e-Ticker News Sports

Section B April 15, 2019

SHS Softball

04/13/19	at	Merrimack Valley	L 0 - 12		
04/15/19	at	Bow	4:00 PM		
04/17/19		Pembroke	4:00 PM		
04/19/19		Plymouth	7:00 PM		
04/22/19	at	Hanover	4:30 PM		
04/24/19		Fall Mountain	7:00 PM		
04/26/19		ConVal	7:00 PM		
04/29/19	at	John Stark	4:15 PM		
05/01/19		Lebanon	7:00 PM		
05/10/19	at	Newport	3:30 PM		
05/10/19		Newport	7:00 PM		
05/13/19		Hanover	4:30 PM		
05/15/19		Hollis-Brookline	4:00 PM		
05/16/19	at	Windsor	4:00 PM		
05/17/19	at	Kennett	4:00 PM		
05/22/19	at	Lebanon	4:00 PM		
05/24/19	at	Fall Mountain	4:00 PM		

SHS Boys Lacrosse

04/12/19	at	Lebanon	L 1 - 13	
04/15/19		Plymouth	4:00 PM	
04/17/19	at	Milford	4:00 PM	
04/19/19	at	Laconia	4:00 PM	
05/01/19		Kearsarge	5:30 PM	
05/03/19		Trinity	4:00 PM	
05/06/19	at	Hopkinton	4:00 PM	
05/08/19		Bishop Brady	4:00 PM	
05/10/19		Inter-Lakes-Moultonborough	4:00 PM	
05/13/19	at	Gilford	4:00 PM	
05/17/19		Pelham	4:00 PM	
05/20/19	at	Monadnock	4:00 PM	
05/22/19	at	Campbell	4:00 PM	

SHS Girls Tennis Roundup

The Cardinals were swept by Conant in both singles and doubles in play April 10. The girls played their first match of the season in wintry



SHS Spring competition kicked off April 6th at Barnes Park as the baseball team hosted a jamboree that also involved Mascoma, Sunapee, Kearsarge, Fall Mountain and Newport. Here, SHS' Derrick Stanhope is rounding the bases in action against Fall Mountain. Cards opened their season against Merrimack Valley; see story on page B2 (Courtesy photo).

conditions, showing a lot of heart and hustle. Singles scores are as follows:

- 1. Cally Barrette 0 8 to Sarah Smith
- 2. Clara Avery 2 8 to Abigail Wheeler
- 3. Fallon Lavertue 0 8 to Elizabeth Gonyea
- 4. Hannah Lembree 0 8 to Kayley Bennett
- 5. Autumn Bragg 0 8 to Emily Muilenberg
- 6. Lauren Fellows 2 8 to Lily Bower

Doubles:

- 1. Barrette and Lavertue 1 8 to Smith and Gonyea
- 2. Avery and Lembree 2 8 to Wheeler and Bennett
- 3. Bragg and Fellows 2 8 to Muilenberg and Bower

The Stevens tennis team fell short in its home opener versus Lebanon, losing 2 -7. The

Cardinals made significant progress, however, and several matches were much closer than the final score would indicate. The results of the singles matches are listed below:

- 1. Cally Barrette 6 8 to Misia Delgado
- 2. Clara Avery 8 2 over Zola Campbell
- 3. Fallon Lavertue 4 8 to Emerson Sleeper
- 4. Hannah Lembree 2 8 to Kaeli Skakalski
- 5. Annika Ratcliffe 6 8 to Lexi Zagarola
- 6. Riley Murphy 9 7 over Molly Neu

Doubles:

- 1. Stevens 6 Lebanon 8
- 2. Stevens 3 Lebanon 8
- 3. Stevens 3 Lebanon 8

Next action for Cardinals tennis against Monadnock, 4 p.m. at Monadnock Park, Monday.

4th Annual Donald I. Gurney Sr. Field Day

SPRINGFIELD, VT—The 4th Annual Donald I. Gurney Sr. Field Day – A Celebration of Springfield Athletics will be held on Saturday, May 11. The event will be held In continued collaboration with Springfield Parks & Rec Dept. and the Springfield School District and will be celebrating more than 300 athletes – grades K-12.

The day kicks off at 8:45 a.m. with a Parade of Athletes leaving from Veteran's Memorial Park on Rt. 106 and traveling to Riverside School. The parade will also include local Boy Scout and Girl Scout troops and Gurney's beloved Calliope. Once the athletes arrive at Riverside, they will be escorted onto Robinson Field for the Opening Ceremony with guest speaker Andy Bladyka acting as the day's MC. The opening ceremony boasts live music, special guests and a few surprises as always.

Baseball and softball games are scheduled to begin following the opening ceremony, at 10:00 a.m. With at least 15 games planned on, all six fields will be in use for continuous play. The basketball courts will have pickup games and the tennis courts will be in full swing as well. Off season athletes have been invited along with their coaches to showcase their sports and put on fun clinics.

There will also be numerous activities including a corn hole, face painting, carnival style games with an athletic theme and a place to pick up official Gurney Field Day t-shirts and merchandise. And if you get hungry, there will be three concession areas planned: at Robinson Field in the red building behind the back stop, at a pop up tent in the middle of the park and at the Pool House where you'll find a large tent with seating for family dining. Youth games will include opponents from our own Springfield teams and surrounding towns. Eighth Grade Softball and Baseball both face

Sunapee at 10:00 a.m.; Varsity Baseball will face Bellows Falls at 1:00 p.m.; JV Softball will play Green Mountain; JV Baseball takes on Bellows Falls; and Varsity Softball will square off against Bellows Falls under the lights at 7:00 p.m.

Donations are greatly appreciated and can be sent to

the Springfield Booster Club – PO Box 666 – Springfield, VT 05156. We also welcome donations of goods and services. For more information, contact Rachel Hunter at 802-375-5722 or hunner1@gmail.com with questions. Be sure to like us onFacebook for all updates at Springfield, VT Booster Club.

Stevens Baseball Season Opens

The Stevens baseball team finally got their season underway as they traveled to Penacook Saturday morning to take on the Pride of Merrimack Valley.

The home team did not treat the visitors well, as they held the Cardinals to just a single hit in taking a 6-0 victory. Alex Taylor had a first inning double and was the only Stevens baserunner of the day.

Derrick Stanhope started the game for Stevens and pitched into the 4th inning throwing 74 pitches. He allowed 5 hits, walked 2, and allowed just 2 earned runs. Josh Stithen pitched 3 innings, allowing no hits, walked a batter, struck out 2, and allowed no runs.

