

e-Ticker News of Claremont

City Tax Bills Coming Later than Usual; page A9

<u>etickernews@gmail.com</u> <u>www.facebook.com/etickernews</u>

December 9, 2019

www.etickernewsofclaremont.com

Fire and Ice

CFD Chief Hits the Slopes on Customized Skis

By Eric Zengota e-Ticker News

CLAREMONT, NH—"I have two passions, firefighting and skiing," says Claremont fire chief Bryan Burr. "I thought these would be the perfect way to combine them."

"These" turn out to be Burr's skis, which feature images of his chief's badge, the city's fire station, a 9-11 commemorative patch, and a medal of valor awarded for his part in a Sugar River water rescue in January 2002.

Burr provided the photos to Parlor Skis in East Boston, Mass. The company digitized the images and laminated the graphics directly on the skis.

Burr started his second season on his special skis at Killington on Veterans Day. "It couldn't come fast enough," he says. "I last skied in April. I thought about skiing every day this summer. The conditions were great that day. Of course if you grow up in the East, you're born on ice, so any condition is fine for me."

A self-described advanced skier, Burr notes, "I don't race, never have. I ski for the pure pleasure of it." His wife, Cindy, is also an excellent skier, he adds. Together, they make the rounds of New Hampshire and Vermont resorts, especially Okemo, in Ludlow. "Cindy and I go there a lot," says Burr. They've also skied out (Continued on page A7)

Claremont Fire Chief Bryan Burr holds up his customized skis, which feature images of his chief's badge, the city's fire station, a 9-11 commemorative patch, and a medal of valor awarded for his part in a Sugar River water rescue (Eric Zengota photo).



Tractor Trailer Crash at Exit 9

Interstate 91 North remained closed Saturday from Exit 9 in Hartland due to a tractor trailer crash Friday night. The tractor trailer crashed in the area of Mile Marker 66 North on a bridge, reported the Vermont State Police, adding that the bridge sustained extensive damage to the guardrails on both sides. The Agency of Transportation (AOT) worked through Friday night in the freezing temperatures and were able to complete repairs on one side. AOT continued to make repairs to the bridge on Saturday. Traffic was diverted at exit 9 north, onto route 5 in Hartland. VTSP said that there were no injuries related to the accident (VTSP photo).

Rotary First Night Wreath Sale

CLAREMONT, NH—The Claremont-Sugar River Rotary has begun its annual wreath sale. Funds raised from this event help to fund First

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> <u>Bill Binder</u> Photographer

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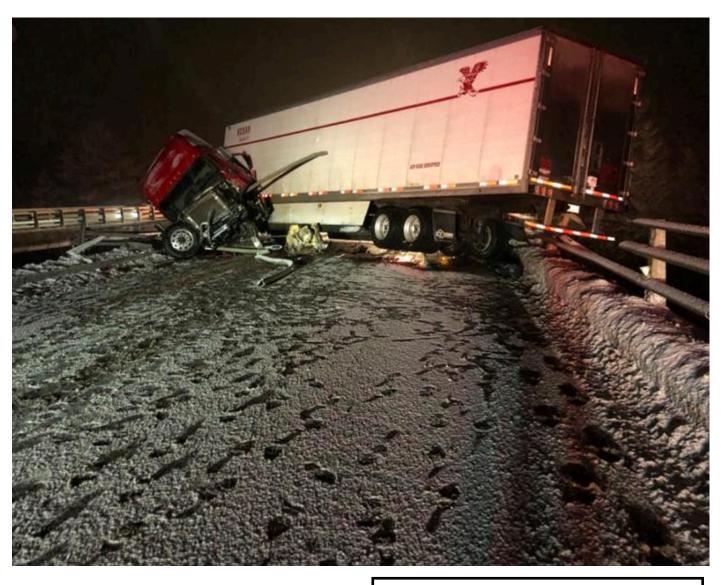
Snail mail to: 6 Osgood Ave. Claremont, NH 03743 603-542-7319

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Member, NH Press Association

Member, Greater Claremont Chamber of Commerce



Night in Claremont. Wreaths are \$30, 20 to 24 inches in diameter, constructed of NH balsam boughs, and made possible through a donation from Log Cabin Nursery. There are three designs; to purchase a wreath, please stop by Golden Cross Ambulance, 5 Lincoln Heights in Claremont. They are available 24/7.

Send news and photos to etickernews@gmail.com

NH Lottery Numbers

12/07/2019

NH PowerBall 18 42 53 62 66 25

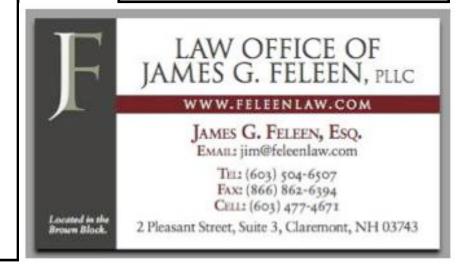
NH Mega Millions 12/06/2019 20 31 40 46 61 20

<u>Tristate Megabucks 12/07/2019</u>
2 20 22 30 33 4

For more lottery numbers, https://www.nhlottery.com/

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PRESIDENT'S AWARDS

Claremont Senior Center January 31, 2020 5:30 PM Award Reception 7:00 PM Award Ceremony

Recipients

Young Professional - Rachel Naugler Model Youth - Clara Avery NonProfit - Baby Steps Family Assistance Business - Mascoma Bank Citizen - Courtney Porter

FOR TICKETS & MORE INFORMATION: www.greaterclaremontnh.org | 603-543-1296

House of Representatives - Claremont

District 3/Ward 1: Andrew O'Hearne

friendsofandrewohearne@comcast.net

District4/Ward 2: Gary Merchant 603-542-2228

gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton 603-542-8656 WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

Senate – Claremont

District 5: Martha Hennessey 603-271-3067 martha.hennessey@leg.state.nh.us

District 1 Executive Councilor

Michael Cryans 603-271-3632 Michael.Cryans@nh.gov

Washington, DC

Sen. Jeanne Shaheen
520 Hart Senate Office Building
Washington, DC 20510
202-224-2841
http://shaheen.senate.gov/contact

Sen. Maggie Hassan

B85 Russell Senate Office Building Washington, DC 20510 Phone: (202) 224-3324 https://www.hassan.senate.gov/

Rep. Anne Kuster

137 Cannon House Office Building Washington, DC 20515 phone: 202-225-5206 http://kuster.house.gov/contact

Shaheen, Murkowski Unveil Bipartisan Fix to Tax Bill to Provide Relief to Communities & Companies Unfairly Taxed on Critical Water Infrastructure Investments

WASHINGTON, DC— U.S. Senators Jeanne Shaheen (D-NH) and Lisa Murkowski (R-AK) have unveiled new, bipartisan legislation that would fix an unfair measure in the Tax Cuts and Jobs Act of 2017 (TCJA), which has led to exorbitant taxes on critical water infrastructure investments in New Hampshire, Alaska, and across the nation. Senator Hassan (D-NH) is also a cosponsor of the bill.

