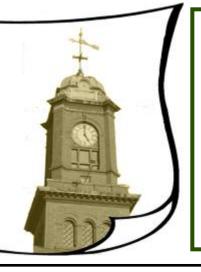


e-Ticker News of Claremont

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JSL Building Soon to Be Under New Ownership; page A6

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October 19, 2020

Claremont Man Arrested Following Investigation of Multiple Store Robberies

CLAREMONT, NH—On October 15, Claremont Police Department investigators arrested Nathan E.

Lane, 32, Claremont, NH, for his alleged involvement in the following robberies:

August 27, 2020 robbery of the CVS store on Wall Street

August 29, 2020 robbery of



Nathan E. Lane

the CVS store for the second time

September 15, 2020 robbery of the Cumberland Farms store on Pleasant Street

September 16, 2020 robbery of the Family Dollar store on Pleasant Street

Lane was charged with the following offenses:

Robbery--Four Counts Attempted Robbery Theft

Attempted Theft

Lane was detained at the Sullivan County Jail without bail until his arraignment in Sullivan County Superior Court which had been set for Friday, Oct. 16.

Claremont Police Chief Mark Chase said that "The Claremont Police Department would like to thank the Sullivan County Attorney's Office, the Sullivan County Sheriff's Office, the NH State Police Forensic Laboratory, and the New Hampshire State Police K-9 Unit for their assistance in the investigation."

'We're Drowning in Absentee Ballots!'

Health, Security Concerns Color 2020 General Election

By Eric Zengota e-Ticker News

CLAREMONT, NH—Gwen Melcher is not exaggerating about that tsunami of ballots. All you'd have to do is look at the piles of envelopes on, around and near her desk.

The numbers tell the story. Melcher, Claremont's city clerk since 2003, reported that as of Oct. 16, she had issued 945 absentee ballots, and that 650 have been returned. By comparison, the figures from the last presidential election were nowhere as large. In 2016, she issued 437 absentee ballots, of which 422 were returned.

Her counterparts in surrounding towns are dealing with similar numbers.

Liselle Dufort, Newport's town clerk, has issued 563 ballots and, as of Oct. 15, has received 380. In the 2016 general election, she issued 270 ballots; 259 were returned.

Cornish's town clerk, Paula Harthan, has issued 250 absentee ballots through Oct. 15, and half have been returned. Both numbers are larger than those in the 2016 election.

Why the increased demand for absentee voting? Blame the widespread fear of contracting COVID-19. For the first time, a New Hampshire voter can

MALES ALL STATES AND ALL STATES AND

Mercedes LaQuire, Claremont's assistant city clerk, files returned absentee ballots, by ward, in three boxes. The boxes will be at the polling stations on Election Day, when the ballots will be unsealed and sent through the voting machines (Eric Zengota photo).

check a box on the official application that gives "concern for the novel coronavirus" as a reason for applying for an absentee ballot.

(Continued on page A2)

Ballots, from A1

"Here in Claremont, we've been following health and safety guidelines since the primary election in September," noted Melcher. "Voters must be masked and practice social distancing. They can request a protected area in which to mark their ballot. All of our poll workers are masked and those at the check-in tables are separated by plexiglass panels. Still, we understand why people are hesitant to wait in potentially long lines, no matter how far apart they may be from other individuals."

Absentee voting, however, sparks its own issues. Given recent nationwide attempts to slow down mail delivery — including that of ballots both sent out and returned — voters must mail them in plenty of time to arrive by Election Day. Similarly, voters who hand-deliver ballots to their municipal offices have to be aware of opening hours and approved drop-off locations

Dufort, the Newport town clerk, observed that the integrity of the absentee-ballot voting process is another concern. "We've had a few voters request a receipt for turning in their bal-

e-Ticker News of Claremont LLC is published Mondays

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lot. We've had people complain that getting to the web page to view their absentee ballot status is too cumbersome. We've had a few people call weekly asking us to go through the ballots and find theirs to make sure we still have it. Many people are very scared about voting absentee, but still feel that for their personal safety they need to vote that way. In my almost 10 years and three presidential general elections, I have never witnessed so much genuine fear over the security of the election."

And those piles of envelopes crowding Melcher's workspace? She whittles them down every day, leaving the desk bare — at least until the next mail delivery. But, she adds, "I couldn't do it without the Collections staff helping out. Barbara Dubaniewicz and Heather Boone have been accepting ballots and handing them over to me. So has Mercedes LaQuire, the assistant city clerk and my righthand person. She and I file the returned ballots in the three ward boxes." On Election Day, workers in each ward start sending the ballots through the voting machines at 9 AM.

Melcher outlined what happens to a ballot when it comes into the office. Open the outer, mailing envelope. Check that the affidavit attached to the inner envelope is signed. Match the voter's name to their entry in the database and record the ballot's return. Ensure that the inner envelope containing the ballot is sealed. File the ballot envelope in the appropriate ward box for secure transport to the ward on Election Day.

"I certainly have to thank the poll workers," said Melcher. "The stress is heightened in this election cycle. We've heard that other communities have lost poll workers who decided not to take part this year. Fortunately, all of ours

have stayed on. Claremont's in-person voting promises to go very smoothly."

Important Dates for Claremont Voters

Wednesday, Oct. 28. Last day to register new voters, in person or by form delivered in that day's mail.

From 7 to 7:30 PM, the supervisors of the checklist hold a special session in the city clerk's office to register new voters or make changes to the voter checklist.

Monday, Nov. 2, by 5 PM. Last day and time to request and deliver absentee ballots in person at the city clerk's office.

Tuesday, Nov. 3, Election Day.

Polling stations in all three wards are open from 8 AM to 7 PM.

Absentee ballots received in that day's mail will be counted.

<u>8 AM to 9 AM only.</u> Voters who have already voted by absentee ballot have <u>only one</u> <u>hour</u> to declare their intention to instead vote in person. Poll workers will invalidate the absentee ballot and issue a regular paper ballot for the voter to use. After 9 AM, poll workers will unseal all other absentee ballots and process them through the voting machines as time allows.

Still have questions on voting, whether by absentee ballot or in person? Call 603-542-7003.

TUESDAY, OCTOBER 27 ATTENTION CORNISH VOTERS REGISTERING TO VOTE

Supervisors of the Checklist will be at the Town Office to register new voters and will have a normal meeting 7-7:30 on October 27 for additions and corrections to the list of legal voters.

Please bring photo IDs and proof of domicile. A mask is required.

NH Lottery Numbers 10/17/2020

NH PowerBall 6 10 31 37 44 23

NH Mega Millions 10/16/2020 27 32 50 52 57 12

<u>Tristate Megabucks 10/17/2020</u> 7 13 20 26 33 3

For more lottery numbers, https://www.nhlottery.com/













The Chambers in the Dartmouth-Lake Sunapee Region are working together, in cooperation with the State of New Hampshire's GOFERR committee, to bring products and services to our communities that will help us all continue the journey of recovery and prosperity as we start to emerge from the COVID-19 pandemic.

We welcome you to complete the Safety Supplies application if you are in need of Personal Protective Equipment, Sanitation Supplies, Customer Service Dividers or other products to keep your employees and customers safe. We welcome you to complete Business Support Services application if you are in need of any Business Support services including, but not limited to, assistance with e-commerce or social media management.

Both applications can be found on our website https://www.greaterclaremontnh.org/COVID-19-Information/

All applications will be reviewed and applicants notified of their application status no later than October 30, 2020

Please contact Elyse with any questions you may have at 603-558-4539 or director@greaterclaremontnh.org

Has Voted for Gagnon for County Commissioner Seat

To The Editor:

Election day might be November 3rd, but the election is already underway. I dropped off my family's ballots at city hall last week. I was excited to cast my vote for Ray Gagnon for Sullivan County Commissioner (District 1), and I hope you will consider doing the same.

Ray has centered his campaign on Sullivan County's most pressing issue, the economy. That's not surprising, with our community poised on the cusp of an economic rebound. Ray's past public service at multiple levels of government, including several terms on the Claremont city council, equip him for preparing and managing the county's budgets and resources. His communications and marketing experience will be excellent for promoting the county's various assets.

But what really sold me on Ray is the easy way he talks to people. He takes pride in his "common-sense approach to government."

One can point to his past record of public service and achievements in office as proof of his suitability for the seat as commissioner. He has also received the endorsement of the outgoing commissioner, Jeff Barrette. But ask around, and you'll quickly find that Ray is respected for his ability to work across the aisle to get things done.

We need more of that. Everyone says we live in divided times. Well, if that's so, then a key part of the solution to get past that division is to choose civic leaders who know how to bring people together. We need our local leadership to unify and rally others for the good of the community. Ray is that candidate for District 1, and that's why I hope he will receive your vote.

Sam Killay, Claremont, NH

Re-Elect Linda Tanner for Dist. 9

To The Editor:

Do you vote and want that vote to make a difference in your community? If so join with me in voting and re-electing Rep. Linda Tanner for Sullivan County District 9. Rep. Tanner is one of the few elected officials that has actually made a positive economic impact in my hometown of Newport, NH. As a member of the House Committee last year she worked tirelessly to bring home over 1 million dollars of tax relief in education aid to Newport busi-

Letters To The Editor

nesses and taxpayers. A quality public education is critical to the economic health of our community and State. The well being of our children and grandchildren locally depends on a well funded public education. No matter what obstacle and adversity came Linda's way in passing this bill, be it a veto or private corporate interest from outside our region, she did not quit and brought home the needed funds. I can count on Linda to provide me with honest, factual information on the bills and workings of our government.

These next two year will be even more critical to Sullivan County as the needed aid from the previous session will sunset and the NH Education Commission will make a recommendation on how to solve the education crisis. Linda listens and respects her constituents. She has and will make a difference in our local economy and education funding. An over reliance on property taxes is a huge concern for many Sullivan County residents. I urge you to vote for Linda Tanner, a voice for Sullivan County District 9.

Kathy Hubert, Newport, NH

Re-Elect Cryans to Exec. Council

To The Editor:

Mike Cryans is running again, and running still. Running again for the NH executive Council; Running still as an elite runner. By year's end, he will have run every day, every single day, for 10 straight years, 10 miles a day, almost one and a half times around the planet. Extraordinary.

There must have been times when he didn't feel like it, times when he was sick, times when it was inconvenient, bad weather, but he never gave up. He ran every single day.

So, he's running again and he's running still. The same word, differently applied, has much in common with Mike.

