemade meatballs and the delicious Italian dessert. To those who missed all the scrumptiousness, the fantastic kitchen volunteers will be presenting a Turkey Dinner on Saturday, Mar. 20th. Hope to see you there. Wave!

This month's menu for take-out is packed with sunshine. Here are the meals for Tuesday and Thursday.

Tues. Mar.2-Crisp Salad, Golden Macaroni and Cheese, Ham, Stewed Tomatoes and Dessert. (Notice all the reds and gold for the color of the sunsets!). Marvelous.

Thurs., Mar. 4-Soup, Tasty Pulled Pork Sandwiches, Potato Salad and Dessert.

Members-\$4, non members-\$5. Pick up-11:45am-12:15pm. Call 543-5998 before 10:30am to reserve your meals. Thanks to our volunteers who are always spreading the sunshine.

It won't be long before the footsies will be out in the sunshine. Think ahead. So, get those footsies ready for their outing. Foot Clinics for March are Wednesdays-March 10th, 17th and the 24th. Call 603-748-1731 for an appointment. Remember, hiking takes good foot pampering.

The next blood drive will be Monday, March 29. Time-Noon-5pm. We know you will be as generous as you have been in the past. If you have never given, come in. The techs are great, gentle and understanding. They will guide you through the process. Someone will be very happy with your gift of life. Call 1-800-RED-CROSS- for an appointment.

The deadline for tax returns is approaching. Call now for an appointment to have your taxes prepared. Call-1-802-952 -3954. Remember, the Center is not making appointments, but the nice AARP tax group will be here to help. Please be patient. The mailbox may be full but keep calling. There has been a big response to this service. They will call you back. Thank you.

We are watching the news and it looks like the cases are down. Hopefully, the guidelines will ease up a bit so we can do some cautious socializing. We sure could use some conversation in these halls. Don't forget to come in for those puzzles and books. Just call 543-5998 for a time to come in. That is it for this week. Hope you all have a safe and healthy week. They say that object in the sky gives off warmth, Good grief! Bring it on!

Thought for the Week: Each day brings its own gift. Until the ribbon. Journal the gifts and count your blessings.

Claremont Senior Center,5 Acer Heights Rd., Claremont, NH, 603-543-5998, Masks req.

Claremont Fire Dept. Log

Sunday, February 21st

0056 Responded with E3 to Myrtle St. for a smoke detector sounding.

Monday, February 22nd

1453 Responded with E3 to Main St and Plains RD for a MVA.

1513 Responded with E3 to Main St for a MVA.

1731 Responded with E3 to Washington St for a MVA.

Tuesday, February 23rd

0708 Responded with E1 to Providence Ave for a medical Call.

0839 Responded with E1 to Pleasant St for a odor investigation.

1030 Responded with E1 to Washington St for an alarm sounding.

2024 Responded with E1 to Fern St for a medical call.

Wednesday, February 24th

0911 Responded with E1 to Chestnut St for a MVA.

1115 Responded with E1 to Maple Ave for a medical call.

1202 Responded with E3 to Sugar River Dr for a medical call.

Thursday, February 25th

1534 Responded with E3 to Kimball PI for a well being check.

2205 Responded with E3 to Main St for a medical call.

Friday, February 26th

1357 Responded with E3 to Pleasant St for an odor investigation.

1538 Responded with E3 to Pleasant St for a MVA.

1753 Responded with Car 2 to Summer St for a public assist.

Saturday, February 27th

1025 Responded with E3 to Washington St for a MVA.

2007 Responded with E3 to Bible Hill for a medical call.

2035 Responded with E3 to Bible Hill for a medical call.

2057 Responded with E3 to First St for a medical call.

2310 Responded with E3, E1 to Bond St for smoke in the building.

Center for the Arts: Lake Sunapee Region

March 5th - First Fridays! Virtual Winter Dance Performance Passion Prevails Pandemic 7:00-8:30

A virtual evening of new works by Kearsarge Conservatory of the Performing Arts Get the link at www.cfanh.org

www.centerfortheartsnh.org/first-fridays

March 13th - St Patrick Comes to New London! - Part of the CFA Performing Arts Series Postponed to 2022 www.centerfortheart-snh.org/performing-arts-series