Stevens baseball players Cam Macia, Dennis Peaslee, and Jarrett LaPointe all made their varsity debut on Saturday, as well.

Stevens is back in action on Monday, as they travel to Bow. They will play their home opener on Wednesday evening at 7PM, hosting Pembroke, and then conclude a busy week hosting the Plymouth Bobcats on Friday night at 7PM.

'Cats Drop Series Finale In Hartford

HARTFORD, CT - The New Hampshire Fisher Cats (Blue Jays) were edged 3-2 by the Hartford Yard Goats (Rockies) Sunday, marking the first time this season the 'Cats have lost consecutive games.

New Hampshire scored in the first inning for the third time in the series. Vinny Capra and

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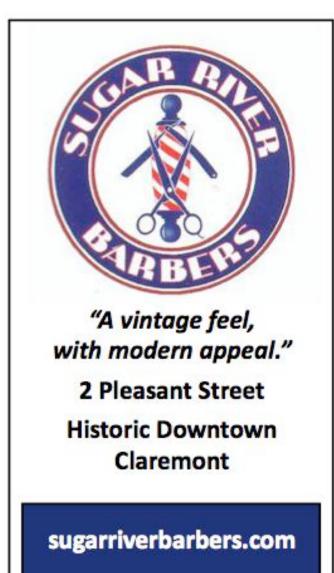
Kevin Smith singled to put runners at the corners for Kacy Clemens, whose sacrifice fly to centerfield plated Capra and made it 1-0 Fisher Cats.

Hartford tied it with a run in the third. Starter Andrew Sopko (L, 0-2) surrendered a lead-off single to Manny Melendez, who promptly stole second base. After a pair of strikeouts, Sopko was victimized by a bloop single from Alan Trejo that scored Melendez and tied the game at one.

It was Trejo who provided the finishing blow for the Yard Goats in the fifth. With a runner on and one out, he lifted a fly ball to left that barely scraped over the wall for a two-run home run that put the 'Goats up 3-1.

Sopko finished the day with five frames and allowed three runs on seven hits, walked two, and struck out a season-high six batters.

The 'Cats got one back in the seventh with a walk, a pair of base hits and an error, but the rally was cut short after a pickoff by the catcher to first base ended the inning with the score 3-2. That was the last best chance for New Hampshire as they fell by the same score.



Inspiration

Chicken Soup!

By Priscilla Hull

The cure all! Years ago before we had all kinds of antibiotics, we had chicken soup! It cured the the common cold, influenza, the vapors (whatever that is) and anything else that came along. Now we have an antibiotic for this, a different antibiotic for that and who knows what for other illnesses. All are approved by the Food and Drug Administration. Now, I'm not belittling pharmacists, I love those I know and do business with. They are smart and know more about medications, their interactions and which is good for what than I can guess. I guess that's not surprising, it's their job! Seriously, though, I do respect and love them.

One of my nephews when he was about 8 or 9, wrote a paper on drugs. In short form it said that we have penicillin, and antibiotic ointment now. When (his) mom was young they had vitamins and pills and when (his) grandma was young they had herbs and chicken soup! He's not so far off.

The series of books "Chicken Soup for the Soul" edited by Jack Canfield and Mark Hansen are well known, I guess they're classified as self help. They are simple stories that have been collected and assembled into categorical books so that from the initial book which was simply, "Chicken Soup for the Soul". The titles reflect the type of story one might be looking for. They range from "Chicken Soup for the Dog Lovers Soul" to "Chicken Soup for the Teenage Soul". All attempt to help or educate us about specific things about life where we might look for help or inspiration.



These stories, like a cup of grandma's chicken soup are meant to bring us comfort, peace, sometimes amusement, always some kind of education. A cup of chicken soup warms us on a cold, rainy day; summer or winter. It warms our body and it warms our soul, giving hope and joy where we might have felt despair. It brings us energy when we might be tired. It gives us peace where we might have felt turmoil.

A good cup of chicken soup is flavorful with an essence of sage, rosemary, thyme some garlic and maybe a tiny bit of lemon! It feels like a whole meal because there are veggies, rice and meat in it. We smell it first as were preparing it, and the aroma makes us hungry so we're eager to eat it. As we drink it, we relax, smile and feel fulfilled. We're filled, not just by the soup, but with the joy of knowing that soup is good and wholesome and makes us rich in the awareness that someone cares.

'Scuse me, I'm going to get a cup of soup! Maybe it'll make the sun shine!

Psalm 136:25-26 To the one who gives food to all living things, for his loyal love endures. Give thanks to the God of heaven, for his loyal love endures!

Priscilla Hull is the Lay Leader of the First United Methodist Church.

Calendar Of Events

Memorial Brunch in Newport

Dave and Jane Heald Memorial Brunch Sunday, May 5th 11:30 – 1:00

South Congregational Church, UCC, Newport, NH

Traditional Heald Luncheon fare with Dave's famous chowders, quiche, baked ham, salads and pastries. In celebration of Cinco de Mayo, there will also be some Mexican flair--Chilaquiles and Taco Pie.

Tickets: \$12 for adults, \$6 for 5-12 and under 5 free. Rolling seating starting at 11:30. Vegetarian and dairy free options available. Call 863-3729 for reservations, tickets available at the door.

Reed Optical Hosts Book Drive and Raffle

CLAREMONT & SUNAPEE, NH—Reed Optical is hosting a Book Drive and Raffle to support two local libraries. During the month of April, Reed Optical will be collecting book donations at both its Claremont (Pleasant Street) and Sunapee (Post Office Road) locations. In exchange for a book donation, an entry will be given toward a drawing of fabulous prizes. Take a look at the prizes in either office or on the Reed Optical Facebook pages.

The public is invited to help celebrate Reed's 10-year anniversary with Optometrists Drs. Jeff and Tina Smrkovski by supporting this book drive. Books collected in Claremont will be donated to the Fiske Free Library, while books collected in Sunapee will be donated to the Abbott Library.

For more information about Reed Optical, or the book drive, please visit their website, http://www.reedoptical.com. Contact the Claremont location at 603-543-3125, sales@reedoptical.com or http://facebook.com/ReedOptical.
Contact the Sunapee location at 603-763-7302, sunapee@reedoptical.com or http://facebook.com/ReedOpticalSunapee

www.facebook.com/etickernews

CHARLESTOWN RECREATION COMMITTEE RECREATION NEWS

ADOPT A HIGHWAY DAY: April 20, 8am – 12:30pm. Meet at the Charlestown Fire Dept. GREAT MEADOW TRAIL WORK DAY: April 27, 9am – 10am. Meet at the Charlestown Boat Landing.