Both running for office and running require discipline, commitment, obligation, perseverance, concentration, character, steadfastness, to name just a few of the qualities Mike brings to serving on the Executive Council, making supporting him an easy decision, as he runs, and runs.

Vote Mike Cryans for the New Hampshire Executive Council, First District.

George Hathorn, Hanover, NH

Supports Cryans for Re-election

To The Editor:

I am writing in strong support of Mike Cryans for reelection to the Executive Council, District 1. Mike has served with distinction since beginning his term on January 3, 2019. The NH Executive Council shares authority with the Governor regarding appointments, approval of contracts over \$10,000 and the granting of pardons. The Executive Council acts as a board of trustees for the state of New Hampshire. Born and raised in Littleton, NH, Mike has worked for New Hampshire residents during his entire career - first as a teacher, later as a banker and up until a few years ago as an administrator of a social service agency. In serving with Ray Burton for 16 years as a member of the Grafton County Board of Commissioners, Mike learned much.

In the first six months of his term, Mike personally visited all 108 towns and four cities in his district and met with local officials and interested parties. Mike's priority is constituent service and in that regard, he has assisted many people with unemployment compensation, disability claims, and state permitting issues. Mike serves all the people of District 1, regardless of political affiliation. He knows the district well and is a good steward of the public trust. Mike maintains regular contact with his constituents throughout this large district which encompasses more than 2/3rd of the state's land area. Please vote for Mike Cryans for the Executive Council, District 1.

Gerald Coogan, New London, NH

Endorses Gagnon for County Seat

To the Editor:

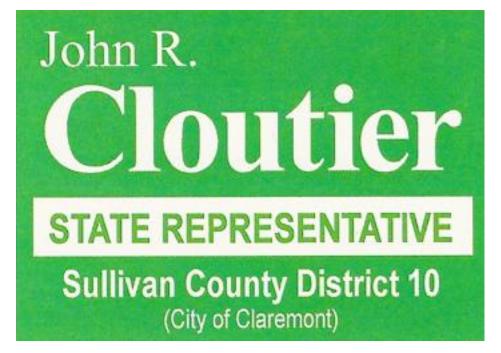
I am writing to endorse Ray Gagnon for County Commissioner in District 1, Sullivan County. The county, the state and the nation are facing uncertain times and we need a steady hand. Ray is that steady hand. He will make the right decision regarding county budgets and the future of the county's need for a nursing home. His experience will be invaluable in the upcoming term. His vast experience as a representative, mayor, and councilor have created a man with the expertise we need. A final point that is often overlooked is that he is also a cool grandpa.

Jim Contois, Claremont, NH

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Vote For



As your State Representative:

- 1. In 2019 I voted for a State Operating Budget that provided more state aid, and, cut property taxes.
- 2. In 2016 I helped save public transportation for Sullivan County.
- 3. In 2014 I was the prime sponsor of HB 650, creating Claremont-Lebanon bus service, which should start soon.
- 4. In 2006 I opposed a proposed new \$42 million Sullivan County jail.
- 5. Instead, in 2008 I supported a less expensive County jail addition, which cost under \$10 million.
- 6. This addition included the model TRAILS Program, which has helped jail inmates, while reducing the number of inmates returning to jail.
- 7. In 2008 I served as Chair of the Joint Long Range Committee which transferred a parcel of former state property on Winter St. (National Guard Armory) to City of Claremont, which was then put back on tax rolls.
- 8. In 2004 I co-sponsored a law (SB 436) which stopped Claremont's District Court from closing.
- 9. In 2003 I first secured funds in the Capital Budget to repair Claremont's Monadnock State Office Building.
- 10. In 1999 I helped to enact a law (HB 609) which prevented Sullivan County from being forced to build a new sewage treatment plant by devising a cheaper alternative.

Please vote for John R. Cloutier for State Rep. either by absentee ballot or on Nov. 3!

Thank you.

JSL Building Soon to Be Under New Ownership

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—The Junior Sports
League Building is expected to soon be under
new ownership and City officials could not be
happier with the development. The City recently sought bids again on the School Street
property and local business owners Jeff and
Sarah Barrette submitted a bid of \$5,000, the
only bid, for the property. Known best as the
owners of the Ink Factory, a screen printing
business, they also own a sign and lettering
business as well as Awesome Sauce, a food
business, both of which they acquired after
moving the Ink Factory to one of the historic
mill buildings on Water Street.

According to a memorandum from the City, the Barrettes' proposed use of the property will be to house all their businesses which are expected to expand and create additional jobs. Currently they have seven full-time employees, and it is anticipated that between the businesses, an additional seven full-time jobs will be created over the next three years.

Speaking during Wednesday night's Council Zoom meeting, Jeff Barrette said they plan to invest about \$400,000 in improving the property as they complete renovations of the building. The repurposing of the building includes replacing the existing ramp and stairs to meet ADA standards, new windows, new electrical and lighting and a new heating system. Other improvements will also be undertaken, such as outside repairs and a second parking area added. Total space of the building is about 18,000 square feet.

Barrette said they would like to get started as soon as possible, to get roof repairs done and replace the heating system before cold weather sets in. The City has been spending a nominal amount of money to heat the building as it sat idle over the last six years; it was shut down due to building and safety code issues.

The sale is welcomed as it means the property will be added to the tax rolls when it goes from being City-owned to privately owned. Barrette said a new assessment of \$311,000 was recently done and will result in a tax bill of about \$12,700.

The proposal will have to go before the Zoning Board for a variance and the Planning

Board with a site plan before the sale is finalized. Barrette said he has been working on presentations for both in anticipation of the project going forward and to help move the process along so that they can make the necessary repairs before winter, saying, "We would like to close as soon as possible. I want to see the damage to the building stop."

The Council unanimously passed a motion to authorize the sale of the City-owned pro-

perty. Several of the councilors thanked Barrette for helping the community move forward with yet another project. "We have a pretty good idea of how it will all work," said Barrette. "We're really pretty excited about the whole project." He added, "I think there is a better use for our Water Street building than what we are currently using it for. The building is so attractive that it would lend itself to some great gathering place."

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10,000 of the Best — for the Best

Rotarians Distribute Masks to Frontline Workers

By Eric Zengota e-Ticker News

CLAREMONT, NH—Last Thursday was a good day for Claremont. Members of the Claremont-Sugar River Rotary Club delivered 10,000 medical grade masks to first responders, healthcare providers and school employees. These local heroes work every day to keep the community healthy and safe in the COVID-19 pandemic.

Claremont's masks are a fraction of those delivered during Rotary's Million Mask Challenge Tour, provided through the philanthropy of the Rossi Family Foundation. Rotary districts throughout New England took on the challenge to answer the call, work together and save lives.

Representatives from Valley Regional Hospital, Golden Cross Ambulance, Sullivan County Health Care ("the nursing home") and SAU6 picked up their allotments on Thursday. The City of Claremont will receive its masks, intended for use by the fire and police departments, pending City Council approval of the donation at its Oct. 28 meeting.

Each packet of 50 masks is valued at \$15. "This means big savings for us and the City," said Allyn Girard, coowner of Golden Cross. "We provide 4,500 transports every year, and medical grade masks are just what we need to keep everyone as safe as possible."

Top left: Rotarian Jessica
Ball (left), Valley Regional
Hospital's medical imaging
manager, hands over a carton of masks to Angie Paquette, VRH's director of
facilities and materials.
Top right: Rotarian Gary
Merchant (left), delivers
masks to SAU6 superinten-

dent Michael Tempesta and assistant su-

perintendent Donna Magoon. Bottom: The distribution point in Concord, NH; Mayor Charlene Lovett made the trip to the Capital City to pick up the 10,000 masks for Claremont.



(Photos: Eric Zengota and courtesy).

CLAREMONT MUNICIPAL CEMETERIES FALL MAINTENANCE

All flowers (real & artificial), vases, and/or valuable items placed in municipal cemeteries must be removed before November 1, 2020. After that date said materials will be removed by cemetery personnel.

Jeremy Clay Assistant Director of Public Works Paid Political Ad Paid Political Ad Paid Political Ad Paid Political Ad



Let's keep working together!



Re-elect Walt for House Rep. Claremont Ward 3

In for the "long haul" and a return to Concord to keep working us out of the COVID pandemic that stopped due-process on a lot of good legislation like PFAS and lead remediation, a basic dental benefit in Medicaid, education adequacy funding, 10-year Transportation Plan, etc.!

My record proves it: 100% attendance and 98% voting record in both House sessions and Health & Human Services committee; sponsored, co-sponsored or collaborated on a dozen+ bills as a 1st term representative, and proud of my ability to work cooperatively with colleagues, party-aside, for the benefit of our community, and on the Sullivan County Delegation!

I'm For:

- Continue to resolve Adequate Education Funding, fair for communities and court-compliant!
- Craft a better bill for renewable energy and Net Metering, that doesn't raise our power bills!
- Fiscally responsible legislation ("No" on bills without Fiscal Notes that would impact taxes)!
- Promoting the quality of our Sullivan County Nursing home with facility improvement!
- Sensible COVID protocols, pandemic liability immunity for responsible-acting persons/entities!
- Responsible stewardship of environment that doesn't kill jobs or retard our standard of Living!

Against:

- Defunding or restricting the capabilities of Police to maintain order and public safety!
- Broad-based sales or income taxes that would double-load taxpayers and defeat NH Advantage!
- Sanctuary Cities that impair Federal funding and adversely affect local tax load and safety!
- Unconstitutional compromises, esp. against First, Second and Fourteenth Amendment rights!

Responding timely to your phone calls, emails and requests is my prime commitment and I welcome your questions and inquiries! waltstapleton@comcast.net, cell 603-995-1034.

Please Vote for me on November 3rd!

WE'RE HIRING NURSES!







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One Credit Union is currently seeking an experienced <u>Part-Time Teller</u> to join our <u>Claremont</u>, New Hampshire team, located at 5 Kinney Place.

The ideal candidate will have:

- Minimum of (1-3) years Teller experience
- · Prior cash handling experience
- Particularly strong skills in branch operations and customer service
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- Strong oral and written communication skills
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- Strong TEAM player
- Demonstrated organizational skills while managing multiple tasks
- Demonstrated time management and prioritization skills

The <u>Part-Time Teller</u> reports to the Branch Manager and performs the duties of Teller.

