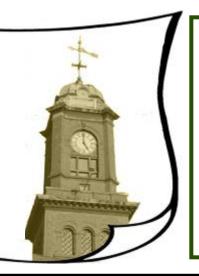


e-Ticker News of Claremont

www.etickernewsofclaremont.com



Local Search Committee to Take on Task of Finding New City Manager; page A7

etickernews@gmail.com www.facebook.com/etickernews

April 1, 2019



What Is Your Bid?

Online bidding, already 'live', leads to Saturday's phone-in auction All proceeds to fund Kiwanis children's charities, education support

By Eric Zengota e-Ticker News

CLAREMONT, NH—Are you hoping to attend a game at Fenway Park this season? The Claremont Kiwanis Club can help you score some Red Sox tickets. Is a relaxing hour-long massage on your bucket list? Kiwanis has you covered.

Continued on page A6)



Interim Superintendent, Previously Placed On Administrative Leave, Resigns

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—The SAU 6 Board announced on Friday "that its Interim Superintendent, Dr. Keith Pfeifer, has chosen to resign effective Thursday, March 28, 2019. The SAU thanks him for his service and wishes him well in his future endeavors. Cory LeClair will serve as the Superintendent until June 30, 2019."

Pfeifer was placed on administrative leave, with pay, in mid-February following an incident at the Dow Building during which a panic alarm was activated by an employee, bringing members of the Claremont Police Department to the scene. As a result of the incident, details of which were not released and the case is considered closed, Pfeifer was told by the SAU attorney at the time that he was being placed on paid administrative leave, and he left the

building accordingly. The SAU 6 Board approved Pfeifer in July of last year as interim superintendent. He replaced Superintendent Middleton McGoodwin who was terminated in May of 2018 after the board decided to "go in a different direction." He began the position in mid-August of 2018. LeClair, who will now serve as superintendent through June, has worked for the district as assistant superinten-

(Continued on page A7)

Lempster Man pleads Guilty to Methamphetamine Trafficking

CONCORD, NH—Jesse R. Lohman, 37, of Lempster, pleaded guilty in federal court to possession of methamphetamine with intent to distribute, United States Attorney Scott W. Murray announced Friday.

According to court documents and statements made in court and the statement released today, "On August 31, 2018, police encountered Lohman in the driver's seat of a parked car at the Route 3A Park and Ride parking lot in Bow, NH. Lohman was alone in the car. After determining that there was a warrant for Lohman's arrest, officers detained him and impounded the car. During a subsequent search of the car, officers discovered six bags containing approximately 76.1 grams of 99 percent pure methamphetamine."

Lohman is scheduled to be sentenced on July 12, 2019.

"Methamphetamine is a very dangerous drug that is appearing with more frequency in New Hampshire," said Murray. "Because of the

e-Ticker News of Claremont LLC is published Mondays

Phyllis A. Muzeroll
Publisher/Editor
Bill Binder
Photographer/Reporter
Eric Zengota
Contributing Writer/Photographer

etickernews@gmail.com

Snail mail to: 6 Osgood Ave. Claremont, NH 03743 603-542-7319

 e-Ticker News reserves the right to reject/decline any material submitted that is deemed inappropriate for our publication.

The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, NH Press Association

Member, Greater Claremont Chamber of Commerce

dangers associated with this substance, we will work closely with our law enforcement partners to identify and prosecute those who are responsible for distributing methamphetamine. I am grateful to the police offices from Bow whose efforts prevented a significant amount of highly-pure methamphetamine from being sold in our community."

This matter was investigated by the Federal Bureau of Investigation and the Bow Police Department. The case is being prosecuted by Assistant U.S. Attorney John S. Davis.

Reed Optical Hosts Book Drive and Raffle

CLAREMONT & SUNAPEE, NH—Reed Optical is hosting a Book Drive and Raffle to support two local libraries. During the month of April, Reed Optical will be collecting book donations at both its Claremont (Pleasant Street) and Sunapee (Post Office Road) locations. In exchange for a book donation, an entry will be given toward a drawing of fabulous prizes. Take a look at the prizes in either office or on the Reed Optical Facebook pages.

The public is invited to help celebrate Reed's 10-year anniversary with Optometrists Drs. Jeff and Tina Smrkovski by supporting this book drive. Books collected in Claremont will be donated to the Fiske Free Library, while books collected in Sunapee will be donated to the Abbott Library.

For more information about Reed Optical, or the book drive, please visit their website, http://www.reedoptical.com. Contact the Claremont location at 603-543-3125, sales@reedoptical.com or http://facebook.com/ReedOptical.

Contact the Sunapee location at 603-763-7302, sunapee@reedoptical.com or http://facebook.-com/ReedOpticalSunapee.

TLC to Focus on Empathy at Annual Dinner

CLAREMONT, NH—On Thursday, April 4, TLC Family Resource Center will be holding their annual dinner at the Common Man in Claremont. The dinner starts at 6:00 p.m. The guest speaker will be Sam Drazin, an educator who will be discussing the power of empathy and kindness. To register for the dinner, please visit http://tinyurl.com/TLCAnnualDinner.

Drazin, who lives in Bradford, VT, was born with Treacher Collins Syndrome, a rare congenital disorder resulting in both facial anomaly and hearing loss. His experiences tie closely with the best-selling book "Wonder," by R.J Palacio. He shares about his past and encourages others to be empathic and kind.

Got news? Send us your news and photos.

Index

Commentary	A4-A5
Classifieds	A10-A11
Business News	A16-A17
Sports	B1-B2
Inspiration	B3
Calendar/Events	B5-B13
Obituaries	B15-B17
Claremont Senior Center	B16
Claremont Fire Dept. Log	B17

NH Lottery Numbers

03/30/2019

NH PowerBall 21 52 54 64 68 4

NH Mega Millions 03/29/2019 5 14 15 62 66 3

<u>Tristate Megabucks 03/30/2019</u> 2 5 18 19 26 1

For more lottery numbers, https://www.nhlottery.com/





Commentary

NH House Happenings

By Rep. John Cloutier

Funding for Capital Improvements

The New Hampshire House's Public Works & Highways Committee is likely to approve a two-year capital budget that is higher than the one recommended by Gov. Christopher Sununu, but is lower than the capital budget eventually adopted two years ago.

On March 27 the Public Works Committee tentatively agreed to a capital budget that appropriates a total of \$259,949, 259 in bonded funding for New Hampshire's capital improvements, including repairs and enhanced investments to state-owned buildings and parks. The capital budget, which is contained in House Bill 25, is slated to take effect on July 1,2019, and run through June 30, 2021, would also provide bonded financial assistance for regional CTEs or Career Technical Centers, matching money to purchase buses and vans for regional transit agencies like Claremont's Southwestern Community Services as well as matching dollars to municipalities to upgrade their water and sewer systems. The \$259.9 total includes \$124,026,961 in bonded funding from the state's General Fund, \$103,463,648 in federal funds often leveraged with the help of state dollars, \$24,245,150 in bonded Highway Funds, as well as \$7,762,000 in bonded funds from either the New Hampshire Fish & Game Dept. or Liquor Commission.

For clarification, the total amount of General Fund bonding likely to be recommended by the committee in its amended version of House Bill 25 is just over \$4 million higher than what Gov. Sununu had recommended on Feb. 14. But the likely recommended capital budget is actually about \$1 million less the capital budget approved by the full House and signed into law by the Governor two years ago. Gov. Sununu was following the advice of New Hampshire Treasurer Bill Dwyer, who had earlier recommended a capital budget of no more than \$120 million in General Fund bonding this year, and defended his recommendation before the committee. Treasure Dwyer, who is charged with selling the bonds that finance the borrowing authorized in capital budgets, stated that he wants to keep the percentage ratio of our state's bonded debt to its General Fund revenues as low as possible, preferably within the 6-7 percent range. That way he can continue to keep our state's bond rating fairly high, which helps him sell more bonds at a lower interest rate than states with lower bond ratings. Current state law prohibits our percentage ratio of bonded debt to General Fund revenues from rising above 10 percent.

