

# e-Ticker News of Claremont

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etickernews@gmail.com www.facebook.com/etickernews

**September 30, 2019** 

www.etickernewsofclaremont.com

## **Welcome Aboard**

### Claremonters Meet New City Manager

By Eric Zengota e-Ticker News

CLAREMONT, NH—On his second day on the job, Ed Morris, Claremont's new city manager, got a chance to meet with many of Claremont's citizens, city employees and department heads, city councilors, and SAU6 staff.

In her introduction, mayor Charlene Lovett congratulated the search committee, saying "You did a great job." She noted that the City Council voted unanimously to offer Morris the position, adding that "the two words that I kept noting down in our interviews were honesty and integrity. And you can't teach those things. You just have to have them."

Morris said, "I'm extremely excited to be here in Claremont. I'm enthusiastic about starting to work on all the initiatives that will push this city forward." He and his wife, Megan, are eager to purchase a home in Claremont; they currently live in Weathersfield, Vt., where Morris has been the city manager for the past 3 1/2 years.

When asked about his experience working on contentious issues involving citizens and elected officials, he cited the controversy in Weathersfield over whether to have a full-time fire

(Continued on page A2)

Ed Morris, left, Claremont's new city manager, and his wife, Megan, get acquainted with Stephen Wood and Jim Contois (back to camera; Eric Zengota photo).



## Thirteen File for This Year's City Council Election

CLAREMONT, NH—Thirteen candidates have thrown their proverbial hats into the ring this year for the City Council election. They filed as follows: Mayor, Charlene Lovett; Assistant Mayor, Allen Damren; Ward I, Andrew S. O'Hearne; Ward II, James Contois, David Pacetti; Ward III, Jonathan Stone; At-Large, Christopher Fazio, Bill Kennedy, Abigail Kier, Nicholas Koloski, Patrick Lozito, Debora Matteau and Erica Sweetser. Lovett, Damren, O'Hearne, Stone, Kier and Koloski currently serve on the council.

Other elected positions that will be on the ballot include the following candidates: Ward I Moderator, Janice Fletcher; Ward II Moderator, Alison Raymond; Ward III Moderator, Donald B. Fontaine Jr.; Ward I Ward Clerk, David Roark; Ward II Ward Clerk, Mary Ann Beaton; Ward III Ward Clerk, Brenda Saunders; Ward I Supervisor, Elyse Crossman; Ward I Supervisor – Exp 2023, Sharon Chase; Ward II Supervisor, Lester St. Pierre; and Ward III Supervisor, Mary Woodman. The election will be held on Nov. 5.

### Morris, from A1

chief. "Both sides were very passionate, and it was a divisive issue. The citizens voted the proposal down."

He learned that it was crucial to "listen to citizens and council, and do a lot of research to make the best decision for the community." Inevitably, some issues will "go on and on, but these are the ones that need to address the facts slowly. Making decisions off emotions is not the best way to move forward."

### TUESDAY, OCTOBER 8 CORNISH HISTORICAL SOCIETY PROGRAM, 7PM

"Fiddle and Song from the North Country-Traditional songs in English and French, and fiddling in the Celtic Tradition".

Please join the Cornish Historical Society on Oct. 8, Tuesday, at 7:00 PM, for an evening of traditional songs in the Celtic tradition. Becky Tracy (fiddle) and Keith Murphy (voice, guitar, mandolin, piano, and foot percussion) will perform traditional music from Newfoundland, New England, Quebec, Ireland, France, and beyond. Becky's fiddling pulses through dance

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Phyllis A. Muzeroll
Publisher/Editor

<u>Eric Zengota</u> Contributing Writer/Photographer

> <u>Bill Binder</u> Photographer

etickernews@gmail.com

Snail mail to: 6 Osgood Ave. Claremont, NH 03743 603-542-7319

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tunes and resonates with beauty on traditional slow airs. Keith's expressive singing in English and French is balanced by the drive of his guitar playing and foot percussion. Combined, they produce a range and richness of sound that is striking for a duo. Their playing is seamless, the result of years of playing together and touring across the US, Canada, and in Europe.

This program will be held at the Town Office Building at 488 Townhouse Rd. Cornish, NH.

## THURSDAY, OCTOBER 17 FREE Event for Landlords - Reduce energy costs

Are you a landlord in Vermont or New Hampshire? If so, join us at the Upper Valley Landlords Meeting where you can learn about energy assistance programs and smart energy efficiency investments that will help you or your tenant save on energy costs. You'll hear firsthand from a Brattleboro landlord who has saved \$78,000 in energy costs last year and learn from service providers in VT & NH about energy assistance programs available for struggling tenants. We'll also start a discussion on creating a landlord and service provider network in the Upper Valley.

Learn more and RSVP at: <a href="https://vitalcom-munities.org/workforce-housing-events/land-lordmtg-oct2019/">https://vitalcom-munities.org/workforce-housing-events/land-lordmtg-oct2019/</a>

Upper Valley Landlords Meeting Thursday, October 17th, 8:30-Noon Hartford Town Office Building - First Floor Conference Rooms, 171 Bridge St, White River Junction, VT

This free event is hosted by Upper Valley Continuum of Care, with support from the Upper Valley Energy Advocacy Council and staff from the City of Lebanon, Vermont Agency of Human Services, Vital Communities, and Twin Pines Housing Trust.

### **NH Lottery Numbers**

09/28/2019

NH PowerBall 15 23 34 51 55 4

NH Mega Millions 09/27/2019 12 20 31 43 45 20

<u>Tristate Megabucks 09/28/2019</u> 4 13 18 27 30 1

For more lottery numbers, <a href="https://www.nhlottery.com/">https://www.nhlottery.com/</a>

### **PUBLIC NOTICE**

The City of Claremont,

Zoning Board of Adjustment will meet on

Monday, October 7, 2019

Council Chambers, City Hall at 7:00 p.m. Notice is hereby given that a **public hearing** will be held concerning the following request:

A. ZO 2016-00015 282 Thrasher Road LLC, Nashua NH – Request to extend variance #2016-00015 to permit development of a seasonal campground as a second principal use on the property located at 282 Thrasher Road. The variance was granted to Claremont Speedway, Inc. on October 3, 2016. Tax Map 71, Lot 4. Zoning District: RR

Interested parties may review this request at the Planning and Development Department, 14 North Street during normal business hours.

Comments about this request may be submitted by any of the following methods:

- •In person at the hearing, or
- •In writing at 14 North Street, Claremont NH 03743, or
- •By email at <u>cityplanner@claremontnh.-com</u>.

Michael Hurd, Chair

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## Commentary

## NH House Happenings By Rep. John Cloutier

### **State Budget Means More Local \$**

New Hampshire now has a state operating budget in place after months of debate, a couple of vetoes, and three months of intense negotiations that achieved a successful compromise last week.



On Sept. 25 by two overwhelming roll call votes, the New Hampshire House of Representatives approved compromise versions of the twoyear operating budget as well as budget's trailer bill, which helps fund and implement the budget. Next, the New Hampshire Senate quickly approved the same compromise measures—the budget by voice vote and trailer bill by an overwhelming 23-1 roll call vote—with only Warren Sen. Bob Guida, a Republican, voting "No." The House's roll call vote for House Bill 3, the compromise budget, was 327-29, while House Bill 4, the compromise trailer bill, passed by a 316-40 margin. The overwhelming approval votes in the House and Senate followed an announcement only the day before on Sept. 24 that Gov. Christopher Sununu, a Republican, as well as House and Senate Democratic Leadership, had reached agreement on these compromise versions of the budget and trailer bill. After the approval by both legislative bodies in Concord, Gov. Sununu signed both House Bills 3 & 4 into law on Sept. 26 in a public ceremony in Franklin attended by Franklin officials as well as Democratic legislators, including House Speaker Stephen Shurtleff, Senate President Donna Soucy, House Finance Committee Chair Mary Jane Wallner, and Senate Finance Committee Chair Lou D'Allesandro.

House Bills 3 & 4 obviously include various revisions to the House-Senate Committee of Conference version of the budget, House Bill 1 as well as House Bill 2, the Committee of Conference version of the trailer bill, adopted by both bodies on June 27, but vetoed by the Governor on June 28. Probably the most important revision concerned reversal of planned reductions to the BPT (Business Profits Tax) as well as the BET (Business Enterprise Tax), reductions originally approved by Gov. Sununu and previous Republican House and Senate. They were a major factor in leading the Governor to veto both measures and prolonged the negotiations between him as well as the the House and Senate Democratic Leadership for the past three months, according to my sources. But under House Bills 3 & 4, both BPT and BET rates will remain the same until at least Jan. 1, 2021. If the total revenue from both taxes climbs over an approximately six percent threshold by this date, then both tax rates would be cut; in the case of the BPT, there would be a 0.2 percent reduction, and in the BET's case, it would be a 0.1 drop. But if the total revenue from both falls below a six percent threshold by the same date, then both would increase with a 0.2 rise for the BPT, and a 0.075 rise for the BET.

