e-Ticker News Sports

Section B January 28, 2019



Don't Bet Against Patriots

I can't ever remember picking a Super Bowl winner. In all my years of prognosticating a victor in football's grandest show I have always come up short.

It all began in the '70's when, for some reason or another, I became enthralled with the Minnesota Vikings. Super Bowl IV was a 23-7 Kansas City win over a Joe Kapp-led Vikings contingent in 1970 followed by Super Bowl VIII, IX and XI losses by the Vikings to Miami, Pittsburgh, and Oakland with Fran Tarkenton at the quarterback position in 1974, 1975 and 1977. I picked Minnesota in every one of those games.

My luck would change, or so I thought, in 1986 when I just had to go with New England in the very first Super Bowl appearance for the Patriots. To say they lost would be an understatement. They got killed when they got run over by a refrigerator (William Perry, by name) and suffered a 46-10 thrashing.

One would think I would stay on the Patriots bandwagon throughout these tantalizing NFL seasons and, for the most part, I have. However, again for some unknown reason, I did pick them to lose a few ballgames along the way and, of course, they won those games. All told, the Patriots have been in ten Super Bowls prior to the upcoming Feb. 3 appearance, eight of which have begun since they last encountered the Rams (then based in St.Louis) in 2002. This will be the Patriots' third consecutive run in Super Bowl play. The Rams, meanwhile, have sat back and waited until now, 17 years later, to return for a rematch.

Readers, I have to go with the Patriots in Super Bowl LIII.

So, go ahead! Place your bets on the Los Angeles Rams. I dare you! After all, what do I know? Nothing, as has been documented here. However, this time do bat an eye; do think twice; use caution, extreme caution. Then, and only then, place your bet. But do brace yourself for the aftermath. What is it they say?, "It ain't going to be pretty!"

The worst thing the Rams have to deal with is the fact the Patriots have destiny on their side. They are destined to win.

Everything has been predetermined.
There is a hidden power out there

controlling the future and it all began
Feb. 4 of last year when the Patriots went
down in defeat in Super Bowl LII to the Philadelphia Eagles. From that date on you just
knew Bill Belichick, Tom Brady, and the remaining members had a score to settle. They
would return and reverse the final outcome. No
way would they lose two consecutive Super
Bowls.

But they had to get there first..and they have. It hasn't been easy. I, for one, admit I did not think they would make it as far as they have. Not after their lackluster (for them) play at the onset. But, silly me! I didn't take into consideration that it was only September. In the words of Aaron Rogers..."RELAX!" It was only Belichick's juggling of his lineup to see who was best fit for what position. It would all come out in the wash in December and January. And it has!

Do you realize not once has Brady been sacked in the two playoff games? Far cry from what transpired early in the season, wouldn't you say? Belichick has who he wants where he wants now. Of course, Aaron Donald and Ndamukong Suh may put an end to the sack stat but we all know Belichick has other ways to negate any movement from the opposition. He is a master of taking away the opposing team's primary offensive weapon. Look what happened to Kansas City's Tyreek Hill in last Sunday's AFC championship game. Hill, arguably the fastest wide receiver in the NFL and quarterback Pat Mahomes' favorite target, was held to one catch in the entire game. Attribute that to Belichick, master of designing a game plan.

But that comes only with age and experience. With age comes wisdom, as they say. Certainly not for me personally, but as a gen-

eral rule in this vast universe of ours. ESPN's Stephen A. Smith is on record as saying the Patriots are old and slow. That they are, but it is their wisdom and experience that will carry them to top honors on Sunday, Feb. 3. While the youthful west coast footballers, unused to all the hoopla surrounding NFL's grandiose extravaganza, revel in the circus-

like extra-curricular activities in and around Atlanta in the days leading up to the big day, the Patriots know full-well must be done

to drown out the excitement and get down to the business at hand. It's called focus.

Boston/New England has LA's number. It all began back in October when the Red Sox upended the Dodgers. The Patriots beat the Chargers a couple of weeks ago in the playoffs and now it is their turn to send the Rams back home with yet another magnificent victory over a California-based team

Destiny and Experience, along with another Brady Bunch standout performance, will carry the Patriots to the win. Patriots 28 Rams 19 It's meant to be!

SHS Basketball Teams to Host Give and Go Games to Collect Toys for CHaD

The Stevens Boys Basketball team had just a single game this past week, as they travelled to take on the Coe-Brown Bears Friday Night.

The Bears were able to give the home crowd something to cheer about as they handed the Cardinals their 10th loss with a 55-38 victory.

Josh Stithen paced the Cardinals with 12 points and hauled down 6 rebounds. Matt Jones scored a season high 8 points. Ty Bonneau had 6 points, and Quentin Bicknell chipped in with 4 points and 5 rebounds.

The Junior Cardinals dropped a 63-21 decision to Coe-Brown in the opening game of the evening. Dylan Chambers led the Stevens scoring with 5 points. Cooper Moote added 4 points, while Austin Gauld and Brennan

(Continued on page B3)

Springfield Wrestler Donavin Sprano Champ at Essex

SPRINGFIELD, VT—Seven members of the Springfield, VT's varsity wrestling team battled it out for the two-day Michael Baker Classic tournament in Essex on January 18th and 19th; Coach Don Beebe was very pleased with the efforts put forth by every grappler.

Skyler Congdon, Tim Amsden, Bryan Stafford, Jeremy Curfman, Brandon Bennett, and Skylar Wallace each performed at the top of their game with skill, strength, and great attitudes. Many of their arms were raised in victory over the course of the tournament.

Sophomore Donavin Sprano, in his first year of wrestling, took his work to the next level against all his opponents in the 220-lb weight class. Sprano's final match was a true nailbiter, as the sophomore battled a larger opponent who has experience competing at the national level. After a couple of close calls, Sprano resisted a powerful throw to off-balance his opponent and reverse the match, claiming the top spot on the podium with a beautiful pin by headlock.

