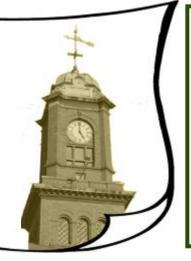


# e-Ticker News of Claremont



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page A7

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June 3, 2019

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## SHS Alumni Association Celebrates its 148th Annual Reunion June 8th

Submitted by Carolyn Bowles LeBlanc'62 Stevens Alumni Association

CLAREMONT, NH—Our 71st annual "Vintage Advertising Slogans" themed parade lineup is set and ready to go. A proclamation was officially signed by Mayor Charlene Lovett and presented to Alumni Officers at the Claremont City Council meeting on May 8th proclaiming the week of June 2nd as Stevens High School Alumni Week. A street banner will be hung on Pleasant Street welcoming back Stevens alumni graduates from

across the country. The 5-year classes are well into their class reunion plans working on their floats and anticipating gatherings with classmates to reminisce those never-to-be-forgotten special memories from their years at Stevens High School. For some, it will be the first time they have returned to Claremont in many years and excitement is running high.

Alumni Day starts with the annual parade, now in its 71st year. The following classes have registered floats: 1949 will be riding on the horse drawn wagon, 1959 will be riding in the NH Motor Speedway Tram, 1964 is highlighting old posters of different Oil advertising logos, 1969, the 50-year class float theme is "Timex Keeps on Ticking", 1974 float "Campbell's Soup mmm mmm Good", 1979 float is "Toy's R Us USA". "Wendy's Where's the Beef" is the float theme the class of 1984 has picked, and 1989 has chosen "Dunkin Time to Make The Donuts" for a float theme. 1994 has chosen "How Many Licks to Reach The Center of A Tootsie Pop", 1999 float theme is "I Want my M TV", 2004 float theme is "M&M's Melt in Your Mouth Not In Your Hand", 2009 float theme is "Meow Mix" followed by the class of 2014 and their float theme "Legos Just Imagine" followed by the graduating class 2019. All 5-year classes are participating this year. Sounds like a lot of imagination has gone into these theme choices and should make for a fun parade.



(2018 parade file photo/Stephen C. Fitch).

St. Mary's is getting into the parade spirit with the classes of 1954 and 1969 participating. Good for them.

Bands and marching units include Stevens High School Band, Claremont Middle School Band, Yankee Doodle Legion Band from Rensselaer, NY, the Colchester Continental Fife and Drum, The Boston Windjammers, Firehouse 6 Dixieland Band directed by Ed Evensen, Claremont NH, Catamount Pipes and Drums, The Civil War Hemlocks and The St. Andrews Pipe Band of Vermont. Back with us this year is the Muchachos Marching Band from Manchester-Nashua area and the Sons of Italy Drum and Bugle Corps from Haverhill, MA.

Other groups include The Bektash Temple Legion of Honor, Bektash Mini Kar Patrol, Cairo Mini Monsters, Sinai Joe's Clowns, and the ever popular Leapin Lena owned by Newport Post Legion 25 and driven by Jason Avery, Newport NH. Other groups include the Rotary Club Kazoo Band, Kiwanis Club, Mason's & Demolay, the Soup Kitchen and the list goes on. Cheryl the Clown will be in Broad St. park with her balloon art where the Farmer's Market will be set up.

Pat, the New England Patriots Mascot, and two of the N.E. Patriots' cheerleaders will be joining us again this year and are fast becoming a class act entertaining young and old alike all along the parade route, stopping to have pictures taken and signing autographs. They are crowd pleasers for sure.

Milo the N.H. Motor Speedway mascot will be here and two of the NH Motor Speedway trams.

The Alumni officers are riding in Jim Fitch's horse drawn wagon. Jim and his team and wagon are from Cornish, NH, and have been a part of our parade for many years.

As Bev Janelle, class of 1953, says, "If you are going to ride in the parade, you need to keep smiling and keep waving". The spectators will (Continued on page A3)

## Safety Awareness in the Food Environment (S.A.F.E.) Offered in Sunapee

SUNAPEE, NH—Mary Saucier Choate, UNH Cooperative Extension Field Specialist, will be teaching a S.A.F.E. class on Monday, June 24, from 5:00 to 7:00 p.m. at the Lake Sunapee Yacht Club, located at 34 Stone End Road in Sunapee, NH.

S.A.F.E. reviews critical food safety and sanitation concepts such as personal hygiene, preventing cross-contamination, and controlling time and temperature. S.A.F.E. workshops provide food safety training for new employees and refresher information for more experienced staff. The 2-hour workshop uses practical discussion and hands-on demonstrations to help participants apply safe food handling practices in the workplace. S.A.F.E. participants receive a certificate of attendance. Pre-registration is required as space is limited.

There is no cost for this workshop.

To register, please contact the Graftor

To register, please contact the Grafton County UNH Cooperative Extension office at

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787-6944 or e-mail teresa.locke@unh.edu. For information on scheduling a S.A.F.E. class at your facility, contact Mary at 787-6944 or mary.choate@unh.edu.

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. UNH, U.S. Dept. of Agriculture and New Hampshire counties cooperating.

### Wildlife Alert from Sunapee Police

SUNAPEE, NH—On May 30, a resident made a report to the Police Department that she had seen an animal in her driveway that appeared to be a mountain lion. The resident bases her report on the size, shape and color of the animal she saw as compared to pictures of Eastern mountain lions that she has seen. The animal was seen in the area of Avery Road. The resident has made a report to the NH Fish and Game Department as well.

While there is no way to confirm the exact nature of the animal that was observed, a resident has reported seeing a large, wild cat-like animal and we urge all residents to take this report seriously. We live in a heavily forested area and share our land with countless species of animals that we are likely to come in contact with from time to time. Always be cautious and aware of your surroundings.

If you see a wild animal that looks similar to the animal reported, or any wild animal that seems out of place (such as any normally nocturnal animal seen during the day) or an animal that may be ill or injured, please contact the Police Department at 763-5555 and/or NH Fish and Game at 271-3361.

Send us your news and photos

## **NH Lottery Numbers**

06/01/2019

NH PowerBall 6 15 34 45 52 8

NH Mega Millions 05/31/2019 7 8 26 65 67 4

Tristate Megabucks 06/01/2019 8 16 20 29 40 5

For more lottery numbers, <a href="https://www.nhlotterv.com/">https://www.nhlotterv.com/</a>

# **Announcement Regarding Upcoming Road Closure**

SUNAPEE, NH—The section of Stagecoach Road from Route 103B to Stagecoach Lane will be closed to thru traffic from Monday, June 3rd, through Friday, June 21st. The Highway Department will be making improvements on this section of the roadway.

Please plan accordingly and thank you for your patience.

# **Sunapee Town Clerk/Tax Collector Closed June 5**

SUNAPEE, NH—The Office of Town Clerk & Tax Collector will be closed Wednesday, June 5. Employees will be attending the NH City & Town Clerk's Association Spring Workshop.

SATURDAY, JUNE 8
Claremont Farmers Market
10:00 a.m. to 1:00 p.m.

**Broad Street Park** 

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#### Alumni, from A1

smile and give the wave right back to you.

The parade co-marshals, chosen by the 25year class, are Raymond Bernard and David Stockwell.

A viewing stand will be in front of the Pleasant Restaurant where Steve Smith of WCNL will be parade emcee. Seating on the viewing stand is available to Alumni's Honorary Members.

Following the parade is the luncheon and annual Alumni meeting at the high school cafeteria. The luncheon is

catered by the "Women of the Moose" and is just \$4.00.

