

Goddard Gutted, Strengthened, Enlarged

Rehab project is refashioning a Pleasant Street landmark

Story and Photos by Eric Zengota

CLAREMONT, NH—Next spring, the Goddard Building will open its doors as a completely renovated structure containing commercial space and 36 apartments (9 market rate, 27 affordable units).

Since the winter, the site has been the scene of intense activity overseen by the general contractor, Trumbull-Nelson Construction of Hanover, NH, and carried out by numerous sub- as well as sub-sub-contractors.

The demo crew emptied most of the building's innards, filling a series of huge dumpsters with construction and masonry debris. The excavation crew tore down a one-story annex at the rear of the building and then dug into the ground for a new structural concrete foundation that would (Continue on page A6)



Plumbers haul in a bath/shower unit along what will be a hallway connecting the new three-story annex at the back to the existing building. Two apartments will flank the hallway. In the center, iron workers from United Steel Erectors of Wolcott, VT, tighten the lugbolts securing the new steel beams.

NH Delegation Announce \$2.7 Million in Federal Funding for Pease & Claremont Airports

WASHINGTON, DC— U.S. Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH), and Representatives Annie Kuster (NH-02) and Chris Pappas (NH-01) have announced \$2.7 million in federal funding for construction projects at Portsmouth International Airport at Pease and Claremont Municipal Airport. Pease has been awarded \$2 million for a terminal expansion project, and Claremont has similarly been awarded \$700,000 to construct a new state of the art terminal. Both projects are funded through the Airport Improvement Program (AIP).

Shaheen, a senior member of the Senate Appropriations Committee, helped craft the omnibus funding legislation for fiscal year (FY) 2018, which authorized and appropriated an additional \$1 billion for AIP projects.

"These federal dollars will go a long way toward improving the safety and functionality of our airports in Portsmouth and Claremont," said Senator Jeanne Shaheen. "Ensuring our regional infrastructure projects have the fund-

e-Ticker News of Claremont LLC is published Mondays

Phyllis A. Muzeroll Publisher/Editor

<u>Eric Zengota</u> Contributing Writer/Photographer

<u>Bill Binder</u> Columnist

etickernews@gmail.com

Snail mail to: 6 Osgood Ave. Claremont, NH 03743 603-542-7319

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ing they need is critical to the economic vitality of our state, easing travel to and from New Hampshire for residents and visitors, alike. Boosting federal support to improve our airports, roads, rails and bridges will continue to be a top priority for me in Congress."

"These grants will help strengthen Claremont Municipal Airport and Portsmouth In-

Sat. June 8, 9 am - Noon Howard Dean Ed. Center, Springfield "How to Prune Fruit Trees" with Eric Bragg, Arborist

Free to EMGs, Students, Interns, Composters, EMG Alums. Suggested Donation of \$15 for general public.

The changing New England seasons can be hard on our fruit trees, and proper pruning is important for sustaining healthy and productive plants. Learn the art of pruning using the pear trees at the Howard Dean Education Center, and gain invaluable advice on how to make well thought-out pruning cuts on fruit trees and woody landscape plants of various sizes.

Bring your pruning tools and receive supervised hands on practice. Pear trees and other spring-blooming varieties will be on the pruning agenda. This workshop is designed for all ability levels, counts for Master Gardener Continuing Education hours, and is open to the general public.

Bring your own bag lunch to enjoy with fellow pruners following the workshop. Go here to register: <u>https://www.eventbrite.-</u> <u>com/e/how-to-prune-fruit-trees-</u> <u>tickets-59795830940</u>.

NH Lottery Numbers

05/18/2019

 NH PowerBall

 2
 10
 25
 66
 67
 26

NH Mega Millions 05/17/2019 5 17 28 32 63 11

Tristate Megabucks 05/18/2019 12 16 18 26 32 3

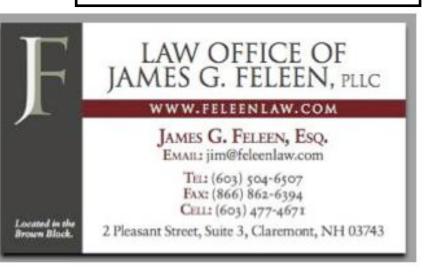
For more lottery numbers, https://www.nhlottery.com/ ternational Airport at Pease to help ensure that they meet the transportation needs of our state," said Senator Maggie Hassan. "I'll keep working to secure additional federal funding for vital infrastructure projects for New Hampshire."

"Claremont Municipal Airport plays an important role in the economic wellbeing and transportation infrastructure of the Claremont region," said Congresswoman Annie Kuster. "This grant will support improved safety and expansion at the Claremont Municipal Airport."

"This country's outdated infrastructure deserves increased investment across the board," said Congressman Chris Pappas. "I'm pleased to see these resources for Portsmouth International Airport at Pease that will help modernize and expand the terminal. In my role as a member of the House Transportation & Infrastructure Committee, I will continue to advocate for funding to support New Hampshire's infrastructure and the economic and quality of life benefits that are derived from these investments."

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Help Keep Wildlife Wild — Leave Young Animals Alone

CONCORD, NH — With the arrival of spring, many species of wildlife are giving birth to their young. Seeing young wildlife can be exciting, but in most cases, even if it appears abandoned, the mother is not far off. If you encounter young wildlife, even young animals that appear to need help, the kindest and safest thing to do is to leave them alone. Many adult animals will intentionally leave their young for extended periods to eat and to lead predators away from them, returning later to feed their offspring where they left them.



"Young wild animals, including mammals, birds, reptiles, and amphibians, typically have their best chance of surviving when they are in their own natural environment," explains N.H. Fish and Game Wildlife Biologist Dan Bergeron.

Only qualified people with special rehabilitator permits, issued through the New Hampshire Fish and Game Department, may shelter and care for injured or orphaned wildlife. Improper care of injured or orphaned wildlife often leads to their sickness or death. It is illegal in New Hampshire, unless you have rehabilitator credentials, to remove wildlife from its natural environment and keep it in captivity.

The New Hampshire Fish and Game Department and local wildlife rehabilitators have been taking numerous reports from people who have picked up young animals, often mistakenly thinking they are orphans.

"Picking up young animals is an error in judgment," says Bergeron. "People think they're doing a good deed, but they are often removing the animal from the care of its parents and potentially exposing themselves to the risk of disease. Your actions may result in the animal having to be euthanized for rabies testing. Give wildlife plenty of space and leave them alone and in the wild, where they belong."

What should you do if you find a young ani-

mal that is injured or has not been visited by its mother in over 24 hours? Report the location of the animal to the New Hampshire Fish and Game Department by emailing wildlife@wildlife.nh.gov or calling (603) 271-2461. To learn more about young wildlife in the Granite State, visit <u>www.wildlife.state.n-</u> h.us/wildlife/deer/fawns.html.

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Commentary

NH House Happenings

By Rep. John Cloutier

House Defeats Casino Bill

Discrimination against students in Granite State public schools could soon be illegal under state law, if New Hampshire's House of Representatives and Senate get their way.

On May 8 the House, by a 214-143 roll call vote, gave preliminary approval to an amended version of Senate Bill 263, which would extend New Hampshire's Civil Rights Statute to all activities and benefits offered by Grade K-12 public schools, and prohibits exclusion o the basis of age, sex, gender identity, race, creed, martial status, disability, and national origin. The bill was given preliminary approval after an extensive debate on the House floor as well as a recommendation by an 11-7 majority of the House Education Committee, which had examined the bill, to give it such approval with a committee amendment that the majority believed strengthened it.

Senate Bill 263 as amended now goes to the House Judiciary Committee for further review of its impact on the state's judicial system. If recommended by a majority of the Committee, it will then return to the full House for final approval by June 6. The bill is sponsored by a bipartisan coalition of 12 legislators. It was earlier adopted on a 20-3 roll call vote by the Senate on March 28.

During the floor debate on Senate Bill 263, proponents like Hopkinton Rep. David Luneau, a Democrat, declared that the amended bill would "guarantee the right to an opportunity for public education without discrimination," by establishing a procedure for adjudicating claims of discrimination on any basis as earlier described. Rep. Luneau added that the bill is a recommendation from the Governor's Advisory Council on Diversity & Inclusion, a council that has met in Claremont twice for public input since being created by Gov. Christopher Sununu in 2017. Finally, he stated that New Hampshire is currently the only state in the Northeast without a student anti-discrimination law.