April 2nd - First Fridays! Poetry Night! "Native American Beauty is Diversity" – 5:30-6:30 FREE

Guest Poets and readings by this year's contest winners- In collaboration with the Mt Kearsarge Indian Museum

A Sign Language Interpreted Event - Newbury Town Hall Community Room

ALL AGES: To submit a poem to this year's contest: VISIT https://centerfortheartsnh.org/poetry-contest

www.centerfortheartsnh.org/first-fridays **April 9th-11th** - "Turning Toward the Sun"

Postponed TBD

A SKIT theater production - by Ceil Warren – "Safely" at Whipple Hall-New London www.centerfortheartsnh.org/performing-artsseries

April 16th-18th - "Turning Toward the Sun" Postponed TBD

May 7th - First Fridays! Gallery Opening Receptions! 5:30-7:30 FREE

"Safe" Opening Receptions for New Exhibits – Dan Brenton at The New London Inn, Anna Marie Ash at Bar Harbor Bank & Trust, Gwen Nagel at Blue Loon Bakery, Whipple Hall TBD on Main Street, and Tatewell Gallery and New London Hospital on Newport Road! "Eat, Sip, Stroll, and Enjoy the Art!"

www.centerfortheartsnh.org/first-fridays ALL Exhibits Open during regular business hours.

Remembering Loved Ones...

Life Tributes 700

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

Robert A. Richner Jr., 50

Robert A. Richner Jr. "Rusty", 50, of Cossitt Avenue in Claremont, NH, died unexpectedly February 21, 2021.

He was born in Townshend, VT, on July 4, 1970, the son of Robert Sr. and Barbara (Sinclair) Richner.

Rusty served in the US Navy and worked for American Brush Manufacturing Company in Claremont.

He was a hard-working man that enjoyed taking care of his family and loved with all his heart. He enjoyed spending time with family and friends and would help anyone that needed it.

He was preceded in death by his mother, Barbara Richner, and his mother-in-law, Dorothy Percey.

The family includes his wife, Sonja (Lynde) Richner; his father, Robert A. Richner Sr.; two daughters, Ashley and Amelia; three stepsons, Shawn, John and Ron; also, many friends.

A Memorial Service was held on Saturday, February 27th at the Calvary Baptist Church, 97 Maple Avenue, Claremont, NH, with Pastor, Stephen Cook, officiating.

The Stringer Funeral Home is in charge of arrangements.

Ernest J. Chambers, 71

Ernest James Chambers, 71, of Lovers

Lane Road in Charlestown NH, passed peacefully on Sunday February 21, 2021, surrounded by his loving family.

He was born on October 6, 1949 in Randolph, VT, the son of James and Madeline (Flint) Chambers. He worked from the age of 15 to 71. He was never one to sit still, he had to have something to do at all times. He worked hard to provide for his family so they never had to want for anything. He spent most of his career as a gasoline and diesel mechanic. He retired from the Town of Charlestown Highway Department in 2016 after 18 years. During his retirement, he took on various jobs as a handyman doing renovation projects, grading town roads, and working for Ford of Claremont, delivering cars. He enlisted in the U.S. Army in July of 1969. He was honorably discharged in 1972 with the rank of Army Sergeant E5. He was proud to serve his country. Ernie was an avid outdoorsman. He loved spending time with his family and friend's turkey hunting, deer hunting in NH and PA, fishing, ice fishing, camping, four wheeling, gardening, riding his Harley and sitting by the campfire telling the stories of his life. He was

a skilled carpenter though he would never admit it, the first to lend a helping hand whether he knew you or not; his smile would light up any room and his laughter was infectious.

Ernie is survived by his wife of 52 years, the love of his life and soulmate, Dianne, whom he married on November 30, 1968; His son Lonnie and his wife Heather Chambers of Charlestown, NH, his daughter Deena and her husband Scott Holman of Gulf Breeze, FL; grandchildren Shelby and husband Will Laraway of Claremont, NH; grandchildren Hunter and Melodee Chambers of Charlestown, NH; and great grandchildren Karter & Harper Laraway of Claremont, NH; sister Ann and husband Gerald Callum of Newport, NH; sister Carolyn Duncan of Windsor, VT; sister Rose Chambers of Claremont, NH; brother Ricky and wife Brandi Chambers of Claremont NH; sister Penny and husband Brian Stammers of Cornish, NH; sister-in-law Wauneta and husband Rodney Hurd of Lempster, NH; sister-inlaw Robin Westney of Newport, NH; sister-inlaw Gloria and husband Robert Irons of Port Orange, FL; sister-in-law Michelle and husband Rodney Rumrill of Charlestown, NH; and

Safety glasses are your friend. Pr. Sam Giveen

All kinds of common eye injuries can be prevented just by wearing safety glasses. That's what Dr. Sam will tell you. Does he sound like your dad? Sometimes. But your dad had some good advice.