Furthermore, there were a number of spending reductions in signed House Bills 3 & 4 that Gov. Sununu had wanted in the budget and trailer bill. Among the reductions were a \$2.5 million cut to the New

Hampshire Depts. of Safety and Transportation as well as a \$500,000 cut to the Tourism Development Fund. Also cut was \$3.5 million in startup funding for the proposed FMLI (Family & Medical Leave Insurance) Program which for at least now is on hold because the Governor vetoed, and the Senate then sustained his veto of Senate Bill 1, which would have created the FMLI.

Nevertheless, spending on new priorities championed by Democratic representatives and senators was included in the compromise versions of the budget as well as trailer bills. Among the spending increases was \$8.75 million to begin construction of a new Secure Psychiatric Unit-a facility, which when completed in the next operating budget hopefully, will house dangerously mentally-ill individuals on the grounds of the New Hampshire State Hospital, rather on the grounds of the New Hampshire State Prison as is presently done. Next, \$29 million would be designated along with federal matching money for Medicaid Provider Rate increases so as to help pay for the first provider rate hikes in over 10 years, though the first of the two scheduled annual rate increases won't take effect until Jan. 1, 2020. Additionally, another \$6 million has been set aside to help cover any pay raises for unionized state employees, if and when these employees reach agreement on a new labor contract with the Governor within the next few months.

However, the spending increases in the newly-signed budget and trailer bills about which my Claremont constituents and the rest of Sullivan County should be most pleased is the \$138 million hike in state education aid as well as the \$40 million in new state municipal aid for our cities and towns over the next two years, increased state aid that should help financially strapped communities in Sullivan County like Claremont reduce property taxes and/or pay for services their residents want, increased state aid that Democratic legislators like House Finance Committee Chair Wallner insisted would have to stay in the compromises, despite concerns by Gov. Sununu that the \$138 million in more state education aid was too high. While I understand that the \$138 million in this new biennial budget does not solve all the problems encountered by school districts like Claremont, the increased aid is at least a temporary solution. The path to a more permanent solution for the problems of public school funding may lie in the creation of a special education funding commission, also part of House Bills 3 & 4.

I, of course, voted for House Bill 3, the compromise operating budget, as well as House Bill 4, the compromise trailer bill. I wasn't pleased with all the compromises in both bills, especially the \$2.5 million cut to both the Depts. of Safety as well as Transportation, a cut I believe could be problematic to both vital state agencies within the next two years. But I know from my legislative experience that all budget bills aren't perfect, and contain some unpleasant items. But the increased state aid to Claremont totaling \$6,256,415 over the next two years—including \$5,589,444 in more state education aid as well as \$666,971 in municipal aid for the first time in over 10 years according to the House-Senate's Legislative Budget Assistance Office—was well worth my "Yes" vote. I am proud of this vote, and am pleased to note that all 13 of Sullivan County's representatives as well as the two senators who together are the voice for all the County's 15 municipalities voted for both House Bills 3 &4. jocloutier@comcast.net

## House of Representatives - Claremont

District 3/Ward 1: Andrew O'Hearne

friendsofandrewohearne@comcast.net

District4/Ward 2: Gary Merchant 603-542-2228 gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton 603-542-8656 WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

### **Senate - Claremont**

District 5: Martha Hennessey 603-271-3067 martha.hennessey@leg.state.nh.us

### <u>District 1</u> <u>Executive Councilor</u>

Michael Cryans 603-271-3632 Michael.Cryans@nh.gov

### -----

### Washington, DC

Sen. Jeanne Shaheen
520 Hart Senate Office Building
Washington, DC 20510
202-224-2841
<a href="http://shaheen.senate.gov/contact">http://shaheen.senate.gov/contact</a>

Sen. Maggie Hassan

B85 Russell Senate Office Building Washington, DC 20510 Phone: (202) 224-3324 https://www.hassan.senate.gov/

Rep. Anne Kuster
137 Cannon House Office Building
Washington, DC 20515
phone: 202-225-5206
http://kuster.house.gov/contact

## Shaheen, Group of Senators Introduce Bipartisan Legislation to Prevent Dangerous E-Cigarette Tampering

WASHINGTON, DC—Tuesday, U.S. Senator Jeanne Shaheen (D-NH) introduced new bipartisan legislation with Senators Jeff Merkley (D-OR), Lisa Murkowski (R-AK), Dick Durbin (D-IL) and Richard Blumenthal (D-CT) that would set safety standards in the design of e-cigarette and vaping devices.

The Senators' legislation—the E-Cigarette Device Standards Act of 2019—follows a spate of hundreds of illnesses and eight deaths linked to vaping across the United States. In some of the most serious cases, victims reportedly may have fallen ill because of adulterated THC oil that they were able to insert into vaping devices.

The E-Cigarette Device Standards Act of 2019 would require the Food and Drug Administration (FDA) to establish standards regarding the design of e-cigarettes and vaping devices that, at a minimum, prevent consumers from modifying or adding any substances to electronic nicotine delivery systems in a way that is not intended by the manufacturer. Under the bill, the Secretary of Health and Human services will issue proposed regulations to carry out the standards within 180 days after the enactment of the bill, and issue final regulations no later than one year after the date of enactment.

The bill comes as youth e-cigarette addiction is rapidly growing in the United States, and young Americans have disproportionately been impacted by the impact of vaping-related lung illness. According to the Centers for Disease Control and Prevention (CDC), 16 percent of the known cases involve patients under 18 years old, and more than half involve patients under 25 years old.

Preliminary data from the 2019 National Youth Tobacco Survey (NYTS) show that five million children—including one in four high school students—are now vaping. This is a 135 percent increase over the past two years.

Cartridge- or pod-based e-cigarette products, such as JUUL, are especially popular among children in part because of their sleek design and appeal. JUUL's cartridge-and pod-based products currently have more than a 70 percent share of e-cigarette market in the United States.

## Kuster, Fitzpatrick Introduce Restoring Enforcement Standards to Track Opioids Responsively and Effectively (RESTORE) Act of 2019

WASHINGTON, DC—Congresswoman Annie Kuster (D-NH) and Congressman Brian Fitz-patrick (R-PA) introduced bipartisan legislation in the House Friday to ensure that the Drug Enforcement Administration has the authority to carry out needed enforcement actions for drug diversion control investigations.

The Restoring Enforcement Standards to Track Opioids Responsively and Effectively (RESTORE) Act of 2019 would repeal existing law that prevented the DEA from carrying out enforcement. This law from 2016 was described by DEA Chief Administrative Law Judge John J. Mulrooney II in the Marquette Law Review editorial board as "impos[ing] a dramatic diminution of the agency's authority" ... "at a time when, by all accounts, opioid abuse, addiction and deaths were increasing markedly."

"Granite Staters and folks nationwide are sadly no stranger to the devastation of the opioid epidemic," said Kuster. "We must take a multifaceted approach in our response - in addition to bolstering prevention, treatment and recovery services we need to make sure law enforcement has all tools necessary to hold bad actors accountable. I am proud to advance this legislation with my fellow co-chair of the Bipartisan Opioid Task Force to keep our communities safe and prevent further tragedy."

"The opioid crisis has affected every corner of the United States, robbing individuals of full and healthy lives," said Fitzpatrick. "Federal intervention is needed to protect our communities, and the Drug Enforcement Administration must be given the authority to intervene when necessary without delay. I am proud to support this legislation with my fellow Co-Chair of the Bipartisan Heroin Task Force, Annie Kuster, as we continue our push to combat the opioid crisis."

## **Sullivan County Grand Jury Indictments Released**

NEWPORT, NH—The Sullivan County Grand Jury released the following indictments on Thursday:

Patrick Howe, 26, Lebanon, NH, indicted for Habitual Offender, Sept. 1, 2019.

Jody E. Barry, 25, Claremont, NH, indicted for Aggravated Driving While Intoxicated-SBI to Another - Committed on Release, Sept. 5, 2019, causing a motor vehicle collision resulting in serious bodily injury to the person of another (passenger); Aggravated Driving While Intoxicated-SBI to Another - Committed on Release, Sept. 5, 2019, causing a motor vehicle collision resulting in serious bodily injury to the person of another.

Jami J. Mulhern, 43, Claremont, NH, indicted for Possession of Heroin, June 28, 2018.