However, Senate Bill 263 opponents led by Tuftonboro Rep. Glen Cordelli and Haverhill Rep. Rick Ladd, both Republicans, expressed concerns about the bill as amended by a majority of the Education Committee. They emphasized they were not in favor of discrimination against public school students, but that the bill as amended is too vaguely written and would give too much power to the New Hampshire Human Rights Commission, rather than the New Hampshire Attorney General's Office to investigate alleged discrimination in schools. They said more time is needed to get the measure right, and proposed a floor amendment to turn the entire bill into a study commission on such discrimination. The floor amendment was rejected, 207-146.

I voted for Senate Bill 263 as recommended by a majority of the Education Committee, and against the unsuccessful floor amendment that would have just converted the bill into a study commission on public school discrimination. I so voted because I believe discrimination of any kind, including discrimination against public school students, is against American and New Hampshire values, and that time for study of the problem is over. The fact that an 8-year biracial boy was allegedly harassed and nearly hung by older children in Claremont in August 2017 was a wakeup call for myself and many others, including Gov. Sununu, and that time to take action is now. Also on May 8, to no one's surprise except die-hard casino gambling

advocates, the House, by an overwhelming 289-63 roll call vote, rejected Senate Bill 310. This bill would have allowed for the licensing and operation of up to two video lottery and table gaming facilities, better known as casinos in New Hampshire. The bill was rejected with little debate on the floor as well as a strong recommendation by a 17-2 majority of the House Ways & Means Committee, which had reviewed the legislation, to reject it. It was sponsored by a bipartisan coalition of five lawmakers led by Manchester Sen. Lou D'Allesandro, a Democrat and long-time casino advocate, as a way to raise extra revenue for state government. The Senate had approved the bill by a 13-11 roll call vote on March 21.

Senate Bill 310 proponents like Wilmot Rep. Thomas Schamberg, a Democrat, declared that allowing up to two casinos in our state could generate up to \$261 million in extra revenue for the state within five years according to information obtained from the Office of the LBA (Legislative Budget Assistant) that could be used to help pay for additional state needs and/or prevent more downshifting onto local property taxpayers because of decreased state funding of certain programs like public education. But opponents like Manchester Rep. Willis Griffith, another Democrat, stated that the viability of casino bills, unsuccessfully introduced in the House since 1999, as a way to raise extra state revenue is now past. He explained that several new casinos have opened or will soon open in New Hampshire's neighboring states within the last few years. New casinos that mean an "overcrowded industry" for any developer who wished to open even one New Hampshire casino. He added that at the Ways & Means Committee hearing held for the bill, not one developer testified in support. Therefore, the projected \$261 million in new revenue would never be generated.

I was one of the 63 representatives to vote for Senate Bill 310. I wish the House would have at least tabled or retained the bill until after agreement on the new state budget is reached among the House, Senate, and Gov. Sununu. As mentioned in recent columns, I strongly believe the House passed a good budget, especially for property tax-payers, partly because our budget raises some new revenue by instituting a new capital gains tax. But I have learned that the Senate and Governor likely oppose a capital gains tax. Thus a compromise version of the budget will have to be negotiated. A compromise version that could have included casinos as a way to generate some new revenue.

Finally, I had the pleasure of greeting fourth graders from Maple Avenue School when they, their teachers, and other school staff visited the State House on May 16. I stayed with the group for part of their State House tour, including a visit to the House Chamber. Because the House was not meeting on May 16, the students and staff were able to sit in our seats, and I showed where I sit. The tour brought back many happy memories of the first time I visited the State House. That date was on March 22,1967, when I was a fourth grade student at Maple Avenue. **Email:** jocloutier@comcast.net



House of Representatives <u>– Claremont</u>

District 3/Ward 1: Andrew O'Hearne

friendsofandrewohearne@comcast.net

District4/Ward 2: Gary Merchant 603-542-2228 gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton 603-542-8656 WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

Senate - Claremont

District 5: Martha Hennessey 603-271-3067 martha.hennessey@leg.state.nh.us

District 1 Executive Councilor

Michael Cryans 603-271-3632 Michael.Cryans@nh.gov

Washington, DC

Sen. Jeanne Shaheen 520 Hart Senate Office Building Washington, DC 20510 202-224-2841 http://shaheen.senate.gov/contact

Sen. Maggie Hassan B85 Russell Senate Office Building Washington, DC 20510 Phone: (202) 224-3324 https://www.hassan.senate.gov/

Rep. Anne Kuster 137 Cannon House Office Building Washington, DC 20515 phone: 202-225-5206 http://kuster.house.gov/contact

Senators Hassan and Capito Introduce Bipartisan Legislation to Help Close the Rural-Urban Digital Divide

WASHINGTON, DC—Senators Maggie Hassan (D-NH) and Shelley Moore Capito (R-WV) Thursday reintroduced the bipartisan Rural Reasonable and Comparable Wireless Access Act to help close the rural-urban digital divide and expand access to broadband in rural parts of New Hampshire, West Virginia, and across the country.

The bipartisan Rural Reasonable and Comparable Wireless Access Act of 2019 directs the Federal Communications Commission (FCC) to establish a national standard for determining whether mobile and broadband services in rural areas are 'reasonably comparable' to service provided in urban areas. The bill will help ensure that there is equitable wireless and broadband service in rural and urban areas, which has long be undefined.

"In the 21st century innovation economy, access to high-speed internet is not a luxury – it's a necessity," Senator Hassan said. "Our bipartisan legislation takes an important step to ensure that people and businesses in both rural and urban communities are able to receive similar access to wireless and broadband services."

"As we work to close the digital divide across the country, setting a national standard is important in order to measure progress," Senator Capito said. "I'm proud to sponsor this bill because by requiring the FCC to set that standard, we can better identify how we can build out broadband quicker and more effectively across rural areas like West Virginia."

As part of their efforts to close the rural-urban digital divide, Senators Hassan and Capito first introduced the Rural Reasonable and Comparable Wireless Access Act in 2018. The two Senators also recently joined their colleagues from both sides of the aisle in sending a letter to Chairman Pai at the FCC advocating for an additional public feedback mechanism that would utilize crowdsourced data to empower consumers and states to help inform broadband coverage maps and report any lack of broadband access to the FCC.

Kuster, Energy and Commerce Committee Democrats, Introduce Sweeping Infrastructure Package

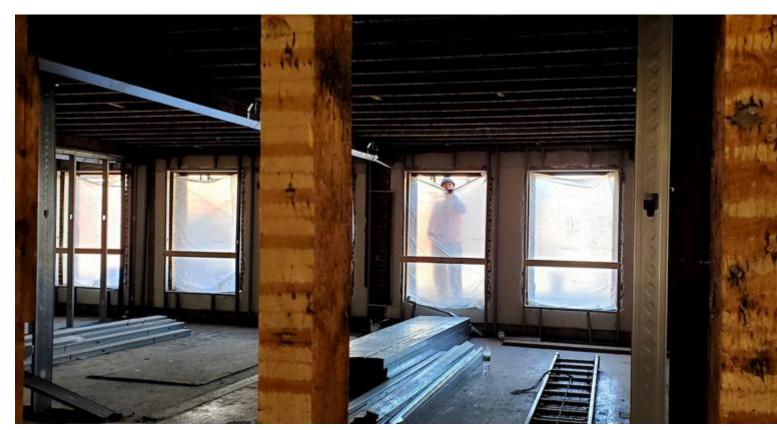
WASHINGTON, DC—During Infrastructure Week, Congresswoman Annie Kuster (NH-02) joined the Democratic members of the Energy and Commerce Committee to introduce an infrastructure package to address climate change, expand broadband internet access, and invest in America's healthcare infrastructure. Rep. Kuster is an original cosponsor of the Leading Infrastructure For Tomorrow's America Act, or LIFT America Act.

