

## Arrowhead to Participate in World Snow Day Again This Year

The Sleboggan Club of New England (SCNE) is pleased to announce that SCNE is again organizing the local World Snow Day event to be held on January 20, 2019, at the Arrowhead Recreation Site. Atomic Skis is the new official partner for this event.

Ski Manufacturer Atomic and FIS program Bring Children to the Snow have entered into a partnership to bring the next generation to snow sports.

For the past nine years, Bring Children to the Snow has brought together a multitude of snow sports stakeholders. With over 60 years of experience in ski manufacturing, a globally recognized brand, a strong presence on the FIS Alpine and FIS Cross-Country World Cup tours and the motto of "We are skiing", Atomic is a natural fit to represent the ski manufacturing community within the Bring Children to the Snow program.

FIS President Gian Franco Kasper commented "Bring Children to the Snow seeks simply to bring children and people to snow sports. Through their products Atomic has been doing this for over 60 years making them a perfect fit for the program. We are very happy to have them on board."

Atomic's General Manager Wolfgang Mayrhofer continued, "It's important for us that we keep our sport attractive for the next generation and bring kids back to snow. We are a very proud partner and it's great to team up with the FIS to support this cool program."

As part of the partnership Atomic will receive the title of "Official Ski" of Bring Children to the Snow's programmes SnowKidz and World Snow Day. As a first step in the partnership, FIS and Atomic will work together with a giveaway that will take place in the 2018/2019 season. Details about the giveaway will be announced at a later date.

The Sleboggan was invented by Bill Herrick of Wilmot, NH. A device for guiding a toboggan, it allows a person lying on a toboggan to hold the Sleboggan with their hands to steer a path down a snow-covered hill.



## 77% of Hunters Successful in 2018 New Hampshire Moose Hunt

CONCORD, NH—New Hampshire's 2018 moose season wrapped up with hunters taking a total of 41 moose – 35 bulls and 6 cows – according to preliminary numbers from New Hampshire Fish and Game Department Moose Biologist Kristine Rines.

That means that hunters achieved a 77% success rate during the nine day season. A total of 53 hunters took part in the hunt including 51 lottery permit holders, 1 permit auctioned by the Wildlife Heritage Foundation of New Hampshire, and 1 Hunt of a Lifetime participant. In 2017, the overall success rate was 69% and has averaged 70% over the previous four years.

Throughout the Granite State this season, preliminary numbers show moose hunters hav-

ing a 90% success rate in the Connecticut Lakes Region, 88% in the North Region, 67% in the White Mountain Region, 83% in the Central Region, and 40% in the SE Region. No permits were issued in the SW Region.

More than 6,140 people entered the moose hunt lottery this year for a chance to win a permit for the New Hampshire moose hunt. Additional information will be available in a future hunting report once all registration data has been verified and analyzed.

## Mariners Battle Back For 6-4 Victory

### Five third-period goals stun Monarchs

PORTLAND, ME—The Manchester Monarchs fell to the Maine Mariners, Saturday night, by a score of 6-4, at the Cross Insurance Arena.

(Continued on page B2)

## Monarchs, from B1

The Monarchs (8-7-1-1) gave up five third-period goals to the Mariners (8-6-0-1), and had their four-game winning streak snapped.

The Monarchs opened the scoring at 4:21 of the first period on the fourth goal of the season by Zeb Knutson. Nic Pierog got to the puck first in the offensive zone and pushed the puck free to Knutson in the slot, who had just stepped out of the penalty box. Knutson sent a shot past the glove of Mariners goaltender, Brandon Halverson, to make the score, 1-0.

The Mariners battled back and tied the game at 10:54 of the second period on the second goal of the season by Riley Bourbonnais. Bourbonnais skated into the offensive zone on a two-on-one and wristed a shot past the glove of Monarchs goaltender, Cole Kehler, to make the score, 1-1.

The Monarchs regained the lead at 13:13 of the second period on the first goal of the season by David Kolomatis. Kolomatis kept the puck in at the right point and sent a shot towards goal, through traffic, that found its way through the legs of Halverson, giving the Monarchs a 2-1 lead.

Manchester added to their lead at 17:55 of the second period on the second goal of the game and fifth goal of the season by Knutson. Knutson snapped a shot through the five-hole of Halverson on an odd-man rush, to extend the Monarchs lead to 3-1.

Manchester made it a three-goal game at 3:52 of the third period on the first goal of the season by Michael Doherty. Halverson lost the puck between his skates on a clearing attempt, when Doherty crashed the net and pushed the puck over the goal line, to make the score, 4-1.

