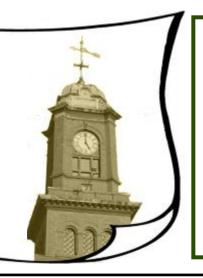


e-Ticker News of Claremont

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City Approves Board of Assessors; page A7

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March 18, 2019





Claremont Visit...

Presidential candidate Senator Cory Booker attended a house party at Buckley & Zopf Law Offices in Claremont on Friday, March 15. He spoke about uniting the country, healthcare reform, civil rights reform, and military spending. He ended his speech by saying, "Despair cannot be the end." Susan Chandler of Cornish welcomed the large crowd, and Samantha Davidson Green (left) of Plainfield introduced her friend and former college classmate Cory Booker. The two had been students at Stanford University (Neil Allen photos).

All School District Warrant Articles But One Pass In Claremont

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—Eleven percent of registered voters in Claremont went to the polls on Tuesday to cast ballots for the budget and more proposed by the Claremont School District for the annual school district warrant. The voters passed the proposed main operating

budget of \$35.3 million over the default budget of \$35.1 million, which was the same as last year; the final tally was 410-246.

Also passing were the following: Article 3, roofing repairs at Bluff Elementary, 526-133; Article 4, Upgrade to Fire Alarm Panel at Disnard Elementary, 492-165; Article 6, Purchase and Installation of Surveillance Camera on School District Buses, 374-285.

Article 5, Purchase of Districtwide Two-Way Emergency Radio Communications System, was defeated, 313-335.

Tracy Pope was elected Moderator, Mary Woodman was elected School District Clerk and Jane Hunter was elected Treasurer; all ran unopposed.

In the school board races, current board (Continued on page A2)

Articles, from A1

members Carolyn Towle (402) and Robert Lovett, Jr. (361) defeated incumbent Michele Pierce (173) and former school board member Brian Rapp (212) for the two three-year seats that were open. Heather Whitney ran unopposed for the twoyear seat and garnered 544 votes.

Out of total voters on the checklist, 6,390, 674 voters went to the polls, 11% of those registered. There were six same-day registrations.





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The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, NH Press Association

Member, Greater Claremont Chamber of Commerce

Left: Batman battled the elements on Tuesday as he hefted a campaign sign at the polls in front of the Claremont Middle School; right: Own Beaton, 7, helped with the process, feeding a ballot into the counting machine, as sister, Anna, 5, and mom Michelle Beaton and Brenda Kangas awaited the completion of the task. In the background watching were Allison Raymond, Moderator, and Maryann Beaton, Ward 2 Clerk (Les St.Pierre photos).

We post breaking news and timely updates on our website and Facebook page

NH Lottery Numbers

03/16/2019

NH PowerBall 30 34 39 53 67 11

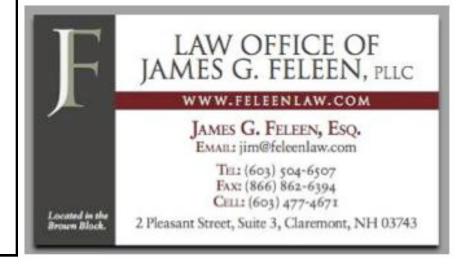
NH Mega Millions 03/15/2019 3 29 56 62 64 4

<u>Tristate Megabucks 03/16/2019</u> 4 6 19 25 31 1

For more lottery numbers, https://www.nhlottery.com/

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*APY=Annual Percentage Yield. APY's accurate as of 03/01/2019. Qualification Information: To earn your rewards, the following enrollments must be in place and all transactions and activities must post and settle to your Kasasa Cash with Kasasa Saver account during each Monthly Qualification Cycle: At least 12 debit card purchases (excluding ATM transactions) must post and clear your account; be enrolled in and have agreed to receive e-statements rather than paper statements; Be enrolled in and log into online banking at least 1 time each month. Account transactions and activities may take one or more days to post and settle to the account and all must do so during the Monthly Qualification Cycle in order to qualify for the account's rewards. The following activities do not count toward earning account rewards: ATM-processed transactions, non-retail payment transactions and purchases processed by merchants and received by our bank. Tarmactedous as a single transaction count as a single transaction or the purpose of earning account rewards. "Monthly Qualification Cycle" means a period beginning one (1) day prior to the first banking day of the current statement cycle. Reward Information: When your Kasasa Cash account qualifications are met during a Monthly Qualification Cycle, daily balances over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balance over \$10,000 earn an interest rate of 0.3993% on the portion of the daily balan



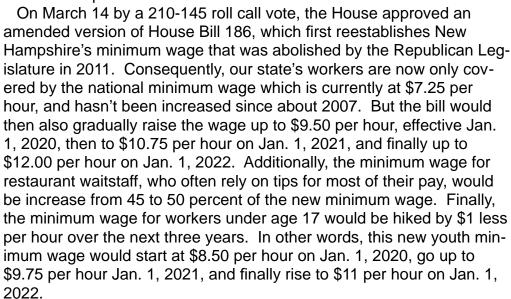
Commentary

NH House Happenings

By Rep. John Cloutier

Setting Minimum Wage In NH Again

The Granite State could soon have its own minimum wage again, one that would rise to \$12 per hour by 2022 because of action taken by New Hampshire's House of Representatives last week.



House Bill 186's amended version was approved after a spirited debate on the House floor that lasted nearly one hour as well as recommendation by a majority of the House Labor, Industrial, & Rehabilitative Services Committee to pass the amended version. One reason for the lengthy debate was because of a proposed floor amendment to the bill which would have raised the minimum wage even higher to \$15 per hour, effective Jan. 1, 2024. The floor amendment was defeated by a 274-79 roll call vote. Concord Rep. Kris Schultz, who proposed the amendment, along with nine other Democratic representatives, made a passionate speech for the amendment, declaring that New Hampshire needed to do more for the working poor, who are now struggling to feed their families and pay their bills on wages that are often between \$10-12 per hour.

Nevertheless, Grantham Rep. Brian Sullivan, who is the House Labor Committee Chair, stated on the floor that he isn't opposed in principle to eventually raising the minimum wage to \$15 per hour, and that additional legislation could always be considered in the future. But he said that the more modest minimum wage hike of \$12 per hour in House Bill 186 as recommended by a majority of his committee stood a better of passing the NH Senate. Also, the more modest \$12 per hour might encourage Gov. Christopher Sununu to either sign the bill into law, or at least not veto it. As of March 16, Gov. Sununu has not yet taken a position on any increase in the state's minimum wage. The bill now goes over the Senate for more scrutiny. It is sponsored by a group of eight Democratic legislators and includes Sunapee Rep. Linda Tanner.

I believe Rep. Moffett made the best floor speech in favor of rais-



ing the minimum wage. Among other points, he declared that all five of the other New England states now have minimum wages that are higher than the national minimum of \$7.25 per hour. This situation encourages at least some low-wage workers to leave New Hampshire to work in other states, thus causing more labor shortages of low-skilled workers. He added that boosting the wage would help more low-wage workers to pay their bills and keep their heads above water. Such boosting would also inject more money into the economy because these workers now spend most of their money and do not save more of it like the wealthy do. Finally, raising the wage could likely mean that fewer low-wage workers would apply for such low-income assistance programs like Federal Fuel Assistance, Section 8 Housing, and Food Stamps. Less applications for the just-listed programs could save some taxpayer money, at least the federal level. In fact, Rep. Moffett added that some national "big box" stores have been known to pay their employees low wages, and then encourage them to sign up for some of the assistance programs just listed.

However, opponents of House Bill 186 like Brookline Rep. Jack Flanagan and Seabrook Rep. Max Abramson, both Republicans, trotted out many of the same familiar and unproven arguments against raising the minimum wages. For example, the first one was that very few workers in our state now work for minimum wage, a number which totals about 1400. Other arguments included concerns that raising the minimum would force many employers to reduce the number of their employees, reduce the number of hours their employees work, or reduce the amount of employee benefits. Also, another argument was that more businesses would be encouraged to implement greater automation, an implementation resulting in many workers being replaced by machines like robots. Finally, there was the argument that a minimum wage hike would force some businesses, like stores to raise prices on goods and services that could especially hurt low-income workers. But at least Rep. Abramson made a more unique argument stating that he would favor a minimum wage hike, if it was financed from previous business tax cuts approved by Republican legislatures over the last four years.