CHARLESTOWN'S TRAILS: Looking for some outdoor fun right here in town? The Charlestown Conservation Commission (CCC) maintains six (6) trails, listed below:

The Great Meadows Trail is 1.2 miles and is considered an easy trail. It starts on Lower Landing Road and follows the Connecticut River southward. There are great views of the Connecticut River as well as the "Great Meadow". Great Meadow is an important migratory stop for birds. A great spot for bird watching. The Nature Trail is .5 miles and is considered an easy trail. It starts behind the firehouse, up over a ridge and down to Clay Brook, over the culvert and upstream, up a hill through a variety of habitats, including the riparian buffer zone, hemlocks, hardwood, finishing in a pine stand. Once at Fling Road, if you look back over the brook, you'll see the remnants of a grist-mill dam.

The Reservoir Lot Trails is 1.8 miles and is considered a moderate trail. There are two trails that can be followed. The southern loop is mostly dominated by hemlock and the northern trail is mostly hardwood. Deer, turkey, and bear have been seen along this series of trails.

The Connecticut River State Forest Trail is 1.3 miles each way and is considered a difficult trail. It starts at East Street Ext, inclines for about a mile then flattens out. It ends at Lamb Road. Part of the trail runs through a hemlock stand that has been a deer wintering yard. Bear have also been seen in the forest. The Hubbard Hill State Forest Trail is 2.2 miles and is considered a moderate trail. It crosses and parallels power lines at points while following along a snowmobile trail. The Halls Pond Trail is 3.1 miles and is considered a moderate trail. There are many deep trails a moderate trail.

The Halls Pond Trail is 3.1 miles and is considered a moderate trail. There are many deer signs and an occasional moose. There are also many birds, and, in the migrating season, the pond holds ducks and geese. This trail uses some private property and runs over the Acworth town line for a short distance and back into Charlestown, between a farmhouse and barn. The trail skirts some vernal pools so is strictly hiking and horseback riding only.

For more information, directions, and maps on Charlestown's Trails, go to this website: https://www.trailfinder.info/ or https://www.traillink.com/city/charlestown-nh-trails/.

BABE RUTH GIRLS SOFTBALL SUMMER

LEAGUE: 12U (no older than 12 by 12/31/18). Please register at the Town Office. \$75.00 per player.

BABE RUTH BOYS BASEBALL LEAGUE: Ages 13-16. Please register at the Town Office. \$75.00 per player.

POOL DIRECTOR AND POOL GUARDS:

Time to start planning for Summer! The CREC is accepting applications for a Pool Director and Life Guards. Training is available in February/March (dates to be determined). Guaranteed hours. Starting wage based upon experience. Applicants subject to background check. Please call or visit Town Office to submit an application

RECREATION COMMITTEE MEETING: The April CREC meetings will be on April 16 at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT—A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Help Available for Advance Directive Documents

WINDSOR, VT—Thinking about completing an Advance Directive as a loving gift to your family? Advance Directives (AD) are legal documents that allow you to decide what type of medical care you want if you ever become unable to speak for yourself.

Mt. Ascutney Hospital offers free individual sessions for assistance in completing this important document. Our AD Clinics are being held the 2nd and 4th Wednesday of the month in Windsor from 1:00-3:00 p.m. The Clinics are led by Linda Wilson, APRN, DNP. Make an appointment by calling (802) 674-7483.

There is an additional AD Clinic in Woodstock at the Thompson Senior Center every 2nd Monday of the month from 1:00-3:00 p.m. Make an appointment by calling (802) 457-3277.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likeli- hood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us

for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

WEDNESDAY, APRIL 17 Spring Break Wildlife Encounters Program 10:30AM

Plainfield Elementary School

Wildlife Encounters experiences are fun, interactive presentations featuring live "Ambassador Animals." For children of all ages. Free and open to all. Sponsored by the Friends of the Meriden Library.

Call 469-3252 for information.

9 Great Words to Use on Your Resume

"Passionate": One of the most important things employers look for is how much you care about the work you do.

"Innovative": There's always a place for people who think outside the box.

"Achieved": It's smart to include action verbs that highlight your professional accomplishments.

"Developed": Companies also want to see that people who have been in their industries for a long time are growing in their roles.

"Saved": Businesses are always looking to improve their profit margins, and if you've helped another firm do so, that can make you an ideal candidate.

"Modernized": If you helped push decision-making in the right direction at an old employer, that could show off your cutting-edge thinking for a prospective employer as well.

"Launched": Along similar lines, if there are any successful programs for which you were instrumental in getting off the ground, potential employers should know about it.

"Spearheaded": Shake things up a bit and find interesting new ways to say - and show - you've been a leader for some time will certainly help your resume stand out from a crowded field of applicants

"Value": Value is what businesses run on, and you need to be able to demonstrate why you ultimately bring it to the table.



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131 Broad Street, Claremont, NH 03743

www.westaff.com





RABIES CLINIC

Dogs & Cats welcome!

\$10.00 per shot

March 30, 2019

&

April 27, 2019

9:00 AM - 11:30 AM

First come, first serve

Masonic Temple

40 Maple Ave, Claremont

Shot will be good for 3 years with <u>proof</u> of a previous vaccination. Otherwise it will be a 1 year shot.