Previously, the Junior High/JV crew hit Otter Valley in Brandon, VT. Cole Wright battled some formidable foes to bring home a firstplace championship. Skyler Congdon and Armando Stettner each earned a 3rd place medal, and Zandria Colburn joined newcomers Ayden Smith and Marshall Simpson in making great progress in each of their matches. The varsity wrestlers trekked to Saint Johnsbury VT for their first tournament of the season -Tim Amsden battled hard for a second place win, along with Skylar Wallace and first-year wrestler Donavin Sprano. Brandon Bennett and Bryan Stafford each earned a respectable 3rd place medal. Coaching varsity was Floyd Buck Jr with the help of John Stafford; the JV & JH team was coached by Don Beebe, assisted by Bradley Bennet

The "Green Machine" continues to drill every weeknight and has competitions scheduled every Saturday for the next month, till the end of the JH & HS season. For more information on the team, visit the FaceBook page (which covers Springfield's entire K-12



Team photo—L-R: Wrestlers Skyler Congdon, Donavin Sprano, Skylar Wallace, Jeremy Curfman, Brandon Bennett, Tim Amsden, Bryan Stafford (Cathy Bennett photo).

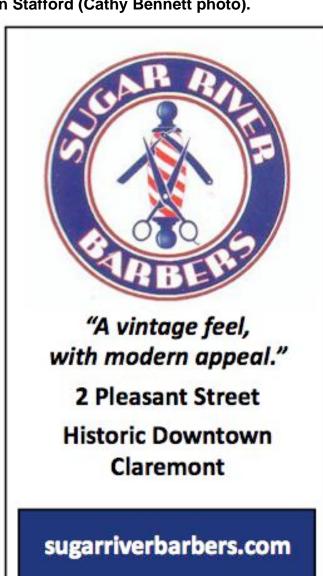
team) at https://www.facebook.com/Spfld-VTWrestling/.

SHS Bowling Season Closes Out

CLAREMONT, NH—The SHS Varsity and JV bowling team hosted their last home event of the season on January 19 at Maple Lanes in Claremont. Varsity got the second seed and finished 2nd, while the JV team finished up 3rd.

FIS SnowKidz event photos, page B15





SHS Boys Varsity Basketball

12/14/18		Laconia	L	37	-	65
12/18/18	at	Lebanon	L	21	-	70
12/21/18	at	Oyster River	L	22	-	71
01/02/19	at	Fall Mountain	L	52	-	54
01/04/19		Merrimack Valley	L	42	-	63
01/08/19		Hanover	L	55	-	85
01/11/19		Bow	L	32	-	77
01/15/19	at	Newport	L	56	-	60
01/18/19	at	Hollis-Brookline	L	36	-	72
01/25/19	at	Coe-Brown Northwood	L	38	-	55
01/29/19		Fall Mountain		7:	00	PM
02/01/19		Plymouth		7:	00	PM
02/08/19	at	ConVal	6:30 PM		PM	
02/11/19		Newport		7:	00	PM
02/15/19	at	John Stark	6:30 PM			
02/19/19	at	Kearsarge	6:30 PM			
02/26/19		Souhegan	7:00 PM			
03/01/19		Kearsarge	7:00 PM			

SHS Girls Varsity Basketball

12/07/18	at	Souhegan	W	62	-	29
12/11/18		Kearsarge	L	24	-	39
12/14/18	at	Laconia	L	29	-	44
12/18/18		Lebanon	L	14	-	54
12/21/18		Oyster River	L	45		47
01/02/19	at	Fall Mountain	L	41	-	50
01/04/19	at	Merrimack Valley	L	47	-	51
01/08/19	at	Hanover	L	17	-	80
01/11/19	at	Bow	L	30	-	45
01/15/19		Newport	W	40	-	29
01/18/19		Hollis-Brookline	L	34	-	53
01/25/19		Coe-Brown Northwood	L	45	-	48
01/29/19		Fall Mountain		5:3	30	PM
02/01/19	at	Plymouth		6:0	00	PM
02/08/19		ConVal		7:0	00	PM
02/11/19	at	Newport		7:0	00	PM
02/15/19		Timberlane		7:0	00	PM
02/19/19	at	Kearsarge		5:0	00	PM

Lebanon-SHS-Mt. Royal Ice Hockey (Boys)

12/12/18		Alvirne-Milford	L	3	-	8
12/15/18	at	Somersworth-Coe-Brown	W	4	-	1
12/19/18		Goffstown	L	3		6
01/02/19		Kingswood	W	5	-	4
01/05/19		Merrimack	W	5	-	2
01/07/19		John Stark	L	0	+	4
01/12/19	at	Kingswood	W	1	-	0
01/19/19		St. Thomas Aquinas	L	4	-	6
01/25/19	at	Oyster River	L	4	-	5
01/28/19	at	Berlin		5:0	O P	M
02/02/19	at	Dover	7	2:0	O F	M
02/06/19		Spaulding	-	3:4	0 P	M
02/09/19	at	Portsmouth-Newmarket	10):45	5 A	M
02/13/19		Berlin	(5:0	0 F	M
02/16/19	at	Merrimack	-	1:4	O P	M
02/20/19	at	Keene	8	3:0	O F	M
02/23/19		Winnacunnet		5:30	0 F	M

Basketball, from B1

Huntoon chipped in with 3 points each.

The JV team will be hosting Fall Mountain on Monday afternoon with game time at 4PM. The girls JV team will play immediately following at 5:30PM.