"Failing to invest in our nation's infrastructure is not an option," said Kuster. "The LIFT America Act will improve the public safety and support our economic competitiveness in the Granite State. We need to bring America's infrastructure into the 21st century, and I am proud to help introduce legislation that will make critical investments in our nation's future. This legislation is an important step to address climate change, expand broadband internet access, and improve our nation's healthcare system. I urge House leadership to bring this measure to a vote."

In 2018, Rep. Kuster helped secure over \$26 million in federal funding and grants to rehabilitate and improve New Hampshire's interstate bridge infrastructure and water infrastructure.

Shaheen Reintroduces Legislation to Boost Public Participation in Approval of Energy Projects and Rates

WASHINGTON, DC—Wednesday, U.S. Senator Jeanne Shaheen (D-NH) reintroduced legislation to create an Office of Public Participation and Consumer Advocacy at the Federal Energy Regulatory Commission (FERC). As one of the lead agencies responsible for developing energy infrastructure and ensuring reliability of the electric grid, FERC has sweeping authority over the wholesale power markets and ultimate jurisdiction in the federal siting and permitting process for natural gas pipelines. While FERC's decisions determine which energy projects are constructed and significantly influence the energy prices consumers pay, private citizens have expressed frustration that participating in FERC's complex proceedings is extremely challenging.



A mason on the scaffold: looking in, looking out, looking good.

Goddard, from A1

support a three-story annex. The concrete crew demolished some thick concrete footings dating to 1926 to accommodate a new floor plan, then poured new rebar-enforced footings for vertical steel beams. Carpenters, aka framers, installed the pre-manufactured wall panels from LaValley Building Supply. The HVAC crew, aka tin-knockers, installed air ducts. Masons are refurbishing the Pleasant Street façade.

Asbestos removal and lead-paint mitigation will provide a healthy environment. A sprinkler system provides added protection for all tenants.

As David Rising, one of the two Trumbull-Nelson superintendents, summed it up, "Old becomes new ... again." That approach applies even to the windows, produced by Andersen Windows: the Claremont Historical Society was consulted on the style to ensure that the new look matches the old.

A portion of the apartments will be delivered this fall. The remaining units and the groundfloor commercial space will be completed by spring 2020.

Meanwhile, the crews are up and down, in and out, and all around the site, working to make the old new ... again.



A bright yellow structural steel lateral bracing assembly floated above a 3-foot pit on the Goddard's lowest level. Project superintendent Mark Condon, standing on the now concrete-filled footing, explains that the local native soil condition is po-



tentially unstable sand. Lateral bracing assemblies rooted to the concrete — six in all throughout the Goddard — will allow the building to safely sway in the event of the numerous small earthquakes to which much of New Hampshire is prone.



Here's where the engineer threads the needle with the architect's design," says Mark Condon, a Trumbull-Nelson superintendent. Before the days of concrete cinder blocks, load-bearing walls were made of interlocking brick. Each row was called a wythe; the Goddard has three-wythe walls. The structural engineer coordinated with the architect to have Trumbull-Nelson remove one layer of the three-wythe brick wall. This allowed the new steel column to fit inside the soon to be constructed interior apartment's wall framing while leaving the existing brick façade. The fit between beam and wall is so precise that nothing thicker than a sheet of paper can slide between them.

www.facebook.com/etickernews

Claremont Man Sentenced to New Hampshire State Prison for Domestic Violence

NEWPORT, NH – Sean Baker, 32 formerly of Claremont, NH, was sentenced in Sullivan County Superior Court on May 16, after previously entering pleas of guilty to one felony count of second degree assault, one misdemeanor count of criminal mischief, one misdemeanor count of domestic violence, and a felony bail jumping charge.

The Court, pursuant to a fully negotiated plea, sentenced Baker to a 2.5 years to 7 years term of incarceration at the New Hampshire State Prison on the second degree assault charge. Baker received 12 month sentences on both the criminal mischief and the domestic violence charge, concurrent with each other and concurrent with the second degree assault sentence. . Baker was further sentenced to a 3.5-7 year period of incarceration at the New Hampshire State Prison for the offense of bail jumping. That sentence was suspended, conditioned upon good behavior, for a period of 10 years, and if imposed, will be served consecutively to the second degree assault sentence.

On July 11, 2018, Claremont Police Officer James Morine, along with Sergeant Megan McDevitt responded to a location in the area of Pearl Street and Sullivan Street in the City of Claremont. The response was based upon a report of a physical fight in progress. Responding officers identified the involved parties, and subsequently arrested Baker for second degree assault, and related domestic violence charges. Baker was later released on conditions of bail by a bail commissioner, and provided an arraignment date in Sullivan Superior Court of July 26, 2018. Baker appeared for said hearing and received the State's proposed bail conditions, which called for an increase in bail. The Sullivan Superior Court scheduled a bail hearing for August 6, 2018, and Mr. Baker failed to appear. Baker was later arrested by Hillsborough Police Department on the outstanding Sullivan Superior Court warrant, and in response to further violent conduct.

The law enforcement community of Sullivan County is vigilant in the efforts to stop crimes of domestic violence. The Claremont Police Department conducted these investigations, and the case was prosecuted by Deputy Sullivan County Attorney Justin

Hersh.

Tool Sharpening Demo

CLAREMONT, NH—Interested in learning how best to sharpen your hand tools? Join Master Woodworker Jeff Roberts to learn the best methods for keeping your tools sharp! This demo is free, but please register: <u>https://</u> <u>claremontmakerspace.org/events/#!event/</u> <u>2019/5/22/tool-sharpening-demo</u>.

Date: Wednesday, May 20th 6 - 6:30 PM Location: Claremont Makerspace

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Twin Celebration...

CLAREMONT, NH—A twin celebration was held at REMIX Friday evening, marking the second anniversary of the coffee shop and celebrating Claremont singer Evelyn Cormier and her recent top 14 performance on "American Idol". A long line formed outside REMIX with fans anxious to go in to see Cormier and hear her perform. She also posed for photos and autographed merchandise for her fans. According to Jimmie Neilsen, who founded REMIX, "Evelyn and her family have been supporters of REMIX over the past two years and it seemed fitting to combine these two celebratory events! The proceeds from the evening will go to help Evelyn finish producing her first full length album."

Some of the REMIX statistics/success stories for the past two years: 6,954 beverages served, \$8,777 donated to 20 local charities and families, 96 recovery meetings hosted, 130 children provided nutrition in Haiti and Africa and 800 lbs. of coffee and cocoa consumed. "We have been running two weekly recovery programs, Celebrate Recovery and a medication-assisted treatment group therapy program for recovering opioid users," said Neilsen. "For a coffee shop that is only open three hours per week, this is pretty remarkable," he added.

The downtown shop is a non-profit Coffee Bar & Social Club encouraging people to live a REMIXED life: Renewed, Enriched, Missional, Inclusive, and Xtreme. ——Phyllis A. Muzeroll

Photos by Dakota T. Bonner

Claremont Man Sentenced to State Prison for Aggravated Felonious Sexual Assault

NEWPORT, NH—Emerson Cramer, 35 of Claremont, NH, was found guilty by a Sullivan County Jury on April 10, after trial, of one count of Aggravated Felonious Sexual Assault. Cramer was sentenced this week to a period of incarceration of 5-10 years at the New Hampshire State Prison for aggravated felonious sexual assault. The Court recommended the defendant receive an assessment for sexual offender treatment at the State Prison to determine whether, and to what extent, treatment is appropriate. Cramer was further afforded certain opportunities to receive portions of his sentence suspended.

The above sentence was imposed, after a contested sentencing hearing, in which the State sought the imposition of a 10 to 20 year stand committed sentence at the New Hampshire State Prison. The State has further requested Cramer receive 2.5 years suspended off the minimum and 5 years suspended off the maximum if he participated in, and completed, the Sexual Offender Program at the New Hampshire State Prison. Cramer had requested a 12 month term of incarceration at the Sullivan County House of Corrections, along with 2 years of probation.

Cramer's conviction stemmed from an investigation commenced by the Claremont Police Department in late January of 2018. Claremont Police Captain Stephen Lee, Captain Colby Casey, and Detective Joshua Wade led the investigation that ultimately focused on Cramer, who served for a period of time as a babysitter for a family with several young children.