The banquet starts at 6:30 p.m. sharp and is catered by The Country Kitchen under new ownership this year, Tonya Gibbs. The menu entree is Yankee Pot Roast. The program includes introducing the 5-year classes, the member coming the furthest distance, the oldest member attending, the welcome to the newest members from the class of 2019 by the 25-year-class representative, and the response to same by the senior class president.

The biggest moment of the banquet is the presentation of the scholarship awards to the



Members of the Class of 1983 ride on their Grease-themed float along Broad Street in the 2018 Stevens High School alumni parade. The float won the George Disnard Memorial Trophy (Photo: Stephen C. Fitch).

2nd, 3rd, and 4th year students and the graduating seniors. This year we are awarding 39 scholarships to the post-grad students and 35 scholarships to the seniors for a total of \$106,700. As those of us attending the banquet watch these students come forward to receive their special award, we should be very proud of how we have worked together to build these scholarship funds to what they are today. We started in 1965 awarding one \$100.00 scholarship and are so excited in how far we have come. And that my friends, is what this Alumni Association is all about.

If anyone wants an alumni tee shirt for pa-

rade day, call the office at 603-542-8987, or The Ink Factory now carries Stevens alumni sweatshirts and tee shirts.

If anyone wants to ride in the parade, it is not too late. Call Dick Girard at 603-543-6398.

We wish all Stevens
Alumni classes a safe
and happy reunion weekend. Always remember
Stevens High School
Alumni Association is the
oldest active alumni association in the country
and You Are a Part Of It.
How special is that!



Grand marshals Jimmie and Brenda Baker ride in the 2018 Stevens High School alumni parade (Photo: Stephen C. Fitch).

#### **WCCMA Summer Concert Series**

#### July 15, 6:30pm

Bassel and the Supernaturals\*

Chicago-based funk band with a Syrian soul Outdoor concert at Broad Street Park

#### July 20, 6:30pm

Yankee Brass Band

Triumphant horns from America's Golden Age of band music

#### July 27, 6:30pm

Kinan Azmeh and Dinuk Wijeratne, with City-Band\*

Celebrated artists from "The Art of the Duo" collaborate with the virtuosic CityBand in a high-energy night fusing classical, jazz, and Middle Eastern originals

\*Concerts part of the 2-day Music Experience with Saint-Gaudens Memorial (sgnhs.org), and immersive opportunity to explore great artists across 2 days and 2 locations.

Concerts are presented at Union Episcopal Church, 133 Old Church Rd, Claremont, NH. WCCMA is committed to access to the arts for all; All concerts are by freewill donation. For more information, visit wcc-ma.org.



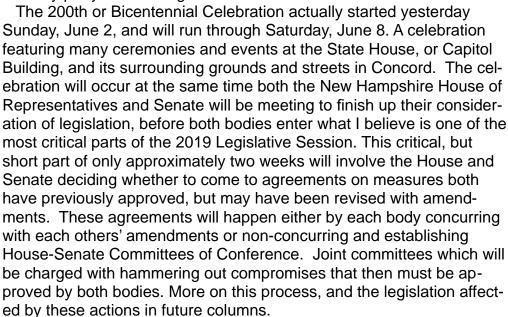
## Commentary

## **NH House Happenings**

By Rep. John Cloutier

# Celebrating NH State House's 200th Birthday this Week

New Hampshire's State House in Concord turns 200 years old this year, and this week is when its big birthday party is occurring.



Anyway, in reference to the 200th Birthday Celebration, as I indicated earlier, the celebration actually began yesterday at 1:00 p.m. with an opening ceremony, followed by three consecutive hour-long re-enactments of the first legislative session held at the State House in 1819-the year it first opened. Yesterday also included tours of our Capitol Building, which is usually not open to the public on weekends and holidays, unlike many other states. Today's activities included a 10:00 a.m. roundtable discussion featuring incumbent Gov. Christopher Sununu as well as all the former living governors except Judd Gregg, who was not able to attend. This roundtable was followed by Gov. Sununu's unveiling of historic New Hampshire documents at 11:30 a.m. Finally, at 1:00 p.m. there was another roundtable with all five current executive councilors, joined by former executive councilors.

Tomorrow, Tuesday, June, 4 will be Supreme Court Day. This day will be highlighted by the New Hampshire Supreme Court re-enacting an actual case that was tried before it in the House Chamber shortly after the Capitol Building was opened in 1819. The case, John Rankin et. al. vs. South Street Downtown Holdings, will be re-enacted in the present House Chamber. Next Wednesday, June 5, will be Cultural Heritage & Arts Day in the State House Plaza when many musical and demonstration artists such as the craftspeople at Charlestown's Fort #4 will appear to show off their talents. Also on the same day, the New Hampshire State House Bicentennial Commission will present awards to the



2019 winners of the Bicentennial Mixed Media Arts Contest in the Executive Council Chambers. This contest has been held for the past three years in preparation for the 200th Birthday, and has been open to all our state's school students, ages 5-21. This year's winners for colorful State House drawings and paintings include two Sullivan County students, both of whom won in the Elementary School Category. The first winner was Aribella Medbery from Newport's Richards Elementary School, who won First Place, and second winner was Connor Clark from Newport's Newport Elementary School, who won Third Place. The theme of all the contests for the three years as created by the Bicentennial Commission is "The New Hampshire State House and Its Meaning Today."

Then Thursday, June 6, will be Legislative Homecoming Day with both House and Senate meeting together in the House Chamber at 10:00 a.m. to welcome all former representatives and senators who have been invited back to attend. The House and Senate are then scheduled to continue finishing up their business from the previous day's meetings. But at noon both bodies will break for lunch with a Legislative Old Home Day Picnic on the Capitol Building's Lawn. I just hope the weather is sunny on June 6.

Next, on Friday, June 7, there will be an all day New Hampshire Made Street Market on Capitol Street in Concord, which is next to the State House. Finally, the 200th Birthday Party will conclude Saturday, June 8, with more State House tours between 10:00 a.m. and 2:00 p.m., followed by an Official Closing Ceremony at 2:00 p.m. I encourage readers, who haven't attended any of the just-described events of the first two days, and want to see our refurbished State House, to please take time out of your busy schedules to travel to Concord to see the Capitol Building sometime by 2:00 p.m. this Saturday, June 8, during the Bicentennial Celebration that has been in the planning for several years now. A celebration not paid for with much taxpayer money, but instead funded privately through the sale of various commemorative items including shirts, cups, bottle openers, stickers, and lapel pins, among others, all with the Official State House Bicentennial logo. For more information, please go to the Bicentennial website: https:// nhstatehouse200.com.

However, if for some reason, interested readers are unable to attend any of this week's Bicentennial events, I would encourage them to purchase a copy of the "The Granite State House." Produced by the New Hampshire Historical Society, this 80-page page book is superbly illustrated with many drawings, paintings, and photographs of our State Capitol Building from 1819 to the present. Naturally, this short tome also tells the fascinating story of how the City of Concord became our state's capital, the initial construction of the State House, and two major renovations and additions made in 1864-66 as well as 1909-10. It costs only five dollars per copy, and can be purchased at the Historical Society, which is located at 30 Park Street in Concord behind the State House, at the Society's on-line store at <a href="https://www.nhhistory.org">www.nhhistory.org</a>, or by calling (603) 228-6688. It can also be purchased at the State House Visitors' Center, while supplies last.