However, in further communication via email, Treasurer Dwyer admitted that approving a capital budget that authorized as much as \$144 million in General Fund bonds would only increase our ratio of bonded debt to revenues to a level of only 6.4 percent. After reviewing this communication, and taking into consideration New Hampshire's numerous capital improvement needs, most committee members of both political parties informally agreed to an overall level of General Fund

bonding in House Bill 25 of no more than \$125 million. Finally, we decided on March 27 that a total capital budget of approximately \$124 million was high enough.

House Bill 25's capital improvement projects are spread throughout the Granite State. They include \$5,320,00 for renovations to the State House Annex in Concord, along with \$900,000 for upgrades to the Annex's elevators. Also, \$2,220,000 is appropriated for repairs to Concord's Storrs Street Parking Garage, where most legislators, except for legislative leadership and those who are physically handicapped, must park. Additionally, one and half million dollars is allocated to additional contingency money for emergency projects at all state facilities, including state office buildings like Claremont's Monadnock Building on Water Street.

New Hampshire's Dept. of Corrections will get a total of \$6,839,000 in various appropriations for four different projects. These include upgrading the security of perimeter fences at both the Men's and Women's Prisons in Concord, renovating the kitchen at the Men's Prison, which is nearly 150 years old, rebuilding the access road to the Berlin Prison and replacement doors at the Men's Prison.

The new New Hampshire Dept. of Natural & Cultural Resources or "DNCR" for short that includes such facilities as state parks, historic sites, and the State Library in Concord will receive a total recommended appropriation of \$7,145,000. DNCR's total appropriation includes over \$2 million in new restroom buildings at the state parks, including restroom facilities for both park campers and daytime visitors. Smaller amounts of \$270,000 and \$200,000, respectfully are slated to be used for a new State Archaeology Lab and new climate-controlled storage area at the State Library.

The DNCR is recommended to receive a total of \$400,000 in General Fund bonding for construction of a new boat access ramp to Lake Sunapee at the Newbury State Beach. Another \$340,000 in recommended appropriations is expected to come from monetary donations to DNCR for the boat ramp. A ramp which should improve boaters' access to Lake Sunapee, and is an alternative to the formerly proposed ramp at Newbury's Wild Goose Point, a proposal that was rejected by a majority of the Legislature and the Governor last term.

Support for high school education and post high school education including improvements to buildings and heavy equipment have received several recommended appropriations in House Bill 25. The appropriations include \$6,475,500 to the Community College System for critical maintenance and safety upgrades as well as master plans for all the system's campuses, including Claremont's River Valley College. CTEs are for high school students, who are not likely to attend college, but need training in various job skills.

Finally, I am pleased to report that the Public Works & Highways Committee has unanimously recommended adding \$907,460 in matching funds into House Bill 25 to help local transit agencies purchase new buses and vans so they can continue their necessary mass transit services, funds that Gov. Sununu didn't include in his version of the capital budget. Matching funds that agencies like Southwestern Community Services publicly requested the committee to add to the capital budget. **Email:** jocloutier@comcast.net

Letters to the Editor

Join Us for Our 13th Steppin Up event on May 4

To The Editor:

Every 98 seconds an American is sexually assaulted yet sexual assault is not generally part of our daily conversations.

Maybe it should be. Rape...domestic violence...they occur in the neighborhoods where we live, among our colleagues, on school campuses, to the people we see in church and even in our own families.

When sexual assault and partner violence happen in Sullivan County, Turning Points Network is standing by with a 24-hour crisis and support line, safe shelter, trained advocates and wraparound services for survivors as well as for stalking and human trafficking. TPN's assistance, experience and resources are sought by over 900 individuals and families each year.

Our annual Steppin' Up to End Violence 5K Walk and Fun Run raises about one-tenth of the agency's budget that supports the above services and brings violence-prevention education programs into our local schools.

Be one of the hundreds who will walk through historic downtown Claremont in our 13th Steppin Up event on May 4.

For more information, to join a team or to sponsor, please visit our website, turningpointsnetwork.org or call 603.542.8338 and ask for Jenn.

Pat Whitney TPN Member

Reflecting on International Transgender Day of Visibility

To the Editor:

Sunday, March 31 was International Transgender Day of Visibility (TDOV). It is one day a year for celebrating who transgender people are and raising awareness about discrimination against those who identify as transgender.

I spent the last part of my dream cycle this morning thinking about what sort of editorial I wanted to write to address the discrimination against transgender people in general but more specifically those in the military and the school children who are, once again, open to discrimination thanks to members of the current administration in Washington, D.C. It is so difficult to see the country regressing in these ways and against what so many believe is the right path.

Here in New Hampshire, things aren't as bad. Many schools now offer protections for transgender students and transgender and gender nonconforming rights against discrimination are being more strongly protected at the state level. The needs to be identified as we see ourselves are being supported with the birth record changes and gender option change on licenses that are being addressed in current legislation.

I have been blessed with loving family, friends and co-workers who have helped to make my transition easier and allowed me to live my life authentically. I wish this was the experience for that all who stray from traditional gender roles, but it is not.

Many lose the love and support of those around them — from family, friends, their significant other, their children, and co-workers or classmates. This can lead to being put out on the streets without the means to survive. For others it leads to hiding who they are, and they don't transition, they hold on to the pain and every day can be a struggle.

Around 40 percent of people who are transgender have attempted suicide in their lifetime. That's roughly one out of every two or three people. When I think about this, I think about all the people I know who are struggling with being transgender; and I can't help but wonder who won't be here next year. For young ones, especially teens, this can be even more difficult with all the struggles that come with being a teen.

I've spent most of my time identified as transgender person doing advocacy work and sharing my story of how and why I came out and my journey since coming out. In my work as a reporter in the area, I was able to provide many an opportunity to ask questions and learn more about what it can mean to be a transgender person. It has been my way of giving a voice to those who cannot share their story or be who they truly are.

While this is a time of celebration, it is also a time to think about those you know who are transgender or gender nonconforming and may be struggling. Show them your support and ask what you can do to make their life a little easier. Step up if you see them being bullied for their gender identity. Report discrimination against transgender people — at work, school or publicly.

And, for those who are struggling and need support, there are places for you to reach out on Facebook, in the community and at school through Gay Straight Transgender Alliance (GSTA) groups. You do not have to be alone on this journey. There are people out there, like me, who may not already know you but want to hear your story, answer your questions and help you to be able to live your life authentically.

Neil Allen Charlestown, NH

Auction, from A1

Do you want to sample more than 40 icecold local beers, relax over a leisurely brunch, or try lip-smacking jams, enticing quesadillas, or a pizza every week for a year?

No problem: Kiwanian operators will guide you to feeding-frenzy satisfaction.

To be exact: Operators will be ready to take your call this Saturday, April 6, from 10 AM to 4:20 PM, when the Claremont Kiwanis Club hosts its 19th annual Big Auction. You can bid on more than 250 items and services, knowing that all the proceeds will go to helping the children of Sullivan County and the surrounding region.

Better yet: To get a jumpstart on the auction, you can already place your bids online. The web bidding feature (in its fifth year) went live on March 27.

"The annual auction is one of our major fundraisers," said Joan Baillargeon, a club director and this year's auction chairperson. "I'd like to thank all the area businesses and individuals who so generously support our auction so that we can continue our mission to provide services to the children in Sullivan County."

