

e-Ticker News of Claremont

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**Opponents of
Proposed C&D Site
Voice their Concerns;
page A9**

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July 29, 2019

City Taps Morris from Weathersfield as New City Manager

Pending Contract Agreement

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—At the conclusion of its regular city council meeting on Wednesday, July 24, the Claremont City Council voted unanimously to extend a Conditional Offer of Employment as Claremont City Manager to Ed Morris; he is presently Town Manager for the town of Weathersfield, VT. A City Manager Search Committee was formed earlier in the year to search for qualified applicants for the city manager position. The Search Committee, consisting originally of three, later to become four, city councilors, two city department heads, and five community members, received over 50 applications. The Committee ultimately chose four candidates to interview in person. Members of the committee and city councilors interviewed the four chosen applicants and from that process Morris was chosen and the offer was extended on July 25. The offer is conditional upon a background

(Continued on page A2)



Ed Morris

NH Delegation Announces More than \$3 Million for NH Projects through Northern Border Regional Commission

Claremont Organizations Among Beneficiaries

WASHINGTON, DC—U.S. Senator Jeanne Shaheen (D-NH), a senior member of the Senate Appropriations Committee, announced Friday with Senator Maggie Hassan (D-NH) and Representatives Annie Kuster (NH-02) and Chris Pappas (NH-01) that New Hampshire agencies and organizations have been awarded \$3,768,293 from the Northern Border Regional Commission (NBRC) for various projects that invest in the Granite State's economic and community development. This is an increase of nearly a million dollars for New Hampshire compared to last year's awards.

This is the first year that Cheshire County and communities in Belknap were eligible to apply for grant funding, due to a provision secured by Shaheen and Kuster in the Farm Bill that was signed into law. Shaheen and Kuster's provisions reauthorized the NBRC for five years and expanded its reach to include Cheshire County and communities in Belknap County. Shaheen, a member of the Senate Appropriations Committees, "has consistently secured federal funding for the NBRC through the annual appropriations process, including \$20 million in fiscal year (FY) 2019 legislation that was signed into law in September. Shaheen has repeatedly increased funding for the NBRC over the last 3 years," said her office.

"As a senior member of the Senate Appropriations Committee, ensuring the Northern Border Regional Commission is reauthorized and funded has been one of my top priorities in Congress, and expanding its reach to include Cheshire County and communities in Belknap County was of the utmost importance to further spur economic growth throughout the state," said Shaheen. "This year's allocation of funds is a testament to the significant economic opportunities in New Hampshire, and the important role the NBRC can play in empowering Granite State agencies and businesses."

In Claremont, Twin State Maker Space was awarded \$164,800 for the installation of rooftop solar power generation at the Claremont MakerSpace (CMS). Savings on energy operating costs will be directly invested into education and workforce development programming to the benefit of the community. The cost of the project was placed at \$206,000.

Also, Turning Points Network was awarded \$250,000 for its relocation project which will renovate 231 Broad Street in Claremont to serve as the main office for Turning Points Network. The larger facility will allow TPN to expand capacity to deliver its Economic Independence Program, increasing skilled workforce throughout the region. The cost of that project was placed at \$333,000.

Also chosen as a recipient was the Town of Newport, which will receive \$354,180 for a project that will replace the water intake pipe system that is currently 8'x9' and is constructed of 2"x6" pieces of wood at Gilman Pond, Newport's primary water supply. It will increase intake capacity and prevent water bans during droughts and ensure business operations can continue uninterrupted. The Meridan Village Water District also was selected and will receive \$376,000 to help install a Rapid Infiltration Basin System at the Wastewater Treatment Facility.

Morris, from A1

search and contract negotiations being successfully completed.

Allen Damren, Claremont's Assistant Mayor and Chair of the Search Committee, praised all members of the Search Committee. "It was a long process with many steps and committee members kept on task and worked very well as a group," stated Damren.

Morris has been the Town Manager for Weathersfield for three and a half years. Prior to this position, he was a career firefighter for the City of Twin Falls, ID, for over 16 years and also served a year as Assistant to the City Manager (intern) in Jerome, ID. He has a Bachelor of Arts degree in Business Administration, concentration in Finance, from Colorado Technical University and a Master of Public Affairs degree from the University of Missouri's Harry S. Truman School of Public Affairs.

Morris and his wife, Megan, reside in Weathersfield and are the parents of two chil-

dren- one presently in college and one entering college this fall.

The council has extended interim manager John MacLean's contract through October. Either side may cancel that contract with 10 days notice, said Damren.

Accident on John Stark Highway Leads to Charge of Aggravated Driving While Intoxicated

NEWPORT, NH—On Tuesday afternoon, the Newport Police Department released a report regarding an accident on the John Stark Highway. "On July 22nd, the Newport Police Department Emergency Communications Center received several 911 calls at 9:33 p.m. advising that there had been a single motor vehicle collision on John Stark Highway just West of Barton Whitney Road," said Chief James Burroughs. "The single vehicle was traveling west towards Claremont when it crossed the center line and the east bound lane, ultimately going off the road and over the embankment, striking several trees and large rocks. The Newport Police, Fire Rescue and the Newport Ambulance service were dispatched to the scene. At the scene it was discovered that there were two occupants and that due to the nature and extent of their injuries, a second ambulance was required."

Burroughs identified the operator as Megan M. Horsfield, age 29, Newport, NH, who was operating her 2002 Chevy Trailblazer and had been traveling west towards Claremont when her vehicle left the road, causing extensive damage to her vehicle. The passenger in Horsfield's vehicle was identified as Justin Butler, age 26, Newport, NH.

According to Burroughs, Butler was transported to

Dartmouth Hitchcock Medical Center with serious, but non-life threatening injuries. Horsfield was transported to Valley Regional Hospital with "apparent serious, but non-life threatening injuries as well, and was ultimately admitted to DHMC." The extent of Horsfield's and Butler's injuries and conditions are not known at this time, but both remain hospitalized, said Burroughs.

According to Burroughs, "For just over two hours, John Stark Highway was restricted to a single lane of traffic and at times was closed while the accident scene was investigated and the vehicle removed."

Burroughs reported that Horsfield was charged with Aggravated Driving While Intoxicated "as both drugs and alcohol are suspected factors in the collision. She will be arraigned at the 5th Circuit Court in Newport on August 6, 2019."

The collision remains under investigation by the Newport Police Department, and "additional criminal charges are expected for both Horsfield and Butler," said Burroughs.

Got news? Send news and photos to etickernews@gmail.com

e-Ticker News of Claremont LLC is published Mondays

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NH Lottery Numbers

07/27/2019

NH PowerBall

1 19 31 48 61 6

NH Mega Millions 07/26/2019

4 6 11 43 48 11

Tristate Megabucks 07/27/2019

8 17 23 32 39 6

For more lottery numbers,
<https://www.nhlottery.com/>

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Mayoral Notes by Charlene Lovett



Transitioning to a New City Manager

On Wednesday, July 24, the Claremont City Council voted unanimously to extend Mr. Edward Morris a conditional offer of employment as the next city manager. It was the culmination of a process that began earlier in the year, and marks the start of the next phase as we transition to a new city manager. On the same evening, the Council also voted unanimously to extend Interim City Manager John MacLean's contract to October 31, ensuring a seamless transition and a continuation of the progress achieved in 2019.

Throughout the city manager search, Claremont has been fortunate to have the benefit of Mr. MacLean's expertise as a seasoned manager. He brought to the Council a budget that had no impact on the tax rate, but invested in downtown revitalization efforts and infrastructure improvements. He successfully negotiated union contracts, and worked with staff to find solutions to complex property issues. His team management style created a collaborative work environment with both the staff and the City Council.

All of this has contributed to the City experiencing positive growth indicators and investment. This spring, Claremont led Sullivan County in real estate transfers as people in the Upper Valley and beyond found property in Claremont to be desirable. Local businesses moved forward with expansion and new businesses opened their doors. Road, sidewalk, water and sewer construction projects are either completed or underway throughout the city. Long deferred capital improvement projects are being addressed.

Building upon this momentum will be important as we transition. Knowing that Mr. MacLean will be available through October 31, provides the continuity needed to continue this trajectory as the Council focuses on

the next phase. Now that it has extended a conditional offer of employment, it now has to coordinate all of the administration actions that must take place prior to Mr. Morris officially taking the position.