And so does Dr. Sam. See for yourself.

(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital)



brother-in-law Michael Walch and fiancé Denise of Charlestown, NH; one special nephew, Lance and wife Diane Callum of Newport, NH; and several other nieces and nephews; lifelong friends Marshall Thomas of Benton, KY, and John Gokey of Vernon, CT; and special friends Ross Macy and Lisa Decoteau of Charlestown, NH.

He was predeceased by his son, Jimmy. A Celebration of life will be held for family and close friends at a later date, once the snow melts and the green grass grows again.

You are invited to share a memory of Ernest with the family or leave a message of condolence in the family guest book at www.royfu-neralhome.com.

Barbara Garey, 84

Barbara Garey, 84, passed quietly at Sullivan County Health Care in Unity, NH, on February 19, 2021 after a long battle with Alzheimer's disease. She was born on August 16, 1936.

Barbara raised her three children by herself. She worked 30 years at Tambrands in Claremont, NH. She loved music, dancing, and camping. She enjoyed her grandchildren immeasurably.

She leaves behind her husband of 50 years, Herbert Garey of Ascutney, VT; her children, Deborah Pelton of Ascutney, VT and Cynthia Parker of Lebanon, NH; her brothers and sisters, Mary Bishop of Marion, OH, Howard Richards of Charlestown, NH, Jim Richards of Claremont, NH, Jane Turner of Oregon, and Shirley Elder. She has seven grandchildren: Joshua Pelton of Francestown, NH, Nick Pelton of Springfield, VT, Erica Parker of Lebanon, NH, Corey Parker of New York, Lucas Rapp of Springfield, VT, Justin Parker of Oregon and Alek Parker of Pittsfield, VT. She has 4 great grandchildren, Levi Parker, Jaxon Parker, Roewen Deyo, and Estelle Pelton.

She was predeceased by her son, Alan Parker, her sister, Carol Stevens and her brother, Skip Nugent.

A memorial service will be held March 6th at 11 AM at the Stringer Funeral Home, 146 Broad Street in Claremont, NH, with Rev. Michael Boy Pastor of the Ascutney Union Church officiating. Burial will be held in the spring in the Weathersfield Bow Cemetery.

Due to the COVID-19 pandemic, the Funeral Home and Garey family ask all attending the service to abide with all regulations and please wear a mask and use social distancing. The Claremont City Council will hold a Special public meeting on <u>Wednesday</u>, <u>March 3, 2021</u>, at 6:30 p.m. in the Council Chambers of City Hall and via Zoom.

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To join the webinar:

https://us02web.zoom.us/j/84126254161?pwd=cS9sQWh0TjYrWHd0cWpHYi9LbkR0QT09

Passcode: 671507 Or by telephone: 1-646-558-8656

Webinar ID: 841 2625 4161

Passcode: 671507

If there is a problem getting through to that number, please call 603-542-7002.

AGENDA

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(a) – PERSONNEL

8:00 PM 4. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, March 10, 2021, at 6:30 p.m. in the Council Chambers at City Hall and via Zoom.

ABSENTEE BALLOT AND OFFICIAL BALLOT ANNUAL SCHOOL DISTRICT ELECTION CLAREMONT, NEW HAMPSHIRE MARCH 9, 2021

many E. Woodman

INSTRUCTIONS TO VOTERS

A. TO VOTE, completely fill in the OVAL to the RIGHT of your choice(s) like this:
 B. Follow directions as to the number of candidates to be marked for each office.
 C. To vote for a person whose name is not printed on the ballot, write the candidate's name on the line provided and completely fill in the OVAL.