James Perry, 31, Claremont, NH, indicted for Bail Jumping, on or about Sept. 8-12, 2019.

Timothy Hale, 52, Georges Mills, NH, indicted for First Degree Assault, April 14, 2019.

Gregory Worthley, 31, Concord, NH, indicted for Possession/Intent to Distribute, Alpha-PHP/Subsequent Offense, Sept. 10, 2019; Possession of Controlled Drug, Alpha-PHP/Subsequent Offense, Sept. 10, 2019.

Christopher Reamon, 40, Unity, NH, indicted for Criminal Threatening/Deadly Weapon, Aug. 27, 2019; Second Degree Assault, Aug. 27, 2019.

Jason LaPlante, 21, Claremont, NH, indicted for Second Degree Assault-Domestic Violence, Aug. 28, 2019.

Megan Horsfield, 30, Croydon, NH, indicted for Aggravated DWI/Serious Bodily Injury (to herself), on or between July 22, 2019, and July 23, 2019; Aggravated DWI/Serious Bodily Injury (to herself), on or between July 22, 2019, and July 23, 2019; Possession, controlled drug analog (LPH-PHP), Subsequent Offense, on or between July 22, 2019, and July 23, 2019.

Tharen Amidon, 27, Perkinsville, VT, indicted for Theft by Unauthorized Taking from Runnings (heater/cooker), Dec. 4, 2018; Theft by Unauthorized Taking (various items from Runnings), Dec. 4, 2018.

Danielle Pollari, 41, Newport, NH, indicted for Principle/Accomplice - Forgery, on or between Jan. 27, 2019, and Feb. 1, 2019; Felon in Possession (metallic knuckles), Sept. 21, 2019. Nicholas Beattie, 34, Grantham, NH, indicted for Reckless Conduct with a deadly weapon (discharging a firearm in a residential neighborhood, placing or may place another in danger of serious bodily injury), July 13, 2019; Criminal Threatening with a deadly weapon, July 13, 2019.

Justin Gunnip, 32, Unity, NH, indicted for Bail Jumping, March 21, 2019; (and County Farm Rd., Unity, NH), Conspiracy to Commit Assault by Prisoner, Aug. 17, 2019; Falsifying Physical Evidence at the Sullivan County House of Corrections by holding up a certain newspaper obstructing a camera's view and preventing it from capturing a certain incident, Aug. 17, 2019.

Kameron Bomhower, 29, 103 County Farm Rd., Unity, NH, indicted for Conspiracy to Commit Assault by Prisoner, Aug. 17, 2019; Falsifying Physical Evidence at the Sullivan County House of Corrections by holding up a certain newspaper obstructing a camera's

view and preventing it from capturing a certain incident, Aug. 17, 2019.

Michael Hodgkins, 34, Charlestown, NH, indicted for Operation after Certification as Habitual Offender, Aug. 19, 2019; Operation after Certification as Habitual Offender, Sept. 21, 2019.

Amanda Bateman, 32, Claremont, NH, indicted for Bail Jumping, Sept. 18, 2019.

Alan W. Wirkkala, 52, County Farm Rd., Unity, NH, indicted for Assault by Prisoner, Aug. 27, 2019.

### Firemen's Parade Oct. 11

CLAREMONT, NH—The Claremont Firefighter's Association 134th Annual Fire Prevention Parade will be held on Friday, Oct. 11, rain or shine, 6:30 p.m. Route: South St., right onto Pleasant St., to Opera House Sq., disbanding on Broad St.



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## Claremont PD Participates in Railroad Safety Detail

By Eric Zengota e-Ticker News

CLAREMONT, NH—About every three hours in the United States, a person or vehicle is struck by a train.

Almost all of those often fatal accidents are the result of pedestrians and drivers walking or driving around lowered grade crossing gates, or by trespassing on the tracks, which are private property. Their miscalculation leads to deadly results that are, simply put, preventable.

Amtrak, the national rail network, aims to reduce pedestrian and driver injuries and fatalities by educating the public about the dangers around railroad tracks. Sept. 22-28 was Rail Safety Week. On Sept. 24, Operation Clear Track — an initiative involving the Amtrak Police Department, Operation Lifesaver (a non-profit rail safety education organization), and 600 law enforcement agencies in 48 states — set out to raise awareness and enforce state railroad grade-crossing and trespassing laws.

Two members of the Claremont Police Department joined in the operation, taking up posts at Claremont Junction, at Plains Road and Maple Avenue.

Deputy Chief Brent Wilmot took charge at noon when the southbound Vermonter stopped in Claremont. On patrol for the northbound Vermonter at 5:30 pm was Officer Justin Leach.

They had the authority to issue citations or warnings to violators. They also passed out railroad safety cards to motorists, pedestrians and travelers. (See sidebar.)

In Wilmot's 14 years of service with the CPD, there hasn't been a vehicle incident at Claremont Junction. But he noted two pedestrian deaths in the last few years, "at the Grissom Lane crossing and near the backside of Moody Park."

For the rest of the year, members of the Claremont Station Host Association address safety and security issues with passengers. Member Walt Stapleton even pinned up the rail safety card in the display case on the train platform. The hosts, all volunteers, meet every train, every

day, help with passengers' luggage, monitor train arrival times, and refer the many first-time travelers to Claremont to taxi, lodging and dining options.

Operation Clear Track: stayoffthetracks.org Operation Lifesaver: oli.org Amtrak Hosts: Walt Stapleton, 603.995.1034, WaltStapleton @comcast.net.

> Send us your news, photos



Deputy Chief Brent Wilmot patrols the Junction during Operation Clear Track. The initiative aims to increase public awareness about rail safety and enforce railroad grade-crossing and trespassing laws (Eric Zengota photo).

## REMINDER to all Owners of property in Claremont

your 2nd quarter
 property tax bill is
 due by October 1st

This bill should be the same amount that was due on July 1st.





## Community Flu Clinics 2019

Sep 30	5:00 pm - 7:00 pm	Newbury Library
Oct 01	10:00 am - 12:00 pm	Danbury Community Center
Oct 02	9:30 am - 11:30 am	Warner Pharmacy
Oct 03	10:00 am - 12:00 pm	Claremont Senior Center
Oct 03	4:00 pm - 6:00 pm	Springfield Town Office
Oct 04	10:30 am - 12:00 pm	Lyon Brook, New London
Oct 04	1:30 pm - 3:00 pm	Our Lady of Fatima, New London
Oct 07	9:00 am - 12:00 pm	The Center at Eastman, Grantham
Oct 07	1:00 pm - 3:00 pm	Sutton Town Hall, Sutton Mills
Oct 08	10:00 am - 12:00 pm	Bradford Senior Center
Oct 08	1:00 pm - 3:00 pm	St. Andrew's Episcopal Church, New London
Oct 10	11:00 am - 1:00 pm	Hilltop Place, New London
Oct 10	1:00 pm - 7:00 pm	WCA Red Barn, Wilmot
Oct 14	10:00 am - 12:00 pm	Sunapee Cove
Oct 15	10:00 am - 12:00 pm	Upper Valley Senior Center, Lebanon
Oct 15	1:00 pm - 4:00 pm	Kearsarge Area COA, New London
Oct 15	5:30 pm - 7:00 pm	Washington Town Hall
Oct 16	4:00 pm - 6:00 pm	South Newbury Union Church
Oct 17	11:00 am - 12:00 pm	Claremont Senior Center
Oct 18	10:00 am - 12:00 pm	Kearsarge Presbyterian Church, New London
Oct 21	10:00 am - 12:00 pm	Sunapee Seniors at United Methodist Church
Oct 22	11:00 am - 12:30 pm	Cornish Town Hall Senior Lunch
Oct 23	9:30 am - 11:30 am	Warner Pharmacy
Oct 24	11:30 am - 1:00 pm	Plainfield Elementary School
Oct 24	2:00 pm - 4:00 pm	First Baptist Church, New London
Oct 25	11:00 am - 12:30 pm	Newport Senior Center
Oct 28	10:00 am - 12:00 pm	Andover Town Hall
Oct 28	10:00 am - 11:30 am	Mascoma Area Senior Center, Canaan
Oct 29	12:30 pm - 1:30 pm	Marion Phillips Apartments, Claremont
Oct 30	9:30 am - 11:30 am	Earl Bourdon Centre, Claremont
Oct 30	12:30 pm - 1:30 pm	Sugar River Mills, Claremont
Oct 31	9:00 am - 11:00 am	Wilmot Town Office

**For persons 19+ years of age.** LSRVNA will bill Medicaid, Medicare and Medicare Replacement Plans. Please bring your ID card(s). If paying with cash or check, the cost is \$35 for the regular dose and \$80 for the high dose (recommended for persons 65+ years of age).

