

Willis Tops Modified 100-Lapper Friday at Claremont

By Gary Dutton

CLAREMONT, NH— Mike Willis Jr. earned another big payday Friday, June 14, at Claremont Motorsports Park. The 27-year-old Grantham hot shoe led 27 laps of the Valenti Modified Racing Series 100-lap feature – including the final 19 rapid-fire circuits around the fast third-mile – to easily outdistance Woody Pitkat in the night's main event.

It was Willis' career-first MRS victory, but hardly his first at the Thrasher Road oval. A former weekly competitor at Claremont, Willis also won a Tri-Track Open Modified 100-lapper there a summer ago.

Also earning checkered flag laps Friday were Aaron Fellows, R.E. Hinkley Late Model Sportsmen; Brian Robie, Pepsi Sportsman Modifieds; Erin Aiken, Pure Stocks; and Jeremy Blood, Six-Shooters. The Pure Stock finish was unofficial, pending final tech findings, at press time.

Both Fellows and Blood stayed perfect on the young season with six feature wins in as many completed events, while Robie moved to the top of the Sportsman Modified point parade by posting his third consecutive victory.

Willis and Kirk Alexander led the MRS ground-pounders to the green, with Willis quickly taking charge. Hometown star Jeff Murray – firing from row three – was quickly in the hunt too.

When Willis wobbled, ever so little, on lap 17, Alexander was quick to pounce on the lead. But if the Swanzey speedster was fast, the man glued to his bumper – hometown hot shoe Jeff Murray - was even faster.

Murray, in his first outing of the summer, flew past Alexander on lap nine and rapidly drove away. Setting a blistering pace over the next 73 laps, Murray seemingly had all bases covered. Tire wear, though, would prove his undoing.

Sailing high along the frontchute on lap 83, Willis reclaimed the lead. Woody Pitkat got up for second the next time around but, on this night, would have to settle for second. Matt Swanson, aboard the Gary Casella 25, came home third.

Ben Poland led the first seven go-rounds of the LMS feature, then watching Aaron Fellows charge to the front and speed off to his sixth win of the year. Poland, strong all night, claimed the deuce spot, with Windsor's Robert Hagar solid in third.

Dylan Bodreau set a fast pace over the first four laps of the Sportsman Modified main, holding Brian Robie in check until the Sunapee star inched ahead as lap six went in the books. Robie, with both Todd Patnode and Dana Smith absent for the night, had plenty to shoot for, and his aim was perfect.

Robie's third win in as many weeks moved him to the top of his division's point standings. Kyle Welch, in the first Sportsman Modified outing of his career, dazzled in second, with Bodreau earning the third-place hardware.

Erin Aiken passed two-time feature winner Seth Melcher on lap 17 of the Pure Stock main and darted off to become the division's apparent fourth different winner this season. With the finish unofficial at night's end, Melcher was second under the flags, with Newport's Sean Lantas earning the three-spot.

In New England Antique Racer feature races, Jim Allen topped a spirited Modified 15-lapper, taking the checkers just ahead of Bob Donahue and Jamie Ferland. Bear Ridge Speedway owner and former dirt Modified and Coupe champion Butch Elms scored a run-away victory in the NEAR Sportsmen.

Next Friday, June 21, Claremont Motorsports Park will host a full night of oval track racing with the Casella Street Stock, Pepsi Modified, Pure Stock and Six-Shooter weekly racing series divisions all in action, along with the season's second Redneck Enduro event and the visiting Northeast Classic Lites.

JUNE 14 FINISHES:

VALENTI MOD 100: Mike Willis Jr., Woody Pitkat, Matt Swanson, Brian Robie, Kirk Alexander, Jeff Murray, Mike Douglas, CJ Bolton, Donnie Lashua, Dylan Rock, Cam Sontag.

LATE MODEL SPORTSMAN: Aaron Fellows, Ben Poland, Robert Hagar, Ryan Bell, Tyler Lescord, Mark Blair, Eric Martell.



SPORTSMAN MODIFIED: Brian Robie, Kyle Welch, Dylan Bodreau, Alyssa Rivera, Mike Smith.

PURE STOCK (Finish unofficial at press time): Erin Aiken, Seth Melcher, Sean Lantas, Tim St. John, Kyle Templeton, Chris Carver, Bruce Adams, Richard Streeter, Tom Englehart, Jim Carley

SIX-SHOOTERS: Jeremy Blood, Paul Colburn.

NEAR WINNERS: Jim Allen, Modified; CV Elms III, Sportsman.

(See Race Recaps on page B2)

CHARLESTOWN RECREATION COMMITTEE RECREATION NEWS

June 2019

CHARLESTOWN TOWN POOL: The Town Pool opened on June 15. The hours are 11am – 7pm.

BABE RUTH GIRLS SOFTBALL SUMMER LEAGUE: 12U (no older than 12 by 12/31/18). Please register at the Town Office. \$75.00 per player.

