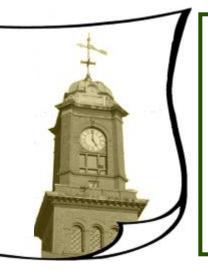


# e-Ticker News of Claremont

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County Delegation
Approves Plan for
Sober Housing Facility;
page A4

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February 24, 2020

## **CPD Awarded Victims**of Crimes Act Grant

Will Work with Area
Organizations to Create
Program to help Children
Suffering from Trauma

CLAREMONT, NH—The Claremont Police Department has announced that they have been awarded VOCA (Victim of Crimes Act) grant funds through the NH Department of Justice of approximately \$222,000. The Claremont Police Department is collaborating with the following organizations in furtherance of this important project: the Newport Police Department, the Claremont School District, Turning Points Network, Dartmouth-Hitchcock Medical Center, the Greater Sullivan County Public Health Network, and TLC Family Resource Center.

According to Deputy Chief Brent Wilmot, "The purpose of the VOCA funds is to develop an Adverse Childhood Effects Response Team (ACERT) in the Greater Claremont area. Adverse Childhood Experiences (ACEs) describe all types of abuse, neglect, and other potentially traumatic experiences that people under the age of 18 may experience. ACEs have been linked to risky health behaviors, chronic health conditions, low life potential and early death. While the presence of ACEs does not mean that a child will experience poor outcomes, the risk for these outcomes increases as the number of ACEs increases.

"Through the collaborative work of our steering committee, members of the Claremont and Newport Police Departments have reported, anecdotally, that children are present at approximately 60% of the calls to which they re-

(Continued on page A2)

## 'We're Building Leaders One at a Time'

## Financial Troubles of National Boy Scout Organization do not Impact Local Activities

By Eric Zengota e-Ticker News

CLAREMONT, NH—Facing a tsunami of child-abuse lawsuits, the Boy Scouts of America (BSA) filed for bankruptcy on Feb 18. The effects of

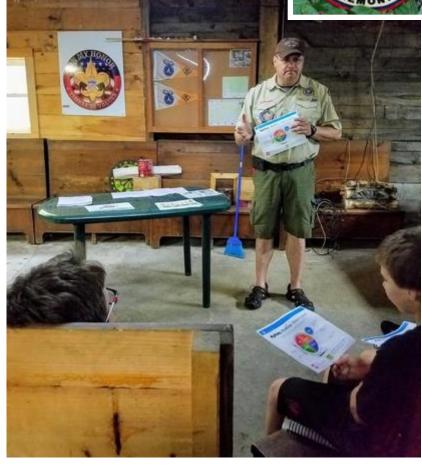
the filing — and especially the underlying reason for it — fanned out across to the country's 272 local councils. Claremont Troop 38 was no exception.

"My heart ached with this bankruptcy news," said Alex Herzog, the troop's Scoutmaster. "But what hurts me more is thinking about those former adult leaders who took advantage of those youths back then."

In the past several years, the BSA has developed the Youth Protection (YP) program, a set of standards, guidelines and training to eliminate opportunities for the abuse of youth members.

Herzog explained that all adults are required to undergo a criminal background check and complete YP training before being registered as BSA leaders. What's more, they must be re-certified every two years. "At the local level, we do some serious vetting for all types of offenses," he said. "For example, if someone has a DWI conviction, I have to turn down their application, since

(Continued on page A15)



Alex Herzog, Scoutmaster of Claremont Troop 38, guides its members through numerous activities that focus on character development, citizenship training, physical and mental fitness, and leadership development (Courtesy photos).

## Victim of Pedestrian-Vehicular Accident Succumbs to Injuries

CLAREMONT, NH—The Claremont Police Dept. released an updated press release Wednesday regarding a pedestrian-vehicular accident that happened on Jan. 20 in the Rite Aid parking lot; the CPD announced that the victim, Irene Gray, 91, of Ascutney, VT, succumbed to her injuries on Feb. 16. Gray had been taken to Valley Regional Hospital and later transferred to DHMC. She was later transferred to Mt. Ascutney Hospital where she succumbed to the injuries she received after being struck.

The driver of the vehicle has been identified by the police as a 17-year-old.

The circumstances surrounding the crash remain under investigation, said Chief Mark Chase. Claremont Police Detectives have continued to interview witnesses, collect evidence, and speak with the parties who were involved. Anyone with further information is encouraged to contact Detective Colby Casey at (603) 542-7010.

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Phyllis A. Muzeroll
Publisher/Editor

<u>Eric Zengota</u> Contributing Writer/Photographer

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Member, NH Press Association

Member, Greater Claremont Chamber of Commerce

According to an obituary posted online, Gray was born March 30, 1928, in South Royalton, VT, the daughter of Iliff and Ethel (Clark) Lurvey. She attended school in South Royalton. On August 30, 1944 she married Everett G. Gray of Tunbridge, VT. They lived in Tunbridge, VT, and Charlestown, NH, before moving to Ascutney, VT, in 1958. She is survived by six sons, two daughters and many grand-children, great grandchildren and an great great grandchild. Calling services were held on Saturday in Chelsea, VT; a graveside funeral service will be held later this spring in Tunbridge, VT.

#### **Grant, from A1**

spond. This, coupled with data mined from the Youth Risk Behavior survey from Stevens and Newport High Schools, illuminated a clear community need for these types of services. The Greater Claremont area ACERT program establishes a multidisciplinary approach to serve and offer resources to children and their families who have been exposed to violence or other ACEs."

The ACERT includes members of law enforcement, mental health providers, social workers and crisis counselors.

Wilmot said that the next step in the process is to enter into a grant agreement which has to be approved by the Governor and Executive Council prior to the disbursement of the funds. Local approval through the Claremont City Council is also necessary.

TUESDAY, MARCH 3
Plainfield/Cornish Energy Committees
Meeting
Meriden Library, 7:00 p.m.

NH Lottery Numbers

02/22/2020

NH PowerBall 25 37 39 61 62 11

NH Mega Millions 02/21/2020 4 7 13 16 60 6

<u>Tristate Megabucks 02/22/2020</u> 10 16 21 22 34 2

For more lottery numbers, <a href="https://www.nhlottery.com/">https://www.nhlottery.com/</a>

Our joint town energy committees are meeting to plan the next two years of events. Join us!

SATURDAY, FEBRUARY 29 PROGRAM at Philip Read Memorial Library, Plainfield

"Online Security Basics: 10 Things You Should Be Doing to Stay Safe Online" 1 - 3pm

Philip Read Memorial Library
A technology security presentation led by
Chuck McAndrew and Jaki Frisina.
Learn about using the Internet safely and protecting yourself online.

Some of the materials covered include:

- Basic computer security
- Setting and storing strong passwords
- Using VPNs
- Using public Wi-Fi

Come and learn how to be safer online! Paid for by the Friends of Philip Read Memorial Library in memory of Nancy Liston.

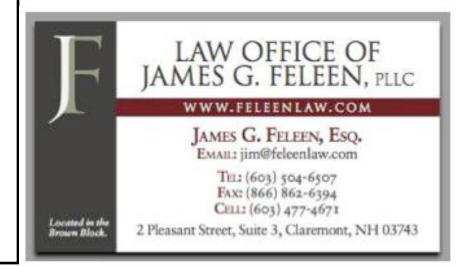
Free and open to all.

#### Got news?

#### Send us your news and photos

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## **Sullivan County Grand Jury Indictments Released**

NEWPORT, NH—The Sullivan County Grand Jury released the following indictments on Wednesday:

Tyler G. Robbins, 26, Claremont, NH, indicted for Burglary Dwelling of Another at Night, Feb. 13, 2020; Burglary-Caused Bodily Injury in Commission, Feb. 13, 2020.

Lenni-Jo Aiken, 43, Claremont, NH, indicted for Theft by Unauthorized Taking-3rd Offense-On Release, Dec. 31, 2019; Theft by Unauthorized Taking-3rd Offense-Attempt, Dec. 31, 2019.

James R. Perry, 32, Charlestown, NH, indicted for Theft by Unauthorized Taking-3rd-Committed on Release, Dec. 20, 2019; Theft by Unauthorized Taking-3rd-Committed on Release, Jan. 11, 2020; Reckless Conduct Deadly Weapon-On Release, July 26, 2019; Bail Jumping-on Release, Nov. 14, 2019.

Justin Butler, 29, 103 County Farm Rd., Unity, NH, indicted for Possession, controlled drug, (alpha-PHP), Subsequent Offense, Oct. 19, 2019.

Thomas Meade, 26, 103 County Farm Rd., Unity, NH, indicted for Possession/controlled drug, buprenorphine, Oct. 19, 2019.