I voted for the amended version of House Bill 186, the version that would reestablish the state's minimum wage, increase it to \$12 per hour by 2022, raise the tipped minimum to 50 percent of this wage, and create a youth minimum wage of up to \$11 per hour by 2022. I reluctantly voted against the floor amendment raising the minimum to \$15 per hour by 2024, even though I sympathized with the strong arguments made in its favor by Rep. Schultz.

Instead, I went with the thoughtful arguments made by Reps. Sullivan and Moffett that raising the minimum to \$12 per hour over the next three years is a reasonable measure, long overdue to help workers who must often work two or three jobs to make ends meet, have very few luxuries, and are often just one paycheck away from financial disaster. Also, it should encourage more of the "big box" stores to not only pay their workers higher wages, and discourage these same stores from suggesting that these same employees apply for federal benefits because of their low wages. Finally, I believe that legislation raising the minimum to \$12 per hour, rather than \$15, is less likely to be vetoed by Gov. Sununu. Email: jocloutier@comcast.net

House of Representatives - Claremont

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friendsofandrewohearne@comcast.net

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District 5/Ward 3: Walter Stapleton 603-542-8656 WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

Senate - Claremont

District 5: Martha Hennessey 603-271-3067 martha.hennessey@leg.state.nh.us

<u>District 1</u> <u>Executive Councilor</u>

Michael Cryans 603-271-3632 Michael.Cryans@nh.gov

Washington, DC

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520 Hart Senate Office Building Washington, DC 20510 202-224-2841

http://shaheen.senate.gov/contact

Sen. Maggie Hassan

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Rep. Anne Kuster

137 Cannon House Office Building Washington, DC 20515 phone: 202-225-5206 http://kuster.house.gov/contact

Shaheen, Hassan Join Booker to Reintroduce Bill to Ban Seismic Testing in Atlantic

WASHINGTON, D—Thursday, U.S. Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH) joined U.S. Senator Cory Booker (D-NJ) and a group of Senators to reintroduce the Atlantic Seismic Airgun Protection Act, a bill that prohibits oil, gas, and methane hydrate-related seismic activities in the Atlantic Ocean.

Specifically, the bill bans the use of seismic airgun blasting - a disruptive method of blasting compressed air toward the ocean floor in search of oil and gas - in the North Atlantic, Mid Atlantic, South Atlantic, and Straits of Florida.

"The Trump administration is recklessly pursuing oil and gas drilling in the Atlantic while at the same time weakening safety rules put in place to prevent large oil spills," said Shaheen. "An environmental disaster from oil drilling, anywhere from Nova Scotia to Delaware, would be devastating for New Hampshire's Seacoast and would threaten our outdoor recreation industry and regional economy. Congress needs to act to protect our shores and marine wildlife. Further, seismic airgun blasts are harmful to marine populations, including whales, which are already struggling. Republican Leadership should join Democrats in passing this legislation before the next large oil spill occurs."

"This commonsense legislation would prohibit big oil from using damaging methods like seismic blasting in the Atlantic Ocean that would harm our fishermen, marine life, and industries like tourism – all of which are central to New Hampshire's high quality of life," said Hassan. "I urge all my colleagues in the Senate to support this critical measure to ensure that New Hampshire's beautiful coastline, as well as coastlines down the Atlantic, are protected from these disruptive practices."

The bill is also cosponsored by U.S. Senators Bob Menendez (D-NJ), Richard Blumenthal (D-CT), Sheldon Whitehouse (D-RI), Elizabeth Warren (D-MA), Bernie Sanders (I-VT), Ben Cardin (D-MD), Ed Markey (D-MA) and Kirsten Gillibrand (D-NY).

Shaheen and Hassan have repeatedly spoken out against the President's efforts to move forward with steps on offshore Atlantic drilling. In 2017, the Senators called on the President to hold public hearings before granting permits to drill in the Atlantic Ocean due to concerns over the effects of seismic tests.

Kuster Raises Concern about Practices of Pharmaceutical Companies to Suppress Generic Drugs, Increase Prescription Drug Prices

WASHINGTON, DC— Wednesday, Congresswoman Annie Kuster (NH-02), a member of the House Energy and Commerce Subcommittee on Health, expressed her concern about the practice of some pharmaceutical companies inhibiting the rollout of generic versions of prescription drugs. In a statement released by Kuster, the Congresswoman said that "Some pharmaceutical companies use U.S. Food and Drug Administration (FDA) safety rules as a tool to illegitimately slow the approval or development of generic prescription drugs. This practice can keep drug prices higher for consumers and prevents completely safe and equivalent generics from coming to market.

"I've heard from many Granite Staters that the prices they are paying for prescription drugs are simply too high," said Kuster. "It is outrageous that some pharmaceutical companies are taking advantage of rules that are meant to keep Americans safe to protect their own profits. We should be doing everything we can to lower costs for people in New Hampshire and across the country and that means getting safe and effective generics to market. I will work with my colleagues to advance legislation that will put patients and individuals first."

The safety measures are known as REMS, or Risk Evaluation and Mitigation Strategies, which are plans the FDA requires pharmaceutical companies and competing generic drug manufacturers to develop in response to serious drug safety risks. Some pharmaceutical companies are using REMS requirements as an excuse to not provide product samples to generic drug developers for testing that supports their drug applications, preventing competition from those developers.

Plea and Sentencing of Former Claremont Police Officer Mark Burch Announced

CONCORD, NH – Attorney General Gordon J. MacDonald announced that Mark Burch, age 32, of Claremont, NH, pleaded guilty and was sentenced March 14 in the Sullivan County Superior Court on one class A misdemeanor charge of unsworn falsification.

According to the State Attorney General's office, "Pursuant to a fully negotiated plea agreement, Mr. Burch was sentenced on the unsworn falsification charge to 12 months at the House of Corrections, all of which is suspended for a period of two years. The sentence also requires Mr. Burch to perform 100 hours of community service, with proof of the community service to be provided to the State within six months of today's date, and to be of good behavior. The sentencing order also states that Mr. Burch will not seek employment in law enforcement in the State of New Hampshire."

On March 28, 2018, MacDonald announced that he had initiated an investigation into the conduct of then Sergeant Ian Kibbe and Officer Mark Burch of the Claremont Police Department. That investigation was initiated based on information from Claremont Police Chief Mark Chase, which alleged that while acting in their capacity as police officers, Kibbe and Burch had falsified documentation related to a search that occurred in late February, 2018.

As a result of that investigation, charges were brought against Kibbe which resolved by way of guilty pleas to one class A misdemeanor charge of unsworn falsification and one class A misdemeanor charge of obstructing government administration. On January 7, 2019, Kibbe was sentenced on the unsworn falsification charge to 12 months at the House of Corrections, with all but 90 days suspended for a period of two years upon Kibbe's release from incarceration. On the charge of obstructing government administration, Kibbe was sentenced to 12 months at the House of Corrections all of which was suspended for a period of two years upon his release from incarceration, to be served consecutive to the first sentence, if imposed. The sentences also require Kibbe be of good behavior and included the provision that he will not to seek employment in law enforcement in the State of New Hampshire.

With Burch's plea, this matter is now concluded, said MacDonald.

Claremont Man Arrested for Possessing Firearm During Alleged Attempted Robbery in Springfield, VT

The Office of the United States Attorney for the District of Vermont has announced that Ira Flowers, 36, of Claremont, NH, was arrested March 11 after having been indicted by a Vermont grand jury for possessing a 9mm semi-automatic pistol after having been convicted of multiple felonies. Flowers appeared before United States Magistrate Judge Andrea K. Johnston, in Concord, NH, and consented to his detention pending transfer to the District of Vermont.

According to court records, the charge in the indictment stems from Flowers's alleged possession of a firearm on January 6, 2019, at the Holiday Inn in Springfield, VT. According to the US Attorney's Office, District of Vermont, Flowers and three others met in one of the hotel rooms to allegedly exchange thousands of dollars for tetrahydrocannabinol (THC)-infused products. During the meeting, Flowers allegedly brandished a 9mm pistol, and attempted to rob the seller of the THC products. According to law enforcement, "A struggle ensued, and Flowers was stabbed in the neck, shot once in the leg (with the pistol he [allegedly] unlawfully possessed), and left in the hotel hallway bleeding profusely from his wounds. A search of the hotel room by the Vermont State Police resulted in the seizure of the 9mm pistol [allegedly] possessed by the defendant, as well as a single 9mm casing."