The Mariners responded at 6:39 of the third period on the third goal of the season by Michael McNicholas. Ty Ronning sent a pass to McNicholas at the bottom of the right circle, where he one-timed a shot past Kehler, to make the score, 4-2.

Maine made it a one-goal game at 8:07 of the third period on the first goal of the season by Ty Ronning. Brycen Martin took a shot from the right point, where Ronning tipped it in front of the net, past Kehler, to make the score, 4-3.

The Mariners tied the game at 12:14 of the third

period on the second goal of the game and the season by Ronning. After ringing the cross-bar and nearly tying the game moments before, Ronning took a shot from the top of the left circle, that deflected off the glove of Kehler and into the net, tying the game, 4-4.

The Mariners took the lead for the first time in the game at 15:58 of the third period on the first goal of the season by Vince Pedrie. McNicholas dropped a pass at the blue line on the rush, where Pedrie wristed a shot from the tops of the circles and snuck the puck past the arm of Kehler, to make the score, 5-4.

Ronning finished off the game with an empty-net goal, completing the hat trick, at 19:14 of the third period, to end the game, 6-4.

The Monarchs return to action Friday, November 30 at 7 p.m., when they take on the Adirondack Thunder at SNHU Arena for the Stuff-A-Cruiser, Toys-For-Tots game, presented by Josh's Toys and Games and the New Hampshire State Police. For tickets, Season Memberships and group tickets, please contact the Monarchs front office at 603-626-7825.

Visit us at ManchesterMonarchs.com, follow the team on Twitter and Instagram: @MonarchsHockey, and like us on Facebook for additional information.

## There's Still Time to Nominate for the NH Fish and Game Commission Awards

CONCORD, NH — Do you know an organization or person who has made a difference to New Hampshire's wildlife, fisheries, or open land? Why not honor them with a nomination for a New Hampshire Fish and Game Commission Award of Excellence! Nominations are due by December 31.

Each year, the Commission recognizes deserving individuals and organizations for outstanding achievements that help further the Fish and Game Department's mission. There

are several different categories in which awards are made, so select the one that best fits your nominee.

To nominate a person or organization for one of these awards, download the nomination form at [www.wildnh.com/about/documents/awards-of-excellence.pdf](http://www.wildnh.com/about/documents/awards-of-excellence.pdf). Forms are also available at Fish and Game offices, or you can call (603) 271-3511 to request one by mail.

Send your nomination package, postmarked no later than December 31, 2018 to: Commission Awards Program, N.H. Fish and Game Department, c/o Tanya Haskell, 11 Hazen Drive, Concord, NH 03301. Electronic submissions are not accepted. Posthumous nominations are welcomed.



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# Inspiration

## Coffee!

By Priscilla Hull

America runs on it! Or so we're told. I'm not sure, but in years gone by I did! My husband, on the other hand, had one cup when he went into his office, heavily laced with cream and sugar (and I mean heavily) that lasted him all day! By the time he went home there was about a quarter of a cup of ice cold coffee which he gulped down! Me! I have to have it hot and pure! No sugar, no cream to muddy up the flavor.

I come from a farm background where heavy cream was available which is what Mom used for years until one day she tried it black which was how her four girls drank it. She never used cream again. (Dad never drank coffee). I only started drinking coffee because at the end of the school year, cleaning and closing the dorm, we had nothing to drink one night except black coffee. (Can you imagine this, no milk available at UNH?). I discovered the joy of rich, dark coffee and so it has been ever since.

My first coffee pot was a stovetop percolator. I used it for years. I think I wrote about sitting on the porch with our next door neighbor in the quiet of the early morning watching the birds and enjoying that good coffee. I wore that pot out and the next available thing was an electric drip pot. It made good coffee, but lacked the body of perked coffee. I lived with it for years, though and enjoyed it.

Sometime during those early years I enjoyed espresso and Greek/Turkish coffee. I still love both. I just don't get them much. Greek/Turkish coffee is a muddy sweet brew. Grind the coffee into powder, cover the bottom of the pot (pictured) add a little sugar, boil it three or four minutes and pour into a cup. Enjoy! You have to love coffee to love this!

After the electric drip pot came those individual cup makers! First, the coffee is never hot enough and honestly, it is never intense enough. It is good, but it just feels watery. I enjoy it, though and it beats having no coffee. Then I purchased a French coffee press. It makes excellent coffee that you can really sink your teeth into. Delicious! However, it is hard to keep hot for that second cup!

This year, on my birthday, I received a stovetop percolator. I remembered how to make it and am now enjoying, hot, strong coffee in the morning! Great! It's hot, I can sink my teeth into it and it's delicious!