## Lawsuit Filed in 2016 Police Shooting of Cody Lafont in Claremont

By Nancy West, <u>InDepthNH.org</u>
<u>InDepthNH.org</u> is New Hampshire's nonprofit, online news website

Three years after then-Claremont Police Cpl. lan Kibbe fatally shot Cody Lafont on his front steps, his estate is suing Kibbe, the city and Police Capt. Brent Wilmot claiming Lafont was the victim of excessive force and discrimination because of a disability.

The lawsuit was filed Tuesday in U.S. District Court, one day before the statute of limitations would have run out.

Lafont, 25, who was known to be depressed and call police when he was drunk, died in the early morning Sept. 25, 2016, after Kibbe shot him three times in the chest one minute after arriving at the scene. Kibbe had been dispatched to Lafont's home to tell him to stop calling 911.

Then-Attorney General Joseph Foster ruled the shooting justified soon after. Kibbe told investigators that Lafont pointed a revolver at him with a "strange smile" on his face and refused to put down the gun.

The 2016 attorney general's report on the shooting said, "it was reasonable for Corporal Kibbe to believe that Mr. Lafont posed an imminent threat to his safety, and that when he fired his service weapon Mr. Lafont was about to use deadly force against him."

Attorney General Gordon MacDonald has since reopened the Lafont shooting investigation because Kibbe was sentenced to jail related to a search conducted with another officer in February 2018. Kibbe served 90 days in jail after pleading guilty to misdemeanor charges of unsworn falsification and obstructing government administration.

"(T)he City of Claremont—and its agents Brent Wilmot and Ian Kibbe —knew or should have known that Cody Lafont was suffering from a mental disability such that he was a 'qualified individual with a disability' as defined by the Rehabilitation Act or the ADA.

"Under the ADA, Wilmot and Kibbe had a duty 'to make appropriate efforts to determine whether perceived strange or disruptive behavior ... is the result of a disability.' Instead of perceiving Lafont's disruptive behavior as being the manifestation of mental illness, ignored obvious pleas for help, and instead instructed

an officer to respond to the house to tell Lafont to stop calling for help," the lawsuit states. It was filed by attorneys Jared Bedrick and Chuck Douglas of Concord.

The suit claims the Claremont police department failed to properly train Kibbe and Wilmot, who has since been promoted to captain. Kibbe could not be reached for comment. As part of his plea agreement on the criminal charges he can never work again as a police officer.

The suit claims Lafont's estate is entitled to monetary damages under the Fourth and Fourteenth amendments of the US Constitution against excessive force and the Americans with Disability Act.

His estate is administered by his mother, Tracy McEachern, a Florida resident.

The suit alleges that a stop Kibbe made hours before shooting Lafont showed his state of mind.

At about 1:20 a.m. on Sept. 25, 2016, Kibbe stopped Christopher Ratcliffe in a Citgo gas station parking lot in Claremont, the suit says.

"During the stop, and throughout the encounter, Ratcliffe observed Kibbe to be acting unnaturally aggressive," the suit alleges.

Before any information was released naming Kibbe, Ratcliffe posted on social media suggestions that Kibbe was the shooter because, in effect, "there was only sociopath on duty" that night, a posting Kibbe later saved, the suit says.

Around 4:14 a.m. Lafont used 911 to call the police and was routed to dispatcher Emily Loring at the Claremont Police Department. "On the phone, Lafont disclosed to Wilmot that he was depressed. Wilmot asked what Lafont needed and whether he wanted to speak with someone at the hospital. Lafont declined to speak with the hospital because he feared they would lock him up for being drunk consistent with prior experiences," the suit alleges.

Wilmot asked Lafont if he wanted an officer to come to the house and he said yes. Lafont mentioned that he was not suicidal, but depressed, and Sergeant Wilmot ended the call. "Instead of sending an officer, Sergeant Wilmot did nothing, hoping that Lafont would fall asleep," the suit alleges.

Around 4:33 a.m. Lafont called again upset that no officer had come to speak with him at



Cody Lafont is pictured on a snowmobile (Courtesy photo/IndepthNH.org).

his house. "(After some back and forth) Lafont asked if he would have to threaten suicide to get an officer to come to the house," the suit says.

"Wilmot then called Corporal Ian Kibbe over the radio and asked him to respond to Lafont's residence to 'tell him to stop calling 911."

Wilmot specifically told Kibbe that Lafont was not suicidal; rather he was "just depressed," according to the suit.

Kibbe arrived at 4:49 a.m. and Lafont was dead one minute later, records show.

Associate Attorney General Jeff Strelzin didn't return a call seeking comment, but previously said his office is not finished reviewing its previous ruling that Kibbe shooting Lafont was justified.

Capt. Wilmot said he hasn't seen the lawsuit.

SUNDAY, OCTOBER 6
PENNY SALE IN CLAREMONT
1:00 PM (doors open 12 Noon)
St. Joseph Church Hall

Elm St. - Claremont, NH 100 Plus Prizes / Refreshments Sponsored by and Benefit of Catholic Daughters of the Americas Ct. Virgil H. Barber #892.

TUESDAY, OCTOBER 8
7 pm
CORNISH ENERGY COMMITTEE

Cornish George H Stowell Library School Street

The Cornish Energy Committee meets to continue plans for its goal of 100% renewables to replace fossil fuels.

## Classified Ads

### **CLOSE TO ROUTE 10**





LEMPSTER - Sparkling clean! This charming country home has 3 bedrooms, 1 1/2 baths, a large 2 story garage, a new insulated chicken coup, a large fenced in backyard, and sits on just over 5 acres. For more photos & info please see MLS# 4772170. \$190,000





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Office: (603) 542-2503





bonnie@coldwellbankernh.com

Carefree Splendor is yours in this tasteful Cape Cod which is built and meticulously maintained by the same family. Features huge living room with fireplace, formal dining room, 3 bedrooms, 2 1/2 baths and large family room in the lower level. Two-car detached garage and nicely landscaped yard. Offered for the first time ever at \$154,000.



Architecturally Acclaimed, this is more than a house....it's HOME with a HISTORY! The home was designed by Boston architect Royal Barry Wills. Situated on the outskirts of town, it's cradled in one of the most spectacular country settings imaginable; over 12 acres of land. Offers over 3,700 square foot of living space with 2 1/2 baths and finished lower level with walkout to patio. Offered at \$329,900.







Tammy Bergeron



tammy@housestohomesnh.com Ashley@housestohomesnh.com www.housestohomesnh.com





REALICE MLS





### This family residence is zoned for mixed

**use.** If you are looking for exposure for a business, you may want to walk through it! Large rooms with a two-car attached garage, family room, natural wood work. Semi-finished basement to include a studio and detached garage that sits on a full basement. Sits on a half acre of land. **\$173,000** 

## Classified Ads

## Sullivan County Fugitive of the Week

JAMI J. MULHERN DOB: 07/31/1976

LKA: 5 42nd Street, Claremont, NH

Description: White female, height: 5'5", weight: 120 lbs., eyes: hazel, hair: red



Reason: Failure to appear Original charge: Possession of Controlled/ Narcotic Drugs; Heroin, Class B Felony Bail jumping, Class B Felony

On June 28, 2018, Claremont police department obtained and executed a search warrant at the residence of Jami J. Mulhern. items seized were later tested and found to contain the controlled drug heroin.

On Nov. 1, 2018, the Claremont Police Department applied for and was granted an arrest warrant on Mulhern for one count of possession of controlled/narcotic drugs; heroin.

On Aug. 18, 2019, the Claremont Police Department arrested Mulhern on the warrant. She was bailed and released on personal recognizance bail. as part of her conditions of bail, Mulhern was ordered to appear in Sullivan County Superior Court on Sept. 5, 2019.

On Sept. 5, 2019, Mulhern failed to appear for her hearing in Sullivan County Superior Court and as a result, the court issued a warrant for her arrest on Sept. 17, 2019.

### LEBANON, NH 1 Story Cape 3 Bed 1 Bath

- \* Fairly new drilled well
- \* Close to town yet far away from it all **MLS # 4776106** \$175,000



### WEATHERSFIELD, VT 1.5 Story Cape 3 Bed 2 Bath

- \* 2.6 acres with open pasture and barn
- \* Well cared for home on dead end road MLS # 4774629 \$220,000





### CLAREMONT, NH 2.5 Story Colonial 4 Bed 3 bath

- \* Large stunning kitchen with granite counter tops
- \* 36x28 heated garage on 4.7 acres **MLS # 4769984 \$219,900**



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On Sept. 27, 2019, the Sullivan County Sheriff's Office applied for and was granted an arrest warrant on Mulhern for one count of bail jumping.