Mr. Morris is currently the town administrator of Weathersfield, VT. Given the proximity to Claremont, it is anticipated that he will be available to start as city manager in the near

future. We look forward to welcoming him and his family to our community.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

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Guest Commentary

“A Better Claremont” Citizens Group Challenges Proposed Waste Facility

By Jan Lambert, Editor, *The Valley Green Journal*

As editor of *The Valley Green Journal*, I have taken a new step in evolving our publication beyond the conventional role of merely reporting happenings. We have jumped right into helping to make things happen! In this case it is in response to a threat to the health and well-being of the people who live, work in and visit Claremont, NH.

At Claremont Junction, where the Amtrak and freight trains roll through every day, my husband and I have a car dealership, a bicycle shop and some rental apartments. In fact our bike shop is right in the original railroad depot building. There has been a concerted volunteer effort in the last few years to spruce up the railroad stop, to attract visitors to Claremont and its vicinity. An attractive shelter for the train travelers was erected with donated materials and volunteer labor, and flower gardens installed. Volunteers greet passengers as they arrive. Area residents wanting to travel by rail are allowed to leave their cars in our parking lot.

But now all this progress at the Junction, and the overall welfare of area people and the environment, is being threatened by a proposed nearby construction and demolition (C&D) waste transfer station. Located on an open slab on a very small (1.5 acre) site, the operation would receive between 300-500 tons of contaminated C&D waste each day Monday through Saturday, trucked in year-round from all over northern New England, to be loaded into railroad cars and shipped out at night to the Midwest for burial. Compare this to the estimated six tons per day generated (on average) in the City of Claremont.

Concerns include health threats, especially for children, from lead, asbestos, arsenic, mercury, and other contaminants. Truck traffic would be greatly increased, up to 50 trucks daily. More than 200 homes and the Maple Avenue School are nearby. Homes could lose value and quality of life will be affected. Natural areas will be impacted, including a stream and wetland, home to abundant wildlife, just feet away from the site.

I have been meeting with other concerned citizens and we are making ourselves heard at the public meetings being conducted by the Claremont Planning Board. There has been a tremendous amount of opposition voiced by the public at the meetings and in letters. It is easy to get frustrated and want to lash out at the injustice.

But early on, at one of our citizen meetings in a living room, a small group of us decided that the way to make any real long-lasting progress is to not just be against a polluting business moving in, but to have a vision for positive action for the city's future. So A BETTER CLAREMONT (ABC) was born in the midst of all the strife!

There are lots of other great things developing in Claremont. Citizens have been meeting with city officials to share ideas to renovate Pleasant Street (<https://www.rethinkpleasantstreet.com/>), to be a pleasant

destination for shopping, the arts, and special events for visitors. Claremont Maker Space is attracting people from all around to come together to create in their unique converted historic mill building on Main Street (<https://claremontmakerspace.org/>). Claremont has been busy transforming itself from a gritty manufacturing town of the past to a place where people want to shop, enjoy the outdoors, and go to cultural events at the wonderfully restored Claremont Opera House.

It's as easy as "ABC" to see that our community will receive very little benefit and much harm from this major waste operation proposed by Acuity Management, Inc. But what is a viable alternative for Claremont, so that the city can continue to work for a vibrant future instead of having the dubious honor of becoming the dumping ground for New England's construction and demolition debris?

ABC is very actively researching this issue from all angles and from a broader perspective. We want to work actively with the city to avoid being trapped in outmoded ways of dealing with waste, and instead move ahead with the rest of New England. For example, there is much being done with moving toward “deconstruction” instead of “demolition.” The city could become a model of environmentally friendly processing of its own materials, and demonstrate a new standard whereby communities take care of their own “waste,” instead of shunting it off into somebody else's back yard.

Jim Contois, an ABC founder, says, “I think the question before us is very basic. Does the City of Claremont want this facility? Public sentiment so far seems to be NO. This open-air facility is not appropriate for this small space and it is too close to schools and homes. The Planning Board has made it clear that they can't rule on the facility until they have all the facts. United as citizens we can have this project stopped. Another member, John Tuthill, has put countless hours into researching regulations and public records. He advises combining public opposition with knowledge of procedural grounds to have an effective influence on the city's decisions. He also notes, “Public opposition also bears on the electoral side of things, helping to elect local and state officials who will strive to protect communities and defend against hazardous projects that have no place in Claremont.”

Perhaps this can be seen as a critical wakeup call for the inhabitants of Claremont and the area to become much more engaged in community affairs, and not to let the profit motives of a few to put the health and welfare of the majority at risk. Becoming familiar with zoning regulations and planning board procedures, for example, is not at the top of anyone's list of fun things to do. But the work involved is a way to establish and strengthen ties with each other on a grassroots level, which can work for good in many areas.

From Katie Lajoie, an RN with extensive experience in lead poisoning awareness campaigns for children, there come four points to keep in mind moving forward:

1) Scale: Importing 150,000+ tons of potentially contaminated waste a year into Claremont is simply wrong. The Claremont transfer station handles less than 100 tons of C&D waste annually.

2) Lead is a major contaminant of concern, as it should be. More

(Continued on page A5)

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ABC, from A4

than 30 tons of lead would be moved through the proposed site annually, and potentially much more than that.

3) C&D management in NH is insufficiently regulated and largely privatized. This creates an incentive to import C&D from out-of-state, making NH a toxic pipeline.

4) Allowing Acuity Management, Inc.'s proposal to go forward would limit Claremont's options in the future as other municipalities move toward better management of C&D. See for example the EPA fact sheet: "Sustainable Management of Construction and Demolition Materials" (last update May 13, 2019).

We have established an online presence for ABC on *The Valley Green Journal* website. Simply go to the home page and you can click on a link to the ABC page, where we are compiling resources to help understand what is happening. And you can add your electronic signature and your comments to the growing list on our online petition! Click on www.valleygreenjournal.com.

If you still have questions, or would like to be added to a direct email list, please write to abetterclaremont@gmail.com. The next Claremont Planning Board hearing is scheduled for Monday, Aug. 26 at 7:00 p.m., location to be announced. Letters to the board sent ahead of time will be read into the record at the next meeting. Letters may be emailed to deForest Bearse, at dbearse@claremontnh.com. Call 603-542-7030 for updated meeting and document information.

Note: There is an online petition opposing a plan for a construction and demolition waste transfer station at Claremont Junction, New Hampshire. To access the petition as well as a growing bank of information, click on www.valleygreenjournal.com.

Letter to the Editor

The Effects of Well-Meaning Services on the Local Demographics

To the Editor:

Generosity and compassion have always been hallmarks of how we treat each other here in Claremont. Over time, we seem to have allowed this positive spirit to turn our community into a magnet for folks with demographic issues. Individuals and families move here, or are often sent here, in order to access the social service benefits we offer. Claremont now suffers from more than its share of poverty, substance abuse, broken families, domestic violence, low education attainment, teen pregnancy, under employment and welfare dependency. This situation may have partly resulted from the failure of City leadership to sufficiently evaluate how day to day decisions will affect those issues.

It is important that elected and administration officials consider the affects any proposal, development, decision or other issue will have on our demographic problems. Will the contemplated activity improve or exacerbate our demographic challenges in the short term? For example, what will be the immediate effects of the following recent proposals: 36 units of work force/ low income housing on Pleasant St, transitional housing for up to 50 people from the county jail, a shelter for homeless teens or a mental health unit at the hospital? All of these are well-meaning, need based and intended to benefit specific individuals. The problem is that each will aggravate our over-all demographics, which continue to deteriorate at an uncontrollable, overwhelming and unsustainable rate. Are we perhaps allowing others to take advantage of our generosity and compassion? This is an uncomfortable issue to talk about, but it is a conversation we must have as a community.

James Feleen
Claremont, NH

Editor's Note: Rep. John Cloutier is taking a break from his weekly column and will return in the near future. Thank you, Rep. Cloutier, for your time and the important legislative and county information you share with our readers.