Of course, now I'm drinking decaf exclusively. It'll never be "real", but I make just enough each morning to make myself happy. Isn't that what life is about? Let's keep ourselves happy so that we can make others happy!

What's your happy memory?

So I concluded there is nothing better than to be happy and enjoy ourselves as long as we can. And people should eat and drink and enjoy the fruits of their labor, for these are gifts from God. Ecclesiastes 3:12-13

*Priscilla Hull is the Lay Leader of the First United Methodist Church.*



## Calendar Of Events

### New MakerSpace Classes & Events This Week

CLAREMONT, NH—The Claremont MakerSpace is hosting an array of events and classes this week that you won't want to miss! Check out the list below, and RSVP at [www.-claremontmakerspace.org/events](http://www.-claremontmakerspace.org/events).

11/27: MakerSpace Open House! 11/27: 3D Print Club

11/27: Quilting Machine Training 11/29: Make A Silver Ring

12/1: Making Copper Ornaments 12/1 & 12/2: Jewelry Studio Training

If you have any questions about these classes or the Claremont MakerSpace in general, please contact us at [info@twinstatemakerspaces.org](mailto:info@twinstatemakerspaces.org). Or you can swing by the MakerSpace for the Open House on 11/27, from 7pm-9pm, and see what the place is all about!

### Pie & Punch Community Conversation

The Claremont Partners in Education, C-PIE, and the Kiwanis Club of Claremont cordially invite you to kick off the holiday season with an evening of music and mingling. Tuesday, November 27

4:00pm-6:00pm

The Teal Lantern Room,  
111 South St, Claremont, NH

Drop in anytime to enjoy pie & punch and connect with partners from across our great community.

Music by SHS & CMS Band Students

### CHARLESTOWN PARKS AND RECREATION COMMITTEE OUR TOWN RECREATION NEWS

RISE AND YOGA: by Krystal Boivin. You're invited to join me for a vinyasa flow! All fitness levels welcome! Bring a friend! Tuesdays 5:30-6:00 AM. At the Charlestown Old Town

Hall, 29 Summer St., Charlestown, NH. Suggested donation \$15.

[www.krystalboivin.com](http://www.krystalboivin.com) - Facebook:

@boivinkrystal - Instagram: @krystal-boivin.yoga

CHARLESTOWN CHRISTMAS CRAFT FAIR: The Charlestown Recreation Dept invites you to our first Christmas Craft Fair to shop for those unique Christmas gifts. Concessions will be available. A 50/50 drawing and raffles. Drawings will be at 2pm. No need to be present, but arrangements must be made to pick up your prizes.

Date: Saturday, Dec. 15, 9am to 3pm

Place: Charlestown Primary School, 84 East St., Charlestown NH

COACHES, REFEREES, UMPIRES: Basketball Coaches are needed for the practices and games that start first week of December. Please contact the Charlestown Rec or Town Offices asap!

### CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

### Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

### Silsby Library Nov. News

CHARLESTOWN, NH—November is Home Healthcare and Hospice Month and we are working with HCS to raise awareness. This month our book display will highlight resources available in our community to support those who need care and their families. Several new titles have been added to our collection and they will be available for check out. Book lists, brochures, bookmarks and other takeaway materials will be available as well. Our goal is to make you all aware of the help available to you or a loved one for comfort, care and support when home is where you want to be.

Story Hours continue on Tuesdays at 10:30 am. Lap sitters toddlers and pre-schoolers along with their caregivers are welcome for a morning of stories and craft activities. We are offering an afternoon session as well. This is a great time for our story hour "graduates", who have a full day of school, to spend a bit of quality time at the library. Friday mornings we are again welcoming toddlers for our library play time. It is a great time for moms and tots to socialize and have fun. We share LOTS of giggles.

Just a reminder about Open eBooks. This program through First Book gives kids access to a digital library of thousands of popular and award winning children's and YA books for free! Bring your kids to the library to get their log in and pin and to find out about the free app that allows them to download up to 10 books at a time on their mobile digital device. This program is available to ALL Charlestown's children whether they are library users or not. Open eBooks goal is for all children to have access to books at home for pleasure reading either independently or with family.

Keep up with all the library's special events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page at <http://www.silsbyfree.org>.

If you have any questions, cares, or concerns feel free to contact us at [silsby@charlestown-nh.gov](mailto:silsby@charlestown-nh.gov). We are always happy to hear from you.

If you want to know what is new to the collection you can go to LibraryThing. Sign in is Silsbypl and password is 03603, or you may check our library catalog at <https://silsby.follettdestiny.com/>.

### Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the

LLLI website. [ClaremontLLL@gmail.com](mailto:ClaremontLLL@gmail.com), Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

## Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

## Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at [claremontscout@gmail.com](mailto:claremontscout@gmail.com) for more info or come and join us at one of our upcoming meetings.

## Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

## Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

## Brownsville 2018 Holiday Happenings

BROWNSVILLE, VT—Kick off your holiday season in Brownsville at one or all of the happenings taking place on December 1st.

9:00 – 2:00 Brownsville Christmas Bazaar at Town Hall  
 11:00 – 1:00 Luncheon at the Bazaar  
 4:00 Brownsville Holiday Tree Lighting, Caroling, Refreshments & Santa across from Town Hall  
 5:30 Christmas Concert at Brownsville Community Church

On Saturday, December 1st, various committees of the Brownsville Community Church, West Windsor's Beautification Committee and West Windsor Fire Department will sponsor three festive holiday events.

At 5:30 on Saturday, December 1st, the community will be treated to a concert of Christmas music at the Brownsville Community Church. Rev. Christian Huebner has arranged this concert which will feature talented musicians of all ages. This concert is the last of a series of free-to-the-public concerts the Brownsville Community Church has offered to the public this year. Contact the Brownsville Community Church at [bc-churchvt@gmail.com](mailto:bc-churchvt@gmail.com) for more information on the Christmas Concert.

Before the concert, at approximately 4:00 at the West Windsor Town Hall (Route 44 & Brownsville Hartland Rd.) there will be the Town Holiday Tree Lighting. There will be caroling, a fire pit, tasty refreshments and two special visitors from the North Pole! Contact Jim Curry of the West Windsor Beautification Committee at 802-484-0138 for more information on the Brownsville Holiday Tree Lighting festivities.

Start the day with Christmas shopping at the famous Brownsville Christmas Bazaar from 9 a.m. until 2:00 at the West Windsor Town Hall. The ladies of the United Methodist Women's group have, once again, pulled together a fine gathering of artisans and crafters who will be selling their wares at the Christmas Bazaar.

And, shoppers at the Bazaar will enjoy Christmas music by West Windsor fiddler, Adam Boyce.

Shoppers can also recharge with a fine lunch starting at 11:00, when the ladies will be offer-

ing an array of delicacies including homemade soups, salads and sandwiches as well as freshly baked deserts.

This dedicated group of women has accomplished many things this past year. All of the monies that the United Methodist Women raise through seasonal bazaars, craft sales and food events go to various charities as well as to sustain the greater church community. The UM Women's group openly encourages any like-minded individuals to join them in their efforts. Contact Gail Britton at 802-674-6805 for more information on the Bazaar. Contact Ann Matthews for information on the United Methodist Women's group at 802-484-5502.

Thank you to West Windsor Fire Department who put up the lights on the Holiday Trees and who will transport Mr. & Mrs. Claus into town, United Methodist Women's group for organizing and running the famous Brownsville Christmas Bazaar, the Brownsville Beautification Committee for arranging for the tree lighting festivities and Brownsville Community Church for making possible, yet again, one more free-to-the public concert.

Admission is free for all the events on December 1st; a free-will offering will be accepted at the church concert to help offset costs.

### SATURDAY, DECEMBER 8 Santa is coming to town!

CLAREMONT, NH—He will be at the Claremont Rent-A-Center in the Market Basket Plaza on Dec 8th from 10-2. Kids, families and pets welcome to visit with Santa and get their picture taken. Photos will be printed while you wait-or you can have the electronic version e-mailed to you! Prices are as follows: 4x6 \$5, 5x7 \$7, e-mailed image \$7. Yummy treats will also be available! To benefit Sullivan County Humane Society!

### SATURDAY, DECEMBER 8 Christmas Traditions Dinner Saturday, December 8; 5:00-6:30 pm Plainfield Community Church, 1094 Rte 12-A

Buffet Includes turkey, ham, French meat pie, brisket enchiladas, plus all the fixings and homemade pies & eggnog. Please use our front entry (with ramp & chair stair) and enjoy music & appetizers in the sanctuary while you wait to be seated downstairs. \$15/adults (2/\$25); \$5/children (5-12), under 5 free; take-out available.

# Santa is coming to Town!

**Photos  
with  
Santa**



**Pets  
Kids  
&  
Families!**

**Join us on Saturday, December 8<sup>th</sup> 2018  
from 10-2 @ the  
Claremont Rent-A-Center**

### **Photo Prices:**

**4X6                      \$5.00**

**5X7                      \$7.00**

**Digital emailed file   \$7.00**



Join SCHS and Santa for a fun photo-op! There will also be some delicious homemade baked goodies! Rent-A-Center is going to sweeten the day by offering a special as a thank you for coming out and supporting a local non-profit!