Requirements:

- Education Requirements: High School Diploma or equivalent combination of education & experience.
- Wages commensurate with experience and skillsets.
- Benefits offered: 401k plan

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One Credit Union is currently seeking an experienced full-time <u>Commercial Loan Processor</u> to join our team.

The ideal candidate will have:

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- Understanding of related legal and regulatory standards and required loan documentation.
- Knowledge of consumer and residential lending practices.
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- Outstanding attention to detail.
- · Excellent interviewing, communication and public relations skills.
- · Demonstrated analytical and financial skills.
- · Ability to operate related computer applications.

The full-time <u>Commercial Loan Processor</u> reports to the Senior Commercial Loan Officer.

Requirements:

- Education Requirements: High School Diploma or equivalent combination of education & experience.
- Wages commensurate with experience and skillsets.
- Benefits offered: Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k Plan, Paid Holidays, Paid Time Off (PTO)

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Andrew O'Hearne Candidate for State Representative Ward 1



Virginia "Biddy" Irwin Candidate for Sullivan County



Ray Gagnon
Candidate for Sullivan County
Commissioner District 1



lidate for State Representative

Gary Merchant Candidate for State Representative



John Cloutier Candidate for State Representative Citywide

We're ready to work for Claremont at the State & County level!

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- Improving Healthcare
- Reducing Property Tax
- ☑ Funding Public Education
- Protecting the Environment
- Fighting Inequality

Andrew O'Hearne John Cloutier Virginia "Biddy" Irwin

Liza Draper Gary Merchant Roy Gagnon

Vote by or on November 3

Avoid COVID: Vote safely from home. Request your ballot* now!...
www.voteinnh.org
*Be sure to sign it



COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

Sununu Orders Face Coverings for Gatherings of 100 or More

CONCORD, NH—Gov. Sununu issued Emergency Order #63, an order requiring face coverings for scheduled gatherings of 100 or more individuals attending social, spiritual and recreational activities. Fines or penalties may be issued to those who willfully disobey the order, said the state.

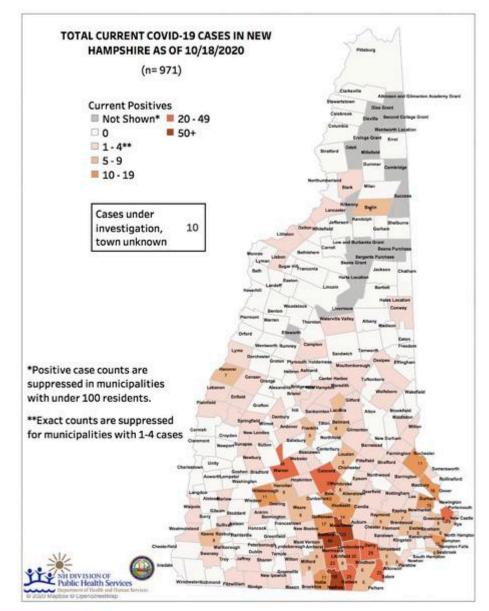
NH DHHS COVID-19 Update – Oct. 18, 2020

CONCORD NH - On Sunday, October 18,

2020, DHHS announced 70 new positive test results for COVID-19, for a daily PCR test positivity rate of 0.7%. Today's results include 58 people who tested positive by PCR test and 12 who tested positive by antigen test. There are now 971 current COVID-19 cases diagnosed in New Hampshire.

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are twelve individuals under the age of 18 and the rest are adults with 47% being female and 53% being male.

The new cases reside in Hillsborough County other than Manchester and Nashua (15), Rockingham (14), Merrimack (9), Belknap (3), Strafford (3), Coos (2), Cheshire (1), Grafton (1), and Sullivan (1) counties, and in the cities of Manchester (12) and



Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	191	2.0%	14	1.8%	5	1.1%
Carroll	Total	135	1.4%	14	1.8%	2	0.4%
Cheshire	Total	172	1.8%	12	1.6%	3	0.6%
Coos	Total	33	0.3%	1	0.1%	0	0.0%
Grafton	Total	181	1.9%	8	1.1%	1	0.2%
Hillsborough	Manchester	2,283	23.6%	217	28.5%	120	25.7%
	Nashua	1,111	11.5%	84	11.0%	40	8.6%
	Outside Manchester and Nashua	1,725	17.8%	148	19.4%	151	32.3%
	Total	5,119	52.8%	449	59.0%	311	66.6%
Merrimack	Total	764	7.9%	49	6.4%	25	5.4%
Rockingham	Total	2,370	24.4%	179	23.5%	105	22.5%
Strafford	Total	647	6.7%	31	4.1%	14	3.0%
Sullivan	Total	69	0.7%	4	0.5%	1	0.2%
Unknown	Total	13	0.1%	0	0.0%	0	0.0%
Grand Total		9,694	100.0%	761	100.0%	467	100.09

Data as of: 10/18/2020

Nashua (6). The county of residence is being determined for three new cases.

No new hospitalized cases were reported. There are currently 17 individuals hospitalized with COVID-19. None of the new cases had no identified risk factors. Community-based transmission continues to occur in the State and has been identified in all counties. Of those with complete risk information, most of the cases have either had close contact with a person with a confirmed COVID-19 diagnosis or are associated with an outbreak setting.

DHHS has also announced one additional death related to COVID-19:

1 male resident of Merrimack County, 60 years of age and older

In New Hampshire since the start of the pandemic, there have been a total of 9,694 cases of COVID-19 diagnosed with 761 (8%) of those having been hospitalized.

INVESTING TIPS

PART 2 Brush Up on Your IRA Facts

(Continued from last week's issue.)

IRAs continue to play a prominent role in the retirement saving strategies of Americans.

If you are opening an individual retirement account (IRA) for the first time or need a refresher course on the specifics of IRA ownership, here are some facts for your consideration.

IRAS IN AMERICA

IRAs continue to play an increasingly prominent role in the retirement saving strategies of Americans. According to the Investment Company Institute (ICI), more than one third of U.S. households owned IRAs in 2017. Traditional IRAs, the most common variety, are held by more than one quarter of U.S. households, followed by Roth IRAs and employer-sponsored IRAs (including SEP-IRAs, SAR-SEP IRAs, and SIMPLE IRAs).1

DISTRIBUTIONS

You may begin withdrawing money from a traditional IRA without penalty after age 591/2. Generally, previously untaxed contributions and earnings are taxable at the then-current regular

income tax rate. Nondeductible contributions are generally not taxable because those amounts have already been taxed.

You must begin receiving minimum annual distributions from your traditional IRA once you reach age 72 and then annually thereafter.² If your distributions in any year after you reach 72 are less than the required minimum, you may be subject to an additional federal tax equal to 50% of the difference.

Unlike traditional IRAs, Roth IRAs do not require the account holder to take distributions during his or her lifetime. This feature can prove very attractive to those individuals who would like to use the Roth IRA as an estate planning tool.

This communication is not intended as investment and/or tax advice and should not be treated as such. Each individual's situation is different. You should contact your financial professional to discuss your personal situation.



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¹Investment Company Institute, "The Role of IRAs in US Households' Saving for Retirement," 2017. ²This age was increased from 70½, effective January 1, 2020. Account holders who turned 70½ before that date are subject to the old rules.

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e-Ticker Business News

Springfield Medical Care Systems Earns Gold Award for Employee Health and Wellness

SPRINGFIELD, VT—Springfield Medical Care Systems recently received recognition for their commitment to the health and wellbeing of their employees. For a second year, SMCS earned a Gold Award for Excellence in Worksite Wellness from the Vermont Governor's Council on Physical Fitness and Sports.

This Council promotes physical fitness within schools, governments, and the private sector. Each year, the Council identifies employers that prioritize their employees' health and encourage their staff to do the same. The Gold Level award is the highest level of recognition for employers based on the quality of their employee wellness programs. Janet E. Franz, Chairperson for the Council, reported they continue to see a record number of Worksite Wellness Award applicants each year.

"SMCS is pleased to receive this affirmation of their commitment to employee health and wellness. We have a longstanding wellness committee that focuses on creation and execution of health incentives for employees. These incentives include 30-day fitness challenges. healthy eating challenges, walking programs, and on-site education," commented Robyn Priebe who participates on the committee. "SMCS recently launched a new wellness portal for staff to help them track healthy habits, make behavior changes, and stay motivated as they improve their health and wellbeing. SMCS also offers employees discounted gym memberships, on-site employee gyms at some of their facilities, access to free wellness coaching, and a myriad of other services to support employee health," she added.

SMCS also collaborates with local community organizations to offer a wide variety of wellness-based activities that encourage healthier living.

For more information on the SMCS worksite wellness program, please contact Robyn Priebe, RD, CD, CDE, at 802-885-7670 or email rpriebe@springfieldmed.org.

Robyn Priebe, RD, CD, CDE, and Colby White, BS, Benefits Specialist for Springfield Medical Care Systems (Courtesy photo).



Remote Lunches A Delicious Partnership

NEW LONDON, NH – With an ongoing commitment to find new ways to acknowledge its dedicated staff for their hard work at this challenging time and always, Lake Sunapee Region VNA & Hospice (LSRVNA) offered "Grab & Go" remote lunches this summer at several locations throughout the agency's 32-town service area. The goal was to thank employees with a special treat and make it as easy as possible for them to participate. Staff ordered a complimentary lunch paid for by LSRVNA and then arrived at the designated location to drive through and pick up their order, masks on for safety!

(Cont. on page A17)





e-Ticker Business News

Lunches, from A16

"We were happy to support and sincerely thank the restaurants from which we purchased food for going the extra mile to help us out," said Cathy Raymond, Development Officer at LSRVNA. "We also appreciate the parking lot locations donated for our use for staff to 'grab' their lunches. It truly was a delicious partnership!"

Restaurants and "grab" locations included Ramunto's Restaurant in Claremont (distributed at City of Claremont/Monadnock Park), Camden Brook Market & Café in Newport (distributed at their business parking lot), Blackwater Diner in Andover (distributed at The Refinery parking lot), Fenton's Landing in Sunapee (dis-

tributed at SAU 85/Sherburne Gym parking lot), The Fort in Lebanon (distributed at Lebanon Elks Club parking lot), and Tucker's in New London (distributed at LSRVNA).

For information about Lake Sunapee Region VNA & Hospice, call 603-526-4077 or visit <u>lakesunapeevna.org</u>.