The varsity boys and girls will be hosting the Wildcats in their annual Give and Go basketball games on Tuesday, January 29th at Frederick Carr Gymnasium (Girls at 5:30 & Boys at 7:00). The school will be collecting toys for CHaD (Children's Hospital at Dartmouth-Hitchcock) at the entrance. The last time Stevens hosted this game they filled a basketball rack with toys. This year, they are trying for two!!! CHaD is looking for the following items:

Infant and Toddler Materials (toys must be all plastic)

School Age Games/Cards
Adolescent Games and Materials
Small Gifts And Amenities For Families
Electronics

Crafts

Gift Cards

Please, NO Beanie Babies or iTunes Gift

Lebanon-SHS-Kearsarge Ice Hockey (Girls)

12/12/18	at	Bedford	W	10	-	4
12/15/18		Oyster River-Portsmouth	L	1		9
12/18/18	at	ConVal-Conant	W	9	-	0
12/22/18		Concord	L	2	-	4
12/28/18		Berlin-Gorham	L	0	-	2
01/05/19	at	Exeter	L	0	-	10
01/10/19		Pinkerton	L	6	-	8
01/12/19		Bishop Guertin	W	9	-	4
01/18/19		Keene-Mon-Fall Mountain	W	5	_	0
01/26/19	at	Berlin-Gorham	L	2	-	6
01/27/19	at	Bishop Brady-Trinity-West		1:3	30	PM
01/30/19	at	Keene-Mon-Fall Mountain		4:0	00	PM
02/05/19		Manchester Central		5:5	60	PM
02/09/19	at	Souhegan		5:5	0	PM
02/12/19		Hanover		4:5	60	PM
02/19/19		Kingswood		5:3	30	PM
02/23/19		St. Thomas-Winnacunnet		3:1	10	PM

Cards

Or for a more specific list, please go to: http://www.chadkids.org/donate/chad-wish-list.html.

Monarchs Run Through Railers, 5-2 on Sunday

MANCHESTER, NH—The Manchester Monarchs notched their third straight win Sunday afternoon against the Worcester Railers at SNHU Arena by a score of 5-2.

The Monarchs (22-18-1-1) scored three goals in the second period against the Railers (19-18-3-2) and emerged with a win for the third straight game.

The Monarchs return to action Wednesday, January 30th at 7:00 p.m., when they take on the Adirondack Thunder at SNHU Arena. For tickets, Season Memberships and group tickets, please contact the Monarchs front office at 603-626-7825.

Visit us at ManchesterMonarchs.com, follow the team on Twitter and Instagram: @MonarchsHockey, and like us on Facebook for additional information.

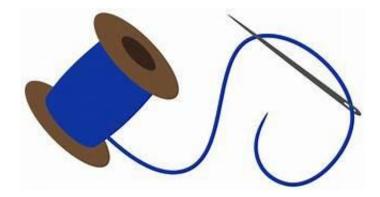
Inspiration

Stitches

By Priscilla Hull

Remember that old adage "A stitch in time saves nine"? It was supposed to teach us that if we're prepared for any circumstance we'd be sure to be a success! In this, our throw-away world of today, that message seems to be not necessary. After all, if we are just going to grow away anything that isn't working quite right, why should we bother with one stitch, let alone nine. Don't worry about a torn shirt, just throw it out and get another.

Do you suppose this throw-away mentality came about because today, most families consist of two working parents and there just isn't time to sit and mend socks, jeans, shirts? Years ago, mothers had a "mending basket". In that basket were socks with holes to be darned and all kinds of apparel that needed something repaired. Every mother had a button box because when a shirt or pair of pants or a skirt we turned into a rag, the first thing was to remove all the buttons. Those button boxes served a dual purpose. They provided replacements for buttons lost and the provided hours of amusement for children as they sorted through the buttons or strung them on a thread, or created games with them!



Times have changed, though and if we even think about replacing a button, we go to a store to find a matching button.

"A stitch in time saves nine" has application beyond the practical meaning of repairing clothes, though. It also means to be prepared for any situation that might appear. If we're always ready for any events that might take place in our lives, we'll save not only time, but we'll save the situation or we'll save ourselves further complication. Do you ever start a job, maybe baking, and find your self short one ingredient? The process comes to a shrieking halt while you figure out how to get that ingredient, or, maybe find a substitute.

Meanwhile, time is wasted and your plan is delayed if completed at all.

If we take that one stitch to be prepared or to avoid other shortfalls, our life will be a lot smoother and we'll be able to manage our time to be most productive. We always need to be ready for all circumstances. Have the extra button to fix that shirt! Make sure all ingredients for those cookies are on the shelf! In all circumstances be ready for all events that might come up! Not only will life run more smoothly, but it will be easier.

So stitch away, be ready to replace the button, or repair that tear. It might even be fun to fix something, surely it'll be easy on the pocketbook. It might even turn into a family affair, in down time, to patch the favorite jeans, or replace the button on a favorite jacket. There's always room for a button box! Creating games is good for the mind; threading buttons is great for eye hand coordination. Behind it all, there is an chance for some family fun!

Go to the ant, you sluggard; observe its ways and be wise! It has no commander, overseer, or ruler, yet it prepares its food in the summer; it gathers at the harvest what it will eat.

Proverbs 6:6-8

Priscilla Hull is the Lay Leader of the First United Methodist Church.

Calendar Of Events

CHARLESTOWN PARKS AND RECREATION COMMITTEE RECREATION NEWS

REC VS PD BASKETBALL GAME: Come on out and root for your favorite team in the annual Recreation Dept versus Police Department Basketball Game. Friday, February 22, 6:00 p.m. \$2.00 per person or two nonperishable food items per person. Food items to be donated to the Food Shelf.

SOFTBALL AND BASEBALL SIGNUPS:

Please visit the Town Office at 233 Main Street, Charlestown, during normal business hours, to sign up for softball and baseball season. Evening/Saturday signups will be announced in March.

POOL DIRECTOR AND POOL GUARDS:

Time to start planning for Summer! The CREC is accepting applications for a Pool Director and Life Guards. Training is available in February/March (dates to be determined). Guaranteed hours. Starting wage based upon experience. Please call or visit Town Office to submit an application.

