



It was a hard fought defensive battle Saturday afternoon for the SHS football team. Campbell outlasted the Cardinals in the Div. 3 semi-finals at Gill Stadium; the final score was 8-0, bringing an exciting season for the Red Birds to a close. Left: Varsity Head Coach Paul Silva goes over plays with team members (Courtesy photos).

Cards Fall to Cougars in Battle of the Defenses in Semi-Final Game

The Stevens football team learned early Saturday morning that they would be returning to Gill Stadium for their NHIAA Division III Semi-Final game versus the number 3 seeded Campbell Cougars due to poor field conditions, with all of the rainfall, at Campbell High School. Stevens defeated Trinity the week before at Gill Stadium but were not as fortunate Saturday afternoon as they dropped an 8-0 decision to the Cougars. The Cougars also eliminated the Cardinals in a Final Four matchup last year, as well, 33-0, at Campbell. Stevens received the opening kickoff but could do nothing with the ball and punted to Campbell. The Cougars, behind the running of All-State running back Keegan Mills drove the ball deep into Stevens territory before Hunter Paradis pounced on a loose ball to stop the drive. Mills would leave the game in the 2nd quarter with an ankle injury and did not return. From there it became a battle of the defenses as defensive coordinator Bill Gobin, as he did the previous week, again dialed up a game plan to shut down another high powered offense in Campbell, and the teams retreated to the locker room in a 0-0 stalemate at the half.

Campbell received the 2nd half kickoff and Connor Sweeney, filling in for Mills, would score the game's only touchdown on their first drive of the half, on a 31 yard run. Leo Carten bulled in for the 2 point conversion to make it 8-0.

Stevens got their best chance to score in the 4th quarter as Lucas Mudge made a great play on a Campbell pass deep in Stevens territory, intercepting it and returning it 78 yards to the Cougar 14 yard line but linebacker Carter Vedrani made a nice read on a Cardinal pass and ended the threat with an interception.

The Cougar defense was relentless all afternoon. To illustrate how well they played, Campbell limited the Cardinals 1,000 yard rusher Keaghan McAllister to under 20 yards rushing on the day. Baylor Rozzell led the team with 20 yards. Gabe Spaulding added a fumble recovery for the second week in a row, while Quentin Bicknell went over the century

mark in tackles for the season from his middle linebacker position.

Stevens finishes their season with a record of 6-5.

"Baylor Rozzell, Ethan Johnson, Matt Sze-langowski, Damon Roy, Josh Stithen, Noah Sandomato, and Isaiah Forrest, the seven seniors, played their final football game for the Red and Black, and we wish them all the best," said Varsity Head Coach Paul Silva.



(Courtesy photo)

Growlers Sweep Monarchs, 3-0

Two first period goals lead Growlers to victory

NEWFOUNDLAND, ST. JOHN'S – The Newfoundland Growlers extended their winning streak to six games as the Monarchs fell, 3-0, Saturday night at the Mile One Centre.

The Monarchs (4-6-1-1) dropped their second game of the weekend to the Growlers (11-5-0-0), by a score of 3-0, and have now dropped four games in a row.

The Growlers got on the board first, at 1:33 of the first period, on the power play, on the fourth goal of the season by Ryan Moore. Zach O'Brien took a shot from the right point, that was deflected aside by Monarchs goaltender, Chris Driedger. Moore collected the rebound on the left post and sent a shot passed Driedger, to make the score, 1-0.

Newfoundland struck again at 8:51 of the first period on the second goal of the game and fifth goal of the season by Moore. Scott Pooley centered a pass from the right corner into the slot, where Moore wristed a shot passed Driedger, to make the score, 2-0.

After a scoreless second period, the Growlers made it a three-goal game at 11:21 of the third period on the second goal of the season by J.J. Piccinich. O'Brien sent a pass from the right circle, into the slot for Piccinich, who snapped a shot over the glove of Driedger, to give the Growlers a 3-0 lead.