The TCJA made adjustments to the Contribution In Aid of Construction (CIAC) tax. Previously, water and wastewater utilities were exempted from this tax; however, the TCJA reinstated the CIAC tax on these entities, which will either have to be covered by state and local governments or passed along to the ratepayers and property taxpayers. These changes have already resulted in \$1.15 million in new federal taxes for water infrastructure projects in Southern New Hampshire and will serve in the future as a strong disincentive against investments in water infrastructure and community development.

"Water infrastructure is vital to economic development and fundamental to delivering clean drinking water. Communities across New Hampshire have been planning projects for years that are now threatened by this new tax," said Shaheen. "Congress should be encouraging infrastructure development which is why we need to fix this tax bill that was rushed through Congress. I appreciate Senator Murkowski's support on this bipartisan, common-sense effort and I urge more members to join us so our communities can make urgently needed investments in clean and safe drinking water."

"I am pleased to join Senator Shaheen in introducing a bill to restore tax-exempt status of contributions in aid of construction received by water utilities. Many water and sewer utilities in Alaska rely on contributions of homebuilders and others interested in expansion of service to offset the cost of service build-out. In the absence of this, the cost gets passed on to customers in the form of higher bills. I have said from the start that the Tax Cuts and Jobs Act had room for improvement, and this legislation is a positive step towards fine-tuning the tax reform bill to bring relief to those who already struggle to face the high costs of basic water and sewer service in a state like Alaska," said Murkowski.

Kuster Votes to Pass Bipartisan Legislation to Combat Illegal Robocalls

WASHINGTON, DC—Wednesday, Rep. Annie Kuster (NH-02) voted in favor of the Telephone Robocall Abuse Criminal Enforcement and Deterrence (TRACED) Act, which passed the House this afternoon. This bipartisan legislation protects American consumers from robocalls, fraud, and abuse.

"All Americans know what it's like to receive countless unwanted and bothersome robocalls, often multiple times a day," said Kuster. "This legislation will help put the American consumer back in control and reduce the frequency of these incessant, disruptive calls. I'm pleased the House and Senate came together in a bipartisan way to pass this commonsense and much-needed bill, and I urge the President to swiftly sign it into law."

The legislation would help combat illegal robocalls by creating significant penalties for violations of the ban on certain robocalls. This legislation also requires the Federal Communications Commission (FCC) to institute a rule to help protect a subscriber from receiving unwanted calls or texts from an unauthenticated number. The TRACED Act was led by Senator John Thune (R-SD) and Chairman Frank Pallone (D-NJ).

The legislation will now head to President Trump's desk for his signature.

Kuster voted in favor of similar legislation, the Stopping Bad Robocalls Act (H.R.3375), in July.

We welcome Letters to the Editor. Please include name, address and phone number.

<u>etickernews@gmail.com</u>



More Solutions to Saving Energy in Your Home

This article concludes a four-week wrap up of the "Button Up" workshop in September. The Claremont Energy Advisory Committee felt that this was a powerful workshop for area residents and we wanted to give more widespread exposure to the essential tips relayed by representatives from "New Hampshire Saves" (a collaboration of the state's electric and natural gas utilities) and the Plymouth Area Renewable Energy Initiative.

It is no surprise that heating and cooling are the most significant energy users in a home. According to the U.S. Department of Energy, homeowners should "consider replacing existing heating systems under the following conditions:

- it is more than 15 years old
- repairs would cost more than fifty percent the cost of replacement
- the system is very inefficient

New energy heating or cooling equipment can reduce energy use by 20% or more, and combining new installations with recommended insulation, air sealing, and thermostat settings can cut heating and cooling bills in half.

Heat pumps are another option for both heating and cooling your home by collecting heat from the air, water, or ground and moving that air inside or out as desired. Cold-climate air-source heat pumps are designed specifically for cold climates and can extract heat from - 20-degree air. Units can be placed in the wall of your home requiring no ductwork and can heat or cool individual rooms.

Water heating is the second largest expense in the home. It typically accounts for 13% of energy use. A few options to reduce water heating bills include:

- reduce hot water use, e.g. cold-water clothes washing,
- turn down the thermostat on the water heater,

- insulating water heater and pipes,
- installing low-flow showerheads and faucet aerators.
- consider a temperature-sensitive switch If waiting for shower water to heat is an issue.
- replace an existing water heater with an energy efficient model. Options includes include tankless, heat pump, and solar heaters. Heat pump models are more efficient than regular electric.

NHSaves.com is a great resource for incentives details and rebates for the following types of equipment including mini split cold climate heat pumps, natural gas boilers, furnaces, hot water heaters, Wi-fi smart thermostats and heat pump electric hot water heaters. Home performance energy assessments with prioritized recommendations and low or no-interest financing options are available to qualified homeowners also.

Go to: http://www.NHSaves.com/programs/energy-audits-weatherization to view these options. Income-qualified weatherization and fuel assistance programs are available by contacting your utility, Eversource, N.H. Electric Cooperative or the Community Action Agency in Claremont, SCS, 603-542-9528.

And, don't forget to recycle old refrigerators, freezers, or room A/C's. NHSaves will pay you \$30 per appliance. Call 1-877-889-4763 for a free pick up.

Finally, building contractors and those considering building a new home have energy savings options and incentives also. NHSaves is conducting a Net Zero Home Building competition with cash prizes for home builders to construct homes that have no net usage of energy! Technical support and incentives are available for a home that is 15% more efficient than state energy code requires. Call 603-369-4834 or email: nhsaves@horizon-res.com.

The "Button Up" workshop may be viewed on CCTV, channel 10. In the Search Bar enter, "NH Saves 2019 Button Up" or go to this link: http://50.241.100.254/CablecastPublicSite/show/10546? channel=2.

Send us your news and photos

4-H Holiday Part Dec. 19th

NEWPORT, NH—You are invited to join the Sullivan County 4-H Holiday Party hosted by the Youth Leadership Team

When: Thursday, Dec. 19th

Time: 6:00-8:00pm

Who: Youth, ages 11-18 - You do not have to

be in 4-H; bring a friend with you

Why: Holiday Party with a Potluck (bring a

dish to share)

Yankee Swap (\$10 max. price on gift / gift can

be recycled)

Where: Epiphany Church (the stone church), Codar Street, Newport

Cedar Street, Newport

For more information please contact Robin

Robicheau, Parent Advisor/YLT,

first_robin@msn.com.