Charlestown Woman Sentenced for Perjury and the Distribution of Controlled Drugs

NEWPORT, NH—Ruth Patterson aka Ruth Chandler, 57 of Charlestown, NH, was sentenced on May 17, to multiple charges related to the distribution of the controlled drug oxycodone and perjury. Patterson had previously entered pleas of guilty to two felony counts of sale of oxycodone, one felony count of conspiracy to sell oxycodone, and one felony perjury charge.

Patterson was sentenced to a period of incarceration of 90 days on one count of perjury. Ms Patterson was further sentenced to a consecutive 12 month period of incarceration, at the Sullivan County House of Corrections, on one count of sale of oxycodone and one count of conspiracy to sell oxycodone. Those sentences are to be served concurrent with each other, and consecutive to the initial 90 day stand committed sentence. Patterson will be evaluated for the Sullivan County TRAILS Program, pursuant to that sentence, which is an intensive incarceration based treatment program run by the Sullivan County House of Corrections, and one based upon best practices. Patterson will also be supervised by the New Hampshire Department of Corrections for a period of 3 years. Additionally, Patterson was further sentenced to serve 2-5 years at the New Hampshire State Prison, for third charge related to the sale of oxycodone. That sentence is suspended, conditioned upon good behavior, for a period of 5 years, and if imposed, will be served consecutively to the 15 month period of incarceration at the Sullivan County House of Corrections.

Patterson's conviction originated from an investigation commenced by the New Hampshire Attorney General's Drug Task Force. The New Hampshire Attorney General's Drug Task Force initiated the investigation, based up a request from the Sullivan County Attorney's Office, to determine whether Patterson committed perjury during a source of funds hearing regarding Patterson's granddaughter, Samantha Davis. Davis was then incarcerated for her role in distributing controlled drugs in the city

of Claremont, and Patterson testified falsely during a hearing to determine the legitimacy of certain bail monies. The New Hampshire Attorney General's Drug Task Force later began a secondary investigation, based upon information that Patterson herself was distributing controlled drugs.

On July 24, August 7, August 13, and August 27, 2018, Patterson met with an individual cooperating with the New Hampshire Drug Task Force, in the town of Charlestown, for purposes of selling said individual a quantity of pills containing the controlled ingredient oxycodone. Members of the New Hampshire Attorney Generals' Drug Task Force subsequently obtained a warrant forPatterson's arrest, as well as a search warrant for a location in Morways MHP in the town of Charlestown. Both warrants were effectuated in August 2018.

The law enforcement community of Sullivan County is determined to stop the influx of dangerous drugs in this community, and the grave impact that they have on the people of Sullivan County. The Sullivan County Attorney's Office is determined to prosecute these crimes in ways designed to keep the people of Sullivan County safe, meet the punitive, rehabilitative, and deterrence objectives of sentencing, while also addressing the dangerous influences of controlled drugs at all phases of the criminal prosecution.

The above referenced investigations were conducted by the New Hampshire Attorney General's Drug Task Force, and the cases were prosecuted by Deputy Sullivan County Attorney Justin Hersh.

SUNDAY, MAY 26

The Farmer and The Flea in Ascutney, VT

The Farmer and The Flea will be opening for the season on Sunday May 26. Located at 6685 Rt 5 in Ascutney VT. In the field at Ascutney Self Storage. Venders and shoppers wanted! After four seasons we now have a great following!

Check out our Facebook page or give us a call at 802:484:7500.

The public is invited to a Concert performed by the STEVENS HIGH SCHOOL BAND AND CHOIR, featuring SHS Seniors

> THURSDAY, MAY 23rd, 7PM at the SHS AUDITORIUM 165 Broad Street, Claremont

PLEASE USE THE EVENT ENTRANCE

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Admission is free – donations are appreciated.

Classified Ads

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MLS



Ann's **Property** The Week

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Claremont

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Classified Ads

Sullivan County Fugitive of the Week

KRISTIE L. SOUSA-NAPOLITANO

DOB: 11/29/1971

LKA: 83 Summer Street, Apt. 1, Claremont, NH

Description: White female, height: 4'11", weight: 150, eyes: brown, hair: brown

Reason: Failure to Appear

Original charge: 2 counts of issuing bad checks, Class B Felony 1 count of issuing bad checks, Class A Felony

On Aug. 22, 2018, Kristie L. Sousa-Napolitano was indicted by the Sullivan County Grand Jury on two counts of issuing bad checks, Class B felonies. On the same date, Sousa-Napolitano was also indicted on a class a felony charge of issuing bad checks.

The Sullivan County Superior Court set a plea and sentencing hearing in this case for May 8, 2019. Sousa-Napolitano failed to appear for the plea and sentencing hearing and as a result, the Sullivan County Superior Court issued a warrant for the arrest of Sousa-Napolitano on May 9, 2019.

Sousa-Napolitano is currently on parole with the New Hampshire Department of Corrections out of the Manchester, NH, office.

The Fugitive of the Week is provided by Sheriff John P. Simonds of the Sullivan County Sheriff's Office. if you have any information regarding the whereabouts of this fugitive, please contact either the Sheriff's office at 603-863-4200 or your local police department. CLAREMONT, NH — 2 Story Gambrel 4 Bed 3 Bath. Bedroom Suite with additional seating. 2-car attached garage with direct entry.



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CHARLESTOWN, NH — 1 Story Raised Ranch 3 Bed 3 Bath. Bamboo hardwood floors. Westerly views. MLS # 4736089 \$177,500



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SATURDAY, MAY 25, ANNUAL PLANT SALE IN PLAINFIELD 9:00 AM-2:00 PM

Sponsored by Plainfield Community Church, 1094 Rte 12-A (next to the parsonage, under the tent). Perennials, annuals, vegetable & flower seedlings, house plants, food tent, quilt raffle & other prizes. NOTE: Plant donations (label plants with name & color) may be brought until a couple of days prior to the sale, and left beside the parsonage garage at the designated area. For more info: Loretta Weitzel 675-6066 or 630-2674 (<u>llweitzel@comcast.net</u>) or Helen Davidson 709-7777 (helen.t.davidson@gmail.com).



THE TOUR-TYPE MODIFIEDS ARE BACK PLUS 4 DIVISIONS OF RACING SUNDAY DECATES ODEM AT 11 AM

PIT GATES OPEN AT 11 AM GRANDSTANDS OPEN AT 1:30 PM PRACTICE BEGINS AT 2 PM RACING STARTS AT 5 PM RAIN DATE IS MAY 27

SPECIAL AUTOGRAPH SESSION WITH THE TRI-TRACK MODIFIED DRIVERS AT 4:15 PM

REGISTERED DRIVERS

Andy Jankowiak, Geoff Rollins, Matthew Swanson, Matt Galko, Joey Jarvis, Jeff Gallup, Woody Pitkat, Andrew Charron, Kurt Vigeant, Dylan Izzo, Dana Smith, Colbey Fournier, Les Hinckley, John Montesanto, Todd Patnode, Brian Robie, Calvin Carroll, Ronnie Williams, Bucky Demers, Anthony Sesely, Scott Adams, Tommy Barrett, Jon Kievman, Ron Silk, Carl Medeiros Jr. Matt Hirschman, Les Rose, CJ Bolton, Brad Babb, Kirk Alexander, Todd Owen, Mike Holdridge, Mike Willis, Russ Hersey, Richard Savary and Dana Dimatteo



GRANDSTAND ADMISSION ADULTS (13+): \$ 25 KIDS (6-12): \$ 5 KIDS 5 & UNDER: FREE PIT ADMISSION WITH NASCAR LICENSE: \$ 35 | WITHOUT NASCAR LICENSE: \$ 40 THRASHER RD, CLAREMONT, NH WWW.CLAREMONTMOTORSPORTSPARK.COM

CLAREMONT GENERAL FLUSHING AGENDA

Please be prepared to experience water discoloration at ANY TIME 5/20 - 5/31

** Subject to Change without Notice **

MONDAY 5/20

Winter Street (below Water Treatment Plant) Veterans' Park area Washington Street and neighborhoods

TUESDAY 5/21

Water Street and Mill Road Opera House Square Main Street (142) to Union Street Broad Street High Street neighborhood Chestnut Street and sides Sugar River Drive and Case Hill South Street Pleasant Street and sides to Drapers Corner