If convicted, Flowers faces a maximum of 10 years of imprisonment, and a \$250,000 fine. The actual sentence, however, would be determined by the Court with guidance from the advisory Federal Sentencing Guidelines. The United States Attorney emphasizes that the charge in the complaint is merely an accusation, and that the defendant is presumed innocent unless and until he is proven guilty.

United States Attorney Christina Nolan commended the investigative efforts of the Vermont State Police, as well as the assistance of the Bureau of Alcohol, Tobacco, Firearms, and Explosives (ATF). She stated: "Federal prosecutors in Vermont will show no tolerance for gun crime and violence in con-

nection with the illicit drug trade, and prosecution of these crimes will remain the top priority of the U.S. Attorney's Office. These principles apply with equal force to those who commit violent crime – such as robberies, burglaries, and gun offenses – in connection with the marijuana and THC trade."

Concert at SHS Thursday

CLAREMONT, NH—The public is invited to a free concert Thursday, March 21, 7:00 p.m., at the Stevens High School Auditorium,165 Broad Street, Claremont. Stevens High School Concert Band, Choirs, and Jazz Band will perform.

Come support our amazing musicians!

Turkey Dinner March 23

CLAREMONT, NH—Turkey Dinner open to public, Saturday, March 23 (5:00 - 6:30 p.m.); \$10 per person / under 10 - \$6.00. The Baby Quilt Raffle will be drawn at this dinner at 6:00 PM. Raffle tickets are \$1.00; six tickets for \$5.00.

Stuff a Cruiser Event

NEWPORT, NH—United Way of Sullivan County and the Sullivan County Sheriff's Department have joined forces to hold a "Stuff a Cruiser" event on Friday, March 22nd, from 9:00 a.m. to 3:00 p.m. at Shaw's in Newport, Market Basket and Hannaford's in Claremont. The nonperishable food will benefit the Claremont Soup Kitchen and donations are greatly appreciated.

RIVER VALLEY ANIMAL PROTECTION LEAGUE Saturday, March 23, 5:30pm Potluck Dinner Fundraiser

RAFFLES! DOOR PRIZES! CAKE AUCTION! What: Everyone welcome - please join us and help support the animals

Where: Charlestown VFW, Lovers Lane, Charlestown, NH

For more information, please visit us at www.rivervalleyapl.wordpress.com or call 603-826-3837.

Send news and photos to etickernews@gmail.com

City Council Approves Board of Adjusters

By Phyllis A. Muzeroll e-Ticker News

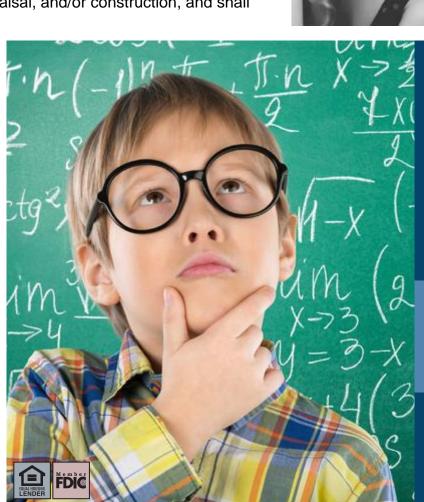
CLAREMONT, NH—The City Council approved an ordinance Wednesday night to create a Board of Adjusters. The move follows a contentious period in the community when it became known that the Assessing Division had granted a \$220,000 abatement of the Topstone Building. The abatement was granted with then City Manager Ryan McNutt's knowledge; the City Charter does not require that the Council be told about such decisions and it was unaware of the action taken at the time. The assessed value of the building was also dropped. The property has contamination issues, keeping the City from seeking it through tax deed.

Several residents had addressed the Council regarding the abatement last fall, frustrated with how it came about, and Paul LaCasse at the time suggested that the City form a Board of Adjusters to provide transparency in the future. The Council agreed that such a measure was a good idea and the Policy Committee has been working on an ordinance to meet this need.

The board will be made up of three regular members appointed by the City manager, with one alternate, and the City assessor who shall be a non-voting member. Regular and alternate members "shall have been residents of the city for at least one year at the time of appointment to the board. [They] shall have education or experience in assessing, finance, real estate sales and/or appraisal, and/or construction, and shall

be available to sign documents as requested by city assessor or assessing staff."

They will also be required to successfully complete and pass the NH Dept. of Revenue Administration State Statute course Parts 1 and 2 within the first two years of service on the board, paid for by at the assessing division's budget. Councilors will not sit on the board, and members will not permitted to sit on any other board. Acting City Assessor Stephan Hamilton praised the move, saying it would provide better "transparency and accountability."





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Jodi Picoult to Accept the 2019 Sarah Hale Award

NEWPORT, NH—Richards Free Library and the Judges of the Sarah Josepha Hale Award have announced that Jodi Picoult is the 2019 Sarah Josepha Hale Award Medalist. The award presentation will be held on September 28.

Picoult is the author of 25 novels. Her most recent novel, "A Spark of Light", was her tenth consecutive instant #1 New York Times bestseller. Her novels have been made into television

movies and



Jodi Picoult

feature films. Her two young adult novels, co-written with her daughter Samantha Van Leer, have been adapted into a musical that is expected to appear Off-Broadway this summer.

Picoult is the recipient of the New England Bookseller Award for Fiction, the Alex Award from YALSA (Young Adult Library Services Association, a division of the American Library Association), a lifetime achievement award from the Romance Writers of America and the New Hampshire Literary Award for Outstanding Literary Merit.

She is renowned for tackling controversial issues, for her research, and for her ability to explain different points of view. One of the Hale judges said, "...she has a gift for enabling readers to get inside the heads of characters who are on different sides of an issue and who might at first seem repellant ...Her ability to get readers to understand and respect different points of view is exactly what the country so desperately needs now." Another judge for the Hale Award called her the "Wonder Woman of American letters".

A graduate of Princeton, Picoult earned a master's degree in education from Harvard University. She holds honorary degrees

from Dartmouth College and the University of New Haven.

She lives in New Hampshire with her husband.

For over 50 years, the Sarah Josepha Hale Award has been given by the Trustees of the Richards Free Library in recognition of a distinguished body of written work in the field of literature and letters. The award honors author, poet, and essayist Sarah Josepha Hale who, as editor of "Godey's Lady's Magazine", shaped the opinion of nineteenth century American women. The list of Hale Award winners includes the finest writers of our times, from Robert Frost in 1956 to Nathaniel Philbrick in 2018.



Newport School District Passes Operating Budget and 3-year Teacher Agreement

NEWPORT, NH—The Newport School District Warrant was voted upon March 12; 1,245 citizens cast votes at the Newport Opera House between 8:00 a.m. to 7:00 p.m. This was the largest voter turnout for a School Budget vote on record, said Superintendent Cindy Gallagher.

The District elected Linda Wadensten and Russell Medbery for 3-year terms as School Board members. Howard Dunn was re-elected to serve as Moderator, and Robert Scott was re-elected to serve as both Clerk and Treasurer.

The District's proposed operating budget of \$18,963,855 passed by a vote of 997 to 233. This ensures that the paraprofessionals and administrative assistants in the Newport Support Staff collective bargaining unit receive a negotiated raise for the 2019-20 academic year.

The Newport Teachers Association's three year agreement also passed, by a vote of 629 to 612. This ensure that over three years, the teachers will receive the correct salaries assigned to their years of experience.

Linda Wadensten, Newport School Board Chair, said, "I'm relieved the NTA warrant passed. It's the steps needed to build trust and recognition of our children's educators. I'm eager to keep building faith in the district."

Additionally, the voters approved the repair of a fire alarm panel in the CTE Center by a vote of 739 to 478.

Virginia Irwin, the Newport School Board Vice-Chair, said, "I'm very pleased that the community recognized the need to support our staff and disappointed they did not understand our other needs. We have more work to do."

The voters failed to pass the warrant for a feasibility study on the Sugar River CTE Center. Gallagher said, "We all know that the CTE Center is essential to many the Newport students' career preparation. It is unfortunate that there were so many competing needs this year. I'm hopeful we

will try again next year."