Christmas Eve Celebration

CLAREMONT, NH—Christmas Eve Celebration, 7 p.m., Tuesday, Dec. 24, First Congregational Church, 72 Pleasant Street, Claremont. Everyone welcome! Candlelight Communion, special music, For all ages. Bring family and friends.

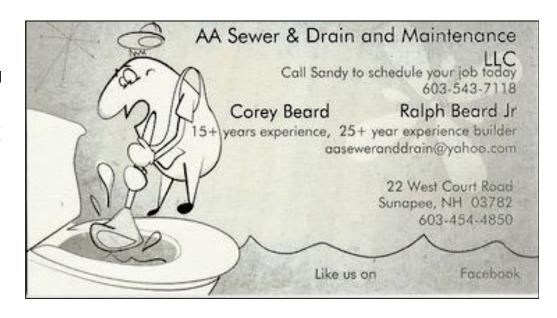
SUNDAY, DECEMBER 15 1:00 PM Plainfield Community Church 1094 Rte 12-A Chimers Bell Chair Christmas Con

Chimers Bell Choir Christmas Concert Free, but donations welcome.

TUESDAY, DECEMBER 24 TRINITY CHURCH

Christmas Eve Family Candlelight Service 6:00pm

44 Main St. Windsor, VT





Skis, from A1

west at Breckinridge, CO, and Jackson Hole, WY. Come February, they'll spend two weeks at Colorado's Beaver Creek, Crested Butte and Vail resorts.

And so, while many Upper Valley residents shake their fists at slate-colored storm clouds and shovel off the inevitable drifts on their driveways, Burr grins in delight, grabs his skis and heads off for a day on the slopes.

Look for him on any number of local trails. Catch him if you can.



Closeups of the details that customize Chief Burr's skis.

Photos by Eric Zengota









Christmas Celebration Dinner

December 21, 2019

Take Outs & Deliveries

(within City of Claremont)
Starting @ 11:00 am

Seating in House at Masonic Hall

Serving Noon - 1:00 pm

Reserve your dinner by calling:

Diane @ 603-835-8035 10:00 am - 7:00 pm Al @ 542-2530 Noon - 8:00 pm (if no answer, leave message with phone #)

Reservation due by December 13, 2019

MENU: Turkey, Mashed Potatoes, Gravy, Stuffing, Squash, Cranberry Sauce, Roll, Apple or Pumpkin Pie

Masonic Hall 40 Maple Avenue Claremont NH

A Community Service Event

Hosted by the Masonic Association,

Masons, Eastern Star, Claremont Grange, Claremont Women of the Moose

City Addresses Late Mailing of Tax Bills This Year

CLAREMONT, NH–City Manager Ed Morris released a statement Tuesday afternoon addressing the later-than-usual mailing of tax bills:

"You might not be looking forward to receiving your tax bill, but you may be looking for it.

"This year your tax bill will be a little late due to several factors. The process has been on a slight delay from the very beginning.

"After a veto of the State budget and several weeks of negotiations, in September the State government reached a compromise on its budget. One of the critical elements included in the approved budget was the reinstatement of municipal aid.

"Claremont received its portion of the municipal aid in mid-October. Per state statute, a public hearing must be held to accept and expend the funds. This mandatory meeting is scheduled for December 12th and once concluded, the determination of what the School will do with the funds will be sent to the Department of Education and then to the Department of Revenue, where the tax rate will be set.

"After the City receives its tax rate, the warrant will be run and the tax collector will send out the tax bills. As usual, once the tax bills are sent out, the first payment will be due within thirty days.

"We thank you for your patience through this process and assure you that the City will do what it can to get the tax bills out in a timely manner."

—Phyllis A. Muzeroll

Claremont School District to Hold Second Special Meeting

CLAREMONT, NH—Due to a technical error in posting the notice of the recent public hearing regarding money coming from the state, the Claremont School District is holding a second such meeting to correct the matter. According to Claremont School Board Chair Frank Sprague, addressing the issue at the SAU meeting Thursday evening, "We didn't put the notice of the public hearing on the SAU website page, our contention being that Claremont doesn't have a website." The Department of Revenue saw things differently, however, feeling that the district had "adopted"

the SAU website"..."so we're having another district meeting on the 12th to ratify and correct the defect," said Sprague.

At the previous meeting held Nov. 21, voters approved the appropriation of \$650,000 for new and expanded special ed programs; the remaining \$650,000 will be returned to taxpayers to help offset the tax rate. The funding represents \$1.3 million in unanticipated revenue made available to the City that was made possible through the state budget adopted and signed into law by the governor. The district has said that by using the money for expanded in-district special ed programs, it will be able to lower costs by eliminating out-of-district costs for a number of students. It also hopes the local programs will bring in tuition-paying students from other districts, thus creating a new stream of revenue for the Claremont School District down the road.

The Dec. 12th meeting will be held at the Sevens High School auditorium, beginning at 6:30 p.m.

—Phyllis A. Muzeroll

TUESDAY, DECEMBER 24 Christmas Eve Candlelight service Plainfield Community Church 1094 Rte 12-A

7:00 pm

DECEMBER 24 UNITED CHURCH OF CORNISH CHRIST-MAS EVE SERVICE

We will be having a family candlelight Christmas Eve Service at the Church Vestry on Center Road at 7:30 p.m. All are welcome.



4 BEDROOM HOME





CLAREMONT - Between the Golf Course, and the Senior Center, this home is also in the Maple Ave School area. 2 bedrooms on the first floor with a completely renovated bath, and 2 beds upstairs. A 21x22' addition added a family & dining room. A peach tree with plentiful offerings, plus a garden area. An easy walk to Moody Park.

See MLS# 4766132 for more photos. Reduced to \$139,900.



Bonnie Miles

Homes Unlimited 112 Washington St., Claremont, NH 03743

Call or text my cell: (603) 381-9611

Office: (603) 542-2503





bonnie@coldwellbankernh.com



Tammy Bergeron

Owner/Broker

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IR MLS

Ashley Bergeron Agent



NEW PRICE

Located in a park is this well maintained 3 bedroom, 2 full bath double wide. Spacious kitchen with center island, central air and a whole house generator. \$55,000

SATURDAY, DECEMBER 14 Santa is coming to town!