Email: jocloutier@comcast.net

## Letters to the Editor

## **Downtown Stores Can't Survive without Local Support**

#### To The Editor:

As I watched the owners of Bouteille on Opera House Square packing up and closing down this week, I was saddened once again at the loss of yet another downtown business. My sadness was combined with anger, though, as I recalled the almost constant line of customers they had over the last couple of weeks as they offered price reductions of 50% and more. Perhaps if some of these shoppers would have been loyal customers the shop could have survived and even flourished. Who knows. What I do know is that no store or restaurant is immune to the apathy of citizens who claim to want a vibrant downtown – "like the good old days" – yet who neglect the businesses they claim to want. So, if you want restaurants, gift shops, locally produced goods, and yes, a bookstore, you need to vote with your shoes and your wallets. We can't survive without you.

Laurel Eaton Violet's Book Exchange Claremont, NH

## Thank You for Attending Memorial Day Ceremonies in Charlestown, North Charlestown

#### To The Editor:

On behalf of Charlestown Memorial VFW Post 8497 I would like to thank all the citizens who attended the Charlestown and North Charlestown Parades and ceremonies Monday to pay fitting tribute to those military personnel who laid down their lives during the worst of all climates – WAR. I thank all those who helped to make this year's Memorial Day Ceremonies a success: Fellow Members of VFW post 8497, VFW Auxiliary of 8497, Fall Mountain JROTC, Fall Mountain High School Band, Charlestown Middle School Band, Fun 4-H Club, Jim Dandies 4-H Club, Boy Scout Troop #31, Cub Scout Pac – 31, Girl Scout Troop 58299, Charlestown Brownies, Charlestown Police Department, Charlestown Fire Department, Charlestown Ambulance, the Daughter's of the American Revolution, and the Charlestown Rotary. Also we would like to thank Cadet Corporal Ethan Parrott and Cadet Private First Class Angelina Lewis for singing the Star Spangled Banner, Cadet Staff Sergeant Kyle LaFoe and Cadet Lieutenant Colonel Ruslan Bierweiler-Franks, and Major Maynard for reading of the names of our fallen Veterans. A very special thank you goes out to those volunteers who work hard to make our Memorial Day programs and picnic lunch a success.

Thank you all.

On another note, and to the attendees of Charlestown's Memorial Day Parade, as the parade organizer I apologize for my lapse in judgment with this year's parade line up. Memorial Day is arguably one of the most sacred days of the year for the Active Duty Military and Veterans of this great nation. Each year we strive to honor those who died in service while fighting the wars of our country, maintaining old traditions while occasionally working in new ways to honor the past. For instance "back in the day" keynote speakers were often Town or State leaders or sometimes a notable Veteran from one of the many wars. Here in Charlestown, after the start – up of the Junior ROTC program at Fall Mountain Regional High School, the battalion supervisor was offered the opportunity to provide one of the leading cadets with the high honor of being the keynote speaker for our parade and Memorial Day Observance. An opportunity that they have wholeheartedly embraced, and one that the townspeople have commented positively on over these many years.

Another change to the observance we made a few years ago was instituting a dedication each year in remembrance of one of Charlestown's fallen heroes. In keeping with the true meaning of Memorial Day we use this dedication as a way to keep the memory of these heroes alive and to teach our youngsters of the sacrifices they made.

This year I was contacted by a man from town who called on behalf of one of Charlestown's political organizations that had several questions concerning Charlestown's Memorial Day Observances. First he wanted to know if they could march in the parade, to which I answered that all town organizations are welcome to march in the parade, but that we have one very strict rule which is that the event is about honoring our war dead and that no other distractions would be allowed, specifically that there were to be NO political banners/ signs of any kind, the only allowable banner is one identifying the group. He said that was fine. Next he requested that their candidate be allowed to speak during the ceremony, a request I denied due the tradition I have already mentioned. Having served 20+ years in submarine service I am used to dealing with honorable men who act and speak with integrity, apparently the local representative of this political party is lacking in these qualities as he disregarded my instructions displaying a large political banner as they marched in their first and last Memorial Day parade here in town. Again I feel I must apologize to the town for my misguided trust in local politicians, I thought here in rural New Hampshire we are better than that. I will ensure in the future that the hallowed ceremony of Memorial Day be observed with the proper reverence it deserves.

Tom St.Pierre, Charlestown VFW Post 8497 Charlestown Memorial Day Parade Organizer

# Claremont Police Release Statement regarding Shooting of Dog in Monadnock Park

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—On May 26, at approximately 5:45 p.m., the Claremont Police Department responded to Monadnock Park to investigate a report of a dog that had been shot. Officers interviewed witnesses, collected physical evidence, and assisted the dog's owner with obtaining medical treatment for the animal.

According to Captain Stephen A. Lee of the Claremont Police Department, "While officers were conducting the on-scene investigation, the subject that shot the dog also contacted the police department to report the incident. While all parties involved in this incident have been identified, their names are not being released at this time. The investigation into the facts and circumstances which led to the shooting continues. When the investigation is complete, it will be reviewed by the Sullivan County Attorney's Office to determine if any criminal charges are appropriate."

If anyone has further information about this matter, they are encouraged to contact Sergeant Justin Laffin at (603)542-9538 or jlaffin@claremontnh.com.

Although the police department did not identify the dog's owner at the time of the statement, the incident has been widely posted about on social media by the dog's owner, and a GoFundMe account has been set up to raise money for the dog's medical care.

The Claremont Parks and Recreation Department has specific policies regarding pets in the City's parks. According to the City website, "Dogs and cats only: These animals are permitted if in control by a leash or under command of the owner, but are not allowed within the fenced-in portion of game playing facilities and playgrounds. No other pets or animals are allowed." The dog injured in the incident had been within the fenced-in tennis court, unleashed, at Monadnock Park. "These rules are not posted at the entrance of the tennis courts, but they

are posted on a green bulletin board near both entrances to Monadnock Park," said Mark Brislin, Claremont Parks and Rec Director.

In terms of whether the park is in a school zone, being near the high school, "There are different definitions of what a 'school zone' is, depending on whether it is for setting speed limits, enforcing drug sale laws, etc.," Lee told the *e-Ticker News*. "There is no 'school zone' which prohibits the possession of a firearm within that zone. There is no city ordinance or rule regarding the possession of firearms in city parks, either," he added.

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# 13 Arrested in Claremont Following Investigation into Criminal Activity

CLAREMONT, NH-On May 30, the Claremont Police Department, in conjunction with the New Hampshire State Police Mobile Enforcement Team, New Hampshire State Police Troop C, New Hampshire Attorney General's Drug Task Force, and New Hampshire Probation and Parole, conducted a joint enhanced patrol targeting criminal activity associated with several locations within the City of Claremont. According to a statement released by the Claremont Police Department, "Over the past several months, the Claremont Police Department has received numerous tips and complaints from the public regarding these particular locations. Based on information gathered during the course of this joint patrol, investigators received search warrants for three residences on Sullivan Street and Pearl Street in Claremont. A variety of controlled drugs and other associated evidence were seized pursuant to those warrants."

According to Capt. Stephen A. Lee, the 13 subjects were arrested as a result of the investigation: See photos to the right.

Lee added that "Throughout the evening, investigators received additional evidence regarding the narcotics trade within the city. As such, the investigation continues and further charges are imminent. Anyone with information about this investigation is encouraged to call Claremont Police Detective Colby Casey at (603)542-7010 or e-mail <a href="mailto:ccasey@clare-montnh.com">ccasey@clare-montnh.com</a>."

--Phyllis A. Muzeroll

## FRIDAY, JUNE 21 The Kid Who Would Be King (PG)

Summer movie in Cory Taber Memorial Park

behind Plainfield Community Church on 12A Bring you own chairs or blankets and snacks! Movies start at 9 p.m.