The Claremont Kiwanis Club is the local chapter of Kiwanis International. This global network of clubs, members and partners is dedicated to improving the lives of children and changing the world one community at a time.

Baillargeon emphasized that the auction couldn't happen without the tireless volunteer efforts of Club members. Early in January, most members start to contact or visit area businesses to solicit products and services. The Club also sends a formal letter inviting participation. Other members form an auction committee that manages event logistics such as entering items in the auction software database, coordination with CCTV for live coverage and assigning roles for auction day.

All monies raised by the Kiwanians help fund county and regional children's charities, including Special Olympics, Turning Points, Amplified Arts and the Kiwanis Cares Holiday Program.

Ann Dewey, Club president, highlights other recipients of Kiwanis funds. "Every year we award 14 scholarships of \$1,000 each to seniors graduating from area high schools. There are seven for Claremont, three for Newport, three for Fall Mountain and one for Sunapee. We donate to the Claremont, Charlestown and Newport recreation community centers. We've

also helped pay expenses for students to attend various academic and enrichment programs."

Dewey notes that in 2018, the Claremont Kiwanis donated \$87,000 to local organizations. That amount demonstrates the success of not only the auction but also the Club's two other annual fundraisers. The Claremont Brewfest, held in September, gathers more than 40 area breweries in a huge tent on the Visitor Green where attendees sample craft beers. And for the two weeks before Christmas, volunteers spend about 200 hours holiday bell-ringing in front of Market Basket and Walmart.

As in past years, this week's auction features a wide array of interesting, high quality, "must have" products and services. The best way to see everything is to go online at <u>ourkiwanisauction.com/boards.html</u> and read or even download the "boards." These list what items are up for bid and their face value, in half-hour segments. Hard copies of the boards also have been distributed around town.

You can bid on passes to Claremont Brewfest, rounds of golf, a fire pit package, ride-alongs with Claremont Fire and Police personnel, State vehicle inspections, a Weedeater electric blower, a 3-month membership at the Claremont Savings Bank Community Center, gift cards from markets, restaurants and sporting-goods stores, and a framed 11x17 butterfly original photograph donated by the *e-Ticker News of Claremont*.

The Big Board lists higher-value items such as a HEPA air filter from Sol-Air, a voucher for a 3-credit course at River Valley Community College, and pizza-every-week deals from Out of the Ordinary and Tremont House of Pizza.

See the break-out box for online and phonein bidding procedures.

On Saturday, Claremont residents who are Comcast subscribers can watch the auction live on CCTV/Channel 8. Everyone can listen all day on Q106 FM.

But watching and listening alone won't raise funds. "Our call takers are ready to work," said Baillargeon. "In fact, we'd like them to be overworked all day!"

=====

How to Bid on the Kiwanis Auction

General Guidelines and Set-Up

- Visit <u>ourkiwanisauction.com</u> and tab through all the pages for complete auction information.
- Start at <u>claremontnhkiwanis.auctionsoft-waresystems.com/default.aspx</u>.

- If you have never bid with Kiwanis before and want to bid online, start at the Bidder Login link. Fill in the Register to Bid form. Include a phone number at which you can be reached on auction day. Winners will not be emailed. If you cannot be reached by phone, Kiwanis will offer the item to the next highest bidder.
- If you have forgotten your password from previous years, start at Bidder Login and hit the Forgot your Bidder ID or Password? link to have your password emailed to you.
- You may bid ahead on any board until it closes on auction day.
- Once a board closes, no further bidding is possible.
- Bids are accepted only in whole dollar amounts. For the regular boards, bids can be raised \$1 at a time; for the Big Board, \$10 at a time.
- Note: The Big Board ends at 4:20. It is only 20 minutes. Don't miss out by tuning in too late!

Online

- Go to <u>claremontnhkiwanis.auctionsoft-</u> waresystems.com/default.aspx.
- Log in.
- Bid away.

Phone-in

- Call 603-543-6500 from 10 AM to 4:20 PM.
- Give your bidder number to the call taker.
- If you don't have a bidder number, the call taker will give you one.
- Give the operator the number(s) of the item(s) you're bidding on and by how much you're increasing the bid.

Whether you bid online or by phone, do not call in during the auction to see if you have won. Call takers do not have access to the winners. Other volunteers call the winners, usually within 30 minutes after a board closes.

All winners must pick up their items at the CCTV studio, rear entrance of Sugar River Valley Regional Technical Center, 111 South St., Claremont. Items cannot be mailed or shipped. Pick-up times are Saturday, April 6, from 5 to 6 PM, and Sunday, April 7, from 9 to 11 AM.

Winners can pay by cash, check and major credit cards.

Send us your news and photos etickernews@gmail.com

SAU, from A1

dent since July of 2015 and was one of two finalists for the position of superintendent. The board recently voted for Michael Tempesta as the district's new permanent superintendent. The board will now be negotiating a contract with Tempesta, who is currently the executive director of the Central Massachusetts Special Education Collaborative in Worcester, MA; he is expected to begin the job on July 1st, pending agreement of the contract. He also served as Superintendent of Schools in Saugus, MA.

It is not clear what if any financial agreement was tied to Pfeifer's resignation; when asked, board chair Mike Petrin said, "I can't comment any further than the press release you received" regarding the announcement about Pfeifer's resignation.

At Thursday's SAU board meeting, Vice Chair Marjorie Erickson—she and Petrin were elected vice chair and chair respectively at the meeting—told the other board members that the board's attorney said they had to make public how the vote for superintendent, which was done in a nonpublic session, went. "I learned after the fact that actually we had to come out of our nonpublic on March 7 to take a vote," she said. To remedy that error, Erickson said that their attorney told her they could "simply read the roll call vote that was taken at the end of the March 7 meeting", which Petrin proceeded to do:

Tempesta was nominated for the position and a vote was taken; the vote was 8-3, with Frank Sprague, Erickson and Sara Lowe voting no.

Board members Rebecca Zullo and Jason Benware both said that while they were comfortable with their votes, they were uncomfortable with the public not being privy to the discussion, which Zullo described as "animated" at times, that had been held during the nonpublic session the night of the vote. "I have no problem ever sharing how I voted," Zullo said. "But what I find disconcerting is how uncomfortable it is...I just think it's terrible and disrespectful for Cory to know who voted yes and who voted no and for Mike to know who voted yes and who voted no because," she added, "it won't, but in theory..." could make someone feel like someone is either for or against them. "Context is important," agreed Benware. "All you see is the end result."

Erickson reiterated that it was necessary to release details of the vote per state law.

Fourteen applied for the position.

Local Search Committee to Take on Task of Finding New City Manager

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—At Wednesday's meeting, the City Council voted to create a local search committee to take on the task of finding a new City manager, rather than going with a professional search firm. The City had received only four responses to its Request for Qualifications (RFQ); three were quickly eliminated from consideration, leaving only GovHR, located in Illinois.

Councilors discussed the high cost of hiring the firm, at a rate between \$17,000 and \$20,000, vs. using a local committee, assisted by Primex, the City's insurance company, for guidance, at a cost of around \$2,000-\$3,000. Cost was an issue raised in particular by Councilor Claire Lessard. "We have no money in the budget," she said at one point. Councilor Abigail Kier supported using a professional search firm. "I would not underestimate what a professional company could do for us," she said, adding that, "I think there are a lot of things they can do that we can't."

The decision to go local was heavily influenced by the county's recent search for a manager of its own and Commissioner Jeff Barrette telling the council at a meeting Tuesday night that it successfully conducted its own searches three times, most recently with the hiring of County Manager Derek Ferland.