He will be at the Claremont Rent-A-Center in the Market Basket Plaza on Dec 14th from 10-2. Kids, families and pets welcome to visit with Santa and get their picture taken. Photos will be printed while you wait-or you can have the electronic version e-mailed to you! Prices are as follows: 4x6 \$5, 5x7 \$7, e-mailed image \$7. Yummy treats will also be available! To benefit Sullivan County Humane Society.

WEDNESDAY, DECEMBER 11 Managing Forests with Climate Change in Mind 7 pm

Free Public Talk, Cornish Town Offices

Dode Gladders, UNH Cooperative Extension Forester in Sullivan County, will review the basics of forest ecology with an emphasis on the importance of diversity in resilient forests. Impacts and management tools for invasive species will be addressed, and the presentation will touch on some other forestry topics of local interest in the Cornish area. Dode holds a Master's Degree in Silviculture and managed the forest health program for the state of Delaware for nine years before moving to New Hampshire in 2013.

Programmed by the Cornish Conservation Commission.

DECEMBER 14 AND 15

City Center Ballet presents the enchanting holiday tradition, Clara's Dream, a nutcracker story.

Saturday, Dec 14 at 1:00pm and 7:00pm Sunday, Dec 15 at 2:30 Lebanon Opera House

Visit CityCenterBallet.org for tickets. \$10-\$38

Clara's Tea a per-performance feast of delicious treats served by the Pastry Chefs of Clara's Dream.Saturday, Dec 14 at 11:00am, Sunday, Dec 15 at 1:00pm. Lebanon Ballet School; \$15.00.

Intro to CNC Routing

CLAREMONT, NH—Computer numerical controlled (CNC) routers rock. They're cutting machines used for cutting various hard materials (wood, aluminum, foam, plastics, etc) and are useful for a huge variety of creative applications. Need to cut (or carve) a complex or unique shape? Lots of them? This machine will be your friend!

Intro to CNC Routing will provide an overview of CNC routing with a ShopBot CNC machine – covering safety procedures and basic setup and operation of the ShopBot CNC system, as well as the software used to run this tool. We will walk through the process of cutting out a pre-programed design and end with parts ready to assemble!

Participants of this workshop will have the opportunity to sign up for a follow certification session. Upon successfully passing this certification test, these Members will be allowed to use the ShopBot on their own.

Workshop Fee:

CMS Members - \$45, non-members - \$55
About the Instructor: David Bridgham is a maker in multiple mediums and has been teaching community members how to use the CMS's ShopBot CNC router since the day the MakerSpace opened. Dave spent the 80's and 90's developing the burgeoning Internet, and now spends his time flying airplanes and building airplanes (and a replica of a 1960s-era mainframe computer).

Venue: Claremont Makerspace

Address: 46 Main St Tuesday, Dec. 10, 6:00pm To register, please go here:

https://claremontmakerspace.org/events/#!event/2019/12/10/intro-to-cnc-routing.

Weatherization 101

CLAREMONT, NH—This time of year we measure home heating leaks by both the temperature and the wallet. Join the nonprofits COVER and Claremont Makerspace for a day on weatherization education. Weatherization 101 will start with a classroom session covering topics including basic building science, basic materials and tools and DIY

CLAREMONT, NH

1 Story Ranch 3 Bed 2 Bath

- * Ideal kitchen for the gourmet cook
- * Newly remodeled Master Suite and lower level

MLS # 4749382 \$239,000



PLAINFIELD, NH 1.5 Story Cape 3 Bed 2 Bath

- * Kitchen roof and furnace recently renovated
- * 23 county acres covered land (UVLT)

MLS # 4769761 \$299,900





CHARLESTOWN, NH 2 Story Cape 3 Bed 6 Bath

- * Gorgeous kitchen with Butlers Pantry
- * Balcony deck overlooking Connecticut River Valley

MLS # 4681848 \$215,000



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HOMES UNLIMITED

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Phone (603) 542-2503

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covering topics including basic building science, basic materials and tools and DIY weatherization techniques. Do you have specific questions about your home? Bring them and have the professionals from COVER provide the answer.

Part two will include an on-site visit at a Claremont residence to practice techniques and learn more. Topics covered will include an initial walk through of house to identify key areas, a blower-door test, exploring with infrared camera and weatherizing! Registration for this event is free. Space will be limited during the on-site part of the day. Please identify if you plan on attending both parts: https://claremontmakerspace.org/events/#!event/2019/12/14/weatherization-101.

Selling Skills Workshop

CLAREMONT, NH—In this two part intensive, learn how to make the sale without aggressive sales tactics.

In this workshop you will learn that selling is really about effectively building relationships and listening to your clients. You'll leave feeling empowered with selling skills you can apply today and an elevator pitch you can modify to fit any customer segment! Topics may include but are not limited to:

- The psychology of selling
- •Identify your unique selling proposition
- •Selling benefits vs. features
- •Describe what your business does in interesting language conveying the value you provide your customers
- Presenting yourself effectively and comfortably
- •The importance of following up
- •Learn how to adapt your pitch based on your goal and the audience
- •Learn how to keep the conversation going with open ended questions your call to action

When: Wednesday, January 8th and 15th, both 6:00pm - 8:00pm

Where: Claremont Makerspace

46 Main Street

Cost: \$50.00. *Registration is required. Partial scholarships are available.

To register, please go here: https://www.eventbrite.com/e/cwe-new-hampshire-fundamental-selling-skills-pitch-practice-intensive-claremont-tickets-69200024135

*Sessions with low enrollment may be cancelled. CWE will notify you of class cancellations and changes.

If you can no longer join us for a session you register for, please notify us of your cancellation at least 24 hours before the start of the session for a full refund. If your cancellation is less than 24 hours in advance of the start of the session, we will be unable to issue refunds or payment transfers.



Compassion | Accountability | Respect | Excellence

Valley Regional Hospital is seeking someone to work in our culinary department full time.

Experience in food prepartation and/or food service a plus!

Duties will include assisting with food preparation, delivery of patient meals and snacks, and cafeteria service. Compensation based on experience, plus shift differentials for evening and weekend hours.

Valley Regional offers competitive benefit packages and earned time off. Come be part of a supportive hard working team. Apply now on our career site www.vrh.org/careers



603.542.7771 | 243 Elm Street, Claremont, NH 03743 | www.vrh.org

We post breaking news, timely updates and more on our Facebook page and website.

www.facebook.com/etickernews

www.etickernewsofclaremont.com

Teller: Part Time - Newport, NH

One Credit Union is currently seeking an experienced Part-Time Teller to join our Newport, New Hampshire team, located at 70 John Stark Highway.

