

e-Ticker News of Claremont

www.etickernewsofclaremont.com

Generous Donations Clean Up School Lunch Program Debt; page A16

<u>etickernews@gmail.com</u> www.facebook.com/etickernews

November 12, 2018



On Sunday, Claremont marked the 100th anniversary of the signing of the armistice bringing an end to WWI. Details and more photos on page A18 (Bill Binder photo).

Dems Control NH House, Senate, Exec. Council Plus Some Huge Surprises; Claremont Votes to Replace Gauthier, O'Connor as State Reps

By Garry Rayno, Distant Dome Co-published by InDepthNH.org and Manchester Ink Link Phyllis A. Muzeroll, e-Ticker News

The Blue Wave was not a tsunami nationwide, but it certainly was in New Hampshire, where Democrats took control of the House, Senate and Executive Council for the first time since 2011. Just as former Gov. John Lynch, a Democrat, survived a Republican takeover after the 2010 election, current Republican Gov. Chris Sununu survived the Blue wave. He defeated former Sen. Molly Kelly, but the next two years in office are going to be very different from his first two years when his fellow Republicans controlled the House, Senate and Executive Council.

The 2018 midterm election set a New Hampshire record for a non-presidential year as more than 560,000 voters cast their ballots Tuesday, far greater than in years past.

NH Senate

...It looked more like a woman's year in the state Senate, when two women knocked off veteran Republicans in districts in the southern tier. In District 5, incumbent Martha Hennessy

(Continued on page A7)

Fatal Accident in Lebanon Takes Life of Pedestrian

LEBANON, NH—On November 7, at approximately 6:25 p.m., Lebanon Police and Fire units responded to the intersection of Hanover Street Extension and Evans Drive for a report of a motor vehicle accident involving a pedestrian. According to a statement from law enforcement, investigating officers determined that a single vehicle, turning onto Evans Drive from Hanover Street Extension, struck a pedestrian crossing the street in the crosswalk.

The vehicle was operated by a 39-year-old female, who was not injured in the accident, said the Lebanon Police Department. The adult male pedestrian was transported to Dartmouth Hitchcock Medical Center, where he died from his injuries, said the Lebanon Police Department.

On Nov. 8th, the Lebanon Police Department identified the victim as Matthew B. Biathrow, age 52, of Enfield, NH. The driver of the 2004 Jaguar sedan involved in the accident, was

e-Ticker News of Claremont LLC is published Mondays

Phyllis A. Muzeroll
Publisher/Editor
Bill Binder
Photographer/Reporter
Les St. Pierre
Columnist
Erin Rice
Reporter

etickernews@gmail.com

Snail mail to: 6 Osgood Ave. Claremont, NH 03743 603-542-7319

e-Ticker News reserves the right to reject/decline any material submitted that is deemed inappropriate for our publication.

The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, NH Press Association

Member, Greater Claremont Chamber of Commerce

identified as Emily Tyburski, age 39, of Quechee, VT. Tyburski was not injured in the accident. An autopsy for Biathrow was scheduled for Friday morning and was to be conducted by the New Hampshire Medical Examiner's Office in Concord.

The accident remains under investigation by the Lebanon Police Department. Additional information regarding the investigation, and the identities of those involved, will be released in the coming days. Anyone with information is asked to contact the Lebanon Police at 603-448-1212.

Gallery of Gifts: Handmade Holiday Boutique at the Library Arts Center

Through Dec. 23 Hours: Tues.-Fri. 11am-4pm, Saturdays, 10am-2pm

Library Arts Center Gallery 58 N. Main St. Newport, NH

Admission is free.

The Library Arts Center presents its famous annual holiday exhibit of handmade craft—Gallery of Gifts. The event is a great way to find unique, locally handmade gifts for holiday giving, while supporting local artisans. The juried show features unique and carefully curated handmade crafts and art pieces from more than 130 local artists, and is also an important fundraiser for the Library Arts Center.

The Library Arts Center is non-profit art

gallery and studio



located at 58 N. Main Street in Newport, NH. The gallery is housed in the former carriage house of the historic mansion occupied by the Richards Free Library, across the street from the Newport Town Common.

For more information on the Gallery of Gifts, as well as the Arts Center's many other programs, visit www.libraryartscenter.org.

Index

Commentary	A4
Classifieds	A10-A11
Mayoral Notes	A13
Business News	A14-A15
Sports	B1-B2
Inspiration	B3
Calendar/Events	B4-B10
Obituaries	B11
Claremont Fire Dept. Log	B11
Claremont Senior Center	B11
City Council Agenda	B13

NH Lottery Numbers

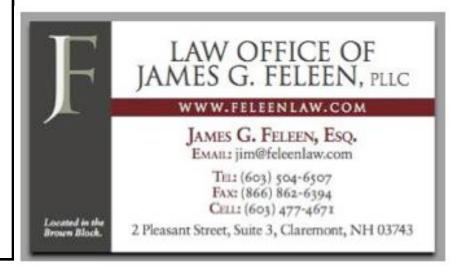
11/10/2018

NH PowerBall 5 29 34 53 57 24

NH Mega Millions 11/09//2018 8 14 27 57 67 5

<u>Tristate Megabucks 11/10/2018</u> 2 9 14 27 36 2

For more lottery numbers, https://www.nhlottery.com/





House of Representatives - Claremont

District 3/Ward 1: Francis Gauthier 603-543-6575 fgauthier1776@gmail.com

District4/Ward 2: John O'Connor 603-504-6951 jwoconnor2014@yahoo.com

District 5/Ward 3: Raymond Gagnon 603-542-7286 raymond.gagnon@leg.state.nh.us

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

Senate - Claremont

District 5: Martha Hennessey 603-271-3067 martha.hennessey@leg.state.nh.us

Washington, DC

Sen. Jeanne Shaheen
520 Hart Senate Office Building
Washington, DC 20510
202-224-2841
http://shaheen.senate.gov/contact