WEDNESDAY 5/22

North Street / Lincoln Heights Lower Hanover Street, Lafayette Lower Elm Street and neighborhoods to Main Street Main Street and neighborhoods to Coy Bridge

THURSDAY 5/23

Park Avenue area Myrtle Street / Bluff area Central Street and Pearl Street areas Summer Street Maple Avenue area and sides

FRIDAY 5/24

Grissom Lane to River Road (junction) Industrial Blvd. Sullivan Street and Twistback Road areas Old Church Road and Plains Road areas

TUESDAY 5/28 through THURSDAY 5/31

Bible Hill / Ridge / Durham neighborhoods Ledgewood Road and Glenwood Drive areas Charlestown Road and sides to Lane Ridge Winter Street (above Water Treatment Plant) Thrasher Road, Slab City Hanover Street Elm Street and Dunning Street areas

Blow-offs throughout City (minimal disturbance expected)

GEAR-ing UP for Life After High School

By Eric Zengota e-Ticker News

CLAREMONT, NH—U.S. Senator Jeanne Shaheen (D, NH) visited Claremont on May 17. At one of her stops, she took part in a roundtable, held at Stevens High School, that focused on the GEAR UP program, which has been operating in SAU 6 since the 2017-2018 school year.

GEAR UP, which stands for Gaining Early Awareness and Readiness for Undergraduate Programs, is a federal program funded by the U.S. Department of Education. Its mission is to significantly increase the number of low-income middle and high school students who are prepared to enter and succeed in postsecondary education.

Before the roundtable, SHS principal Patricia Barry led a tour of the school, which Shaheen had last visited before the recent renovation and new construction. Joining them were educators, students, advisers, and city and county officials. The group visited the auditorium, the gymnasium, and the science classroom and lab, then gathered in the library for the roundtable.

GEAR UP advisers described the program's many activities. Students have toured some of New Hampshire's higher institutions of learning, including Colby-Sawyer College, River Valley Community College (RVCC), and Plymouth State and Keene State colleges. There they've been introduced to college life, enjoyed lunch in the dining commons, and taken part in "Discover U," which gives them an idea of how post-secondary education can shape their futures and prepare them for careers in any number of fields and professions.

Barry noted that these tours were especially important for students who have not had the opportunity to travel around New Hampshire. "I believe it's vitally important for our students to see the world outside of Claremont," she said, adding, "Of course we hope that many come back after college to live and work here."

GEAR UP shows students the value of early conversations about college itself, careers and the vital issue of funding their education. The program is accordingly generous: Each student is awarded \$10,000 upon graduation toward in-state college tuition.

The program's advisers shared the ambiti-

ious action plan and event-filled calendar. College tours are always popular. A parent night is dedicated to the topic of financial aid. Students can attend a financial literacy event. There's a college panel of SHS alumni, a college and career fair, a GEAR UP mural to be painted, a Launch Book to use for college planning — and so much more.

U.S. Sen. Jeanne Shaheen, second from right, makes some introductory remarks to the GEAR UP roundtable. Facing camera, from left: Derek Ferland; Scott Pope; Charlene Lovett; Michael Tempesta, the new SAU 6 superintendent; Prescott Herzog (Eric Zengota photo).

Two Stevens sophomores ex-

pressed their enthusiasm for GEAR UP. Alysha Webster said that it provides "so many opportunities" for students who may not even have been thinking about college. Prescott Herzog noted that programs at an "advanced academic level" were welcomed by the students ready to tackle the challenge.

Shaheen, a member of the Senate Committee on Appropriations, praised the program and voiced her support for similar funding sources.

The roundtable branched out to discuss the connection between education and workforce development, another of Shaheen's areas of interest.

Jerry Appell, the Early College Coordinator at RVCC, noted that through an MOU (memorandum of understanding), 11th- and 12thgraders can take part in the Governor's STEM Scholarship program, which provides 100% funding for two STEM courses per year. This includes courses in science, technology, engineering, or math. Students enrolling after high school graduation can earn an associate's degree in diverse fields such as accounting, massage therapy and nursing.

Scott Pope, who teaches machine arts at Sugar River Valley Regional Technical Center — and who has been with the district for 31 years — discussed the importance of job preparation. The Center, he noted, has developed successful business partnerships with local firms to provide students with internships as well as job shadowing. "We're always working toward excellence," said Pope, "and encourage all our students to think about lifelong learning." The Center's job-placement rate is very high, he added, not only in engineering and machining, but also HVAC, which is at nearly 100%.

Sullivan County Executive Derek Ferland, noted the county's innovative ties to SRVRTC. Inmates in night and summer classes are training in technical skills such as lead-paint mitigation, in preparation for working after their release.

Claremont mayor Charlene Lovett mentioned that there were two military retirees at the table. (She didn't name them, but they were herself and Ferland.) She noted that there was no Junior R.O.T.C. in Claremont, so students couldn't opt for that track to higher education and, perhaps, a military career. The problem as she understood it was that each State, including New Hampshire, has a quota of how many R.O.T.C. programs could be established. Shaheen replied that she was unaware of such a quota, but that she would investigate it.

Barry summed up the roundtable by saying that "We've had many educational successes here in Claremont. Our graduates have gone to top colleges around the country and have made careers in the fields and professions of their choice. We're proud of them, of course. And now we have to get even more students up to that level of excellence."

e-Ticker Business News



School to Farm Day

Where can you find draft horses, fiber arts demonstrations, and McNamara Dairy's ice cream truck? At Sullivan County's School to Farm Day, held last week. And this year was bigger than ever. Over 250 students from 10 elementary schools attended from all over the county. Vital Communities, McNamara Dairy Farm, LeClair Acres, Sullivan County 4-H, Newport Historical Society, Newport and Fall Mountain Tech Centers, Grantham Garden Club, and local farmers and community members presented agricultural topics at 15 stations. School to Farm Day is an annual event that is hosted and funded through a collaboration between Sullivan County Farm Bureau, Conservation District, Natural

Resources Dept, and NH Ag in the Classroom. This year, other sponsors include Claremont Savings, Bar Harbor, and Sugar River Banks. **Top left: Jase** Harris, a Red River employee, shared his hobby of beekeeping; top right: Jean LeClair brought products made from their milk at LeClair Acres; right: Larry Cote, Newport Historical Society Museum, showed students how an ox yoke works (Courtesy photos).







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e-Ticker Business News

Dartmouth-Hitchcock Breaks Ground on Manchester Expansion for Ambulatory Surgery Clinic

MANCHESTER, NH—Ground was formally broken on Tuesday, May 14, for a new 90,000 square-foot expansion of Dartmouth-Hitchcock's Manchester clinic. An Ambulatory Surgery Center will include state-of-the art operating rooms, including ones dedicated for pediatric patients. The new space will include expanded laboratory, imaging and pharmacy services and the onsite cafe.

"This expansion is very important for Dartmouth-Hitchcock Manchester," noted Dartmouth-Hitchcock Health CEO and President Joanne M. Conroy, MD. "It's one of our oldest facilities, and its currently at capacity. This expansion will double the square footage and improve care in a number of important ways, including the addition of our ambulatory surgery center."

By improving convenient access to high-quality, ambulatory services, Dartmouth-Hitchcock will be able to provide the most effective and efficient health care for patients with a goal of patient recovery at home instead of at the hospital. With a focus on convenient, comprehensive services all in one location, D-HH will be adding and expanding medical specialties at the Manchester clinic.

Participating in the groundbreaking for a major expansion at Dartmouth-Hitchcock Manchester on Tuesday, May 14 were (left to right) Tacee Walker, DO, Regional Medical Director for Outpatient Perioperative Services; Tom Goins, Vice President for Facilities Operations; Craig Beck, Vice President of Community Group Practice Business Operations; Joanne Conroy, MD, CEO and President of Dartmouth-Hitchcock Health; and the Hon. Joyce Craig, Mayor of Manchester, NH. (Photo by Mark Washburn/Dartmouth-Hitchcock).