The ideal candidate will have:

- Minimum of (1-3) years Teller experience
- Prior cash handling experience
- Particularly strong skills in branch operations and customer service
- Math and computer skills required
- Strong oral and written communication skills
- Ability to work branch hours
- Strong TEAM player
- Demonstrated organizational skills while managing multiple tasks
- Demonstrated time management and prioritization skills

The <u>Part-Time Teller</u> reports to the Branch Manager and performs the duties of Teller.

Requirements:

- Education Requirements: High School Diploma or equivalent combination of education & experience.
- Wages commensurate with experience and skillsets.
- Benefits offered: 401k plan

Email cover letter, resume and references to

jobs@onecu.org

Equal Opportunity Employer www.onecu.org



e-Ticker Business News

Greater Claremont Chamber of Commerce Announces President's Awards



CLAREMONT, NH—The Greater Claremont Chamber of Commence has announced this year's recipients of its President's Awards. The are:

NonProfit Organization: Baby Steps Family

Assistance

Business: Mascoma Bank Citizen: Courtney Porter

Young Professional: Rachel Naugler

Model Youth: Clara Avery

Additional information on the recipients will be announced soon.

Deaf or Hard of Hearing Driver Visor Cards Now Available

CONCORD, NH – Governor Chris Sununu, the New Hampshire Commission on Deafness and Hearing Loss, and Department of Safety Commissioner Robert Quinn recently released the New Hampshire Deaf or Hard of Hearing Driver Visor Card, a tool that facilitates communication and quickly notifies law enforcement and other emergency responders that a driver is deaf or hard of hearing, making interactions safer and easier.

"Any time law enforcement interacts with a citizen, it is critically important that good communication is established," said Sununu. "This new visor card will help deaf and hard of hearing individuals communicate in a helpful, respectful, and streamlined manner with law enforcement, ensuring everyone is safe. This is an incredibly valuable tool."

"Everyone at the Department of Safety wants to make sure all motorists in New Hampshire have a safe and pleasant experience," Quinn said. "This visor card will allow law enforcement, other first responders, and deaf or hard of hearing motorists to communicate with one another more clearly and increase safety for everyone on New Hampshire's roads."

"This card will do much to ensure law enforcement and the deaf or hard of hearing motorist will be able to communicate in a helpful and respectful way," said Representative Mark Pearson, chairman of the New Hampshire Commission on Deafness and Hearing Loss. "I am pleased that both the major stakeholders in the deaf or hard of hearing community, and New Hampshire law enforcement agencies are all signed on to this valuable new tool."

While the use of the visor card is optional, any driver with a hearing impairment or who communicates in a language other than English is encouraged to keep the card ready and attached to the vehicle's sun visor for use with emergency responders.

Visor cards are being distributed across the state for use by first responders, educators, town offices, and hospitals.

The driver visor card is available online and will be available across the state in the coming weeks. Cards can be picked up at locations providing services to deaf or hard of hearing individuals, like the New Hampshire Division of Motor Vehicles; the New Hampshire Department of Education, Bureau of Vocational Rehabilitation; audiologists' offices; hearing care dealers; and law enforcement agencies.

(Continued on page A15)



New Hampshire Commission on Dealness and Hearing Los

e-Ticker Business News

Visor Cards, from A14

Quick Communication Tips

- Shining a flashlight in my face may make it harder for me to understand you.
- · Get my attention first.
- · Make eye contact when you speak.
- I may need to communicate through a qualified sign language interpreter.
- DON'T ASSUME I can lip-read.
- A hearing aid or cochlear implant does <u>not</u> allow me to understand everything you say.



Community Transportation Rider Survey

The Upper Valley Lake Sunapee Regional Planning Commission is conducting a transportation survey for its region, including towns in Merrimack, Sullivan, and Southern Grafton County. They are asking for your help to determine how community transportation can more effectively meet the needs of those who live in our region.

"Community Transportation" is a term that refers to a range of services that help people get where they need to go, including public bus services, senior shuttles, hospital vans, volunteer driver programs, or taxi services. By completing this survey, you will provide the commission with information that can be used to help improve transportation service options and better meet your mobility needs.

Here is a link to the survey: https://www.surveymonkey.com/r/UVLSRPCRider.

If you have questions about the survey, please email Pat Crocker at pcrocker@uvlsrpc.org or call 603-448-1680.

Please note that the information you provide will not be shared with anyone else and will only be used to identify the community transportation needs of the region.

Got Business News? Send us your news and photos etickernews@gmail.com



Turning Points Network Seeking Feedback

CLAREMONT, NH—Turning Points Network is conducting a community needs assessment to provide them with feedback about their services and about any unmet needs of survivors in Sullivan County. Their staff and board of directors will soon engage in strategic planning sessions which will use the results of the assessment to plan more deeply and broadly to enhance Turning Points Network's work with survivors and prevention work.

The survey is open to all survivors, providers, and community members in Sullivan County. There is a raffle open for all participants that will be drawn on January 15th, 2020.

To take the survey, visit https://forms.gle/ViN4d3qP7iTGRjEy6 or go to the Turning Points Network Facebook page. Printed copies can be returned to Turning Points Network's office at 11 School St., Claremont. For more information, call Turning Points Network at (603)-543-0155.

Turning Points Network is a private non-profit agency serving Sullivan County that provides supports for survivors of domestic and sexual violence, stalking and human trafficking, and presents violence-prevention education programs in schools. For more than 40 years, TPN has helped people of all ages move from the darkness of abuse toward the light of respect, healing and hope.

Presentations on Sullivan County Health Care Renovation Project Continue

Sullivan County Health Care Administrator Ted Purdy, Facility & Operation Director Mary Bourque & County Manager Derek Ferland are continuing their presentations around the region to provide a 15-minute presentation about the Sullivan County Health Care Renovation Project and to hold a 15-minute Q & A. The remaining presentations include:

One other presentation has been added: the Washington BOS on Dec. 12th 11:00 a.m.

Mon. Dec. 16th 6:30 p.m., Newport, 15 Sunapee Street

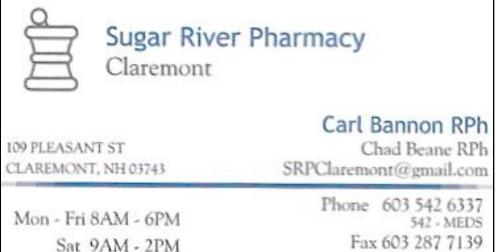
THROUGH DECEMBER 22

Gallery of Gifts: Handmade Holiday Boutique at the Library Arts Center

Hours: Tues.-Fri. 11am-4pm, Saturdays, 10am-2pm

Library Arts Center Gallery

58 N. Main St., Newport; admission is free.



Got News?