The committee of nine will be composed of four from the public, two department heads and three councilors: Asst. Mayor Allen Damren, Claire Lessard and Jonathan Stone. Those citizens wishing to apply have until April 18 to do so. A form can be found at: https://www.claremontnh.com/up-loads/Application%20Forms/Application%20To%20Serve%20On%20A%20Board%20or%20-Committee%20revised%204%2014%2016.pdf?fbclid=lwAR3z4HvR8s35JgwUevB-MHOc55KChgC3T_XKbOtXAYgXCcg6lQ8lXtHscbg.

TUESDAY, APRIL 2 Energy Committees' Meeting 7 pm at the Meriden Library

The Joint Energy Committees of Cornish and Plainfield will meet to complete a five year plan for reaching the goal of 100% renewables for electricity by 2030.

The Educational
Series this year will
begin in April
with how the grid
works and how it
can work with renewables.
Join us and learn
along with us as we
progress in this effort.



Incident/ Explosion and Fire Investigation in West Windsor

WEST WINDSOR, VT-On March 29, at approximately 0251 AM, the West Windsor Fire Department was dispatched to 905 Ski Tow Road in West Windsor for a reported explosion and subsequent fire at a residential structure. Upon their arrival to the scene, the fire fighters observed heavy smoke and fire coming from the center portions of the building which quickly spread to the rest of the house. They noted a debris field that extended in some locations approximately 75 feet in some directions. Their efforts resulted in the fire being extinguished. After the fire was extinguished, West Windsor Fire Chief Mike Spackman called the Department of Public Safety Fire and Explosion Investigative Unit to request assistance in determining origin and cause for the explosion/fire.

Members of the Fire and Explosion Investigative Unit responded to West Windsor to render assistance and meet with Spackman. A scene examination was performed on the heavily consumed remains of the house. Based upon their findings, this explosion/fire is classified as "Undetermined". Interviews of the caretaker and two persons, uninjured in the event and who were asleep in the house at the time of the explosion, turned up no immediately identifiable reasons for the explosion which preempted the fire. There was LP gas supplied to the home which was utilized in three different appliances to include a stove, dryer and hot water furnace. The origin of the explosion and fire was identified as in the basement, but what caused the leak or failure is unknown at this time, said authorities.

No one was injured by this explosion/fire and it is not considered to be suspicious at this time. The building, whose owners are from Lloyd Harbor, NY, is considered to be a total loss; it has an estimated value of approximately \$300,000.

Anyone with further information regarding this fire is asked to contact Det. Sgt. Steven Otis at 802-722-4600.

www.etickernewsofclaremont.com www.facebook.com/etickernews

Mobile Pet Food Pantry in Sunapee

SUNAPEE, NH—The Sunapee Welfare Department has announced that the Town of Sunapee will be hosting the Upper Valley Humane Society's (UVHS) Mobile Pet Food

Pantry. Free pet food will be available on the first Wednesday of April, May and June to area residents who can use a little extra help caring for their pets.

When: Wednesday 9:30 a.m. – 11:30 a.m. Where: Parking Lot - Sunapee Safety Services Building







For more information visit rivervalleyemploymentfair.org

Classified Ads

NEW TO THE MARKET





UNITY, NH - This 1-year old double wide is truly special. 3 beds, 2 baths, and over 1,500 sq ft. of living space. The master bedroom suite says relax here. The online photos will amaze you! See MLS# 4741281 for more info. \$150,000.



Bonnie Miles

Homes Unlimited 112 Washington St., Claremont, NH 03743

Call or text my cell: (603) 381-9611

Office: (603) 542-2503

bonnie@coldwellbankernh.com





Ann's **Property** The Week

1103 Blood Hill Rd. West Windsor, VT



Century 21/Highview Realty, 42 Summer Street, Claremont, NH 03743

603-542-7766



Move In Ready!

Looking for privacy? This 4 bedroom 2 bath home is located on 10.89 acres. Make this your 2nd home or year round home. This property has a large deck with nice views of the mountain, field-stone fireplace and garage. Privacy, but still close enough to all amenities. Move in Ready! This home is being sold fully furnished, with the exception of few personal items.

MLS # 4735171 \$230,000

Ann <u>Jacques</u>

Call me for your real estate needs!



annjacques1@comcast.net



Tammy Bergeron

Bergeron's HOUSES TO HOMES REAL ESTATE-

tammy@housestohomesnh.com Ashley@housestohomesnh.com www.housestohomesnh.com



131 Broad Street Claremont, NH 03743 Office: 603-287-4856

Fax: 287-4857

Cell: 603-477-1872







Ashley Bergeron Agent



Known as the "Tea Tray", lovely older home sets away from the Connecticut River. Renovated baths and kitchen with a pantry. Large dining room, barrel ceilings, hearth in the living room with sliders to a patio. Offers a one bedroom apartment for extra income or open up to the original home if more space is needed. Beautiful perennial gardens and mature shrubs with a brook. All on 11 acres. \$260,500

Classified Ads

Sullivan County Fugitive of the Week

JEWELL BREED DOB: 09/30/1993

LKA: 7 School Street, Apt. #1, Springfield, VT

Description: White female, height: 5'3", weight: 106

weight: 106

lbs., eyes: green, hair: brown

Reason: Violation of Probation

Original charges: Possession of a Controlled Drug (Cocaine), Class B Felony Bail Jumping, Class B Felony

On Sept. 19, 2018, Breed was indicted by the Sullivan County Grand Jury on one count of Possession of a Controlled Drug, Cocaine, and one count of Bail Jumping.

On Nov. 7, 2018, Breed pled guilty in Sullivan County Superior Court to one count of Possession of a Controlled Drug, Cocaine, and one count of Bail Jumping. As part of her sentence, Breed was placed on probation.

On Dec. 06, 2018, the New Hampshire Probation Department filed a Violation of Probation with the Sullivan County Superior Court alleging that Breed had violated the terms and conditions of her probation.

On Dec. 20, 2018, the Sullivan County Superior Court issued a warrant for the arrest of Breed for Violation of Probation.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department. Anyone with information regarding this individual is asked to contact the Sheriff's Department or their local police department.

CLAREMONT, NH — MULTIFAMILY 3 Units. Many updates, all units in good condition. Terrific owner occupied or investments.

MLS # 4730180 \$155,000



UNITY, NH —**LAND 9+ Acres.** Great open building lot with power on-site. Walking distance to public boat launch.

MLS # 4682833 \$63,500





CLAREMONT, NH —2 Story New Englander 3 Bed 2 Bath. Updated 14x15 kitchen with center island. Nice yard for play and gardening.

MLS # 4724693 \$139,900



"Inventory is LOW!

We have qualified buyers looking; if you are considering selling, NOW may be the time.

Please give us a call."

HOMES UNLIMITED

112 Washington Street Claremont, NH 03743



Phone (603) 542-2503



www.coldwellbankernh.com

Slide Show and Talk on Nova Scotia at the Fiske

CLAREMONT, NH—In April, the Fiske Free Library will feature a program on Nova Scotia with Claremont resident Lloyd Mann that will include a slide show and talk. He has previously talked about and shown slides from his trip to Alaska. The first program, which will feature Campabella, The Bay of Fundy, Prince Edward Island and Mainland Nova Scotia, will be on Tuesday, April 2, from 6:00-8:00 p.m. The second program will conclude with Cape Breton Island and Celtic Music and will be on Tuesday, April 9.

Both programs will be in the Sarah Gilmore Rom of the Fiske Free Library and are free and open to the public.