### SATURDAY, JUNE 22 ART RECEPTION SAINT-GAUDENS NA-TIONAL HISTORICAL PARK

SUMMER EXHIBIT: Ruby Sky Stiler: Fresco There also will be a reception on Saturday, June 22, from 4:00-6:00 pm, with an artist's talk at 4:30 p.m. Exhibit runs through July 7.



Nicholas Santana Age 28 Receiving Stolen Property



Darcie Miller Age 32 Possession of Controlled Drugs



Age 30
Possession of Controlled Drugs



Shawn Jones
Age 31
Willful Concealment (Theft)



Loretta Doxter Age 41 Electronic Bench Warrant



David Travis
Age 49
Control of Premise (Drugs)



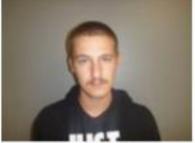
Tyson West Age 30 Electronic Bench Warrant



Dale West Age 45 Possession of Controlled Drugs



Tyson Reed Age 38 Civil Capias Warrant



Trevor Clark Age 23 Electronic Bench Warrant



Christopher Diaz Age 26 Disobeying an Officer Resisting Arrest



Gunner Clow Age 20 Warrant: Assault by a Prisoner



Charles Brewer Age 29 Electronic Bench Warrant

# Claremont Police Dept. Scheduled for Site-Based Assessment

CLAREMONT, NH—The Claremont Police Department is scheduled for a site-based assessment as part of a program to maintain its Accredited status by verifying that it meets professional standards.

Administered by the Commission on Accreditation for Law Enforcement Agencies (CALEA), the Accreditation program requires agencies to comply with state-of-theart standards in four basic areas: Policy and procedures, administration, operations and support services.

As part of the on-site assessment, agency personnel and members of the community are invited to offer comments at a public information session on Tuesday, June 18, at 7:00 p.m. The session will be held at the Claremont Savings Bank Community Center.

Agency employees and the public are also invited to offer comments by calling 603-558-1881 between the hours of 1:00 and 3:00 p.m. on June 18. Comments will be taken by the Assessment Team. Telephone comments as well as appearances at the public session will be limited to 10 minutes and must address the agency's ability to comply with CALEA standards. A copy of the standards is available for viewing at the Claremont Police Department by contacting Chief Mark Chase.

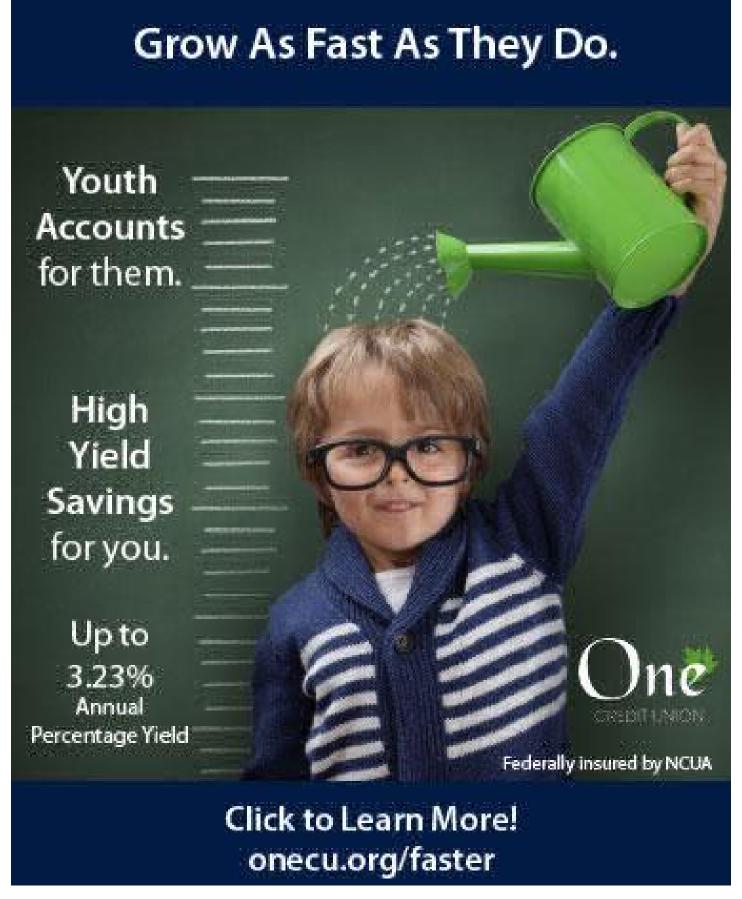
Anyone wishing to offer written comments may write to the Commission on Accreditation for Law Enforcement, Inc., 13575 Heathcote Blvd., Suite 320, Gainesville, VA, 20155 or <a href="https://www.calea.org">www.calea.org</a>.

The Claremont Police Department embarked on the Accreditation journey in 2005 with the full support of the Claremont Police Commission. Retired Deputy Chief Bill Wilmot was hired as a part-time Accreditation Manager to guide the department through the process. During the self-assessment phase, the Command Staff and the Claremont Police Commission developed a state-of-the-art CALEA-compliant, written directive system. Systems, equipment, and training were reviewed and updated. The first benchmark was in December of 2008 when the department hosted a "mock on-site assessment". Later, in 2009, the CPD was granted Recognition status.

After several more years and more processes, the Claremont Police Department received its Accreditation status, in 2012. It underwent a Re-Accreditation assessment in June of 2015 and passed all the criteria.

CALEA is a private, non-profit corporation which was founded in 1979 with a purpose of developing public safety standards and to

administer an accreditation process through which agencies can demonstrate that they voluntarily meet professionally-recognized criteria for excellence in management and service delivery. CALEA is the foremost public safety credentialing authority in the United States, Canada and Mexico.



## Council Presented End-of-Season Summary for Arrowhead

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—At the recent City Council meeting, Chuck Allen, president of the Arrowhead Recreation Club, presented an end-of-season summary for the facility.

"Most know that Arrowhead is a 100 percent volunteer organization," said Allen, reading from a prepared statement. "We are dedicated to providing low cost family recreation and entertainment. Our common goal is to enhance the quality of life through recreation.

"The Arrowhead Recreation Area is owned by the city of Claremont. The Arrowhead Recreation Club has a great working relationship with the city to keep this valuable asset viable and available to all. Since 2000 the Arrowhead Recreation Club has added over \$500,000 in improvement to Arrowhead over these years. Every single upgrade, new building, new lift, lodge improvement, trail improvement and new feature that we do instantly becomes a city asset, not an Arrowhead Recreation Club asset.

"We all know of the capital improvements that need to be done at Arrowhead. Things like replacing the 1960's vintage single pane windows and doors, replacing an old heating system, adding air conditioning to the main floor,

repairing and replacing an aging roof. Mark Brislin [Parks and Rec director] wanted to add funds to repair the roof and councilor Kier made the motion to include in the budget, thank you, Mark and Abigail. This was voted down 5 to 4, mostly because they are relying on the state to send money to Claremont for capital improvement projects; do you really want to count on the state to come through with these dollars? [We] would prefer that an account earmarked for this purpose only be set up so funds can't be moved around and used for other purposes. If the state does come through, then the account can be closed and funds returned to the general fund or used for the other needed Arrowhead projects."

Allen continued, "This past season was an okay one, we have had more profitable seasons, but we did good enough to be able to maintain basic operations, even though there were challenges with weather and other factors."