The Fugitive of the Week is provided by Sheriff John P. Simonds of the Sullivan County Sheriff's Office. if you have any information regarding the whereabouts of this fugitive, please contact either the Sheriff's Office at 603-863-4200 or your local police department.

### e-Ticker News of Claremont, Section A

## Sullivan County Republican Committee to Host "Freedom and Liberty Reception"

NEWPORT, NH — Sullivan County Republican Committee has announced their first ever 'Freedom and Liberty Reception' Friday evening, Oct. 4th. Guest speaker, Robert Spencer will be joining the festivities during a special VIP cocktail hour as well as being featured as the keynote speaker during the reception.

Spencer is the founder of Jihadi Watch, a blog bringing public attention to the role of jihad theology and ideology. He is a frequent commentator on modern day Islam on FoxNews as well as an accomplished author and cofounder of the group "Stop Islamization of America". He also serves as a Shillman Fellow at the David Horowitz Freedom Center. To learn more about Spencer, please visit <a href="www.jihadwatch.org">www.jihadwatch.org</a>. To learn more about Spencer, visit <a href="www.jihadwatch.org">www.jihadwatch.org</a>.

The Freedom and Liberty Reception will be held at the Draper Room at the Center at Eastman, 6 Clubhouse Lane, Grantham, NH, on Friday, Oct. 4th. VIP Cocktail hour will start at 6:00 pm with the Reception beginning at 7 pm. Spencer will take the stage for a Dialogue with SCGOP Chairman Keith Hanson at 7:30 pm. VIP tickets are \$100, general admission tickets are \$50 and Young Republican tickets are \$35. All tickets can be purchased at <a href="https://scgop-freedom-and-liberty-reception.eventbrite.com">https://scgop-freedom-and-liberty-reception.eventbrite.com</a>.

## The Acworth Village Store - Acworth Community Project - Pig Roast

ACWORTH, NH—Come and "pig out" at the Annual Pig Roast Dinner at the Acworth Village Store. Dinner is served outdoors under tents and at picnic tables on Oct. 13th from 4-7 PM.

The meal will include homemade cornbread, baked beans, cole slaw and dessert. BBQ chicken and a vegetarian option will also be available. We'll have kids portions, too. If you'd like, you can do take away as well.

Water will be available; beverages are not included but can be purchased at the Village Store. For more info: <a href="https://www.facebook.com/acworthvillagestore/">https://www.facebook.com/acworthvillagestore/</a>

Dinner is \$15 per adult;\$8 for children 13/younger. The Acworth Village Store is run by The Acworth Community Project which is a NH non-profit organization. They hold one board meeting a month and have some interesting and fun plans for the upcoming year which include various events and fundraising activities. If you'd like more information about the Village Store, please contact Jim Neidert at 603-835-2453.

The Acworth Village Store is located at 1068 Rt. 123A, South Acworth, NH 03607. The phone number there is 603-835-6547. The website is <a href="www.acworthvillagestore.com">www.acworthvillagestore.com</a> and you can also visit us on FaceBook.

## Classified Ads

# PUBLIC AUCTION LAND SALE

**FRIDAY • OCTOBER 11, 2019** 

## **SLAB CITY ROAD, CLAREMONT, NH**

1:00 P.M. 1.99 Acres 2.78 Acres

Paved road frontage, surveyed, perk tested, power at street, private building sites. Great location among nice homes.

DIRECTIONS: From Washington Street to Winter Street (Birney's Market), go 1.2 miles to Slab City Road. Property on right just beyond Fitch Reservoir Road. Auction sign on site.

TERMS: \$2,500 deposit in cash, certified check or bank treasurer's check satisfactory to the Seller at time and place of Sale. Balance due at closing within 30 days of sale.



Check out our website: www.townandcountryrealty.com

NH: 603-542-5188 VT: 802-674-6311

Toll Free: 800-542-5188

Donald J. Chabot - Auctioneer,

NH Lic. #2391

TOWN & COUNTRY AUCTIONEERS dchabot@townandcountryrealty.com

## 2019 UPPER VALLEY EMPLOYMENT FAIR

THURSDAY, OCTOBER 10<sup>TH</sup>

3:00 PM-6:00 PM

FIRESIDE INN & SUITES

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VALLEY AQUATIC
CENTER (Spaces are
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first come--first served
basis.)

**RAFFLES!** Door prizes, makeovers, and more!

GREAT EASTERN
RADIO LIVE
BROADCAST - Kixx
100.5 will be onsite!

AND MUCH MORE!!!

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WRJ Rotary Club

Mount Ascutney Hospital

Kendal at Hanover

Dartmouth College



38 summer Street—Claremont NH

## Saturday October 12, 2019

1/2 Chicken
Potato Salad
Coleslaw
Homemade
Cookie or
Brownie
\$12.00

Come and enjoy a take-home dinner

Served

to go from

11am—till sold

## e-Ticker Business News

## 2019 Upper Valley Employment Fair Oct. 10th

WEST LEBANON, NH—The Upper Valley **Employment Fair Committee and Creative** Workforce Solutions are hosting the 2019 Upper Valley Employment Fair on Thursday, October 10th, from 3-6pm at the Fireside Inn & Suites in West Lebanon, NH. This event is free and open to the public. Representatives from area employers, employment agencies, and educational organizations will have tables set up and will be available to talk to prospective employees about the career opportunities and programs they offer. Upper Valley and neighboring residents of all ages and various employment levels will be able to look for full or part-time jobs, as well as explore potential career pathways and the training needed to pursue them.

This year's Employment Fair has a dual focus, offering opportunities for jobseekers who are unemployed and those who are under-employed that would like to explore training, professional development opportunities, or simply find a better job with higher pay and benefits.

The Upper Valley Employment Fair Committee is currently in the process of registering businesses, organizing sponsorships, and inviting county high schools, colleges, and the general public. By raising awareness of the job opportunities available to graduating high school and college students, companies will have access to well-qualified candidates ready to enter the workforce.

Employer table registration, jobseeker resources, and detailed information can be found by contacting Amanda Moore at <a href="mailto:amoore@vabir.org">amoore@vabir.org</a> or by visiting <a href="mailto:www.face-book.com/uppervalleyemploymentfair.</a>

The 2019 Upper Valley Employment Fair is presented by Creative Workforce Solutions in partnership with Vermont Department of Labor, VABIR, Vermont Voc Rehab, Upper Valley Services, and Pathways NH, and is generously sponsored by Dartmouth Hitch-

cock Medical Center, HCRS, Dartmouth College, NH Council on Developmental Disabilities, Kendal at Hanover, Mount Ascutney Hospital and Health Center, and WRJ Rotary Club.

## CHaD Heroes to Descend on Hanover Oct. 20

LEBANON, NH— With the colorful backdrop of a New England fall, thousands of real-life superheroes will gather on the Dartmouth College Green Sunday, Oct. 20, for the annual CHaD HERO. The premier athletic fundraiser for Children's Hospital at Dartmouth-Hitchcock (CHaD), the HERO features a variety of family-friendly races and activities that support kids and programs at New Hampshire's only children's hospital.

Starting in 2006 as just a half-marathon run,

it has grown to include a competitive 5K run and walk, one-mile family fun run, 25 or 50-mile bike ride, and a 5-mile hike. Youngsters looking to make a super impact can participate in Cam's Course, a one-mile circuit promoting fitness and philanthropy to kids. All events will take participants, decked out in their superhero attire, through the beautiful Upper Connecticut River Valley and end on the Dartmouth Green in downtown Hanover, N.H.

While the heroes are on the course, friends, family, and spectators can take in the HERO festival on the Green. The festival includes local food vendors offering a wide variety of delicious items. Kids can enjoy the KidZone with mechanical animal rides, face painting, and more. There will also be live entertainment and plenty of opportunities to cheer on HERO participants.

(Continued on page A16)



Nicholas J. Hobart Financial Advisor

# Our Newest Addition

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## e-Ticker Business News

### CHaD, from A15

Each year, a CHaD kid is selected to be the ambassador to the HERO. This year's Kid HERO is Finn Webster, a plucky three-year-old from Hanover, N.H. Finn is a regular patient at CHaD due to complications related to Down syndrome; a congenital heart defect makes Finn a frequent visitor. Finn will have a lifelong relationship with CHaD – because of his heart defect, he will see a pediatric cardiologist for his entire life. Finn is also the inspiration behind CHaD HERO Team Finn 321, which raised nearly \$4,000 in 2018.