The Monarchs return to action Wednesday, November 14 at 10 a.m., when they take on the Adirondack Thunder at SNHU Arena. For tickets, Season Memberships and group tickets, please contact the Monarchs front office at 603-626-7825.

Visit us at ManchesterMonarchs.com, follow the team on Twitter and Instagram: @MonarchsHockey, and like us on Facebook for additional information.

Got Sports?

Send news and

photos to

etickernews@gmail.com

77% of Hunters Successful in 2018 New Hampshire Moose

CONCORD, NH —New Hampshire's 2018 moose season wrapped up with hunters taking a total of 41 moose – 35 bulls and 6 cows – according to preliminary numbers from New Hampshire Fish and Game Department Moose Biologist Kristine Rines.

That means that hunters achieved a 77% success rate during the nine day season. A total of 53 hunters took part in the hunt including 51 lottery permit holders, 1

permit auctioned by the Wildlife Heritage Foundation of New Hampshire, and 1 Hunt of a Lifetime participant. In 2017, the overall success rate was 69% and has averaged 70% over the previous four years.

Throughout the Granite State this season, preliminary numbers show moose hunters having a 90% success rate in the Connecticut Lakes Region, 88% in the North Region, 67% in the White Mountain Region, 83% in the Central Region, and 40% in the Southeast Region. No permits were issued in the Southwest Region.

More than 6,140 people entered the moose hunt lottery this year for a chance to win a permit for the New Hampshire moose hunt. Additional information will be available in a future hunting report once all registration data has been verified and analyzed.



(Courtesy photo)



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Inspiration

It's Up to Us

By Priscilla Hull

Friday morning last week, we on the East Coast, awoke to yet another mass shooting. Twelve dead, including the shooter! What came into my mind is Bob Dylan's famous "Blowin' in the Wind." He sang it in his raspy voice. Peter Paul and Mary sang it with their perfect harmony, Pete Seeger sang it with his unbridled enthusiasm. Others sang it, including this writer, as she traveled around Europe one winter in the early sixties.

The song reminds us that now, as then, it is up to us to stop the madness. In those days the madness was actions of war and civil rights. Today it is the same, but add to it mad, unreasonable mass shootings as opposed to the targeted shootings in the sixties. In those troubled times we lost three promising men who were young enough to change the world: President Kennedy, his brother Robert Kennedy and Martin Luther King, Jr. Today we are losing our brothers, sisters, our children. It is as though there is a war against love that has taken over our lives.

I accept the fact that people will always be fascinated with guns and that some will want to collect them. I know people who are gun collectors and visited a private collection of someone local. I even admired the fine workmanship of some of his guns. I do not, and never will, understand the need to own assault weapons - weapons of mass destruction. In my world, it just doesn't make sense. I guess on that issue I am closed minded.

I might be sorry if I have offended some, but I probably have. You have a right to own a gun, I will admit that, but I ask you a simple question. Which right is more valid: Your right to own an instrument of destruction that can kill innocent children or my right to be assured that my grandson is safe in school, my granddaughter safe at work or all of them to be safe while attending a concert?

"The wolf shall dwell with the lamb, and the leopard shall lie down with the young goat, and the calf and the lion and the fattened calf together; and a little child shall lead them."
(Isaiah 11:6 ESV)

Priscilla Hull is the Lay Leader of the First United Methodist Church.



Calendar Of Events

Heart Centered Mediumship with Lauren Rainbow Comes to the COH

CLAREMONT, NH—Experience tears of joy, lots of laughter and the feeling that we are all supported by those who know in Spirit, as Lauren Rainbow brings you an evening of heart-centered messages from Spirit, on Friday, Nov. 16, 7:00 p.m.

This will be an opportunity to witness an evidential medium connect with departed loved ones and bring validation and messages to some audience members.

An evidential medium dedicated to bringing healing messages from loved ones in spirit to those here in the living, Rainbow brings forward validating, evidential connections with Spirit to some audience members through her own unique style of mediumship.