Send Business news, photos to etickernews@gmail.com









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- Degenerative Joint Disease
- Parkinson's Disease
- Multiple Sclerosis
- ALS
- Heart & Lung DiseaseWound Care

Amenities

- Wi-Fi Access
- Television
- On site beauty salon
- Spacious common areas
- Transportation to medical appointments
- Resident Store
- Musical programs
- Cultural, educational, religious, social activities and events

Services Include:

- 24-hour skilled nursing care
- On-site Nurse Practitioner
- Dedicated rehabilitation unit
- Orthopedic Rehab
- Strength Training
- Wound management
- IV therapy
- Dietician
- Pain management

AARP Installs New Officers

CLAREMONT, NH—The Claremont Area AARP Chapter met May 9 at the Imperial Chinese Buffet and Restaurant for a luncheon and installation of officers for the coming year. Marc Boyd, New Hampshire AARP Volunteer President, presided over the installation of Brenda Saunders, president; Sherrie Curtis, vice-president; Kathy Thompson, secretary; Alberta Marro, treasurer and board members Millard and Mary Cook, Bob and Jean Belaire, Charlie Sisson and Bev McGuire.

Boyd reminded those attending that the chapter began in 1989 with 100 members and recognized the three members lost this year, Walter White, Lencie Raynor and a founding member, Eileen Eroszonak. He spoke about AARP's goals for 2019: controlling drug prices (Medicare can't negotiate prices) and Medicare solvency. Along those lines, the NH State AARP office is looking for a volunteer in the Claremont area to be a spokesperson for AARP in Concord when these issues are discussed. He reminded everyone that other programs are still being offered such as avoiding scams, driver's education courses, tax preparation, etc. He is willing to be contacted by any group that would like presentations for their meetings (marcboyd@comcast.net or NH AARP 866-542-8168). He brought handouts and a booklet, "Member Benefits Guide." Favors were made by Faith and Tim LaBelle for mothers and fathers and carnations were given to all ladies.

SATURDAY, MAY 25 "Pastries and Paint", 10 am-12:30 pm, Plainfield Town Hall on Rt. 12A, Plainfield

Paint a landscape in acrylics using the Bob Ross method with art instructor Rebecca Dole. No experience necessary. Have a fun morning, partake in some delicious pastries, and leave with a beautiful masterpiece. Cost is \$35 for materials. Sponsored by the Friends of the Philip Read Memorial Library.

To register or for information, e-mail PRMLFriends@gmail.com or call 603-675-5494.



Quilting Machine Training

CLAREMONT, NH—The Claremont MakerSpace's quilting machine is a great tool for creative, efficient quilting! In this hands-on training session, participants will learn how to set up a project on the quilting machine and utilize its standard features. Participants of this class will have the opportunity to sign up for followup certification sessions, so that they may use the machine on their own. Note: Individuals with no prior experience on a quilting machine are required to take this workshop before getting certified to use the quilting machine at the CMS. If you already have experience with a quilting machines, you may be eligible to test out of this training. For more information, please email the CMS Fiber Arts Shop Lead, at: textiles@claremontmakerspace.org. Date: May 21, 5:30 - 7:00 PM. Location: Claremont Makerspace

To register, please go here:

https://claremontmakerspace.org/events/#!event/2019/5/21/quilting-machinetraining



Bring your favorite four-wheel drive vehicle to show and compete for a trophy. Or just stop by and see the unique off-road vehicles.

Trophy for Best Mall Crawler, Best off-roader, People's Choice Coolest Rig, and Best RTI. No entry fees!

· See how much articulation your rig has on the RTI ramp

- Save on some Mopar parts specials from the largest stocking dealer in New England.
- Free raffle prizes and parts discount coupons
- · See the new long-awaited Jeep Gladiator pick-up truck!
- Radio remote by WCNL
- Food vendor will be available.
- · Welcome Exploring NH to our event. www.exploringnh.com

Visit the neighboring Bicycle shop, Claremont Cycle Depot,

for their Huge annual used bike sale. Learn how to do a wheelie, called a standard, on their mountain bike stand to improve your mountain bike adventures. You may win a trophy for longest wheelie.

Take a Closer Look at Myths Surrounding 529 Plans

If you want to help pay for your children's college educations, you might want to consider contributing to a 529 plan. With this plan, your earnings grow federally tax-free, as long as the withdrawals are used for qualified higher education expenses such as tuition and room and board. Yet, you may have heard some things about 529 plans that are keeping you from investing in one. However, these concerns may be more myth than reality – so let's take a look at a few of them.

"I need a lot of money to contribute to the plan." This myth has essentially no truth to it. Typically, only a modest amount is required to open your 529 plan, and you can generally transfer small sums to it from your checking or savings account.

"If my child doesn't go to college, I lose out on the money I've put in." This myth runs counter to one of the 529 plan's greatest benefits: flexibility. If you've named one child (or grandchild) as a beneficiary of a 529 plan, and that child or grandchild decides against pursuing higher education, you can simply change the beneficiary to another eligible family member. Furthermore, if none of your intended beneficiaries will need the 529 plan, you can name yourself the beneficiary and use the money to take classes or receive some other type of qualified education opportunity. In a worst-case scenario, in which the money is never used for education, you will be taxed on the earnings portion of the withdrawals – but had you

never contributed to a 529 plan, the funds would have been taxed, anyway. (However, you might be subject to a 10% penalty tax, in addition to regular income taxes, again on the earnings portion of the withdrawals.)

"I have to invest in my own state's plan." Not true. You're free to invest in the 529 plan of any state, no matter where you live. But it could be advantageous for you to invest in your own state's plan, as you might receive some tax breaks for state residents. (The tax issues for 529 plans can be complex, so you'll want to consult with your tax advisor about your situation.) Investing in your own state's plan also might provide access to financial aid and scholarship funds, along with possible protection from creditors.

"A 529 plan will destroy my child's chances for financial aid." While a 529 plan could affect your child's financial aid prospects, it might not doom them. And the benefits of building significant assets in a 529 plan could outweigh the potential loss of some needsbased financial aid.

Before investing in a 529 plan, you'll want to explore it thoroughly, as you would any investment. You can find details about a 529 plan's investment options, share classes, fees, expenses, risks and other information in the plan's program description or offering statement, which you should read carefully before making any purchasing decisions.

But, in any case, don't let "myths" scare you off from what could be one of your best college-savings vehicles.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, its financial advisors and employees cannot provide tax or legal advice.



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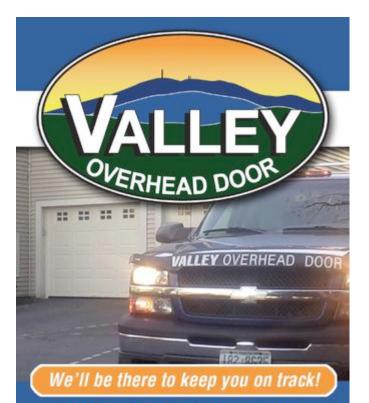
DIY Bike Maintenance: Fix A Flat

CLAREMONT, NH—Whether you are just a casual cyclist, a bike commuter, or a mountain biking addict, the ability to fix a flat is a simple but necessary skill. Flats, while frustrating, are easily fixed with and the right tools and know-how. Come learn from the pros (our friends at Cycle Depot!) for a fun lesson that will get you ready for a summer of riding!This event is free but please RSVP! Date: Monday, May 20th, 6 - 7 PM Location: Claremont Makerspace

To register, please go here: https://claremontmakerspace.org/events/#! event/2019/5/20/diy-bike-maintenance-fix-aflat.

CDA Meeting May 21st

CLAREMONT, NH—Catholic Daughters of the Americas Business Meeting & Baby Shower, Tuesday, May 21, 6:30 p.m., St. Joseph Church Hall, Elm St. Claremont.



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It's About Food

By Johnny Navillus



Summer

Next Monday is Memorial Day and the unofficial start of summer. It's been a long. cold winter and miserably wet spring and we deserve this.

Most of all, we should remember what the day is all about. It's remembering all those who have fallen in service to our country. From the Minute Men of our Revolution to today when our men and women are fighting in foreign lands. I can't help but think of those Colonials who risked a British noose for freedom. They did not take it lightly. It was treason and they knew it. They started the traditions that have been passed down to our military men and women today.