Heroes and spectators alike can check out the full event schedule by visiting www.CHa-DHERO.org Participants are currently raising money while training for their specific event. Supporters can assist them with a donation made directly to their HERO fundraising page on the website.

The CHaD HERO raised \$800,000 last year through participant fundraising, donations, and generous corporate sponsors. This year's major sponsorship partners include The Jack and Dorothy Byrne Foundation and the Hypertherm HOPE Foundation. Other supporting partners include Global Rescue, Bank of America, Couch Family Foundation, the Kitchel-McLaughlin Family Foundation, Norwich Partners, Children's Fund of the Upper Valley, White Mountain Insurance, Ulysses Holdings, and Woodstock Farmer's Market.

For more information about the CHaD HERO, visit <u>www.CHaDHERO.org</u>.

## **Springfield Hospital Opens Newly Renovated Women's Health Space**

SPRINGFIELD, VT —Beginning Tuesday, October 1st, Springfield Hospital will open its newly renovated Women's Health office space located on Level D at Springfield Hospital, 25 Ridgewood Road, Springfield, VT. Board-certified physicians Kara Pitt, MD, Simon Solano, MD and Wendy Conway, MD, are now serving new and previously-established gynecology patients at this new location. Hours of operation are Monday – Thursday, 8 am – 5 pm, and Friday 8 am to 3 pm. Appointments can be

made by calling 802-885-7561.

## Patricia Rooney Joins VNH as Director of Human Resources

WHITE RIVER JCT., VT—Patricia Rooney, PHR, SHRM-CP has been named director of Human Resources for Visiting Nurse and Hospice for Vermont and New Hampshire (VNH). Rooney holds a Bachelor of Science degree in Business Management with a concentration in Human Resources Management from Southern New Hampshire University and certification as a Human Resources Professional. Prior to joining VNH, she served as the Human Resource Partner for the Office of Business Affairs at the University of New Hampshire in Durham, New Hampshire, where she provided support for 1,400 employees and managers across several diverse

operating units.
"I am delighted and honored to be joining

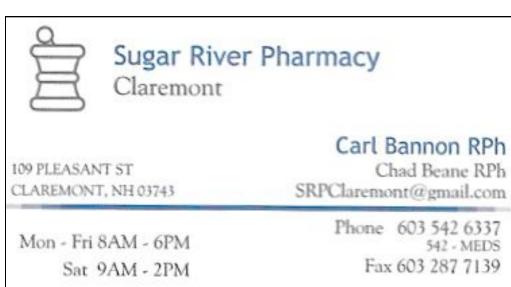
honored to be joining VNH as their new Director of Human Resources," said Rooney. "It is clear that their passion for the work, commitment to the communities in which they serve, and appreciation of the talents and contributions of the team is genuine and expressed in their actions and interactions every day. I am impressed by the level of care and compassion extended by VNH to everyone in their service area, and I hope that I can support the team in continually fulfilling their mission of providing exemplary home health care."

Rooney will be responsible for development of VNH's human capital to support the long-term growth and success of the organization. "She will develop and implement strategies that build a talented and exceptional workforce supporting organizational alignment and a positive work climate," said the VNH.



**Patricia Rooney** 

etickernews@gmail.com







Claremont-Sugar River Rotary held a Pajama Drive and Foster Parent Recruitment Event at Claremont Savings Bank on Broad St. in Claremont on Saturday. Donations of colorful and fun children's pajamas filled multiple boxes, sorted out by size. Helpers came in all ages! Anyone interested in learning more about the Foster Care program is asked to contact Kait-lynn Bartley at 603-543-4685 or Kayla Coffran at 603-486-7394. Pictured: Josh Nelson; Tammy Porter, President

of the Claremont Sugar River Rotary; Jennifer Nelson and Kim Astles, DCYF. Also helping, Tammy's daughter, Aurora, who liked both the

PJs and the boxes (Phyllis A. Muzeroll photos).



WINDSOR, VT – Celebrate Windsor's significant manufacturing heritage with free admission to the American Precision Museum, on National Manufacturing Day, Friday, Oct. 4th, 10:00 a.m. – 5:00 p.m. National Manufacturing Day is observed annually to showcase the opportunities available in modern manufacturing careers by encouraging thousands of companies and educational institutions across the country to open their doors to students, parents, teachers and community leaders.

"The Museum's mission is not only to preserve America's manufacturing heritage, but also to celebrate its future. We observe National Manufacturing Day to create greater awareness of career opportunities," said Steve Dalessio, Executive Director. "It's one more way we can educate and inspire visitors to consider careers in the field. Few realize how many lucrative options there are as the industry continues to evolve."

The American Precision Museum is located in the 1846 Robbins & Lawrence Armory, a National Historic Landmark, and traces the beginnings of manufacturing to modern technology through exhibits and interactive programs. Open daily, Memorial Day Weekend through Oct. 31, 10:00 a.m. to 5:00 p.m.

The American Precision Museum is a Blue Star Museum, offering free admission to active duty military & their families.





### October is Polish American Heritage Month

CLAREMONT, NH—The parishioners of St. Joseph Church, 58 Elm Street, Claremont, will be celebrating Polish American Heritage Month during the month of October with a series of cultural events open to the public.

The 30th Annual Polish Cooking Class will be held on Tuesday, October 8, at 6:30 pm, in the church hall. Cooks will demonstrate the preparation of several Polish recipes, which the audience will be able to taste at the end of the evening. A \$6 donation is requested to cover the cost of food served. Please call Arline Marro at 603-542-5933 to register ahead of time so that enough food can be prepared. Coffee Hour will be held on Sunday, October 13, 10am, following the regular 9 am Mass, which will feature hymns sung in Polish (music and words provided so you can sing along!) Traditional Polish and American sweet treats

will be served in the church hall following Mass. Author, travel writer, and journalist, Dan Szczesny of Manchester, NH will present an illustrated talk titled "Polish Boy Abroad: Coming Home to My Polish Roots." This event is free and open to the public. No registration is necessary.

The Harvest Festival known as Dozynki will take place on Saturday, October 26, at 6:30 pm, following the regular 5:30 pm Mass. This event has been held since 1989, but not in 2018 due to other obligations of the organizers.

This year's menu will be a variation of the St. Joseph Sports Night dinners, held in St. Joseph Church Hall for many years: Stuffed cabbage, potato and vegetable, with rye bread and dessert. Tickets are \$10 each if purchased in advance; \$12 at the door. Tickets will be

available after weekend Masses or purchase may be arranged by calling Betty Gierko at 542-2394 or Arline Marro at 542-5933.

### SATURDAY, OCTOBER 5 United Church of Cornish Pot roast Dinner Oct. 5

All you can eat pot roast dinner will be served at the Church vestry on Center road in Cornish from 5 - 7 p.m.

Adults \$ 12.00, children \$ 6.00, preschool free. Menu: pot roast, real mashed potatoes, gravy, rolls, veggies, Red cabbage, cole slaw, apple sauce, pie, coffee, tea, water, lemonade. Take outs are available.

Air conditioned dinning room. Handicap accessible.

www.facebook.com/etickernews





### How to Become a Long-term Investor

It's a fairly predictable pattern: When the stock market rises, more people invest, but after a large-scale drop, many of these same people head for the exits. But by staying out of the financial markets, and only putting their money in "safe" vehicles that offer few or no growth prospects, are they really helping themselves? Here's the bottom line: If you're going to make progress toward your long-term goals, you have to become a long-term investor. But how?

To begin with, you need to understand that long-term investing involves accepting inevitable short-term price swings. You may not like seeing those sharp price drops, but it will help your outlook greatly if you can keep them in perspective. Studies have shown that the longer you hold your investments, the less impact market volatility can have on them.

So, to reach that point where the market's ups and downs have less of a cumulative impact on your holdings, consider the following actions:

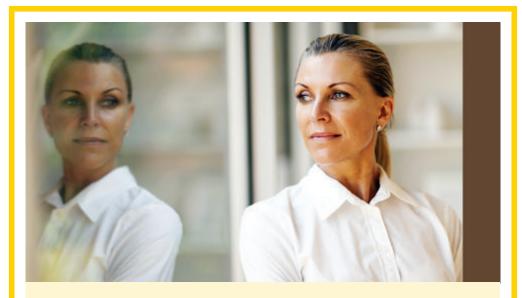
• Only invest money you won't need for a long time. If you can tell yourself that the money you are investing today is money you won't really need for 20 or 30 years, you'll be better prepared, psychologically, to get through the down periods of the financial markets. And as long as you aren't overextending yourself financially in other parts of your life, you really shouldn't need those investment dollars for a very long

time. They should be earmarked for goals you hope to achieve far into the future, such as a comfortable retirement.