A happy medium, spiritual teacher, and sacred journeyer, who is dedicated to Spirit, Healing and Love, her work with Spirit has brought her all over the world. As a medium, she has toured the US and Canada. As a Spiritual Teacher, she has empowered many to develop their intuitive gifts and been featured at Omega Institute, Kripalu Yoga.

Rainbow is a spiritual medium with over a decade of experience communicating with the other side. Working with the energy of joy and heart-centeredness, she says she has learned that delivering messages to loved ones left behind brings them peace and closure.

Rainbow has been a featured guest on Radio Stations around New England, including WZID, WOKQ and WLNH. She has been a regular guest on Hay House Radio and appeared on FOX News. She has opened her own space, the Centered Heart Studio, dedicated to the exploration and development of spirit communication.

Tickets are \$25.00 and are available online at <http://www.claremontoperahouse.info/>, by calling 603-542-4433 or in person at 58 Opera House Square. PLEASE NOTE: Purchasing a ticket to this event does NOT guarantee you a reading.

Arrowhead Meeting Nov. 20; Help Needed for Fall Projects

CLAREMONT, NH—The next Arrowhead meeting is Tuesday, Nov. 20th, 7:00 p.m. at Arrowhead. Come with your thoughts, questions and ways you can help.

“We do need operations help for this winter but also looking for people to help behind the scenes,” said Chuck Allen of the Arrowhead Recreation Club. “We need a public relations person to help promote Arrowhead, need facility help for mechanical and facility projects, snow makers and almost any area anyone can or wants to help with. We Also need people to serve on the board of directors.

“For winter operations, we need help on the lifts, tubing area monitors, ski/snowboard instructors, concessions help, ski shop help and first-aid. If anyone can help or knows anyone who can help, contact us, there will be lift training and ski shop training coming up shortly.”

Allen added, “We still have projects that need to be completed before the season begins. Because of weather and some recent injuries and other circumstance, we are way behind getting ready for the opening. We still need to inflate tubes, put up signs, install tube lift cable and install new lift coverings. There is still brush cutting on the face, on some upper trails and along the lift lines.”

On a good note, Allen said that “the 30 year old slope side deck was replaced with a patio. This was accomplished by a few extremely dedicated and talented volunteers, only some grounds work left to be done, come by and check it out.”

Meat Raffle at American Legion

CLAREMONT, NH—American Legion Post 29 will be holding a meat raffle on Nov. 17, beginning at 6:00 p.m. Call 603-542-9222 for more information.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

CDA Bread Sale

CLAREMONT, NH—Bread Sale sponsored by Catholic Daughters of the Americas - Claremont NH Court on Saturday, Nov. 17, after the 4:00 p.m. Mass and on Sunday, Nov. 18, after the 8:00 and 10:30 a.m. Masses. Held in St. Mary Gym (Use entrance next to the church on Central St. in Claremont).

“Winter Fling” Holiday Craft Fair

Sat. - Nov. 17, (9AM - 2 PM)

Sponsored by and held at the Claremont Senior Center, 5 Acer Heights Rd. - Claremont NH.

Featuring area crafters, food concession and our famous “Cookie Sale”.

Silsby Library Nov. News

CHARLESTOWN, NH—November is Home Healthcare and Hospice Month and we are working with HCS to raise awareness. This month our book display will highlight resources available in our community to support those who need care and their families. Several new titles have been added to our collection and they will be available for check out. Book lists, brochures, bookmarks and other takeaway materials will be available as well. Our goal is to make you all aware of the help available to you or a loved one for comfort, care and support when home is where you want to be.

Story Hours continue on Tuesdays at 10:30 am. Lap sitters toddlers and pre-schoolers along with their caregivers are welcome for a morning of stories and craft activities. We are offering an afternoon session as well. This is a great time for our story hour “graduates”, who have a full day of school, to spend a bit of quality time at the library. Friday mornings we are again welcoming toddlers for our library play time. It is a great time for moms and tots to socialize and have fun. We share LOTS of giggles.