RISE AND YOGA: by Krystal Boivin. Rise and Yoga will continue. All fitness levels welcome! Bring a friend! Tuesdays 5:30-6:00 AM. At the Charlestown Old Town Hall, 29 Summer St., Charlestown, NH. Suggested donation \$15. www.krystalboivin.com - Facebook: @boivinkrystal - Instagram: @krystalboivin.yoga

RECREATION COMMITTEE MEETING: The February CREC meetings will be on Feb 5 and Feb 19 at 6:00 p.m. at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPART-MENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events. for all announcements and upcoming events.

Upcoming Events for Telling His-Story (and Hers)

Saturday, Feb 9, 11am: The Pierce Manse, 14 Horseshoe Pond Lane, Concord, NH Steve Wood as Abraham Lincoln in a living history presentation hosted by the Sons of Union Veterans of the Civil War; presented with a grant from NH Humanities; free and open to the public; contact Gary Ward, 603-675-5506; http://www.nhhumanities.org/events/visit-abraham-lincoln-7.

Presidents' Day: Monday, Feb 18, 1:00 pm: A Visit with Abraham Lincoln, Concord Museum, 200 Lexington Road, Concord, MA; admission is charged; information at https://concordmuseum.org/events/a-visit-with-president-lincoln/.

From Concord, we will be driving to Groveland, MA, for a 7pm presentation that is not open to the general public, but if you will be nearby at this time, let us know and we will inquire if you can attend as our guest.

Fri, March 15, 6:30pm: A Tribute to Sarah Josepha Hale, Divine Mercy Church, 171 Wilton Road, Peterborough, NH; Sharon Wood speaks as a 19th century woman from West Cambridge, Massachusetts, in a living history presentation about the well-known editor of Godey's Lady's Book who was born in Newport, NH; hosted by the Monadnock Quilter's Guild with a grant from NH Humanities; free and open to the public; Contact Jan Hicks, 603-547-3365; http://www.nhhc.org/events/tribute-sarah-josepha-hale-2.

Thursday, May 2, 7pm: A Soldier's Mother Tells Her Story, Ashland Booster Club, 99 Main Street, Ashland, NH; Sharon Wood speaks as Betsey Phelps, the mother of a Union soldier from Amherst, New Hampshire who died heroically at the Battle of Gettysburg, hosted by the Pemigewasset Valley Chapter DAR with a grant from NH Humanities, contact Sandra Ray, 603- 968-7958; http://www.nhhc.org/events/soldiers-mother-tells-her-story-5.

Thursday, May 9, 1pm: A Soldier's Mother Tells Her Story, Rye Congregational Church, 580 Washington Road, Rye, NH; Sharon Wood speaks as Betsey Phelps, the mother of a Union soldier from Amherst, New Hampshire who died heroically at the Battle of Gettysburg, hosted by Rye Recreation with a grant from NH Humanities; free and open to the public; contact Lee Arthur, 603- 964-6281, http://www.nhhc.org/events/soldiers-mother-tells-her-story-4.

Spirit of Johnny Cash Playing at COH

CLAREMONT, NH—Claremont Opera House, WCNL Country 1010, and the Common Man Inn and Restaurant welcome The Spirit of Johnny Cash back to the Claremont Opera House by popular demand Saturday, March 9th, at 8:00 p.m. This is what country music is all about - the music of Johnny Cash. The Nashville music press has hailed this show as a "must see to believe." Harold Ford is incredible as Johnny Cash. He sings and looks exactly like the man in black - and it comes naturally.

You'll hear many of Cash's great hits, including Folsom Prison Blues, I Walk the Line, Ring of Fire, Jackson and many more. The performance also features great songs by The Highwaymen, a project that featured Cash, Waylon Jennings, Willie Nelson and Kris Kristofferson as well as Carter Family tunes. Harold Ford's performance as Johnny Cash has mesmerized many an audience, which you'll realize as you applaud for an encore!

After seeing Harold Ford play in Tennessee, Tommy Cash, Johnny's younger brother said, "I don't know how you do it, but you've got my brother's fingerprints and he would be honored."

People look forward to coming back to the Claremont Opera House see the Spirit of Johnny Cash every Spring. Reserved tickets are \$24, including handling fees and can be purchased online at www.claremontopera-house.org, in person at 58 Opera House Square in the City Hall complex, or on the Square in the City Hall complex, or by phone at 603-542-4433.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. <u>ClaremontLLL@gmail.com</u>, Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Rural Outright Announces Second Annual Rural PRIDE

Rural Outright, a community program of TLC Family Resource Center, has announced that-Rural PRIDE 2019 will be Saturday, June 15, from 12:00-3:00 p.m. at Barnes Park in Claremont. Rural PRIDE is a free annual event hosted by Rural Outright bringing together and celebrating the area's diverse LGBTQ+ community.

This year, Rural PRIDE returns with the PRIDE Festival in a new location at Barnes Park featuring booths from local nonprofit organizations and family-friendly vendors as well as performances from local talents— schedule and details to come. Rural Outright is also introducing PRIDE Around Town, a new way for local businesses to be part of the celebration. Local business supporters can now list in the PRIDE Around Town directory to offer specials, discounts, and giveaways for PRIDE attendees, or just make it easy for the crowds to find them.