PEPSI SPORTSMAN MODIFIEDS FEATURE RACE					
FINISH	START	CAR #	DRIVER	LAPS	STATUS
1	2	25NH	BRIAN ROBIE	40	RUNNING
2	5	9	KYLE WELCH	40	RUNNING
3	1	24	DYLAN BODREAU	40	RUNNING
4	4	5A	ALYSSA RIVERA	40	RUNNING
5	3	27	MIKE SMITH	36	OUT
TIME OF RACE					
12 MINUTES, 58 SECONDS					
MARGIN OF VICTORY					
.635 SECONDS					
BEST LAP TIME/SPEED					
13.471 SECONDS - KYLE WELCH					
CAUTIONS					
1 - LAPS 37					
LAPS LED					
BODREAU 1-5, ROBIE 6-40					
HEAT RACE WINNER					
BODREAU					

R.E. HINKLEY LATE MODEL SPORTSMAN FEATURE RACE					
FINISH	START	CAR #	DRIVER	LAPS	STATUS
1	4	29NH	AARON FELLOWS	35	RUNNING
2	2	00	BEN POLAND	35	RUNNING
3	3	91	ROBERT HAGAR	35	RUNNING
4	1	8NH	RYAN BELL	35	RUNNING
5	5	15	TYLER LESCORD	35	RUNNING
6	7	3	MARK BLAIR	26	OUT
7	6	10	ERIC MARTELL	21	OUT
DNS	-	8	DENNIS BELL	-	DNS
TIME OF RACE					
8 MINUTES, 50 SECONDS					
MARGIN OF VICTORY					
1.325 SECONDS					
BEST LAP TIME/SPEED					
14.830 SECONDS - FELLOWS					
CAUTIONS					
NONE					
LAPS LED					
POLAND 1-7, FELLOWS 8-35					
HEAT RACE WINNER					
POLAND					

PURE STOCKS FEATURE RACE					
FINISH	START	CAR #	DRIVER	LAPS	STATUS
1	6	33	ERIN AIKEN	25	RUNNING
2	4	26	SETH MELCHER	25	RUNNING
3	9	8	SEAN LANTAS	25	RUNNING
4	6	73NH	TIM ST. JOHN	25	RUNNING
5	2	67	KYLE TEMPLETON	25	RUNNING
6	1	88	CHRIS CARVER	25	RUNNING
7	3	26NH	BRUCE ADAMS	25	RUNNING
8	5	22	RICHARD STREETER	25	RUNNING
9	8	06	THOMAS ENGLEHART	7	OUT
10	10	92	JIM CARLEY	1	OUT
TIME OF RACE					
11 MINUTES, 36 SECONDS					
MARGIN OF VICTORY					
.891 SECONDS					
BEST LAP TIME/SPEED					
18.235 SECONDS - ERIN AIKEN					
CAUTIONS					
1 - LAP 19					
LAPS LED					
TEMPLETON 1-11, MELCHER 12-15, AIKEN 16-25					
HEAT RACE WINNER					
MELCHER, AIKEN					

SIX SHOOTERS FEATURE RACE					
FINISH	START	CAR #	DRIVER	LAPS	STATUS
1	2	03	JEREMY BLOOD	10	RUNNING
3	1	86	PAUL COLBURN	10	RUNNING
DNS	-	95	CHRIS COLBURN	-	DNS
TIME OF RACE					
3 MINUTES, 18 SECONDS					
MARGIN OF VICTORY					
.830 SECONDS					
BEST LAP TIME/SPEED					
19.301 SECONDS - JEREMY BLOOD					
CAUTIONS					
NONE					
LAPS LED					
P.COLBURN 1-4, BLOOD 5-10					
HEAT RACE WINNER					
BLOOD					

Send us your Sports news, photos

BABE RUTH BOYS BASEBALL LEAGUE: Ages 13-16. Please register at the Town Office. \$75.00 per player.

CRAFT FAIR AND FLEA MARKET: The CREC will be hosting a craft fair and flea market at the Fort No. 4 on Saturday, July 20, 9am – 3pm. This is the same day as the

Charlestown Town Wide Yard Sale Day. Vendors, please message on the Charlestown Recreation Department Facebook page for details.

RECREATION COMMITTEE MEETINGS: The next June CREC meeting will be on June 18 at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE
Please continue to check the Facebook page for all announcements and upcoming events.

Fish and Game Stocks New Hampshire's Remote Ponds with Trout

CONCORD, NH — The New Hampshire Fish and Game Department completed its annual aerial stocking of remote trout ponds
(Continued on page B3)



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Stocks, from B2

on Wednesday. Fish and Game contracts a helicopter to stock remote ponds across the Granite State, from the Sunapee Region to Pittsburg. During this one-day event, nearly 50 remote ponds are stocked with brook trout fingerlings from the New Hampshire Fish and Game Department's hatcheries to ensure residents and visitors enjoy a successful remote fishing experience.