Additionally, the voters failed to pass the money for an Autism program in the elementary school. Gallagher said, "Special education continues to be a large part of our budget. The community keeps telling us to find ways to reduce costs, but the voters didn't approve a \$200,000 program that serves six students. This is the second year in a row that voters have denied this investment. These leaves us with substantial gaps to fill."

The voters denied all the fund transfers to trust funds, including the proposed health trust fund. The voters also denied the opportunity to receive gifts and denied the ability to have a contingency fund to help mediate the fund balances.

Wadensten said, "This has been the most contentious budget season. We know that by the the information and misinformation in the papers, social media and the flyers that filled our mailboxes. Although not every article

passed, I'm pleased that the many members of the town finally came out to vote."

Workshop: Introduction to Chainmail

CLAREMONT, NH—In this class you will learn the basics of how jump rings are made and how to open and close jump rings properly. The class will consist of a couple of pre-selected projects to teach the basic techniques. Students will also learn to cut their own jump rings. This class is a great starting point for those wanting to explore the world of chain making. Start your chainmail addiction today! Price includes materials fees.

Date: Saturday, 3/23, 2 - 4 PM Location: Claremont Makerspace, 46 Main

Street, Claremont, NH

To register, please go here: https://claremontmakerspace.org/events/#! event/2019/3/23/introduction-to-chainmail.

REMINDER to all Owners of property in Claremont

your 4th quarter
 property tax bill is
 due by March 31st.

This bill should be the same amount that was due on January 2^{nd**}.



^{**}Unless there was a change/upgrade in property

Classified Ads

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YEAR ROUND LIVING - This Crescent Lake home, Unity, has been loved and it shows! 3 beds, 1 1/2 baths, full basement, on 1.2 acres. New kitchen and master bath. 10' x 30' deck. 2 car garage, and a dock. All this on a nice level yard. Listed for \$279,000. See MLS# 4714990 for more photos.

COLDWELL BANKER E



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Office: (603) 542-2503

bonnie@coldwellbankernh.com





Ann's Property Of The Week

1103 Blood Hill Rd. West Windsor, VT



Century 21/Highview Realty, 42 Summer Street, Claremont, NH 03743

603-542-7766



Move In Ready!

Looking for privacy? This 4 bedroom 2 bath home is located on 10.89 acres. Make this your 2nd home or year round home. This property has a large deck with nice views of the mountain, field-stone fireplace and garage. Privacy, but still close enough to all amenities. Move in Ready! This home is being sold fully furnished, with the exception of few personal items.

MLS # 4735171 \$230,000

<u>Ann</u> <u>Jacques</u>

Call me for your real estate needs!



annjacques1@comcast.net



Tammy Bergeron

Bergeron's
HOUSES TO HOMES
— REAL ESTATE—

tammy@housestohomesnh.com Ashley@housestohomesnh.com www.housestohomesnh.com



131 Broad Street

Claremont, NH 03743 Office: 603-287-4856

Fax: 287-4857

Cell: 603-477-1872











This 3 bedroom ranch sits in a small subdivision on the outskirts of Claremont. Custom cabinets and doors, knotty pine kitchen with Corian countertops. Wood floors throughout. Paved driveway and private deck off the back to enjoy. \$119,900



Classified Ads

Comedian Juston McKinney Returns to COH

CLAREMONT, NH—New England's Juston McKinney returns to the Claremont Opera House Saturday, March 23, 8:00 p.m., with lots of new material.

Tickets can be purchased at www.claremontoperhouse.org, where you have the option to print at home; by calling 603-542-4433; or in person at the Opera House Box Office at the City Hall Complex.

Anchorage Restaurant Fire Under Investigation

SUNAPEE, NH—On Friday, March 8, at approximately 7:18 p.m., Sunapee Police and Fire Departments responded to a 911 report of a structure fire at 71 Main Street (the Anchorage Restaurant). The fire was quickly extinguished. The NH State Fire Marshal also responded to the scene.

At this time, this incident is under investigation by the Sunapee Police Department and NH State Fire Marshal. The Sunapee Police Department is requesting that anyone with information about this incident please contact the police department at 603-763-5555.

RIVER VALLEY ANIMAL PROTECTION LEAGUE Saturday, March 23, 5:30pm

Potluck Dinner Fundraiser

RAFFLES! DOOR PRIZES! CAKE AUCTION! What: Everyone welcome - please join us and help support the animals

Where: Charlestown VFW, Lovers Lane, Charlestown, NH

For more info, please visit www.rivervalleyapl.wordpress.com or call 603-826-3837.

WEDNESDAY, MARCH 20 Lenten Meals at PCBC

Mid-week Lenten Meals and Service at Plainfield Community Baptist Church. We share a meal at 6pm followed by a short service at 7pm on Wednesday nights through the Lenten season. Please join us next Wednesday 3/20 at 6pm. All are welcome! CLAREMONT, NH — NEWLY RENOVAT-ED 1.5 Story Cape 3 Bed 2 Bath. Brand new kitchen with maple cabinets. Master Bed with private bath and walk-in closet. MLS # 4736170 \$139,900



CORNISH, NH — 1 Story Ranch 3 Bed 1 Bath. Hardwood floors. 3.7 acres with own trout pond.

MLS # 4720157 \$134,900





CLAREMONT, NH — 2 Story Tudor 4
Bed 2 Bath. Great layout and hardwood
floors. Fenced-in backyard.
MLS # 4727337 \$134,900



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THURSDAY, MARCH 21

JAZZ NIGHT with the Bill Rosen Quartet featuring guest vocalist Nancy Tripp
7:00 PM

Library Arts Center Gallery 58 N. Main Street, Newport, NH

The Bill Rosen Quartet will present a fabulous evening of classic jazz standards and improvisations in the Library Arts Center Gallery. The group will be joined by special guest vocalist Nancy Tripp! Coffee & Dessert Bar are included with ticket. Open, café-style seating. Tickets \$15 in advance/\$20 at the door. Visit http://libraryartscenter.org/ for more information, tickets.

YOU ARE INVITED TO REIMAGINE THE JSL!

WHAT DOES THE NEXT CHAPTER LOOK LIKE?



Join neighbors and other community members for a JSL Open House. Tour the building, ask and answer questions. Take time to envision what opportunity awaits this amazing facility.

March 20, 4:00 - 6:30 pm

45 School Street

Program to Focus on Draft Animals in New England

NEWPORT, NH—The Sullivan County Chapter of the N.H. Timberland Owners Association (NHTOA) will meet for a potluck supper, annual meeting and program Saturday, April 6, in the Ahern Building at the Sullivan County Complex, 103 County Farm Road, Unity.

The potluck supper will start at 5 p.m. followed by the chapter's annual business meeting, including election of officers for 2019.

Jasen Stock, executive director of the NHTOA, will offer a brief update of the NHTOA's advocacy work before the N.H. Legislature on behalf of the forest products industry.

Following the business meeting, Dave Anderson, senior director of education for the Society for the Protection of New Hampshire Forests, will present "Maple Sugaring – Myth, Magic and Realities." Anderson will offer a humorous look – well illustrated with photographs – at the dark-amber side of backyard maple sugaring at Meetinghouse Hill Tree Farm, also known as "the quest for the \$15,000 pancake."

Anderson built a post-and-beam sugarhouse from timber cut and milled at his farm in South Sutton. Anderson is writer and cohost for the "Something Wild" feature on New Hampshire Public Radio and writes "Nature's View," a column published in the Forest Society's quarterly magazine "Forest Notes."

The Sullivan County Chapter of the NHTOA organizes and runs the Woodsmen's Field Day Competition set for Saturday, Aug. 17 during the Cornish Fair.

The NHTOA, a statewide trade association, has members throughout New Hampshire. Founded in 1911, the NHTOA represents all aspects of the forest products industry including landowners, foresters, loggers, truckers, mill owners and others. The forest products industry contributes more than \$3.8 billion annually, including forest-based manufacturing and forest-based recreation, or nearly 5 percent of New Hampshire's Gross State Product.