Sen. Maggie Hassan
B85 Russell Senate Office Building
Washington, DC 20510
Phone: (202) 224-3324
https://www.hassan.senate.gov/

Rep. Anne Kuster
137 Cannon House Office Building
Washington, DC 20515
phone: 202-225-5206
http://kuster.house.gov/contact

To find out who your local state representatives/senators are in Sullivan County, please visit

http://www.gencourt.state.nh.us/house/ members/wml.aspx

and click on "Who Is My Legislator"

Letter to the Editor

Work Continues to Restore Oliver Lacasse Post #808

To The Editor:

An update for Claremont area Veterans and concerned citizens on the status of Oliver Lacasse Post #808 (Claremont VFW). Due to several complaints sent to State Headquarters concerning the Oliver Lacasse VFW Post 808, State Commander Bill Ryan, in accordance with national and state bylaws, assigned the State Investigator / Chief of Staff and the District 5 Commander to review the records of Post 808 to include (but not limited to) the minutes of the previous monthly meetings and financial records from those same months along with any other records of the Post that they may deem necessary to complete their mission and find answers. After review of said records, the Post was suspended for a period of up to ninety (90) days due to Post deficiencies and violation of the laws and usage of the organization, specifically failure to run as an honorable VFW Post and continuing to run the Canteen as a Bar IAW Department Bylaws, and the vacating of all Post Officers for not getting installed. Immediately thereafter an Administrative Committee was appointed to supervise all of the activities of the Post and through education and mentorship ensure full compliance with all applicable bylaws, rules and regulations of the organization. The intent of the suspension is to get Post 808 back as an honorable VFW Post and get back to helping the Community, Veterans and their Families.

Since the suspension took effect, letters were sent out to all the Post members explaining the reason for the suspension and what has to happen in order to get off suspension. Basically it comes down to getting enough members who are proud of their Post to step up and make the time to get involved with the administration of the Post and promote its many programs. Fortunately several members heeded the call and a new slate of officers has been duly elected to lead this once active Post. Once the financial records have been thoroughly audited, the newly elected officers will be installed and the Post will be able to hold meetings and get back to work.

It sounds simple, but it will take a lot of work, time and dedication to get back to where they should be and they will need the help of the full membership and community to get there. Most of us don't think we have the time to be able to go to all the meetings and attend all the functions, but it really only requires about two hours a month! Please support your Post and help our local Veterans and their families especially in the next few months which are always stressful.

Tom St.Pierre
NH VFW State Surgeon
Administrative Committee Member

Senator Hassan to Host Innovate NH Entrepreneurship Forum

MANCHESTER, NH—On Tuesday at Manchester Community College, Senator Maggie Hassan will host the Innovate NH Entrepreneurship Forum as part of her efforts to support New Hampshire's entrepreneurs and ensure that they have the tools they need to launch innovative businesses and thrive.

The Forum will provide a day of interactive workshops for entrepreneurs covering critical "how-to" topics to get small businesses off the ground and make them successful. Workshops will focus on learning to fund ideas; seeking out resources and support; creating a business plan; rural entrepreneurship; managing social media as a startup; women business ownership; and more.

"The Innovate NH Entrepreneurship Forum will provide an opportunity for entrepreneurs across New Hampshire to hone the skills and knowledge necessary to turn an innovative idea into a thriving business," Hassan said. "I am excited to host this Forum with business and education leaders from across New Hampshire, and I will keep working to ensure that entrepreneurs in the Granite State have what they need to start up and grow new businesses, boost job creation, and strengthen our economy."

New Member Selected for Claremont School Board

By Phyllis A.Muzeroll e-Ticker News

CLAREMONT, NH—Three people applied for the vacancy on the School Board that was created with the recent, sudden resignation of Steve Horsky. Two of the three, Sally Bouchard and Aziza Sultana, were interviewed during Wednesday night's meeting while the third, Robert Lovett Jr., was unable to attend due to being out of town for work. In the end, it was Lovett who was chosen by the board to fill the open seat.

Bouchard, a longtime resident of Claremont, is currently the executive director of Community Dental Care, a non-profit initiative providing oral health access, especially low-to-moderate income individuals and families. As far as priorities for the district, Bouchard said that finding a new superintendent and crafting the next budget were at the top of the list. She has been a member of the middle school PTO and worked with the county's Public Health Advisory Council. While not having attended any school board meetings to date, Bouchard said that she felt there was a need for more awareness regarding overcrowding and bullying. When asked if she would be able to do followup and research for issues raised during

meetings, she said that she did not have a problem with doing either one. She completed the recent superintendent search online survey created by the district.

Sultana identified herself as having come from Pakistan seven years ago and has lived in Claremont for two. Her son attends Disnard Elementary School. She had been a "community mobilizer" she said. She felt that being from a different culture would bring diversity to the board and would help other families coming from such countries as India, Pakistan and Nepal. She said that being a volunteer and a "human resource" were priority issues for her for the board. She had not previously attended any school board meetings. She also completed the survey.

Because Lovett was on the road traveling for work, Board Chair Frank Sprague read his list of answers for questions that had been compiled for all the candidates. Lovett had answered via email.

Lovett apologized for his "poor timing on my travel". He moved to Claremont this past summer and said that maximizing the current school budget while finding ways to increase the budget without negatively impacting current or future residents was a priority. He said he has worked mainly in the drug rehab field, especially with families

who have loved ones in treatment.