On Saturday, Nov. 17, at 10:30 a.m., Family Fun will be making punched tin luminaries. This is a great family activity and a wonderful way to light up the holiday season. Coming in December.....Candy bar houses.

Just a reminder about Open eBooks. This program through First Book gives kids access

to a digital library of thousands of popular and award winning children's and YA books for free! Bring your kids to the library to get their log in and pin and to find out about the free app that allows them to download up to 10 books at a time on their mobile digital device. This program is available to ALL Charlestown's children whether they are library users or not. Open eBooks goal is for all children to have access to books at home for pleasure reading either independently or with family.

The library will be closed Nov 22-25 for the Thanksgiving holiday. See you all on Monday Nov. 26 when we are back to regular hours, and a Happy Thanksgiving to all.

Keep up with all the library's special events by following us on Facebook at <https://www.facebook.com/SilsbyLibrary> or check our web page at <http://www.silsbyfree.org>. If you have any questions, cares, or concerns feel free to contact us at silsby@charlestown-nh.gov. We are always happy to hear from you. If you want to know what is new to the collection you can go to LibraryThing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at <https://silsby.follettdestiny.com/>.

CHARLESTOWN RECREATION NEWS

BASKETBALL COACHES AND REFEREES are needed for this season. Please contact the Rec Dept asap.

BASKETBALL SPONSORS: If you wish to sponsor a Charlestown Recreation Dept Youth basketball team, please contact the Rec Dept. Sponsorship is \$125.00 per team.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed,

chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadiyah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Overeaters

Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m.

Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

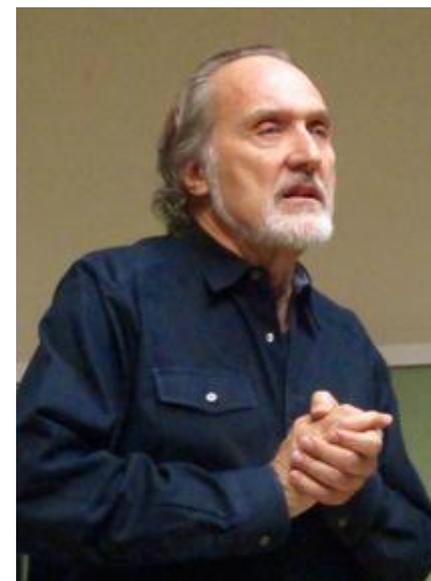
Program on Herman Melville at Fiske Free Library

CLAREMONT, NH—Stephen Collins, acclaimed Massachusetts actor and historical performer, will return to the Fiske Free Library, 108 Broad Street, Claremont, on Thursday, Nov. 15, at 7:00 p.m. to present his latest program, a one-man play about writer Herman Melville. "Sailing Towards My Father," written by Carl A. Rossi, chronicles Melville's life from youth to old age, concentrating on his evolution as a writer. Collins has brought two of his other historical programs to Claremont over the last two years, introducing his audience to the poetry of first, Robert Frost and then Walt Whitman. Both programs were extremely well received and listeners expressed interest in having Collins return with another of his fascinating performances.

The program is sponsored by the Friends of the Fiske Free Library and is free and open to the public.

For more information, call the library at 603-542-7017.

**NOVEMBER 17 AND 18
10TH ANNUAL 'Tis the Season " Craft Fair
AT GRANTHAM VILLAGE SCHOOL GYM**
75 Learning Drive
(Route 10 to 114, first left after the bridge)
9 to 3:30PM



Stephen Collins

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\$500 credit to the company of your choice towards oil, propane, kerosene, pellets or wood

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Hours:	Tuesdays	5-7pm
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	Thursdays	10am-2 5-7pm
	Fridays	10am-2
	Saturdays	3-5pm

Drawing to be held on December 26th @ 5PM

Be sure to follow us on Facebook as we'll be announcing the lucky winner on our page!