If your organization or business wants have a booth at the event, or you're interested in performing on PRIDE day, visit tlcfamilyrc.org/ruralPRIDE for more details and to sign up. Contact Rural Outright at ruralNHoutright@gmail.com for sponsorship information.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide-range of free programs, support groups, and education. The Rural Outright program serves LGBTQ+ youth, their families, and allies with peer support groups, educational series, and events throughout the area. For more info:I ruralNHoutright@gmail.com or visit www.tlcfamilyrc.org.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies

Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

County Spring Plant Sale

UNITY, NH—Sullivan County Conservation District's 2019 Spring Plant Sale is here! This year's Plant Sale is now underway, featuring a variety of quality plants at good prices. The money raised from the sale supports conservation activities throughout the year, including workshops, programs and projects aimed at promoting and conserving the county's natural resources. All of the plants offered are hardy, healthy, and adapted to our growing conditions. Most are native, and none are invasive. New items this year include an assortment of trees, shrubs, and wildflowers that benefit wildlife as well as bulbs, a hosta, and a few ornamentals. Cover Crop Seed will also be sold in small quantities for home gardeners to prevent erosion and increase soil health.

Visit https://www.sccdnh.org/local-agriculture for more information and to order.

The order deadline is Sunday, March 3rd, 2019.

Plant pick-up will be on Saturday, May 4, 2019 from 9am-11am at the Ahern Building garage, Sullivan County Complex, County Farm Rd. Unity, NH.

If you would like a catalog and order form mailed to you, please contact Dawn Dextraze at 603-542-9511 x269 or ddextraze@sullivan-countynh.gov.

CDA Education Contest

Art, Essay, Computer Art, Poetry, Music and Photography are the categories included in the Education Contest sponsored by the Catholic Daughters of the Americas. Any student, boy or girl, in grades 4-12, is eligible to enter the contest. There are 3 divisions according to grade level and a student may enter more than one category. Awards are given for each division in each category. The 2018 themes are "Here I am Lord, I come to do Your will" Psalm 40 or "Doing my best to do good."

Here is an opportunity for students to apply their talents, their lively imagination and free-

Bingo at the Charlestown Memorial VFW Post 8497 Post Hall

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Eight regular games, four two-part games, and three special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, a carry-over cover-all game also paying off in 50#'s or less

or a consolation of \$150, plus the final Jackpot game paying \$150. All regular and special games are now on PAPER. Bingo is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



Got news? Send news items and photos to etickernews@gmail.com



REV. DEC. 13, 2018 Lake Sunapee Region VNA & HOSPICE 603.526.4077

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	MONTHLY	FOOT & BLOOK	D PRESSURE CI	LINIC SCHEDUL	E
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ist WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Meriden Congregational Church 12:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am — 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm Mascoma Senior Center, Canaan 9:00 am — 12:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am — 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 9:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am — 12:00 pm Bourdon Centre, Claremont 10:00 — 11:30 am Grantham Methodist Church 11:15 am — 12:00 pm Sugar River Mills, Claremont 1:00 — 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 — 2:30 pm	FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am — 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am - 12:00 pm Danbury Community Center 10:00 am - 12:00 pm Newport Senior Center 11:15 am - 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 - 4:00 pm	BLOOD PRESSURE CLINIC Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am — 12:00 pm Claremont Senior Center 11:00 am — 12:00 pm Maple Manor Apts, Newport 3:15 — 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm Lebanon Senior Center 10:00 am — 2:00 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am — 3:00 pm Lake Sunapee VNA 9:30 am — 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am - 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am - 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org

dom of thought. Applications are due by February 1, 2019. Applications and rules may be obtained from Arline Marro, CDA Education Chair, (603) 542-5933.

Town of Lempster, NH, Filing Period

The following positions will be voted on at Town Meeting on March 12, 2019:
Selectman (3 yrs.) 1 position
Planning Board (3 yrs.) 1 position
Auditor (1 yr.) 1 position
Treasurer (1 yr.) 1 position
Cemetery Trustee (3 yrs.) 1 position
Library Trustee (3 yrs.) 2 position
Trustee of Trust Funds (3 yrs.) 1 position
Supervisor of the Checklist (5 yrs.) 1 position

Filing period runs through Friday, Feb. 1, 2019, from 8:00 a.m. to noon and 3:00 p.m. to 5:00 p.m. Interested parties need to appear in person at the Town Clerk's office to complete an application of Candidacy.

Strength and Balance Exercises in Newport

NEWPORT, NH—Lilyan's Legacy Exercise Class in Newport. Strength and Balance Exercises as taught by Dr. Lilyan Wright. Volunteer-led exercises in the new downstairs activity area of the Newport Senior Citizen Center. Held Tuesdays and Thursdays, 9:30 to 10:30 AM. Spring 12-week session begins January 8. Join us at any time.

No charge for the class, but a voluntary, onetime, donation is made to the Senior Center. Exercises are centered around a chair, utilize weights (provided), and are easily adaptable to personal capability. No registration required. Questions? Contact Pris, 603-863-7970.

Funds Sought for Shipping Donated Items to Sierra Leone

SUNAPEE, NH—You may have seen the school bus parked in the St. Joachim upper parking lot, overlooking Route 11 in downtown Sunapee. The bus is filled with donated items and will be sent to Sierra Leone by Edward Kanu found of AIMS (Africa International Mission Services). Over the years, Kanu and AIMS volunteers have sent several land-sea

containers filled with humanitarian aid. Due to a period of illness, Kanu has downsized his current shipment to this filled school bus which he purchased.

Currently, AIMS is seeking cash donations to help pay the cost of shipping – approximately \$9000 (nine-thousand).

Some ask the question: Wouldn't sending the money be a better idea? Simple answer: "No." Sierra Leone has one of Africa's (and the world's) most corrupt governments, and funds would not help those they are sent for. The books, clothing, household goods, health and hygiene products will reach the intended people.

At the current time, only monetary donations are being requested. If you can help, in any amount, please send a tax-deductible donation to AIMS, 16 Central St., Sunapee NH, 03782. AIMS is a 501(c) 3 non-profit organization.





Sullivan County Humane Society would like to serve you an All-You-Can-Eat homemade

Spay-ghetti Dinner Saturday, March 2nd 4pm ~ 7pm

At the Claremont Country Club Located off of Maple Avenue

Dinner Includes: Your choice of sauce (neutered or un-neutered), Spaghetti, Bread, Salad And Dessert!