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SPRINGFIELD MEDICAL CARE SYSTEMS

Welcomes

Katrina Overton, PA-C and Alex Protosevich, PA-C





We are pleased to welcome Katrina Overton, PA-C and Alex Protosevich, PA-C to Charlestown Health Center.

Appointments are available by calling 603-826-5711



250 CEDA Road, Charlestown, NH www.springfieldmed.org Financial Assistance Avaiable



Gingerbread House Decorating Saturday, December 14 Union Episcopal Church 133 Old Church Rd, Claremont, New Hampshire

Morning Session: 10am - 12pm Afternoon Session: 1:00pm - 2:00pm

Reserve your house by:

Dec.11th

Join us for this delightful holiday tradition filled with gingerbread, candy, and fun! Houses and candy are provided, \$13 if you register and pay by Dec. 9, or \$15 after



Dec. 9 and for walk-ins (registration in

advance is highly recommended, we run out of houses every year).

Make sure to reserve your house by emailing unionchurchnh@gmail.com (best), or calling 802-738-0678 (leave a message with your name, ph #, and number of houses you would like) to guarantee a spot. If the cost is a challenge for your family, please contact us for a discount or scholarship. This event is open to all, and is held at Union Church Hall, 133 Old Church Rd, Claremont, NH.

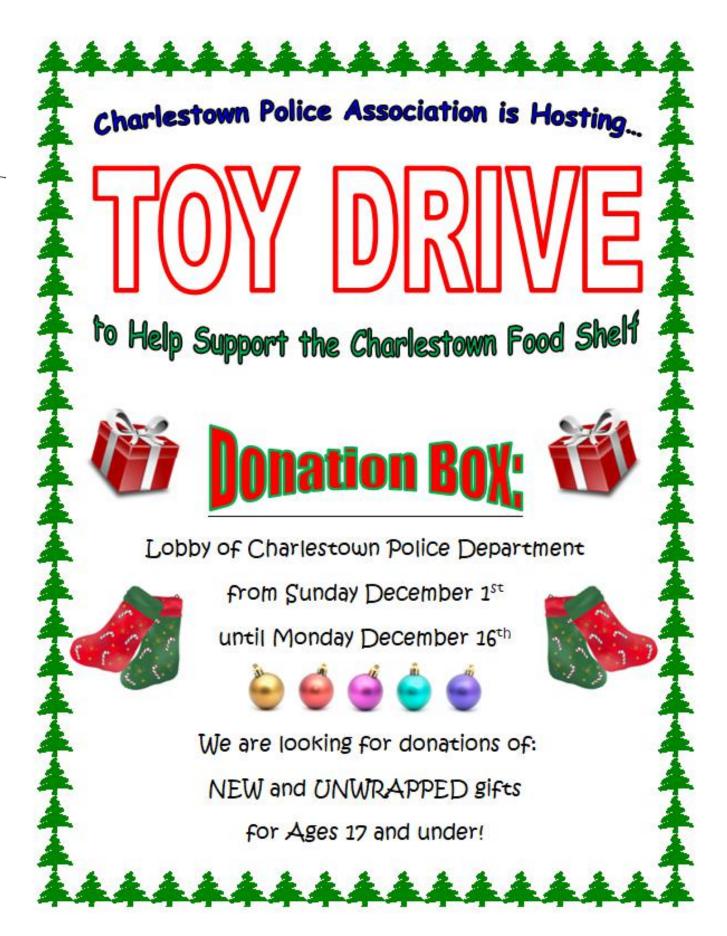
To pay in advance, checks can be mailed to: Union Church, PO Box 902, Claremont, NH 03743. If you need to make an electronic payment, please contact us to make arrangements. Check out the event online: https://www.facebook.com/events/494759871117861/

Claremont Man Found Guilty in Sexual Assault Case

NEWPORT, NH—On Dec. 5, Alan W. Wirkkala of Claremont, NH, was found guilty by a Sullivan County jury of two counts of Aggravated Felonious Sexual Assault. The victim was a minor, according to a release from the Sullivan County Attorney's Office, which also reported that "The first count took place in Claremont between the years of 1985 and 1987...The second count took place between the years of 1987 and July of 1991." County Attorney Marc Hathaway added that "This case was investigated by the Claremont Police Department whose officers worked tirelessly to make this prosecution possible." The case was prosecuted by Hathaway and Asst. County Attorney Christine Hillard.

SATURDAY, DECEMBER 14 2019 Hartland Holiday Market

Mark your calendars, for the 2019 Hartland Holiday Market is Dec. 14th 9 a.m. - 1 p.m. at the Hartland Elementary School. We'll have holiday gifts and crafts, kids crafting, meet Santa, and festive food and drink! Come support your local artisans, crafters and others while you do your holiday shopping.

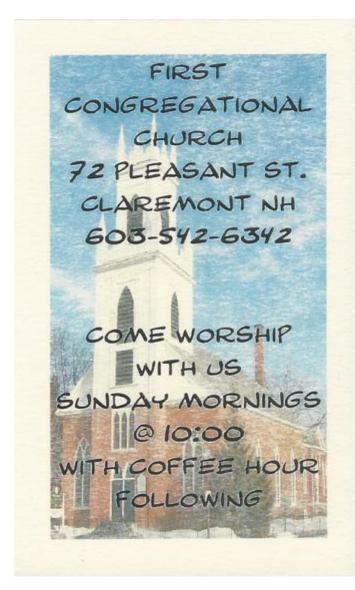


Sunapee Police Warn of Increase in Scam Calls

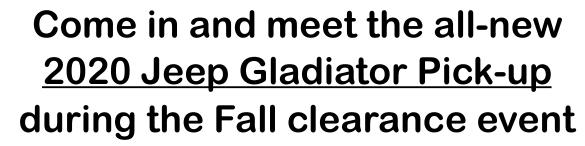
SUNAPEE. NH—The Sunapee Police Department is receiving an increased number of reports from residents of scam phone calls and e-mails. "As you already know, scammers are "phishing" for information, such as your social security number, bank and/or credit card account numbers, and your e-mail address to name a few," said Sunapee Police Chief David Cahill. "They are very clever and often pose as IRS agents, Social Security Administration employees, and tech-support and/or customer service personnel. Never provide your information to anyone unless you have determined their request to be absolutely genuine. Ask questions. Most often, when you start asking questions, the scammer will hang up or cease all further communication with you."