Bingo at the Charlestown Memorial VFW Post 8497 Post Hall

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Eight regular games, four two-part games, and three spe-

cial games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, a carry-over cover-all game also paying off in 50#'s or less or a consolation of \$150, plus the final Jackpot game paying \$150. All regular and special games are now on PAPER. Bingo is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



Got news? Send news items and photos to etickernews@gmail.com



603.526.4077

REV. MAR. 29, 2019		— Lake Sunape	ee Region VNA & HOSPICE		603.526.4077				
MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Meriden Congregational Church 12:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm Mascoma Senior Center, Canaan 9:00 am — 12:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am — 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm				
2nd WEEK of the month		BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am — 12:00 pm Bourdon Centre, Claremont 10:00 — 11:00 am Grantham Methodist Church 11:15 am — 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 — 2:00 pm FOOT CLINIC Bourdon Centre, Claremont 8:00 am — 12:00 pm Sugar River Mills, Claremont 12:30 — 2:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am — 1:00 pm FOOT CLINIC Charlestown Senior Center 9:00 am — 4:00 pm Lake Sunapee VNA 9:30 am — 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm				
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am - 12:00 pm Newport Senior Center 11:00 am - 12:30 pm Marion Phillips Apts, Claremont 1:00 - 2:00 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 - 4:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am — 12:00 pm Claremont Senior Center 11:00 am — 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm Lebanon Senior Center 10:00 am — 2:00 pm					
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am — 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 9:30 – 11:00 am Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org				

Celebrate the 100th Anniversary of Pete Seeger's Birth

WHITE RIVER JUNCTION, VT—Gumbo, Grits & Gravy was formed in January 2019 by Guy Davis, Marcella Simien, and Anne Harris at a studio venue outside of Boston. Long time devotees of the late Pete Seeger, they were looking for a way to honor him on his 100th birth date. Kirschner Concerts and Twin Cloud Concerts have joined together to make that happen at the Briggs Opera House in downtown White River Junction, Vermont beginning at 8:00pm on Saturday, May 4. Proceeds from the evening will go to support The Haven of White River Junction, and to help get started, The Friends of Pete Seeger Foundation.

Tickets may be purchased by visiting the ticket website: http://bit.ly/2GumboGritsGravy-May4.

Tickets are \$25 and it is suggested that since the venue is small, that they be purchased in advance. There are a limited number of VIP tickets available for \$40 that include premium seating, a post-show get together with the artists, and other surprises. Ticket prices do not include sales tax and ticketing fees.

"This show brings Pete Seeger's life full circle in his recent history here in the Upper Val ley," said co-producer Thom Wolke of Twin Cloud Concerts. Wolke produced a fundraising concert with Pete Seeger, his grandson, and Guy Davis at the Lebanon Opera House in 2008. The Trio performed eighteen shows that summer around the northeast, and helped raise close to a quarter million dollars for non-profits in the U.S. and Canada.

The vision behind Gumbo Grits & Gravy is to celebrate diversity, culture, family, love and food through a musical gumbo of style and tradition. In a review of Gumbo, Grits & Gravy, writer Bill Hurley wrote, "This music has a restorative, rejuvenating quality to it. The average listener has no idea what the words to 'Jolie Basset' mean but it is the quintessential example of why music is such a powerful and universal language. I don't know what it means but I know what it expresses because I see how Marcella Simien expresses it.

Kids: Spring ART CAMP - From Trash to Treasure

Mon.-Fri. April 22-26, 2019 1:00 pm - 4:00 pm each day

Library Arts Center 58 N. Main St. Newport, NH

This art camp for students ages 7-12 will be packed with projects that are made with recycled materials. Curiosity, fun and an inventive spirit will lead the way as campers make creative treasure out of what others may have considered "trash" had they looked without an artistic eye. Pre-registration required. Find out more and register online at <u>libraryartscenter.org</u>.

Kids: Music with Friends for Infants, Toddlers & Preschoolers Friday mornings, ongoing 10:00-10:45am

Library Arts Center Annex 15 Main St. Newport, NH

Experience making music with your children & friends in this class designed for young children and their caregivers. Music will come to life as everyone Sings, Dances, Drums & Claps for Fun, experimenting with voices, instruments & movement. For infants, toddlers & preschoolers, with a caregiver. *Pre-registration encouraged, but drop-ins are welcome. Find out more at libraryartscenter.org.

Open Studio Art Group Wednesday mornings, ongoing (through May 29th) 9:00 am - 12:00 pm

Library Arts Center 58 N. Main St.

Newport, NH

Price: \$8.00 to \$12.00 —\$8 members/\$12 non-members

Looking for a time to work on current projects? Be inspired to work in a studio environment alongside other area artists in this drop-in group that meets on a weekly basis. The class facilitator is available for light guidance. All mediums are welcome. No prior experience is necessary. Please bring all supplies you will need for your projects. To find out more, call the Arts Center at 603.863.3040, or visit libraryartscenter.org.

Art Exhibit: Newport Student Art Show Exhibit Dates: Through Apr. 25

Gallery hours: Tues.-Fri. 11am-4pm, Sat.

10am-2pm

Library Arts Center Gallery 58 N. Main St., Newport, NH Admission: Free

Newport Student Art Show 2019 featuring artwork from students in grades K-12 in the

Newport Public Schools

Exhibit Dates: Through April 25 Gallery hours: Tu.-Fri. 11-4, Sat. 10-2 Sponsored by: Sugar River Bank

Spring Breakfast to Include Door Prizes

CLAREMONT, NH—Weed eater? Pizza? Flowers? Books? Syrup?

These prizes and valuable gift certificates to Claremont businesses will be featured during the 109th Spring Breakfast, Saturday, April 27, at the First Congregational Church from 7:00-10:00 a.m.

The gift certificates are to Claremont Spice and Dry Goods, Farro Deli, Love's Bedding and Furniture, Sugar River Pharmacy, Pleasant Street Restaurant, Uptown Bakery, and Ford of Claremont.

The floral arrangement is from Floral Designs by Linda Perron, the pizza is from Ramunto's, the weed eater from Marro's Home Center, books from Violet's Book Exchange, and the maple syrup from Granite State Hobbies.

Pancakes, eggs, bacon, sausage, muffins, doughnuts, and beverages will be served. Tickets are \$8 for adults, \$5 for ages 12 and under. Toddlers, two and under, are free.

Businesses providing products or cash to support the breakfast are North Country Smokehouse, McDonald's Restaurant, Walmart, Crown Point Cabinetry, Hannaford Supermarket, Market Basket, Ink Factory Clothing Co., and Pleasant Street Restaurant.

Proceeds from the breakfast benefit the church.

EASTER VIGIL

GRACE ANGLICAN CHURCH
Saturday
April 20, 2019 @ 6:30 PM
at the corner of
Church & Laurel Streets
Newport, NH

Easter Egg Hunt & Good Friday Concert

BROWNSVILLE, VT—On Saturday, April 20, the Brownsville Community Church Team is organizing an Easter Egg Hunt open to all children in the community. The egg hunt for 1,500 eggs will take place outside in Tribute Park adjacent to the church. There will be face painting and other surprises for all children who join the fun! On Friday, April 19th, Brownsville Community Church will sponsor the first of a series of free concerts open to the public in 2019. The first concert will be a Good Friday Concert starting at 1:30 which will be followed by a brief service at 2:30.