Transitional Housing Renovation Costs Estimated to be \$2M—\$2.5M

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—At the July 15th Sullivan County Commissioners meeting, those attending were brought up to date on plans for a transitional housing facility at 19 Sullivan Street. Under the proposal, the building, often referred to as the former home of the *Eagle Times*, would provide 40-50 beds for both male and female residents, on separate floors. There's a possibility that the probation office in the City might relocate to that address as well. There would also be space for a studio apartment for a live-in person, per program needs; as well as public space; lockers; storage and a conference room. Architect Jay Barrett, of White River Junction, reviewed the site plan. County Manager Derek Ferland told the *e-Ticker News* that the "renovation estimate is \$2M, purchase of building is \$325,000. There will likely be some other fees, so that's why we are using \$2.5M as total project cost. We only have a purchase option at this point. We will need delegation approval to buy the property."

Barrett said the building's condition was "really good...well built and extraordinarily well maintained." If the plan moves forward, the building, built in 1930, would go from commercial use to residential. Barrett said the amount of demolition and such would be minimal, adding, "you're not throwing out a lot of what you're buying is what I'm trying to say...If you proceed with purchasing the building, you're getting a huge amount for your dollar." He said he took a look at the building in early June and was "amazed how well that building adapted itself into this program." Its structure includes steel and heavy timber framing.

The building of 12,000 square feet includes the first floor, second story and the finished basement, where the printing presses were once located. There is also a loading dock on the Franklin Street side. After the *Eagle* left, Thermacut, Inc., was located there for a number of years.

Following the presentation, the commissioners approved a motion to apply for a Community Development Block Grant of up to \$500,000. Other funding sources mentioned included up to \$1M from the NH Housing Authority, and Claremont Savings Bank has pledged a loan equal to to 80 percent of the post-renovation appraised value of the building. The NH Charitable Foundation may be another source of funding. "The opportunity is there to knock down the debt obligation," said Ferland.

The facility would be used for former inmates who have successfully completed the TRAILS program, which affords offenders a very intensive rehabilitative program, or others needing sober living. The transitional housing would help those who are released back into society but have unstable or no stable living options. Not everyone in the community has been onboard with the downtown location even though they support the project. "We will meet with abutters and of course anybody else interested to learn more and let us know their concerns," Ferland told the *e-Ticker News*.



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Our Turn

By Jennifer Ucci

It Doesn't Have to Leave a Bruise to Be Abuse

It is not always easy to tell if you are in an abusive relationship. Stereotypically, we tend to think of abusers as towering, angry individuals leaving bruises on their partners or children. We minimize its seriousness in our minds with dismissive statements such as "s/he isn't being hit, so it can't be all that bad." The reality however is far darker. Emotional abuse is real and potentially dangerous.

"There was no rage, no demands, no obvious signs when we first met; he was charming, paid attention to me, flattered me. He was older, well to do, mature, quiet in fact. As the relationship evolved, he would start correcting me – the way I spoke, how I dressed, the foods I would eat. I took it all at face value at first. He cared, he wanted the best for me. I realized too late it was about control. He would never get angry, but if I forgot his wishes, he would punish me in other ways."

Emotional abuse, like all abuse is based on power and control. It causes victims to second guess themselves. While the focus on physical violence is without a doubt necessary, it allows us to forget that emotional abuse and its lasting effects are real, marginalizing the experiences of survivors who suffer this form of domestic abuse that leave them hurt, without resources and afraid.

"My self-worth was constantly undermined. I lost track of how many times I heard I lack intelligence, common sense. That I was a terrible driver, an awful parent, how it was a wonder I could tie my own shoes. Every move I made, every action, even something so simple as cleaning dishes or putting away laundry, came with a criticism. I could never do anything right and over time, I was afraid to do anything at all, especially leave."

The effects of emotional abuse are paralytic. Abusers will use intimidation, coercion, threats, blackmail, and mind games to instill fear. They isolate their victims from friends, family, work, or school. The abuser may stalk their victim, instilling paranoia, watching their schedule for any changes, searching their phones or emails, withhold access to phones or transportation. This leaves the victim isolated, stuck and constantly watched over.

Nearly half of all women and men in the United States will experience psychological aggression by an intimate partner in their lifetime. (CDC, 2017)

It is important to understand that emotional abuse looks different in every relationship. In nearly all reported cases of domestic violence there was also the presence of emotional abuse. Emotional abuse is often an indicator that abuse will turn physical and it is important to recognize the signs before it escalates.

If you or someone you know may be experiencing emotional abuse or if you have questions about recognizing emotional abuse, Turning Points Network advocates are available 24-hours a day via our crisis and support line to listen, answer questions and provide support. We also have offices in both Claremont and Newport.

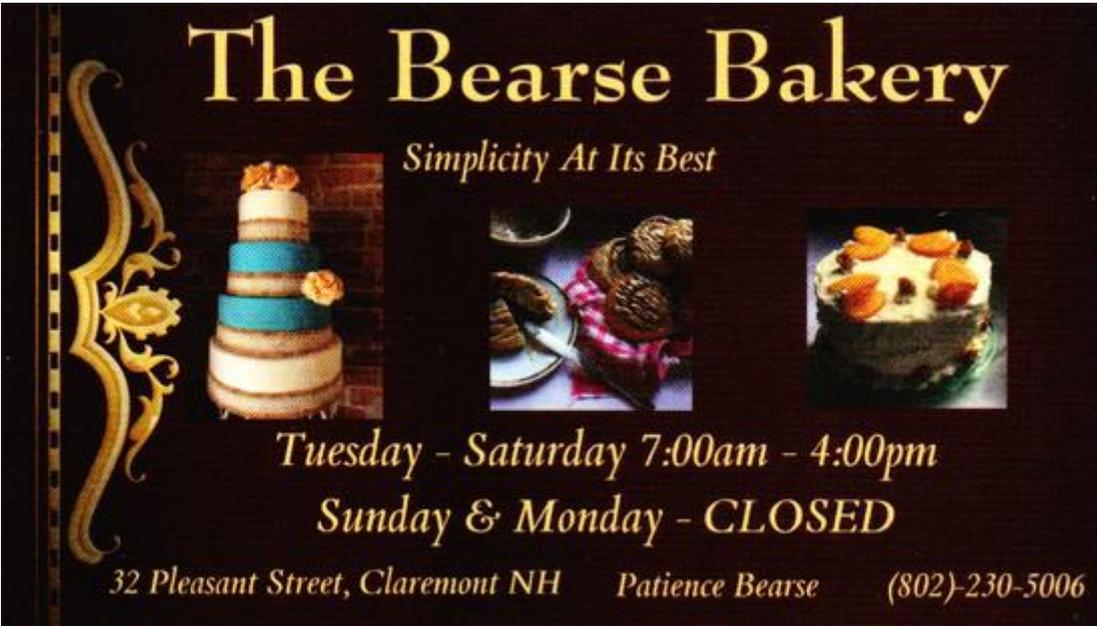
For more information visit us at www.turningpointsnetwork.org or call 1-800-639-3130.

OUR TURN is a public service series by Turning Points Network

...serving all of Sullivan County with offices in Claremont and Newport. We provide wraparound supports for survivors of domestic and sexual violence, stalking and human trafficking and we present violence-prevention education programs in our schools. For more than 40 years, TPN has helped people of all ages move from the darkness of abuse toward the light of respect, healing and hope. For information contact 1.800.639.3130 or www.turningpointsnetwork.org or find us on Facebook.

Hocus Pocus Magic Show in Lempster

LEMPSTER, NH—On Saturday, Aug. 10, at 1:00 p.m., the Hocus Pocus Magic Show with master magician Blaine Goad will take place at the Lempster Meetinghouse, 112 Lempster St. in Lempster, NH. This show promises that with a wave of a wand, you will be amazed, amused and astounded. This performance is sponsored by the Friends of the Miner Memorial Library as part of Lempster's Old Home Day festivities. All are welcome to this free program. Contact 603 863 5023.