Cormier Sings her Way into Top 20 on "American Idol" Sunday

CLAREMONT, NH—Fans of Claremont resident and "American Idol" contestant Evelyn Cormier got the chance to see their favorite performer sing Sunday night on the ABC show, filmed at Aulani, A Disney Resort & Spa in Kapolei, HI. Cormier's earlier second successful performance before judges Lionel Richie, Katy Perry and Luke Bryan earned her a place in the top 40 and a chance to move on to the Showcase Round in Hawaii where the number of performers would be cut from 40 to 20. The 19-year-old Cormier sang "Wonderwall" by Oasis, with a live band behind her and a live audience in front of her, prompting Perry to say at the end of her performance, "She just took her spot."

On Sunday's show, Cormier decided to "show a different side of" herself, she said, singing Alice Merton's "No Roots" in her bid, a successful bid, to be one of the contestants in the Showcase Round to make it from the top 40 to the Top 20.

Tonight, Monday, the remaining 20 contestants will be seen performing again on the latest round of competition. ABC, 8:00 p.m.

—Phyllis A. Muzeroll

Arrest Announced in Hillsborough Murder Investigation

CONCORD, NH – Attorney General Gordon J. MacDonald, New Hampshire State Police Colonel Christopher J. Wagner, and Hillsborough Police Chief David Roarick announced Thursday afternoon that an arrest has been made in connection with a December 2018 stabbing death in Hillsborough, NH. On Saturday, December 22, 2018, Hillsborough police responded to 25 Old Henniker Road, #1, in Hillsborough, where they located a deceased adult male inside a trailer. That male was later identified as Brett Wilson (age 51), said law enforcement. According to the Attorney General's Office, an autopsy subse-



The 4-H Youth Leadership Team (YLT) hosted a "Meet Your Local Legislator" event last Monday, March 25th at the Claremont Savings Bank Community Center. The 46 attendees included 4-H youth and adults, including eight Representatives and one Claremont City Council member: Gary Merchant, Lee Oxenham, Walt Stapleton, Judy Aron, Steven Smith, Skip Rollins, Scott Pope, John Cloutier, and Linda Tanner. The event included dinner and then representatives and the council member introduced themselves while speaking about their role in government, some key issues they are working on and what brought them to where they are today. The attendees then split into groups to discuss topics that the 4-H youth felt were issues they wanted to address and learn more about. Some of the topics included difficulties of public education, the cost of driver's education, technical schools as a choice for high school graduates, and making green energy to reduce the impact on the environment. If you would like to learn more about 4-H in Sullivan County, join a 4-H club or start a 4-H club. Please contact Robin Luther at the 4-H Extension Office in Newport at 863-9200 (Courtesy photo).

quently confirmed that Wilson died as a result of stab wounds, and his manner of death was ruled a homicide.

On Thursday, March 28, Matthew Fay (age 28), of Hillsborough, NH, was arrested on a second-degree murder charge for allegedly "recklessly causing the death of Wilson, under circumstances manifesting an extreme indifference to the value of human life", by allegedly stabbing him multiple times.

Fay was to be arraigned on that charge at the Hillsborough County Superior Court – Northern District on Friday, March 29, said the Attorney General's Office.

Lean Manufacturing 101

CLAREMONT, NH—Lean manufacturing or lean production, often simply "lean", is a systematic method for waste elimination within a

manufacturing system without sacrificing safety, quality, productivity or on time delivery. Lean tools and concepts focus on reducing the delay from the time an order is received to the time the item or service is delivered to the customer and the bill is paid. Lean can be instrumental in the continued success and growth of a small business while making your customers more satisfied and your business more profitable!

This free class is presented by Canam Bridges US Inc. Small businesses and early start-ups are encouraged to attend, as well as individuals that would like to grasp the important concepts of Lean manufacturing.

Lean Manufacturing 101 will be on Saturday, April 6th, from 8 am - 2 pm. To register, please go here:

https://claremontmakerspace.org/events/#!event/2019/4/6/lean-manufacturing-101.

Upper Valley Oral Surgery Is Growing!

Keith C. Kealey, DMD Jill L. Brinkman, DDS, MD Kyle R. Stiefel, DDS

Board Certified Oral Surgeons; Drs. Keith Kealey, Jill Brinkman, Kyle Stiefel (Board Eligible) and the staff of Upper Valley Oral Surgery (UVOS) are delighted and excited to announce the expansion of our family to Claremont. Beginning April 1st our Claremont office will be open and offering the same outstanding patient care that UVOS has provided to the Upper Valley for over four decades. We look forward to meeting you and taking care of all your oral surgery needs.

The community of Claremont has long recognized Dr. Tom Hillebrand and his staff as the area's trusted oral surgery provider. His 42 years of service to the patients of Claremont is much appreciated and although his presence will certainly be missed, we are proud to have collaborated with Tom and his staff and are thrilled to transition his patients to our care. Claremont patients can expect the highest standard of care and the same outstanding service that we have provided to patients throughout the Upper Valley for years. Tom's patients will have familiar faces to greet them and introduce the UVOS doctors as his staff have become part of the UVOS family as well.

Patients are welcome to schedule an appointment at any of our three locations, all of which offer oral surgery and facial rejuvenation services including:

- Wisdom Teeth / Extractions under IV sedation
- Dental Implants / Bone Grafting
- Jaw Reconstruction / Rehabilitation
- Surgical Orthodontics including
 - o Expose & Bond, Bracket
- Pathology

- Juvéderm
- Botox
- Chemical Peels
- Vitality Institute home skin care
- Coming soon to West Lebanon
 - o Cool Sculpting

Please call any location and someone will be happy to answer all your questions and schedule an appointment at your preferred location

Claremont 110 Charlestown Rd Claremont, NH 03743 603-542-8797

West Lebanon 16 Airport Rd West Lebanon, NH 03784 603-298-7557



New London 299 Main St New London, NH 03257 603-526-4433

Seed Packet Art Project for Middle and High School Students in Sullivan County

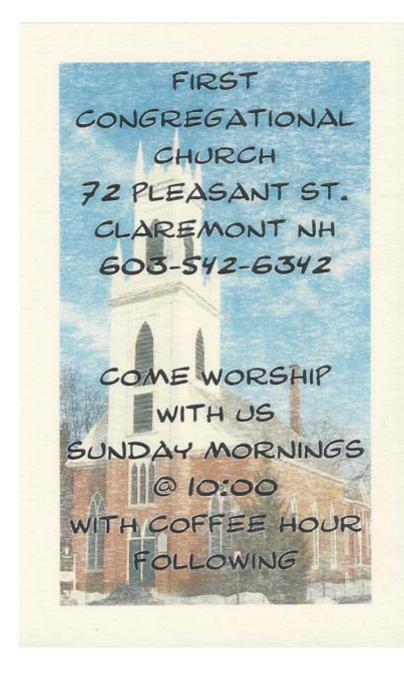
Help us put the culture back in agri-culture as we promote pollinators by submitting a design for the front of our Native Pollinator Seed Packets that will be given to area schools and sold at the Sullivan County Conservation District (SCCD) 2019 Spring Plant Sale.

Theme: Busy Bees

Art on seed packets will measure 3 x 4" tall in final form.

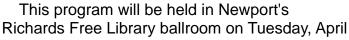
Submission Deadline: April 12, 2019

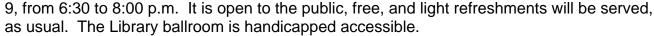
Submissions: Please submit two digital photos of your art work to Dawn Dextraze at ddextraze@sulli-vancountynh.org. Please include artist name, grade, and school as well as artwork title. Learn more: www.sccdnh.org/programs.