Lovett, in his emails, said that he had attended a number of school-focused events, such as Open House, movie nights, etc., and has watched a number of meetings via the CCTV broadcast and replays. He moved here from Florida and said that while living there, he was sole income provider for his family while attending school and the experience of learning how to balance various commitments would help him apply the same focus and involvement on the board. He added that he worked well "in team settings".

Lovett said that while he read through the online superintendent search survey, he did not answer the questions, feeling that it would be disingenuous to have done so since he didn't have enough exposure to the previous superintendent and current issues facing the district. He said he liked the layout of the survey but would have liked more "open fields" to fill in rather than seeing qualities being graded on a scale.

The board took a break to go into a non-public session to make its selection from the three candidates and emerged about 35 minutes later, announcing that Lovett had been chosen. Board members thanked the other two applicants and invited them and any other interested parties to apply for the board in March when the next district election will be held. Lovett will be filling his seat until then. There will be one 2-year and two 3-year seats to fill in March. The filling window will run from Jan. 23 until Feb. 1st. It costs one dollar to file.

Ordinarily, newly-selected board members are sworn in at the meeting at which they are elected, but with Lovett not having been present Wednesday night, school district clerk Mary Woodman told the board members to contact her when he was available after his return so that he can officially be added to the board.



Thank you

so much to the voters of Sullivan County for your continued support in electing me to a third term to serve as your sheriff.

Sheriff John Simonds

"It's all about public service."

Paid for by John Simonds, 278 Hanover St., Claremont, NH 03743





For each new money CD, we donate \$10 to the

United Way of Sullivan County.

LOCATIONS

145 Broad St. Claremont, NH

Claremont, NH

356 Washington St. 85 Main St.

135 Main St. Charlestown, NH

Springfield, VT

LENDING OFFICE 93 South Main St. West Lebanon, NH



800-992-0316

claremontsavings.com

*Limited time offer. The Annual Percentage Yield (APY) shown is accurate as of 11/01/2018. Rate advertised as 2.65% APY, applies to NEW money, not already on deposit at Claremont Savings Bank (CSB). Minimum to open Certificate of Deposit (CD) and earn the advertised APY is \$500. Interest compounded monthly. A penalty may be imposed for early withdrawal. IRA/Retirement CDs are not eligible for this CD Special rate. No bump-up option. Rolling of matching funds from a CSB account available (example: \$10,000 new money deposited into this CD, you can add an additional \$10,000 new money deposited into this CD, you can add an additional \$10,000 new money deposited into this CD, you can add an additional \$10,000 new money deposited into this CD, you can add an additional \$10,000 new money deposited into this CD, you can add an additional \$10,000 new money deposited into this CD, you can add an additional \$10,000 new money deposited into this CD. from one of your current CSB accounts). CDs must be opened in branch. Rates on all accounts except fixed rate certificates are variable and may change after the account is opened. Fees could reduce earnings on an account. Rates and programs are subject to change without notice. For each NEW money CD opened CSB will donate \$10 to the United Way of Sullivan County.

Election, from A1

beat Republican challenger Patrick Lozito from Claremont, 2082-1767.

NH House

Not only did Democrats flip the House soundly winning about 230 of the 400 seats, but some long-time lawmakers were defeated from both parties, the most prominent being House Speaker Gene Chandler of Bartlett.

Other long-time Republicans losing Tuesday include Bill Ohm, Karen Umberger, Frank Sapareto, Mark McConkey, Bonnie Ham, Bart Fromuth and Victoria Sullivan. About 35 Republican incumbents lost their seats.

In Claremont, Andrew O'Hearne, (D), beat incumbent Francis Gauthier, (R), for the Ward 1 District 3 seat, 613-416, while newcomer Gary Merchant, (D), ousted Republican incumbent John O'Connor, 883-655, for the District 4 Ward 2 seat. Both Gauthier and O'Connor had been strongly criticized by voters for their low attendance records in Concord. Republican Walter Stapleton squeaked by Chad Rolston, (D), 663-636, for the State Rep District 5 Ward 3 seat, being vacated by Ray Gagnon, (D), who announced that he would be retiring and not seeking re-election. A decision to request a recount by Rolston had not been made as of this weekend. And John Cloutier, (D), District 10 Rep, handily beat Republican newcomer Conlin Smith, (R), for that seat, 2289-1609; Smith virtually did little in terms of campaigning and did not respond to media requests for interviews.

Democrats Sue Gottling and Virginia Irwin lost. Herb Richardson of Lancaster is a long-time state representative but until very recently he was a Republican. He just turned Democrat, which may have been a factor in his defeat along with his support of the Northern Pass Transmission project.

Executive Council

Much like the state Senate, which was gerrymandered to make it impossible for Democrats to take control, so was the Executive Council with three districts heavily favoring Republicans, one a Democratic lock and another that leans ever so slightly GOP, which is District 1.

In District 1, of which Claremont is a part, Michael Cryans, (D-Hanover), finally defeated incumbent Joe Kenney (R-Wakefield), for the seat long held by the late Ray Burton.

The two candidates have faced off in every election since Burton died in office, and Kenney won every contest until Tuesday.

The two constitutional amendments on Tuesday's ballot passed easily.

Total ballots cast in Claremont on Tuesday were 3985, or a 59% turnout, unusually high for a midterm election. There were 287 same day registrations recorded.

The large Democratic turnout for the primary election and the party's near run of the table for special elections the last two years were harbingers of Tuesday's showing. Republicans can take solace with Sununu's victory, but their agenda of right-towork, continued business tax cuts, school vouchers, loosening gun laws, and limiting abortion rights will be off the table for the next two years.