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to etickernews@gmail.com



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MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org

Claremont Elks Lodge #879

Pleasant Street Entrance

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RAFFLE

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Turkeys

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Pork Roasts

Steaks

Prime Rib Roasts



Lots of Door Prizes

50/50 Raffle

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Friday, November 16th

6:00 p.m

Gather your friends and family

Come Join The Fun!!



Honoring Veteran's Night

Claremont Elks Lodge #879

Saturday, November 17th

6:00 pm

Spaghetti w/Meatballs Dinner

Salad & Dessert

Followed by an Evening of Music

with DJ Marie Allen

cost \$10 per person

Veterans -- Free

Call Lodge to RSVP 542-9802 by Nov 15th

**Come and spend an evening honoring our
Veterans with fellow members and friends**

"Winter Fling" Holiday Craft Fair



Sat. - Nov. 17, 2018 (9AM - 2 PM)

**Sponsored by and held at the Claremont Senior Center
5 Acer Heights Rd. - Claremont NH**

Featuring

**Area Crafters, Food Concession
and our famous "Cookie Sale"**

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

William E. Coolbeth, 73

William E. Coolbeth, 73, of Lempster, NH, died Friday (November 2, 2018) at his home surrounded by his loving family.

He was born in Plainfield, NH, on September 29, 1945, the son of Roy and Cleona (Chase) Coolbeth. William had been employed as a heavy equipment operator by the State of NH.

He is survived by his wife, Joanna Coolbeth, daughters, Rindy Coolbeth, Cindy Thorp, grandchildren Brian Hooper, Brad Hooper, great granddaughter Aurieole, sisters, Bobbi Hurd, Susie Goddard.

Services will be private and held at the convenience of the family.

Arrangements have been entrusted to the Roy Funeral Home and Cremation Service, Claremont, NH.

Nancy-Jean Cusanelli

Nancy-Jean (Kowalczyk) Cusanelli passed away on Thursday, November 1st, 2018. Nancy-Jean was born in Claremont, NH, to Claire and Stanley Kowalczyk.

She is survived by her husband Albert, son Michael, daughter Jennifer, and grandchildren Clara, Jacob, Hayden, and Jean.

Nancy-Jean graduated from Steven's High School in 1965 and Thompson School of Nursing in 1968. Nancy-Jean celebrated her

50th wedding anniversary with husband Albert on June 1, 2018. Throughout her life she worked as a nurse, substitute teacher, group home caregiver, and para educator.

She was predeceased by her parents and her only sibling, Brian Kowalczyk in 1986. Nancy-Jean will be remembered for her loving nature and quick wit. She embraced social media using Facebook to connect with friends old and new, sharing good wishes and information with all. Above all she loved to make people laugh.

Gifts in her memory can be made to the Sullivan County Humane Society, PO Box 111, Claremont, NH, 03743.

Funeral services will be held privately.

The Stringer Funeral Home is in charge of arrangements.

Claremont Fire Dept. Log

Sunday 11/4:

12:56 PM: Engine 3 responded to North St. for a medical call.

1:10 PM: Engine 3 responded to Main St. for a medical call.

Monday 11/5:

11:19 AM: Utility 1, Ladder 1 and Rescue 1 responded to Windsor Rd. for a motor vehicle accident.

12:43 PM: Engine 3 responded to Charlestown Rd. for a motor vehicle accident.

4:38 PM: Engine 3 responded to East Green Mt. Rd. for a medical call.

4:47 PM: Engine 3 responded to Washington St. for a medical call.

7:37 PM: Ladder 2 and Engine 3 responded to Box Alarm #0182.

9:09 PM: Engine 3 responded to Broad St. for a report of an alarm sounding.

Tuesday 11/6:

2:06 PM: Engine 3 responded to Cindy Ave. for a water problem.

6:04 PM: Engine 3 responded to Washington St. for an odor investigation.

6:33 PM: Engine 3 responded to North St. for a medical check of well-being.

7:11 PM: Engine 3 responded to Broad St. for a medical check of well-being.