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REQUEST FOR PROPOSALS

EQUIPMENT LEASE/PURCHASE FINANCING

The City of Claremont is requesting proposals for its FY2020 lease/purchase financing needs. The total to be financed is \$1,050,800 for a variety of vehicles and equipment. The City desires a blended rate for the proposal but is willing to look at other options. Proposals will be accepted at the Claremont City Hall, Office of the City Manager, 58 Opera House Square, Claremont NH 03743 until 2:00 pm local time on August 1, 2019 or by email at finance@claremontnh.com. Proposals must be clearly marked 2020 Lease/financing on the envelope or in the subject line. After said time, all proposals will be taken to the City Hall Council Chambers and there will be publicly opened and read aloud. Specifications and proposal forms can be obtained from the City's website, www.claremontnh.com; phone (603) 542-7026 x1015, or email to finance@claremontnh.com.

Springfield Hospital Helps Feed Our Community

SPRINGFIELD, VT —Springfield Hospital is helping to nourish the region by distributing fresh fruits and vegetables to the community every month. In December 2015, Springfield Hospital joined the collaborative efforts of the Vermont Foodbank and others to use local community hospitals as distribution points for free fruits and vegetables. Springfield Hospital and Vermont Foodbank's Veggie Van Go team join forces the 2nd Friday of every month, from 10:00 – 11:00 a.m., to distribute food to Springfield area residents who visit the distribution site set up on the hillside parking area opposite the main hospital campus.

Sandy Peplau, Maureen Shattuck, and SMCS Community Health Team members join many thoughtful and dedicated volunteers as they meet monthly to help feed the community. This important program grows each year, and Veggie Van Go now serves well over 200 Springfield-area families each month.

“Partnering with the Vermont Foodbank has been a wonderful experience. The community members who receive this needed food are very grateful for this service and our volunteers enjoy giving back to the community, so this is a win-win situation. It truly is a pleasure representing Springfield Hospital at the monthly distribution and the volunteers and I are happy to have the opportunity to serve our community in this way,” commented Sandy Peplau, Public Relations and Volunteer Coordinator for Springfield Medical Care Systems.

If you would like more information about this program, please contact Sandy Peplau at 802-885-7686 or email speplau@springfieldmed.org.

Got news? Send us your news and photos

SAU#6

Superintendent

Open House

Every Monday in the month of July 2019,

SAU#6 Superintendent of Schools, Michael Tempesta,

will be holding

Open House receptions at the

Teal Lantern Room at

SRVRTC 111 South Street, Claremont N.H., from 4:00pm to 7:00pm

Light refreshments will be served

The public is highly encouraged to attend

(July 1, 8, 15, 22 and 29)

New London Police Benevolent Assn. Partners with Food Pantry

NEW LONDON, NH—On July 13, the New London Police Benevolent Association partnered with the Kearsarge Lake Sunapee Community Food Pantry for the 7th annual “Stuff a Cruiser” Food Drive, which took place at the New London Hannaford Supermarket.

This year, a total of eight police cars were filled with both non-perishable food items, as well as other household items. The KLS Community Food Pantry calculated that the 2019 Stuff a Cruiser Food Drive collected 4,524 pounds of donations. This amount surpasses last year's collection amount by over 150 pounds.

In addition to food and household items, cash donations were accepted at this Food Drive. A total of \$970 was received to support the KLS Community Food Pantry. The New London Police Benevolent Association is thankful for the incredible support of our community and to our local Hannaford Supermarket to allow us to conduct this Food Drive in front of the store.

To learn more about the KLS Community Food Pantry please visit: <https://www.kcpcnlh.com/mission-kls-food-pantry.html>.

We post breaking news, updates and timely photos and stories on our website and Facebook page

PUBLIC NOTICE

Newport NH – United Way of Sullivan County has been awarded State of NH Set Aside funds under the Emergency Food and Shelter National Board Program.

United Way of Sullivan County (UWSC) was chosen to receive an additional \$11,535.00 to supplement emergency food and shelter programs in the county.

The selection was made by a National Board that is chaired by the Department of Homeland Security's Federal Emergency Management Agency and consists of representatives from the American Red Cross; Catholic Charities, USA; National Council of Churches of Christ in the USA; The Salvation Army; United Jewish Communities; and United Way of America. The Local Board was charged to distribute funds appropriated by Congress to help expand the capacity of food and shelter programs in high-need areas around the country.

A local community board representing American Red Cross, UWSC, church organizations, government agencies and area social services will determine how the funds awarded to UWSC are distributed amongst applying emergency food and shelter programs.

Under the terms of the grant from FEMA National Board, local agencies chosen to receive funds must 1) be private voluntary non-profits with voluntary boards, 2) have an accounting system, 3) practice non discrimination, 4) have demonstrated capability to deliver emergency food and/or shelter programs, and 5) if they are a private voluntary organization, they must have a voluntary board. Qualifying agencies are urged to apply.

Agencies interested in applying for EFSP funds must contact Dawn Ranney at United Way of Sullivan County, 543-0121 for an application. Completed applications must be received by August 7, 2019 for consideration.

Listening to the Hearing

Opponents of Proposed C&D Site Voice their Concerns

By Eric Zengota
e-Ticker News

CLAREMONT, NH—About 50 people — most of them Claremont residents and business owners — attended the public hearing of the Claremont Planning Board last Monday. They arrived with written statements, posters, emails and impromptu words, ready to step up to the microphone to let the board know that a proposed construction and demolition (C&D) waste transfer facility, on Industrial Boulevard at Claremont Junction, was not welcome in the city.

At the top of the meeting, they were handed what many perceived as a stall tactic: a continuance of the hearing into August.

Representatives of Acuity Management, Inc., the principal owner of American Recycling & Disposal, were first to address the board, requesting a continuance until the board meeting of Aug. 26. They stated that, in response to criticisms that the public had already made about the proposal, the company wanted to “assemble more members of [our] team and gather more information” before submitting a completed plan.

Board member David Putnam noted that the Planning Board is a “judicial” board, and thus bound by its by-laws, rules and regulations. One of those is to take into consideration and to respect both the public and any applicant. “We must give each applicant a full hearing,” said Putnam, “and in this case we have to wait for the completed plan.”

The board approved the continuance and invited the public to speak, with a time-limit of three minutes.

More than half of those in attendance addressed the board. All were rebutters. All were applauded at the end of their contribution.

Judith Costa said that “Claremont has been living the truth of being the dump of New Hampshire, if not the armpit.” She added that the board “must vote on this tonight.”

Sean Hickey lives in Westwood Village, a condominium neighborhood that abuts the property in question. “Why are we still considering this?” he asked, and went on to warn about the inevitable pollutants resulting from treating debris, proximity [1,200 feet] to Maple

Avenue Elementary School, the noise factor, and the stress on infrastructure.

Jim Contois, a member of the group A Better Claremont, said he objected to the three-minute limit and would have to speak twice. He noted that 50 trucks a day would haul in upwards of 150,000 tons of C&D waste every year. Moreover, he said, the city zoning code does not allow any business to operate that would produce “noxious” products.

Jan Lambert, who publishes *The Valley Green Journal*, said the facility would counteract the many enhancement projects going on in Claremont. She added that “contaminants should be dealt with in a positive, model way, which would improve Claremont’s reputation.” Why drag this process out?, she concluded. “Listen to the public. There is growing opposition.”

Nick Means retired from the military due to the effects of environmental toxicity. His speech and ambulation are both compromised, and he would “not want to see Claremont go through the same thing.”

Meg Hurley noted that New Hampshire governor Sununu had just signed into law a mandate that the state must work toward “the highest level of water quality.” In contrast, “Claremont cannot become a toxic trash hub that processes poisonous out-of-state material and then ships it out to poison another state,” which in this case would be Ohio.

John Lambert, who owns Lambert Auto and Claremont Cycle Depot right at Claremont Junction, expressed concerns about the open-air design of the proposed facility. Such a building “could not adequately dispose of the material. It must be a closed building.” He was also worried about water run-off from the treatment process. “Is it going to enter or even overwhelm municipal drains? Is it going to en-



Planning Board members listen to public comment (Eric Zengota photo).

ter the aquifer?”

Metal artist Ernest Montenegro contrasted the positive image the city has gained because of the Claremont Savings Bank Community Center to the negative one that a C&D site would create. “It just boggles my mind that the board is still considering this proposal.”

State representative Gary Merchant asked that the board make public immediately any new material it receives for the application. He also wondered, “Would there be sufficient time for the public to digest new material before the August 26 meeting?”