Cahill added, "Please feel free to contact the police department if you believe you have been or are being scammed."

Contact your local police if you have scamming concerns.









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Use Year-end Bonus (or Gift) Wisely

As 2019 draws to a close, you may be anticipating – or have already received – a year-end bonus from your employer. Or you might be receiving a substantial cash gift for the holidays. (If you're really lucky, you might get both.) You can doubtlessly think of many ways to spend this money right now, but how can you use it to help yourself in the long run? Here are a few suggestions:

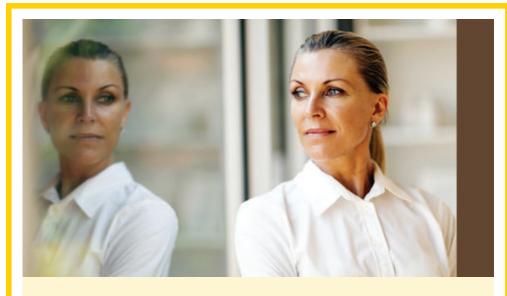
- Pay off some debts. Virtually all of us carry some type of debt, and that's not necessarily a bad thing. For example, your mortgage not only gives you a place to live and a chance to build equity in your home, but the interest payments are typically tax deductible. Other debts, though, such as those on consumer items, are not so positive you generally can't deduct the interest payments, and the items themselves probably won't enhance your personal wealth. Plus, the bigger your monthly debt payments, the less you'll have to invest for your future. So, you might want to use your bonus or monetary gift to pay off, or at least pay down, some of your less productive debts.
- **Start an emergency fund.** If you were to face a large, unexpected expense, such as the need for a new furnace or a major car repair, how would you pay for it? If you didn't have the cash on hand, you might be forced to dip in to your long-term investments, such as your stocks and mutual

funds. A much better option is to build an emergency fund, containing six to 12 months' worth of living expenses, with the money kept in a liquid, low-risk account. It will take time to build such a fund, of course, but your year-end bonus or gift money could give you a good start.

- Contribute to your IRA. You can put in up to \$6,000 to your IRA, or \$7,000 if you're 50 or older. And although you've got until April 15, 2020, to fully fund your IRA for the 2019 tax year, you still might want to put your "extra" money into your account right away. If you wait, you'll probably find other uses for this money. And if you're going to enjoy a comfortable retirement, you'll need to maximize every possible resource and your IRA is one of your best ones. Furthermore, the sooner you get the money into your IRA, the more potential it will have to grow over time.
- **Feed your college fund.** If you're already contributing to a college fund for your young children or grandchildren, you can use your year-end bonus or monetary gift to add to the fund. If you haven't already started such an account, you might want to use this money for that purpose. You could open a 529 plan, which provides possible tax benefits and gives you control of the funds until it's time for them to be used for college or some type of vocational school. (Depending on where you live, you might also get tax benefits from your state if you use a 529 savings plan to pay for K-12 expenses.)

To achieve all your financial goals, you'll need to take advantage of your opportunities – and your year-end bonus or monetary gift can certainly be one of them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

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West Pleasant, Maple Ave. and Charlestown Road Traffic Lights Notice

CLAREMONT, NH—The traffic lights at the intersection of West Pleasant, Maple Avenue and Charlestown Road (Draper Corner) will exhibit a slower traffic cycle than normal for the next two to three weeks until repairs are complete.

WEDNESDAY, DECEMBER 11 Managing Forests with Climate Change in Mind, 7 pm

Free Public Talk, Cornish Town Offices

Dode Gladders, UNH Cooperative Extension Forester in Sullivan County, will review the basics of forest ecology with an emphasis on the importance of diversity in resilient forests. Impacts and management tools for invasive species will be addressed, and the presentation will touch on some other forestry topics of local interest in the Cornish area. Programmed by the Cornish Conservation Commission.



It's About Food

By Johnny Navillus



One Skillet Meals

It's that time of year again when we get short of daylight and time in general. I've been having to do quick meals and don't seem to have much time for menu preparation. I like to know what I'm doing for dinner by at least 10:00 a.m. Lately, I've been doing everything at the last minute.

I like to buy chicken breasts in the large family packs and freeze some and cook up a big batch to have handy. I par boil several breasts so that I have a supply to work with through the week. Doesn't always work, but I try.

Anyway, I've been doing a lot of one skillet meals lately. I'll put on some rice and then see what I've got on hand. Usually, some chicken. I'll cut up a breast and start it in the large cast iron skillet. Get that going, sprinkle with turmeric. Add the rice, soy sauce and stir it up. Steam up a bag of frozen peas, or mixed vegetables or whatever. Add that in. A little more turmeric maybe for color (Poor Man's Saffron). Heat that all the way through and serve in large bowls. Fried rice.

One evening as I'm adding the turmeric, my favorite dining partner breezes through and says: "Oh, turmeric. That's supposed to be really, really good for you." Two "reallys"? That's impressive. OK.

I've been using this off and on for a while now. My hair is still gray. I still need glasses and still can't dance. How is this helping me? Google. There is a lot of info out there about this stuff. You have to take it as a supplement though. I like my hair and the glasses are ok and I don't need to dance that much. But it does other stuff. Look it up and see what you think.

Back to fried rice. If I'm doing other proteins like sausage or pork or shrimp, I add a little to the rice water for color or skip it as the mood strikes. I find that when I cook chicken, I also add some smoked paprika when I cook the chicken in the skillet. Does good things.

I used to do fried rice in a wok many years ago and seem to remember adding a beaten egg as a binder. Don't know why I stopped. I may start again.

When time and imagination get short, go with the one skillet meal. There are a ton of recipes out there and can be a great stress reliever. Just throw stuff in with some rice and veggies and it is a real easy meal. If it doesn't work out, there is always the phone.

Playing with food when stressed for time is a great way to discover new and exciting flavors. I always cook more meat than I need so that I have leftovers to base a meal on during the week. Even an extra pork chop or two makes another meal. Save the elaborate meals for the holidays and later in the winter.

I think I'm running out of space.

Play with your food. Your mother isn't looking.

Write to Johnny at etickernews@gmail.com.

Remember to Remove Snow and Ice from Roofs

CONCORD, NH— State officials remind residents and business owners to consider removing snow and ice from roofs this winter. Heavy snowfall, sometimes followed by rain that cannot pour off the roof as it normally would, can cause additional weight and put stress on your building's roof.

"A roof may collapse with little or no warning, and one common misconception is that only flat roofs are susceptible," explained State Fire Marshal Paul Parisi. "With changing winter weather that can bring us snow, rain, and freezing rain in a short timeframe, it's important to regularly assess the roof of your home or business. If you're not sure of the weight capacity of your roof or if you think it may have been compromised, consult with a reputable builder and your local building or fire official."