10:01 PM: Engine 3 responded to Bowker St. for a DELTA Level medical call.

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-Dr. Sam Given

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11:59 PM: Engine 3 responded to Manor Drive for a medical call.

Wednesday 11/7:

11:23 AM: Engine 3 responded to 42nd St. for a medical alarm.

2:00 PM: Engine 3 responded to Acer Heights for a medical call.

3:34 PM: Engine 3 responded to Maple Ave. for a medical call.

6:22 PM: Engine 3 responded to Madison Place for a medical call.

Thursday 11/8:

1:04 PM: Engine 1 responded Mutual Aid to Unity to participate and an emergency preparedness drill.

4:00 PM: Engine 3 responded to North St. for a report of a motor vehicle that had struck a pedestrian.

Friday 11/9:

No Calls

Saturday 11/10:

12:08 AM: Engine 3 responded to Spruce Ave. for a medical alarm sounding.

3:56 PM: Engine 3 responded to Palmer St. for an illegal burn.

5:30 PM: Engine 3 responded to Summer St. for a medical call.

SATURDAY, NOVEMBER 17

Fireside Frolic at Windsor Mansion Inn

It's time to cozy up by the fireplace. Or create your own fire on the dance floor!

Join Windsor Public Library for our Fireside Frolic Fundraiser on Saturday, Nov. 17th, at the Windsor Mansion Inn. Featuring the music of FryDaddy, food and drink, silent auction, 50/50 raffle. Tickets are \$25 and can be purchased at the Library.

This event is an important fundraising event for us.

For more information, please call the Library at 802-674-2556 or email librarian@windsorlibrary.org. You may also visit this link for more information: <http://www.windsorlibrary.org/home.aspx>.

Send news and photos to

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Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

We have 10 tables left for our up-coming Winter Fling Holiday Craft Fair on Saturday - November 17 (9AM - 2PM). Featured will be area crafters, food concession and our famous Cookie Sale! Call or come in for a table reservation.

"Pies of any flavor" needed for our Thanksgiving dinner on November 20. Let us know if you will be donating a pie. Cost for the dinner will be \$10 per person for members as well as non-members! Mark your calendars!

"Bingo Callers" needed once a month (on the 3rd Wednesday). If you are interested in helping the center with this event please give the center a call . . . (603) 543-5998.

Meals schedule: Tuesday - November 13 (Veterans Day Celebration)... Soup, meatloaf, mashed potatoes with gravy, vegetable, dessert. Thursday - November 15 (Birthday Celebration)...Soup, roast pork loin, potatoes, vegetable, birthday cake.

Sunday at the Center" - 1:00-4:00 PM for members and bona fide guests! Play pool, work on a puzzle, card games (Hand & Foot card game most popular). Bring a snack to share and your own beverage!

"Volunteer" needed with dusting, mopping, sweeping, vacuuming! If you can help the center an hour or several per week give the center a call. Your help will be very much appreciated!

Next Foot Clinics will be November 14, 21 (8:30 AM - 4:00 PM) sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077. \$25 per visit.

Free Blood Pressure Clinic will be held on November 15 (11:00 AM - 12 Noon). Sponsored by Lake Sunapee Region VNA & Hospice.

Next Senior Men's Breakfast will be Monday - November 19. Doors opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Tai Chi sessions next week will be on Tuesday - November 13 (1:00 - 2:00 PM). If you cannot make the afternoon session, the same session will be offered on Wednesday - November 14 (6:00 - 7:00 PM). Both sessions held in the Mozden Room.

A full list of needed items for our "Donations List" is available at the front desk and the November Newsletter.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Knitters on Fridays (12 noon-3:00PM). Bring your lunch. If you are not a member 3 visits allowed then membership is required.

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Come see our "Brick Wall." Purchase a "Memorial Brick" for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members, friends also.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

We are still collecting aluminum can tabs!

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited to join.