Article 1: Election of School District Officials

To elect a Moderator, District Clerk, and District Treasurer, each for a one (1) year term, and THREE (3) School Board members, each for a three (3) year term.

FOR SCHOOL BOARD MEMBER Vote for NOT or THREE Years MORE THAN THREE		FOR SCHOOL DISTRICT CLERK Vote for NOT for ONE Year MORE THAN ONE	FOR MODERATOR Vote for NOT MORE THAN ONE TRACY POPE
JOSHUA LAMBERT	0	MARY WOODMAN	(Write-in)
HEATHER WHITNEY	0	(Write-in)	(time sy
(Write-in) (Write-in)	0000	FOR TREASURER Vote for NOT MORE THAN ONE (Write-in)	
Do you approve of the process us	sed to	ALTERNATE BALLOT conduct Claremont School District's 2021 A	nnual District Meeting? YES
			NO C
		ARTICLES	
budget posted with the warrant or set forth therein, totaling THIRT' HUNDRED SIX DOLLARS? (\$37, SEVEN MILLION SEVEN HUNDR (\$37,762,398) which is the same Claremont School District or by lay	AS AM Y SEV ,785,44 RED SI e as la w, or th	e and appropriate as an operating budget to sended by vote of the first session and secon in the secon multiple of the first session and secon in the secon multiple of the second multiple o	rick session, for the purposes Y FIVE THOUSAND FOUR sult budget shall be THIRTY NINETY EIGHT DOLLARS. If by previous action of the

Annual School District Election

<u>Drive-Up Voting</u> <u>Instituted for This</u> <u>Year's Election</u>

CLAREMONT, NH—On March 9, between the hours of 8 AM and 7 PM, drive-up voting will be conducted for the annual School District Election. Ward 1 will be voting at Stevens High School, Ward 2 will be voting at Claremont Middle School, and Ward 3 will be voting at the Disnard Elementary School.

Voters participating in drive-up voting will be required to press their driver's license or state issued identification card against the window of their vehicle to be checked in. All qualified voters will be issued a formal Official and Alternate Ballot. The voters will be asked to approve the process used to conduct the Annual Meeting. If the process is not approved, the warrant articles shall be deemed disapproved and the School Board may either hold another meeting prior to September 1, 2021, to adopt an operating budget or the School Board may deem that the meeting adopted the prior year's operating budget, not including separate warrant articles.

Voters should mark the entire ballot even if they do not approve of the process. All election results will count regardless of whether the optional process is approved.

CITY OF CLAREMONT - DEPARTMENT OF PUBLIC WORKS ROADWAYS POSTED FOR 6-TON LIMIT

The following list of streets and roads will be posted for a 6-ton limit effective <u>February 26, 2021</u>. This posting is due to spring thawing conditions and will remain until the ground stabilizes. We sincerely regret any inconvenience this may cause; but such action is necessary to protect the road surfaces.

Ainsworth Road	Ironwood Hill Road	Sugar River Drive
Alden Road	Kingsbury Street	Tengren Avenue
Beauregard Street	Lane Ridge Road	Thrasher Road
Bible Hill Road	Lincoln Heights (gravel)	Twistback Road (Citizen to Old Church)
Bonmark Drive	Minckler Road	Veterans Park Road
Bonneau Road	Monadnock Park	Whites Hill Road
Bowker Street to Rt 120	Moody Park	Whitewater Brook Road
Calavant Hill Road	Old Highbridge Road	Windy Hill Road
Cat Hole Road	Old Church Road	Winter Street (Washington to Rt 120)
Case Hill Road	Olde Coach Road	
Clay Hill Road	Paddy Hollow Road	15
Craigue's Hill Road	Pappas Road	
East Green Mt. Road	Piper Hill Road	18
Ellis Lane	Puckershire Avenue	35 35
Elm St. Extension (Thrasher to RT. 120)	Red Water Brook Road (120 to Thrasher)	
Ferry Landing Road	Roberts Hill Road	
Fitch Reservoir Road	Roosevelt Road	46
Foisy Hill Road	Russell Jarvis Homestead	18
Goss Street	Skyline Drive	
Half Mile Road	Slab City Road	
Hewitt Road	Spring Farm Road	
Hogback Road	Steward Avenue	4
Holly Hill Road	Strand Road	

Alex Gleeson, Director of Public Works