**From all of us at Sullivan County Humane Society, thank you for your support!**

**All photo and bake sale proceeds to benefit the Sullivan County Humane Society**

## Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

## Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to [etickernews@gmail.com](mailto:etickernews@gmail.com)



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REV. MAY 29, 2018

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## MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1st</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm  <b>FOOT CLINIC</b> Plainfield Library 1:00 – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	<b>BLOOD PRESSURE CLINIC</b> Newport Rite Aid 11:00 am – 1:00 pm <b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	<b>BLOOD PRESSURE CLINIC</b> Claremont Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>2nd</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> Charlestown Senior Center 11:00 am – 1:00 pm  <b>FOOT CLINIC</b> Charlestown Senior Center 10:00 am – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm  <b>FOOT CLINIC</b> Sugar River Mills, Claremont 12:30 – 2:30 pm	<b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>3rd</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> Lebanon Senior Center 10:00 am – 12:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm  <b>FOOT CLINIC</b> Marion Phillips Apts, Claremont 1:00 – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm  <b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>BLOOD PRESSURE CLINIC</b> CSB Community Center, Claremont 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> North Ridge, Warner 9:30 – 11:30 am
<b>4th</b> WEEK of the month	<b>FOOT CLINIC</b> Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	<b>BLOOD PRESSURE CLINIC</b> Warner Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Newport Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Plainfield-location varies 11:30 am – 1:30 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> Warner Pharmacy 9:30 am – 12:00 pm  These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: <a href="http://www.lakesunapeevna.org">www.lakesunapeevna.org</a>

## *What does Advent mean?*

*Come and learn more about this most important time of the year.*



*Beginning December 2nd, join us for 4 weeks as we explore the meaning behind the Advent themes of Hope, Joy, Love & Peace*



*First United Methodist Church  
38 Summer Street, Claremont  
Service at 9:30 AM  
Christmas Eve service at 7 PM*

*Find us on Facebook - Phone 603-542-5783 - Email: [clumc@myfairpoint.net](mailto:clumc@myfairpoint.net)*



Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsclaremont.com](http://www.etickernewsclaremont.com)

#### Diamontina Rego, 90

Diamontina “Tina” Rego, 90, passed peacefully on November 19, 2018, at the Sullivan County Nursing Home. She was born on April 20, 1928, in South Dartmouth, MA, to John and Mary DeMello.

On September 2, 1949, she married Aristedes “Bill” Rego in a little church in the village of Padanaram, located in Dartmouth; Bill predeceased Tina in 2011. While living in Dartmouth she was a devoted full-time mother and housewife. Tina loved sewing, knitting, gardening, and camping with her family. She and her husband traveled the US in their motor home in the 70’s and 80’s. In 1988 they moved to Claremont, NH, to be close to their grandchildren. They enjoyed their little home in the country, where they gardened in the summer and camped in Florida during the winter months, enjoying country music, and singing around the campfire.

She leaves behind a daughter, Bonita “Bonnie” Miles, and her husband Jim, of Claremont, NH; her son Lawrence Rego and his wife Michele of Wingate, NC; three grandsons, Joel Pickering and his companion Kelly Sheehan of Northwood, NH; Jonathon Pickering and his wife Jenny of Weare, NH; Christopher Pickering and his wife Jessica of Bradford, NH; a granddaughter, Molly Rego Hawkins and her husband Brandon of Asheville NC; six grandchildren: Katrina, Arianna, Thomas, Sam, Brooke, and Haley Pickering.

There will be a private ceremony in the spring. Donations may be made to Sullivan County Nursing Home, Activities Dept. 5 Nursing Home Drive Unity, NH 03743

#### Marilyn B. Livingston, 94

Marilyn B. Livingston, 94, of Grissom Lane in Claremont, NH, died November 14, 2018, at her home surrounded by her loving family.

She was born in Claremont, NH, on October 13, 1924, the daughter of Carl and Hazel (Jeffords) Brown. She was a lifetime Claremont resident, attending Claremont schools and graduating from Stevens High School, Class of 1942. Marilyn was an integral part of Union Episcopal Church where she sang in the choir and was active in the Episcopal Church Women. She taught Sunday school for many years as well as serving as its superintendent. She was very active in 4-H as leader of the Lucky Leaf 4-H Club, including teaching sewing and cooking. She made dolls, doll clothes and her daughters’ prom dresses. She made the best tomato marmalade and rhubarb conserve and was famous for her homemade

pink applesauce. After her children were grown, she became a Certified Nursing Assistant and worked at the Sullivan County Home for 12 years. She married Ervin Fitch Livingston on September 15, 1943. He predeceased her on August 28, 2014, one month shy of their 71st anniversary.