The April 19 concert will include a program of contemplative music as we consider the meaning of Good Friday. A variety of local musicians will be offering their gifts to lead us in a concert expressed through Piano, Organ, Brass and Vocal. They will come together for your enjoyment representing artists of all ages featuring the treasured works of Bach and Brahms as well as some original compositions just to name a few.

On Thursday, April 18th at 6:30 p.m. there will be a Maundy Thursday Service to which all are welcome.

Easter Sunday celebrations on April 21st will start with an outdoor sunrise service at 7:30 a.m. on the hill above Albert Bridge School, followed by a community breakfast at 8:00 and an Easter Sunday service at 9:30 at the Church.

These free-to-the public concerts are organized by the Brownsville Community Church Pastor and Music & Choir Director, Reverend Christian Huebner. The Brownsville Community Church is located at 66 Brownsville-Hartland Road, between Albert Bridge School and the Brownsville Town Hall.

Documentary on Teen Screen Time to be Shown

CLAREMONT, NH—Have you wondered what the impacts of screen time is on your teens? The documentary film, Screenagers, delves into the potential dangers and offers solutions on how to find a balance for teens. The film will be shown on Tuesday, April 16, at 6:30 p.m., at the Stevens High School Auditorium, located at 152 Broad St. in Claremont. The screening, sponsored by TLC Family Re

source Center, is free and open to the public.

From the Screenagers website: "Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time — friction she knew all too well.

In Screenagers, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction.

The documentary deals with a topic that is on many parents' and educators' minds, according to TLC Executive Director Maggie Monroe-Cassel.

"The amount of time we spend looking at the screens is something that everyone should be concerned about, but studies are showing that it is having negative impacts on our children and teens. They're spending so much time looking at screens, either on smartphones or video games, and it can cause problems with school, friends, and family life," said Monroe-Cassel.

New Town Committee Looking for Members

SUNAPEE, NH—Do you have specialized skills and expertise that could benefit a board's work? The Sunapee Board of Selectmen are looking for people interested in a Town Renewable Energy Committee, this will be an exploratory process. If you have any questions please contact Donna Nashawaty, Town Manager at 763-2212.

To apply, fill out a volunteer form located at the Selectmen's office or download the form at http://www.town.sunapee.nh.us/Pages/ SunapeeNH Selectmen/Volunteer%20Form.

SHS Alumni Meeting

CLAREMONT, NH—The next Stevens Alumni meeting will be held on Wednesday... April 17th, 5:30 p.m. at new office 50 W. Pleasant St. All Stevens graduates welcome.

Bead Rolling 101

CLAREMONT, NH—Bead rolling is a great sheet metal fabrication method, used in an a variety of creative and industrial fields. It can be used to not only strengthen sheet metal, but also to create artistic designs. In this introductory level class, led by Jason Laffin - owner of 603 Metalworks - students will learn the fundamentals of bead rolling while making their very own, floor pan.

Check out 603 Metalworks here: https://www.facebook.com/jaylaf54/ Date: Saturday, April 20th, 2 - 3:30 PM Location: Claremont Makerspace, 46 Main Street, Claremont, NH

To register, please go here: https://claremontmakerspace.org/events/#! event/2019/4/20/bead-rolling-101.

Free Talk on the History of Forests and Habitat in **Southwestern New Hampshire**

KEENE, NH — Join New Hampshire Fish and Game Department and its partners for an evening of presentations and conversations about the history of forests in southwestern New Hampshire, the birds and animals that live in them, and what landowners can do to help restore important wildlife habitat. The program runs from 6:30 p.m. to 9:00 p.m. on Tuesday, April 23 at the Historical Society of Cheshire County, 246 Main Street, in Keene,

Those interested in attending are encouraged to register in advance by visiting https:// www.eventbrite.com/e/the-dynamic-history-offorests-in-southwest-new-hampshiretickets-59054486559. Seating is limited.

The evening's presentations will highlight the history of the state's ever-changing forests, habitat impact, and the types of programs available to help the landowner plan and implement the creation and restoration of wildlife habitat, including the young forest environ-

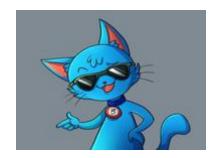
WEDNESDAY, APRIL 24 High Tunnel Research at the Eco Ag Center: 5 Years in Review

6-7pm

Ahern Building, Sullivan County Complex, Uni-

Sullivan County Humane Society brings you.....





Sunday, April 28, 2019

@ The Claremont Senior Center

5 Acer Heights Rd, Claremont NH

Join us for 20 fun games of BINGO for various prizes!

Purchasing a \$5 book gets you play for each of the 20 regular games

And buying multiple books can only multiply your LUCK

Doors will open @ noon & games will begin at 1:00

PRIZES INCLUDE:

Gift Certificates

Small Kitchen Appliances

Jewelry

Small Home Décor Items

AND SO MUCH MORE!



Game 21 is a GRAND PRIZE of a 40 inch Hisense Full HD Flat Screen TV!!!

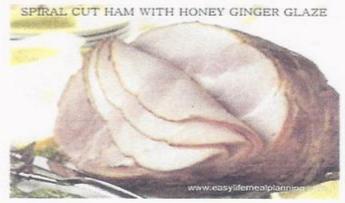
Buy as many \$3 sheets as you'd like to have plenty of chances to win!



Proceeds will benefit the Sullivan County Humane Society.

Pursuant to NH Gaming Laws, no one under 18 is permitted during the event.

Ham Dinner Open to the Public Come Join US



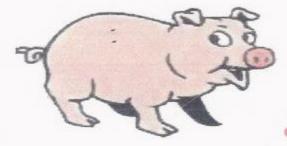
At The

Claremont Senior Center.