Like Lynch after the 2010 election, Sununu will have to learn to work with Democrats on what he can, or next to nothing will be done in Concord for the next two years.

If the election was as
Trump said he wanted — a
referendum on him — the
New Hampshire results indicate he is not a popular
man in the Granite State.

To see returns from area towns, please visit our Facebook page.

SATURDAY, NOVEMBER 17 WCCMA Fall Food Festival - Cancelled

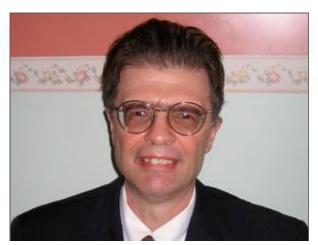
Due to circumstances beyond its control, the WCCMA's Fall Food Festival scheduled to be held at Union Church, 133 Old Church Rd in Claremont NH, on Nov 17th, is cancelled.

	F CLARE			
	ON TALLY	The second secon		
Tuesday,	November	06, 2018		
	WARD I	WARDII	WARD III	TOTAL
GOVERNOR	WARDI	WARDII	WARDIII	IOIAL
Chris Sununu	540	836	741	2117
Molly Kelly	496	713	557	1766
Jilletta Jarvis	21	23	13	57
REPRESENTATIVE IN CONGRESS				
Ann McLane Kuster	590	855	693	2138
Steven Negron	441	664	578	1683
Justin O'Donnell	26	45	38	109
		1.00		
EXECUTIVE COUNCILOR	3232	70000	-	0.555
Michael J. Cryans	518	777	634	1929
Joseph D. Kenney	476	708	611	1795
Tobin Menard	34	46	41	121
STATE SENATOR				
Martha Hennessey	577	837	668	2082
Patrick Lozito	460	694	613	1767
				J.10009C
STATE REP SULLIVAN DISTRICT 3				
Andrew S. O'Hearne	613			613
Francis Gauthier	416			416
STATE REP SULLIVAN DISTRICT 4				1
Gary Merchant		883		883
John O'Connor		655		655
		100/55		
STATE REP SULLIVAN DISTRICT 5			0.881	i exa
Walter Stapleton			663	663
Chad Rolston			636	636
STATE DED SULL BUSINESS AS			10.0	
STATE REP SULLIVAN DISTRICT 10 John Cloutier	624	924	741	2289
Conlin Smith	428	624	557	1609
Contain Contain	720	024	001	1008
SHERIFF	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Communica-	Siscons	
John P. Simonds (Democratic)	540	793	626	1959
John P. Simonds (Republican)	478	708	643	1829
COUNTY ATTORNEY	520	770	644	4000
Marc Hathaway (Democratic) Marc Hathaway (Republican)	539 456	770 683	614 623	1923 1762
marc Hallaway (Republican)	430	003	023	1702
COUNTY TREASURER				
Michael Sanderson	658	942	909	2509
	500	376	303	2000
REGISTER OF DEEDS				
Janet Gibson	666	951	912	2529
REGISTER OF PROBATE	1000	1		
Raymond Gagnon	578	817	680	2075
Timothy O'Hearne	448	706	603	1757
COLINTY COMMISSIONED 4ST DIST				
COUNTY COMMISSIONER 1ST DIST Jeff Barrette	698	1052	947	2697
Jen Danelle	090	1002	341	2007
COUNTY COMMISSIONER 3RD DIST				
George Hebert	686	1018	932	2636
M.11				
QUESTION #1	100000			500000000
YES	736	1127	883	2746
NO	154	211	211	576
QUESTION #2	740	4400	0.40	0000
YES	742	1165	918	2825
NO	166	203	203	572
			-	
TOTAL BALLOTS CAST	1072	1588	1325	3985
O INE BREED IS ONS	1800	2523	2115	6438
TOTAL VOTERS ON CHECKLIST				
TOTAL VOTERS ON CHECKLIST SAME DAY REGISTRATIONS	81	104	102	287

To the Citizens of Claremont

THANK YOU

for your support



John Cloutier



Gary Merchant



Andrew O'Hearne



Chad Rolston

Paid for by Merchant4NHHouse, Fiscal Agent Gary Merchant, 272 Pleasant Street, Claremont NH 03743







Bluff School in Claremont honored veterans with a ceremony at the school on Friday, Nov. 9. A Color Guard from American Legion Post 29 was present and was joined by Sgt. Tyler Bates from Claremont who was home before heading to Fort Drum for his next assignment. Bates, whose mother is a third grade teacher at Bluff, talked to the students about being in the Army. The students sang the anthems of our military units and thanked the veterans present as they filed back to class (Bill Binder photos).





Classified Ads

CHARLESTOWN





265 Main St. Located in Zone A. This is where beautiful old homes and professional buildings live in harmony. Standing tall, this 1850's house was last used as an office and could again become someone's residence. Beautiful hardwood floors, fireplaces, large windows, a huge attic covered by a slate roof.

Price Reduced to \$92,500. See MLS# 4679951 for more photos.



Bonnie Miles

COLDWELL BANKER 5

Homes Unlimited 112 Washington St., Claremont, NH 03743

Call or text my cell: (603) 381-9611

Office: (603) 542-2503

bonnie@coldwellbankernh.com





Ann's Property Of The Week

6 Cornell St. Claremont



Century 21/Highview Realty, 42 Summer Street, Claremont, NH 03743

603-542-7766

Multi-Million Dollar Producer!

Move-in condition!