- Keep your focus on what is most important to you. If you can visualize your long-term goals, you'll find it easier to keep working toward them. For example, if you are hoping to travel extensively when you retire, keep thinking about what that might look like. You might even research the countries you plan to visit, even if these trips are far in the future. Ultimately, if you know where you're going and you're determined to get there, you'll get past the bumps in the road.
- Don't spend excessive time reviewing your investment statements. A bad month or two can cause some noticeably negative numbers on your investment statements. But if you can discipline yourself to avoid spending too much time dwelling on these figures, you may feel less stress about investing - and you may even be less tempted to make short-term moves that could have unfortunate long-term results. However, if you do want to study your investment statements, don't just stop at the most recent results. Instead, look for trends that might tell a different story. Has the number of shares you own in various investments increased significantly over time? And over the past five or 10 years, has your portfolio's overall performance been positive? By digging a little deeper into your statements, you might gain more confidence in the course you're following.

Short-term price drops are not pleasant to experience. However, you can help yourself become a better long-term investor by following the above suggestions, so put them to work soon – and stick with them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



## Leaving Your Employer? Understand Your 401(k) Options.

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## SATURDAY, OCTOBER 12 APPLE FEST SATURDAY, OCTOBER 12, NOON-4:00 CORY TABER FIELD

(Rte 12-A behind the Plainfield Community Church in the village)

Enjoy a "Taste of Fall" with homemade apple pies (whole or by the slice), tasty apple dumplings, warm apple crisp and other delectable apple treats.

The Plainfield Chimers are hosting this event with the proceeds to support the maintenance fund at Cory Taber Field.

## SUNDAY, OCTOBER 13 Blow Me Down Farm Festival

Join us for a free fall fest community day at the Blow Me Down Farm, Oct. 13th, from 11:00 a.m.-2:00 p.m.

All are encouraged to bring a picnic and enjoy a day of crafts, activities, games and more

Off 12A in Cornish, NH.

#### www.facebook.com/etickernews



## **It's About Food**

By Johnny Navillus



### A Tip or Two

Tip #1 Garlic Bread.

If it isn't a law that you must serve garlic bread with pasta, then it should be. I used to just butter the bread slices and tip with garlic powder and some basil and bake it for a couple of minutes. Not anyway more.

Melt a stick of butter. Blend in some minced garlic or garlic powder. Add some basil or thyme or what ever you prefer. Dip the bread in the mixture for a couple of seconds. The bread acts like a sponge and works into the whole slice. Place it on a cookie sheet, top with mozzarella or Parmesan and bake until the cheese melts. You can put a thin slice of tomato on top or before the cheese. It makes a big difference.

Tip #2. Stuffed Zucchini.

Make up a meat sauce as usual. Slice the zucchini lengthwise but not all the way through. Gently spread the zucchini open and stuff with the meat sauce. Pour any extra sauce over the mixture. Bake it as is or top with cheese.

Tin #3

For those of you watching your salt intake, substitute Swiss cheese. It is lower in salt than other cheeses. I keep mild and strong handy for various uses.

The zucchini mentioned above does very well on the grill. The garlic bread not so much.

I always have leftover ham. Ham Tetrazzini has become a "go to" for many reasons not the least of which is the taste.

#### Ham Tetrazzini

1 can (10 3/4 oz) cream of mushroom soup undiluted

1 cup sliced fresh mushrooms

1 cup cubed fully cooked ham

1/2 cup evaporated milk

2 tablespoons white wine or water

1 teaspoon prepared horseradish

1 70z pkg spaghetti

1/2 cup shredded Parmesan cheese

In your slow cooker combine the soup, mushrooms, ham, milk, wine and horseradish. Cover and cook on low for 4 hours.

After 4 hours cook the spaghetti as usual. Drain. Add the spaghetti and cheese to the slow cooker. Toss to coat. Serve.

For a truly great ham in a slow cooker, see my previous recipe for ham. In case you want to try something really tasty: Place a small ham in a slow cooker and top with barbecue sauce. The truly adventurous will add some liquid smoke to the sauce. This really gets great reviews as does the ham with pineapple and cherries. Both are so simple and yet so impressively. Try it the next time you have company.

### **Chinese Pork Rib**

2 garlic cloves minced

1/4 cup soy sauce

1/3 cup orange marmalade

3 tablespoons ketchup

3 to 4 pounds bone in country style ribs.

Combine the ingredients. Pour half into a slow cooker. Top with ribs. Drizzle remaining sauce over ribs. Cook on low 6 hours. Thicken juices if desired.

Play with your food. It pays off.

Write to Johnny at <a href="mailto:etickernews@gmail.com">etickernews@gmail.com</a>.

## Sip, Savor, Vote

<u>Brewfest Attendees Crown Beer,</u> <u>Cider Champs</u>

CLAREMONT, NH—Hot, sunny weather was the perfect complement to the cool beverages at the 6th annual Claremont Brewfest. More than 1,000 people attended the fundraiser, sponsored by the Claremont Kiwanis. After sampling



the 100+ beers and ciders, they filled out their ballots. Here are their favorites.

Best Porter — Northwoods Brewing — Cave Lite

Best Cider — Contoocook Cider — Fireside Maze

Best Sour — Kettlehead — Bomb Pop Best Seasonal — Backyard Brewing — Oktoberfest

Best Pale Ale — Breakaway Beerworks — Fusion

Best Stout — 14th Star — Maple Breakfast Stout

Best IPA — Trout River — Angler Management Best DIPA — Frogg Brewing — F Bomb

#### **Best Overall**

1st Place — Kettlehead Brewing — Bomb Pop 2nd Place — Frogg Brewing — F Bomb 3rd Place — Trout River — Angler Management

**Best VIP Beer** 

1st place — Smuttynose Brewing — Lemon Charger IPA

2nd place — Backyard Brewing — Warm Fuzzies

—Text and photo by Eric Zengota

### Foreigners Journey at COH

CLAREMONT, NH—Foreigners Journey is more than a tribute band. They're a time machine. Their infectious energy hits the stage of the Claremont Opera House Saturday, October 19, 8pm.



Foreigners Journeys brings together the incredible sounds of two of rocks greatest arena bands of the 80's – Foreigner & Journey. Experience the rock ballads Faithfully, Waiting For A Girl Like You & Open Arms, along with rock classics Cold As Ice, Urgent, Hot Blooded, Feels Like The First Time, Jukebox Hero, Separate Ways, Don't Stop Believin', Anyway You Want It ... and so much more! All

performed in their original key and pitch with the excitement of a live concert show!

Tickets are \$29 and can be purchased in advance online at www.claremontoperahouse.org, by phone at 603-542-4433 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square. Tickets also available night of show. Beer and wine sales available before the show and during intermission from Sweet Fire BBQ.

### **THROUGH OCTOBER 31**

Saint-Gaudens Exhibition: "On View in Cornish"

The Trustees of the Saint-Gaudens Memorial are pleased to announce the Fall exhibition at the Saint-Gaudens National Historical Park: "On View in Cornish: American Art at the Picture Gallery, 1948-2019."





## A Boost for Claremont's Financial Horizon

A number of recent actions at the local, state and federal level have all converged to create a boost for Claremont's financial future. The completion of the City's property revaluation, adoption of the state budget and creation of new opportunities to access federal dollars have positively impacted our financial land-scape. Combined, these actions will provide tax relief, infrastructure improvements and development.

At the City Council meeting on September 25, the City's Interim Chief Assessor, Steve Hamilton, reported the results of the property revaluation. In the previous revaluation of 2014, the city had lost approximately \$110M in accessed value. As a result, the tax rate increased over \$5 and Claremont became the municipality with the highest tax rate in New Hampshire. The current revaluation produced the opposite results. Due to an increase in property values and new development, the assessed value of the City's grand list increased by 3% or approximately \$25M. The final number is not yet complete as the utility values have not been calculated, but the end result will be a reduction in the tax rate. How much will be determined when the tax rate is set later this year.

On the same day of the Council meeting, the Governor and Legislature reached a compromise and the state's budget was passed. It was welcome news for municipalities across the state. For Claremont, it means a significant increase of funding over the next two years. In this fiscal year (FY20) and FY21, the school district will receive \$1,184,875 and \$1,436,187 respectively in education funding, as well as \$2,905,740 in FY 21 for education infrastructure grants. In addition, the city will receive \$333,485 this year and in FY21 for municipal infrastructure grants. In total, Claremont will receive \$6,193,772 in state

funding. This equates to tax relief and the opportunity to address long deferred capital improvement projects.