Newport Historical Society to Present Program by Local Filmmaker

NEWPORT, NH—The Newport Historical Society will present a program by local filmmaker, Bruce Cronin, who with Babe Sargent, made a number of delightful comedic short films in the 1970's, including the "Wild Goose" and "Henry Phipps Goes Skiing". Cronin will show, for the first time since it aired on PBS in 1980, his "Bruce & Babe" docu-comedy; (documentary) chronicling the filmmaking endeavors of Cronin and the star of his films, Babe Sargent, presented in a satiric, comedic way. Cronin will be available for questions and discussion on the documentary and his memorable film career.









Feeling Stretched?

Caring for
someone with a
chronic illness
such as
dementia, heart
disease,
Parkinson's
disease or stroke
can be stressful
physically,
emotionally and
financially.



Balance Your Life

STILL TIME TO ENROLL!! Powerful Tools for Caregivers Classes

Are you a family caregiver?
Do you know someone who is?

New dates to enroll in a **FREE** six-week educational program to help caregivers:

- □ Reduce stress
- □ Improve self-confidence
- □ Better communicate feelings
- □ Balance caregiving responsibilities
- ☐ Increase the ability to make tough decisions
- □ Locate helpful resource

Classes will be held every Wednesday
April 17, 2019 – May 22, 2019
1:00 PM to 3:30 PM

Sullivan County ServiceLink 224 Elm Street Claremont NH, 03743

Sponsored by Sullivan County ServiceLink **Please register by Wednesday, April 10, 2019**603-542-5177







The New Hampshire Family Caregiver Support Programs was established as a result of the Older Americans Act Amendments of 2000, Older Americans Act, as amended, Public Law 106-501, Title III, Parte E, which established the National Family Caregiver Support Program funded by the Federal Administration on Aging funded through 75% Federal and 25% State General funds

e-Ticker Business News

Billings Farm & Museum and Norwich Farm Creamery Announce Successful Joint Venture Partnership Creating a Line of Grass-fed Dairy Products

As of late 2018, all Norwich Farm Creamery (NFC) dairy products are made using milk sourced exclusively from Billings Farm's (BF) award-winning Jersey cows. Raised on a grass-fed and supplemental grain diet, the Billings herd is one of the finest in the country, with a history of excellence spanning nearly 150 years. Each Billings cow is housed in a comfortable tie-stall barn and is let out nightly to graze in pasture during the warmer months. Says Executive Director David Simmons, "we at Billings Farm & Museum are proud and delighted to partner with Norwich Farm Creamery to bring to market a spectacular array of high quality artisanal dairy products."

Billings Farm milk is naturally high in butterfat, making it the perfect base for Norwich Farm Creamery's recipes. NFC produces Creamline Milk, Chocolate Milk, Ricotta, Yogurt, and Ice Cream in its Grade A rated microcreamery, located in Norwich, VT. Launched in 2017 by Vermont cheesemaker Chris Gray and his wife and business partner Laura Brown, NFC's focus is on fresh, pasteurized, non-homogenized products. Gray and Brown



explained, "We believe in letting the milk speak

for itself, so we minimally process it and never add anything that we would not want

(Courtesy photos)

our own child to eat. There is nothing as nutritious or delicious as a glass of grass-fed full-fat Jersey milk. The

(Continued on page A17)





109 PLEASANT ST CLAREMONT, NH 03743 Carl Bannon RPh Chad Beane RPh SRPClaremont@gmail.com

Mon - Fri 8AM - 6PM Sat 9AM - 2PM Phone 603 542 6337 542 - MEDS Fax 603 287 7139

e-Ticker Business News

Dairy, from A16

dairy tradition at Billings Farm is a national treasure. We're honored to be able to offer a product line made with 100% Billings Farm milk for the first time in more than a half century. Our customers taste and feel the difference, and that is a direct result of the breed, feed, and exceptional care provided to the Billings Farm herd."

NFC's products can be found at Dan and Whit's, the Upper Valley Food Coop, the Woodstock Farmers' Market, King Arthur Flour, the Norwich Farmers Market, Brownsville Butcher and Pantry, and NFC's on site farm store.

Visitors wishing to meet the Billings Farm & Museum Jersey cows and learn more about how its high-quality milk is produced can visit daily through April – October and weekends November - February. Visit billingsfarm.org for event listings, daily programing schedules and more information.

Dartmouth-Hitchcock Medical Center To Host "99 Faces" Art Project

National exhibit works to reduce stigma of mental illness

LEBANON, NH – Approximately one in five adults in the United States experiences some form of mental illness, most of whom do so without ever showing signs of their illness to others. The 99 Faces Project: Portraits Without Labels," designed by Boston-based visual artist Lynda Michaud Cutrell, seeks to break down the stigma associated with mental illness and to encourage those on their path to recovery, as well as their families.

Using art as the vehicle, this unique art exhibit make its New Hampshire debut at Dartmouth-Hitchcock Medical Center on April 1 and includes photographs, videos, paintings and sculptures to challenge commonly held assumptions about what living with mental ill-

ness looks like, by presenting true-to-life images.

"A key to living well with any disability is to not be burdened with fear of stigma, but rather to have loving acceptance and inspiring role models," said Cutrell. "The Many Faces of Our Mental Health Project hopes to encourage those who are on their path to recovery, as well as their families."

The compelling images are unlabeled and feature 33 people on the bipolar spectrum, 33 suffering from schizophrenia, and 33 people who love and support them. Each image is presented anonymously to reinforce that symptoms don't define the person. The portraits are diverse, ranging from three years old to individuals in their 90s, and includes individuals from virtually every walk of life.

Dartmouth-Hitchcock is already deeply involved in efforts to address the mental health crisis, and to "change the conversation" about mental health issues. That work is led by D-H Senior Director of Public Affairs and former Chief Justice for the New Hampshire Supreme Court, John Broderick, who for the past two-and-a-half years has been visiting schools in northern New England, urging students to end the stigma surrounding mental health.

"For real culture change to happen, and for transformative conversation to begin, we all

need to know what mental illness looks like," says Broderick. "The 99 Faces Project shows us that mental illness spans all aspects of our society. Hopefully, 99 Faces will also help us open our hearts, change our minds and, at long last, no longer tolerate the shame and stigma that have kept too many people and families suffering alone and afraid for way too long."

The 99 Faces Project is brought to Dartmouth-Hitchcock by the Dartmouth-Hitchcock Arts Program and has already inspired conversation and action with public programs planned for the six-month installation including events for "Veterans and Mental Health" in May and "Law Enforcement and Mental Health" in June.

"Our arts program has grown to include creative artists visiting with our patients to facilitate their journey and playing a key role in our holistic approach to healthcare," said Marianne Barthel, director of the DHMC Arts Program. "The arts program's next step in growth is to utilize the arts as a platform for having deeper conversations about key health care issues facing our communities, The 99 Faces Project fits perfectly into our objectives and I'm proud that we are the first hospital in the United States to host the exhibit."

The exhibit is free and is open for public viewing during regular hospital hours. To learn more about this exhibit, please visit <u>D-H.org/arts/99-faces.html</u>.

Got Business News? Send items to etickernews@gmail.com



Fundraiser Helps Support the Work of Cas-Cad-Nac Animal Rescue

By Erin Rice

CLAREMONT, NH—On Saturday, March 23, Tractor Supply hosted Cas-Cad-Nac Animal Rescue's Woofs & Yips adoption event. The clothing section was absolutely filled with sweet lovable pups looking for their "furever" homes. Crowded all around the kennels, visitors thoroughly enjoyed holding the adorable puppies, petting dogs being walked, or talking with the volunteers.