Marilyn is survived by their five children: a son, Bruce Livingston, Claremont, NH; four daughters, Karlaine Livingston, Claremont, NH; Hazel Piper and her husband, Larry, Reading, MA; Susan Shuford and her husband, Richard, Townsend, MA; April LeClair, Hollywood, FL; nine grandchildren, Jessica Piper and her husband Victor, Justin Piper, Zachary Piper and his wife Katy, David Shuford, Rebecca Shuford, Paul Livingston, Erica Livingston, Tristan LeClair, and India Dansereau; two great-grandchildren, Anderson Piper and Paige Livingston, with a third expected soon; a cousin, Kayren Morrill, and six nieces and ten nephews.

She was predeceased by three brothers, Dwight Brown, Cecil Brown and Lloyd Brown, two sisters, Beverly Jones and Elaine Felton, one niece and three nephews.

“The true primary-care provider is Mom.”

-Dr. Sam Given

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)

There will be no visiting hours. A Memorial Service will be held at 12:00 noon on Saturday, Dec. 15, at Union Episcopal Church with Rector Richard Davenport officiating. A reception in the Parish Hall will follow immediately after the service.

Graveside committal services will be held at a later date.

In lieu of flowers, donations may be made to a charity of your choice.

Arrangements have been entrusted to the Roy Funeral Home and Cremation Service. For more information or to leave a message in the family guest book please visit [www.royfuneralhome.com](http://www.royfuneralhome.com).

### Elaine F. Bresett, 75

Elaine Florence Bresett, 75, of Claremont, NH, passed away on November 15, 2018 at the Jack Byrne Center in Lebanon, NH.

She was born in Claremont on December 24, 1942 the daughter of William and Ruby Hopkins.

Elaine was a graduate of Stevens High School in the class of 1961.

She had been an LNA most of her life. She enjoyed spending time with her family and friends and playing bingo.

She is survived by her son, Todd Bresett and his wife, Lisa of Maine; daughter, Heather McNamara and her husband, Dennis of Claremont; four grandchildren, Kyle and Zach Bresett, Samantha Brower and Michael McNamara; her brother, Theodore Hopkins and many nieces and nephews.

She was predeceased by her parents; brother, Bradley Hopkins; sisters, Lucille Thurston and Anne Hopkins and her ex-husband, Norman Bresett.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Wednesday, Nov. 28th, from 1 to 2 PM. A funeral service will be at the Funeral Home at 2 PM with Priscilla Hull officiating. Burial will follow in Mountain View Cemetery.

Donations may be made in her memory to Norris Cotton Cancer Center, One Medical Center Drive, Lebanon, NH 03756.

### Christopher A. McNutt, 53

Christopher A. McNutt, 53, passed away suddenly on November 15, 2018.

Chris was born in upstate New York and spent most of his childhood in Berkshire, VT.

## Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

Reminder that during winter months, center is closed on days of unsafe weather conditions and when schools are closed. Watch WMUR-TV.

Meals schedule: Tuesday - November 27 Soup, macaroni & cheese, vegetable, dessert. Thursday - November 29 Soup, tourtiere (port pie) potatoes, vegetable, dessert.

Tai Chi sessions next week will be on Tuesday - November 27 (1:00 - 2:00 PM) and same session on Wednesday - November 28 (6:00 - 7:00 PM). Both sessions held in Mozden Room.

A pot luck dinner and movie will be held December 2 (Miracle on 34th St.) and a movie only on Dec. 11 (Holiday Inn). Another pot luck dinner / movie Dec. 16 (White Christmas). A sign-up sheet is available at the front desk or give us a call.

Foot Clinics on December 5. 12. 19 (8:30 AM - 4:00 PM) sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077. Cost is \$25 per visit.

Next Senior Men's Breakfast on Monday - December 10. Doors opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM.

Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Free Blood Pressure Clinics on December 6 (10:30 AM - 12 Noon) and December 20 (11:00 AM - 12 Noon) in the Mozden Room.

"Bingo Callers" needed. If you are interested in helping the center with this event please give the center a call . . . (603) 543-5998.

Free Blood Pressure Clinic on December 6 (10:30 AM - 12 noon) and December 20 (11:00 AM - 12 Noon) in the Mozden Room.