Finally, the City is collectively pursuing opportunities to capture more federal dollars made available by Congressional actions in recent years. Initiatives are currently underway to access HUD and EPA grants to address housing and health related issues. We have established an Opportunity Zone to promote economic development, and we have begun a campaign to increase resident's participation in the 2020 census. Historically, the national average for participation in the census is 75-80%. Claremont's participation rate has ranged from 52-66%, costing us valuable federal dollars. With your help, we can change that.

Together, we are working to improve our financial landscape and we are making progress. Our city valuation is increasing. The Governor and State Legislature responded to our need for education and infrastructure dollars. We are aggressively pursuing federal funding and creating more opportunity for economic development. While there is still much more work to be done and the challenges continue, our collective efforts have produced a brighter horizon.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to <u>clovet-t.ccc@gmail.com</u>.

### George Lakey On "Creative, Holy Vision"

CLAREMONT, NH—On Friday, Oct. 11th, George Lakey will present a program on "Creative, Holy Vision" at the Claremont Savings Bank Community Center, 152 South Street, from noon to 1:30 PM. This program is free and open to the public.

From grassroots movements to presidential hopefuls, the importance of creating "compassionate, visionary plans for change is no longer being ignored".

"Vision work leads to even more practical outcomes...," states Lakey. "Legislative outcomes are often inadequate..."

Lakey is a Quaker visionary who has been active in direct action campaigns to create a more just and sustainable world for six decades. Recently retired from Swarthmore College, he has facilitated 1,500+ workshops

on five continents and lead social justice projects on local, national and international levels. Among many other books and articles, he is the author of *Viking Economics- How the Scandinavians Got It Right and How We Can, Too; Toward a Living Revolution;* and *How We Win: A Guide to Nonviolent Direct Action Campaigning.* 

One author about another has stated: "Viking Economics shows us there's no reason we couldn't be making far more progress across a wide range of problems. George Lakey is great at explaining why." –Bill McKibben, founder of 350.org.

This program is sponsored by the Claremont-based Action Collaborative for Transformational Spirit Now (ACTS Now), a local book and action group, whose mission statement is: "To act collaboratively with the Spirit to build a creative, compassionate, and loving network of people who commit to living ecologically sustainable, spiritually connected, and socially just lives within our watershed and beyond."

ACTS Now participants have read several of Lakey's books and are a "pleased" to bring him to the area for a program for the public. For more information: acts.now.888@gmail.com.

### **Presidential Candidate Visits**

MONDAY, OCTOBER 7
CLAREMONT, NH

12:30pm-2:00pm

Meet Marianne Williamson at the Claremont Savings Bank Community Center 152 South St

Claremont, NH

RSVP: <a href="https://www.mobilize.us/marian-ne2020/event/128046/">https://www.mobilize.us/marian-ne2020/event/128046/</a>

Breakfast Town Hall with John Delaney Location: Common Man Restaurant, 21 Water St, Claremont, NH Time: 9:00AM - 10:30AM, Sunday, October

Join 2020 Democratic candidate John Delaney for a breakfast town hall at the Common Man Restaurant in Claremont on Sunday, October 13. Delaney will talk about his vision for the campaign and take questions from voters in attendance. This event is free and open to the public.

RSVP: <a href="https://www.facebook.com/events/385409255706790/">https://www.facebook.com/events/385409255706790/</a>









In observance of Recovery Month, The Center for Recovery Resources, a community program of TLC Family Resource Center, hosted the first Recovery Day event in Claremont, at Barnes Park on Saturday. An opportunity to learn more about the many resources available in the community to help people in recovery and those who love them, the free event included music, entertainment, and food. Now in its 30th year, Recovery Month is sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) (Courtesy photos).



## Policy Drafted to Address Holiday Display

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH-At Wednesday night's meeting, the City Council approved a motion, 5-4, to forward to legal counsel a policy created by the Policy Committee to be drafted into an ordinance regarding the holiday display in Broad St. Park. The action follows complaints by a local resident, Sam Killay, who describes himself as an atheist and who has taken issue with the creche and menorah being included in the display; the remainder of the yearly holiday display includes a number of secular items. Although the Supreme Court has ruled that such displays are constitutionally protected, legal counsel has told the City that it could improve its diversity with the display, such as not limiting lighting to the Nativity. The policy crafted by the Policy Committee is intended to address a number of concerns in hopes of settling the issue.

In its proposed policy, the Policy Committee wrote:

The Policy Committee, over the course of several months and with input from the public and city administration, reviewed four options Though the idea of continuing without a policy was discussed, such an approach would set the stage for the following:

- —continuation of the debate, negatively impacting the celebration of the Christmas holiday season
- -the possible creation, if no guidelines were established, of a display that could be interpreted as unconstitutional.

Several cases have been brought before the Supreme Court in previous years questioning the constitutionality of specific Christmas holiday displays with both secular and religious symbols on publicly owned property. The Court's ruling of each case was dependent upon the diversity and placement of the symbols, and it ruled in favor when these conditions were satisfied. These variances in rulings are also reflected at the local level. The Policy Committee has received legal opinions that are conflicting regarding the constitutionality of the current holiday display (NHMA email, Attorney Connair's input, FFRF).

While disagreement exists in the public as to whether religious symbols should be included

in the display, there is agreement that improvements to the current display would address multiple concerns. For those in favor of a religious/secular display, the tradition of the display is upheld and the constitutionality of it is better maintained. For those who favor a secular display, the focus on diversity and equanimity ensures that religious symbols do not enjoy a place of prominence.

There is a desire to minimize the cost of having the Christmas holiday display by utilizing volunteers to erect and dismantle it. The management of this display is an operational manner and how it is managed is up to the city manager. In years past, the management of the volunteers has come under the supervision of the Director of Parks and Recreation. The hanging of the lights was conducted by the Fire Department under the supervision of the Chief.

Given the above, the Policy Committee recommends that the Council move forward with a policy regarding Christmas holiday displays of both secular and religious symbols on city owned property. It also recommends that the policy include the following components: Background: Historical significance to the community.

Ownership, Storage and Maintenance – The religious and secular symbols displayed on public property are donations to the City and, with the approval of the City Council, are owned by the City. Therefore, the City has responsibility for the storage and maintenance of these symbols.

Transportation of Symbols – The City will be responsible for transporting the symbols to/ from the point of assembly.

Erecting/Dismantling the Display – With the exception of the hanging of the lights, volunteers would come under the supervision of the city administration as outlined by the city manager.

Organization of Display – Nighttime lighting will not highlight one symbol over another. Religious and secular symbols will be interspersed, but not grouped by type. Messages should be generic, but reflective of the season (i.e. Peace on Earth, Happy Holidays). Display items consistent with historical, traditional, or evolving themes of the Christmas holiday season.

The ordinance will have a first reading at the Oct. 9 Council meeting.

### **Update on Solar Project**

Also at Wednesday's meeting, an update on

a proposed solar project in the City, first presented to the community in April, was given. In April, North Light Energy, LLC, was granted access to the property to do a wetlands study. Since then, the study has been completed and the City and business have been meeting to negotiate terms, said Planning & Development Director Nancy Merrill. There are four lots involved: Two owned by the City, one by the CDA and one privately owned, behind Wheelabrator, on the east side of the railroad tracks. The two City lots are about 123 acres; about 60-90 would be used but no wetlands. Overall, the project could use 100-120 acres maximum. The site plan would have to go before the Planning Board for approval. The lease would be \$1,000 an acre a year for rent, and that would have an escalator over the period of 20 years, with several five-year options that could be expanded. There would also be a one-time payment of \$175,000 to fund an economic development project. There would also be a PILOT that would be a separate agreement; that would also have an escalator clause in it.

Merrill said that the land is "not prime land but is zoned industrial" with topography "challenges." She added that they "recommend and believe this is a good use for this land." She added that the snowmobile trail is being

North Light Energy's Aaron Svedlow said Wednesday night that work is continuing on feasibility reports and interconnectivity agreements with both Green Mt. Power and Eversource. The City would have an option to acquire power from the project as well, if it wants to go in that direction, as a separate negotiation. The project would generate approximately \$3.9 million over 20 years for the City. The solar array would be protected by fencing that is wildlife accessible.

The North Light Energy solar proposal is on the Oct. 9 Council agenda under new business.

Wednesday's meeting was the first council meeting for new city manager Ed Morris. He told the council that "I'm excited to be here" and that he had been spending time in the City over the last month meeting City staff and getting better acquainted with the community. Mayor Charlene Lovett also thanked interim city manager John MacLean for his work, saying he had been "a godsend to the Claremont community." MacLean thanked everyone, saying, "Claremont has a very bright future... You can't keep a good place down."