(Drinks not included, can be purchased at bar)



Sponsored in part by: Claremont Country Club All proceeds to benefit SCHS



Tickets can be purchased with these three options:

- 1. online www.pinnaclestrive.com/index.php?n=schs_spay_ghetti_dinner_2019
- 2. top at the shelter @ 14 Tremont St
- 3. at the door, the night of the dinner.

For more info visit us @ sullivancountyhumanesociety.org



The Crown Point Pigskin 5K Road Race 2019

February 3rd 2019 - 11:00 A.M. RACE START TIME (rain or shine)

- Awards ceremony held at 12:15 P.M.
- All racers need to pick up bibs and check in before race start.
- Entry Fees:
 - o FREE Kids race starts at 10:30 A.M.
 - \circ \$20: Pre race-day (Sign-up online only!)
 - Register by January 29th to be guaranteed a Pigskin 5K shirt.
 - \$25: Race-day
 - Children under 12 get \$10 off registration





SUPER BOWL SUNDAY

USATF Certified 5K Certification Code: NH17002BK

Course starts and finishes at the CSBCC

Register by January 29th to be GUARANTEED a Pigskin 5K shirt

Claremont Parks and Recreation Department

152 South Street, Claremont NH 03743

www.claremontparks.com

603.542.7019



Remembering Loved Ones...

Life Tributes 700

Obituaries May Be

Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

Gloria J. Allison, 76

Gloria J. Allison, 76, of Claremont, NH, passed away peacefully at her home on January 22, 2019.

She was born at Fort Devens in Ayers, MA, on June 6, 1942.

She is survived by her mother Virginia (GiGi) Brockelbank, a sister Chris Kittredge both of Watauga, TN, her daughter Cynthia Jangel and son-in-law Jeffrey of Claremont, a granddaughter Allison Stagnone and her husband Mitchell of Enfield, NH, a grandson Scott Jangel and his wife Becca of Lempster, NH, and her great granddaughter Brinley Mae Jangel.

She will continue to live on in the hearts of her family and her family will always cherish the laughter, love and strength she brought them. She was an inspiration to so many people through her love of life, her big generous caring heart (always helping those in need) and her strong will to survive, not matter what life threw her way. She will be greatly missed by all who knew her.

There will be no memorial service at this time and a private family graveside burial will be held in the spring.

In lieu of flowers, a donation may be made in her memory to the First Universalist Society of Hartland Church, PO Box 75, 8 Brownsville Rd, Hartland Four Corners, VT 05049.

The Stringer Funeral Home is in charge of arrangements.

Betty Lou Jarvis, 50

Betty Lou Jarvis, 50, of Stage Road in Meriden, NH, passed away unexpectedly at her home on Monday January 21, 2019.

She was born on February 2, 1968, in Claremont, NH, the daughter of Norman and Josephine (Garcia) Jarvis. She attended school in Weathersfield, VT, and graduated from Springfield High School in Springfield, VT. She worked at the Stoughton House in Windsor, VT for 20 years.

She enjoyed the outdoors, hiking, gardening, and motorcycle riding. She loved cats and shopping.

She is survived by her mother, a son, Travis Jarvis of Barre, VT; her fiancé, Richard Vitagliano of Meriden, NH; two sisters, Rose Lovell and Linda Wilcox both of Claremont, NH; two brothers, Larry Jarvis of Chincoteague, VA, and Andrew Jarvis of Perkinsville, VT.

She was predeceased by her father and her sister Barbara Martin of Newport, NH.

Service and burial will take place in the spring.

The Stringer Funeral Home is in charge of arrangements.

Dale F. Rook, 79

Dale F. Rook, 79, died after a brief illness at his home in Cornish, NH, on Tuesday, January 22, 2019, surrounded by his wife and four children.

Dale was born on March 18, 1939, in Windsor, VT, oldest son of Fred and Alyce (Wheelock) Rook. Dale grew up in Windsor, VT, where he married his high school sweetheart, Judy Howard, in 1960. Settling in Cornish, NH, they raised four children and were very active in their community. To name only a few, Dale was a founding member of the Cornish Rescue Squad, serving over 25 years; volunteered for 40 years on the Cornish Volunteer Fire Department, holding the position of President for nine years and Assistant Fire Chief for 14 years; was Cornish Fair Director for many years; held positions on the Zoning Board, Fire Warden & Deputy Warden and as town Ballet Clerk; volunteered at the Cornish Recycling Center for 14 years, provided many hours for

Eye doctors shouldn't have fine print.

-Dr. Sam Giveen

At Doctor Sam's Eye Care, everything is right up front. From eye exams to glasses to contact lenses to whatever treatment you need, our prices are as comfortable as our chair-side manner. Visit

Doctor Sam's and see for yourself.

(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital) the Cornish Neighbor to Neighbor group; and was a Charter Member of Cornish Historical Society where he self-published his "Photo Tour Around Cornish at the Start of the 21st Century" in 2004, with proceeds to the sale of the book going to the Historical Society. Dale was a communicant of Plainfield Community Church.

Dale and Judy were nominated in 2010 for the Joseph D. Vaughn Award for volunteerism in Sullivan County and acknowledgement of this award presented in Concord by Gov. John Lynch. Dale also opened his sharpening services in 1980. Rook's Sharp-All Shop was well known and gave him the opportunity to meet many people in and around his community. Sharpening services were offered free of charge to town organizations. Dale's passion to serve others was selfless and began early in life as an Eagle Scout and an enlistment in the U.S. Army between 1957-1960 where he had the opportunity to tour Europe, spending all his spare time touring the countryside with buddies and his trusty 35mm camera. He played the trumpet and French horn in the 279th Army Band.

Dale retired from Dartmouth-Hitchcock Medical Center in 2001 as a Security Officer, known as a loyal and well respected colleague. He loved being outside and up to his last few months, he and Judy would take their 2 mile daily walk.