LSRVNA business office manager Melinda Palmer (right) hands LSRVNA occupational therapist Rachel Hampson a complimentary lunch at one of the agency's "Grab & Go" remote lunches held this summer and fall to thank staff (Courtesy photo).

Dartmouth-Hitchcock Neurologist Named Tech Professional of the Year by NH Tech Alliance

LEBANON, NH—Dartmouth-Hitchcock neurologist Barbara Jobst, M.D., Ph.D., has been named the 2020 Tech Professional of the Year by the NH Tech Alliance. The honor was announced at the fifth annual 'TechWomen/TechGirls' awards luncheon, held virtually earlier this month.

The annual award acknowledges the accomplishments of New Hampshire women who contribute to help advance science, technology, engineering and math (STEM) education and/or professional STEM advancements for women throughout the state.

Jobst serves as Co-director of the Dartmouth-Hitchcock (D-H) Epilepsy Center at Dartmouth-Hitchcock Medical Center in Lebanon. She is the section chief for Adult Neurology and Vice Chair of the Neurology Department. She is also the Louis and Ruth Frank Endowed Professor of Neurosciences at the Geisel School of Medicine at Dartmouth.

"I am honored to be recognized by the NH Tech Alliance, and applaud their efforts to illuminate the work of women in STEM fields and in promoting STEM opportunities to girls and young women throughout the state," said Jobst.

Jobst is a clinician-investigator who applies advanced technology to benefit patients and has trained many students, residents, fellows and junior faculty in using technology to advance medicine.





Claremont Trick or Treating Saturday, October 31st 2020 6-8 PM



The City of Claremont is working to maintain our Halloween traditions while still adhering to guidance provided by State of NH. In order to maintain Trick or Treating in the safest way possible during the pandemic, The City of Claremont is offering the following guidance:

Homes who are participating in Trick or Treating should...



- Only give out wrapped/pre-packaged items.
- Give out items outside, spreading them out on a table, leaving a 6-foot distance between you and the trick or treaters.
- Refrain from handing out treats directly to the trick or treaters.
- Refrain from allowing trick or treaters to get candy from a container filled with candy that will go to others.
- Wear a cloth face mask.
- Use a disinfectant to routinely sanitize commonly touched surfaces.

If you wish not to participate, please keep your entry lights off during trick or treating times.

Trick or Treaters who are participating should...

- Trick or Treat in small groups, preferably with family members only, and within your own neighborhood.
- Avoid large groups and going inside any homes.
- Use social distancing and wait patiently for a turn to get candy (i.e. Do not congregate together in the same place.)
- · Carry hand sanitizer.
- Wear a protective mask. (Costume masks are not a substitute for a cloth mask and a cloth mask should not be worn under a costume mask.)
- Only go to houses that choose to participate in Trick or Treating. These will be houses with the entry lights on.



These guidelines may be adjusted at any time based on updated recommendations from the CDC and/or State of NH.



The Claremont Parks and Recreation Department will be hosting a modified Hallowesta event on Halloween at Monadnock Park from 3-6 PM. Keep an eye out for the details coming soon!

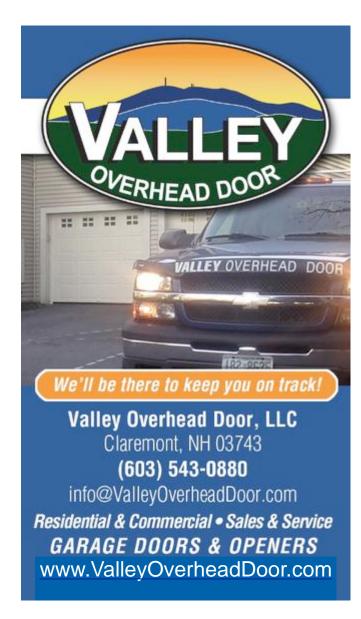


Halloween Vehicle Parade Planned for Enfield

ENFIELD, NH—Based on guidance from New Hampshire health officials, the Town of Enfield has decided to not host traditional door-to-door trick or treating due to COVID-19. After many village residents expressed concern, and in following state recommendations for Halloween, the Town has decided to use an alternative candy delivery method by having a Halloween Vehicle Parade. Children and families can stand on the side of the road and social distance within their family group and receive candy from the parade as it drives by.

The change this year means that there will be no traditional Enfield Fire Station Halloween Party, and there will not be Town hosted door-to-door trick or treating where public safety officials man crosswalks.

Anyone with questions is asked to please contact Chief Holland at 603-632-7501.



Halloween Update for Sunapee

SUNAPEE, NH—As usual, Central Street will be closed to vehicular traffic. We are encouraging all who will be participating in Trick or Treat to walk in one direction, depending on which side of the street they are on, and to avoid crossing the street. In addition, we

are asking that everyone wear a cloth mask (other than a Halloween mask). Large groups of people are discouraged, however family members will be grouped together.

https://www.town.sunapee.nh.us/police-department/news/halloween-2020-update for complete details.

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Caregivers Must Also Care (Financially) for Themselves

If you're a caregiver, possibly for a loved one dealing with an illness such as Alzheimer's disease, you're probably already facing some significant emotional and physical challenges – so you don't need any financial ones as well. Yet, they are difficult to avoid. What steps can you take to deal with them?

First of all, you may be interested in knowing the scale of the problem. Consider these numbers from the Alzheimer's Association: About 5.8 million Americans ages 65 and older are living with Alzheimer's disease, and in 2019, caregivers of individuals with Alzheimer's or other dementias contributed more than 18 billion hours of unpaid care – worth about \$244 billion in services. Furthermore, about two-thirds of caregivers are women, and one-third of dementia caregivers are daughters.

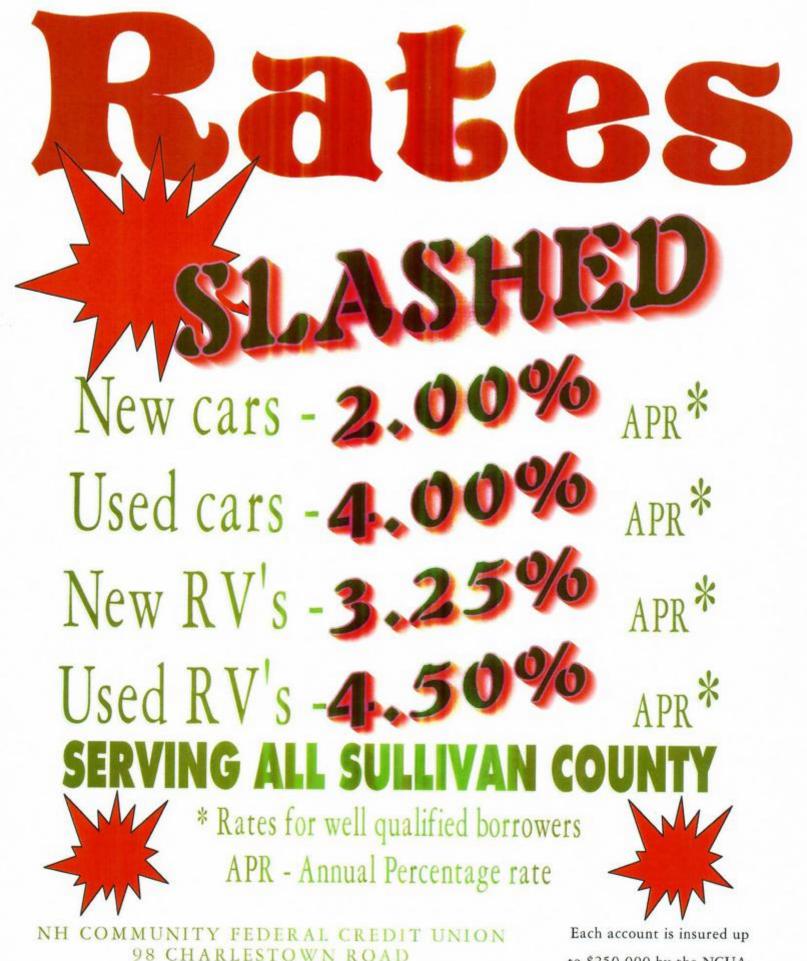
But whatever your gender or relationship to the individuals for whom you're providing care, you can take some steps to protect your own financial future. Here are a few suggestions:

- Evaluate your employment options. If you have to take time away from work or even leave employment altogether to be a caregiver, you will lose not only income but also the opportunity to contribute to an IRA and a 401(k) or other employer-sponsored retirement plan. But you may have some options, such as working remotely, or at least working part time. Either arrangement can give you flexibility in juggling your employment with your caregiving responsibilities.
- Explore payment possibilities for caregiving. Depending on your circumstances, and those of the loved ones for whom you're providing care, you might be able to work out an arrangement in which you can get paid something for your services. And as long as you are earning income, you can contribute to an IRA to keep building resources for your own retirement.
- Protect your financial interests and those of your loved ones. You may well want to discuss legal matters with the individual for whom you are a caregiver before Alzheimer's robs them of the ability to think clearly. It may be beneficial to work with a legal professional to establish a financial power of attorney a document that names someone to make financial decisions and pay bills when the person with Alzheimer's no longer can. And whether you or someone else has financial power of attorney, the very existence of this document may help you avoid getting your personal finances entangled with those of the individual for whom you're caring.
- Keep making the right financial moves. As long as you're successful at keeping your own finances separate from those of your loved one, you may be able to continue making the financial moves that can help you make progress toward your own goals. For example, avoid taking on more debts than you can handle. Also, try to maintain an emergency fund containing three to six months' worth of living expenses, with the money kept in a liquid account. Of course, these tasks will be much easier if you can maintain some type of employment or get paid for your caregiving services.

There's nothing easy about being a caregiver. But by making the right moves, you may be able, at the least, to reduce your potential financial burden and brighten your outlook.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC





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LineKeepers Help Fishermen Keep Waterways Safe

Submitted by Kelly Stettner

Fishing is a terrific activity that is fun for all ages and ability levels, and can be done all year round. It's almost inevitable that the line will get snagged, caught, or just plain snapped. If left in the water or on the shore, it poses a hazard for not just boat propellers but also for wildlife of all kinds.

Just this past summer, a loon was spotted in the Colby Pond and Lake Rescue area of Plymouth and Ludlow; the beautiful water bird was entangled with fishing line around its neck and beak, but was apparently still able to swim and feed to some extent. Eric Hanson of the Vermont Center for Ecostudies monitored the bird throughout the summer, and had high hopes for its ability to thrive despite the restraint. Thanks to the Black River Action Team and several terrific volunteers, responsible anglers can now collect their waste fishing line and deposit it safely away from birds, fish, turtles, and other critters, as well as protecting boat propellers from becoming fouled.