In general winter time operations startup cost are about \$25,000 for the facility, then secondary variable costs kick in that are related to operating days and variable factors, like needs to make snow or equipment repair. Some, not all, of the annual-based costs of the operation are

- \$15,500 insurance (April 1st annual renewal)
- \$1,200 annual inspections and tax preparations
- \$2-4,000 snowmaking costs
- \$5,000 general cost of fuel, concessions prep, and maintenance



Work has been continuing on the patio short wall being built in front of the Arrowhead Lodge building (Courtesy photo).

Some other Short Term Forecasted Expenditures include

- \$10,000 reserved for groomer payments (\$1,200 payments to December)
- \$3,000 season startup cost
- \$4,000 for groomer factory maintenance and windshield repairs, being shipped out soon
- \$3,000 for other obligations
- \$3-5,000 completion of a wall for patio area

as part of phase II slope side deck replacement project

The added value to Arrowhead for the replacement of the old wooden deck with a patio is \$15,000.

"Arrowhead is a 100% volunteer organization and is always In need of new volunteers for all aspects of the operation," said Allen. "We are very short of help and support people, so we need people for public relations, marketing, recruitment, mechanical maintenance, heavy equipment knowledge and anyone with a skill or who just wants to help. If anyone wants to learn more or wish to join us, please contact us."

Season	2016-2017	2017-2018	2018-2019	
Operational Days	38	30	39	
Customer visits	5,293	4,029	4,516	
Vol Oper hrs	3,613.5	1,834.5	2,622.0	
Vol Non Oper hrs	2,475.5	2,044.0	1,919.0	
Total Vol Hrs	6,089.0	3,878.5	4,541.0	

## Classified Ads

## **New to the Market**





Claremont - Over 2800 sq ft, this 3 bed, 2 bath modular has a full basement and a 2 car garage. Included is a family room off the kitchen and central air. Fenced in backvard. See MLS# 4754236 for more photos. Listed at \$179,000



**Bonnie** Miles

**Homes Unlimited** 112 Washington St., Claremont, NH 03743



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Office: (603) 542-2503

bonnie@coldwellbankernh.com

## Ann's **Property** The Week

1103 Blood Hill Rd. West Windsor, VT



**Century 21/Highview Realty,** 42 Summer Street, Claremont, NH 03743

603-542-7766



## Move In Ready!

Looking for privacy? This 4 bedroom 2 bath home is located on 10.89 acres. Make this your 2nd home or year round home. This property has a large deck with nice views of the mountain, field-stone fireplace and garage. Privacy, but still close enough to all amenities. Move in Ready! This home is being sold fully furnished, with the exception of few personal items.

MLS # 4735171 \$230,000

## Ann <u>Jacques</u>

Call me for your real estate needs!



annjacques1@comcast.net



Tammy Bergeron Owner/Broker



tammy@housestohomesnh.com Ashley@housestohomesnh.com www.housestohomesnh.com



MLS

131 Broad Street Claremont, NH 03743 Office: 603-287-4856

Fax: 287-4857

Cell: 603-477-1872









## Claremont

**Just hit the market.** Turnkey Cape with garage and stone open breezeway. Spacious living room with fireplace. Nice level vard. \$143,900

## Classified Ads

#### TUESDAY, JUNE 18 CORNISH HISTORICAL SOCIETY PRO-GRAM 7PM

## CORNISH TOWN OFFICE BUILDING - upstairs

The Historical Society will present the program "20th Century Cornish Farming and Lifestyle Practices".

On June 18, Tuesday, at 7:00 PM, Jim and Sue Fitch and Martha and Dean Zoerheide will share recollections of their grandparents' early 20th century Cornish farming and lifestyle practices. They will show some of the tools and equipment used in carrying out the seasonal tasks associated with animal husbandry, food preservation, transportation, and communication at a time without modern conveniences. Audience members will be encouraged to add their own recollections in order to pave the way for us. This program will be held at the Town Office Building at 488 Townhouse Rd., Cornish, NH.

All are welcome and refreshments will be served after the meeting.

## Program on "Wild and Colorful Victorian Architecture June 11

NEWPORT, NH—On Tuesday, June 11, 6:30-8 PM, the Newport Historical Society

presents an exciting program, "Wild and Colorful Victorian Architecture" by one of the leading scholars of the architecture, design and art of the 18th to the



21st centuries in America and abroad. Dr. Richard Guy Wilson explores elements of visual literacy and points out how architecture can reflect the cultural and civic values of its time and place. This program takes place in the ballroom of the Neo-Georgian/Colonial Revival Richards Free Library, 58 N. Main

UNITY, NH
2 Story Cape 3 Bed 3 Bath
\*WATER FRONTAGE\*

- \* Open floor plan
- \* 2.21 acres

MLS # 4751427 \$449,000



CORNISH, NH 1 Story 3 Bed 1 Bath

- \* Open concept
- \* New vinyl tilt-in windows MLS # 4751998 \$230,000





## 1 Story Split Level 4 Bed 2 Bath \* Many updates and renovations. Move-in

\* Kitchen with custom Crown Point cabinets MLS # 4752176 \$214.900

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Street, Newport, NH.

In this program you will visually explore the tremendous legacy of New Hampshire's architecture from the Victorian period (1820 - 1914). This program looks at exuberant Victorian-era architecture across the state in houses, hotels, mills, city halls, courthouses, and churches, with references to gardens, furniture, and other elements of the built environment. You may also bring a photo (on paper please) of your home, or one you like, and Dr. Wilson will identify its architectural style to the extent possible.

This program is free, open to the public, handicapped accessible, and light refreshments will be served, as always.

## Classified Ads

### **Personal Mentor Needed!**

We are looking for a mentor to provide quality 1:1 supports to a woman that enjoys volunteering, exercising and participating in community activities in the Lebanon, NH area. The ideal candidate is ambitious, easy going and committed. 25 hours per week.

#### Qualifications:

- HS Diploma or GED required
- · Valid driver's license, proof of auto insurance and reliable vehicle necessary
- Must pass criminal background check, MVR check, Bureau of Elderly and Adult Services check and OIG check
- · Must pass TB test

Apply in person: 654 Main Street, Claremont NH

Email: khenning@pathwaysnh.org

FRIDAY, JUNE 7 EVENT IN NEWPORT, NH

Celtic Music trio 'The Glory Reel' to perform at the Library Arts Center on 7:00 p.m.

Library Arts Center Gallery 58 N. Main St. Newport, NH Doors open at 6:30 p.m.

Celtic music trio 'The Glory Reel' will play a concert at the Library Arts Center Gallery in Newport on Friday, June 7th at 7:00pm. The concert is the first installment of the Center's "Three Bridges Traditional Music Series" that runs throughout 2019.

Will Woodson (flute, uilleann pipes), Caitlin Finley (fiddle), and Chris "Junior" Stevens (button accordion, concertina, piano) play sparky and driving traditional Irish music that's grounded in the textures and rhythms of the rich Irish-American soundscape of the 1920s and 30s.

Tickets are \$16 in advance/\$20 at the door. The doors to the gallery will open shortly after 6:30pm, and seating is open. The performance will begin at 7:00pm. For more information about the show, the Three Bridges Music Series, or to purchase advance tickets, visit <a href="http://libraryartscenter.org/threebridges/">http://libraryartscenter.org/threebridges/</a> or call the LAC at 603.863.3040.

# FRIDAY, JUNE 14 RECEPTION AT PHILIP READ MEMORIAL LIBRARY 5PM

Reception for cartoonist and Cornish resident, Harry Bliss, at Philip Read Memorial Library, where his collection of cartoons from past and present cartoonists is on display, will be on Friday, June 14th, at 5:00 PM.

The "Ink Slingers" exhibit will be open until the end of July during library hours of operations.