Cas-Cad-Nac Animal Rescue of Ascutney, VT, is not your average rescue or shelter. Instead of a facility or central office, CCNAR places an emphasis on family. Utilizing a growing network of adopters, fosters, and volunteers, CCNAR is able to find the best possible match for each situation. Sally Rice, owner of CCNAR, also points out that, "We do the very best we can with the information we get", a point that addresses the growing concern over regulation among rescues and

shelters in Vermont. Information, despite the best intentions and efforts of all involved, is not always correct, nor is it always easy to attain.

The adoption events are a wonderful example of this unique, "family" philosophy. The volunteers are all part of the CCNAR family, whether they've already adopted a pup, fostered, or simply enjoy supporting the cause. Those who have adopted through the rescue are called Alums. The fosters, too, develop close relationships with the dogs they foster and even the families they go to. Shirray Johnson, a volunteer and foster for the rescue, said, "Fostering has been an amazing experience to both myself and my family. I, as well as my daughters, fell in love with the pups we had for the week. We were sad to see Reba and Willy go, but after talking to their new families, I know they will have happy and full lives."

Jason Larochelle (adopter, foster, and volunteer), when asked how he found himself part of the CCNAR family, answered, "Through a friend, we adopted a rescue that was being fostered by Kelsey Gorey. We decided to pay it forward by helping out how we could by transporting materials, working at the adoption event, and fostering rescues at our house."

"Some that have already adopted a dog through us come to these events in search of a partner for them and they're just waiting to find another perfect match. Alums come to these events with their dogs to show support for the cause, and have a chance to connect with other family members and fosters. So they're solid with us. It's like a reunion every time. It's such a wonderful experience," said Rice.

At this event alone, the rescue completed 15 adoptions (with more applications pending), raised \$5,000.00, and received many other donations they were looking for such as toys, treats, and puppy pads. All involved with this event wholeheartedly agreed the event was a huge success and are quite excited to see so many pups find the homes and families they deserve.

To learn more, please visit https://www.facebook.com/CCNAnimalRescue/.

Cas-Cad-Nac Animal Rescue of Ascutney, VT, held an adoption event at Tractor Supply in Claremont (Erin Rice photo).



Kindergarten Registration Claremont School District April 1-19, 2019 April 29-May 3, 2019

no property and the second second

Any child who is five (5) on or before September 30, 2019 and who resides in Claremont may register for Claremont School District's 2019-20 Kindergarten classes from 8:00 AM - 4:00 PM at the elementary school your child will attend. Evening registration will be held at the following times:

Bluff School May 1 6:00-7:00 pm Disnard School April 9 6:00-7:00 pm Maple Ave. School April 30 6:00-7:00 pm

To begin registration, go to www.sau6.org and click on "ENROLLING STUDENTS" under Quick Links to complete the online registration. Then please bring your child's birth certificate and proof of residency to your neighborhood school. Computers are available at each school for registration use if needed. If you are not sure in which school area you live or have any questions, call the Superintendent's Office at 543-4200 for information.

Try to Avoid "Titanic" Investment Mistakes

It's been 107 years this month since the tragedy of the Titanic. Of course, this disaster has fascinated the world ever since, leading to books, movies, musicals and, ultimately, a successful search for the big ship's remains. On the positive side, commercial shipping lines learned a great deal from the Titanic, resulting in safer travel across the oceans. And as an investor, you, too, may be able to draw some important lessons from what happened on that cold April night more than a century ago.

So, to avoid some "titanic" investment mistakes, consider the following:

Create a financial strategy with a solid foundation. Although considered a technological marvel, the Titanic had some real structural, foundational flaws – such as compartments that weren't fully watertight. To withstand the inevitable rough seas ahead, your investment strategy needs a strong foundation, based on your needs, goals, family situation, risk tolerance and time horizon.

Be receptive to advice. The Titanic's crew had received plenty of Marconi wireless warnings from other ships about ice in the area. Yet they did not take precautions, such as slowing down. When you invest, you can benefit from advice from a financial professional – someone who can caution you when you're making dangerous moves, such as pursuing inappropriate investments, which could ultimately damage your prospects for success.

Be prepared for anything. The Titanic had far fewer lifeboats than it needed, resulting in a tragic loss of life that could have been prevented. As an investor, you need to be prepared for events that could jeopardize your financial well-being, and that of your family. So, at a minimum, you need to maintain adequate life and disability insurance. And it's also a good idea to build an emergency fund containing six to 12 months' worth of living expenses, with the money kept in a liquid, low-risk

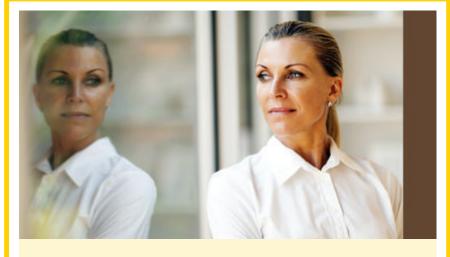
account

Don't overreact to perceived threats. When the iceberg loomed directly ahead, the Titanic's crew frantically tried to steer clear of it. While this move was understandable, it inadvertently hastened the ship's demise, because it exposed a more vulnerable part of the hull to the huge ice mass. When you invest, you might also be tempted to overreact when facing perceived dangers – for example, if the financial markets plunge, you might think about selling your stocks. This is often a bad idea, especially if you're taking a big loss on your sales. If your investments are still fundamentally solid, you might well be better off by staying patient and waiting for the markets to recover.

Give yourself time to reach your goals. Edward J. Smith, the Titanic's captain, apparently wanted to break speed records on the Atlantic crossing – and this desire may have contributed to his somewhat reckless passage through fields of ice. As an investor, you could also run into problems if you rush toward a goal. To illustrate: If you wanted to retire at 65 with a certain amount of money, but you didn't start saving and investing until you reached 55, you'd likely have to put a lot more away each year, and possibly invest a lot more aggressively, than if you had started investing when you were 30.

Put to work some of the Titanic's lessons – they might help you improve your chances of smooth sailing toward all your important financial goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

To learn more, call or visit your financial advisor today.



Martha Maki, AAMS® Financial Advisor 54 Opera House Sq Claremont, NH 03743 603-542-7667

www.edwardjones.com Member SIPC

Edward Jones® MAKING SENSE OF INVESTING





Dumpster Rentals

15 yard roll off dumpster

Starting at \$299

7 Day Rental Trucking and disposal of 1 Ton of debris

Book Today (603) 542-8050

The right size dumpster delivered by a smaller sized truck, with 4X4 capability to reduce the risk of damage to your property









www.decamptrucking.com

Arrowhead Meeting April 2

CLAREMONT, NH—The next general Arrowhead meeting will be held Tuesday, April 2nd, 7:00 p.m. at Arrowhead. Arrowhead Recreation Club members will go over the season, off— season projects, recruitment and other topics.

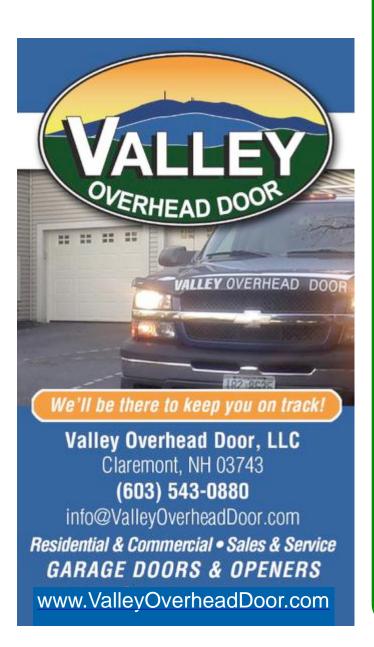
Anyone wanting to know more about Arrowhead or would like to become part of the organization is welcome to attend.