Dee-Ann Bell, 51, Claremont, NH, indicted for Falsifying Physical Evidence, Sept. 1, 2019.

Gabrielle Dimick, 30, Springfield, VT, indicted for Theft by Unauthorized Taking, on or between June 1, 2019, and Oct. 31, 2019; Bail Jumping, Jan. 2, 2020.

John Kainu, 32, Newport, NH, indicated for Acts Prohibited, Possession Controlled Drug-Methamphetamine, Oct. 15, 2019.

Kyle A. Meade, 26, Claremont, NH, indicted for Forgery, Sept. 12, 2019.

## Variance Sought Again for C&D Recycling

CLAREMONT, NH—Recycling Services Inc. is continuing its quest to seek a variance to

expand its operations on Industrial Blvd. in Claremont to include construction and demolition materials (C&D). The matter will go before the Claremont Zoning Board on Monday, March 2, Council Chambers, 7:00 p.m. This is a public hearing; in addition, the company is seeking several other variances related to expanding the size of the building and setbacks that would be less that what City ordinances allow.

During the previous request, the C&D transfer station was described as one that would take place outside on a concrete pad. In August of last year, the company pulled its request pending before the Planning Board due to strong public opposition to the plan. The new application says that the operation they are now proposing would be an enclosed one. The company told the board last year that it estimated processing some 500 tons of material daily, brought in by as many as 50 differently-sized trucks. In addition to environmental concerns, those opposed also cited wear and tear on City roads, traffic and noise as reasons to deny the variance.

---Phyllis A. Muzeroll





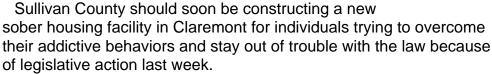
\*Rates, terms & conditions effective as of 1/14/2020. Annual Percentage Rate (APR) is determined by credit score, age of vehicle, and term. APR shown is based on \$10,000 loan. All loans subject to credit approval. Offer applies to purchase or refinance of a new or used automobile. Not available for refinance of existing loans currently financed by Claremont Savings Bank. Rate shown includes 0.50% deduction for automatic debit payments from a Claremont Savings Bank checking account for auto loan. Add 1.00% with credit score below 675. \$55.00 processing fee waived for a limited time. Interest rates and programs subject to change without notice. Insurance required. Certain restrictions may apply.

## Commentary

## **NH House Happenings**

By Rep. John Cloutier

## County Delegation Approves Sober Housing Facility



On Feb. 18 the Sullivan County Delegation to New Hampshire's House of Representatives unanimously on a 9-0 roll call vote approved authorization to establish the new housing facility, which will be located at the former Eagle Times building on 19 Sullivan St. in Claremont. Representatives absent for this vote that occurred on a snowy winter evening in Newport were Unity's John Callum, Sunapee's Gates Lucas, Claremont's Andrew O'Hearne, and Plainfield's Lee Oxenham.

However, the Delegation also unanimously made approval of this authorization contingent on Sullivan County Manager Derek Ferland and the three County Commissioners receiving a \$500,000 CDBG (Community Development Block Grant) from the State of New Hampshire which Manager Ferland said is very likely to be awarded to Sullivan County at the March 11 meeting of the Governor and Executive Council. The grant, if awarded, would be used for the \$325,000 purchase price of the 19 Sullivan St. property as agreed upon by the current owner as well as other expenses. Additionally, the county is slated to receive other funds towards the new facility, which could open by the end of 2020, including \$1.2 million from the New Hampshire Housing Finance Authority, a \$1.1 million loan from the Community Loan Fund, and a \$25,000 donation from Dartmouth-Hitchcock Medical Center. All this listed money is on top of \$500,000 previously appropriated in the Fiscal Year 2020 County Budget for the facility, an amount that totals \$3,325,000. The \$3,325,000 in funds according to Manager Ferland should be more than enough to cover all the start-up expenses, including the \$325,000 purchase of the building, \$200,000 in related purchase fees, \$2,550,000 in renovation costs as \$250,000 in equipment for the new facility.

As for the facility's operating expenses, Manager Ferland stated that he projects such expenses should total between \$8,500-10,000 per month. These projected monthly expenses would include \$5,300 for repayment of the Community Loan Fund, between \$500-\$2,000 for utility costs (depending on the type of energy efficiency improvements made to the current building), \$1,200 to the City of Claremont for PILOT (Payment In Lieu of Taxes) reimbursements, \$1,000 for capital expenses, and \$500 for building maintenance. He added that these monthly expenses are expected to be covered by the \$100 weekly rents the approximately 25 facility residents will pay once the facility reaches its full capacity for a total of about \$10,000 per month in rents.

After the County Manager gave the Delegation updated information on the facility, discussion and questions from the nine representatives



present continued for approximately an hour before final approval was granted. But such approval didn't actually occur until after an amendment proposed by two Claremont representatives—Gary Merchant, a Democrat, and Walter Stapleton, a Republican—was unanimously adopted. The amendment made authorization of the new facility contingent not only upon the award of the CDBG Grant, but also limited the number of facility residents from outside of Sullivan County to no more than two at one time. Reps. Merchant and Stapleton said they had proposed the two non-resident limit so as to alleviate the concerns of many Claremonters that a lot of individuals from outside the county would flock to Claremont seeking to live at the new facility while seeking treatment for their substance abuse problems.

For readers' information, I joined my eight fellow representatives in voting to authorize construction of the new sober housing facility. But beforehand, I also voted for the amendment proposed by Reps. Merchant and Stapleton that made authorization contingent on Sullivan County receiving the \$500,000 CDBG as well as limited the number of non-Sullivan County residents living in the facility to no more than two at one time. Like my two fellow Claremont representatives, I believe the two non-resident limit is reasonable, and should reduce the fears of many of my constituents, who would be otherwise opposed to new facility. More specifically as for the new facility in general, I believe it is an important complement to such current abuse recovery programs in Sullivan County operated by Headrest, TLC Family Resource Center and of course the TRAILS (Transitional Reentry & Inmate Life Skills) Program, which is a part of the Sullivan County House of Corrections in Unity. The TRAILS Program, which I voted to implement in 2008, and then began in 2010 when an addition to the House of Corrections opened, has been very successful, in my opinion. Successful in getting at least some jail inmates to change their lives so as to stay off addictive substances like alcohol and illegal drugs, stay out of trouble with the criminal justice system, and become productive members of our communities, rather than individuals who cost taxpayers to incarcerate. The program has become so successful that is now being used as a model for other New Hampshire counties to establish and has resulted in the 2008 addition to the House of Corrections costing a lot less than a 2006 study commissioned by the then Sullivan County Manager, who proposed a new Sullivan County House of Corrections for the staggering total cost of \$42 million!

However, from what I have learned in the past few years from various county officials, is that as good a program as TRAILS is now, it could still improve its long-term effectiveness. These officials have told me the best way to improve such effectiveness is to build a transitional or sober housing facility so as to give its graduates a chance to make a fresh start away from the friends and even family who might be bad influences who might help cause these graduates to become re-addicted to alcohol and illegal drugs again, cause them to get into trouble with the law for a second time and end up incarcerated again. In summary, I believe TRAILS has become a worthwhile investment, and together with the soon-to-be constructed sober housing facility, I believe it will become an even more worthwhile investment in Sullivan County's future. Email: jocloutier@comcast.net

## Letters to the Editor

## **Stop Variance Application for C&D Processing**

#### To The Editor:

I am sad to be writing to the citizens of Claremont again about this proposed nightmare. It has come to my attention that American Recycling is once again attempting to build a Construction and Demolition facility at the Junction.

It is essential that Claremont citizens come to the Zoning Board meeting on March 2, 2020 at 7 pm at City Hall. Bring friends, bring your research, bring your outrage, bring your righteous indignation that these people would continue to assault our health and our city. Write letters to the editors.

The Zoning Board can stop this insanity, but they have a long history of approving every variance request that comes before them. The system gives abutters the most weight in the Zoning Board's deliberations, so go to the Planning Department and get a list of the abutters and contact them and let them know how you feel.

We can stop this. We must stop this. Resist.

James Contois Claremont, NH

## C&D Plan is 'Poor and Not Right for the Citizens who Live in the Area'

#### To the Editor:

Once again, the citizens of Claremont and surrounding areas are being threatened by an attempt to establish a major waste disposal facility at Claremont Junction. My husband and I own two businesses plus apartments at Claremont Junction, and are very concerned about such an operation bringing many tons of construction and demolition debris (C&D) into an area where zoning laws prohibit this type of business, for reasons of public health and safety. The corporate owners are now applying to the Claremont Zoning Board of Adjustment (ZBA) for a special exception and three variances, in an attempt to circumvent the law.