5 Acer Heights Rd.

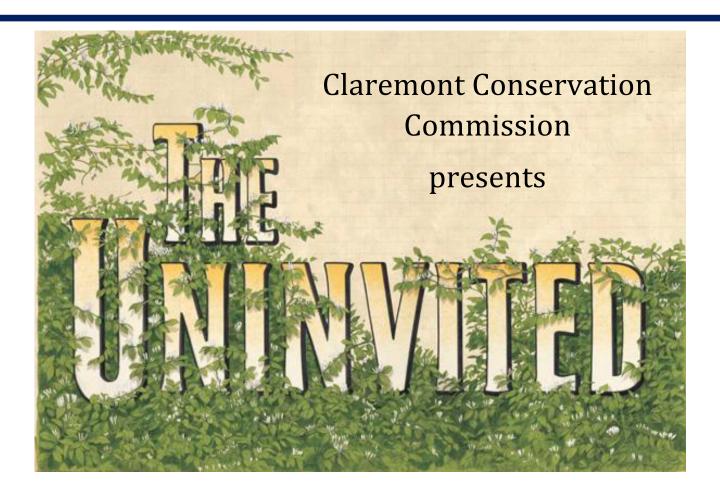
Claremont, NH

Saturday April 27, 2019 5 PM - 6:30 PM



\$6.00 for children

\$10.00 per person



Douglas Cygan, NH Invasive Specie Coordinator,

will provide an in-depth look at upland invasive plant species of New Hampshire. Attendees will learn about the various issues, New Hampshire rules and regulations, characteristics, identifying features and control measures of some of the most aggressive nonnative plants here in the Granite State.

- The public is invited to attend -



April 18, 2019
6:00 PM
Claremont City Hall
58 Opera House Square



BORGED BORGED BORGED BORGED

Support Local Talent - We Do!

SATURDAY APRIL 27 7PM

"The LOCALS"

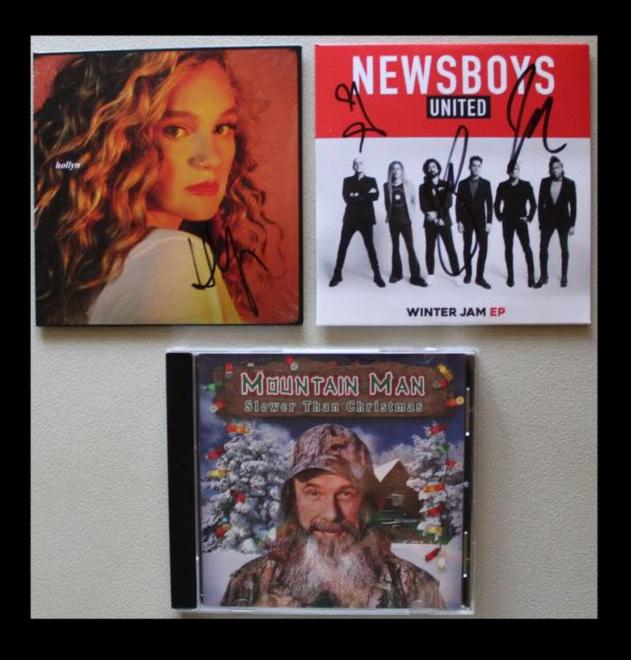


An Evening of Home Town Talent RAFFLES - DOOR PRIZE - REFRESHMENTS 58 OPERA HOUSE SQUARE / 603-542-4433

dylantenneymagic.com

artistrypartners.info





Autographed CDs:

Hollyn, Newsboys United, & Mountain Man

To enter:

- Follow me on Twitter and/or "Like" my Facebook Page.
- 2. Send email with "4/30" in subject field to etickernews.bernadette.oleary@gmail.com
- 3. "Like" drawing posts on Facebook and Twitter.
- Send me a private message on Facebook or Twitter with "4/30"

Choose only one way to enter or all four and enter each week.

Remembering Loved Ones...

Life Tributes



Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

Warren B.Newcomb, 76

Warren B. Newcomb, 76, of Langdon, NH died, suddenly Thursday, March 28, 2019, at his home.

He was born in Malden, MA, on April 24, 1942, the son of the late Wallace E. Newcomb and the late Anne G. (Chalker) Newcomb Perry. As a boy, he grew up on his family's farm "Hemlock Haven" located in Langdon, NH.

He was the beloved husband of Reva A. (King) Newcomb for 56 years, and is survived by his three children: A son, Jonathan B. Newcomb of Manchester, CT, and two daughters, Lori A. Jacobsen and her husband Michael Jacobsen of Tolland, CT, and Victoria L. Newcomb-Tutty and her husband David Tutty of Manchester, CT. He had one sister, Nancy N. Peacock of Norwich, VT, and one brother, Phillip W. Newcomb of Alpine, WY, as well as two grandchildren, Christopher M. and Mackenzie A. Jacobsen, and several nieces and nephews.

Warren graduated from Charlestown High, and then joined and served in the United States Air Force as an aircraft mechanic from 1962-1964. He was employed by Pratt & Whitney Aircraft (United Technologies) in Middletown, CT, where he was a foreman and had an exceptional career for 36 years. He lived and raised his family in Manchester, CT, before retiring in 1998 to spend time with his loving wife in his cherished childhood home in Langdon, NH, and spend the winters in sunny Bushnell, FL.

He was affectionately known as "Papa Bear", enjoyed bowling and played on a league for many years, loved to travel and go camping, was an avid reader of old western novels, loved John Wayne movies and Johnny Cash; he was a true puzzle "King". He was happiest taking in the breathtaking views from his front porch of Mount Monadnock and spending time with family and friend's playing cards, dice, and sharing that wonderful laugh of his! Warren was loved and will be missed by his many friends and family that reached through numerous states. May his spirit and our memories of him continue to guide us and forever be in our hearts.

A memorial service will be held at the Charlestown Memorial Chapel, 34 Main Street in Charlestown, NH on Saturday, May 18th at 2PM. Visiting hours will be held from 1 to 2 prior to the service. Burial will follow the service at the Upper Langdon Cemetery.

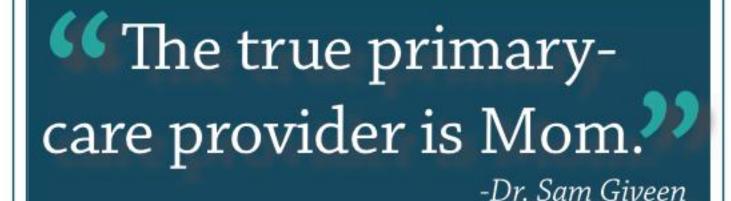
Donations in Warren's name are asked to be made to Dana-Farber Cancer Institute.

The Stringer Funeral Home is in charge of arrangements.

Kaylyn J. Osgood, 13

Kaylyn J. Osgood, 13, of Dennison Avenue in Claremont, NH, died unexpectedly on Thursday (April 11) at New London Hospital. She was born in Claremont, NH, on December 15, 2005, the daughter of Bradley Osgood and Katrina Kline. Kaylyn loved camping, swimming, people watching and had a love for animals. She was a very vibrant young lady and will be deeply missed.