For more information, please contact Dode Gladders at (603) 863-9200 or at dode.gladders@unh.edu.

www.etickernewsofclaremont.com

Coffee With Sunapee Chief

SUNAPEE, NH—The next Coffee with the Chief is next Wednesday, March 20th, from 7:30to 8:30 a.m. at the Safety Services Building. Among the topics planned for presentation and discussion are:

The dynamics of a police pursuit. You will

see an in-car video showing a police pursuit of a suspect in a recent incident.

Representatives of New Futures will be present to clarify and discuss marijuana issues that were raised at last month's Coffee with the Chief.

The police department's new electric car. Town Meeting Day, voting results and how the outcome may impact the police department.

Giving to those who give back.

Since 2004, we have donated more than \$1,108,148 in grant money to not-for-profit organizations that improve the quality of life in the communities we serve. We support a wide variety of causes that reflect the diverse passions of our community.



Seed Packet Art Project for Middle and High School Students in Sullivan County

Help us put the culture back in agri-culture as we promote pollinators by submitting a design for the front of our Native Pollinator Seed Packets that will be given to area schools and sold at the Sullivan County Conservation District (SCCD) 2019 Spring Plant Sale.

Theme: Busy Bees

Art on seed packets will measure 3 x 4" tall in final form.

Submission Deadline: April 12, 2019

Submissions: Please submit two digital photos of your art work to Dawn Dextraze at dextraze@sulli-vancountynh.org. Please include artist name, grade, and school as well as artwork title. Learn more: www.sccdnh.org/programs.



Cone Charitable Foundation Scholarship Program

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2019-2020. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and Applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation, PO Box 65, Claremont NH 03743. Completed applications must be postmarked no later than May 10, 2019. Scholarship awards will be announced in June 2019.

SATURDAY, MARCH 30, LOW COST RABIES CLINIC, CLAREMONT

On Saturday March 30, Sullivan County Humane Society will be holding a rabies clinic for dogs and cats from 9:00-11:30 a.m.at the Claremont Mason Lodge, 40 Maple Ave. Shots are \$10/each. No appointment necessary.

By law, shots will be good for three years with proof, in the form of a rabies certificate, of previous vaccination, otherwise it is a one- year shot.

Questions? Please call 542-3277 or visit http://www.sullivancountyhumanesociety.org/.



Mayoral Notes by Charlene Lovett



Celebrate 50 Years with River Valley Community College

On March 29, River Valley Community College (RVCC) will celebrate its 50th anniversary at the Common Man Restaurant. As anyone who has been affiliated with the institution knows, it has been a force of change in the lives of students and the region. Headquartered in Claremont with academic centers in Keene and Lebanon, its presence has changed the landscape, creating pathways and partnerships for economic success.

Acknowledging RVCC's impact and the contributions of its patrons will be the focus of this milestone celebration. The event will be emceed by Steve Taylor, noted for his wit and ability to entertain audiences. The guest of honor will be Harvey Hill who served twice as an interim president.

When not acting in that capacity, he generously gave of his time and resources to further the college's efforts of providing educational opportunities to a greater number of students.

Scattered throughout the event will be photos and artifacts of the changes that have occurred at the college over the last half century. Much has changed since it first opened in September 1968. Locals then referred to the institution as the VoTech. The college did not have academic centers outside of Claremont, but

did have athletics as an extracurricular activity. The first graduating class consisted of 21 students who became practical nurses, medical assistants and certified nursing assistants.

Over the course of five decades the college evolved to meet the needs of students and the workforce. Besides changing its name and expanding its location to include both Keene and Lebanon, the college now offers programs beyond Allied Health. Today, programs also include degrees or certificates in accounting, business management, computer technology, criminal justice, early childhood education, liberal arts and social services. Graduating classes have grown to 180 students.

As one of only seven community colleges in New Hampshire, RVCC is an integral part of the Upper Valley. Over the years, more than 6,000 students have graduated. Eighty percent of the graduates stayed in the area, securing employment and bringing needed skill sets to the local economy. In a state focused on developing a workforce that can meet the demands of the private sector in the 21st century, RVCC plays a critical role.

Please join us on Friday, March 29, at 5:30pm at the Common Man for this fun and celebratory event. It will be an opportunity to meet the new president, Alfred Williams IV,

and honor Harvey Hill for his contributions over the past two decades. It will also be a chance to enjoy the many artifacts that have been brought out of storage, and hear from some of the students.

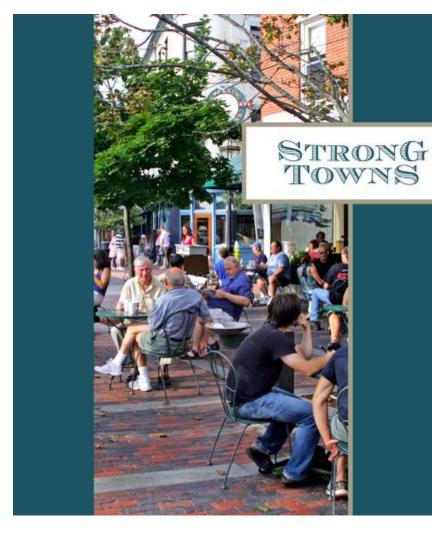
To buy tickets for this event, please go to www.rivervalley.edu and click on the tab titled 50th anniversary tickets. If you would like to speak with someone about the event, please contact Anna Battye at 603-542-7744 ext. 5527. Hope to see you there!

Charlene Lovett is the Mayor of Claremont and also serves on the RVCC Advisory Committee. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Open Mic Night

CLAREMONT, NH—Open Mic Night at the Claremont Makerspace, sponsored by Rural Outright. Bring your songs, your poems, your jokes, your skits and share them with your community. Tuesday March 19th, 6 - 8 PM. 46 Main Street, Claremont, NH

For more information, please go here: https://claremontmakerspace.org/events/#! event/2019/3/19/open-mic-night.



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NHHFA.org/events



APRIL 2 AT 6:30 PM CLAREMONT SAVINGS BANK COMMUNITY CENTER

e-Ticker Business News

North Country Smokehouse Recalls Pork Sausage due to Gluten Mislabel

CLAREMONT, NH—The New Hampshire-based North Country Smokehouse, located in Claremont, on Tuesday recalled 2,600 pounds of pork sausage due to misbranding, according to the U.S. Department of Agriculture's Food Safety and Inspection Service (FSIS).

The recalled product has a gluten-free claim represented on the front label. However, the product contains gluten in the form of wheat. Wheat, which is an allergen, is also listed in the product's list of ingredients.

The ready-to-eat pork sausage items were produced on Feb. 13, 2019. Subject to the recall:

12-oz. vacuum-sealed packages containing 4 pieces of "North Country Smokehouse Natural ilrish Brand Banger Sausage" and a use-by date of 04/15/19 represented on the packaging.

The recalled sausage bears the establishment number "EST. 5390A" inside the USDA mark of inspection. These items were shipped to distribution and retail locations nationwide.

The mistake was discovered March 11 when the firm notified FSIS that they received a consumer complaint. There have been no confirmed reports of adverse reactions due to consumption of these products.

The *Union Leader* reported that "this was the first recall in the company's history."

Dartmouth-Hitchcock Health Youth Summit Tackles Critical Issues in Collaboration with NH Teens

LEBANON, NH – New Hampshire's high school-aged students will be driving the content and facilitating the discussions with their peers and experts at an innovative "Youth Summit" that examines student-selected topics and focusing on student voices. The Summit will be hosted by Dartmouth-Hitchcock April 5-6 at the Grappone Conference Center in Concord.

Approximately 350 students from around the state are expected to participate in Day One of the summit, which will focus on the challenges



A Ribbon Cutting was held on Wednesday, March 6th. Members of the Chamber, city officials, friends, family and community members attended the event to celebrate The Bullpen opening here in Claremont. Pictured left to right are: Donna Judd, GCCC Member; Charlene Lovett, Mayor; Tim Ryan of The Bullpen; Jim Younce, owner of The Bullpen; Evelyn Goodspeed, Jim's mother; Cat LaCasce, GCCC Board Member. The Bullpen is Claremont's sports collectors' store featuring sports cards, memorabilia, athlete autograph signings and weekly sports card shows on Sundays, 9:00 a.m.-2:00 p.m.

teenagers face, develop solutions to those challenges, and celebrate their successes. Day Two is open to the public and registration by parents, educators, legislators, and anyone interested in the pressures faced by youth today are encouraged to attend. Headliners for the summit include World (Cont. on page A17)

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Claremont

Carl Bannon RPh
Chad Beane RPh
SRPClaremont@gmail.com

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542 - MEDS
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e-Ticker Business News

Summit, from A16

Cup champion and Olympic gold medal-winning skier Hannah Kearney; actor, producer and director Jim Wahlberg; social media innovator Wendy Sue Swanson MD; and Ford Racing driver, coach and instructor Mike Speck.