Nice ranch style home located on a dead end street, is this 2 bedroom bath & a half, with gorgeous hardwood floors, newer vinyl siding and windows, full basement and an attached direct entry garage with attached carpet, paved driveway, totally fenced in back yard. This home has been nicely maintained and is in move in condition.

MLS # 4711138 \$139,000

Ann Jacques

Call me for your real estate needs!



annjacques1@comcast.net



Tammy Bergeron
Owner/Broker



tammy@housestohomesnh.com Ashley@housestohomesnh.com www.housestohomesnh.com



131 Broad Street Claremont, NH 03743 Office: 603-287-4856

Fax: 287-4857

Cell: 603-477-1872

Ashley Bergeron Agent





Gentleman's Farm awaits you, over 38 acres with 15 acres of open fields and trails. 1864 farmhouse has been in the same family for many years, the character is still here! Well maintained and loved. Attached garage and barn with stalls and tack room. \$324,000

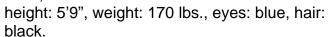
Classified Ads

Sullivan County Fugitive of the Week

LOUIS EMBAIR DOB: 2/15/1977

LKA: 35 Woonsocket Ave., Claremont, NH

DESCRIP-TION: White male,



REASON: Violation of Probation

CHARGE: Operating after being Declared a Habitual Offender, a Class B Felony.

On Oct. 25, 2017, Louis Embair was indicted by the Sullivan County Grand Jury on one count of Operating after being Declared a Habitual Offender, a Class B Felony.

On Jan. 8, 2018, in Sullivan County Superior Court, Embair pled guilty to Operating after Being Declared a Habitual Offender. As part of his sentence, he was placed on probation.

On Oct. 11, 2018, the New Hampshire Probation Department filed a violation of Probation against Embair in Sullivan County Superior Court. The Probation Department alleged that Embair violated his probation. On Oct. 25, 2018, the Sullivan County Superior Court issued a warrant for Embair's arrest for Violation of Probation.

This information is provided by Sheriff John Simonds, of the Sullivan County Sheriff's Department. Anyone with information regarding this individual is asked to contact the Sheriff's Department or their local police department.

www.etickernewsofclaremont.com www.facebook.com/etickernews CLAREMONT, NH —1 Story Ranch 3 Bed 2 Bath. 17+ acres. Detached & heated 2 car garage. Renovated and updated bathrooms. MLS # 4726547 \$189,900



CLAREMONT, NH —1 Story Ranch 2 bed 1 Bath. Large Master Bed with walk-in closet. New furnace.

MLS # 4698345 \$109,500









NEWPORT, NH —LAND, 23+ acres. Good access. Access to trials.
MLS # 4724958 \$49,900





BUY OR SELL WITH US AND USE THIS TRUCK FREE!

HOMES UNLIMITED

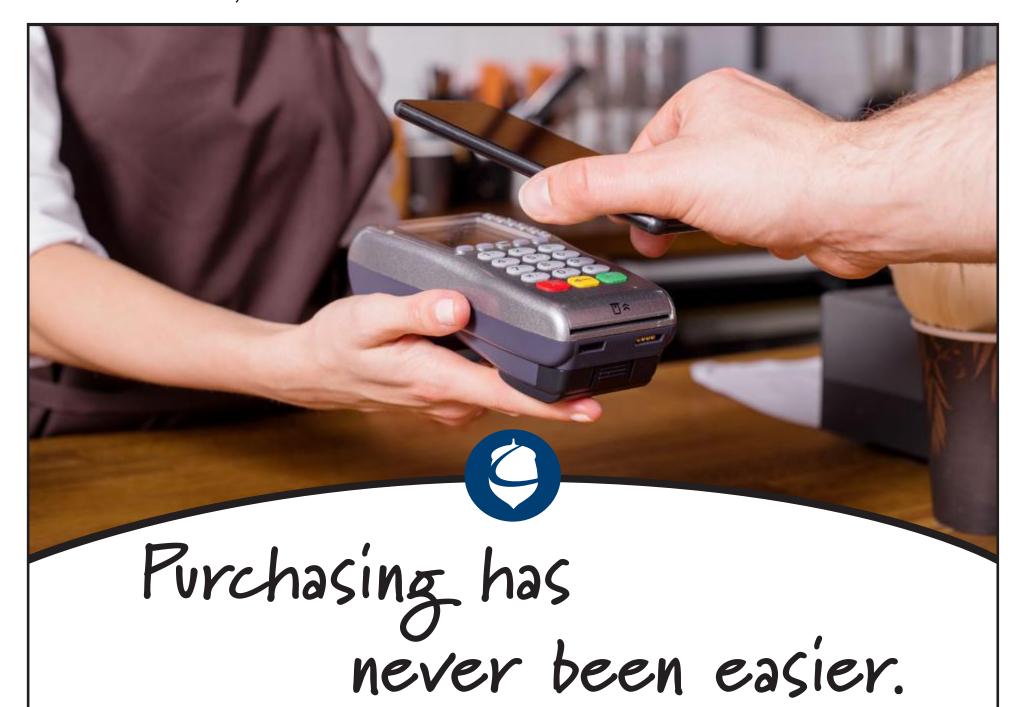
112 Washington Street Claremont, NH 03743 Phone (603) 542-2503

www.coldwellbankernh.com

Claremont School District has been waiting for you to join our team!