He was predeceased by his parents, his brother and two sisters.

Dale is survived by his loving wife, Judy (Howard); Daughter Heidi and husband, Dave McGuigan, their sons Corey, Matt and wife Mary; Son Todd and wife Sheila (Nelson), their son Nate and wife Nicole, and son Joshua Carpenter; Daughter Sheri and husband Jeff LeBlanc, their daughters Lynn and Elise; Son Jason and fiancé Amber Corriveau, her three children, and Jason's son Jacob.

In lieu of flowers, contributions in his memory may be made to the Cornish Rescue Squad, and/or Cornish Fire Department, 488 Town House Rd, Cornish, NH 03745. Calling hours will be held at Stringer Funeral Home in Claremont, NH on Friday, February 1st, from 4 to 7 PM. Funeral services will be at 1 PM Saturday, February 2nd at Stringer Funeral Home followed immediately by a brief fire fighter ceremony at Cornish Engine One Fire Station and Celebration of Life at the Cornish Town Hall on Town House Rd. Along with family and friends, the family welcome's fire fighters to join us for this special presentation.

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

AARP will be at the center again this year to help with your Tax Prep (all Fridays - Feb. 1 to April 12). Call for an appointment (603) 543-5998.

Join us for a trip to the Hood Museum in Hanover, NH on Friday - February 8. Leaving center at 10 AM. Tour of museum (11 AM - 12:30 PM). Lunch on your own! Take some time to explore downtown Hanover. Trip open to senior citizens (persons over 50years of age). Cost is free. Sign up at the center or call (603) 543-5998. Drivers needed (reimbursed for mileage and parking). Program made possible through donations from our Car Show, members and local businesses and grant from NH Council of the Arts & National Endowment for the Arts.

"Sunday at the Center" on February 3 (1:00 PM till end of Super Bowl Game) welcomes members and bona-fide guests. Bring a pot luck dinner for 5:00 PM.

Meals: Tuesday - January 29...Soup, open face turkey sandwich, gravy, vegetable, dessert. Thursday....January 31...Soup, pulled pork sandwich, cole slaw, potato salad, dessert.

Grateful appreciation and thank yous are extended to our new "volunteers." Rachel Chastenay (kitchen help and other cleaning tasks). Lucy Fontaine (Lending Library Coordinator) and Betty Donovan (dusting, polishing, sweeping, vacuuming and watering our plants).

Spaghetti Dinner will be held on Saturday - February 16 (5 - 6:30 PM). Adults \$10 / Under 10 - \$6. We welcome donations of pies or favorite dessert!

Tai Chi sessions will no longer be held on Tuesday afternoon. Sessions will be held only on Wednesday evenings starting January 30 (6:00 - 7:00 PM) in the Mozden Room. Cost: \$5.00. per person.

Foot Clinics held on February 6, 9, 16 (8:30 AM - 4:00 PM). Cost is \$25 per visit. Blood Pressure Clinics on Thursday - February 7 (10:30 AM - 12 Noon) and Thursday February 21 (11 AM - 12 Noon). All sponsored by lake Sunapee Region VNA & Hospice. Call (603) 526-4077.

Silver Sneakers every Monday at 1:00 PM in Mozden Room. Cost \$2.00.!

Items still needed on our "Donations List" ... Plastic forks and knives, bottled water and disinfectant hand wipes. Yellow lined paper (8 1/2" x 11") and any monetary donations would greatly help with the monthly Newsletter. Thank you so much for your donations! A full list of other needed items is available at the front desk and also found in our monthly Newsletters.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission! "Bib" Bingo coming up on Sunday - February 10.

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Fun things to do at the center: Pool (Monday - Friday). - 9:00 AM. Exercise - Tuesday & Thursday - 10:00 AM. Coloring on Mondays 1:00 PM. Members free. Non-members \$1.00. Ping Pong - Monday & Wednesday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg on Friday - 1:00 PM. Knitters on Friday - 12 Noon. Bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

Rentals available for weddings, hourly, one-day, funeral receptions and our board room. Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is

Businesses welcome to put a Business Card size ad in our monthly newsletter. \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

Reminder that during winter months, center is closed on days of unsafe weather conditions and when schools are closed. Watch WMUR-TV.

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

A graveside service will be held at a later date.

Bradford D. Hadley

Bradford D. Hadley, formerly of Claremont, NH, passed peacefully January 16th, 2019, in Marietta, GA, after a long battle with Alzheimer's Disease.

He was born June 29, 1928, in Claremont to Leon D. and Mildred C. Hadley.

Brad was an avid woodworker and auto racing enthusiast. He lived in Florida for many years where he owned and operated a wholesale nursery.

He attended Suffield Academy, Suffield, CT, where he studied electronics and lead the school's radio club.

He was a Navy veteran serving as an aviation electronics engineer in Japan.

Bradford was predeceased by his wife, Dorothy (Brown), his parents, his sister Honorine (Bourdon), his brother Richard and a nephew, Christopher Staff.

He is survived by three nieces, Martha (Hadley) Foley, Hamilton, MA, Rhoda Staff, Unity, NH, Valerie Staff, Albuquerque, NM, two nephews, Dana Hadley, New market, NH and Steven Hadley, Marietta, GA.

A memorial service will be held in the spring in Plainfield, NH.