SATURDAY, APRIL 6 PANCAKE BREAKFAST IN LEBANON

A Pancake Breakfast to benefit the Combat Veterans Motorcycle Association of the Upper Valley will be held on Saturday, April 6, from 0700-1000. \$10/adults, \$5/ children 12 and under.

Downstairs at the American Legion Post 22 189 Mechanic St Lebanon, NH.

www.etickernewsofclaremont.com



It's About Food

By Johnny Navillus



Ramblings

We are fortunate here in Claremont. The selection of places to eat is excellent and ranges from diner food to fine dining. I really hate the term "eatery". It sounds like a place pigs would go to for lunch. Seriously. And pluralizing doesn't help at all. "Eateries" are places animals go to for food. Long troughs and...I have to stop here.

Okay, that's my editorial for today.

As consumers, we get into ruts. We have our favorite places to go to or get delivery from. That's fine. You should support your favorites and build relationships. But every now and then you should consider going to another restaurant. Just to see what's offered. The change will do you good. You may re-discover an old favorite, or your current favorites will move up on your list.

Visit these places. You are supporting your neighbors.

That's another good thing about the wide range of choices we have here. The money stays in town. The day's receipts go into a local account, helping the local economy.

The best scrambled eggs in town? My house.

Crack two eggs into a bowl. Pierce the yolks two or three times with a fork. Then you don't have to chase the yolks down to break them up. Beat them well. Let them rest. Melt some butter in a non-stick pan. Just before the butter is completely melted, beat the eggs again. While beating them, pour into the hot pan. While they are resting, break up about 1/3 slice of American cheese into tiny pieces.

Stir the eggs and cheese continuously until you get the consistency you want. They will be creamy and not grainy like my Mother's. Some like their eggs drier than others. Plate them and serve. Let your guest season them as they wish.

You should have noticed by now that there was no mention of adding water or milk. That is not an error. I don't add anything except the cheese and maybe some cut-up breakfast sausages. But only if she has been a good girl.

When broiling, at least in my oven, the meat gets too close to the broiler flame. If I drop the rack down one place, then the meat seems too far away. I found that if I put a muffin pan in upside down I can put the broiler pan in on top of the pan and the height is just right.

Caution: let the muffin pan cool off before taking it out. For some reason sometimes I think it doesn't get hot in there. WRONG.

I still think the best pot holders are the ones that kids made in the 60s and 70s. Every girl got a set for Christmas. Red frame, loops of fabric and a weaving hook. They made them by the thousands and gave them as gifts. I still have a few and use them constantly. If you see one of those kits at a garage sale, pick it up. They never wear out, are machine washable and make great trivets.

Enough Rambling.

Play with your food. You won't regret it.

Write to Johnny at etickernews@gmail.com.



24 Hooves and 12 Feet

Donkey basketball raises funds for Claremont police academy

Story and photos by Eric Zengota

CLAREMONT, NH—Laughter bounced off the block walls of the Frederick W. Carr Gymnasium as some sure-footed characters — we're talking donkeys here — led their human players up and down the court in last Saturday's basketball tournament.

Members of the Claremont Police Department, administrators from School Administrative Unit-6 and Stevens High School seniors from the class of 2019 formed four teams. In the three-on-three play, passes and winning layups were outshone by



trotting, groaning and tumbles — we're talking humans here — to the delight of the packed house. Pigs in a Blanket, the police department team, emerged victorious and took home the trophy, which featured a donkey's rear end.

Before the championship game, about 100 kids lined up for donkey rides on Hercules and his mates.

The proceeds from the event will benefit Project Red and Blue, a collaborative summer academy between Claremont Middle School and the Claremont Police Department. The mission of the camp, now in its fifth year, is to promote academic excellence, build leadership skills and foster community engagement.





What's the EAC?

As part of the updated Claremont Master Plan, an Energy Chapter was added. The Energy Chapter recommends the creation of an Energy Committee. On December 13, 2017, the Claremont City Council adopted a resolution to establish the Energy Advisory Committee (EAC).

The City Council (CC) created the EAC in the public interest to encourage "a stable energy economy for the fiscal and environmental benefit of the City and its taxpayers." The resolution establishes the EAC to "identify opportunities and make recommendations to the CC for creating and implementing comprehensive, sustainable and regenerative energy policies, and to facilitate educational opportunities, including those related to skill-building for energy and conservation measures, as well as such other initiatives and assignments as may be determined by the CC."

The Vision statement of the Claremont Energy Chapter states that "Claremont will be a resilient, energy-efficient community able to adapt to and mitigate the effects of local, regional and global changes, by creating and implementing comprehensive, sustainable and regenerative energy policies for all." It establishes five primary Goals:

- Encourage widespread understanding of and support for energy consciousness throughout the City of Claremont.
- Encourage municipal, commercial, and private efforts to promote local, sustainable energy production that enhances the community and quality of life for its residents and businesses.
- Develop policies, regulations, and best practices to promote energy-efficient renovation, construction, and development in the City's built environment.
- The City should support regional and national actions to reduce greenhouse gas emissions.
- Gain a competitive advantage in the region through the adoption of ecology-friendly community programs.

Included in the local, regional, and statewide context of the Energy Chapter is the acknowledgement that the goals and strategies of the chapter were developed with awareness and understanding of the New Hampshire Climate Action Plan(NHCAP). NHCAP promotes the "opportunity to spur economic growth through investment in our own state's economy of monies currently spent on energy imports; create jobs and economic growth through development of in-state sources of energy from renewable and low-emitting resources, and green technology development and deployment by New Hampshire businesses; and to avoid the significant costs of responding to a changing climate on the state's infrastructure, economy, and the health of our citizens." The NHCAP Task Force recommends 67 actions in order to "reduce greenhouse gas emissions from buildings, electric generation, and transportation; protect our natural resources to maintain the amount of carbon sequestered; support regional and national initiatives to re-

duce greenhouse gases; develop an integrated education, outreach and workforce training program to assist in these efforts; and to adapt to existing and potential climate change impacts."

The EAC is a five-member board. It is currently served by four resident citizen members: Derek Ferland, David Lucier, Rebecca Mac-Kenzie and Scott Pope as the CC representative to the EAC. There is one vacant seat. There are also two alternate seats on the EAC. Robin Hutchins has one of the seats; Marilyn Harris serves as the second alternate. The EAC meetings are held at 6:00 PM on the third Monday of the month at the Visitor's Center at 14 North Street. All are welcome.

The Master Plan's Energy Chapter describes the goals of the EAC and can be found on the City's website. Go to Departments > Planning and Development > Master Plan Update or follow this link: http://www.claremontnh.com/ MP2017/CH 4 ENERGY.pdf.

Newport School Board Announces Superintendent Resignation

NEWPORT, NH—Next fall, Newport students will start their school year with a new leader at the helm.

The Newport School Board has released a statement announcing that Dr. Cindy Gallagher, Superintendent of the Newport's SAU 43 since 2015 and employee of Newport since 2007, has informed the Board that her last day as Newport Superintendent will be the final day of the current school year, June 30, 2019.

In her letter to the Board, Gallagher stated, "This year completes my twelfth year in the district. I intend to pursue jobs in public schools and higher education that will allow me to have greater opportunities to work directly with students."

"Besides caring deeply for students, Dr. Gallagher has been a diligent advocate for developing business partnerships for our school as well as leading the transformation of our schools toward a competency-based model. Under Dr. Gallagher's



Dr. Cindy Gallagher (File photo)

leadership, Newport Schools were pleased to be chosen to part of the second year of the New Hampshire Department of Education's PACE initiative," stated School Board Chairperson, Linda Wadensten. "We will immediately begin our search for a Superintendent who will continue working toward these Board goals."

The Newport School Board added in its statement that it "is grateful for her years of service in our community and wishes her well in her new endeavors."