The BRAT's LineKeeper units were built by Claremont, NH, resident John Lambert; three are now installed at several Vermont public fishing areas: Herricks Cove in Rockingham, Hoyt's Landing in Springfield, and now Colby Pond in Plymouth.

The unit is checked periodically throughout the year, and any line collected is gathered by BRAT and will be shipped to Berkley, a manufacturer of fishing gear, for their recycling program. The monofilament line is melted down into plastic pellets which can then be reformed into a range of products, including tackle boxes. It is not made into more fishing line. Learn more about their program at https://flyfishersinternational.org/Conservation/Projects-Programs/Monofilament-Recycling-Project.

Learn how you can help BRAT keep our waterways safe, clean, and healthy by contacting Director Kelly Stettner at blackriver-cleanup@gmail.com or leaving a voice message at 802-738-0456.

www.facebook.com/etickernews

L-R are Mary and Kevin Anderson, who installed and are monitoring a Line-Keeper unit at Colby Pond in Plymouth. (Kelly Stettner photo).





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 - Votes on all Judicial nominations
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e-Ticker Sports

SHS Field Hockey

The SHS Field Hockey team played 11v11 at Kearsarge with masks Oct. 12 as modifications were lifted. "We won, 2-0," said Coach Patty Deschaine. "Senior Zoey Foote scored in the 2nd quarter, assist by Senior Abi Faro. Senior Emily Herbert scored the other goal in the 4th, assisted by Senior Julia Tursky. Senior Goalie Alex Perez received the shutout today for the Cardinals. Great game today."

The Cards also played two games against Newport this last week. The Red Birds tied in over time at home, 1-1. Senior Zoey Foote scored for the Cardinals.

They went on to win in over time Saturday at Newport, 1-0 "It was a great game between two rivalries," said Deschaine. Junior Bri Frisbee scored the goal.

Cards Beat Wildcats, 35-6, in Football Action

After having last week off with a bye, the Stevens football team was back in action on a rainy Friday evening at Barnes Park. The Cardinals hosted the Wildcats of Fall Mountain, and came away with their first win of the season 35-6, in what could be the final home game for the Stevens seniors.

The Wildcats forced a turnover on the first play from scrimmage and would drive 36 yards to take the lead on a 5 yard run by Izaak Westover. The conversion failed but it was quickly 6-0 Fall Mountain.

Stevens wasted little time in answering the Wildcats, as they would score on their ensuing possession when Owen Taylor found Clayton Wadsworth all alone for a 30 yard touchdown pass. Taylor would add the conversion run to give Stevens an 8-6 lead that they would not relinquish.

The Cardinals would add to their lead in the second quarter on a Taylor 2 yard touchdown run and Wadsworth booted the extra point for a 15-6 lead. Stevens would score again before halftime on a 20 yard touchdown pass from Taylor to JJ Tursky. The extra point was no good and the teams went to the half with the

Cardinals on top 21-6.

Stevens added to their lead in the third quarter when Hunter Christian found paydirt on a 17 yard touchdown run. The conversion failed but put Stevens on top 27-6. The final score of the game came on a 12 yard touchdown run by Taylor. Senior Luke Forrest added the conversion run to account for the



The SHS Varsity Girls Soccer team came out strong in the second half to defeat the Cougars from Kearsarge the evening of Oct. 12, 2-1 (Courtesy photo).

final scoring in the 35-6 victory.

The seniors all had big nights as Owen Taylor completed 9 of his 12 passes for 183 yards and a pair of touchdowns. He also ran for a pair of touchdowns, and added an interception on defense. Clayton Wadsworth caught 4 passes for 124 yards and a touchdown, and he also had an interception. JJ Tursky had 3 catches for 49 yards and a touchdown. Brax-

ton LeBlanc had 8 tackles from his middle linebacker position. Eddie Brodeur opened up holes and protected Taylor all night while anchoring a defensive line that held the Wildcats to less than 150 yards of total offense, while Luke Forrest chipped in with 3 carries, 4 tackles defensively, and the two point conversion run.

Stevens will travel to Newport next Saturday for their annual Chamber Cup Challenge contest. Game time is 1:30PM.

It was a wet and wild evening at Barnes Park as the Cardinal and the Fall Mt. Wildcat football teams squared off in the rain (Courtesy photo).



Inspiration

Jump on the Band Wagon

By Priscilla Hull

Did you ever just want to fit in with the crowd? Maybe you were the new kid in school. Maybe you had a change of heart about some of the things your old friends were doing. Maybe you wanted to be a part of a new group at school and you'd do anything to achieve that goal! Maybe you suddenly found a new friend in a different pod and wanted so badly to cultivate that friendship that you'd do anything - absolutely anything to fit in.

These circumstances and more all lead to jumping on the bandwagon, which might be a good thing - a road to success - a happy life! Sometimes that's great! Sometimes it does work out well.

During these time of political unrest, of political indecision, of political insecurity, we need to make our voice heard. Yes, this is a plea to vote! We need to make our own voice heard. We need, at all cost, to be honest to our own intuitions. We need to listen, not to the masses, but to our own conscience.



Through the past weeks we've heard heartrending stories about why someone is voting for this candidate, or that one. We hear terrible stories about the bad things that people have done. We hear that this one will end certain programs and that one will develop new programs. Some we like, some not so much. We hear people dramatically telling us why we should vote for him or her or another one. It is so easy to toss out all the information we're presented with and just vote with our friends. We did that in high school voting for class president or student council chair! That was then and this is now. We no longer are voting for the most popular. We're voting for the best suited team to lead us forward in the next four years.

Voting is not just fitting in with the crowd. Voting is making a decision based on facts, truths, study. It is something that each person does independently.

Think! Study! Be informed! Go vote!

Whoever walks with the wise becomes wise, but the companion of fools will suffer harm. Proverbs 13:20

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Banking on the NH Food Bank

Volunteers Hand Out Food Boxes to a Caravan of Families

By Eric Zengota e-Ticker News

CLAREMONT, NH—Last Thursday, the New Hampshire Food Bank hosted its 31st mobile food pantry since March. "We've helped 12,000 families in the past eight months," said executive director Eileen Liponis. "The demand has grown exponentially due to the COVID-19 pandemic."

NH Food Bank staff drove a tractor trailer into Claremont's Monadnock Park, where they unloaded 256 food boxes and almost as many gallons of milk. The boxes, provided through the USDA Farmers to Families Food Box Program and packed by Vincent Farms in Laurel, Delaware, contained combinations of meat, eggs, dairy products and fresh produce. All told, there was 9,480 lbs. of food to distribute.



The mobile food pantry was set up at Monadnock Park in Claremont; cars entered from the Broad St. entrance and exited onto Chestnut St. (Eric Zengota photos).

Waiting to do just that were local workers coordinated by Cindy Stevens, director of the Claremont Soup Kitchen, as well as drop-by volunteers. A steady stream of vehicles snaked their way through Monadnock. Then they parked three at a time as the volunteers scurried back and forth, placing one box and one gallon of milk per family in trunks, back seats and pick-up truck beds. In 90 minutes, all the food had been distributed.

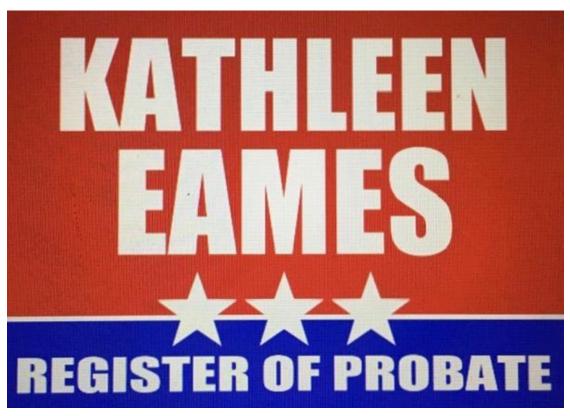
The New Hampshire Food Bank is a program of Catholic Charities New Hampshire. To learn more, visit: nhfoodbank.org.



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I am asking for your Vote either by Absentee Ballot or on November 3rd.

Stay well, be safe, Vote Blue ■

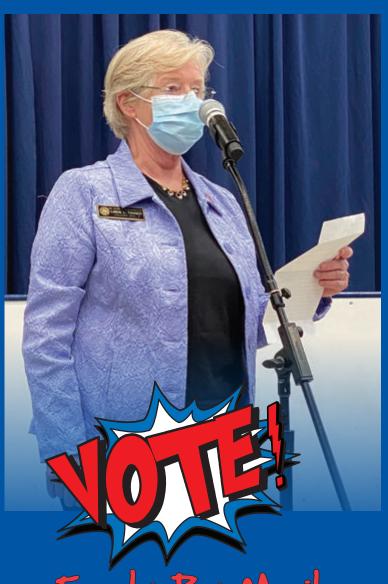
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Calendar Of Events

Online Tuition-Free WorkReadyNH Professional Career Training Program

Build skills, build confidence, build your career in the new online tuition-free WorkReadyNH professional development program through River Valley Community College, Nov. 2nd – 20th, Monday - Friday from 9am – 1:30 pm. Practice the skills that employers want most: communication, problem solving, conflict resolution, team building, and so much more. Upgrade your resume and interview skills and test your reading, math and critical thinking skills. Earn 2 certificates including a National Career Readiness Certificate.

Register now by emailing workreadyrvcc@ccsnh.edu or calling 603-543-4585. For other scheduling options or to attend a Zoom Information Session, go to www.ccsnh.edu/workready or www.facebook.com/workreadynh.

2020 UV Employment Fair Goes Virtual

With the safety of exhibitors, job seekers, and volunteers in mind, this year's Upper Valley Employment fair will be offered virtually to connect our local jobseekers with area employers who are currently hiring for lots of open positions. This virtual event utilizes a new website comprised of current job listings, career exploration information, live virtual event listings via Zoom, job seeker resources and tutorials, and more. You can even submit your resume for review by any of our participating businesses.