The stocking of remote ponds in the back country of New Hampshire provides a unique angling opportunity for people seeking a true wilderness experience. Serene remote ponds not only produce beautiful brook trout and increased catch rates but also offer the outdoor enthusiast an opportunity for wildlife viewing, hiking, camping, or just simple solitude. Many of these remote ponds are located off popular hiking trails. As with any hiking trip, always follow safe hiking guidelines. Visit www.hike-safe.com to learn more.

Brook trout that have spent all winter under the ice become voracious as the first insects start to hatch, and fishing with small nymphs can be exciting for anglers. With water temperature increases slowed by a cool and delayed spring this year, June and July should feature abundant mayfly hatches and provide outstanding surface action.

Fish stocked last June will have reached 5-6 inches in most areas, with 2-year-olds reaching 8 inches or more, and 3-year-olds often reaching 10 or more inches. In fact, the fishing in these picturesque remote ponds is one of New Hampshire's best-kept angling secrets.

A few of these remote ponds are designated as "special regulations only," so be sure to check specific waterbody regulations prior to your trip. To see the entire list of stocked remote ponds, visit www.fishnh.com/fishing/trout-aerial.html.

Aerial trout stocking is made possible through fishing license sales and Federal Sportfish Restoration dollars. A grant and funds from the Wildlife Heritage Foundation of New Hampshire supported this program in recent years. If you wish to make a donation to help fund the program, go to: www.nhwildlife-heritage.org/donate for ways to donate and mark your donation "Aerial Stocking."

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Diaz, Wall Lead 'Cats To Series Sweep

RICHMOND, VA—Eight strong innings from Yennsy Diaz and a two-out RBI double in the ninth off the bat Forrest Wall spurred the New Hampshire Fisher Cats (Blue Jays) to a 2-1 win and a series sweep over the Richmond Flying Squirrels (Giants) Sunday at The Diamond.

Tied 1-1 in the ninth, Chad Spanberger reached on an error and was replaced by pinch runner Josh Palacios. After a close play on a pickoff at first that drew the ire of Richmond, Palacios swiped second and was called safe on another play that caused consternation amongst the home team and fans. That would be the opportunity the 'Cats needed, as Wall belted a ringing double off his namesake in left to bring home Palacios and put New Hampshire up 2-1.

Bryan Baker (S, 6) earned his second save in as many days with a perfect bottom of the ninth.

Yennsy Diaz (W, 5-5) went a season-high eight innings and allowed one unearned in the seventh on a total of six hits. He walked two and struck out four.

New Hampshire started the scoring in the fifth. Nash Knight took Richmond starter Alfred Gutierrez deep to right field for his fourth home run of the year to put the Fisher Cats up 1-0.

Diaz's biggest hurdle was in the second, when he loaded the bases with no outs but kept the 'Squirrels off the scoreboard by retiring the next three hitters.

Notable:

Brock Lundquist collected two hits, the only multi-knock performance for the Fisher Cats. 22nd overall pick in the 2017 draft Logan Warmoth notched the first hit of his Double-A career, an infield single up the third base line. The sweep is New Hampshire's second of the season.

After an off day Monday, the Fisher Cats return home Tuesday to take on Binghamton (Mets) at 6:35 p.m. Tickets to that game and any other this season can be had on nhfishercats.com.

Early 2019 Loon Deaths Prompt Reminders About Lead Fishing Tackle Ban and Lead Tackle Buyback Program

MOULTONBOROUGH, NH—The Loon Preservation Committee (LPC) and the New Hampshire Fish and Game Department (NHFG) want to remind anglers about the ban on lead sinkers and jigs weighing one ounce or less for all freshwater in the state. The Loon Preservation Committee has already recorded two cases of lead-poisoned loons this year. In 2018, a total of eight loons were confirmed dead after ingesting lead sinkers and jigs up to 1.03 ounces. These loons were discovered on lakes or ponds across the state in Bristol (2), Conway, Dublin, Meredith, Moultonborough, and New London. One bird from a breeding pair on Squam Lake was recovered from the ocean on November 30, 2018. A loon will die from lead poisoning approximately two to four weeks after ingesting lead.

To address this issue and help anglers dispose of lead sinkers and jigs they can no longer use, the LPC and NHFG have teamed up with eight local tackle shops to offer a lead tackle buyback program.

From now through Labor Day (September 2), or until the initial 1,200 certificates are claimed, anglers can exchange one ounce or more of banned tackle (jigs and sinkers) for a \$10 gift certificate redeemable at these participating shops: AJ's Tackle (Meredith, NH), The Tackle Shack (Newbury, NH), Clarke's Hardware (New London, NH), LL Cote (Errol, NH), Newfound Sales and Trading Post (Bristol, NH), Ossipee's Bait and Tackle (Effingham, NH), Pawtuckaway Trading Post (Raymond, NH), and Squam Boat Livery, Inc. (Holderness, NH). Only banned tackle is eligible for exchange as part of the buyback program. One exchange is permitted per customer.