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)



The Claremont City Council will hold a public meeting on Tuesday, November 13, 2018, at 6:30 p.m. in the Council Chambers of City Hall. NOTE: DIFFERENT DAY

AGENDA (Revised)

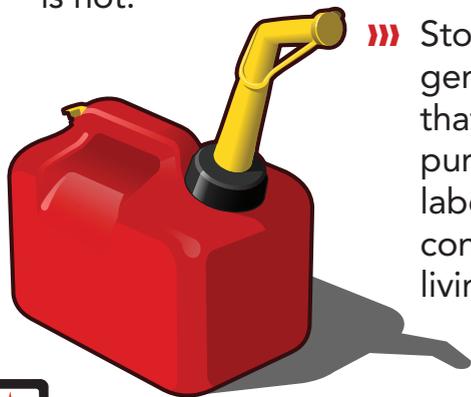
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| 6:30 PM | 1. | PLEDGE OF ALLEGIANCE |
| 6:32 PM | 2. | ROLL CALL |
| 6:33 PM | 3. | AGENDA CHANGES |
| 6:34 PM | 4. | REPORT OF THE SECRETARY |
| Minutes of September 19, October 10, 17 and 24, 2018, City Council Meetings | | |
| 6:35 PM | 5. | MAYOR'S NOTES |
| Award | | |
| 6:40 PM | 6. | CITY MANAGER'S REPORT |
| 6:55 PM | 7. | APPOINTMENT TO BOARDS AND COMMITTEES |
| 7:00 PM | 8. | CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23)) |
| | 9. | OLD BUSINESS |
| 7:10 PM | A. | Ordinance 562 – Amending the Non-Union Employee Classification Plan – Second Reading – Public Hearing |
| 7:25 PM | B. | Ordinance 563 School Zones – Second Reading – Public Hearing |
| 7:35 PM | C. | Policy Committee's Recommendation to Establish Board of Assessors |
| 7:45 PM | D. | Arrowhead Recreation Club's Needs |
| | 10. | NEW BUSINESS |
| 7:55 PM | A. | Review of Elderly Exemptions and Veterans Credits and Exemptions |
| BREAK | | |
| 8:20 PM | B. | Transfer \$5,763.00 Raised from 2nd Annual Scholarship Golf Scramble |
| 8:30 PM | C. | Resolution 2019-12 Accept \$8,000 from McGee Toyota for July 4th Fireworks Display – Public Hearing |
| 8:40 PM | D. | Resolution 2019-13 to Apply, Accept and Expend \$11,571 NH Highway Safety Grant for Claremont DWI Patrols – Public Hearing |
| 8:50 PM | E. | Lot Merger CSB Community Center Map 132-174, 132-173, and 132-171 |
| 9:00 PM | F. | Accept \$111,150 FAA Grant – Demolish Terminal Building/Hangar; Construct New Terminal Building |
| 9:10 PM | 11. | COMMITTEE REPORTS |
| 9:15 PM | 12. | FUTURE AGENDA ITEMS AND DIRECTIVES |
| 9:25 PM | 13. | CONSULTATION WITH LEGAL COUNSEL |
| 9:30 PM | 14. | ADJOURNMENT |

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, December 12, 2018, at 6:30 p.m. in the Council Chambers at City Hall.



Downed utility lines, power company blackouts, heavy snow falls or summer storms can all lead to power outages. Many people turn to a portable generator for a temporary solution without knowing the risks.

- » Generators should be used in well ventilated locations outside away from all doors, windows and vent openings.
- » Never use a generator in an attached garage, even with the door open.
- » Place generators so that exhaust fumes can't enter the home through windows, doors or other openings in the building.
- » Make sure to install carbon monoxide (CO) alarms in your home. Follow manufacturer's instructions for correct placement and mounting height.
- » Turn off generators and let them cool down before refueling. Never refuel a generator while it is hot.



- » Store fuel for the generator in a container that is intended for the purpose and is correctly labeled as such. Store the containers outside of living areas.

Just Remember...