I read once that there are over one billon hot dogs consumed between Memorial Day and Labor Day. More hot dogs consumed on Memorial Day than any other day of the year. So, get out there and do your part.

While you are getting the grill fired up, remember that if you spray anything on your grill surface do it BEFORE the fire starts. That goes for lighter fluid also. The flame can follow the stream back to your container and that is disastrous.

Keep your grill away from your house. My brother-in-law still hasn't replaced the melted vinyl siding on his house. I guess he is keeping it as a reminder.

This year try some Sriracha sauce on your dogs. And I'm using the canned cheese because it's convenient and tasty. I used to use sliced American, but I never gave it a chance to melt. Speaking of canned stuff...it's alright to use canned chili. Why spend time making your own chili when the canned will do. The rest of the toppings will come through. Try a zucchini relish, too. Have plenty of napkins around.

When making your hamburger patties, try mixing in some shredded cheese. And/or some Italian bread crumbs.

If you are the Grill Master Of The Day, go easy on the adult beverages until the cooking is over. You can avoid some serious burns that way.

I don't know about you, but I chase the bystanders away. I don't need the distraction.

If your using gas, have a spare full tank handy. I hate running out of gas with a deck full of people waiting for food. Embarrassing to say the least.

If this is your first grill session of the season and especially if you have guests, stick with the burgers and dogs. Don't get frisky on your first day out.

Leave the steaks until later in the season.

Corn. Leave the husks on. Just wet them down so the husks don't ignite. Place the on the grill and turn them as the husks blacken. Once they are charred all around, take them off the grill and set aside for a few minutes to cool. Then peel the husks off. They will be HOT. The moisture in the corn will steam them to perfection. This also allows most of the silk to come right off with the husks.

If you don't have a vegetable basket, I would suggest you get one. They are cheap and are very handy. I'm not using aluminum foil to wrap my veggies in because I heard that the high temps of the grill does bad thing chemically to the contents. Besides, I can watch the cooking in the basket.

Have a safe and flavorful summer.

Play with your food. It tastes better outside.

Write to Johnny at etickernews@gmail.com.

e-Ticker News of Claremont, Section A



Disnard Elementary School held its annual Student Art Show on Thursday, May 16th. The event celebrated the school's students and their artistic achievements (Photos by Dakota T. Bonner).

e-Ticker News of Claremont, Section A

TUESDAY, MAY 21 CORNISH GARDEN CLUB MEETING CORNISH TOWN HALL 6PM

New to town & want to meet new friends? Looking for local grown plants at a bargain price?

Ready to get out & enjoy spring? Then come to the Cornish Garden Club annual potluck & silent plant auction!! EVERYONE WELCOME!!

Please bring an offering for the potluck & any plants

(indoor/outdoor) and/or garden/plant related items/books/whimsy's for the auction. BYO cup/plate/utensils

THURSDAY, MAY 23 PROGRAM AT FISKE FREE LIBRARY IN CLAREMONT

Cruising New Hampshire History: A Guide to New Hampshire's Roadside Historical Markers-

With Michael Bruno

At 6:00 p.m.

Author Michael Bruno will be at the library

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OLLOWING

to discuss his new book. New Hampshire history is uniquely on display along the highways of the Granite State. The New Hampshire roadside historical markers commemorate significant events and individuals from the first settlers arriving in 1623 to notable individuals who helped define what New Hampshire is today. The book explores the 255 New Hampshire historical markers that dot the state highways and roads. Each marker is described with its location, date installed, marker inscription, and expanded historical references of this event/individual. Information may also be provided about other points of interest in the area.

The program is free and open to the public Sponsored by Friends of the Fiske Free Library.



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A23



May is Mental Health Awareness Month

At our last Council meeting on May 8, we proclaimed May to be Mental Health Awareness Month. Bringing awareness to the importance of mental health is critical to the well-being of individuals, families and communities. Unfortunately, the stigma that has traditionally surrounded the issue of mental illness has been a significant barrier in its prevention, identification or treatment. With the emergence of the opioid crisis and rising statistics in suicide and depression, the need for addressing mental illness and cultivating good mental health has never been more important.

In the event that you were unable to attend or watch the Council meeting, I thought you would find some of the points outlined in the proclamation to be of interest. They are as follows:

--mental health helps to sustain an individual's thought processes, relationships, productivity and ability to adapt to change or face adversity --mental illness adversely affects those abilities and often is life-threatening in nature --one in five adults experiences mental health problems in any given year and such problems can contribute to onset of mental illness --depression is the health condition most impacting millennials, and its incidence among millennials increased more than 30 percent between 2014 and 2017

--one in five youth, aged, 13-18 experiences a severe mental disorder at some point in their adolescence, yet only about half receive treatment

--suicide is the second leading cause of death for youths aged 15 to 24, with New Hampshire having the second highest rate in New England and the nineteenth highest rate in the nation

--early identification and treatment can make a profound difference in successful management of mental illness and recovery

--it is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is needed --every citizen and community can make a dif-

ference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help --public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness

If we acknowledge that our mental and physical health are interconnected and both are vitally important to our overall well-being, then we will have created an environment in which people are more apt to be proactive in achieving and maintaining good mental health. This will not only positively impact individuals and families, but also the overall health and economy of our communities.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Summer Camp Programs at the Tech Center

CLAREMONT, NH—The SRVRTC is now accepting registrations for its three summer camp programs for Summer 2019 for incoming 6th, 7th and 8th Graders

The three (3) summer programs that are being planned are:

July 15-19

Culinary – Students will be introduced to basic culinary skills in a professional kitchen. Students will be exposed to the various ways to prepare foods and they will present their completed work. The week will end with a celebratory lunch to showcase their cooking and baking skills. No shorts or tank tops allowed. Hats and closed toe shoes required.

July 15-19

Building Construction / Carpentry – Students will learn basic hand tool safety and usage. Each student will complete an individual project and then work together as a team to build a project for the community. No shorts or tank tops allowed and closed toe shoes required.

. July 22-26

Computers and Accounting - Students will

learn to use 21st century computer software in a business office setting. Students will learn the basic principles of Microsoft Excel and Word, and they will also explore the basics of personal finance, and accounting. Students will work together on several projects that will showcase their new skills. The dress code is casual shorts allowed. The classroom will be air-conditioned.

Each summer camp is one week (M-F) from 8:30 AM - 12:30 PM

• Cost is \$25 per student.

• Max 20 students per program. First come first served.

• Scholarships are available for those on free or reduced lunch.

• Transportation to and from Tech Center NOT provided.

• Free lunch will be offered at Claremont Middle School.

Students will have a great opportunity to be exposed to a skilled trade career field. They will be working alongside certified teachers in Career and Technical Education as well as current students in CTE programs. All participants will get a Tech Center T-Shirt.

Contact the Tech Center at 543-4291 for more information; <u>https://srvrtc.sau6.org/</u>

Please sign up online using the below link. Payment must be received by June 14th to hold your spot.

Special Thanks for the Claremont NH Kiwanis and the Claremont Middle School PTO for their financial support of the programs.

The sign-up form may be found at: <u>https://forms.gle/izYaamkqSHPT6uGd9</u>.

SATURDAY, JUNE 1 FREE CEMETERY HEADSTONE WORK-SHOP IN PLAINFIELD

10-noon (Register and have coffee & doughnuts at 9:30.)

Plainfield Plain Cemetery, Rte 12-A, just north of the village

Rain or Shine

Sponsored by the Plainfield Historical Society.

Members of the NH Old Graveyard Association will demonstrate how to evaluate, clean and repair old headstones. Bring gloves, a shovel, insect repellant and a bag lunch. Bathroom facilities available at the library. Questions: Jane Stephenson 298-8834 (janekate@aol.com) or Sarah Gillens 675-2275

(sarah.gillens@comcast.net)

We Are Hiring.... Join our Team!



SATURDAY, JUNE 1ST 10 am - 2 pm Springfield Hospital Level D Conference Room

Available Positions:

Cook Environmental Services Aid Floor Care Specialist Licensed Practical Nurses Medical Assistants MT/MLT for the Lab Mental Health Workers Nurse Practitioner Ophthalmic Technologist Patient Service Specialist Physical Therapist Physical Therapist Physican Assistant Registered Nurses Secretary/Receptionist Sonographer / Radiology

Jobs Now Open!!