Members of her family include her father, Bradley Osgood and his partner, Charley Shepard, Claremont, NH; her mother Katrina Kline and her partner, Eric Szelangowski, Newport, NH; a half-brother, Kai Szelangowski, Newport, NH; paternal grandparents, Todd and Angela Osgood, Claremont, NH; Tracey Osgood and her partner, Craig Ordway, Claremont, NH; maternal grandparents, Bonny and George Polley-Kline, Claremont, NH; paternal great grandparents, Ralph and Janice Osgood, Newport, NH; maternal great grand-



Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with

kids to that vital first step. Yay, Mom.

(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital)



parents, Yvette Hanks, Claremont, NH and the late Jim Hanks, three special cousins, Morgan Fowler, Parker Fowler, Jaxxen Ayotte and uncle, Brandon Osgood, and several aunts, uncles and cousins.

Funeral Services were held on Sunday (April 14) with the Rev. Donna Leslie, officiating. Interment followed in St. Mary's Cemetery.

The family invites you to share a memory of Kaylyn with them or leave a message of condolence in the family guest book at www.roy-funeralhome.com

. Arrangements have been entrusted to the Roy Funeral Home and Cremation Service, 93 Sullivan Street, Claremont, NH.

Claremont Fire Dept. Log

Sunday April 7, 2019

08:38 Responded with Car 2 and L-2 to Winter St. for a Box Alarm

15:17 Responded with E-1 and E-3 to River Rd. for a Box Alarm

20:00 Responded with E-1 to Old Newport Rd. for an illegal burn

Monday, April 8

07:45 Responded with E-1 to Slab City Rd. for a tree on wires

09:42 Responded with E-1 to Red Water Brook Rd. for an unattended burn

11:47 Responded with E-1 to River Rd. for a tractor trailer leaking gas

13:50 Responded with E-1 to Maple Ave for an elevator issue

19:48 Responded with E-1 to Knight St. for a medical call

Tuesday, April 9

05:12 Responded with E-1 and E-3 to Connecticut River Bend for a Box Alarm 06:50 Responded with E-3 to Spruce St. for a CO detector sounding

16:57 Responded with E-1 to Lisa Place for a check the well being

18:51 Responded with E-1 to Woonsocket Ave for a water problem

Wednesday, April 10

09:47 Responded with E-1 to South St. for an odor investigation

15:40 Responded with E-1 to Washington St. for a Box Alarm

22:46 Responded with E-1 to Heritage Drive for a medical call

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

"Vendors / Crafters Corner" will feature Julie's ICare on Thursday - April 18 and Jaime Adrience (Jewelry) on April 16 & 23 from 10AM - 1PM.

Chair Yoga will be back with Sherra (a new teacher) starting Friday - April 19 (10:30 - 11:30 AM) in the Mozden Room. \$5.00 for members & non-members!

Ham dinner ...open to public - Saturday - April 27 (5:00 - 6:30 PM). \$10 per person / \$6 for children under 10. Call or come to the center to sign up!

Tickets now available for our "Lottery Tickets Raffle." \$2 per ticket / \$5 for 3 / \$10 for 6. 1st Prize: \$250.00 /2nd Prize: \$150.00 / 3rd Prize \$100.00 worth of raffle tickets.

Menu on Tuesday - April 16...Soup, chicken cordon bleu, mashed potatoes, peas & carrots, homemade blueberry cobbler. Thursday - April 18... Birthday Celebration...Soup, roasted pork loin with gravy, mashed potatoes, squash, applesauce, birthday cake with ice cream.

Foot Clinic on April 17 (8:30 AM - 4:00 PM). Cost \$25 per visit. Free Blood Pressure Clinic on April 18 (11:00 AM - 12 Noon). Both sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077.

Tai Chi class continues to be held on Wednesday - April 17 (6:00 - 7:00 PM) in the Mozden Room.

Silver Sneakers every Tuesday at 10:45 AM in Mozden Room. Cost \$2.00 for members and non-members!

Sunday at the Center" - 1:00-4:00 PM for members and bona fide guests! Play pool, work on a puzzle, Hand & Foot card game most popular. Bring a snack to share.

Game Night every Tuesday (6:00 - 9:00 PM). Play pool, work on a puzzle, Hand & foot card game most popular. Bring a snack to share and your own beverage!

Reminder that we have a "Donations List" that can be found at the front desk and in our monthly Newsletters. Thank you so much for your donations!

Seniors Bingo for persons 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time! Reminder that we have a "wonderful lunch" available for purchase!

Bingo every Thursday run by Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Purchase a "Memorial Brick" on our Brick Wall for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends also available.

Fun things to do at the center! Game Night every Tuesday & Thursday - 6:00 PM. Pool (Monday - Friday). - 9:00 AM. Exercise - Tuesday & Thursday - 10:00 AM. Coloring on Mondays 1:00 PM. Members free. Non-members \$1.00. Ping Pong - Monday & Wednesday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg on Friday - 1:00 PM. Knitters on Friday - 12 Noon. Bring your lunch.

We are still collecting aluminum can tabs!

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

Thinking of joining the center? Come on over...we have a new program. Sign up for our "One Month Trial Membership" which means whatever date you sign up on will be good for one month. Come enjoy all of our programs and activities. Bring a friend . . . hope you will ioin us!

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

Thursday, April 11

03:11 Responded with E-1 to Sullivan St. for a Box Alarm

08:26 Responded with E-1 to Elm St. for a medical call

13:19 Responded with E-1 to Heritage Drive for a check the well being

15:48 Responded with E-1 and L-2 to Heritage Drive for a Box Alarm

16:48 Responded with E-1 to Sullivan St. for a medical call

Friday, April 12

07:56 Responded with E-1 to Red Water Brook Rd. for a tree on wires

16:21 Responded with E-1 to Elm St. for a Box Alarm

17:18 Responded with L-2 and E-1 to Maple Ave for a Box Alarm

20:38 Responded with E-1 to Maple Ave for a medical call

23:43 Responded with E-1 to Gold St. for a medical call

Saturday, April 13

03:08 Responded with E-1 to Main St. for a medical call

10:41 Responded with E-1 to Mulberry St. for an alarm sounding

13:06 Responded with E-1 to Grand St. for a check the well being

17:16 Responded on foot to Opera House Square for a water problem

21:27 Responded with E-1 to Main St. for a possible illegal burn

22:56 Responded with E-1 to Maple Ave for a medical call

Sunday, April 14

02:30 Responded with E-1 to High St. for a medical call

SUNDAY, APRIL 28 BINGO!