Last summer, Acuity Management, Inc., owner of Recycling Services (paper and metals) on Industrial Boulevard, tried to persuade the Claremont Planning Board to buy into their poorly conceived plan for an open air C&D facility to load up to 800 tons per day onto railroad cars to be shipped out west for disposal in a landfill. The public opposition was tremendous then, and the company eventually withdrew all applications. Now they are trying to push for an enclosed recycling facility to expand to handle C&D debris. While at first glance an indoor operation may seem to be suitable solution, this does not make it acceptable for public health and safety. Grave concerns remain about health threats, especially for children, from lead, asbestos, and other contaminants; greatly increased truck traffic, up to 50 trucks daily, through residential areas; and impacts on an adjacent stream and wetland, home to abundant wildlife, from stormwater runoff.

The potential negative impact on residents and businesses continues to be huge. This is a poor plan and is not right for the citizens who live in this area. We do not need to consent to being the dumping ground for the entire new England region's construction and demolition debris. More than 200 homes and the Maple Avenue School are nearby. Homes could lose value and quality of life will be affected. Ongoing community efforts to attract visitors will be jeopardized. This operation would take place right where the Amtrak Station is located, an area which has been beautified for train travelers.

The company has already made numerous unsubstantiated claims in their current application to the ZBA, such as, "the public will likely be benefitted," and "the addition of C&D materials will cause no detriment to the public in terms of traffic congestion, or an endangerment to public health, safety or welfare." I encourage area residents to speak up on the very significant impact of this proposed operation at Zoning Board meeting 7pm, March 2, 2020 at the Council Chambers, located downstairs at City Hall on Opera House Square. For more details on the meeting, go to <a href="http://www.claremontnh.com/uploads/ZBA/3%202%2020%20ZB%20PN\_3.pdf">http://www.claremontnh.com/uploads/ZBA/3%202%2020%20ZB%20PN\_3.pdf</a>

Last summer I and other citizens informally organized a new grassroots group called "A Better Claremont" with the purpose of not only opposing bad development for Claremont, but also supporting the good progress being made to ensure that Claremont moves toward being a place where people where people want to live, work and raise families. I have provided a web page at *The Valley Green Journal* to provide more information and links, including an online petition, which you are invited to sign if you have not done so previously. Visit <a href="https://www.valleygreenjournal.com">www.valleygreenjournal.com</a>.

Jan Lambert

Editor.

The Valley Green Journal

We welcome Letters to the Editor. Send to etickernews@gmail.com; please include name, address and phone number.

## Letters to the Editor

## SMCS and Springfield Hospital —Strengthening Ties and Local Access to Healthcare

#### To The Editor:

Springfield Medical Care Systems (SMCS) and Springfield Hospital have an excellent working relationship that has served our communities well in the past; and the collaboration is expected to continue well into the future.

The SMCS health center network is an anchor in our local communities, as a valued healthcare provider as well as an economic cornerstone. Current Chapter 11 Reorganization plans anticipate doing everything we can to strengthen the health system network and to ensure ongoing access to care within our region. All plans maintain a primary focus in terms of patient care and the delivery of healthcare

Reorganization may, and likely will, involve a somewhat different corporate structure.

Springfield Medical Care Systems, Inc. and Springfield Hospital filed Chapter 11 Reorganization with the U.S. Bankruptcy Court in June of 2019. This action was taken to provide both organizations time to develop reorganization plans for a sustainable healthcare system. Throughout the process, management and the Boards of Directors for both organizations have carefully reviewed financial and organizational strategies to determine the best approach to efficiently and effectively maintain local access to healthcare services.

We anticipate filing exit plans with the bankruptcy court this Spring. Our goal is to ensure a strong primary care system that continues to operate health centers in the same towns where they are currently located. Also, that Springfield Hospital maintains operations. Specific services offered may change (as with any business) depending on community demand and reimbursement for services. It is premature at this time to share further details, other than to say exit plans will soon be filed and need to be approved by the bankruptcy court.

The message we want to be sure is clear throughout our communities is:

- We plan to file exit plans soon;
- Reorganization envisions continuing collaboration between Springfield Hospital and the SMCS health center network;
- Services will be designed to respond and meet the needs of the region; and,
- The organizations' projections demonstrate they are sustainable into the future.

The future of healthcare in our region remains strong. Much work remains to be done; but Board members and staff are up to the challenge and we look forward to meeting the healthcare needs of our communities for years to come.

Sincerely,

Joshua R. Dufresne, MBA
Acting Chief Executive Officer, SMCS

Michael J. Halstead, MBA
Interim Chief Executive Officer, Springfield Hospital

## Claremont Has Done its Share, Say No to C&D Variance Request

#### To The Editor:

On Monday, March 2nd, the Claremont Zoning Board of Adjustment (ZBA) will hold public hearings on Acuity Management Inc.'s three applications for variances and one special exception from the City Code of Ordinances. The hearings will be held in the City Council Chambers, City Hall commencing at 7pm.

Acuity Management, Inc.\* is an investment company based in Boca Raton, FL, and Methuen, MA,. The company has a history of picking up distressed properties. The scrap yard Acuity acquired in 2015 on Industrial Boulevard in Claremont, NH came with two grandfathered solid waste permits held by Recycling Services, Inc. These valuable if antiquated permits, the first of which was issued over 30 years ago, were for a small, local recycling operation; not for handling massive amounts of solid waste from a multi-state region, in particular mixed construction and demolition debris.

\* dba American Recycling & Disposal, Inc. / Recycling Services, Inc.

Having failed to obtain permit modifications from the State of NH or site plan approval from the Claremont Planning Board in 2019, Acuity has reappeared, now seeking permission from the ZBA to waive rules in the City's zoning ordinance. Posing as a recycling center, Acuity proposes to run a major waste consolidation and dump-and-ship operation through an industrial-scale transfer station with high potential for offsite impacts.

The volumes of waste to be shipped through Claremont dwarf the amount the Wheelabrator Claremont Company was permitted to receive. (200 tons-per-day. Roughly 2 million tons during the 25 years Wheelabrator operated.) From Acuity's permitting files at the NH Department of Environmental Services it appears the company proposed to move 500-800 tons of construction and demolition debris a day through Claremont. That's a lot of trucks. It is also a fair proportion of the total amount of C&D generated in NH on a daily basis. Claremont has done its share.

(Continued on page A7)

#### Letter, from A6

Acuity's latest proposal is not about recycling. The small scrap metal company Acuity owns on Industrial Boulevard is currently operating as a non-permitted use under a 1987 variance granted by the City. It serves a local need at an appropriate scale. Acuity's latest proposal involves shipments of large volumes of contaminated construction and demolition waste and is prohibited under the City Code, as it should be.

The ZBA must uphold the ordinance and deny Acuity's applications for new variances and special exception. Waiving the prohibition on solid waste operations in a Zoning District adjacent to a residential neighborhood, an elementary school, local businesses and a train station serving the public benefits a private waste company at the expense of City residents. Claremont suffered from its entanglement with the waste industry for 25 years and is still recovering. Going down that road a second time is unacceptable. I trust the City officials responsible for safeguarding the welfare and well-being of the community at large will recognize this and deny Acuity's application.

A little time spent defending your community today could save decades of trouble. The Zoning Board of Adjustment is Claremont's first and last line of defense against a waste company which would threaten residents' health and safety for years to come. The City government needs to hear from the people it is there to protect. Step up for the children, for your neighborhood and for your City's future.

See you at City Hall for the next ZBA meeting on Monday, March 2nd at 7pm.

People say democracy is dying. Show-up and show them wrong. Democracy begins at home.

John Tuthill, Acworth, NH Nelia Sargent, Claremont, NH

## **Urges Residents to Oppose Plan for Expanded Recycling of Toxic Waste**

#### To The Editor:

Claremont citizens who love their community need to mark their calendars for March 2nd at 7:00 p.m. They need to turn out en masse to City Council Chambers to oppose Acuity Management's latest attempt to again turn Claremont into the destination for tons of imported toxic waste. Acuity wants to change a small, local, recycling operation at the junction of Industrial Boulevard and Maple Avenue into a regional construction and demolition waste transfer site exposing neighborhoods and schools to increased truck traffic and injurious environmental and health impacts.

Acuity is seeking multiple variances and a special exception from the Claremont Zoning Board of Adjustment after failing to acquire waste permit modifications from the State. On its face, why would elected and appointed officials support such a venture given the multiple divergences from planning and zoning ordinances?

A little history: Wheelabrator had a trash incinerator in the same neighborhood for over two decades, pouring tons of toxic pollution into the city's environs. Wheelabrator imported and burned 200 tons of trash per day at their facility. That is less than half the tonnage Acuity is proposing to haul in, mess with, and ship out.