Gary Anderson remarked that an environmental impact study hasn’t even been done. When one is, however, “that should be on the applicant’s dime.”

Ken Aldrich asked the board to “do the right thing” and vote down the proposal, especially given the procedural violations throughout the application process. He added, “You have the responsibility to protect me and the environment.”

Spokesmen for the project spoke again, saying that the continuance is not a ploy or delay, but time they need to address all these and other concerns.

Putnam reiterated that the board could not vote on the proposal until a full application was received and reviewed. He added that during the application process, it became evident that the proposed facility raised issues that would have to be addressed by the city’s Zoning Board.

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Ann's Property Of The Week

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PUBLIC NOTICE

**Conservation Commission
MEETING**

Wednesday, August 7, 2019, 6:00 PM
Council Chambers, City Hall
Gary Dickerman, Chair

PUBLIC NOTICE

Airport Advisory Board Meeting
Monday, July 29, 2019 7:00 PM
Claremont Municipal Airport
448 Sullivan Street, Claremont, NH.

TUESDAY, JULY 30
MISSION MONARCH!

10:00am - 12:00pm

Up on the Hill Conservation Area,
Charlestown, NH

Join Dawn, SCCD Educator, and Upper Valley Land Trust staffer, Alison Marchione, as they lead a program about monarch life cycles as part of the 2019 International Monarch Monitoring Blitz!

Actively search milkweed plants for monarch eggs, caterpillars and adults. Observations will be recorded on data sheets and uploaded into the Mission Monarch database. All equipment will be provided. Please wear long pants and sunscreen and bring water and some snacks. Bring your lunch and have a picnic afterwards. See you there!

Directions: Route 12 in Charlestown to Morningside Lane, left onto Richardson Rd. May be gravel or dirt. Parking area at end. You will see a kiosk.

THURSDAY, AUGUST 1

**The Library Arts Center presents the
SUMMER PERFORMANCES for KIDS!**

A Series of entertaining outdoor performances
Free Admission

10:30am

On the side lawn of the Library Arts Center & Richards Free Library, 58 N. Main Street, Newport, NH

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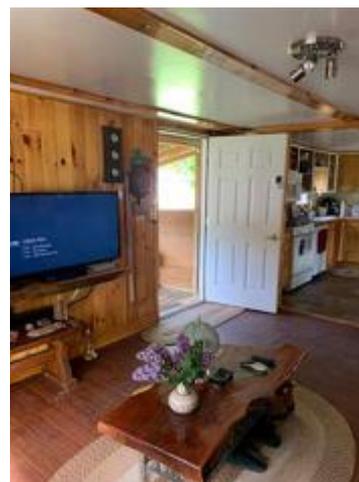
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*Rain Location: Newport Recreation Dept. 65 Belknap Ave. Newport, NH

Free, and open to all! The Summer Performances for Kids are a long-time tradition at the Library Arts Center. Come for an outdoor performance on the side lawn for fun, engaging and enriching performances for kids. Bring a blanket or beach chairs and enjoy a morning of artful entertainment. Area families, pre-schools, day care centers & summer camps are all welcome.

August 1-The Hampstead Stage Company presents "The Jungle Book"

**Bring a blanket or a lawn chair as the morning dew often makes the ground a bit moist!

The Summer Performances for Kids are made possible by generous support from the Friends of the Richards Free Library.



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Sullivan County Grand Jury Indictments Released

NEWPORT, NH—The Sullivan County Grand Jury released the following indictments on Thursday:

Jennifer Hayden, aka Jennifer Reed, 38, Claremont, NH, indicted for Felon in Possession of a Firearm, April 29, 2019.

Jacob Kilton, 26, Concord, NH, indicted for Possession of Controlled Drug (Methamphetamine), June 12, 2019; Bail Jumping, July 1, 2019.

Dale Ferland, 59, Newport, NH, indicted for Habitual Offender, prohibited from operating a motor vehicle, June 22, 2019.

Elizabeth Ball, 25, Newport, NH, indicted for Possession /Intent to Distribute, Fentanyl-5 grams or more/Subsequent Offense, May 9, 2019; Aggravated DWI/Serious Bodily Injury, May 9, 2019, caused a collision resulting in serious bodily injury to herself; Possession/Intent to Distribute, Methamphetamine-1 ounce or less/Subsequent Offense, May 9, 2019.

Arthur Detullio, 57, Newport, NH, indicted for failure of Duty to Report, being a convicted sexual offender, on or between Oct. 31, 2018, and Dec. 31, 2018; failure of Duty to Report, between Jan. 1, 2019, and March 27, 2019.

Kenneth Rickard, 81, 103, County Farm Rd., Unity, NH, indicted for Criminal Threatening/ Deadly Weapon, by brandishing a firearm in the direction of another, while making an accusation "of her having a new boyfriend, placed and /or attempted to place the other in fear of imminent bodily injury or physical contact", July 1, 2019; Reckless Conduct/Use of a Deadly Weapon, July 1, 2019.

Taylor M. Cahill, 29, 103 County Farm Rd., Unity, NH, indicted for Felony Offense Assault by Prisoner (Accomplice Liability), Feb. 12, 2019.

Douglas R. Reed, 49, Baltimore, VT, indicted for Felony Offense Bailjumping, July 1, 2019.

Travis Richardson, 36, Unity, NH, indicted for Bail Jumping, May 6, 2019.

Bertie M. Hakey, Jr., 57, Alstead, NH, indicted for Deceptive Forestry Business Practices, failing to remunerate the owner of timber for the value of the forest products pursuant to a written contract, the loss being greater than \$1,000, between or about Nov. 7, 2016, and May 8, 2019.

Christopher S. Fiske, 30, 103 County Farm Rd, Unity, NH, indicted for Delivery of Articles Prohibited, June 19, 2019.

Heather Lord-Hill, aka Heather Lord, aka Heather Pacetti, 36, County Farm Rd., Unity, NH, Unity, indicted for Assault by Prisoner, July 7, 2019.

Cynthia M. Vanguilder, 34, 103 County Farm Rd., Unity, NH, indicted for Delivery of Articles Prohibited, July 7, 2019.

Ray A. Comstock, 32, Claremont, NH, indicted for Reckless Conduct with a Deadly Weapon, holding a knife against the throat of another, causing a cut, July 3, 2019; Aggravated Felonious Sexual Assault, July 3, 2019; Aggravated Felonious Sexual Assault, July 3, 2019; Second Degree Assault, July 3, 2019; Second Degree Assault, July 3, 2019; Criminal Threatening with a Deadly Weapon, July 3, 2019; Attempted Criminal Restraint, July 3, 2019.

Arrest Made following Newport Shooting Investigation

NEWPORT, NH—On Wednesday, July 24th, at 5:54 p.m., the Newport Emergency Communication Center received a 911 call advising that there had been an altercation and shooting at a shared driveway between 214 and 220 South Main Street. Upon arrival, responding officers discovered one person had sustained a gunshot wound to the leg and that another had sustained injuries from a physical assault. The investigation has revealed that there had been a verbal argument involving a property dispute between the two residences.

Newport Police Chief James Burroughs reported that the victim of the gunshot was identified as Kevin Nottage III, age 24, Newport, NH. Nottage received emergency medical aid by Newport Police Officers as the scene was secured and he was ultimately transported to Dartmouth Hitchcock Medical Center by the Newport Ambulance Service.

According to Burroughs, the alleged shooter was identified to police as Oliver Renehan, age 58, Newport, NH. Renehan was taken into custody without incident and was charged with First Degree Assault, a class A Felony and Reckless Conduct with a Deadly Weapon, a class B Felony.

Also involved, and sustaining injuries from a physical assault, was Paula Cain, age 57, Newport, NH. Cain was transported by the

Newport Ambulance Service to Valley Regional Hospital.

Due to the serious nature of the incident, assisting the Newport Police Department were the NH State Police, Troop C and the State Police Major Crime Unit along with the Sullivan County Attorney's Office.