Visit our website www.uppervalleyemploymentfair.org to explore great opportunities with some of the top companies in our area. This two-month-long event is free and open to the public. You can also follow us on Facebook for live virtual event details and reminders, job seeker tips, and more, at www.facebook.com/ uppervalleyemploymentfair. The 2020 Virtual Upper Valley Employment Fair is presented by Creative Workforce Solutions in partnership with Vermont Department of Labor, Vermont Association of Business Industry and Rehabilitation, Vermont's Department of Disabilities, Aging and Independent Living Division of Vocational Rehabilitation, Upper Valley Services, and Pathways of NH, and is generously sponsored by Dartmouth Hitchcock Medical Center, Health Care and Rehabilitation Services of Southeastern Vermont, Hypertherm, Kendal at Hanover, King Arthur Baking, The River Valley Club, and TargettHRB.

Please join us online now through the end of November at www.uppervalleyemployment-fair.org and follow us on Facebook at www.-facebook.com/uppervalleyemploymentfair for updates and more.

ent. For more information, visit lakesunapeevna.org/calendar.

Bingo at Charlestown Memorial VFW Post 8497

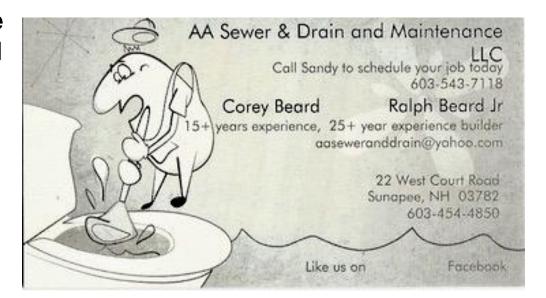
CHARLESTOWN, NH—Bingo at Charlestown Memorial VFW Post 8497 is back in operation with a few changes to the schedule of games. We listened to feedback from our patrons and have added a 50/50 game to the line-up (averaging about \$255 payout) as well as some variation to the last game of the night, a caller's choice, one of four different games each week (pays \$150). We still have the winner take all (average \$375), and the carry over coverall which if won in 50 #'s or less is up over \$9,000, after 50 pays \$150.

Lake Sunapee VNA Foot and Flu Clinic Update

NEW LONDON, NH – Many community members have come to rely on Lake Sunapee VNA for its regular Foot Care Clinics and annual Flu Clinics held throughout the area. Though the pandemic has created challenges to operating these clinics, things are looking up.

Foot Clinics, all of which were closed down in March, are slowly beginning to reopen with appointments now available at COA Chapin Senior Center (call 526-6368) and Claremont Senior Center (call 526-4077).

Lake Sunapee VNA does plan to offer Flu Clinics this year, but there will be fewer than usual, and they may look quite differ-



SAU #6 School Board Serving Claremont & Unity Regular Meeting October 22, 2020 6:30pm

Audio Broadcast CCTV Channel 8 Citizens without access to CCTV 8 may call in to listen by dialing 1-440-467-0774 PIN 835 529 782#

The SAU #6 School Board will be holding a hybrid, audio and streaming broadcast school board meeting. The meeting will take place at Sugar River Valley Regional Technical Center. Due to Covid-19 and the health and safety of our residents, this meeting will be available as a hybrid, audio and streaming event. Citizens without access to CCTV may call in to listen or use this link to stream live.

https://stream.meet.google.com/stream/bda0ee2b-829c-48b7-b6f0-2782f1374cde

Please visit our website: www.sau6.org under School Boards to review agenda items. The public is encouraged to listen.

Bingo is held Wednesday night at the Post Hall at 365 Lovers Lane Rd, Charlestown. Early Birds start at 5:00 and regular bingo at 6:30. Food and refreshments available. No one under 18 allowed during bingo. It is highly recommended to wear masks, practice social distancing, and frequent hand washing / sanitizing, but there may be those who don't. If you are sick, then please don't attend until you're feeling better.

A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online.

Direct phone numbers and email addresses for each local office are listed on our website. Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily

MARKET BASKET 6 AM - 7 AM EVERY DAY Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERY-DAY WRJCT, Lebanon & Hanover PRICE CHOPPER 6AM - 7AM EVERYDAY-

Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead for curb side pickup, 709-7055. Prepared meals, grocery items.

Harvest Festival Supper at Union Church Saturday, October 24th

Pick up curbside: 4:30pm - 6pm Individual meal(s): \$15.00/per person Family Meal (feeds 4+ people): \$60.00

A tradition for over 60 years. Enjoy homemade Norwegian meatballs from our secret recipe, and homemade pies, served with homemade mashed potatoes, gravy, rolls, beets, and coleslaw.

Choice of pies (to ensure you get your choice you must reserve by October 19th): Pumpkin, Apple, Chocolate, Butterscotch, Lemon Meringue or Surprise!

This year will be a little different, but we're grateful to be able to share this food and tradition that we know and love with everyone safely. Due to COVID-19 this year it will be a take out meal with advanced reservations and payment required. We'll be offering individual and family meals through curbside take out. Please reserve your meal asap, by Monday October 19th is preferred so we can order enough ingredients for everyone. There will be limited meals available after that date (we sold out at our meal in June), but please contact us to see if there's still food available to reserve.

Register at harvestfestival.eventbrite.com (preferred) or unionchurchnh@gmail.com, ph 802.738.0678. You may pay through Eventbrite, via check or via PayPal payment: Union Church, PO Box 902 Claremont, NH 03743; PayPal: unionchurchnh@gmail.com or 802-738-0678.

If this is a challenging time for you financially and you would like to have a sponsored meal, or if you need help making your reservation, please contact us at unionchurchnh@gmail.-com or 802.738.0678 and we'll be happy to help you. If you are in the immediate Claremont/Charlestown area and do not have transportation, contact us to see if we can deliver to you.

For more information visit: https://www.face-book.com/UnionEpiscopalChurch/.

Free Manufacturing Virtual Learning Series

CLAREMONT, NH—In this four-part Claremont MakerSpace series, we will examine Yankee ingenuity through the manufacture of

guns, sewing machines, clocks, watches, and automobiles that collectively tell the story of "The American System" of manufacturing.

This class will be presented free via Zoom. After you register, you will receive a link for the class. Please sign up for each session individually.

Highlights of each week will include:

Week 2: Oct 20th, 2 PM: History of the Sewing Machine

Week 3: Oct. 27th, 2 PM: Clock & Watchmaking

Week 4: Nov. 3rd, 2 PM: The Development of the Automobile

Instructor, Roberto Rodriguez: His career spans 48 years as a museum professional in cluding past work as the Executive Director of the American Precision Museum, Executive Director of The Seal Cove Auto Museum, and Executive Director of Fort No. 4. Roberto has a passion for cars and shares this love via his Facebook page.

Sign up for each session, here: https://claremontmakerspace.org/events/#! event-list.

PUBLIC NOTICE PLANNING BOARD HEARING Monday, October 26, 2020 7:00 p.m.

*Due to the COVID-19 Pandemic, this meeting will be conducted via Zoom.

Join the Zoom Webinar Online: https://us02web.-zoom.us/j/81427155018?

<u>pwd=dXR4R0ZCRU95aDZHMVRybm1hWUpy-dz09</u>

Passcode: 899843 By Phone: 1-646-558-8656 US (New York) Webinar ID: 814 2715 5018 If there is a problem getting through to this number, please call 603-504-0341.

Notice is hereby given that public hearings will be held concerning the following application:

A. (PL 2020-00014) Ray Parker, Unity NH -

Application for site plan approval for division of the existing 14,080 SF building into three units for leasing to other businesses and for duplex residential building on the same parcel at 408 Sullivan Street. Tax Map 117, Lot 13. Zoning District: I1

Interested parties may review the application at the Planning and Development Department, 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at cityplanner@claremontnh.com. Richard Wahrlich, Chair



Saturday, Oct. 24 · 8AM thru Saturday Oct. 31 · 6PM





IF YOU'RE INTERESTED YOU CAN CALL US ANYTIME (603) 543-3400

New England Classical Academy Classical Education for K-12

59 Old Church Rd. Claremont, NH 03743 www.newenglandclassicalacademy.com

INFORMATION SESSIONS

Thurs. Oct. 15, 6-7 PM NECA, 59 Old Church Rd. Claremont, NH

Thurs. Oct. 22, 6-7 PM St. Peter's Church North Walpole, NH

Thurs. Oct. 29, 6-7 PM

Nolin-Murray Center

Holy Spirit Parish, Springfield, VT

"We've heard about your school but have so many questions...what exactly is classical education? Do the students learn skills that are needed for success in the 21st century? Can we afford private school? What makes NECA unique?"

Join us for a socially distanced hour of information and learn more about NECA....and why those kids on the front are smiling!

MATH * HISTORY * LATIN & GREEK
COMPOSITION * LITERATURE * ART
SCIENCE * DRAMA * MUSIC
GRAMMAR * CHARACTER STUDIES
* LOGIC & RHETORIC * PHYSICAL
EDUCATION

Free Flu Vaccines Ages 4-19!



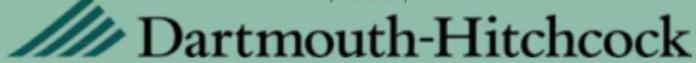
Newport Regional Middle High School
October 22nd
3:30pm - 6:30pm

For more information, visit www.GreaterSullivanStrong.com





in partnership with



Remembering Loved Ones...

Life Tributes 700

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

Joseph M. Parrotto, 73

Joseph M. "Butch" Parrotto, 73, passed away peacefully on October 13th, 2020, with his loving family by his side. He lost his battle with cancer after four long years and a heroic effort to be with his family for as long as he could.

Joseph was born in Claremont, NH, on October 31, 1946, to Joseph and Florence (Antobenedetto) Parrotto. After marrying Elizabeth (Greenwood) Parrotto, the love of his life, in 1966, he served in the U.S Army from 1966 until 1969. He was a proud American who loved his country and wore his Vietnam Veteran hat proudly wherever he went.

After working in the auto industry for most of his life, Joseph spent part of his retirement in Fuquay-Varina, NC, and Melbourne, FL, before returning to New Hampshire to be closer to his children and grandchildren. He loved everything about New England, especially the New England Patriots, the Boston Red Sox, homemade apple pie, eating Petey's seafood at Hampton Beach, and watching his grandchildren play sports.