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Inspiration

Tolerance

By Priscilla Hull

It seems that these days we've confused the meaning of the word tolerant or tolerance. From recent comments it appears that some have confused tolerance with becoming one with someone else. It isn't at all. Being tolerant of someone means that I allow that person to have his beliefs which might be quite different from mine. It doesn't mean that I accept and endorse the belief of someone who is a little different from me.

Two hundred years ago three men who thought, believed and lived very different lives worked together to be leaders in some very important decisions. These three men were John Adams, Benjamin Franklin and Thomas Jefferson. We know those men well and we live by some of the precepts they worked so hard to develop. Consider their lives. John Adams was a serious New Englander. His work ethic was serious. He didn't have much time for luxuries of life. His life style was severe. We might even say it was harsh. Benjamin Franklin was a free thinker. He was creative, life was to be enjoyed. He shared his opinions freely whether you agreed or not. He was a writer, a publisher, an inventor and much more. He worked hard and he played hard. He had little in common with John Adams. Thomas Jefferson was a plantation owner. Life was a gift to be enjoyed. There was a time for work and a time for play. Like Franklin, he worked hard and partied when he could.



How could these men work together, so different, but they shared the same dream. They all wanted to foster the new country. To bring success and equality to all men. Yes, they did have slaves, but we must learn to tolerate the fact that life was different in that day. The bigger fact was that they learned early on to tolerate each other and to take advantage of their differences.

When we tolerate those who are different from us, we might even be inspired to learn something about their differences. That will lead us to the beginning of understanding why they are different. Beyond that, it will lead us to respect their differences.

Now consider this; if we all read the same book, wore identical clothes, kept the same pets, played the same games; wouldn't the world be boring? What joy of going to visit someone who thinks, looks, plays and works just the same as we do?

Remember, in diversity there is beauty. Learn to COEXIST! Learn to get along!

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

Safety Awareness in the Food Environment (S.A.F.E.) Offered in Sunapee

SUNAPEE, NH—Mary Saucier Choate, UNH Cooperative Extension Field Specialist, will be teaching a S.A.F.E. class on Monday, June 24, from 5:00 to 7:00 p.m. at the Lake Sunapee Yacht Club, located at 34 Stone End Road in Sunapee, NH.

S.A.F.E. reviews critical food safety and sanitation concepts such as personal hygiene, preventing cross-contamination, and controlling time and temperature. S.A.F.E. workshops provide food safety training for new employees and refresher information for more experienced staff. The 2-hour workshop uses practical discussion and hands-on demonstrations to help participants apply safe food handling practices in the workplace. S.A.F.E. participants receive a certificate of attendance.

Pre-registration is required as space is limited. There is no cost for this workshop.

To register, please contact the Grafton County UNH Cooperative Extension office at 787-6944 or e-mail teresa.locke@unh.edu. For information on scheduling a S.A.F.E. class at your facility, contact Mary at 787-6944 or mary.choate@unh.edu.

CDA Meeting June 21

CLAREMONT, NH—The monthly meeting of the Catholic Daughters has been changed from June 18 to Friday, June 21. As this will also be our yearly Mystery Ride, members are asked to meet in St. Joseph's Church parking lot at 5:45 M on Elm St. in Claremont.

ACLU-NH Offers Advancing Civil Liberties Training

LEBANON, NH – The next ACLU of New Hampshire's free Advancing Civil Liberties

Training takes place at the Lebanon Public Library, 9 E. Park Street, on Thursday, June 20, from 6:00-7:30pm.

ACLU-NH is building a cadre of activists to advance and defend civil liberties in their local communities and statewide according to Field Organizer Steve Kidder. "A key part of this movement is connecting elected officials with their constituents, including holding those officials accountable for their decisions. 168 new NH State Representatives took office this year -- and most have yet to be engaged by their constituents on civil liberties issues."

Participants in the free 90-minute workshop on Advancing Civil Liberties learn about civil liberties priorities, including ongoing efforts to reform the criminal justice system, stand up for LGBTQ and immigrant communities, and advocate for racial justice. ACLU-NH trainings provide the space to develop community and demonstrate a variety of ways to influence elected officials, so you can start taking action and drive change.

"Folks can stop by the Lebanon Farmers' Market in the park and then stroll right across the street to join us," says Kidder. "No tools or

3 Tips for Negotiating a Salary

Give them a range of options

Inflexibility when it comes to a salary negotiation is rarely a good idea, so you would be wise to present a range of a few thousand dollars in which your preferred salary lies, according to Glassdoor. If, for example, you want to make \$55,000 per year at your new job, perhaps offering a range of \$54,000 to \$57,000 will give you the opportunity to make more or less what you hope for, but maybe a bit more as well.