Please Apply Online Before the Job Fair.

www.springfieldmed.org/ careers

Questions: Call 802-885-7634 or e-mail careers@springfieldmed.org

Springfield Medical Care Systems Where People Come First 25 Ridgewood Road, Springfield, VT

Structure Fire in Claremont Late Sunday Night

CLAREMONT, NH—The Claremont Fire Department responded to a reported building fire at a single-family home located at the address of 441 Chestnut Street late Sunday night. The call was dispatched by Claremont Safety Services Dispatch Center at 10:57 p.m.

According to Claremont Fire Chief Bryan Burr, "First arriving engine was on scene at 11:03 p.m. and reported heavy fire from the back of the building. A general alarm was struck by the first due fire officer before arriving on scene, requesting all personnel to respond to the scene. Automatic mutual aid was requested from Newport, Ascutney and Cornish Fire Departments.

"The initial responding crew worked to contain the fire to the back portion of the building. The fire had extended throughout the first-floor interior portions of the building. The secondfloor sustained heat and smoke damage."

According to Burr, "There were no working smoke alarms in the building. The family's pet dog alerted the occupants of the fire. An adult male, female and a male juvenile were home at the time of the fire, sleeping in the secondfloor bedrooms. Both the adult male and female were transported to Valley Regional Hospital w/smoke inhalation injuries and a hand laceration on the adult female. The juvenile was not injured. A city fire hydrant was located in front of the building made water supply to the engines easily attained. The fire was deemed under control at 11:27 p.m."

Two pet goats were lost in the fire despite the efforts of the fire fighters to revive them.

Burr said that "The fire is under investigation by the departments cause and origin investigator. The cause has yet to be determined. It is not believed to be suspicious."

Although the occupants made it out of the building, Burr said he would "like to remind everyone that working smoke alarms are an important safety component in all homes giving everyone inside valuable time to escape. For more information on smoke and carbon monoxide alarms, please call the fire department's fire prevention phone line at 542-7012 Monday through Friday."

SATURDAY, MAY 25

Saint-Gaudens National Historical Park Opens for the 2019 Season Saint-Gaudens Memorial Celebrates its Centennial Year

The Saint-Gaudens National Historical Park in Cornish, NH, opens for the season on Saturday, May 25th. The home and studios of preeminent American sculptor Augustus Saint-Gaudens has the largest collection of his works - from cameos to monuments - anywhere in the world. The park also hosts contemporary and historical exhibitions, concerts, educational and interactive arts opportunities, as well as features a magnificent natural landscape for hiking and picnicking.

Great Course, Great Rates

www.claremontcountryclubnh.com



Claremont Country Club

Maple Avenue, Claremont, NH.

- Open to ALL Golfers
- No Tee Times Required
- Our Clubhouse is available for all to rent for events and functions.

New Members Rate Special !! For the 2019 season Only \$405.00

- Includes access to off season activities.
- Bring in this Ad to "Test Drive" our course before May 28, 2019 for \$25.00 for 18 holes of golf and a cart. You can take this one round off your new membership cost.

We have the only <u>Soccer Golf</u> Facility In the Region, Join us for Family Fun!

Look for us on Facebook for up to date Information or check our web site!



Hours, Weather Permitting 8:00 AM to Closing (early season may vary)

Call Ahead before making your plans in case of league and tournament conflicts. (603) 542-9550



Mayor Pete Buttigieg Town Hall "A Hot Ticket" in Claremont

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—Fox News and the Pete Buttigieg campaign rolled into town this past weekend, teaming up for the televised Town Hall event featuring the mayor of South Bend, IN, one of 23 Democratic candidates running for president.

Fox began preparing for the event on Friday in the gymnasium at Stevens High School, setting the stage for Sunday evening's live broadcast.

Those interested in attending registered for free tickets via Eventbrite; the Fred Carr Gymnasium was packed with an enthusiastic crowd, composed not only of Claremonters but people from other parts of New Hampshire and from neighboring states.

Fox's Chris Wallace opened the program, greeting his TV audience by introducing himself and then Buttigieg. At age 37, he is the youngest candidate in the field. When asked about a lack of national political experience, Buttigieg said that he has more political experience that President Trump, more executive experience than Trump and Vice President Mike Pence combined and more military experience than the two of them together.

Before taking questions from the audience, which had been arranged prior to the eventwhen registering for tickets, people were asked if they wanted to ask a question-Wallace referred to the event "as a hot ticket. More have shown up for this town hall than the others." Buttigieg's arrival onstage drew a boisterous welcome. He told the crowd that he "really felt welcomed."

When asked if he had enough experience to be president, Buttigieg said that "being mayor of any sized city is relevant to being president. [It's a] moral job, a moral office and that's what's missing now." Leadership, he said, "needs to reflect values of the people, the country."

Buttigieg said it was important to make sure that everyone is "treated fairly" because nearly everyone belongs to "a group that can be marginalized."

Regarding the issue of abortion and several states that have or are voting on the issue to ban abortion. Buttigieg said that the "right of a woman is a national right, a national freedom" for women to control and make decisions about their own bodies. "I get that there are a lot of passionate views about this issue," he

said. He cautioned against "starving the country of reproductive rights" and making sure policies and services were in place that would cut down on the circumstances that can lead to an abortion, such as adequate birth control and education. Given a hypothetical situation where a woman chooses to have an abortion in the third trimester because the child has been diagnosed with a life-threatening condi-

tion, Buttigieg said "that decision is not going to be made any better because the government is dictating how that decision is made."

On the issue of the opioid crisis, stats were raised that New Hampshire is one of the five states with the highest rates of opioid addiction. Buttigieg said that the country has come to understand that it is a medical issue, not a moral one. He called for funding more people as intervenors, helpers, and to treat addiction through medical channels as a

physical illness, and to do likewise with mental illness.

On the budget deficit, Buttigieg said that "You don't blow a hole in the budget with an unnecessary tax cut that benefits the wealthiest..." While some deficit spending can pay out down the road, like funding for education and infrastructure, he said changes such as closing corporate tax loopholes would be one option as well as other tax changes.

He was asked if he thought America was ready for a gay president and his husband and what he could do to help those people who were not get to a different place; he said, "I get that there is an older generation brought up to reject who I am. But they are compassionate people...In this election, people are going to vote for whoever can improve their lives."

Buttigieg was asked how he would improve his ability to reach people of color, a community where he currently has less than one percent of support. "People will not hear my message unless I reach out," he said. "The point is

not to win but to deserve to win." He wants people of color to join his staff and to help shape his campaign.

When asked if he supported impeaching Trump, he said that process is up to Congress; he said the other way to replace the president is to do so through the next election. "There needs to be an enormous defeat."

Regarding how to deal with Trump's name-

calling on Twitter, Buttigieg said, "I don't care."

On foreign policy, he said he was appalled that John Bolton, an architect of the Iraq War and who continues to support the decision to invade Iraq, is now a key player in foreign policy decisions. A veteran who served in Afghanistan, Buttigieg said, "Do not send men and women into war when there are alternatives." During his time in service, he said he was struck by the respect other countries held for America prior to the current administration. "The president is considering pardoning war criminals," he said.

"That is undermining America's moral authority and putting lives at risk." Buttigieg was commissioned as a naval intelligence officer in the Navy

Reserve in 2009.

Regarding college debt, Buttigieg said that he thought that if mortgages can be refinanced, the same should apply to school debt as well; he also said something should be done at the other end to lessen debt in the first place.

As the town hall wound down, Wallace asked Buttigieg what the "coolest" thing was he's experienced campaigning. "The people you meet on the line," he said. "President Carter, and everyone in between, they educate you... There is nothing like this process."

As the event drew to a close, Buttigieg said, "What we're trying to do is different because the time in which we're living is different...and what comes next could be a blank page or amazing."

Buttigieg received much applause during the night and a standing ovation at the end, which seemed to surprise Wallace, leading him to comment on it. The program ended, and the Town Hall in the home of the SHS Cardinals was a wrap.

Mayor Pete Buttigieg, Chris Wallace

(Neil P. Allen photo).