Sullivan County Humane Society will be holding Bingo at the Claremont Senior Center at 5 Acer Heights Road in Claremont on Sunday, April 28. Doors open at noon, games begin at 1 pm. Fabulous prizes, including restaurant gift certificates, store gift cards, and so much more; \$5/20 games. There will also be 1 grand prize game, for \$3 a play. Grand prize is a flat screen TV! You can purchase multiple game packs for more chances to win. Snacks will be available.By law, you must be at least 18 years old to attend.

Questions? Call 542-3277.



The Claremont City Council will hold a public meeting on <u>Wednesday</u>, <u>April 24</u>, <u>2019</u>, at 6:30 p.m. in the Council Chambers of City Hall.

REVISED AGENDA

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

6:35 PM 4. MAYOR'S NOTES

6:40 PM 5. CITIZEN'S FORUM (Comments on Non-Agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))

6. OLD BUSINESS

6:50 PM A. City Manager Search Update

7. NEW BUSINESS

7:15 PM A. Resolution 2019-23 Highway Safety Grant – *Public Hearing*

7:25 PM B. Resolution 2019-24 Forensic Experimental Trauma Interview (FETI) Training – *Public Hearing*

7:35 PM C. Presentation by Steel Mill Solar

BREAK 8:05

8:15 PM D. Water and Wastewater Rates Update

8:30 PM E. Food Truck Policy Ordinance 567 – First Reading

8:45 PM F. AFSME Contract/Authorize City Manager to Execute

8:55 PM G. 2019 Fee Schedule

9:05 PM 8. FUTURE AGENDA ITEMS AND DIRECTIVES

9:10 PM 9. CONSULTATION WITH LEGAL COUNSEL

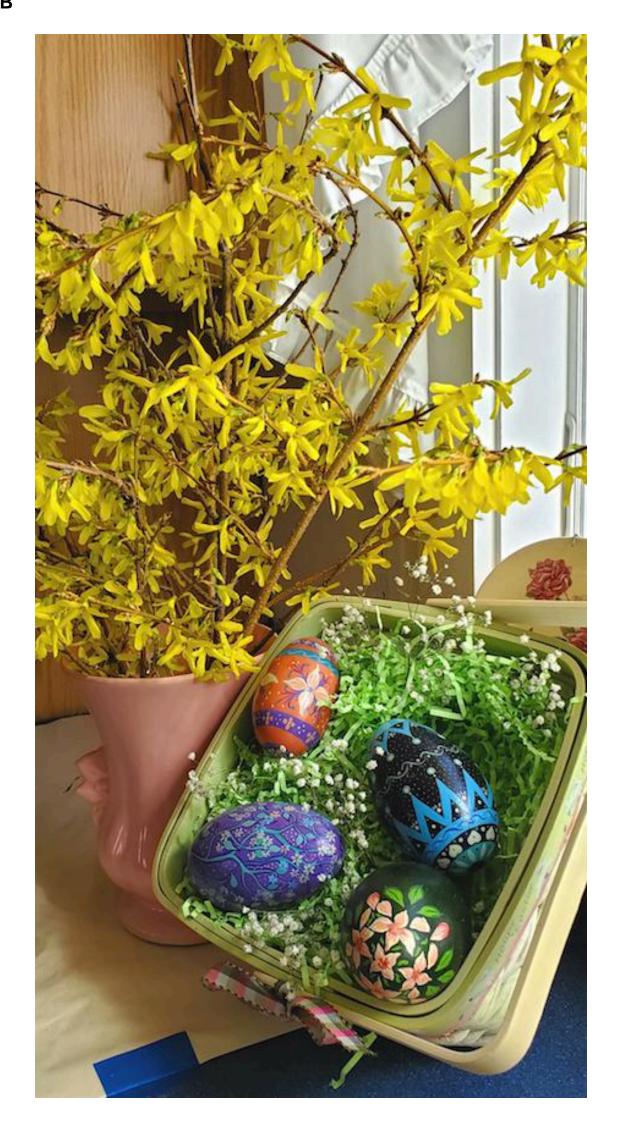
9:15 PM 10. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, May 8, 2019, at 6:30 p.m. in the Council Chambers at City Hall.

Eggz n Blossmz...

Coaxing the colors. To welcome Easter, an artist-gardener painted goose eggs with acrylics. How to force the forsythia? Snip off some branches before they bud out, put them in warm water, give them sun, wait two weeks to enjoy the blossoms. Voilà — Spring has returned in this Claremont kitchen.

Photo by Eric Zengota



Movie Night Review: Aquaman

By Bernadette O'Leary

And the battle between DC and Marvel rages on, with this latest DC film introducing the bar and the battle to a whole new level. However, does *Aquaman* raise or lower that level to the new position? Perhaps your answer will vary depending on where you stand on the issue. This particular journalist has always been partial to Marvel. In fact, I had no intention of seeing *Aquaman* because my mind equated DC films to a movie experience that simply did not meet a quality of storyline, character depth and visual enjoyment that I find with Marvel. Having said that, my family rented this film for our family movie night.



Aquaman, starring Jason Momoa, was the story of a man who should have never been born. The product of a love between the queen of Atlantis and a human, Arthur began displaying an ability to communicate with sea life from an early age. Arthur grew up hearing tales of his queen mother and how she was put to death for daring to leave and create a child with a land-dwelling man. For this, Arthur detested Atlantis and all it stood for. So when he learns of a threat against the people of Atlantis and other underwater kingdoms by King Orm, Atlanis' unjust and power-hungry ruler and Arthur's half-brother, he does not care... until he also learns that Orm's intent to take over other kingdoms will not stop at the underwater kingdoms and will spill over into the world on land that Arthur loves so dearly.

This movie surprised me. It was nothing less than an action-packed thrill ride that was full of humor and heart. This next statement is one that this journalist never thought she would say about any DC film... I happily and whole-heartedly give Aquaman a full 5-Crosses, and I fully intend to add it to my family's DVD library. This film will be the only DC production to grace our shelves since the Super Friends cartoons of decades past.

If you are strictly a die-hard Marvel fan, I feel *Aquaman* might make you question your loyalties. No matter what side of this issue you are on, I highly recommend this film to moviegoers of all ages. So, as I often say, pop the corn and rent it for your next movie night.