- Certified Teachers \$36,228-\$61,842 annual
- Paraeducators \$11.91-\$21.19 hourly
- Teacher Substitutes \$10.00-\$12.85 hourly
- Bus Drivers \$15.93-\$19.72 hourly

Turn each day into a fantastic day! Applications being accepted online at http://www.sau6.org/employment/



SIMPLIFY
WITH DIGITAL WALLET

LOCATIONS

145 Broad St. Claremont, NH 135 Main St. Charlestown, NH

356 Washington St. Claremont, NH

85 Main St. Springfield, VT LENDING OFFICE 93 South Main St. West Lebanon, NH



800-992-0316

claremontsavings.com

Mayoral Notes by Charlene Lovett



Honoring the 100th Anniversary of Armistice Day

At 11am on 11 November 1918, 47 miles outside of Paris in the Forest of Compiegne, German delegates met with Allied Commander Ferdinand Foch to sign the armistice that ended World War 1 (WW1). The armistice marked the end of a war that had raged across the European Continent for over four years, leaving a trail of death and destruction the likes of which the world had never seen. By its end, whole communities had been leveled and millions had lost their lives or been wounded.

It was a war that President Wilson and the country had hoped to avoid, but its impact eventually hit home. In 1915, a German Uboat torpedoed the Lusitania, sinking it within minutes just off the coast of Ireland. Nearly, 1200 civilians, including Americans, were killed. Later, the U.S. government uncovered Germany's plot to create a conflict along our southern border in an attempt to redirect our attention from the war to our own border. Germany's attempt to cause instability at home was the final straw and President Wilson called a special session in April 1917, asking Congress to declare war.

Congress made the declaration. Nearly three years after it began, the United States entered WW1. The call to arms was given, and U.S. servicemen shipped overseas to join ranks with their war seasoned allies. Here in Claremont, families said goodbye to their men, waiting for their safe return. A year into the war, the waiting would stop for many Claremont families. Spring 1918 marked the arrival of the first telegram, catapulting a whole community into mourning. John Miller was the first casualty, dying from an accident in April. The next month Harry Porter died of disease. In July, Raymond Lamere died from an accident and Oliver LaCasse was killed in action. The next month, Clifford Cady and Philias Cote both died of wounds. The news in September was even more devastating. Alfred

Coulombe and George McLeod were killed in action. Arthur Baribeau, Arthur Couture, Charles Farrie, Osborne Friend, Alphonse Lebrecque, Albert Nailer, and Robert Rickard all died from disease. October followed with the news that Albert Audette, Charles Ayer and Ralph Kelsey were killed in action, and that Burton Benjamin and Roy Young died of disease. Ten days before the armistice, Don Hooper was killed in action.

In eight months, Claremont lost 20 men. Even after the armistice was signed, Claremont continued to lose men to disease or wounds. It was a story shared by communities across our nation and abroad. The war was over, but a whole generation of men was nearly lost. Those who had fought and survived would live with the scars.

This Veteran's Day we not only honor the veterans who have or are serving their country, but also the 100th anniversary of a war that the world had hoped never to see again. From

history, we know that this was not to be. A generation later we would be thrust into WWII, and nations would again experience destruction and great loss.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

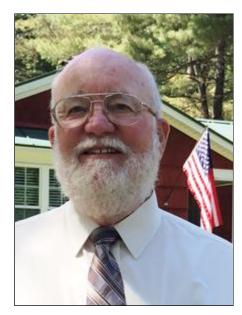
CASA Volunteer Advocate Training in Claremont Announced

CLAREMONT, NH—Join more than 500 citizens who are speaking up for New Hampshire's children by applying to become a CASA volunteer advocate. Training begins in Claremont on Monday, Jan. 7, 2019.

Please visit www.casanh.org/volunteer or call 800-626-0622 for more information about the program.

THANK YOU ALL!

Thanks to all the folks whose prayers, votes, and support lifted me to a win in Tuesday's mid-term election for the Claremont Ward 3 legislative seat in Concord! With your help, I was able to eke out a narrow lead of 27 votes (mine 663 to his 636) in that election, which brought record turnout of voters (60%)! Kudos to my worthy opponent, Chad Rolston, who also ran a great campaign that made me work so hard to stay a bit ahead! And, we both ran clean races to do that, right down to having friendly, conversation, coffee and sharing umbrellas on the rainy sidewalk at the Disnard polls! Treating each other with civility, respect and friend-



Walter Stapleton

ship is key to working together where we can meet our common goals and get work done for the community. Those values I will carry with me to the Legislature and I pledge to be a listening representative to the people of Claremont regardless of party affiliations!

Call or write me any time, and please leave a message if you get the voicemail: (603) 542- 8656, waltstapleton@comcast.net.

Mail address: 90 Veterans Park Rd, Claremont 03743.

Paid for by Republican Candidate and Fiscal Agent, Walter Stapleton, 90 Veterans Park Rd. Claremont NH 03743

e-Ticker Business News

D-H Shares \$9 Million Biden Moonshot Initiative Grant to Integrate Patient-Reported Outcomes into Cancer Care

LEBANON, NH – Dartmouth-Hitchcock (D-H) is one of six U.S. health care systems sharing a \$9 million grant for new research into improving cancer care.

The National Cancer Institute, in association with the Beau Biden Cancer Moonshot Initiative, recently announced the funding of the collaboration, the SIMPRO Research Center. SIMPRO is a consortium of six U.S. health care systems whose goal is to integrate the use of patient-reported outcomes (PROs) into the routine practice of oncology providers to improve symptom management and to decrease hospitalizations.

Dartmouth-Hitchcock Chair of Surgery Sandra Wong, MD, is a co-principal investigator on the project, and is leading the D-H effort. Wong, a surgical oncologist at the Dartmouth-Hitchcock Norris Cotton Cancer Center (NCCC) who is also the William N. and Bessie Allyn Professor of Surgery at the Geisel School of Medicine at Dartmouth, is joined by D-H Chief Health Information Officer Peter Solberg, MD, and NCCC medical oncologist Gabriel Brooks, MD, as co-investigators, as well as a team of physician champions.