After a lot of hard work by citizens, Claremont moved forward from Wheelabrator's economically, environmentally and politically degrading time. Why would citizens looking for a brighter future for their community and families let their officials take these horrendous backward steps?

It has to be acknowledged that the value of this property for any buyer/promoter is the existing waste permits. It also has to be recognized those permits are totally insufficient to assure Acuity's proposed operations are not harmful for the environment and public health. This is not a public benefit business opportunity. This is a nasty proposal to the public's detriment.

Claremont has been there and done that. Why would they want to do it again? Claremont citizens need to turn out and stand up for the place they call home. The place where loved ones still live and I called home for more than forty years.

Jacquelyn Elliott Waterboro, ME

Water boro, IIIL

## Shaheen Responds to Reports Stating Trump Administration Will Increase Temporary Work Visas that Support NH Small Businesses

WASHINGTON, DC—U.S. Senator Jeanne Shaheen (D-NH) issued the following statement in response to reports that the Trump administration plans to provide an additional 45,000 H-2B visas nationally, which help Granite State small businesses fill seasonal job openings in the current tight labor market. The reports come less than a month after Shaheen sent a bicameral, bipartisan letter with Senator Angus King (I-ME) to Acting Department of Homeland Security (DHS) Secretary Chad Wolf urging the administration to immediately increase the statutory cap of H-2B visas this year. Shaheen is a senior member of the Senate Appropriations Committee and supported this provision in the funding legislation. Shaheen had previously called on Senate Appropriations Committee leadership to provide cap relief in any funding agreement.

"If these reports are accurate, I'm glad the administration is heeding my call to increase the number of visas available under the H-2B program," said Shaheen. "Without these additional seasonal workers, New Hampshire's tourism industry could face a severe workforce shortage, causing significant harm to the Granite State businesses and workers that are important to our state's economy. I urge President Trump to act expeditiously in enacting this change so that New Hampshire small businesses can apply as soon as possible. Our peak tourism season approaches, and time is running out."

## Hassan Tours Southwestern Community Services Head Start Program in Claremont to Highlight Importance of Early Childhood Education

CLAREMONT, NH—Senator Maggie Hassan toured Southwestern Community Services Head Start Program in Claremont Thursday to visit with children and speak with parents and staff about the importance of early childhood education programs. Senator Hassan has advocated for additional funding for Head Start programs in New Hampshire and across the country, and the government funding bill — which is now law — included a record level of \$10.6 billion in funding for Head Start, a \$550 million increase.

"Visiting with children and parents at the Head Start program in Claremont reinforced how important this critical program is to the success of our communities," Hassan said. "Head Start provides a safe space for children to learn and grow, while giving much-needed support for hard-working families — especially single parents. I will continue fighting to expand access and affordability for early child-hood education, and work to ensure that all of our children are given the opportunity to learn, grow, and lead."

"Senator Hassan has been a tremendous advocate on behalf of children and Head Start programs across New Hampshire," said John Manning, CEO of Southwestern Community Services. "It was great to be able to show Senator Hassan how Head Start is supporting the youngest members of our community, and discuss how to give our children the best shot at success."

Hassan has consistently fought to expand access to affordable, high-quality early child-hood education and to assist more families with rising child care expenses, said a staff member. "The Senator is a cosponsor of the Child Care for Working Families Act, which expands access and affordability for quality early childhood education and enables Head Start to provide full-day, full-year programming."

#### SUNDAY, MARCH 1 Living A Sustainable Lifestyle: Tea & Talk 3-4:30 pm at the Cornish Store

Explore some of the major challenges facing our global environment and how you can take action to help on a local level. Bring a healthy snack to share and a passage from a favorite environmental book to share and discuss, then share your strategies for how to live more sus-



Senator Hassan at Southwestern Community Services Head Start in Claremont (Courtesy photo).

tainably and encourage others. Topics could include environmental philosophies, clean soil, water, air, and food initiatives, reducing single use plastics, sustainable cleaning products, pollinator gardens, buying local, clean compost, and zero waste practices. Bring your favorite mug and a short reading to share. Tea will be provided.

Facilitators: Pat McGovern & Cindy Heath, with support from the Plainfield & Cornish Energy Committees and the Plainfield & Cornish Conservation Commissions.

Time: 3:00-4:30 p.m. at the Cornish Store.

MONDAY, MARCH 2 EVERYTHING YOU NEED TO KNOW ABOUT RECYCLING & WASTE MANAGE-MENT, 7:00 P.M.

Presented by Marc Morgan

Free program hosted by the Plainfield Church Women at the Plainfield Community Church 1094 Rte 12-A, Plainfield

Marc Morgan is the Solid Waste Management Director for the City of Lebanon. Marc has years of experience in the Waste/Recycling Industry. He will bring us up to date regarding current issues and trends in recycling, reuse and waste disposal. One of the many environmental issues facing our nation is what to do with the waste we produce. Up until last year, most of our recycling was sent to China. Unfortunately, about one third of it was too contaminated to use so they closed down their market. Now we are faced with something of a crisis as to what to do next. This discussion will address the question, "How do we deal with our waste in a manner that minimizes impacts on our "neighbors"?"

## — Our Turn -

## Teen Dating Violence: Three Common Challenges in Prevention

February is Teen Dating Violence Awareness Month. Teen dating violence is more common than many may think. In the U.S. 1 in 3 teens will experience physical, sexual or emotional abuse by someone they are in a relationship with before they become adults and nearly half (43%) of college women report experiencing violent and abusive dating behaviors. (1 www.loveisrespect.org) For parents, it can be hard to spot, let alone handle it when it happens to their teen. Here are some of the common challenges parents face in talking and connecting with their teen about what is going on in their personal lives:

#### 1) Focusing on What We Don't Want.

As adults, we have a long-ingrained habit of telling kids what NOT to do and how NOT to behave. That leaves a whole lot open to interpretation. Kids need examples of what we DO want, and they need to figure out how to apply those principles in day to day life. If we think about it as building healthy relationships, we can help kids understand what respect, caring, civility and dignity look, sound and feel like. We can be specific as we model and teach kids how to relate to other people.

## 2) Trying to Start the Conversation when Kids Start Dating

A relationship is a bond or connection between two or more people. Family relationships and early friendships have the potential to lay the groundwork for strong, positive relationships later in life. When little kids see respectful conflict, caring and kindness, support and compromise, and healthy boundaries, it gives them a template for how to behave in relationships they'll have later in life. Of course, someone who lacks that positive example early in life can still build healthy relationships. But it's far easier to build something with a strong foundation already in place and a blueprint to follow.

## 3) Viewing Violence Prevention Education as a Single Focus

Dating violence prevention education is, in large part, about developing social-emotional skills. The skills and conditions that prevent dating violence also prevent substance abuse, harassment, child abuse, sexual vio-

lence, and other harmful behaviors and experiences. So, while we are talking specifically about dating violence, the skills are highly transferable.

Dating violence can sometimes feel too big to handle, but the solution can start right at home. Trained educators and advocates at Turning Points Network can help you find ways to start the conversation with your teens or help if your teen is experiencing dating violence. For more information visit us at www.turningpointsnetwork.org or call 800-639-3130.

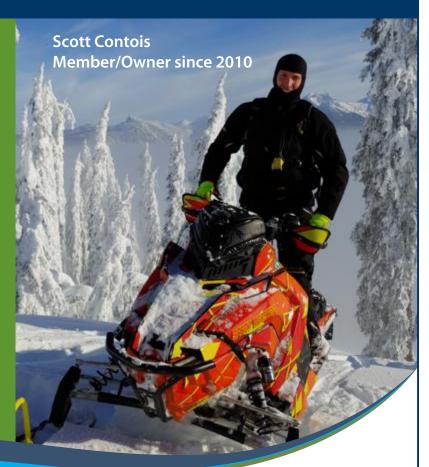
OUR TURN is a public service series by Turning Points Network (TPN) serving all of Sullivan County with offices in Claremont and Newport.