American Red Cross Blood Drive on Monday - December 17 (12 Noon - 5:00 PM). Food concession sponsored by Claremont Knights of Columbus and Out of the Ordinary Pizza. For appointments call 800-733-2767.

Silver Sneakers every Monday at 1:00 PM. Cost is \$2.00 for members and non-members!

A full list of needed items for our "Donations List" is available at the front desk and the November Newsletter. Items most frequently used...Ground coffee, Gift Cards (Market Basket), facial tissues, small containers of hand sanitizers and bags of ice melt.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free/non-mem. \$1.00.

"Volunteers" needed to help with dusting, mopping, sweeping, vacuuming! Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates available for \$20.00.

Come see our "Brick Wall." Purchase a "Memorial Brick" for \$100.00 in memory of family members and friends. Bricks in honor of living family members and friends available.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site ([cnhcs.org](http://cnhcs.org)).

He then moved to Charlestown, NH, where he graduated from Springfield High School in Springfield, VT in 1983.

Chris is survived by his wife, Stephanie of North Charlestown, NH, and daughter, Emily of Newport, NH, his brother, Ray McNutt of Indiana, nephews, Will and Matt also of Indiana, an Aunt Beverley of Alburgh, VT, and various cousins. He is also survived by his mother-in-law, Joan Slade of Claremont, NH, and brother-in-law, Peter Slade of Hallowell, ME.

He was predeceased by his mother, Shirley (Moore) McNutt and father, Larry McNutt, father-in-law, Paul Slade and a brother-in-law, Matt Slade.

Chris worked at Marro's Home Center as an assistant manager for 33 years. He was a helpful wealth of knowledge, with many friends and acquaintances and a valued employee who had a close relationship with Patty and the whole Marro family and coworkers.

Through high school, Chris played football and became an avid fan of the Minnesota Vikings.

Visiting hours will be on Tuesday, Nov. 27th, at the Stringer Funeral Home, 146 Broad Street in Claremont from 5 to 7 PM with a prayer service at 7 PM with Father Shawn officiating.

## Claremont Fire Dept. Log

**Sunday, Nov. 18 - Saturday, Nov. 24**

### **Sunday**

1208- E3 responded to Central St for a medical call

### **Monday**

0018- E3 responded to Anderson St for a medical call

1544- E3 responded to School St for a well-being check

1724- E3 responded to Sullivan St for alarms sounding

### **Tuesday**

0101- E3 responded to Manor Dr for a water problem

1140- E3 responded to Broad St for alarms sounding

1156- E3 responded to Old Church Rd for a medical call

1312- E3 responded to Raymond Pl for a well-being check

### **Wednesday**

0257- E3 responded to West Pleasant St for a medical call

0917- E3 responded to Pleasant St for a municipal box alarm

1728- E3 responded to High St for a water problem

1759- E3 responded to Royce St for an Illegal Burn

1951- E3 responded to North St for a medical call

2002- E3 responded to North St for a well-being check

### **Thursday**

1000- E3 responded to Fisk Pl for an oven problem

1443- E3 responded to Webster Ave for a motor vehicle accident

1501- E3, L2 responded to Main St for an odor investigation

1542- E3 responded to Jacqueline Ave for alarms sounding

### **Friday**

0521- E3 responded to Washington St for a medical call

0534- L2 responded to Manor Dr for a medical call

0838- E3 responded to Hanover St for alarm sounding

0843- L2 responded to Washington St for a motor vehicle accident

1418- E3 responded to North St for a medical call

1534- E3 responded to Union St for a public assist

2001- E3, L2 responded to Heritage Dr for a smoke investigation

2017- L2 responded to North St for an odor investigation

2148- E3, L2 responded to winter St for a municipal box alarm

### **Saturday**

1150- E3 responded to Maple Ave for a medical call

1807- E3 responded to Main St for an odor investigation

1910- E3 responded to Washington St for a gas leak

2053- E3 responded to Main St for a motor vehicle accident

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)

### **THURSDAY, NOVEMBER 29**

**November Science Pub: Life on Mars Starting at our usual time of 6pm, we'll be talking about life on Mars.**

Exploration of Mars has been a fascination for generations, inspiring books, movies, and songs. Since the late 20th century, human exploration with probes, landers, and now rovers, have yielded a dramatic increase our knowledge of this planet, but engineering these complex interplanetary missions has not been without failure -- only about one third of these efforts ends in successful missions. Come to this month's Science Pub to learn what these successful explorations, such as the Mars Exploration and Mars Science Laboratory rovers, have taught us about Mars' past, whether life could have evolved on the red planet, and where future missions might explore to find evidence of life.