Home and business owners are also encouraged to keep all chimneys and vents clear to prevent carbon monoxide from backing up into the building.

"Residents should make sure it is safe to remove the snow from roofs, especially pitched roofs, to prevent personal injury," says State Homeland Security and Emergency Management Director Jennifer Harper. The following are snow removal safety recommendations:

- Use a long-handled roof rake and stand on the ground to remove snow from the roof.
- · If you must use a ladder, make sure the base is secure.
- Ask someone to hold the ladder while you climb.
- Do not clear snow during periods of strong winds.
- If you see an electrical wire that may have fallen onto your roof, call 9-1-1 and do not touch it.
- Keep room drainage systems clear of snow to prevent the risk of roof ponding in the event of heavy snow melting.

AARP Christmas Party

CLAREMONT, NH—The Claremont Area AARP Chapter will meet Thursday, Dec. 12, at noon at The Imperial Chinese Buffet on Washington Street in Claremont for a Christmas party. Bring a new wrapped \$10 gift for a Yankee Swap. There will be a special visitor.

SUNDAY, DECEMBER 15 MAKE YOUR OWN WREATH

Wreath Making ... holiday, winter, generic. Kathleen Peters will take you through the steps to make a stunning winter wreath using all natural materials for a striking decoration that is sure to be a show-stopper! Please bring work gloves and pruning shears. All materials will be provided for a single wreath.

1 session/4 hrs

Tuition: \$50 + \$40 material fee

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'Tis the season for...stars that dance and shine...

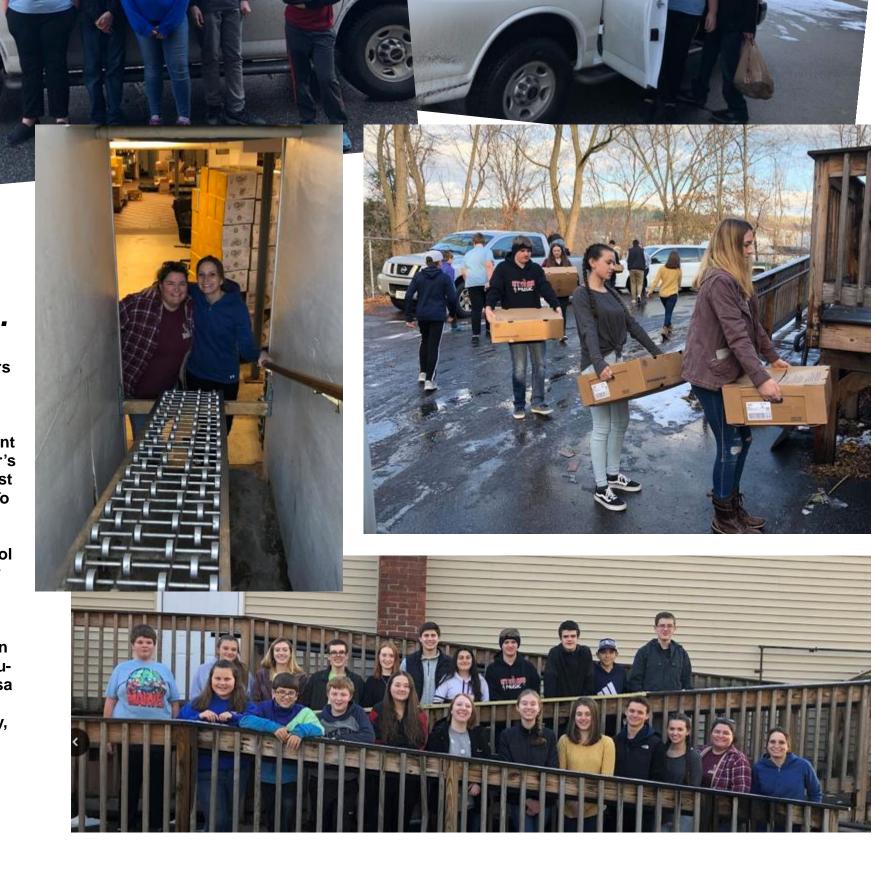
Photo by Eric Zengota





Serving Others...

Once again the members of the Stevens High School Key Club raised funds to purchase turkeys for the Claremont Soup Kitchen. This year's donation weighed almost exactly 2,000 pounds! To accompany this donation, members of the **Claremont Middle School Builders Club held their** annual Stuff the Turkey, non-perishable food drive. The two groups presented their donation to Cindy Stevens, Executive Director, and Melissa **Edwards, Food Pantry** Coordinator, on Monday, **November 25 (Courtesy** photos).





Also available at Violet's Book Exchange on the Square in Claremont

2020 Photo Calendar

photos by Phyllis "Pam" Muzeroll

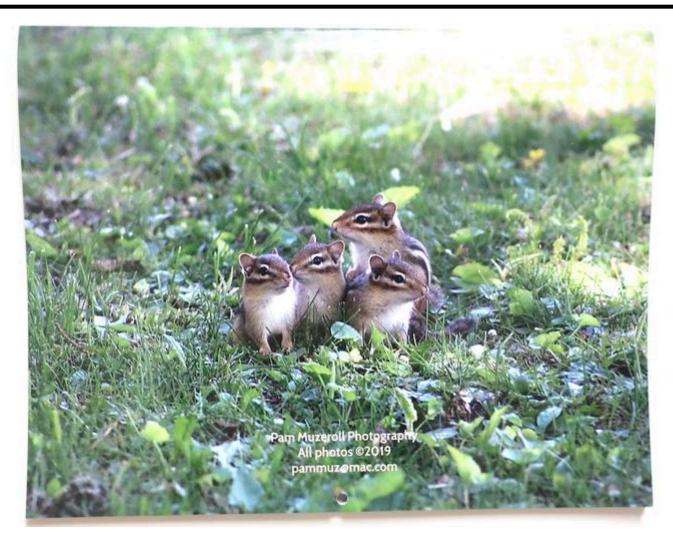
A fun collection, filled with color and drama

\$12 (Please add \$3 postage for mailing).

Phyllis "Pam" Muzeroll 6 Osgood Ave. Claremont, NH 03743

For more information,

etickernews@gmail.com







Join us
Saturday, December 14th from 2pm to 7pm
At Runnings
403 Washington St.

Claremont, NH

Help our Cadette Girls Scouts of Troop 30261 Fund their Silver Award Project

We will have baked goods and will wrap your gifts for a donation!