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## **NEW TO THE MARKET**





**CLAREMONT - Located in the outskirts of town.** This living room runs from the front to the back of the house, also the master bedroom directly above. A remodeled kitchen with lots of sunshine and stainless steel appliances. So much more! A big yard for many uses, and a garage/barn for all your toys. **For more info & photos, see MLS# 4795091 \$139,900** 



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Plainfield NH— This spacious ranch sits on 7 acres. Master suite, newly remodeled kitchen with stainless steel appliances open to the dining area with sliders to the deck overlooking your pond and beautiful sunsets. Walk-out family room with patio and hot tub. \$414,900

## EXTREME COLD WEATHER RESOURCES

In the event of extreme cold temperatures outside we want to remind residents that they can use the common areas located inside the Claremont Savings Bank Community Center (membership not required) or the Fiske Free Library as a warming shelter during open hours



## HOURS OF OPERATION:

<u>CSBCC:</u> <u>Fiske Free Library:</u>

Mon - Thurs: 5:30 am to 9 pm Mon, Tues & Thurs: 9 am -7 pm

Friday: 5:30 am to 7 pm Wednesday & Friday: 11 am-5 pm

Sat & Sun: 8 am to 6 pm Saturday: 9 am-1 pm

Valley Regional Hospital Dunning Street ER Waiting Room is also available

FOR EMERGENCY SITUATIONS, PLEASE CALL 911

## **HELP WANTED**

Help Wanted/ Part-Time
Saturdays 8-5:00
Counter Person
Must be 18 years old
Apply in person at
Liberal Beef Co.
10 W Terrace St
Claremont, NH 03743

## **HELP WANTED**

### **Legal Assistant/Paralegal Position**

The law firm of Leahy, Denault, Connair & Hodgman seeking a full-time (35 hours) Legal Assistant/Paralegal (Probate experience preferred, but not required). Strong organizational, word processing and interpersonal skills required. Ability to multi-task a must. Please submit your resume and cover letter to: Office Manager, c/o PO 829, Claremont, NH, 03743; or by email to dmelcher@leahydenault.com. All inquiries will be held in strict confidence.

#### SATURDAY, FEBRUARY 29 NIGHT OF COMEDY 8PM

Claremont Opera House: Three comedians fill the house with a Night of Comedy. Comedians scheduled to appear include Tom Hayes, Jody Sloane and Rob Steen.

Tickets are \$23 and can be purchased in advance online at LINK, by phone at 603-542-4433 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square. Tickets also available night of show. Beer and wine sales available before the show and during intermission from Sweet Fire BBQ.

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**Art Exhibit: Selections** 

**Exhibit Dates: Through March 27, 2020** 

Hours:

Saturdays, 10:00 am - 2:00 pm, Tuesdays-Fridays, 11:00 am - 4:00 pm

Library Arts Center Gallery 58 N. Main St., Newport, NH

Price: Free

SELECTIONS 2020—Selected Winners from the 2019 Juried Regional

## TELLER Full - Time Newport, NH

One Credit Union is currently seeking an experienced <u>Full-Time Teller</u> to join our Newport, NH team.

#### The ideal candidate will have:

- Minimum of (1-2) years TELLER experience: IDEAL
- Prior cash handling experience
- Particularly strong experience in branch operations and customer service.
- Strong math and computer skills.
- Strong oral and written communications.
- · Ability to work branch hours.
- · Demonstrated skills as a team player.
- Demonstrated organizational skills while managing multiple tasks.
- Organizational, time management and prioritization skills.

The <u>Full-Time</u> (Float) <u>Teller</u> reports to the Branch Manager and performs the duties of Teller.

#### Requirements:

- Education Requirements: High School Diploma or equivalent combination of education and experience.
- Wages commensurate with experience and skillsets.
- Benefits include Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (10), Paid Time Off (PTO)

Email cover letter, resume and references to

jobs@onecu.org

Equal Opportunity Employer www.onecu.org



## TELLER Full - Time (Float) Claremont, NH or Newport, NH

One Credit Union is currently seeking an experienced <u>Full-Time Float Teller</u> to join our Claremont, NH or Newport, NH team.

#### The ideal candidate will have:

- Minimum of (1-2) years TELLER experience: IDEAL
- Prior cash handling experience
- Particularly strong experience in branch operations and customer service.
- Strong math and computer skills.
- Strong oral and written communications.
- Ability to work branch hours.
- Demonstrated skills as a team player.
- Demonstrated organizational skills while managing multiple tasks.
- Organizational, time management and prioritization skills.

The <u>Full-Time</u> (Float) <u>Teller</u> reports to the Branch Manager and performs the duties of Teller. Will be required to travel from Branch to Branch as assigned by Branch Manager.

#### Requirements:

- Education Requirements: High School Diploma or equivalent combination of education and experience.
- · Wages commensurate with experience and skillsets.
- Benefits include Health Care, HRA, FSA, Dental, Vision, Life & Disability, 401k plan, Holidays (10), Paid Time Off (PTO)

Email cover letter, resume and references to

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Enhanced Family Care (EFC) Coordinator: Full time. Based out of Tremont office in Claremont with regional travel as needed. Responsible for the development, maintenance and support of quality Adult Foster Care services which includes finding appropriate homes/matches, monitoring and managing contracts, reviewing provider certification compliance as well as providing training and general oversight. Models and assures advocacy and support for individuals, working to expand community opportunities. Attends and participates in all team meetings including ISA, Quarterly and others as needed. Participates in ON-CALL rotation as scheduled. Associate's Degree in human services or related field required. 3 years of human services program experience a must and proficiency in MSOffice (Word, Excel, Outlook) required. Experience and/or willingness to work with forensic and safety issues a must; experience with challenging behavioral issues highly preferred.

Residential Program Manager: Full time. Oversees the daily operations of residence in Lebanon, NH ensuring quality services are provided to the individuals served. Supervises residential support professionals and serves as the liaison for teams and meetings related to the services provided. Performs direct care as needed and may be assigned to various locations based on program needs. Engages in enhancing and/or developing community resources and oversees records management for the program. Bachelor's in human services or related field highly preferred. Prior supervisory experience required and 2+ years' human services experience a must; experience with developmental disabilities preferred. Ability to work flexible schedule to meet program needs required. Hands-on Manager with excellent communication and organizational skills necessary.

**Support Brokers:** Full time. Based in Claremont, NH with regional travel. Works in partnership with individuals, and those they choose to support them, acting as liaison in designing, implementing and monitoring customized, responsive supports that promote individual choice and decision-making authority. Facilitates and/or coordinates interview and hiring process for support providers, and provides supervision for assigned employees including performance management and time card approval. Serves as a liaison with community, state agencies and service providers. Bachelor's degree and two years of human service experience, with supervisory and budgeting experience highly preferred.

#### All PathWays' positions require:

- Proof of Eligibility to be employed in the U.S.
- Passing a criminal background, MVR and BEAS check and OIG Exclusion List check
- Valid Driver's License and Proof of valid auto insurance
- Must be 18 years of age or older per NH state regulations
- Proof of High School Diploma or Equivalent
- Passing a TB test

Apply:

Website: www.pathwaysnh.org or via www.lndeed.com

In Person: 654 Main Street, Claremont NH Email: khenning@pathwaysnh.org

#### Scouting, from A1

we're continually transporting our Scouts in cars and vans to meetings, camps and jamborees."

YP guidelines are precise and strictly enforced. An adult leader can never be alone with a Scout. "My daughter is a member of Troop 38, and even I can't be alone with her in a Scouting setting," Herzog notes. Aubree, 12, is what's known as a Lone Scout in an otherwise all-boys troop. As a result, a female adult leader must be present.

In addition, no two Scouts can be together if they are more than two years apart in age. Guidelines for camping trips mandate that boys and girls must sleep in separate tents, and adults must be in their own separate tents.

The financial troubles of the national organization do not have much impact on local activities, Herzog noted, since each State is an independent entity. "Except for the general program and standards, we're pretty self-sufficient. We raise funds in the troop to buy supplies and do the activities the Scouts want to do. Scout camps in New Hampshire belong to the statewide Daniel Webster Council, which manages the properties and charges small usage fees to troops."

Troop 38 has a full schedule of activities for the next several months. All of them are community-oriented, in line with one of Scouting's four principal aims, citizenship training. Fulfilling this aim is Bryce Weymouth, 17, who is working toward becoming an Eagle Scout. His proposed final project is to build a kiosk with a bench in Claremont's Moody Park. His fellow Scouts will help in the construction. In addition,

he's had to earn 13 specific merit badges of the 130 available to all Scouts.

The journey to Eagle status is a long but rewarding one. Herzog himself is an Eagle Scout, as is his son, Prescott, who two years ago instituted a breakfast program at Stevens High School.

The troop will attend Scout camp for a week in July at Hidden Valley in Gilmanton Ironworks. They will aim to match their success at previous regional camps, where they have been awarded Honor Troop status for participation in several activities.

"We're also the only troop in the Sunapee district that has completed the Journey to Excellence," Herzog said. "That was based on camping participation, rank advancement and earning merit badges."

Troop 38 is also looking forward to summer projects that will upgrade facilities at the camp in Unity. One involves a well and a septic system to make the area a day camp for Cub Scouts. In another, inmates from the Sullivan County House of Corrections will build lean-tos with bunk beds and fire sites as well as refurbish the existing cabin in light of Youth Protection standards.