"Post-operative symptom management is an underutilized strategy for improving surgical care," notes Wong. "This work will help us understand how surgeons should implement ePROs especially for patients who travel great distances for their operations."

n addition to D-H, the other five collaborating sites are Dana-Farber/Brigham and Women's Cancer Center in Boston, Baptist Memorial Medical Center in Memphis, Lifespan Cancer Institute in Rhode Island, West Virginia University Cancer Institute, and Maine Medical Center in Portland, ME. To accomplish this research project, the SIMPRO team will work with Epic, the most widely-used comprehensive health record software and which is used by all six participating institutions.

"Integration of patient-reported outcomes is

at the heart of our patient-centered care philosophy," noted NCCC Director Dr. Steven Leach. "As the only NCI-designated comprehensive cancer center located outside of a major urban center, NCCC can play a leading role in delivering care to rural populations. SIM-PRO will help us to improve outcomes and experience for those rural patients."

SIMPRO will develop, implement, and evaluate an ePRO reporting and management system through an app called eSyM. Patients' smart devices will enable a secure connection to their cancer care team via the electronic health record, and facilitate symptom tracking following cancer surgery or chemotherapy. The study will test whether monitoring the symptoms patients experience and providing coaching on how to manage them can decrease the need for hospitalizations and emergency room visits.

"Engaging patients to report their symptoms between clinic visits gives us a chance to in-

tervene sooner when new symptoms or treatment-related side effects arise," says Brooks, "and we hope that early intervention will translate to better outcomes for patients."

After development and pilot testing, eSyM will be fully integrated into the electronic health record at each participating center, allowing for direct communication and real-time updates for clinicians who will have access to a dashboard of patients' symptoms to prioritize outreach efforts

and coaching.

"The opportunity to partner directly with Epic and their resources, to build these tools into our electronic health record, means in the short-term the research is more likely to bear fruit," said Solberg, "and in the long-term that successful strategies can be disseminated around the country."

The SIMPRO investigators will conduct a randomized trial to evaluate implementation of eSyM from a patient, clinician and health system perspective. Across all study phases, the implementation, adoption, acceptance, and adaptation of the ePRO system will be critically evaluated to promote better delivery of cancer care.

For more detailed information about this project, please visit the SIMPRO Research Center website: www.eSyMCancerMoonshot.org.



e-Ticker Business News



Send us your Business news and photos



109 PLEASANT ST CLAREMONT, NH 03743 Carl Bannon RPh Chad Beane RPh SRPClaremont@gmail.com

Mon - Fri 8AM - 6PM Sat 9AM - 2PM Phone 603 542 6337 542 - MEDS Fax 603 287 7139

Marine Corporal Scott Colby collects toys for the Toys for Tots organization. Toys can also be dropped off at the Jiffy Mart on North St. and at the Coldwell Banker office on Washington Street. Photos: He was busy collecting items outside Walmart this past weekend (Bill Binder photos).



We are putting the care back in Healthcare!

We are excited & proud to be the #1 choice in healthcare in the area! We placed first in the Doctor category & Pediatrician!





Healthcare Reinvented

With our nurse practitioner focus on patient centered care. With a caring staff focused on keeping you at your best. We offer what matters most to keep you healthy.

IT'S ALL ABOUT YOU!

Contact us at 603-826-3434

KFPMed.com



3 Convenient Locations!

71 Belknap Ave. Newport, NH

130 Pleasant St. Claremont, NH 157 Main St. Charlestown, NH

Generous Donations Clean Up School Lunch Program Debt of \$32,000+

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—Thanks to the generosity of a number of community-minded individuals, the \$32,000+ school lunch program debt is being eliminated through donations. While questions remain as to how the debt grew to the level it did, those concerns will be further addressed over the coming weeks. It is hoped that bringing a lunch program monitor onboard in a part-time capacity will help to keep track of monies paid or not paid, help those needing application assistance, etc. In the meantime, the district expressed its gratitude to those who donated to wipe out the debt.

A public hearing was held before the regularly scheduled school board meeting Wednesday evening regarding the food service donations. That opened the path for the board to formally accept the donations during the regular meeting. Some \$3,530 in donations was made to the district, with another anonymous donor offering to pay off the remainder of the debt from the 2017-18 school year, over \$29,000.

Board Chair Frank Sprague expressed his heartfelt feelings and those of the board, saying "Thank you, Claremont," and interim Superintendent Keith Pfeifer added his thanks to the community for its "thoughtfulness, caring and generosity..."

The money was owed by families who are intended to pay the full amount for meals, and a few staff, the district's business and finance director has said in the past.



13th Annual Craft Fair

Start your holiday shopping and benefit the LSRVNA Hospice Program

Saturday, November 17 9:00 am – 2:00 pm Kearsarge Community Presbyterian Church 82 King Hill Road (Route 11) in New London

- A wide array of talented crafters
- Cookie Walk
- Music
- Food
- Silent Auction

Contact Cheyrl Fogwill at 603.475.2450 for details.

107 Newport Road • New London, NH 03257 LakeSunapeeVNA.org

Ladies' Night at Gallery of Gifts Thursday December 6



5:00 – 7:00 pm Library Arts Center Gallery 58 N Main St. Newport, NH

The Library Arts Center will host a Ladies' Night once again in 2018 to high-light the popular Gallery of Gifts: Handmade Holiday Boutique currently on display in the Center's gallery. The event will feature refreshments of wine and chocolate, and a "holiday bling" competition. Be sure to wear your glitziest holiday outfit--complete with flair--to compete for prizes. Attendees are welcome to sip, shop, and enjoy the season. Free.