Show your confidence, with help

Usually, these salary negotiations aren't done in person, and instead are done via email or telephone. According to The Muse, this gives you the opportunity to refer to notes - such as some important talking points or some carefully researched salary information about people in your field or with the exact position you're being offered - that help you feel a bit more confident in your approach.

Know what not to say

Finally, when dealing with a salary negotiation, it's important to know what kinds of things you can say that would end up being a negative, according to HR expert Liz Ryan, writing for Forbes. For example, saying why you need to make a certain amount (i.e. "I have a lot of expenses") is rarely a good idea, and so is saying that a number of other companies are also trying to hire you. This is also true of once again highlighting your qualifications, since they should already be well-acquainted with those standards, and that's why they're trying to hire you.



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The Newport Opera House Association Announces Two Upcoming Artistic Opportunities for Young People

NEWPORT, NH—The Newport Opera House Association is pleased to announce two upcoming artistic opportunities for young people: its third annual Summer Drama Camp and its first ever Play Writing Festival to celebrate the anniversary of the rebuilding of the Corbin Covered Bridge.

NOHA's Play Writing Festival will be open to young people in grades four to seven from local communities. "It's a wonderful way for young people to learn about the history of our town, and participate in the arts at the same time," said Amy Bailey, Executive Director of NOHA.

Six winners will be selected; three from students in grades 4 & 5, and three from students in grades 6 & 7. Winning plays will be staged at the Newport Opera House and performed on Friday, October 11. Plays should be approximately 5 pages long and should focus on either the history of the bridge, a personal experience at the bridge, or a fantasy about the bridge. Plays are due by June 30. The Festival is open to young people from all communities.

NOHA is also pleased to present its third annual Summer Drama Camp. Summer Drama Camp gives young people ages 7-14 the chance to put on their own show! This year's show will be *The Jungle Book: Kids*.

Camp runs from July 29-August 9, weekdays from 10am-4pm. Campers will learn lines, songs, scene structure, build their own simple props and costumes, and play theater games, all while working on team-building skills and improving self-confidence. Camp culminates with two performances for the public on August 9.

Camp costs \$100 for the full two weeks. Registration forms are available at www.newportoperahouse.com.

For more information about either of these activities, call the Newport Opera House at 863-2412 or email them at info@newportoperahouse.com.

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will

be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.


Caregiver Support Group

SPRINGFIELD, VT—A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Help Available for Advance Directive Documents

WINDSOR, VT—Thinking about completing an Advance Directive as a loving gift to your family? Advance Directives (AD) are legal documents that allow you to decide what type of medical care you want if you ever become unable to speak for yourself.

Mt. Ascutney Hospital offers free individual sessions for assistance in completing this important document. Our AD Clinics are being held the 2nd and 4th Wednesday of the month in Windsor from 1:00-3:00 p.m. The Clinics are



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Bingo at the Charlestown Memorial VFW Post 8497 Post Hall

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Eight regular games, four two-part games, and three special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, a carry-over cover-all game also paying off in 50#'s or less or a consolation of \$150, plus the final Jackpot game paying \$150. All regular and special games are now on PAPER. Bingo is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through. Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



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REV. MAR. 29, 2019

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Meriden Congregational Church 12:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month		BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:00 am Grantham Methodist Church 11:15 am – 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 – 2:00 pm FOOT CLINIC Bourdon Centre, Claremont 8:00 am – 12:00 pm Sugar River Mills, Claremont 12:30 – 2:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 9:00 am – 4:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 11:00 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm Lebanon Senior Center 10:00 am – 2:00 pm	
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 9:30 – 11:00 am Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org

led by Linda Wilson, APRN, DNP. Make an appointment by calling (802) 674-7483.

There is an additional AD Clinic in Woodstock at the Thompson Senior Center every 2nd Monday of the month from 1:00-3:00 p.m. Make an appointment by calling (802) 457-3277.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information.

All paper games.

Save a Stray 5K June 22

NEWPORT, NH—SCHS Save a Stray 5K-June 22 A 5K run/walk fundraiser to benefit the Sullivan County Humane Society will take place at 10:00 a.m. in Newport. A \$50.00 cash prize will be awarded to the top male and female finishers. Awards will be given to the top three male and female age groups. Free T-shirts for the first 100 registered participants. Post-race festivities include a BBQ, raffle prizes and award ceremony. Come join in the fun!

Dogs are welcome! We welcome your four legged friends to walk with you. However, dogs

must be leashed and start at the back of the pack.

Location: Robert C. Haservlate Park on Corbin Rd., Newport NH. Course is an out and back which runs through the historic Corbin Covered Bridge. Questions? Email laurie_waterman@comcast.com.

To register, go to: <https://pinnaclestrive.com>.

For more information on our fundraising campaign and event details, go to our website: sullivancountyhumanesociety.org and click on the Save a Stray 5K link; \$20 pre-registration. Same day registration opens at 8:30 a.m. and costs \$25.