Adhering to the original vision of Scouting, Herzog believes, gives every boy and girl an opportunity "to learn who we are as Americans, and to have pride instilled in our country. By following the Scout oath and the Scout law, you have a greater chance of success throughout your life. If you trust the program, it works." Herzog remains hopeful for the program's future. "This is a dark time for Scouting, but the values of Scouting are strong and we will persevere."

Troop 38 meets every Thursday, 6:30-8:00 p.m., at St. Mary's Church gymnasium during the school year. To learn more about becoming a Scout, contact Alex Herzog, Scoutmaster, at claremontscout@gmail.com.

## Twin State Innovation

CLAREMONT, NH—Twin State Innovation is a monthly, entrepreneur-focused event designed to connect entrepreneurs with each

other and their community. The event is free and open, everyone is welcome to attend, regardless of background or experience.

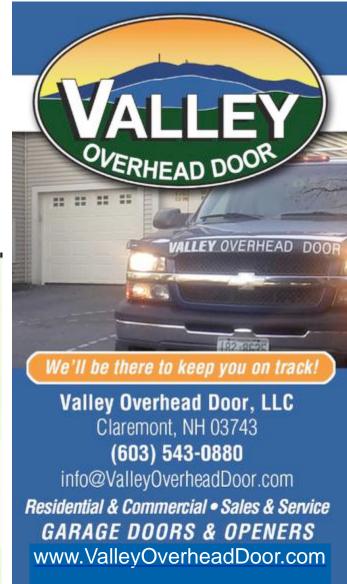
Entrepreneurs and small businesses often feel disconnected from each other and their communities. Twin State Innovation is about tac this challenge. The goal is to help spur a vibrant entrepreneurial ecosystem by connecting entrepreneurs - both established and aspiring - to each other and their local communities so they can receive support, develop their ideas, and collaboratively solve the problems they face.

During this event, two entrepreneurs will present for six minutes, followed by 15-20 minutes of questions from the audience. Everyone is welcome to attend regardless of their background or experience. The more community involvement and the greater the diversity of ideas the better!

For more information or to register, visit Claremont MakerSpace at:

https://claremontmakerspace.org/events/#! event/2020/2/11/twin-state-innovation.





## e-Ticker Business News

## Lornitzo Completes ARE Architectural Exams, Earns License

LEBANON, NH—Banwell Architects, Lebanon, NH, congratulates Adam Lornitzo on his recent, successful completion of the ARE Architectural

license exams and earning his architectural license.

Lornitzo
joined the
Banwell
team in August 2016.
He graduated from the
University of
Colorado at
Boulder in
2007 where
he also did a
study abroad
program in



Adam Lornitzo

Florence, Italy. After graduation, he worked for Eley Guild Hardy Architects in Biloxi, MS, working on Hurricane Katrina recovery projects. In 2012 he moved back to his home town of Bradford, VT, with his wife, Laura, and three children, Gus, Mack and Edie. Lornitzo graduated with his Master's Degree in Architecture from Lawrence Technological University (Southfield, MI) in 2015. He is active in the community volunteering for educational and recreational projects.

Since joining Banwell, he has been an instrumental part of the team contributing projects including: Maplewood Nursing Home, Woodsville High School, Newmarket Schools, and Dondero Elementary School. Lornitzo is also a Revit expert and has been an instrumental part of Banwell's success in entering the world of Virtual Reality and staying on top of new technology.

Banwell Architects also has an office in Quechee, VT.

# Lake Sunapee VNA Presents Annual Awards

NEW LONDON, NH – Lake Sunapee Region VNA & Hospice (LSRVNA) presented its annual staff and volunteer excellence awards at its Annual Meeting on February 13.

The staff award, known as the "Imagine the Possibilities Award," was presented to Linda Mitchell, LNA. Starting as a home health aide and now a licensed nursing assistant, Linda has been making a difference in the lives of clients and their families for more than 20 years. During the presentation, Jim Culhane, LSRVNA President & CEO, shared, "Linda is an amazing, caring, skilled LNA and a bright light wherever she goes. She cares deeply for each person and embodies our core values of community, compassion, empowerment and excellence."

New London resident, Betsy Boege, received the "Joanne Hughes Volunteer Excellence Award." Betsy has been a stellar volunteer since 2002, supporting Hospice, Good Day Respite and other programs whenever her schedule allows. "Her commitment, enthusiasm, thoughtfulness, willingness to provide valuable feedback and happy smile make her a beloved member of our team," shared Culhane as he presented the award.

In addition to the award presentations, Culhane thanked outgoing Board member Dr. Donald Eberly for his many years of service on the LSRVNA Board of Trustees, most recently as Chair, and presented him with an honorary plaque. Also recognized were new Board officers Kieran Kays, Chair, and Daniel Junius, Vice Chair.

For more information about LSRVNA, call 603-526-4077 or visit www.lake-sunapeevna.org.

(Courtesy photos)





## e-Ticker Business News

## Teams Signing up for Steppin' Up to End Violence 5K Walk & Fun Run

CLAREMONT, NH—It may be snowy and cold, but Turning Points Network has its eye on spring with planning underway for their 14th annual Steppin' Up To End Violence 5K Walk & Fun Run scheduled for May 2nd.

Thanks to these "early bird" pace-setting teams who were the first to sign up for this year's event:

National Institute of Modern Martial Arts (NIMMA)

She Persisted

**Team Turtlez** 

Sustainable Movement

Hartland Unitarian Church

Sullivan County Sheriff's Department

Lake Sunapee Region VNA & Hospice

Hypertherm

**Turning Points Network** 

Sturm, Ruger & Co.

**Pathways** 

Department of Health and Human Services

**Unity Elementary School** 

**Peacekeepers** 

Middle Aged Mammas

First Congregational Church of Claremont

United Church of Acworth

**Student Conservation Association** 

Lempster Happy Feet

Shapiro Schleppers

Newport Women's Group

Valley Regional Healthcare

Kearsarge Community Presbyterian Church

South Congregational Church, Newport

No Matter What

Ladies on The Hill

CMS Builder's Club

River Valley Community College

Newport Health Center

Team Remembering Alana

Always Be Youngs

Riverstone Church

Sunapee Schools

Team F.R.E.E.

Plainfield Elementary School

Life Fellowship

This event raises critical funds for the agency's crisis and support services as well as their prevention education in local schools.

This year's goal is 85 teams and teams of all sizes are most welcome at this family-friendly event. Teams set their own

fundraising goal; there is no registration fee. Individual walkers and runners are also encouraged to attend. Though this is not an officially timed running event, there is a large display clock for self-timing.

Find out more about the event by going to turningpointsnetwork.org/steppinup.

Help TPN build strong, safe communities by building strong, safe relationships. For more information, please call 543-0155.

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## Wanted Fugitive Arrested in Newport

NEWPORT, NH-On February 19, at approximately 12:10 p.m., members of the **NH** Attorney General's Drug Task Force. **Sullivan County** Sheriff's Department, NH State Police, and the Claremont Police Department were involved in an investigation which pro-

duced the loca-



**Corey Quimby** 

tion of a Wanted Fugitive: Corey Quimby, 39, Newport NH.

He was located on Sugar River Drive during a motor vehicle stop. The CPD said that Quimby has been avoiding the authorities since October, 2019. He was arrested on warrants for Bail Jumping, Operating After Certification as a Habitual Offender, and a Parole Warrant. He was taken into custody without incident.

He is currently being held at the Sullivan County House of Corrections, and will be arraigned at the Sullivan County Superior Court in the near future.

www.etickernewsofclaremont.com

## **Arrest Made in Drug Case**

CLAREMONT, NH—On February 19, at ap-

proximately 12:10 p.m., members of the **NH** Attorney General's Drug Task Force, **Sullivan County** Sheriff's Department, NH State Police. and the Claremont Police Department executed an arrest warrant for three sales of Methamphetamine on: Jesse Picknell, 24, Claremont,

NH.

This arrest was following a two-month investigation by these agencies. The arrest occurred off of Water Street, without incident. During the arrest a significant amount of suspected Methamphetamine was seized. The suspected Methamphetamine will be sent to the NH



Jesse Picknell

State Laboratory for testing.

Picknell was released on Personal Recognizance Bail. He will be arraigned on these charges at the Sullivan County Superior Court on 03/05/2020, at 1:00PM.