Renehan was held without bail and was arraigned at the Sullivan County Superior Court on Thursday, July 25th. WMUR reported that the shooting "started with an argument over a plastic toy." According to WMUR, witnesses reported to the police that Renehan's fiancée hit the toy when she pulled into the shared driveway. The woman allegedly got out of her car with a gun and an argument with a neighbor ensued, and, according to prosecutors, Renehan came out of the house with a firearm. According to officials, another neighbor joined the argument, allegedly attacking Renehan's fiancée, leading Renehan to allegedly shoot the neighbor in the leg, said WMUR. Renehan pled not guilty to the charges on Thursday.

Burroughs said that the investigation is ongoing at this time and "additional charges are expected." The medical conditions of both Cain and Nottage were not known.

Anyone with information is encouraged to contact Lt. Charles Rataj at the Newport Police Department at (603) 863-3232.

—Phyllis A. Muzeroll

Intro to Plasma Cutting

CLAREMONT, NH—Plasma cutting is a powerful and versatile means of cutting steel, aluminum, and other conductive materials, for applications ranging from heavy industry to abstract art. In Intro to Plasma Cutting, students will learn the fundamental processes and techniques for handheld plasma cutting using the Claremont MakerSpace's Hypertherm Powermax85 – and will get plenty of hands-on practice with the tool. The goal of this class is to prepare students to be certified to use the CMS's plasma cutter, handheld, independently.

This class is presented by The Claremont Makerspace and Hypertherm.
August 8, 6:00 - 8:30 PM
Claremont Makerspace, 46 Main St. Claremont, NH

To register, please go here:

<https://claremontmakerspace.org/events/#/event/2019/8/8/intro-to-plasma-cutting>.

e-Ticker Business News



Not to Be Confused With Modern Sculpture

Passersby checking out the Goddard Building project in Claremont noticed several huge white shrink-wrapped stacks on the roof recently. Mark Condon of Trumbull-Nelson Construction, the general contractor, explained that under wraps is roofing insulation. Since the roof is flat, some bundles are flat at the base while others are “pre-sloped.” The roofer will take their “polyiso tapered insulation roof plan” and build up the layers of insulation to pitch water toward the roof drains. Once that process is complete, the roof will receive its top roofing membrane to seal the building (Eric Zengota photo).

John Paul II Academy Headmaster honored at NH Catholic Schools “Recognizing Excellence Gala”

MANCHESTER, NH—The Most Reverend Peter A. Libasci, Bishop of Manchester, and Mr. David Thibault, Superintendent of Schools honored eight nine award recipients at the annual Recognizing Excellence Gala, held at the Grappone Center in Concord on Thursday, June 20. The event, now in its third year, celebrates the selfless acts of individuals who advance the mission of Catholic education in New Hampshire.

Thibault said of all those honored, “The successes of our Catholic schools would not be possible without the commitment of our educators, administrators, clergy, and lay partners in the community. Their selfless support is what allows our students to shine brighter. We are truly blessed to have such dedicated partners in our effort to make Catholic education acces-

sible, available, and affordable to any child that desires it.”

The 2019 Catholic School honorees are:

- Saint John Baptiste de la Salle Teacher of the Year: Ann Jones, Saint Francis of Assisi School, Litchfield.
- **Superintendent’s Award: Roxanne Raeside Wilton, Headmaster at John Paul II Academy, Claremont.**
- Saint Elizabeth Ann Seton School Leader of the Year: Sister Maria Rosa, pm, Principal at Presentation of Mary Academy, Hudson.
- Saint John Vianney Cleric of the Year: Fr. David Harris, Pastor at Saint Christopher Parish and School, Nashua.

(Continued on page A16)



Roxanne Raeside Wilton

e-Ticker Business News

Honored, from A15

- Saint Katharine Drexel Community Partner of the Year: Zach and Chris Colby of J.C.B. Colby, Inc., Lunenburg, VT.
- Superintendent's Award: Kevin Collins, Principal at Saint Thomas Aquinas High School, Dover.
- Superintendent's Award: Gene Bryant, Knights of Columbus & Saint Joseph Regional Catholic School Board Member, Salem.
- Superintendent's Award: Denis Mailloux, principal at Saint Joseph Regional Junior High School, Manchester.

For more information about Catholic schools in the Diocese of Manchester, please visit www.catholicschoolsnh.org.

Claremont Savings Bank Selected for 'Workforce Housing' program

CLAREMONT, NH—Claremont Savings Bank has been selected to participate in Federal Home Loan Bank of Boston's (FHLBank Boston) Housing Our Workforce (HOW) and Equity Builder (EBP) programs.

Housing Our Workforce (HOW) is a \$2 million program that offers a two-to-one match of down payments made at the time of purchase by eligible homebuyers. Launched in 2019,

HOW provides assistance with down payment costs to eligible homebuyers who earn more than 80 percent and up to 120 percent of the area median income. Borrowers can receive up to \$20,000 in assistance on a first-come, first served basis from Claremont Savings Bank

Equity Builder Program (EBP) offers grants to provide households with incomes at or below 80 percent of the area median income with down-payment and closing-costs.

"I am very excited to share that Claremont Savings Bank is an approved lender able to offer two down payment assistance programs that will help our customers," said Brandy Blackinton, VP, Retail Lending Manager. "This allows us to spread assistance to a larger percentage of our community members."

Depending on availability of funds, Claremont Savings Bank is eligible to receive up to \$100,000 in 2019 through HOW. For more information about HOW, EBP and other available Homebuyer Assistance Programs, please visit your nearest

CSB office or visit www.claremontsavings.com/loans/homebuyer-assistance-program.html.

Loans are subject to credit approval. Funds may be limited by availability.

Dining for a Cause to Benefit United Way of Sullivan County

CLAREMONT, NH—Celebrate summer fun at the Pleasant Street Restaurant and Dine for a Cause, Wednesday, July 31, 5:00 —9:00 p.m. Order your favorite food from the menu and a percentage of your guest check will go to help support United Way of Sullivan County.

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10:00 AM - 12:00 PM

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- Giveaways
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- Rain or shine



City Moving Forward with Plans to Demolish Building at 139 Main Street

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—The City Council passed a motion Wednesday night to move forward with plans to demolish the deteriorating building at 139 Main Street. Owned by Twin State Property Maintenance, LLC, which has refused to take responsibility for the structure, the building shares a common wall with 147 Main Street, making a dangerous situation even more complicated in terms of tearing down the structure. According to attorney Matt Decker, who brought the Council up to date on matters relating to the issue, the City has been involved in long negotiations with New England Family Housing (NEFH), the owner of 147 Main. He said that Twin State Property Maintenance is “essentially defunct at this point, there is no person behind it now to run it, it has been put into dissolution.”

In Sept. of 2018, the Council authorized an Order to Repair or Remove a Hazardous Building pursuant to NH RSA 155-B for 139 Main Street. That followed an incident of vehicle damage due to falling brick in July of that year and a subsequent engineer’s report that the building was not safe and that the risk of it collapsing was increasing. In November, the required notice period for the owner was done and the District Court signed the 155-B order.

In December of 2018, it was recommended that the tenants at 147 Main Street be moved from the building due to the continued failing condition of 139 and the shared wall.

Discussions continued between the City and NEFH, including shoring up its building so that demolition could be carried out at 139. Negotiations on several related issues continued this summer.

Decker said Wednesday night that the engineers had found that the party or shared wall has “buckled substantially” and that the ceiling and floor joists of 139 Main were built into the shared wall; any action to 139 would cause failure to the adjoining building, he said. Decker said that they now have an agreement that NEFH will install an extensive shoring plan within the 147 structure to safeguard that building when the demolition of 139 Main happens. The business will also give the City a release which is “essentially the City’s permission to have the demolition contractor take down the party wall,” said Decker. The next

step will be to put the project out to bid, which would be a joint hiring by the City and NEFH. After the party wall is demolished on the 139 Main Street side, there will be an empty foundation wall at 147 and a new eastern wall to replace the shared wall will have to be built. The City will need to fill in the foundation so “as not to have a foundation hole”, said Decker, adding that that can’t be done until 147 Main puts in a new foundation wall to hold back the dirt. To address that, the City will contribute up to \$6,000 for the cost of building that foundation wall. Decker said that work would be considered part of the demo cost and would become part of the lien against the property once the demo is completed.