Joseph is survived by his wife, Elizabeth "Betty" Parrotto; two daughters, Lisa Belanger and her husband Bob, of Claremont, and Christina O'Hara and her husband Doug, of New Boston, NH; eight grandchildren, Brittany Young and her

husband, Hayden, of Georgia, VT; Todd Haynes and his wife Lindsay, of Bedford, NH; Ashley Belanger, of Miami Beach, FL; Danny Haynes, of Quincy, MA; Emily O'Hara, of Alexandria, VA; Scott Haynes, of Merrimack NH; and Brady and Sam O'Hara, of New Boston, NH; one great grandson, Elliott Young, of Georgia, VT; a sister, Evelina Monarch and her husband, James, of Franklin, PA; and several sisters-in-law, brothers-in-law, nieces, and nephews.

Joseph was predeceased by his parents, Joseph and Florence Parrotto; his brother, Michael Parrotto; and his daughter, Marilyn Haynes.

Calling hours were held at Stringer Funeral Home in Claremont, NH, on Saturday, October 17th, followed by a brief service. Burial will take place on a later date at the NH State Veterans Cemetery in Boscawen, NH.

In lieu of flowers, donations can be made to the Wounded Warrior Project, P.O. Box 758516, Topeka, Kansas 66675-8516 or to the Pancreatic Cancer Action Network, 1500 Rosecrans Ave., Suite 200, Manhattan Beach, CA 90266.

ST. MARY PARISH FUNDRAISER RAFFLE CLAREMONT, NH

GRAND PRIZE \$1,500 / HEATING FUEL: \$300

ADDITIONAL PRIZES ANNOUNCED ON DAY OF DRAWING

\$5.00/ TICKET OR 5 TICKETS FOR \$20.00

DRAWINGS TO BE HELD LIVE ON PARISH FACEBOOK ON DECEMBER 12, 2020 AT 6:00 PM.

PLEASE CONTACT ST. MARY RECTORY FOR TICKETS at (603) 542-9518 OR STMARYSCLAREMONT@COMCAST.NET

Benefits the Parish fuel fund

Eyes love dark green. So do I.

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call

it tasty preventive medicine. Just start early. Eat your dark greens.

(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital)





Police Raising the Stakes at Upcoming Food Drive

Claremont PD Aims to Shatter Its Own Record

By Eric Zengota e-Ticker News

CLAREMONT, NH—One minute after the record-breaking one-day police food drive came to a close in June, Stan Andrewski was already consulting a calendar to plan the next one.

The next one is here: this Saturday, October 24. As before, all donations go to the Claremont Soup Kitchen and Food Pantry.

"At the last drive, we collected 922 pounds of food, which equals 768 meals and a dollar value of \$1,567," said CSK director Cindy Stevens. "We also collected \$3,200 in cash and gift cards."

Andrewski, a Claremont police captain, was well aware of the impressive June numbers. Not one to back down from a challenge, he set a goal for this drive of \$3,500 in cash and gift cards.

The trend to donate gift cards got a boost in June from Andrewski's fellow officers. "T-Bird's had donated cards to the police as a tribute to first responders, and then the police donated them to the food drive," he explained. "We again thank T-Bird's for their donation."

Stevens appreciates gift cards for several reasons. "They're a great option. We use them to purchase items for our evening dinner, and our cook can pick the items up. We also use them toward items for the pantry. People occasionally come in and ask for gas cards. We typically don't have this option, so they've been a great added benefit."

Both Andrewski and Stevens know that colder weather brings a significant increase in need, as CSK clients have to spend money on heating and the holidays. "This is a very difficult time to add to their everyday struggles," said Stevens. "But Claremont is an amazing community. The amount of support that people give when you put out a call is truly heartwarming."

On Saturday, Stevens will join Andrewski and a rotating crew of police officers to accept food, cash and checks, plus grocery and gas gift cards.

Andrewski believes that events like police food drives are "the legacy I would like to leave behind, inspiring everyone in the community to work together, share our blessings and help our neighbors."

What: Claremont Police Food Drive When: Saturday, October 24, 10am to 4pm Where: Hobby Lobby parking lot, Washington Street, Claremont



Free Pumpkins!

At the Fiske Free Library in Claremont

Due to the Covid precautions the

Fiske Free Library will NOT be scheduling

The annual pumpkin painting program this year

However, the library WILL be handing out

FREE Pumpkins

Beginning on Monday, October 19, 2020 Until the pumpkins are gone

Sponsored by: The Friends of the Fiske Free Library & as always special thanks to Hemingway Farms of Charlestown!

Please call the library for more information- 542-7017



DRUG ENFORCEMENT ADMINISTRATION

National Prescription Drug TAKE BACK DAY

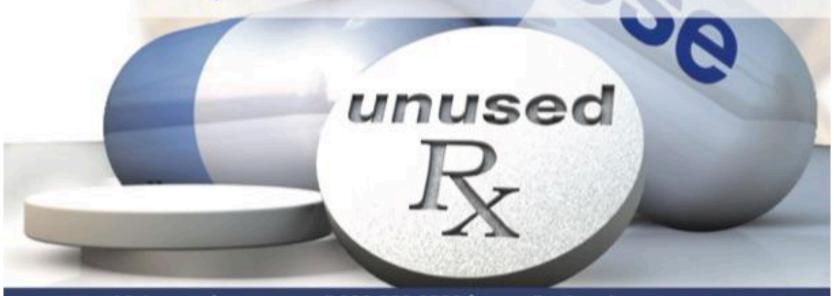
Saturday, Oct 24 10 a.m. - 2 p.m.

Turn in your unused or expired prescription medication for safe disposal.

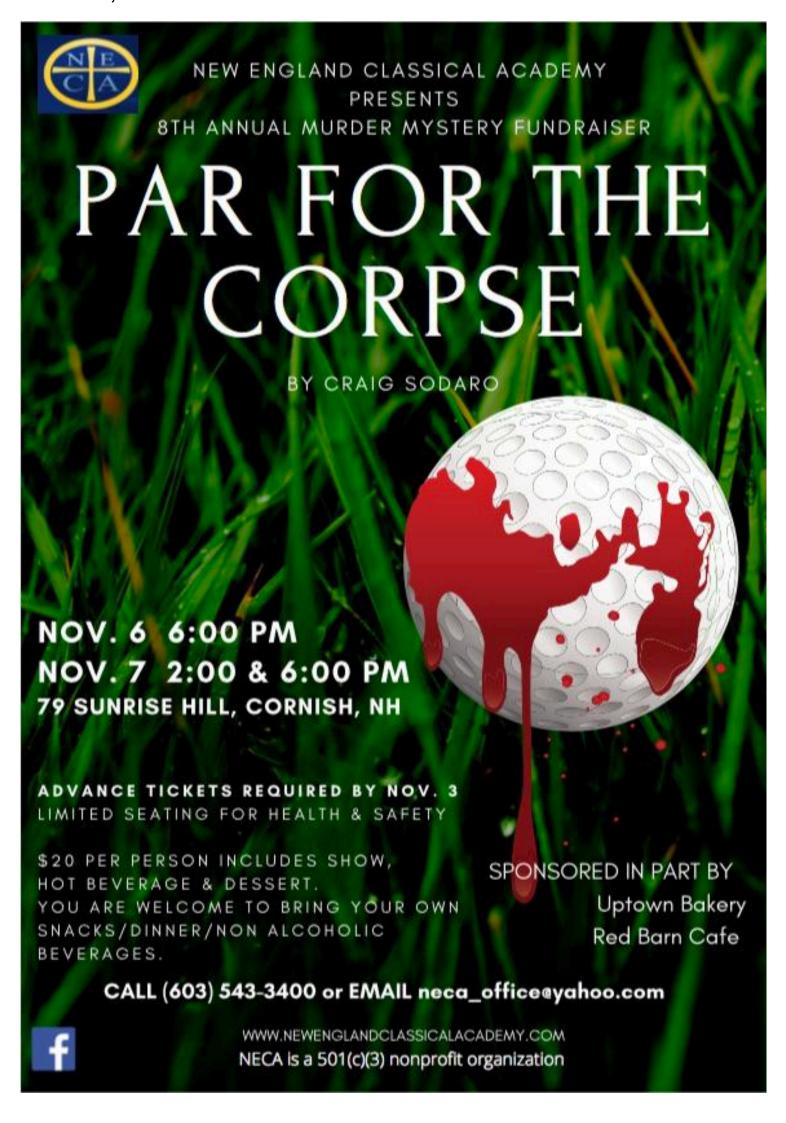
Drop-off Locations: Claremont, Sheriff's Dept, Cornish, Newport, New London & Sunapee Police Departments







Visit www.dea.gov or call 800-882-9539 for a collection site near you.



Claremont Senior Center News

The Center is open. Masks are mandatory and social distancing observed. Hours are Tuesday and Thursday, 9am-3pm, Wednesday 11am -3pm and Tuesday game night, 6pm-9pm. Everyone must sign in for CDC tracking, answer COVID questions and sign a form before participating in any activity. Please come in for pool, cards, puzzles, computer use, library, visiting, knitting or just to watch TV.

BINGO, Wednesday, October 21, members only Bingo, contact Ken at cateringken@gmail.com for a required reservation. Please do not call the center as Ken is making the reservations. Masks must be worn while at the center and social distancing will be enforced. Four players to a table MAX. Doors open at 11:00 am. Sales start at 12:15 and end at 12:45 on the dot. There is a limit of 50, including players and workers.

VNA foot clinic: October 21 and 28. Call for an appointment, 603-526-4077.

Weekly drive-up meals, check it out, our food is great:

Tuesday (20) Soup, Baked Haddock, Rice Pilaf, Veggie, Dessert

Thursday (22) Soup, Hamburger with Lettuce, Tomato, and Onion, Roasted red potatoes, Dessert

Call 543-5998 to reserve your meal by 10:30AM. Members-\$4,non-members-\$5. Takeout meals only: Tuesdays and Thursdays. Reservations required. Pick-up-11:45AM-12:15PM.

During the month of October, the Hannaford Re-useable Bag Program will benefit the Claremont Senior Center. Just purchase a Hannaford Helps Community reusable bag for \$2.50 and Hannaford will make a \$1 donation to the Center.

Cancelled, Sunday, Nov. 1, 2020, Winter Craft Fair. Questions? 542-5798. With the uncertainty in the world and for the health and safety of everybody, the Senior Center Board has decided that it is in the best interest for everyone that we cancel the Winter Craft Fair. The Penny Sale, May 8, 2021, is still in need of items, call ahead for donation times, we need your stuff. Hopefully by May things will return to some sort of normalcy.

Claremont Senior Center, 5 Acer Heights, Claremont, NH. (603) 543-5998. Smoke Free. Worry Free. Stress Free. Call 543-5998.