## THURSDAY, FEBRUARY 27 Plainfield Candidates Night 6:30pm to 8:00pm

Plainfield Elementary School Music Room 92 Bonner Road

On Thursday evening February 27th between 6:30 PM and 8:00 PM you are invited to join us at the Plainfield School to meet the candidates for Plainfield town offices (this year the town has contested races for Selectman and Library Trustees). This is your chance to learn about the candidates, ask all your questions, and to let them know about the town issues that concern you most. Event sponsored by the Plainfield Finance Committee.

www.etickernewsofclaremont.com

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Sugar River Pharmacy Claremont

109 PLEASANT ST CLAREMONT, NH 03743 Carl Bannon RPh Chad Beane RPh SRPClaremont@gmail.com

Mon - Fri 8AM - 6PM Sat 9AM - 2PM Phone 603 542 6337 542 - MEDS Fax 603 287 7139

## **Avoid These Estate Planning Mistakes**

You save and invest to meet a variety of goals during your lifetime: college for your children, long vacations, a comfortable retirement, and so on. But you probably also want to leave something behind – to your loved ones and, possibly, to the charitable organizations you support. To do so, you'll need to develop a comprehensive estate plan, but to make that plan work, you must avoid some common mistakes.

Here are a few of these pitfalls you'll want to avoid:

- Not writing a will If you were to die "intestate" without a last will and testament the state in which you live would determine how your property was distributed. And the state's decisions may not match what you had in mind at all. Furthermore, a will is where you would name guardians for your minor children.
- Not going beyond a will While a will is an essential component of estate planning, it's often not enough. You may need to create other documents, such as a living trust, which, among other benefits, enables your estate to avoid probate, a time-consuming and public process that can lead to disputes among your heirs and others. And a living trust lets you place highly specific conditions on how and when you want your assets distributed. You might also consider other legal documents, including a power of attorney, which allows you to appoint a person or organization to handle your affairs if you can't do so yourself, and a health care directive, which lets you name someone to make health care decisions on your behalf, should you become physically or mentally incapacitated.
- Choosing the wrong executor An executor is responsible for distributing property to your beneficiaries and paying off any debts and taxes your estate may owe, among other tasks. Because the role of executor is so important, you need to choose someone who is reliable, competent and trustworthy. It's certainly possible to find such an individual in your own family, but many people choose someone who is either conflicted, too busy or simply not up to the task. If you have doubts about picking a good executor, you may want to turn to a trust company. The costs likely will be higher than if you chose a family member, but the results may be much better.
- Not naming proper beneficiaries Many of your assets 401(k), IRA, life insurance and so on require you to name a beneficiary. These beneficiary designations are powerful, often superseding the instructions in your will. If circumstances change in your life, such as new children, or divorce or remarriage, you may well want to change beneficiaries. It's easy to do but it's also easy to overlook.
- Not updating ownership of assets A change in your family situation or changes in the laws governing income and estate taxes could require you to update ownership designations of financial assets.

And here's perhaps the biggest mistake of all: not understanding what's in your estate plan. You need to work closely with your tax, legal and financial professionals to create a plan you fully comprehend and can communicate effectively to your loved ones. Surprises are often pleasant in many areas of life – but estate planning is not one of them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC





Martha Maki, AAMS® Financial Advisor 54 Opera House Sq Claremont, NH 03743 603-542-7667

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Edward Jones

MAKING SENSE OF INVESTING

F/ F/

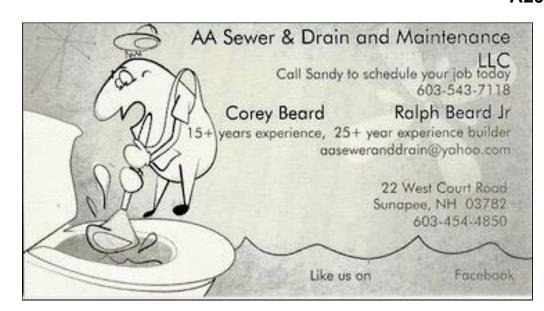
## **Sunapee Food Pantry Seeks Items**

SUNAPEE, NH—The Sunapee Food Pantry is seeking the following goods: gluten free foods canned meats, canned chicken & tuna, canned fruit – individual & family size, family size juice, bread mix, small, individual boxes of cereal, mayo, Saltines, potatoes, chili, pasta sauce, peanut butter & jelly, snacks, Spaghetti-o's.

In addition to food items, they could also use shampoo, conditioner, soap, laundry detergent, softener and household cleaners.

For more information, contact Laura Trow, Welfare Administrator Town of Sunapee, 603)763-2212.

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## Dads and Grandads and Uncles — Oh My!

Girls and Their 'Dates' Dance Away the Evening

More than 100 couples attended the annual Father-Daughter Dance on Feb. 21 at the Claremont Savings Bank Community Center.

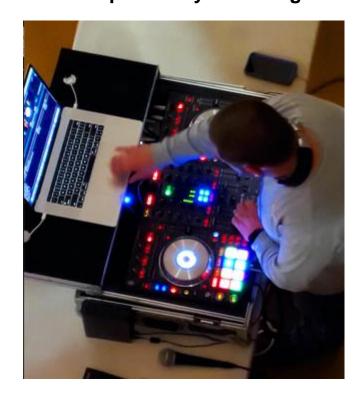
The girls, ages 2 to 17, arrived in party dresses and princess tiaras; some wore their first make-up and high heels. Escorted by their fathers, grandfathers, uncles and the occasional family friend, each girl selected a pink, red or white carnation to complement their finery. And then, on to the evening's fun.

Everyone stopped by the photo studio for a free professional portrait. They enjoyed pizza, mac and cheese, cookies and cool drinks. They made crafts and took old-fashioned selfies in a photo booth.

The heart of the action was the gym, where everyone danced to the DJ's 2-hour, non-stop playlist. The exuberant "Cha-Cha Slide" was the jam of the night, when a lot of those high heels were slipped off to keep up. Other numbers brought the energy down enough for some slow dancing.

At the end of the evening, their escorts drove the girls home in what, to adult eyes, no doubt looked like cars and SUVs. But to the tired Cinderellas, they must have been elegant coaches drawn by sleek white horses.

## Text and photos by Eric Zengota







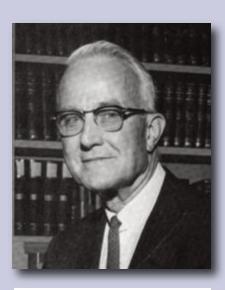


Caring for the community since 1970!

## REFLECTIONS OF FIFTY YEARS

DEELECTIONS OF FIETY VEADO

Dr. John "Jack" Norris graduated from Dartmouth College in 1925 and began his medical practice in New London in 1932. In 1937 he had an extraordinary opportunity to join the medical staff of Eastman Kodak Company in Rochester, NY, where he was a medical director and respected innovator for nearly 30 years. Dr. Norris retired to New London in 1969. Always a visionary, he saw a growing need for home health care services in our region. Although some disputed the need, Dr. Norris remained steadfast. The result was the founding of Kearsarge Visiting Nurse Association in 1970, now Lake Sunapee Region VNA & Hospice. Just as Dr. Norris had a vision for the future of home care, members of the bequest society that bears his name share this vision through their thoughtfully planned commitments.





Please consider naming Lake Sunapee Region VNA & Hospice as a beneficiary in your estate plans and help it remain an enduring presence in our community for generations to come.

Contact Cathy Raymond • 603.526.4077 X231 • craymond@LakeSunapeeVNA.org

Sincere thanks to



for its generous support of our 50th!

# Program on 'River Bugs' to Include Lab Stations, Other Fun



Photo of dragonfly larvae by Kelly Stettner

SPRINGFIELD, VT—The Black River Action Team invites everyone to stop in at the Springfield, VT, High School on Saturday, March 21st, between 9 AM and 1 PM for an informal introduction to the wonderful, wet, and wild world of "river bugs."

Free and open to the public, this event will feature not only a fun open house for everyone, introducing you to the little critters that inhabit our stream beds, but also several lab stations set up for folks who would like to do a little citizen science and sort samples of preserved river bugs from some of the BRAT's water quality monitoring sites around the Black River watershed.

For details on the bug hunt and open house, contact BRAT Director Kelly Stettner at black-rivercleanup@gmail.com or leave a message at (802) 591-0101 and she'll get back to you.

## Honor Roll New England Classical Academy

2nd QUARTER HONOR ROLL

A Average 90-92.9 Emily King, 10th grade, Newport, NH Alexis Abella, 11th grade Claremont, NH

MAGNA CUM LAUDE 96-97.9 Carter Buckley, 8th grade, Hartland, VT Brodie Walck, 11th grade Springfield, VT Maya Lindberg, 12th grade Cavendish, VT

SUMMA CUM LAUDE 98-100 Sofia Bianconi, 8th grade Rockingham, VT Corinne Lindberg, 10th grade Hudson Buckley, 7th grade

SATURDAY, FEBRUARY 29
Upcoming WCCMA Event
HopStop Family Show: Kids' Dance Party
3:00 PM to 4:00 PM at Claremont Savings
Bank Community Center,
152 South St, Claremont, NH
Free

HopStop Family Show: Kids' Dance Party: Shake and boogie with Hop favorite, DJ (and dad!) Sean/LivemixKings Held one Saturday a month in both Hanover and Claremont, NH, HopStops offer young children and their caregivers free performances that entertain and introduce dance, music, theater and storytelling. These performances are participatory, so come ready to sing, dance and clap along. Bring the whole family!