When plugging in appliances, make sure they are plugged directly into the generator or a heavy duty outdoor-rated extension cord. The cords should be checked for cuts, tears and that the plug has all three prongs, especially a grounding pin.

If you must connect the generator to the house wiring to power appliances, have a qualified electrician install a properly rated transfer switch in accordance with the National Electrical Code® (NEC) and all applicable state and local electrical codes.

FACT

- ! CO deaths associated with generators have spiked in recent years as generator sales have risen.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169



Women in Film: From Cowering Victim to Strong Heroine

By Bernadette O'Leary

One of the most disturbing trends in the entertainment industry began during the 80's: the objectification of women and portrayal of them as weak victims. Sadly, this trend still exists, but there is an upward turn toward something else... a salute to the power of women.

What does it say about us, as a society, when we depict women in ways that objectify them, portray them as something to be used and discarded, or make them out to be no more than weak sex toys or slaves? The answer to that is simple: it says we have no respect for women. On the other hand, what does it say when we lift up women, especially the downtrodden and abused, into a position of strength? It says that we see the power within every woman out there.

Domestic abuse exists at pandemic levels today. According to *Live Your Dreams*, every 9 seconds a woman is being abused. Additionally, a police detective that I interviewed regarding human trafficking stated it is the fastest growing crime globally against women (as well as children). Yet, the so-called entertainment industry sees fit to continue this degrading trend that puts vile messages against women in music, on television, and in films, further showing women as powerless, treating them like sex objects, and glorifying violence against them. However, in spite of this, they are slowly starting to come around.

In the past four decades, we have gone from damsels in distress being the norm in virtually everything we see and hear to female superheroes and women who have had enough and fought back. From Wonder Woman, to Storm, to the wife who takes self defense classes and kicks the crap out of an abusive husband, to the woman who defies the odds and climbs the ladder of success without having to sleep with the boss, we women are finally seeing the entertainment industry waking up to the fact that women are neither helpless nor fodder for evil monsters, be they demonic or human. Even the music industry is taking note with such songs as For King and Country's Priceless and Britt Nicole's Gold. Yet, we are still seeing women in skimpy clothes that bring more attention to the female's chassis than her strength, and they still seem to think they have to use their bodies to get what they want, instead of their minds or skills.

In a world where so many sick minds prey on the weak and defenseless, is it really necessary to glorify such evil acts as rape and assault on women or to make women look like they are nothing more than sex objects with neither brains nor strength? Doing so only numbs the collective senses to the topics of abuse and trafficking. This results in a lack of shock when people hear about such things, and it creates a mindset within society that makes images of both less concerning. Victims of rape and abuse spoke out within recent years against such movies (which will not be named here due to not wanting to promote them), but after that, the uproar died away. This is likely more offensive than the movies themselves.

With this in mind, I encourage you to spread the message that the entertainment industry must stop the old trends of depicting women as weak sex objects to be used, abused, and thrown away. Whether magazine, television, film, or music, urge them all to focus more on the strength and beauty of the female spirit, and when they do not, make sure they hear your voice. One way to do this is to stop spending money on these things that only promote rape and abuse against women. Our children are watching... and learning by what we adults show them.

LiveYourDreams.Org: http://act.liveyourdream.org/domestic-violence-facts-and-figures-cpc/?utm_term=domestic%20abuse%20statistics&utm_campaign=LYD%20Blog&utm_source=adwords&utm_medium=ppc&hsa_acc=3468286777&hsa_cam=108779833&hsa_mt=b&hsa_net=adwords&hsa_src=g&hsa_ver=3&hsa_ad=242489568185&hsa_tgt=kwd-295692856206&hsa_grp=38111148609&hsa_kw=domestic%20abuse%20statistics&gclid=CjwKCAjwyOreBRAYEiwAR2mSki6KhfG-xZiw0RtlgNd6LZsaU3a1dyLKn3FxEEnDlvntTQhZIVafOuxoC6jQQA_VD_BwE