Cost estimates for the demolition have been placed at \$60,000-\$80,000 and would be funded by a special reserve set aside for such expenses, money from the sale of other properties. Putting liens on other property owned by Twin State Property Maintenance will likely not benefit the City; Decker said that they have learned that two properties that were sold off by the company were subject to IRS liens and it’s unlikely the City will get anything as a result.

A motion to agree to the terms explained Wednesday night passed 6-3, with Councilors Andrew O’Hearne, Jonathan Stone and Nick Koloski voting no.

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Welcoming a New Child? Consider These Financial Moves

If a new child has entered your life, you are no doubt full of joy today and hopes for the future. And you can help make that future a brighter one for your child and your family by taking some important steps in these areas:

- **College** – Given the consistently rising costs of higher education, the earlier you start your savings and investment plans, the better off you will likely be. While it may be difficult to set aside money for education when you're still a young family, planning to cram at the last minute is not a good idea. Time is one of your biggest assets, and delaying even a few years can have a big effect on your portfolio's value.

In addition, just like regular attendance is crucial for success in school, setting aside money every month can help make a difference in reaching your family's education savings goals. Developing a strategy for achieving your education savings goal can help you stay on track. And if you have other goals, such as saving for retirement, it's important to address how they fit into your overall financial strategy.

- **Insurance** – If you did not have life insurance before, you may want to consider it now. Ask yourself: If something happened to me, would my child be able to stay in the same house? Receive an education? Enjoy a comfortable lifestyle? Even if you have an actively involved co-parent with a steady income, it still might not be enough to take care of your child in the way you would have wanted. Consequently, you may need life insurance – and you might need other types of protection, too, such as disability insurance.

- **Estate plans** – With luck, you will live to see your children as adults who have found their way in the world. Still, it's best to be prepared for anything – which means you should draw up your estate plans well before they are likely to be needed. Among other things, you may want to name someone to serve as your child's guardian if you – and your co-parent, if one is involved – are not around. And because a minor generally cannot inherit money or property, you may also want to appoint a conservator to act as a guardian over whatever financial assets your child might inherit until the child is of age, which will be 18 or 21, depending on where you live. Your legal professional can help you determine whether you should write a will and possibly create other estate planning documents, such as a living trust.

Even when you devote the time and money necessary to your new child, you can't forget about yourself and your own needs – in particular, you must save and invest for retirement. Contribute as much as you can afford to the retirement accounts available to you, such as your 401(k) and IRA. After all, the more you put away, the less likely the need for your child to help support you later in life.

You'll have much to think about when you welcome a new child to your family but by taking the time to make the appropriate financial moves, you can help make the transition a positive one.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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Claremont Makerspace Open House

CLAREMONT, NH—This July, the CMS turns one-year-old. Join us for this extra special open house and birthday celebration! The evening will include tours, member projects, tool demos, cake, and more. This is a free event and open to all ages, but please RSVP!

And: Please consider making a donation (consider it a birthday gift!) to help us carry our momentum into Year Two! We'd really appreciate it! Support your makerspace, here: <https://claremontmakerspace.org/support/>

Date: July 31st, 6:00–9:00 p.m.

For more information, please go here: <https://claremontmakerspace.org/events/#/event/2019/7/31/open-house-birthday-celebration>.

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It's About Food

By Johnny Navillus

Summer Extended



Summer isn't done yet by a long shot. More hot weather this week and I'm not complaining. Don't heat up the kitchen or the grill. Break out the slow cooker for a pork rib dinner that is truly summer worthy.

The great part of slow cooking in summer is that you do all the work in the cool of the morning.

Tasty Pork Ribs

8 bone-in country style pork ribs
1 cup ketchup
1 cup barbecue sauce
1/4 cup packed brown sugar
1/4 cup Worcestershire sauce
1 tablespoon balsamic vinegar
1 garlic clove minced
2 tablespoons dried minced onion
1 teaspoon Cajun seasoning
1 teaspoon ground mustard
1/2 teaspoon salt
1/4 teaspoon pepper

Place the ribs in the slow cooker.
Combine the remaining ingredients.
Pour over the ribs.

Cover and cook on low for 6 to 7 hours.

Serve over rice. Steamed veggies top this off very well. If the weather is cool enough, sautéed peppers of assorted colors really add great color.

If you use your slow cooker for meatloaf, line the cooker with foil to make removing the loaf easier.

Glazed Julienned Carrots

2 pounds carrots julienned
1/3 cup butter cubed (keep a little more aside in case)
1/4 cup sugar
1/4 cup water
1/2 teaspoon salt

In a large skillet combine all ingredients.

Cover and cook over medium heat for 7 to 10 minutes or until carrots are crisp-tender. Serve with a slotted spoon.

I find that with some recipes the amount of butter seems a bit light, so I like to keep some extra handy just in case. These carrots will go with just about any dish and they are so easy it's almost laughable. Just don't tell anyone how easy they really are.

Play with your food. Keep cool while you do.

Write to Johnny at etickernews@gmail.com.



Roars, Claws and Deadly Jaws

A movie-loving crowd brought blankets, folding chairs and the all-important popcorn to the Visitors Center Green on Friday night to enjoy “Jurassic World: Fallen Kingdom.” The movie, the second of three shown by the Claremont Parks & Recreation Department, was sponsored by Mascoma Bank. Up next: “Incredibles 2,” sponsored by Claremont Savings Bank, will be shown in Barnes Park at dusk on Aug. 9, following the annual Lollipop Carnival. Top left: McKenna (left), 9, and Jean Carrick never miss a movie on the green; top right: A jumbo screen and an awesome sound system brought the full terror of rampaging dinosaurs to movie fans; bottom: Travis Tenney, 7, on his mother Jessica’s lap, has seen all the previous “Jurassic” movies and eagerly awaited “Fallen Kingdom.” Travis’ friend, Brodee Davis, also 7, joined them for popcorn and a few good scares.



Photos by Eric Zengota

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WEDNESDAY, AUGUST 7

Black Bear Behavior with Ben Kilham
7 pm, Cornish Elementary School Gym
 Free, all are welcome

Ben Kilham, Phd. Environmental Sciences, has over 25 years of experience in observing, documenting, and experimenting with black bear behavior. His popular lecture is illustrated with photos he has taken of bears doing what he says they are doing. Q&A to follow.

Hosted by the Cornish Conservation Commission; http://www.cornishnh.net/?page_id=214. Please email any questions to conservationcommission@cornishnh.net.

SUNDAY, AUGUST 11

NEIGHBORHOOD BLOCK PARTY
4-8PM

Plainfield Community Church is having a Neighborhood Block Party at Cory Taber Park on Sunday, Aug. 11, from 4:00 - 8:00 p.m. Hamburgers and hotdogs will be provided along with popcorn and fried dough. They courts have been resurfaced and now include four square and pickle ball courts! We will have bocce ball, corn hole, free throw competition, tennis (bring your own racquets and balls), and foursquare. Whatever block you live on you are welcome to attend!

SUNDAY, AUGUST 11
CONCERT AT SAINT GAUDENS

Celebrating 100 years (1919 - 2019)
 2:00 - 4:00 p.m.