"Our children are growing up in an increasingly complex world," says Dartmouth-Hitchcock Health CEO and President Joanne M. Conroy, MD. "It's gratifying and encouraging that so many of New Hampshire's teens have committed to finding ways to navigate those complexities, and I'm really looking forward to their discussions of around many important issues. They want to help answer the questions. We owe it to them to listen."

The Friday, April 5 program "Knowledge, Empowerment, Understanding" includes a formal welcome by NH Gov. Chris Sununu, Conroy, and emcee Wahlberg, followed by three blocks of three different discussion groups. The first block will focus on mental health, including issues of addiction, eating disorders, and self-harm, depression, and suicide. The second block will examine issues of diversity and respect, including gender and sexuality, race and ethnicity, and bullying. The third block will look at timely topics including school violence, pressure for success, and a "road trip" presentation on distracted driving presented by Ford Motor Co. Fund. Each group will have a student facilitator, supported by an adult subject-matter expert. Following all three discussion blocks, the students will gather for lunch and discussion of the morning sessions.

Kearney, a native of nearby Norwich, VT, who graduated from Hanover High School before going on to Olympic glory, will give a keynote speech following lunch. A three-time World Cup champion in moguls skiing, Kearney competed in three Olympic Winter Games, winning the gold medal in moguls in 2010 and a bronze in 2014. Following her competitive career, Kearney enrolled at Dartmouth College.

The afternoon session will feature a presentation, "Social Media for Good," by Dr. Swanson. A self-described "tweetiatrician," Swanson

is working toward a new age in medicine, in which innovations in digital and social media leverage the combined wisdom of clinicians, patients, and researchers to help them collaborate more closely and build stronger relationships.

Day One wraps up with the "Magnify Voices" Film and Writing Festival, featuring short films and creative writing pieces about mental

health issues submitted by middle and high school from throughout the state.

On Day Two, Saturday, April 6, the focus turns to adults with "They're Talking: Are We Listening?" The half-day event will mirror the structure of Day One, with selected students who attended Friday's panels facilitating the sessions alongside content expert. Perspectives shared by students on Day One will be incorporated into the program.

Following the student report out sessions, an

academic panel "Community Engaged Research: A Collaborative Approach to Addressing Community Challenges" will be led by Aurora Drew, PhD, lecturer at the Dartmouth Institute for Health Policy & Clinical Practice, and Maureen Boardman, MSN, Clinical Assistant Professor of Community and Family Medicine at



the Geisel School of Medicine at Dartmouth College. The presentation by Drew and Boardman will focus on community based research in this age group.

Dr. Swanson will reprise her Friday social media presentation as the lunch keynote speaker on Saturday, followed by a session wrap up.

For registration information and a full schedule of events, visit https://www.dartmouth-hitchcock.org/classes events/youth-summit.html.



BE DARN TOUGH...

AND SOCK IT TO COLON CANCER!



In the United States, colorectal cancer is the second leading cause of cancer-related deaths.

If you are 45 years of age or older, the American Cancer Society recommends regular colorectal cancer screening.

With screening, polyps are being found more often and removed before they develop into cancers.

SCREENING SAVES LIVES. SCHEDULE YOURS TODAY!

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March is Colon Cancer Awareness Month.

Booking your colon cancer screening during the month of March will earn you a FREE pair of Darn Tough socks.

Yes! You can keep your socks on.



Where People Come First www.springfieldhospital.org

What Should You Do With an Inheritance?

If you were to receive a sizable inheritance, what should you do with it? This money could help you achieve some of your important financial goals – so you'll want to think carefully about your choices.

Of course, everyone's needs are different, so there's no one "right" way to handle a large lump sum. But here are a few suggestions that may be useful:

Pay off some debts. Depending on the size of your inheritance, you may want to consider paying off some, if not all, of your debts, such as car loans, personal loans and student loans. You might even consider paying off your mortgage, but you may not want to, as you might be able to get a better return on your money by investing it. Also, if all your money is tied up in a house, you'll typically have less liquidity than you would get from your investments.

Contribute more to your retirement accounts. You may now be able to afford to contribute more to your 401(k) or other employer-sponsored retirement plan, as well as to your IRA. These accounts offer tax benefits plus an array of investment choices, so they are excellent ways to build resources for retirement.

Save for college. If you have children, or grandchildren, whom you would like to someday send to college, you might want to put some of your inheritance into a college savings vehicle, such as a 529 plan, which provides tax benefits and gives you great flexibility in distributing the money.

Build an emergency fund. If you haven't already built an emergency fund containing six to 12 months' worth of living expenses, you may be able to do so now, using part of your inheritance. Keep the money in a liquid, low-risk account, so that it's readily available to pay for unexpected costs. Without such a fund, you might be forced to tap into your long-term investments.

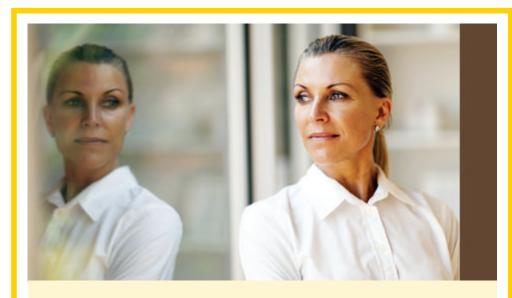
Above all else, you may want to get some help. If you don't already have one, a financial professional can recommend ways of using the money to help you meet your goals. For one thing, you could further diversify your investments, which is important, because diversification can help reduce the effects of market volatility on your portfolio. (Keep in mind, though, that diversification can't prevent all losses or guarantee profits.)

And a financial professional can help you determine how much your plans could change due to the inheritance. To name just one possibility, you might be able to move up your retirement date. If so, you'd need to adjust many aspects of your financial strategy, such as when to take Social Security, how much to withdraw each year from your retirement accounts, and so on.

You'll also need to consult with your tax advisor, because some inherited assets, such as an IRA, could have tax implications.

Your loved ones worked hard, and probably invested for many years, to leave a legacy for you. So, to honor their memory, do whatever you can to handle your inheritance wisely.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

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Dining For a Cause to Benefit United Way

CLAREMONT, NH—Welcome Spring with the Pleasant Street Restaurant when they host a "dining for a cause" event on Wednesday, March 20th, from 5:00-9:00 p.m. A percentage of dinner sales will benefit United Way of Sullivan County.

Enjoy your favorite entrée from the menu while helping to support United Way in their mission to provide Sullivan County nonprofit agencies with much needed and deserved funding.

Come and see the new and improved Pleasant Street Restaurant featuring new seating, décor and a fabulous salad bar, along with your favorite dinner selections.

See you on the first day of spring and celebrate the end of winter with us!

www.fabebook.com/etickernews



It's About Food

By Johnny Navillus



Light Again

All kidding around aside, I do cook light. Usually it's more in Summer than Winter. The cold weather tends to call for hearty meals. Since the first day of Spring is just a few days away, in spite of the snow still on the ground, I think we should be thinking "Light".

Salads are the first things that come to mind. A plate of various greens is a blank canvas that begs for attention. There is so much that can be done here. I like to buy my salads in a bag. It does cost more initially, but I don't have a bunch of stuff going bad in my fridge drawer. These bags come in a wide variety of styles. My favorite is Spring Mix. I get an assortment of colors and textures that are ideal for playing.

Just about anything can go on a salad but most importantly, season with salt and pepper before doing anything else. Raisins, dried cranberries, minced onions, minced garlic, slices of cheeses, pieces of meat and you get the idea. You can vary toppings constantly so they don't get boring. I always have minced garlic on all my salads. As far as meat goes, leftover chicken cut into pieces works every time. Whether the chicken is grilled, broiled, roasted or just plain boiled, the taste varies enough to make each salad different. Heat up a few slices of that London Broil and put that on your product. Cooked shrimp, tuna, crab meat or even Spam. Well, skip the Spam unless you live in Hawaii.