Got news? Send your news and photos to etickernews@gmail.com



#### **Transit Director**

Southwestern Community Services is seeking a detail-oriented, solution-focused Transit Director for our Sullivan

County Transportation Program. This is a full-time, salaried/ exempt position, located in Claremont, NH. The Transit Director reports to the Chief Operating Officer.

This position requires the ability to formulate and administer program policies, procedures, and performance standards for the fixed bus routes and volunteer driver program. The ability to manage multiple projects with a high degree of accuracy is a must. Extensive knowledge of transit and dispatch is preferred.

SCS offers competitive salaries, pension, ongoing professional development, and a variety of other benefits, including paid holidays, paid time off, health, dental, life, and short-term/long-term insurance.

Please send resume with cover letter through June 14, 2019 to:

Beth Daniels, Chief Operating Officer Southwestern Community Services PO Box 603 Keene, NH 03431

bdaniels@scshelps.org

Email submission is preferred. No phone calls please.

SCS is an EOE and a Partner of the United Way

### SATURDAY, JUNE 15 SCCD Community Garden Plant Sale 9am -12pm

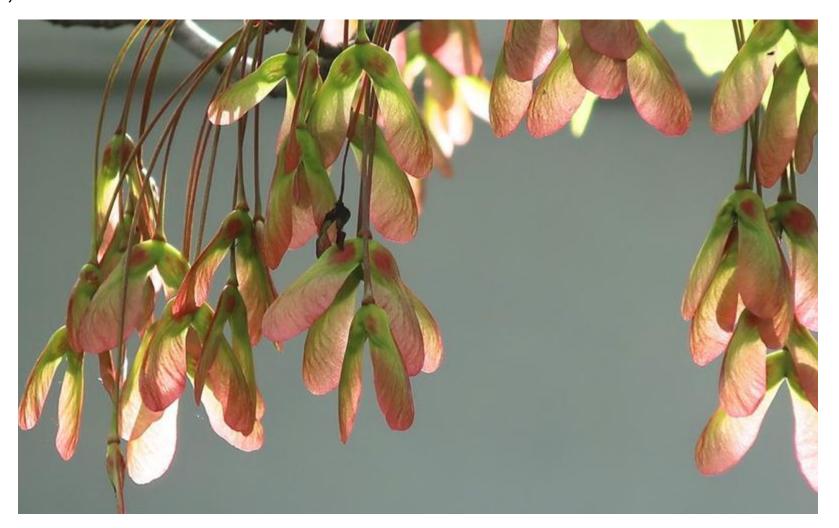
#### **Eco Ag Center, Sullivan County Complex, Unity, NH**

Garden members dig up all the volunteer plants that come up in the garden and sell them to raise money for gardening supplies and for their end of the year harvest dinner. Last year, they sold dill, verbena, johnny jump-ups, native thistle, and poppy seeds. Who knows what they'll have this year, but it will be great and at yard sale prices! Cash or check only, please!

We post breaking news, updates and timely stories and photos on our website and Facebook page.

Find us on dailyuv.com, too!

Early morning sunlight filters through a hanging of maple seeds. Maple trees produce winged seeds known as double samaras, which can vary in size and color depending on maple species. These seeds are most commonly called "helicopters" for their signature twirled descent, though some also refer to them as whirligigs. (Phyllis A. Muzeroll photo).







# Saturday, June 22nd, 2019

Robert C. Hasevlat Memorial Park • Newport

8:30 AM (Race Day Registrations) | RUN STARTS AT 10:00 AM

\$20 PRE-REGISTRATION FEE | \$25 SAME DAY REGISTRATION FEE

KIDS 12 & UNDER FREE • TO REGISTER TO RUN, WALK, OR SUPPORT A

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sullivancountyhumanesociety.org

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## e-Ticker Business News

## **NHEC Annual Meeting June 13**

PLYMOUTH, NH – The New Hampshire Electric Cooperative (NHEC) 80th Annual Meeting of Members will be held at 6 p.m. on Thursday, June 13, at Merrill Place Conference Center on the campus of Plymouth State University in Plymouth. All NHEC members are welcome to attend the business meeting in person, or join the live stream of the meeting online.

Registration for members attending the meeting in-person will begin at 5 p.m. To join the live stream, open an internet browser and enter the address: <a href="https://www.ustream.tv/channel/YWLRQpSwmgi">www.ustream.tv/channel/YWLRQpSwmgi</a>.

Members who plan to attend in person are asked to RSVP by calling Member Solutions at 1-800-698-2007, or emailing solutions@nhec.com.

Please note that the format of this year's event has changed in order to focus on the goal of updating members on the financial and operating performance of the Cooperative. Light refreshments will be provided.

NHEC is a member-owned electric distribution cooperative serving 85,000 homes and businesses in 115 New Hampshire communities.

# Dr. Brent White of Mt. Ascutney Hospital named a Top Doctor for 2019 by *New Hampshire Magazine*

WINDSOR, VT –Mt. Ascutney Hospital and Health Center (MAHHC) is pleased to announce that general surgeon Dr. Brent White has been named a Top Doctor for 2019 by New Hampshire Magazine. White also practices at Dartmouth-Hitchcock Medical Center in Lebanon, NH.

Nominees are chosen by peers, and are subject to a rigorous, physician-led screening process conducted on behalf of *New Hampshire Magazine* by Castle Connolly Medical Ltd., a national healthcare research company. Founded by a former college medical board chairman to help consumers find America's top doctors and hospitals, Castle Connolly conducts careful screening of nominated doctors'



Dr. Brent White (Courtesy photo).

educational and professional experience before making final selections. More information about the nominating process can be found at castleconnolly.com/nominations.

White is a board-certified general surgeon

with special interests in gastroesophageal reflux disease, gastrointestinal and colon conditions, and hernias, as well as performing flexible endoscopy/ colonoscopy. He received his MD from the Duke University School of Medicine in Durham, NC. From 2002 to 2006 he was a

general surgery resident at Dartmouth-Hitch-cock Medical Center in Lebanon, NH. From 2006-2008, he then completed a fellowship in minimally invasive surgery at Emory University-affiliated hospitals in Atlanta, GA. He currently also serves as an assistant professor of surgery at the Geisel School of Medicine at Dartmouth College.

"Please join me in commending Brent for this achievement," said MAHHC CEO and Chief Medical Officer Dr. Joseph Perras, who added, "I'd also like to thank our Operating Room and Clinic staff who support Brent and all our providers, helping them perform their craft. Congratulations, Dr. White!"

## New Owners for Claremont Spice & Dry Goods Announced

CLAREMONT, NH—David and Ingrid Lucier announced on Facebook that their store, Claremont Spice & Dry Goods, will soon have new owners.

"After 7 ½ years Ingrid and I are taking a step back and semi- retiring," said David Lucier. "The new owners will be Ben Nelson and Chiara Tosi-Nelson. They will be taking over after the 4th of July. Ben grew up here in Claremont, attended Stevens High School and Dartmouth College. Chiara grew up in Carpenedolo, Italy. They met at Dartmouth, and after a few years of a long distance rela-

(Continued on page A16)



## e-Ticker Business News

#### Spice, from A15

tionship were able to marry and settle down in the Upper Valley. They are excited to continue the food tradition that we have fostered here in Claremont and grow it."

The shop stocks over 190 kinds and grinds of spices from aleppo and allspice to za'atar; sea salts; coffee; tea,; hot sauces; local honey; local maple products, including flavor infused maple syrup; and other goods. They package spices in smaller quantities for the home cook, and supply many restaurants in the area.