For more information, please visit <a href="http://www.wcc-ma.org/">http://www.wcc-ma.org/</a>.

Yoga in the Gallery Saturday mornings, through March 7 8:30 am - 9:30 am Library Arts Center Gallery 58 N. Main St., Newport, NH

Price: \$12.00 to \$50.00 —\$50 for full session. \$12 drop-in per week
Saturday Morning Yoga in the Gallery
Five-Week Session
Saturday Mornings, 8:30-9:30 am
All Levels Welcome | Instructor: Brianna Renner

\$50 for the five-class series, or \$12 drop-in This class is designed for any student looking to practice yoga. Find out more and register at libraryartscenter.org/yoga

#### SATURDAY, FEBRUARY 29 GAME NIGHT at Cornish Store 6-8 pm.

Adults and children welcome. We will have an assortment of games - feel free to bring your own favorite game. Snacks and water will be available or bring your own.

Space will be limited to 30 people so sign up early at ajacquier@tds.net.

Call Audrey at 469-3245 with any questions. Come have some fun and meet new folks!

## **Sullivan County Republican** 'Leap Into Victory' Dinner

## When: Saturday, February 29th, 6:00 pm Where: Claremont Senior Center

Please join us for our "Leap Into Victory" Kickoff Dinner to the 2020 Election Cycle with Guest Speaker Hon. Kelly Ayotte and many other surprise guests. Cost is \$50 per person. In keeping with the identity of Sullivan County, you'll be treated to simple fare prepared well. Enjoy hot appetizers and socialize before the dinner that includes locally smoked meats, corn bread, and comfort foods provided by Kirby's Q of Alstead, NH.

Please email <a href="mailto:sullivanconhgop@gmail.com">sullivanconhgop@gmail.com</a> to RSVP or purchase tickets online at <a href="mailto:https://scgop-leap-into-victory-dinner.eventbrite.com">https://scgop-leap-into-victory-dinner.eventbrite.com</a>.

## FREE - Diabetes Prevention Program Informational Meeting

Tuesday, March 17 at 12–1 PM Newport Health Center, Community Room

## FREE Connect Suicide Prevention & Intervention Training

March 17, 2020, 1-4 PM New London Hospital, Helm Conference Room

## SATURDAY, MARCH 7 The Wintry Woods in Watercolor 10am-1pm

#### Location: Forest Center at Marsh-Billings-Rockefeller NHP, Woodstock, VT

The tranquility and beauty of the forest is especially unique in the winter. Frost, snow covered trees, falling snow, and the moody colors of the season all lend themselves to watercolor. Learn some watercolor basics that include techniques, materials, and brushwork. All levels of painters are welcome, as well as those who have never tried watercolor before. You will be amazed at how accessible this incredible medium really is.

Pre-registration is required (Max 16 participants). To register or learn more call (802) 457-3368 x222 or email us at emma\_beck@partner.nps.gov.



# Grand Reopening Day

FEBRUARY 29TH | 10 AM- 5 PM

SHOPPERS WILL BE ENTERED FOR A
CHANCE TO WIN A
\$100 CHANGES GIFT CARD!

57 PLEASANT ST | CLAREMONT, NH

# Cone Automatic Machine Company Charitable Foundation Scholarship Program Now Accepting Applications

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2020-2021. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation (mailing address) P.O. Box 65 Claremont, NH 03743.

Completed applications must be postmarked no later than May 11, 2020. Scholarship awards will be announced in June 2020.

## **Intro to Laser Cutting**

CLAREMONT, NH—The Claremont Makerspace's laser cutter/engraver is an incredibly capable tool which can be used for making high precision cuts and engravings on a wide variety of materials. In this three hour class, we'll walk through all the steps from idea to pressing the "go" button on the laser. After learning the basics, each student will create a simple design and cut it on the laser!

Although advanced design and computer skills aren't required to take this course, in order to attend the optional follow-up certification session (to get approved to use the CMS's laser cutter/engraver on your own) you will need to be comfortable operating and navigating the Windows-based computer.

More technically inclined students may bring a laptop and a USB jump drive to class. You may choose to install Inkscape or a free trial of Adobe Illustrator or CorelDraw (the laser cutter workstation has a CorelDraw license) before you come to class to get familiar with the software and start on a vector design project.

NOTE: if you're just looking for a laser cutting services, you are welcome to stop by the Claremont Makerspace and leave your information on our bulletin board.

Venue: Claremont Makerspace, 46 Main St. Friday, Feb. 28, 6:00 p.m.

To register, please go here: <a href="https://claremontmakerspace.org/events/#!">https://claremontmakerspace.org/events/#!</a> event/2020/2/28/intro-to-laser-cutting.

## Suspicious Death of Windsor Woman Being Investigated

#### Found Deceased in Ludlow

The Vermont State Police announced Friday that it is investigating the suspicious death of a 49-year-old woman at a home in the town of Ludlow.

The Ludlow Police Department was notified by a friend of the victim shortly before 8 p.m. Thursday, Feb. 20, that the woman had been found deceased at a home on N. Hill Cross Road. Ludlow police asked the Vermont State Police to assist in the investigation.

Following continued investigation, the Vermont State Police are identifying the victim as Bonnie Lapointe, 49, of Windsor, VT.

An autopsy was completed Friday at the Chief Medical Examiner's Office in Burlington. The cause and manner of Ms. Lapointe's death are pending the results of toxicology tests.

Preliminary investigation indicates the woman had been housesitting at the residence and was last heard from on Wednesday morning. There are no indications to suggest any threat to public safety.

Detectives with the Vermont State Police Major Crime Unit and Bureau of Criminal Investigations, joined by members of the Crime Scene Search Team and Field Force Division, are investigating the incident in conjunction with the Ludlow Police Department.

Anyone with information that might be relevant to the incident is asked to contact the Vermont State Police in Westminster at 802-722-4600.

#### **PUBLIC NOTICE**

The City of Claremont, Zoning Board of Adjustment will meet on Monday, March 2, 2020 Council Chambers, City Hall at 7:00 p.m.

Notice is hereby given that public hearings will be held concerning the following applications:
(ZB2020-00002) GBRBInvestments, 210 Washington Street—Application for a variance from Sect. 22-398-1 of the Claremont Zoning Ordinance to permit addition of a third residential unit on a lot less than 15,000 SF at 11 Bond Street. Tax Map 132, Lot 15. Zoning District CR2.

(ZB 2020-00003) Recycling Services, Inc., Methuen, MA – Application to amend a previous variance to expand the applicant's operations to include construction and demolition materials at 43 Industrial Blvd. Tax Map 129, Lot 3. Zoning District: I-1.

(ZB2020-00004) Recycling Services, Inc., Methuen, MA-Application for a variance from Sect. 22-320(2) to permit expansion of an existing building with a front setback of 15 feet in a zone that requires a 50-ft. front setback at 43 Industrial Blvd. Tax Map 129, Lot 3. Zoning District: I-1. ZB 2020-00005) Recycling Services, Inc., Methuen, MA – Application for a variance from Sect. 22-320(4) to permit expansion of an existing building with a rear setback of 4 feet in a zone that requires a 40-ft. rear setback at 43 Industrial Blvd. Tax Map 129, Lot 3. Zoning District: I-1. (ZB2020-00006) Recycling Services, Inc., Methuen, MA-Application for a Special Exception pursuant to Sect. 22-318(7) to permit increasing the height of its building to 48 feet at 43 Industrial Blvd. Tax Map 129, Lot 3. Zoning District: I-1.

Interested parties may review these applications at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours.

Comments about these applications may be submitted by any of the following methods: In person at the hearing, or In writing at 14 North Street, Claremont NH 03743, or By email at cityplanner@claremontnh.com.

Michael Hurd, Chair.

The City of Claremont, Zoning Board of Adjustment will meet on Monday, March 2, 2020 Council Chambers, City Hall at 7:00 p.m.

Notice is hereby given that a public hearing will be held concerning the following additional application:

(ZO 2020-00007) Leanna LeBarron, 124 Washington Street – Application for a Special Use Permit to permit sale of sexually oriented products at 124 Washington Street. Tax map 108, Lot 111. Zoning District: CB2

Interested parties may review this application at the City of Claremont Planning and Development Department, 14 North Street during normal business hours. Comments about this application may be submitted by any of the following methods: In person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at cityplanner@claremontnh.com.

Michael Hurd, Chair.