The area I fail with salads is in the dressing. I know I should be using just oil and vinegar, but I love pouring on the Thousand Island Dressing by the cup. Even though I use "Light", Thousand Island it is still enough to make me feel guilty. But not guilty enough. The first taste and the guilt is gone.

My rationale is that I'm eating a salad and that should be good enough. Bring on the sundae for dessert. Seriously, I have gone back to sherbet for after dinner in the Summer. No guilt there, at least for me.

Just because the weather is warmer don't put the slow cooker too far away. It doesn't use a lot of electricity and doesn't heat up the kitchen. You like to entertain in the Summer, so why spend a lot of time cooking? The sow cooker can be your answer. As the season progresses, I'll have some great recipes for warm weather and the slow cooker.

You can go "light" on the grill, too. Instead of 75-25% fat, try 85-15%. chopped meat for burgers. Grill more chicken this year. Later in the season, as you become braver, try grilling fish. More hints about that as time goes on.

Hot dogs are a traditional favorite. There are many configurations of hot dogs, and you can shop for what is considered light in your world. If you favor the standard artery cloggers, just use moderation. Hot dogs are for kids.

Play with your food. Keep it light.

Write to Johnny at etickernews @gmail.com.

Local Parents Named Unsung Heroes

CLAREMONT, NH—Three parents from the area recently traveled to Concord to receive awards from New Hampshire Children's Trust for honored as Unsung Heroes. The parents were nominated earlier this year by parent educators they work with at TLC Family Resource Center.

For the past 10 years, New Hampshire Children's Trust has honored parents at The New Hampshire State House in partnership with the Governor's office. The honorees incorporate the five Protective Factors into their daily lives to help be stronger mothers, fathers, grandparents, caregivers and friends.

Parent educator Karen Jameson nominated Amber Greene, the mother of a one-year-old.

"This year I was able to nominate someone for a parenting award with the NH Children's Trust," Jameson said. "When I told her I wanted to nominate her, her response was just amazing. Just to see her confidence bloom and feel so honored that someone was valuing that."

Greene agreed that it made her feel valued. "It was nice to know that someone noticed that I was doing a good job and it made me feel very good about what I was doing," she said.

The award ceremony was challenging, according to Greene.

"It was nerve wracking for me to go up in front of a lot of people," she said. "It felt really good though. You don't hear a lot about things like this and that was nice."

Emily Blake, the mother of a 5-year-old, was nominated by clinical supervisor Melony Williams.

"When I was nominated, at first I was surprised but it made me feel good as a parent," Blake said. "When I found out I was chosen, I was shocked and excited."

Tim Bureau was also nominated by parent educator Barbara Brill.

Protective factors are five research-based conditions or attributes (skills, strengths, resources, supports or coping strategies) in individuals, families, communities or the larger society that help people deal more effectively with stressful events and mitigate or eliminate risk in families and communities. These are known to keep children safe and families strong. For more information about protective







Amber Greene and her son, Emily Blake and her daughter, and Tim Bureau receive their awards from Gov. John Sununu (New Hampshire Children's Trust photos).

factors, please visit http://www.tlcfamilyrc.org/ protective-factors.html.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide-range of free programs, support groups, and education. For more information, please visit www.tlcfamilyrc.org.

Creative Families After School Drop-in Wednesday, April 10, 2019 3:00 pm - 4:30 pm Library Arts Center Annex 15 Main St. Newport, NH

Price: Free —Drop-ins are welcome. Creative Families After School Drop-in Free & Open to all.

Facilitator: Stacey Hammerlind of SAU 43 Wednesdays (once a month) 3:00 – 4:30pm — Drop-ins are welcome!

Location: Library Art Center Annex Location: 15 Main St, in Downtown Newport (next to Bar Harbor Bank & WCNL Radio)

Come to Create, Create, Create!

Join us as we explore various art each month: Drawing, Painting, Building, Sewing, Woodworking,

Collage, Book Making, Murals, and MORE.... April 10 – PEEPS DIORAMAS! – Create a work of art to enter into the Library Arts Center Peeps Diorama Contests! Categories include adult, children or family/group.

Class: Blockchain and Private Keys 101

CLAREMONT, NH—Bitcoin and blockchain, the underlying technology, have been emerging for a decade. While still nascent technologies, we are on a journey of discovery all over the world to uncover what this is and how we may use it to improve the human condition. We will explore some historical context, and will provide a foundation to scratch the surface. Short and sweet with a little interactive fun. You will leave with basic concepts of blockchain and cryptography, plus some tokens! Covering key vocabulary and definitions, a basic exercise to support understanding of distributed ledger consensus concepts, and secure your own private seed to your wallet to receive some interchain.live educational tokens as a reward for participation! After the instruction, Ryan will offer a demo. This class is free, but donations are accepted.

To register, please go here:

https://claremontmakerspace.org/events/#!event/2019/3/26/blockchain-and-private-keys-101

Date: Tuesday, 3/26, 6 - 8 PM Location: Claremont Makerspace, 46 Main St. Claremont, NH







Art and Heart (Health)...



On March 6, Valley Regional Hospital hosted the 'For the heART' event sponsored by Doolittle's Print Serve. Under the guidance of Sue Tuttle, art teacher at Maple Avenue Elementary School, students contributed art based upon the works of Keith Haring. They also integrated fractions and radial symmetry into works of art while others chose brightly colored acrobats that adorned the ceiling. From running to basketball, all art was centered on the idea of heart health and what it meant to each student. "This bi-annual event brought the students, faculty, and community members together and will be displayed in our main lobby until midsummer," said Christiane Dionne, Development for Valley Regional Hospital. In October, New England Classical Academy and Claremont Christian Academy will decorate the walls with their art for the public to enjoy (Courtesy photos).

Meriden Fire Department Wild Game Dinner



Menu Includes:

Wide selection of Wild Game - Bear - Boar - Elk - Venison - Turkey - Ham - Fish Chowder - Venison Chili along with homemade beans, potatoes and much more!

Try our Anadama bread made right at the Meriden Deli Mart and top off the evening with an ICE CREAM SUNDAE

Saturday March 23, 2019 5-7 PM @ KUA

KUA Dining Hall Rt. 120 – Meriden, NH

Adult \$20 at door (\$18 advance sale)

Youth (4-10) \$10 at door (**\$8 advance sale**)

Toddler (under 4): \$4

MERIDEN VOLUNTEER FIRE DEPT

Advance tickets are recommended – **CALL 603-469-3090 for tickets**Tickets on sale at the door, Meriden Deli Mart and Anne's Country Store

NH Fish and Game Acquires New Wildlife Management Area in Sullivan County

CONCORD, NH – With facilitating support from The Conservation Fund, the New Hampshire Fish and Game Department (NHFG) purchased approximately 3,181 acres of land in Newport, Croydon, and Grantham earlier this month. The expanse will be known as the William B. Ruger Wildlife Management Area (WMA) and was acquired to protect its outstanding wildlife and water resources and to provide the public with recreational opportunities such as hunting, fishing, hiking, and nature study.

The WMA is divided into two separate parcels. While they do not abut, they are situated close to one another in the watershed of the North Branch of the Sugar River, a tributary of the Connecticut River.

Parcel one, known as Ruger WMA South, is comprised of 1,905 acres located in the towns of Newport and Croydon, and has over 143 acres of diverse wetlands including over 40 acres of emergent marsh and 19 acres of peatland. The property contains nearly seven miles of streams including 2.8 miles of coldwater stream. Present are also a 20-acre field and a power line corridor that adds to the diversity of the habitats on the parcel.

Parcel two, known as Ruger WMA North, is a tract of 1,276 acres located in the towns of Croydon and Grantham. Ash Swamp Brook and its tributaries run through the property, and there are approximately 113 wetland acres including 59 acres of northern swamp and 83 acres of wet meadow and shrub wetlands. The largest wetland on the property is a 50-acre alder swamp containing several areas of open water.

"The protection of this property was very important because it includes a range of differing types of habitat that can support a diversity of wildlife species," explained Fish and Game Executive Director Glenn Normandeau. "A property of this size affords the opportunity to improve habitats through field and forest management that will have tremendous benefits to local wildlife populations."