## Perdue Simply Smart ORGANICS Products Recalled

WASHINGTON—Perdue Foods LLC., a Bridgewater, VA, establishment, is recalling approximately 31,703 pounds of ready-to-eat chicken products that may be contaminated with extraneous materials, specifically pieces of bone material, the U.S. Department of Agriculture's Food Safety and Inspection Service (FSIS) has announced.

The fully cooked chicken products were produced on March 21, 2019.

FSIS is concerned that some products may be in consumers' freezers.

Consumers who have purchased these products are urged not to consume them. These products should be thrown away or returned to the place of purchase.

The following products are subject to recall: 11.2 oz. plastic trays containing "PERDUE"

Simply Smart ORGANICS BREADED CHICK-EN BREAST TENDERS – GLUTEN FREE" with a "USE BY MAY 20 2019" and UPC bar code of 072745-001437 on the label.

12 oz. plastic trays containing "PERDUE Simply Smart ORGANICS BREADED CHICK-

EN BREAST NUGGETS – WHOLE GRAIN" with a "USE BY MAY 20 2019" and UPC bar code of 072745-001642 on the label.

12 oz. plastic trays containing "PERDUE Simply Smart ORGANICS BREADED CHICKEN BREAST STRIPS – WHOLE GRAIN" with a "USE BY MAY 20 2019" and UPC bar code of 072745-002656 on the label.

10-lb. bulk boxes of "Chef

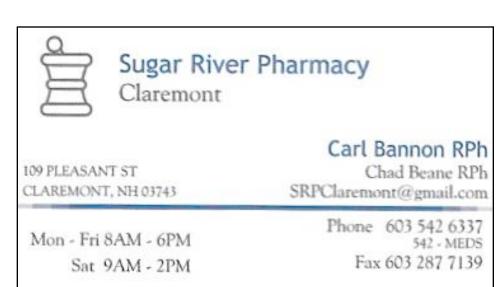
Quik Breaded Chicken Tenders Boneless Tender Shaped Chicken Breast Patties with Rib Meat" with Case Code 22143 on the label.

10-lb. bulk boxes of "Chef Quik Chicken Breast Strips Strip Shaped Breaded Chicken Breast Patties with Rib Meat" with Case Code 77265 on the label.

The products subject to recall bear establishment number "EST. P-369" inside the USDA mark of inspection. These items were shipped to retail locations nationwide.







# The Common Man "Give \$10 Get \$10" Campaign

## Raises Funds for Much-Needed NH Red Cross Bloodmobile

CONCORD, NH—Throughout the month of June, The Common Man Family of Restaurants is partnering with the American Red Cross in New Hampshire on a "Give \$10, Get \$10" campaign to help raise funds for a new Bloodmobile.

For every \$10 donated to the Red Cross online, by phone or in person at the non-profit's Concord headquarters, the Common Man is giving a \$10 Do Good bonus card, good for \$10 off your bill at any Common Man location (excluding the Hooksett Welcome Centers and The Flying Monkey in Plymouth). Do Good cards will be given in \$10 increments, up to 25 bonus cards, for donations up to \$250.

The Red Cross in New Hampshire relies on its Bloodmobile to collect nearly 10% of all blood donations. The current vehicle is 15 years old, and is no longer adequate to meet demand. As a result, there has been a 32% drop in collections.

"We know there is a critical blood supply shortage here in the Granite State," said Erica Murphy, Director of Communications and Community Relations for The Common Man. "The Bloodmobile plays a crucial role in getting out to communities and encouraging donors to give blood. A new vehicle will help the Red Cross build up needed supplies and reach more potential donors. We hope Granite Staters will join us to Do Good for the Red Cross in New Hampshire."

Donations to fund a new Bloodmobile as part of the "Give \$10, Get \$10" campaign can be made until June 30 online at: <a href="https://www.redcross.org/donate/cm/thecommon-man-pub.html">https://www.redcross.org/donate/cm/thecommon-man-pub.html</a>; in person at the Red Cross office at 2 Maitland Street, Concord, NH 03301 or by calling Shannon at: 603-223-7367.

The Common Man's Do Good bonus cards will be mailed within 7-10 days by the American Red Cross of New Hampshire to the address provided on the donation form. Multiple bonus cards can be used in one visit. The bonus card has no cash value, no change back. Card must be presented and surrendered at time of purchase. Cannot be

combined with other coupons, offers, or promotions. Not valid for purchase of Common Man gift cards. May not be used to pay for alcohol, tax or gratuity. Cannot be used to purchase wine at the Company Store. May not be applied to previous purchases. Not valid at Common Man Roadside at the Hooksett Welcome Center or the Flying Monkey Movie House and Performance Center in Plymouth. Cannot be used towards events/catering. Do Good card expires 12/31/19.

#### MONDAY, JUNE 3 LEGISLATIVE FORUM

7:00 to 8:30 pm at the Philip Read Memorial Library

Featuring Representatives Lee Oxenham, Brian Sullivan, Linda Tanner and Senator Martha Hennessey.

Be informed about the bills considered by the legislature covering the issues of alternative energy, financing of education, guns in schools, medicaid funding, repealing the death penalty, paid family leave, and the NH minimum wage.

Q & A Session to follow. Sponsored by the Plainfield Democratic Committee.

Questions? Please contact Evan Oxenham at (603-

727-9368) or by email at evan.oxenham@gmail.com.

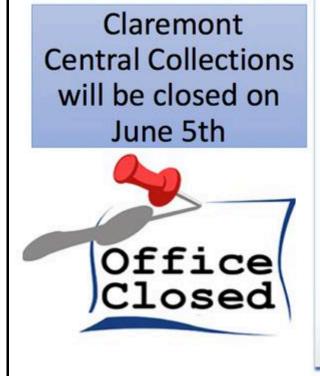
#### TUESDAY, JUNE 4 Plainfield/Cornish Energy Committees' Meeting

7:00 p.m. at the Meriden Library

The Joint Energy Committees of Cornish and Plainfield will meet to discuss actions for reaching the goal of 100% renewables for electricity by 2030.

Join us and learn along with us as we progress in this effort. We are continuing to work on renewable energy projects, solar siting, tabulating energy use, and learning about new technologies.







## Planning Board to do Site Visit as it Considers Application for C&D Transfer Station

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—Feeling that they needed more information, members of the Claremont Planning Board Tuesday night opted to do a site visit at American Recycling on Industrial Blvd. before approving an application for a new operation. The business is seeking approval for a construction and demolition transfer station. Debris brought in by truck would be sorted, with the C&D loaded onto rail cars to be shipped to the midwest. The company currently recycles material, including metal. An existing building on the propertv would be removed and the debris trucked in would be deposited on a concrete slab and sorted. Recyclables would go to their existing business across the street while the C&D would be loaded into rail cars for shipment. There is a rail siding on the property, and the owners expect to increase its number of rail cars from five to likely 10. Such cars would have sides but no tops and would depart the property at night.

The applicants are caught in the nebulous area of trying to get a state permit for the operation and having to show they have a City permit while in the midst of trying to win approval from the City to show to the state. Construction debris is expected to come from parties in New Hampshire and Vermont.

The operation would see approximately 30 to 50 trucks bringing material to the site daily; not all would be tractor trailer truck size but rather a combination of trucks. It is expecting to receive some 300-500 tons of debris a day.

Several residents, including some who live in the nearby Westwood Village, spoke during the meeting, expressing concerns about noise, dust, traffic, runoff and if there would be health or environmental impacts from the proposed operation. The material would be wet down to contain or control dust.

The application was discussed during an unusually long Planning Board meeting, and members decided to hold a site visit on Tuesday at 2:00 p.m. to get a better sense of the noise, traffic and other issues that were raised; the visit is open to the public.