Check our Outreach page for past events, podcasts, and updates on discussion leaders: [https://www.dartmouth.edu/~academico Outreach/programs/science\\_pub.html](https://www.dartmouth.edu/~academico Outreach/programs/science_pub.html).

### **SUNDAY, DECEMBER 16**

**Plainfield Community Church**

**1094 Rte 12-A**

**FREE SOUP & SANDWICH**

**LUNCH 11:30-12:30**

**COOKIE SWAP 12:30-1:30**

Bring 3 dozen cookies of one kind with the recipe to share, and a container to take other cookies home. Coffee, tea and punch provided. Chimers Bell Choir Christmas Concert, 2:00 p.m. Donations welcome.

### **CDA Education Contest**

Art, Essay, Computer Art, Poetry, Music and Photography are the categories included in the Education Contest sponsored by the Catholic Daughters of the Americas. Any student, boy or girl, in grades 4-12, is eligible to enter the contest. There are 3 divisions according to grade level and a student may enter more than one category. Awards are given for each division in each category. The 2018 themes are "Here I am Lord, I come to do Your will" Psalm 40 or "Doing my best to do good."

Here is an opportunity for students to apply their talents, their lively imagination and freedom of thought. Applications are due by February 1, 2019. Applications and rules may be obtained from Arline Marro, CDA Education Chair, (603) 542-5933.



**The Claremont City Council will hold a public meeting on Monday, November 26, 2018, at 6:00 p.m. in the Council Chambers of City Hall. NOTE: DIFFERENT DATE AND TIME**

**AGENDA**

6:00 PM 1. PLEDGE OF ALLEGIANCE

6:02 PM 2. ROLL CALL

6:04 PM 3. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))

4. NEW BUSINESS

6:15 PM A. Discussion with State Legislative Delegation about Legislative Priorities

7:00 PM 5. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, December 12, 2018, at 6:30 p.m. in the Council Chambers at City Hall.

## Oklahoma City National Memorial & Museum



By Bernadette O'Leary

Where were you at 9:02 a.m., April 19, 1995? This is a question many Oklahomans are asked. Any old enough to remember the bombing of the Alfred P. Murrah Federal Building that day can tell you precisely where they were. However, those who were too young to remember or were born later can only imagine the devastation of that day or the unity that followed. For the younger generations to understand what happened, they must visit the Oklahoma City National Memorial and Museum. I visited the museum myself to see what it was like.

Before beginning the tour, I had the chance to visit the memorial's archives. This is where evidence, documents, gifts left at the Memorial Fence, and more are stored. Among these items were personal items that once belonged to the victims who lost their lives. One such item was a putter set which was left on the memorial chair of victim Don Burns. No one knew who left this set, so staff members investigated it. They discovered that Burns' daughter left it as a Christmas present for her father, feeling she would have given it to him had he still been alive. Another item was a large ship made from pieces of animal horn. The ship was a childhood toy of victim Thomas Hawthorne, Sr., that he got while on one of his favorite family vacations.

The tour itself began in an empty room with the sound of a woman who seemed to be making a phone call emanating from speakers overhead. Nothing appeared out of the ordinary, until everything changed. The lights flickered, and the senses were overloaded with clattering sounds that were indistinguishable at first. Then, a door opened to reveal a television screen which showed the Federal Building with a huge chunk missing and smoke pouring from the gaping hole. Damaged artifacts lined the walls on each side, and the sounds became more distinguishable. They were the sounds of chaos. The artifacts in the next room consisted of children's shoes, sets of keys, mangled pieces of cars and the building, and more. It was clear that the sights around the room and the sounds of old news broadcasts detailing the events from overhead had an impact on the visitors. Many who had previously been visiting happily were now rendered silent and solemn.

The tour transitioned from the phone call, which recorded the attack, to images and debris from the blast. From there, the exhibits led the way through each moment of the aftermath, including the response by authorities and media. The final section detailed the capture, trials and punishments of perpetrators Timothy McVeigh and Terry Nichols.

Outside, visitors can continue their visit by viewing the memorial. The memorial is made up of many sections, but the focal points are at the center. Two monument walls depict the times 9:01 and 9:03. Between them is a reflecting pool, marking the moment of disaster at 9:02, designed to calm and soothe as the visitors stare at their reflections, changed forever by their visit. A field of empty chairs near the reflecting pool signify each life lost, large chairs for the adults who lost their lives and small chairs for the children.

Staff member Carol Red described working at the memorial. "I feel like we're helping people understand what happened, and we're also helping to keep the memories alive of the victims and the survivors," stated Red. Her words summed up the very spirit behind the memorial.