Claremont Farmers Market

CLAREMONT, NH—The Claremont Farmers' Market has fruits, vegetables, canned and baked goods, flowers and plants, crafts, POP (Power of Produce) kids activities, weekly entertainment, and other events. It accepts the EBT card, with the Granite State Market Match, up to \$10 free for fruits and vegetables. It is now at the Broad Street Park, Saturdays, from 10:00 a.m.-1:00 p.m. through Sept. 14.

“Stepping Up and Pitching In” Brownsville Independence Day Celebrations July 3rd and 4th

BROWNSVILLE, VT—This year's theme is “Stepping Up and Pitching In”. We are celebrating area volunteers that make possible the many events and organizations that we enjoy and depend upon!

On the 3rd, folks will enjoy great food from the famous “Moonlighters” who feature their perfectly grilled hamburgers, hotdogs with fries and soft drinks. And, The Spotted Cow will be back to delight the crowd with their delectable ice cream creations.

New this year, there will be a “Fried Chicken Shack” where Brownsville Butcher & Pantry will be offering their delicious mild or hot buttermilk fried chicken, coleslaw & biscuits. There will also be a Beer Garden where folks can enjoy Harpoon's world class draft beers. Cheryl the Clown will be with us again to delight the youngsters and the Reading 4-H Club will be selling tickets for their Cow Patty Bingo which will take place on the 4th at Albert Bridge School.

The 3rd of July festivities this year will be up at the new Ascutney Outdoors Center so

watch for new parking & viewing arrangements. The fireworks extravaganza will be expanded with a distinctive “Opening Barrage Tribute to the 100th anniversary of the End of World War I” thanks to the VFW.

Please note, BBQ's are not permitted and dogs are discouraged.

On the 4th, start your day with the famous pancake breakfast at the Brownsville Community Church from 7:30 until 10:00.

Starting at 9:00 & running until about 3:00, there will be vendors in the Town Hall, games & more at Albert Bridge School, a book sale at the library and food offerings around town.

The “Moonlighters” will offer up their delicious fare and from 11 to 2 at Town Hall, Brownsville Butcher & Pantry will feature a pig roast with salads, mac 'n cheese and cornbread in their parking lot. The Harpoon Beer Tent will be there offering seasonal draft beers.

The Reading 4-H Club's heifer will be staged at the school for the Cow Patty Bingo. Buy your tickets there or at the fireworks the night before.

A big thank you to our 2019 Sponsors: Holiday Inn Club Vacations, Prudent Living, Brownsville Butcher & Pantry, Seth Warren Real Estate, Mt. Ascutney Hospital, Kurtzhalz Excavation, DLX, Parris Hill Farm, 4 Generations, Dark Horse Realty & Tami's Headlines. And, special gratitude goes out to Ascutney Outdoors for working with the IDC's 4th Committee and to the volunteers from Holiday Inn Club Vacations at Mount Ascutney Resort.

Annual Strawberry Festival Norwegian Meatball Supper

Saturday, June 22nd

Three seatings are available: 5PM, 5:45PM, 6:30PM

Union Church parish hall, 133 Old Church Rd, Claremont, NH

A tradition for over 60 years. Come enjoy homemade Norwegian meatballs from our secret recipe, and fresh strawberry shortcake with NH strawberries. The meal is served family style, and also includes homemade mashed potatoes, gravy, rolls, beets, and coleslaw. Coffee, tea, milk, and other beverages are served. Handicapped Accessible via kitchen door. Air Conditioned.

Adults: \$12.00

12 and under: \$5.00

Preschoolers FREE

Tickets Available at the Door. RSVPs are suggested: unionchurchnh@gmail.com or 802.738.0678 (leave a message).

Vacation Bible School for Ages 4 - 12



Calvary Baptist Church

97 Maple Avenue Claremont, NH

June 24-27

9:00 am - Noon

603-542-9600

calvary@cbcnh.org



Busy as a...bee gathering pollen...

Phyllis A. Muzeroll photo

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

John Koloski, 69

John Koloski, 69, of Claremont, NH, passed away peacefully with his wife by his side on Friday evening, June 7, 2019.

He was born Aug. 6, 1949, in Newport, NH, where he graduated from Towle High School. John proudly served in the Air Force for four years in Germany and in Texas. He was employed at Dorr Woolen for several years and later, Sturm Ruger for 31.5 years, both in Newport. He was a member of the American Legion Post 29 for over 30 years and the VFW Post 808 for 10 years, both in Claremont. He attended every military funeral and held the American flag every Memorial Day and during the Alumni Parade. John enjoyed making people laugh, helping people and planting his garden. He had the best vegetables in the neighborhood and always had plenty to share. He loved sitting in his backyard listening to music and was a great dancer. He and his wife enjoyed going camping during the summer. He loved spending time with family and friends.