Thought for the week: Think good thoughts and good will find you.

Claremont Fire Dept. Log

Sunday, October 11th

0004 E3 responded to Heritage Dr for a bush on fire.

1255 E3 responded to a medical call on Schmidt St.

Monday, October 12th

1112 E3 responded to Winter St for a tree on wires.

1510 E3 responded for the ambulance to Ridge Ave.

2111 E3 responded to Spofford St for a well-being check.

Tuesday, October 13th

0954 E3 responded to Broad St for a motor vehicle accident.

1458 E3 responded to a medical call on Heritage Dr.

Wednesday, October 14th

0909 E3 responded to Water St for a fire alarm.

Thursday, October 15th

1003 E3 responded to Chestnut St for a smoke investigation.

1059 E3 responded to Pleasant St for a box alarm.

1333 E3 responded to Opera House Square for a box alarm.

1735 E3 responded to a medical call on Winter St.

Friday, October 16th

0753 E3 responded to Maple Ave for a motor vehicle accident.

1531 E3 responded to a medical call on Maple Ave.

1955 E3 responded to Broad St for a motor vehicle accident.

Saturday, October 17th

0156 E3 responded to a medical call on Prospect St.

1645 E3 responded to Glenwood Dr for a flooded basement.

Virtual Instructors Wanted

CLAREMONT, NH—Claremont MakerSpace is looking for people with a passion for STEAM (science, technology, engineering, art and math) subjects to offer virtual learning classes to our enthusiastic community of makers including adults, students and children. They have offered a large variety in the past and look to continue and expand these. Pay is \$36 per class hour. If interested, please contact Brendan at brendan@claremontmaker-space.org to learn more.

HISTORIC DISTRICT COMMISSION PUBLIC HEARING Thursday, October 22, 2020 6:00 PM

*Due to the COVID-19 Pandemic, this meeting is being conducted via Zoom.

The public is invited to join the Zoom meeting online at: https://us02web.zoom.us/j/82959445895? pwd=WWhFMEI5QkV4NjljK3Q5QkdRYTVIZz09 Passcode: 671366 By Phone: US: +1 646 558 8656 Webinar ID: 829 5944 5895

If there is a problem getting through to that number, please call 603-504-0341.

PUBLIC NOTICE

The Historic District Commission will be conducting a public hearing to consider the following Certificate of Appropriateness applications:

HDC 2020-00003 SCS Management Corp, Keene NH– for replacement siding and windows at 41 Central Street. Tax map 119, Lot 355. Zone:

HDC 2020-00004 SCS Management Corp,

Keene NH– for replacement siding and windows at 17 Pearl Street. Tax map 107, Lot 2. Zone: MU.

HDC 2020-00005 SCS Management Corp,

Keene NH– for replacement siding and windows at 96-102 Main Street. Tax map 107, Lot 2. Zone: MU.

HDC 2020-00006 SCS Management Corp,

Keene NH– for replacement siding and windows at 45 Central Street. Tax map 119, Lot 356. Zone: CR2.

Interested persons may review this application at the City of Claremont's Planning and Development Department, 14 North Street, during normal business hours.

Comments may be submitted in writing to Historic District Commission 14 North Street, Claremont NH 03743 or at the public hearing.

David Messier, Chairperson



Claremont Police Department





All food and donations go to Claremont Soup Kitchen

Saturday October 24, 2020 • 10am - 4pm Hobby Lobby Parking Lot



Drive up to our big tent
Put your non-perishable food
donations in a drop box
No need to leave your vehicle
Claremont Soup Kitchen volunteers
will be on hand to accept gift cards +
\$\$ cash and check donations \$\$

Together we can make sure no one in our community goes hungry!

NH Joins \$1.6 Billion Bankruptcy Settlement with Opioid Manufacturer Mallinckrodt

CONCORD, NH -- Attorney General Gordon J. MacDonald has announced that New Hampshire has joined a global settlement agreement between attorneys general from 50 states and territories, local subdivisions, and the opioid manufacturer Mallinckrodt, its subsidiaries, and certain other affiliates. Mallinckrodt is currently the largest generic opioid manufacturer in the United States. The agreement is part of a bankruptcy filing by Mallinckrodt on October 12, 2020. Under the terms of the settlement, Mallinckrodt will pay \$1.6 billion into a trust as described below.

In August, 2019, the State of New Hampshire filed a 68-page complaint in Merrimack County Superior Court against Mallinckrodt alleging that the company violated New Hampshire's consumer protection laws by, among other acts, failing to disclose known and serious risks of addiction from its opioids, misrepresenting the abuse-deterrence qualities of its opioids and failing to report suspicious orders of its opioids. The complaint also alleges that Mallinckrodt's actions created a public nuisance throughout the State.

The complaint further alleges that between 2006 and 2014, Mallinckrodt accounted for 21.81% of all opioid transactions in New Hampshire, which was the highest amount of any opioid manufacturer during this time. Additionally, during this timeframe, Mallinckrodt sold the equivalent of approximately 153.5 million 10 mg. opioid pills in New Hampshire, with a population of roughly 1.35 million people. That was enough Mallinckrodt opioids to provide each man, woman, and child in the state with 114 pills.

Under the terms of the settlement, Mallinckrodt will pay \$1.6 billion in cash into a trust, with substantial portions of that amount going toward abating the opioid crisis.

"As New Hampshire continues to battle the opioid epidemic, we are taking strong action to hold bad actors accountable and demand the necessary financial relief that will help our State prevail in this crisis," said Governor Chris Sununu. "Today's announcement of a major settlement with Mallinkrodt is another important step toward ending the irresponsible busi-

ness practices that have devastated countless lives."

Mallinckrodt will pay the \$1.6 billion according to the following schedule:

\$450 million upon emergence from bankruptcy;

\$200 million annually on first and second anniversary of emergence from bankruptcy;

\$150 million annually on third through seventh anniversaries of emergence from bankruptcy.

Review Sample Ballots Online

If you haven't voted yet and would like to see sample general election ballots for your NH community, please visit

https://sos.nh.gov/elections/elections/2020-election-information/sample-general-election-ballots/?fbclid=lwAR3bR7Flx8ra5nFc-KC2vjKWgOW7JHaMbEy-0t37gqOJ3-Jas3BM6lPnCT4TY.





The Claremont City Council will hold a public meeting on Wednesday, October 28, 2020, at 6:30 p.m. in the Council Chambers of City Hall and via Zoom.

To join the webinar:

https://us02web.zoom.us/j/88238233399?pwd=NjNmdzBEYi9XcmJNbXVWQ3ZkcUx6dz09

Passcode: 376500 Or by telephone: 1-646-558-8656

Webinar ID: 882 3823 3399

Passcode: 376500

If there is a problem getting through to that number, please call 603-542-7002.

	AGENDA
6:30 PM	1. PLEDGE OF ALLEGIANCE
6:32 PM	2. ROLL CALL
6:34 PM	3. AGENDA CHANGES
6:35 PM	4. MAYOR'S NOTES
6:40 PM	5. CITY MANAGER'S REPORT A. COVID-19 Update
6:45 PM	6. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
6:55 PM 7:00 PM 7:15 PM 7:30 PM 7:45 PM BREAK 8:10 PM 8:30 PM	 7. OLD BUSINESS A. Legislative Update B. Ordinance 579 Disabled Exemption – Second Reading – Public Hearing C. Ordinance 580 Board of Assessors Membership – Second Reading – Public Hearing D. Ordinance 581 Purchasing Policy – Second Reading – Public Hearing E. Proposed Council Rule Change (Citizen Letters) F. Resolution 2021-19 Adoption of RSA 79-E, Community Revitalization Tax Relief, 31 Myrtle Street – Public Hearing G. Holiday Display Policy

8. NEW BUSINESS

8:50PM A. Whitewater Watershed Management Plan (City Manager)

9. FUTURE AGENDA ITEMS AND DIRECTIVES 9:10 PM

9:15 PM 10. CONSULTATION WITH LEGAL COUNSEL

9:20 PM 11. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Thursday, November 12, 2020, at 6:30 p.m. in the Council Chambers at City Hall and via Zoom. NOTE: Different day.

A Scary Good Time!

Submitted by Tara Tilton

If you're looking for something to do this Halloween season, come out to The Devil's Playground Haunted Maze and Walk!
897 2nd New Hampshire Turnpike, Unity, NH Friday and Saturday Nights 7pm-10pm Through October 31st
\$10 Adults, \$5 age 12, and under. They accept credit card payments with Square.

UNITY, NH—A local tradition for six years now, land owner Bruce Clough and his helpers set up a spooky walk to entertain those who seek a scary time. Volunteers come from as far as Keene and Concord and on average there are 20-25 scarers who can't wait to hear the screams among the guided 1 1/2 mile trail in and out of buildings that are set up as dark mazes, a snake pit, slaughter house, clown house, doll house, a creepy tunnel, camp blood, a hillbilly house, a spider bridge and an undead wishing well. You'll see some classics like a horse drawn hearse and a very real casket to rest those who don't make it out alive. There is even a 12-foot skeleton with lifelike eyes called Skeletor!

All proceeds go to increasing the scare factor and the maintenance of such a project. The design of the walk is changed year to year, and often the scarers change up things week to week, (and even change it up in the same night), with some dedicated enough to take their skills to new heights on stilts.

So far, this year with COVID-19, our numbers have been consistent with an average of 100 "victims" per night. We ask customers to wear a face mask (and provide them if they don't have them) and social distance, especially while in line. We can't combine groups, so the 20-25 minute walk can go slower at times, but it's proving to be a great time, with repeat customers. There is a small snack shop to buy drinks and snacks as well as hotdogs and even homemade chili. There are also Devil's Playground t-shirts to buy, and glow sticks for the little ones if needed.

This is a rain or shine event, so you should dress appropriately for the weather and wear good walking shoes. Everyone is required to sign an injury release form. If you have any questions please feel free to give Bruce a call at 603-477-1028.









Helps Us Help Them!









WE NEED YOUR HELP

We are currently looking for dog lovers who would be interested in spending some time walking, feeding and cuddling our amazing rescue dogs!

Location: Wags and Wiggles Rescue

51 John Stark Hwy. Newport, NH

Contact us at: wags.n.wiggles.rescue@gmail.com or

wagsnwiggles.org

Thank you!



Setting an Example October 18, 2020

~ Eric Zengota