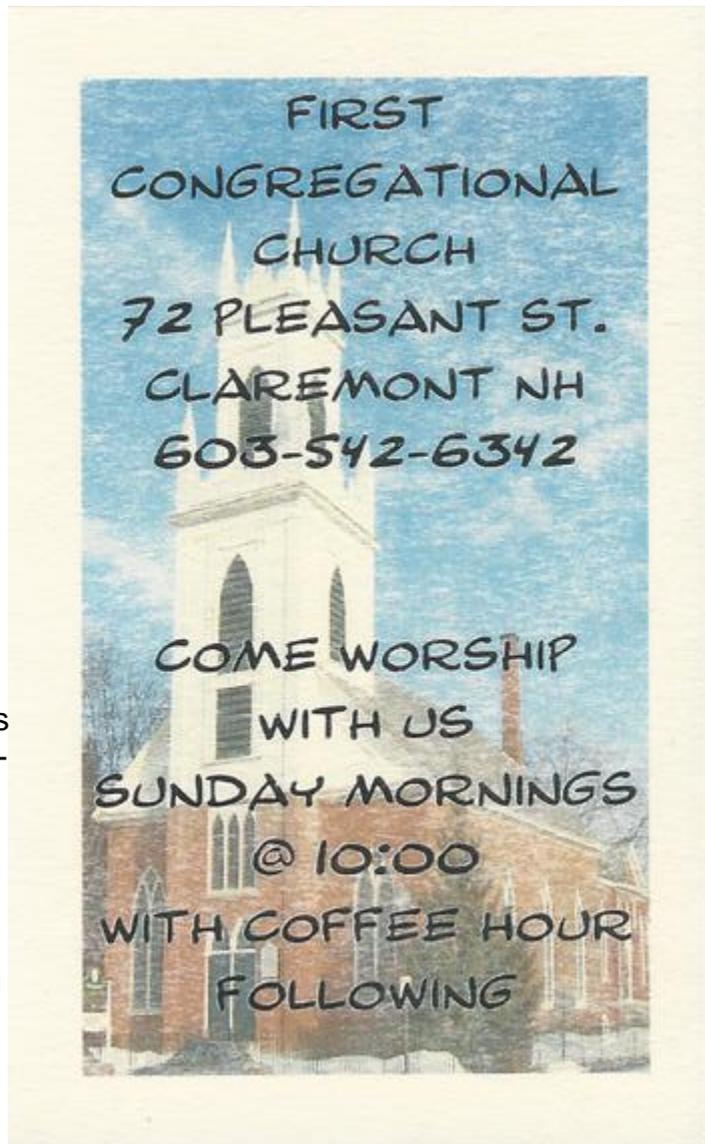
Music during historic moments of the Saint-Gaudens Memorial, classical, popular, and beyond.

THURSDAY, AUG. 15

THE UNINVITED
6:00 - 7:30 p.m.
Ahern Building,
Sullivan County Complex, Unity, NH

Douglas Cygan, NH Invasive Species Coordinator, will provide an in-depth look at upland invasive plant species of New Hampshire.

This is a free program brought to you by the Claremont Conservation Commission and SCCD.



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Saturday: ALL DAY

7am-9am Pancake Breakfast – Fire House

11am Parade – Lempster Street

9am – 2pm – Venders, Food Trucks, Music

12 noon – Beat the Fire Chief Kids 1K Fun Run

12 noon – Kids Bubble Pit

1pm – Magic Show

2pm – Glimpses of Lempster History Talk

3pm - Fireman’s Muster Includes Neighboring Depts.

4:30pm -7pm Pulled Pork Supper – Fire House

7pm – Lempster’s Got Talent (Show)

SUNDAY:

1pm – How to Clean & Repair Gravestones

Contacts: pmccabe@myfiarpoint.net, clly_bb@yahoo.com, lifeisshort.wallace@gmail.com

Junior Apprentice Program Available Daily at American Precision Museum

WINDSOR, VT—The American Precision Museum announces its Junior Apprentice Program for children ages 8-12, available for \$5.00. The program runs daily through October 31, 2019. Students pay a one-time \$5.00 admission fee and complete the Junior Apprentice booklet while exploring the museum during their visit. Each Junior Apprentice will receive a badge that serves as a Saturday admission pass for the remainder of the season. Junior Apprentices join in guided activities in the Museum’s Learning Lab each Saturday, including beginning coding, basic robotics, and 3D design & printing.

“Becoming a Junior Apprentice is a terrific way for young visitors to become familiar with the Museum and take advantage of all the STEM learning opportunities we have to offer,” said Scott Davison, Director of Education. “They’ll receive hands-on experience with everything from building simple machines to programming robots. We have a lot of fun.”

The \$5.00 one-time museum admission applies for participation in the Junior Apprentice Program. Children must be accompanied by an adult on each visit.

The American Precision Museum located in the 1846 Robbins & Lawrence Armory, a National Historic Landmark, traces the beginnings of manufacturing to modern technology through exhibits and interactive programs. Open daily, Memorial Day Weekend through October 31, 10:00 a.m. to 5:00 p.m.



Valley Regional Healthcare

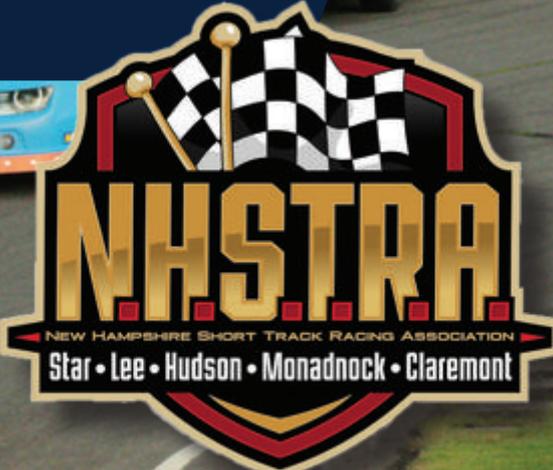
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Charlestown Urgent Care
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On Wednesday, July 31 from 5:30-7:00pm, join us for hors d'oeuvres, cake and refreshments, and tour our new facility as we partner with the Charlestown community in offering Urgent Care, Radiology, Lab Services, Physical Therapy, and Occupational Therapy.

We're located at 125 Main Street in Charlestown. Please join us!

FRIDAY, AUGUST 2



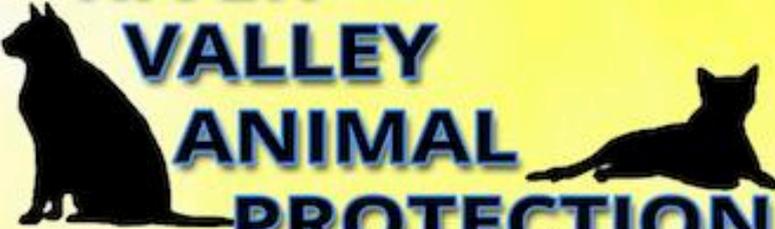

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Photos
and text
by
Dakota T. Bonner

American Legion Celebrates 100 Years

American Legion Post 29 held a public celebration in the Broad Street Park on July 28th to mark the American Legion Centennial. According to Legion officials, both the Post and the American Legion organization have existed for one hundred years, serving veterans, their families and the community. The event included games for the kids, face painting, prize raffles, a coloring contest, barbecue, karaoke, and live DJ. After the main celebration ended mid-afternoon, adults were invited to go to the American Legion Post across the street and enjoy some refreshment, a finger food potluck, live band, and more raffles. All adults of the public, 21+, were welcomed to attend. The current commander of American Legion Post 29 in Claremont is Moe Ferland; James England serves as the Adjutant. Debbie Ferland is the president of the Ladies Auxiliary, and Rick Doxter is president of the Sons of the American Legion. The Ladies and the Sons branches help support the Post, assisting families, veterans and various projects, including fundraising. A recent rule change now allows the Legion to set its own rules; previously they had been set by Congress. Many see the American flags flying downtown around Memorial Day and other occasions, and see flags placed at the graves of veterans in the local cemeteries, thinking they are distributed by the City. In fact, it is the work of the Post that raises funds and distributes the flags. It also organizes the annual Memorial Day parade and related commemoration. Photos, clockwise: The table with raffle items; group shot: left to right: Tim Brown (Legionnaire), Hank Siple (Past Commander, Finance Officer), (below Hank) Joel Martell (Sergeant-At-Arms), Gary Griffiths (Senior Vice Commander), Marsha Bailey (Past Commander, Service Officer), Dennis Shea (below, District Senior Vice Commander), Wayne Aldrich (top, Department Senior Vice Commander), Moe Ferland (Commander of Post 29), Steve Blish (behind Moe, Junior Vice Commander), James England (below, Adjutant), Mayor Charlene Lovett (Mayor of the City of Claremont, Legionnaire), George Collins (Legionnaire), Bob Lovett (husband of the Mayor); a cookout in front of the Legion building on Broad Street included inviting veterans to eat for free; Adjutant James England spoke during the day's activities. About 85 different commanders have served the Claremont post over the course of its history. More photos, page A27.

Top: Claremont's American Legion Post 29 was chartered on July 28, 1919, with Edward Nolin as the first commander of the post; it has been active ever since. Center: A barbecue offered summer favorites, including hot dogs, cheeseburgers and sausage; bottom: Activities in Broad Street Park marking the Legion's 100th anniversary.



Photos by Bill Binder