He is survived by his wife of 23 years Ruth Koloski, son Nick Koloski and stepdaughter Jen Bailey, all of Claremont; and daughter Pamela Stronge of Vermont; four sisters,



Bonnie Avery and Marsha Day, both of Newport, Pam Aubin of Cape Cod, and Tina Lavigne of Unity; also, by many nieces, nephews and cousins.

He was predeceased by father John Koloski Sr. and mother Charlotte Koloski Lavigne; stepfather Mickey Lavigne; sister Linda Koloski; and daughter Jessica Koloski.

A celebration of John's life will be scheduled at a later date.

Claremont Fire Dept. Log

Sunday 6/9:

11:32 AM: Engine 1 responded to Hanover St. for a motor vehicle accident.

Monday 6/10:

4:54 AM: Engine 1 responded to Heritage Drive for a medical call.

7:47 AM: Engine 1 responded to the intersection of Washington St. and Bowen St. for a motor vehicle accident.

8:04 AM: Engine 1 responded to Myrtle St. for a medical call.

12:46 PM: Ladder 2 and Engine 1 responded to Box Alarm 0325.

1:29 PM: Engine 1 responded to City Hall for a medical call.

Tuesday 6/11:

12:31 PM: Engine 3 responded to Washington St. for a report of a vehicle leaking fluids.

12:34 PM: Engine 1 responded to Main St. for a report of a car fire.

10:36 PM: Engine 1 responded to Sullivan St. for a medical call.

Wednesday 6/12:

1:32 AM: Engine 1 responded to Elm St. for a public assist.

6:12 AM: Engine 1 responded to Puckershire Ave. for a medical call.

6:36 PM: Engine 1 responded to Pleasant St. for a medical call.

6:42 PM: Engine 3 responded to Main St. for a medical call.

7:00 PM: Engine 1 and Brush 1 responded to Moody Park for a possible illegal burn.

“Eye doctors shouldn't have fine print.”

-Dr. Sam Giveen

At Doctor Sam's Eye Care, everything is right up front. From eye exams to glasses to contact lenses to whatever treatment you need, our prices are as comfortable as our chair-side manner. Visit Doctor Sam's and see for yourself.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

10:14 PM: Engine 1 responded to Camden Ave. for a medical call.

Thursday 6/13:

10:19 AM: Engine 1 responded to Myrtle St. for a medical call.

2:55 PM: Engine 1 responded to Slab City Rd. for a report of a tree on wires.

3:10 PM: Engine 1 responded to Myrtle St. for a report of a wire down.

10:32 PM: Engine 1 responded to Lafayette St. for a possible illegal burn.

Friday 6/14:

1:14 PM: Engine 1 responded to Main St. for a motor vehicle accident.

Saturday 6/15:

7:55 AM: Engine 1 responded to Elm St. to assist Golden Cross Ambulance.

4:24 PM: Engine 1 responded to Grisom Lane for a report of a tree in the roadway.

9:10 PM: Utility 1 responded to Little Lane to assist the Claremont Police Department.

SATURDAY, JUNE 22

Vermont Forest Birds

Working Woodlands Workshop

7:30-9:30am

The hills are alive with the sound of birds! But what exactly are they telling us? The NPS Northeast Temperate Network has been monitoring bird populations in the park since 2006. Join us for this 2 hour workshop where Ed Sharron, NPS Science Communication Specialist, will share some of the findings revealed by the monitoring and explain how you can get involved in this volunteer run monitoring program. We'll also learn how to identify the songs of common birds in the park's forest and then head out for a walk around the park to look and listen for birds.

A limited number of binoculars will be available for loan. Please dress appropriately for extended outdoor activity. Co-sponsored by Vermont Coverts and the Vermont Woodlands Association.

Location - Carriage Barn Visitor Center, Marsh-Billings-Rockefeller NHP, Woodstock VT. Parking is available in the Billings Farm & Museum overflow lot, located on Old River Rd. Fee - No cost

Reservations - Please pre-register as space is limited. To register or learn more call (802) 457-3368 x 222, or e-mail us at ana_mejia@partner.nps.gov.

Claremont Senior Center, Inc.

Mmmm. Should I take an umbrella? No. The weather report said no rain. Hey!! It's raining! That's New England weather. Rain or shine, the Center will have plenty for you to do. Monday through Sunday, there are a bevy of programs to participate in.

Kudos to our wonderful kitchen volunteers who catered two Alumni events this weekend, then fed oodles of Alumni, members and the public at the pancake breakfast on Sunday. The pancakes were flying onto waiting plates. What a weekend!

We hope many of you enjoyed the Alumni parade, the banquet and the gatherings Friday, Saturday and Sunday. A great event for Claremont. Thank you to all who were involved in this event. Great presentation.

Foot Clinic-June 19th.

Quick Take: The Center has paired with Amazon for their SMILE program. When you purchase an item, choose Claremont Senior Center on the Smile button. Every month, the Center will receive a check for the contribution.