In other action, the board approved a site plan application for the Ready Set Grow

childcare center to relocate from Royce St. to 11 & 13 Main St. The facility will be located in the former Bond Auto Parts building. The childcare center currently provides services for about 80 children, ages six weeks to 12 years.

The plan has already received approval from the Zoning Board, being given a special exemption for the operation at that location.

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## Do You Have a Business Succession Strategy?

If you own a business, you've always got plenty to think about: sales, marketing, employees, competition, industry trends, consumer preferences – the list goes on and on. It's easy to get so caught up in your work that you might not take time to think about retirement. But if and when that day arrives, you'll want to be prepared – which means you need a business succession plan.

And you will have to put considerable thought and effort in selecting such a plan, because you've got several choices. You could keep the business in your family. You could offer it to an employee or an outsider. You could design a plan that will take effect while you're alive or after you've passed away. Your decision should be based on several factors, including your family situation, the nature of your business, and your overall financial position (including the composition of your investment portfolio), but, at the outset of your search, you may want to know about some popular succession strategies, including:

**Giving the business away** – You can leave your business to your children, but if you transfer it during your lifetime, you may be able to obtain some valuable benefits. For example, by relinquishing control gradually, you can be reassured that your children will be able to manage the business on

their own. This strategy may also offer tax benefits. You can give your business away outright, but you may want to consider using a trust or family limited partnership, both of which may allow you to control the business for as long as you want, while still receiving a regular income stream.

**Selling the business outright** – You can always sell your business outright whenever you like – right now, when you retire or some time in between. Of course, any sale brings tax considerations.

**Using a buy-sell arrangement to transfer the business –** Instead of simply selling the business in a traditional transaction, you could employ a buy-sell agreement. With this arrangement, you can generally determine when, to whom, and at what price you can sell it. If you would like to keep the business in your family, you may be able to fund the buy-sell agreement with life insurance, so family members could use the death benefit to buy your ownership stake.

**Buying a private annuity –** When you buy a private annuity, you can transfer the business to family members, or someone else, who will then make payments to you for the rest of your life, or, possibly, for your lifetime and that of a second person's. In addition to potentially providing you with a lifetime income stream, this type of sale can remove assets from your estate without triggering gift or estate taxes.

These and other techniques can be complex, so before deciding on what is best for your situation, you'll want to consult with your tax, legal and financial advisors. By taking your time and getting the professional help you need, you can make a successful succession choice.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



# Leaving Your Employer? Understand Your 401(k) Options.

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### SATURDAY, JUNE 15 PASTRIES and PAINT IN PLAINFIELD Saturday, June 15, 10 am-12:30 pm (note new date)

Plainfield Town Hall on Rt. 12A, Plainfield Paint a landscape in acrylics using the Bob Ross method with art instructor Rebecca Dole. No experience necessary. Have a fun morning, partake in some delicious pastries, and leave with a beautiful masterpiece. Cost is \$35 for materials.

Sponsored by the Friends of the Philip Read Memorial Library.

To register or for information, e-mail PRMLFriends@gmail.com or call 603-675-5494.

# WEDNESDAY, JUNE 5 Bird Mist Netting Demonstration and Shrubland Wildlife Walk

At Distant Hills Garden in Walpole, NH 4-6pm

https://www.eventbrite.com/e/bird-mist-netting-demonstration-shrubland-wildlife-walktickets-60058586850



## **It's About Food**

## **By Johnny Navillus**



## Playin'

One day last week I found a handwritten list of ingredients on my counter. No measurements, no instructions, just ingredients. Having been through this before (more than once), I know what is expected of me. Somewhere she either had this dish or someone told her about it. I'm expected to put this together and serve it within 48 hours or suffer the punishments of the damned.

Always ready for a challenge, I started thinking about it and the next day I served it. It really was easy and fun and turned out quite elegant. So here it is:

#### **Lime Cilantro Chicken**

Chicken cutlets (4)
Cumin
Cilantro
Lime juice

Honey Chicken broth

Fry up the chicken in a large skillet with peanut oil. Remove chicken when done.

Deglaze your skillet. (see below)

Remove the hard fronds.

Add one can of chicken broth.

Add cumin, cilantro, lime juice and honey.

Stir it all together and bring to a boil. Reduce heat so you have a gentle boil going on. Reduce to 50%. Taste and adjust to your goal.

Pour some of the pan sauce over the cutlets.

Serve with rice and a vegetable. Serve the rest of the sauce in a gravy boat.

I used peanut oil because it seemed like a tropical dish to me. The lime gave that away. And I don't seem to use it as much as I could. To deglaze, I grabbed the bottle of Margaritas and used that. What the heck. Lime juice was going in eventually and I needed the alcohol to de-glaze. Wasn't going to use vinegar.

The advantage to not having measurements is that you get the flexibility to set the tone for the sauce. It can be influenced by the lime or the cilantro or cumin or whatever. It's really up to the cook. You can make it sweeter with more honey or whatever. Whatever path you take with this, you really have to taste it. I don't know how some people can cook and not taste what they're doing. I live with someone like that. Boggles my mind. Don't experiment on your guests.

I served this with Jasmine rice and garlic peas with mushrooms. Next time I'll go heavier on the cilantro. Plum wine just went perfectly with this.

A slice of pineapple wouldn't hurt. Just let the creativity flow.

Before putting those mini potatoes on skewers for grilling, par boil them because they don't cook quickly as you would expect on skewers. Especially if shrimp is involved. No time for much of anything to cook with shrimp around. Most of the time I cook the shrimp separately on their own skewers but when you want to impress company......

Play with you food. It's a year round sport.

Write to Johnny at etickernews@gmail.com.

## **CARWASH FOR TEAM NYMEN**

Hosted by 603 Metalworks and Collision at 174 Washington Street Claremont, NH

Saturday June 8<sup>th</sup> 1-4pm (Rain date Sunday June 9<sup>th</sup> 10-1pm) \$10 a vehicle (Cash ONLY)



# We will have concession items for sale as your vehicle is washed and all proceeds go to Nymen's family.

Nymen Koch, is a 8 year old 3rd grader at Maple Ave School in Claremont, NH. Nymen was diagnosed with a kidney condition called FSGS. He is in stage 5 renal failure and has already undergone many procedures. Nymen needs a kidney transplant to live and receives dialysis three times a week until a kidney donor match can be found.

The family travels back and forth to Boston 3 times a week for dialysis, as there are no pediatric local options for Nymen. His treatments last 4 hours at a time plus travel (9 hours+ a day). Both of Nymen's parents are working part time while caring for Nymen and expenses are becoming insurmountable.

As you can imagine the toll on the entire family is immense and he is literally in the fight of his life. Boston Children's will be removing his kidneys this June. As long as the kidneys remain in his body he is unstable and his blood pressures are critically high. They are hoping by removing the kidneys it will buy him more time to find a donor. He is type A+ blood type and can accept either A or O blood type transplants. People can live with 1 kidney. We will have a table set up where you can give your information if you'd be interested in donating a kidney, which will be forwarded to Nymen's care coordinator in Boston.

If you're interested in volunteering at this event, please arrive half an hour early. Any children helping at the event must have an adult present with them at all times while at the event.





'In Memory Of ...'

The fountain in Opera House
Square was overflowing with
emotion at the start of the
Memorial Day weekend. Fallen
blossoms, gently moved by
ripples, circled the upper basin.
Someone — who? — tossed
tulips into the water, their stillvibrant red recalling loved ones
lost to time. Ah, the welcome yet
bittersweet transition from
delicate spring to full-blown
summer.

Eric Zengota