With a total project cost of \$3.4 million, the partners used a combination of funds from the U.S. Fish and Wildlife Service's (USFWS) Wildlife Restoration (Pittman-Robertson) grant program, the New Hampshire Department of Environmental Service's (NHDES) Aquatic Resource Mitigation Fund, the NH Land and Community Heritage Investment Program

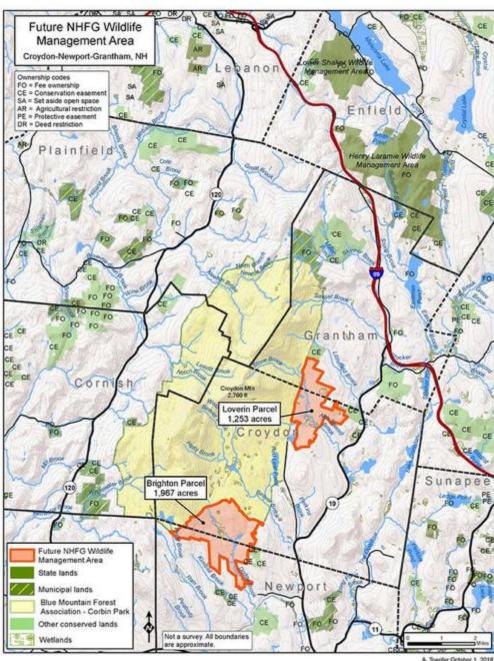
(LCHIP), and the New Hampshire Fish and Game Department's Wildlife Habitat Account.

"By conserving this land and enabling the state to establish the William B. Ruger WMA, we are creating new opportunities for public access and, as a result, supporting the economies and community vitality of the surrounding towns," said Sally Manikian, The Conservation Fund's Vermont and New Hampshire Representative. "We appreciate the foresight and commitment of the Ruger family to see this landscape protected in perpetuity."

"Through the Wildlife Restoration grant program, we are able to work with partners to support crucial projects like the William B. Ruger Wildlife Management Area," said Colleen Sculley, Regional Chief of the U.S. Fish and Wildlife Service's Wildlife and Sport Fish Restoration Program. "These crucial grant funds come from excise taxes on firearms, ammunition, and archery equipment and directly support enhancing and expanding public access and conservation. The acquisition and protection of these lands highlights the important role hunters, anglers, and boaters play in the conservation of fish and wildlife in this country."

Sugar River Project Regional Conservation (Photos NH Fish & Game)





First Responders Shot Down, School Budget Defeated in Charlestown

By Neil Allen

CHARLESTOWN — Last week more than 850 residents from Charlestown visited the Charlestown Senior Center to cast their votes in the annual election for the town and school district. Both budgets were passed in the town, the selectboard will have five members and the first responders will have to find another way to get requested equipment.

With about an hour left before the polls closed there had been about 800 voters, according to Moderator Gabe St. Pierre.

"We've had a steady flow," he said.

The four-way race for selectboard member for a three-year term went to Jeffrey M. Lessels with 423 votes. Scott Wade received 203 votes, John Streeter came in third with 149 votes, and Jeremy C. Wood was fourth with 57 votes.

Gabriel St. Pierre received 792 votes to be moderator for two years, and William Sullivan received 733 votes to become a trustee of trust funds. Richard Lincourt received 591 votes and Douglas A. Neill received 533 votes to elect them to the planning board for three-year terms. Nancy Houghton received 647 votes, Roger Thibodeau came in with 565 votes, and Keith Weed ended with 523 votes for the three open finance committee seats for three-year terms.

The cemetery trustee three-year term was won by write-in candidate Mary Holmes with 35 votes. The library trustee positions went to Maureen Spilsbury with 722 votes and write-in candidates Rebecca Bailey with 75 votes and Marie Weller with 55 votes.

The solar ordinance proposed by the planning board passed with a vote of 573 to 205. The ordinance will allow for solar energy collection systems and distributed generation resources in appropriate locations.

The operating budget for the town of \$5,658,362 narrowly passed by a vote of 461 to 379. The budget this year is \$612,325 more than last year's budget with adjustments made for action taken in the previous year. The budget represents \$4,864,393 for the town, \$479,405 for the water fund and \$314,564 for the sewer fund.

All of the capital reserve funds were approved—real estate reappraisal for \$25,000 (505-335), emergency communications im-

provements for \$3,000 (633-210), swimming pool rehabilitation for \$30,000 (556-294), and purchase highway truck for \$80,000 (545-299). Voters also approved \$5,000 to support the Charlestown Senior Center with a vote of 710-149.

For the Silsby Library, voters approved \$260,500 to be raised for masonry work by a vote of 653-195. \$100,000 will come from an LCHIP grant and the rest will come from the Silsby Library/Municipal Building Masonry Restoration and Preservation Capital Reserve Fund. Voters also approved \$40,000 to be raised to cover the costs for preparing preliminary drawings and estimates for renovations at the existing fire department, Silsby Library, the town swimming pool, and other town buildings and property.

The feasibility and suitability study for with-drawal from Fall Mountain Regional School District passed with a vote of 617-248. A committee will now be formed to conduct the study and report its findings to the State Board of Education. If the state approves a withdrawal plan, the plan must be submitted to the voters of the cooperative school district for district approval. They have 180 days to report their findings to the state.

The requests for funds for an ambulance and fire truck were both narrowly defeated. Had the ambulance not been defeated by a vote of 450-404, the town would have entered into a 10-year lease for \$239,000 and \$29,000 for the first year's payment. The lease could have been terminated should the voters not approved the payment in subsequent years.

If the request for the purchase of a combination pumper not been defeated by a vote of 487-372, the town would have entered into a 10-year lease for a total of \$550,000. Like the ambulance, the lease could have been terminated had voters not approved the payment in subsequent years. The request for the first year's payment, \$66,000, was defeated by a vote of 487-359.

Lastly, the voters approved an increase to the selectboard of two additional members, bringing the total to five selectboard members by a vote of 490-364. The new selectboard members will be chosen at next year's election with two positions for three-year terms and one position for a one-year term, according to

Town Clerk Patty Chaffee. School District

For the Fall Mountain Regional School District, Sarah Vogel won over Linda Christie for the school board position in Acworth with a vote of 717-583; Joseph Levesque won over David Hogan for the school board position in Alstead by a vote of 655-614; Rebecca Sethi was not challenged for the at-large school board position, nor was Leroy Watson for the moderator position.

Charlestown voters rejected the school district \$31,224,800 budget by a vote of 487-341; district-wide, the vote was 1,102-840 to approve the budget. They also rejected the collective bargaining agreements for the food service worker severance and contracts for 2019-20, 2020-21 and 2021-22. District-wide, however, the agreements were approved 1,194-763. They also voted 421-386 to reject the \$500,000 request for funds to go into the district's capital reserve funds; the article passed district-wide with a vote of 1,219-701. The requests for funding for the various projects at the schools were approved— \$115,000 for playground equipment in Alstead (317-215), \$84,000 for upgrades to the intercom system in Charlestown (592-236), \$123,000 in upgrades for the intercom system in Walpole (296-216), and \$257,100 for updating restrooms at the Fall Mountain Regional High School (502-314). They were also approved throughout the district.

Voters in Charlestown also approved the request for \$150,000 by a vote of 524-304 to allow the school district to hire a non-partisan, third-party firm to conduct a study of the feasibility and suitability of the withdrawal of one or more pre-existing districts from the cooperative school district. However, district-wide, the request was defeated 1,195 to 748.

Catholic Daughters Lenten Service, Business Meeting

CLAREMONT, NH—Catholic Daughters of the Americas Lenten Service by Very Rev Shawn Therrien, Chaplain, Tuesday, March 19, St. Joseph Church Hall, Elm St, Claremont

Business meeting to follow.



A selection of photos from this weekend's 7th Annual "You're Amazing" Self Esteem Project. Taking place on Saturday, March 16, the Self Esteem Project was held at the Claremont Senior Center during the day with the Self Esteem Presentation Pageant held at the Opera House at night. Funds from the ticket sales at the pageant go to the Charleen Merrill True Memorial Scholarship given to a SHS Senior girl each year. The You're Amazing" Self Esteem Project & Pageant is a community-based project committed to inspiring and educating young girls in positive self-esteem, self confidence and self worth. This full day event was open to young ladies, grades 5th – 8th, in the Claremont community (Photos, courtesy of Stacy Bathrick).