On Sunday, June 23rd, 1PM, our Pampered Chef "Hands On " Party will be presented. This is going to be such fun. Lori will help us use Pampered Chef products at different tables to make an easy, quick to prepare recipe. We will share the results. Join us to try new items and revisit some vintage ones. This event is open to the Public.

The Kearsarge Indian and Telephone Museums trips on June 28th is almost full. It promises to be an interesting trip. The bus leaves at 9AM. We will stop at the Indian Museum first, then lunch, then on to the Telephone Museum. Members-Free, Non-members -\$10.(cost of lunch not included.) Open to the Public. Call-603-543-5998 to sign up.

Quick Take: Volunteers will be needed for the kitchen and Owens Hall renovations. A grant has been awarded for materials. If you can spare a couple of hours, please contact the Center. Thank you ahead of time.

Great Music! Great Food! A relaxing evening is yours. All this on July 5th when the Center presents the fantastic Firehouse 6 Dixieland Band. The music will loft the air at about 6:30PM to 8PM. Food smells will permeate the air starting at 5:30 PM. Please bring a chair. Make it a date night!

Lunch Menu: Tues. June 18-Spaghetti w/Meat Sauce, Peas, Garlic Bread, Blueberry Cobbler and Beverage. Thurs. June 20- Birthday Celebration, Pot Roast, Bakes Potato, Summer Squash, Birthday Cake/Ice Cream. Members-\$4, Non-Members-\$5. Take outs available. Please call before 10:30AM.

Bingo has changed!! Some different and more challenging games will be offered. Examples are Arrow-up, Two outside line bingo, Large diamond, Number 7, Letters T, H and L. Of course, the regular games will also be played. Wednesdays-1PM.(No cards sold after 12:50PM). Lunch is available. Open to the Public-55 years and older.

Space. We have space. Enough for a bridal shower, baby shower, birthday party, anniversary, meetings, instructional class. Call us or come in for a tour of the rooms we offer. A large or a small event, we will find a room suited for your needs.

Stop in to view the calendar to see what programs are going on during the week. That's it for this week. Remember, lively conversation is always welcome in the sitting area.. Have a great week.

Claremont Senior Center, 5 Acer Heights Road, Claremont, NH 603-543-5998. Smoke Free.





The Claremont City Council will hold a public meeting on Wednesday, June 19, 2019, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. MAYOR'S NOTES
- 6:40 PM 5. CITY MANAGER'S REPORT
- 6:45 PM 6. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 7. OLD BUSINESS
- 6:55 PM A. City Manager Search Update
- 8. NEW BUSINESS
- 7:00 PM A. Resolution 2020 – 2 Adopt the 2020 General Fund Budget – Public Hearing
- 7:10 PM B. Resolution 2020 – 3 Adopt the 2020 Water Division Budget – Public Hearing
- 7:20 PM C. Resolution 2020 – 4 Adopt the 2020 Sewer Division Budget – Public Hearing
- 7:30 PM D. Resolution 2020 – 5 Adopt the 2020 Downtown Tax Increment Finance District Budget – Public Hearing
- 7:40 PM E. Resolution 2019 – 25 Encumbrances – Public Hearing
- 7:50 PM 9. FUTURE AGENDA ITEMS AND DIRECTIVES
- 8:00 PM 10. CONSULTATION WITH LEGAL COUNSEL
- 8:05 PM 11. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, June 26, 2019, at 6:30 p.m. in the Council Chambers at City Hall.

Review:
Godzilla: King of the Monsters

By Bernadette O'Leary

Many of us grew up watching movies that featured our giant lizard friend, Godzilla. Those of us who loved the classics, and even many who did not, found newer films over the past 15 years with Godzilla in them a bore at best and just plain a waste or goofy at worst. Now, 2019 brings another. The question is, did it fall short like the other recent attempts to revive this movie giant.

Godzilla: King of the Monsters started out with a bang as Godzilla wreaked havoc on land, killing and destroying as only he can do. This is where we meet our main characters: a family separated from one another and looking for one of their members in the carnage. Flash forward to today and a team of humans, called Monarch, trying to track and study the giant. Unfortunately for the rest of the world, Godzilla is not the only beast around. Before long, these "Titans" all rise up and begin doing what they do best: destroy and kill, with humans caught in the middle.

This monster-sized film not only towered above other recent attempts to revive Godzilla, but it ate them for lunch. Even with quite a bit of adult language, I give Godzilla: King of the Monsters a hearty 4.5 Crosses. The story, action, and even humor made for a great time with my 13-year-old son, who also liked it.

I did not expect much from this movie. Although the previews looked interesting, I did not get my hopes up. However, a new Godzilla movie has finally been released that has me hoping for a sequel. My son even stated that he liked it more than he thought he would too.

I recommend this movie for mature audiences that enjoy an action-packed movie. Forget all you knew about Godzilla because this film stands alone. Go see it in theaters now or wait for it to come out on video and enjoy it at home.