Claremont Fire Dept. Log

Monday, January 21

1309 E1 responded to a well-being check on Francis St.

1619 E1 responded to a medical call on Main St.

2033 E1 responded to Water St for a motor vehicle accident.

Tuesday, January 22

0200 E1 responded to Winter St to assist the PD.

1202 Car 2 responded to Spaulding St for a public assist.

2127 E1 responded to a well-being check on River Rd.

Wednesday, January 23

0124 E1 responded to South St for an alarm.

2215 E1 responded to Pleasant St for a motor vehicle accident.

2321 R1 responded to Grissom Ln for a motor vehicle accident.

2346 2348 E3 responded to a wellbeing check on Main St

Thursday, January 24

0855 E1 responded to Myrtle St for a delayed ignition.

1139 E1 responded to Central St for an alarm sounding.

1221 E1 responded to Grannis St for a downed wire.

1344 E1 responded to Chestnut St for an avalanche.

1505 E3 responded to Lempster, Mutual Aid for station coverage.

1538 E1 responded to Sullivan St for a water problem.

1619 Car 1 responded to a public assist on Ledgewood Dr.

1744 E1 responded to Opera House Sq for a car vs pedestrian.

1817 E1 responded to Arch Rd for a

flooded basement.

2120 E3 responded to Old Church Rd for a water problem.

Friday, January 25

0335 E1 responded to medical call on Broad St.

0648 E1 responded to Homestead Rd for an unknown problem.

0826 E2 responded to Beauregard St for a water problem.

Saturday, January 26

1236 E1 responded to a medical call on Myrtle St.

1537 E1 responded to Sullivan St for a car into a telephone pole.

1820 E1 responded to Bailey Ave for an alarm sounding.

1834 E1 responded to a medical call on Jarvis Hill Rd.

On Duty at the Finish Line, Miami Style

MIAMI, FL—Claremont resident Nick Koloski who keeps busy with his restaurant, Time Out Americana Grill, collecting toys for CHaD and serving as a Call Firefighter and City Councilor, somehow squeezed in enough time for a trip to Miami for this past weekend to serve as Finish Line Captain for the annual Marathon. A friend ran it last year, running with a group from MIB Agents which is a nonprofit raising funds for kids battling Osteosarcoma. "I didn't know how to watch her run and be able to see the moment she went by, so I contacted race planners," said Koloski. "I had recently completed the level 2 Fire Academy and Federal Incident Command Course 100. The race planners put me on the finish line. I worked alongside an Air Force colonel. Towards the end of the race my friend still had not crossed the finish line and medals were being packed up. To-



Nick Koloski

wards the end of the day medals are mailed to the recipients. I made it known I wanted to be there for my friend, so I unboxed medals and filled my arms with what I could carry and proceeded from the winners corral to the actual finish line. I proceeded to medal every person to make it across, including my friend."

Koloski explained, "This year I was asked to be the Finish Line Captain and run that operation. It's such an emotional experience watching people cross and know you are the one they see first and hear congratulations from you as you place the medal around their neck. I met so many people from so many countries. The fire department in Miami has a crew that runs the marathon in full turnout gear."

This year's event drew some 20,000 + participants and created who knows how many special memories.

—Phyllis A. Muzeroll

Fun in the Snow...

Some 72 kids participated in the FIS SnowKidz event on Sunday at Arrowhead called, "SnowKidz Snow Blast." This event replaced the World Snow Day event that was canceled because of winter storm Harper the previous weekend. There were two individuals who attempted to break the World Sleboggan Speed during the event. However, the fastest speed obtained was 31 MPH. The record is 35 mph, reported New Hampshire resident Bill Herrick, inventor of the Sleboggan. The event included tubing, Sleboggan train rides and raffles (Betsy Cushing photos).









Staying Active in a Small Town

By Bernadette O'Leary

The most common complaint of living in a small town: there's nothing to do. Yet, even in the smallest town, there is almost always something to do. You need only know where to look. Small towns have many ways to be active, both for fun and for participating in community affairs.

Local libraries often hold reading programs that can be fun for the entire family, while offering ways for parents and children to do something together. Another way libraries offer fun for the whole family is community events. They often hold events to raise money such as bake sales, chili cook-offs, craft shows, and more.

Local organizations also offer many events for children and parents to attend. Knights of Columbus often sponsors pancake breakfasts, depending on their locations, and churches have bazaars, craft shows, and other forms of fund raisers that welcome the public. Some churches do not even require you to be a member to volunteer.

For more family entertainment, school events abound in small towns, offering a wide variety of activities for the whole family. From sporting events to FFA shows and fundraisers, members of the community can show their school spirit and support the students and schools in their towns.

When looking for things to do in a small town, local libraries, organizations and schools are but a short trip away, and the money raised by these gatherings goes right back into the community, stimulating the economy. Yet, it does not stop there. Small towns can also offer craft shows or other gatherings that allow local business owners, entrepreneurs and more to set up booths and sell products or services to the community. The same applies to bake sales, fundraisers and charity events. Sharing these events with friends and family in other communities offers the chance to bring in people from out of town, thereby stimulating the local economy even more. While some of these events happen mostly during the Christmas season, they do not have to. Members of the community can put them together any time throughout the year.

Citizens can also find ways to keep busy by actively participating in the community. Small town Board members hold monthly meetings that are open to the public. Likewise, the local schools also offer board meetings each month. These meetings are there to discuss events and important matters that affect the entire community, and they provide citizens the opportunity to have their voices heard. Additionally, they can let people know of any upcoming events that are open to the public for community activism as well as entertainment.

Some schools participate in Special Olympics events locally and afar that welcome involvement from the community. From donating to volunteering, this provides great ways for remaining active in the community by helping local youth. This can be fun as well as civically beneficial to both the individual and the program.

Furthermore, local Kiwanis, Lions Club, and VFW groups welcome new members to their ranks. These groups offer many ways to be active within the community in which they live. Some towns offer another type of group that provides ways to stay active serving the community: historical groups. These organizations work to improve the appearance of the community while also educating the public on the town's history through events.

Living in a small town does not have to be boring. There is plenty to do if one knows where to look, and when things get quiet, members of the community, local businesses and other organizations can come together to create ways to keep things going. Therein lays the true beauty of a small town: the ability to come together and make things happen. In a small town, citizens are what keep the town alive.