Claremont Chapter of AARP Commemorates 100th Anniversary of Veteran's Day

CLAREMONT, NH—The Claremont Area AARP Chapter met November 8 at The Earl Bourdon Centre. A short ceremony in commemoration of the 100th anniversary of Veterans' Day was held with the reading of its history, a letter from a soldier preparing for war at Fort Devans in 1917, and the history and reading of "In Flanders Fields", a poem written about the American Cemetery in Waregen. Belgium, published in 1918, where poppies grew on graves, with the poppy later becoming the symbol of remembrance.

David Shikes, a humorist, from Atkinson, NH entertained the group with timely anecdotes and some serious suggestions for seniors from his own experience.

A letter was read from the NH AARP. Faith and Tim LaBelle were runners up for the 2018 Andrus Award for Community Service, named in honor of the founder of AARP. In recognition of their exceptional community service they received a Certificate of Acknowledgement.

The Christmas party will be held Dec. 13 at the Imperial Chinese Buffet on Washington Street in Claremont. There will be a \$10 Yankee Swap of new wrapped gifts. RSVP to Kathy at 603-542-5500 by Dec 10 if not done at Nov. meeting. Non-perishable food will also be collected that day for the weekend backpack program in Claremont schools. Fiftyfour backpacks are filled each week by volunteers at Trinity Episcopal Church.

Door prizes were won by Ginny Smith, David Shikes, Mary Cook, Cathy Belanger, Bob Bruzik, and Faith LaBelle. Edible Pilgrim hat favors were made by Faith and Tim LaBelle for all. Refreshments followed.

Road Construction in Lempster

LEMPSTER, NH—The Town Clerk's office announced that Love- joy Road in Lempster will be closed through Nov. 30th for road re-construction work.

Send news and photos etickernews@gmail.com



BUY 3 TIRES GET THE 4TH HIR \$



†Offer valid 10/1/2018-11/30/2018. Available on select tires in stock at participating dealerships. Toyo, OHTSU, and Kelly tires are excluded. See your Service Advisor for details.













©2018 FCA US LLC. All Rights Reserved. Chrysler, Dodge, Jeep, Ram, Mopar and SRT are registered trademarks of FCA US LLC. FIAT is a registered trademark of FCA Group Marketing S.p.A., used under license by FCA US LLC.

LAMBERT AUTO. COM









5 RIVER ROAD CLAREMONT NH 03743

603-543-1507 877-216-5801

www.lambertauto.com





The cold, windy day didn't deter veterans and families from attending the 100th anniversary of the signing of the armistice bringing an end to WWI. On the 11th hour of the 11th day of the 11th month in 1918, the armistice was signed ending "The War to End All Wars". American Legion Post 29 Adjutant Michael Richmond (below) welcomed the crowd and gave the opening remarks. Other speakers included Post 29 Commander Moe Ferland; Post 29 Service Officer Marsha Bailey, who spoke on the women who served in the war and those who serve today; Rolling Thunder NH Chapter 2 President Denis Desilets, who reminded those attending of the POW/MIA servicemen still missing; and Mayor Charlene Lovett, who gave the Veterans Day address. There was also a rifle volley by the Color Guard and "Taps". A luncheon was served after the event at the American Legion on Broad St.



Photos by Bill Binder





Wine & Gift Merchants

Bouteille ~ A unique, one stop destination in the heart of downtown Claremont. The perfect choice for wine, specialty foods, gifts, purses, scarves, baskets, etc.



Closed Sun/Mon; Tues ~ Thurs 10-6; Fri 10-7; Sat. 10-4

603-287-8983 bwg@bouteillenh.com

Time to Think About Year-End Investment Moves

We've still got a couple of months left in 2018, but it's not too soon to start thinking about some year-end investment moves that might benefit you. Here are a few possibilities (although not all will apply to your situation):

Add to your IRA. For the 2018 tax year, you can put up to \$5,500 into your traditional or Roth IRA (assuming you are eligible), or \$6,500 if you're 50 or older. If you haven't reached this limit, consider adding some money. You have until April 15, 2019, to contribute to your IRA for 2018, but why wait until the last minute?

Increase your 401(k) contributions. You already may be investing in your 401(k) or similar employer-sponsored retirement plan, but you might be able to bump up your contributions for the rest of the year, if it's allowed. Of course, you should always put in enough to earn your employer's matching contribution, if one is offered.

Take your RMDs. If you are $70\frac{1}{2}$ or older, you must start taking withdrawals – called required minimum distributions, or RMDs – from your traditional IRA and your 401(k) or similar retirement plan. Generally, you must take these RMDs by December 31 every year. But if you turned $70\frac{1}{2}$ in 2018, you can wait until April 1, 2019, until you take your first RMD. However, you will then have to take a second RMD (the one for age 71) by December 31, 2019. Taking two RMDs in one year could

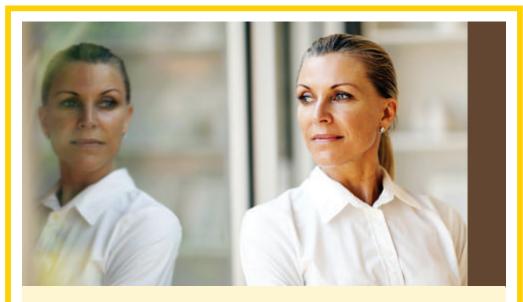
give you an unexpectedly large taxable income for the year, possibly bumping you into a higher tax bracket and affecting the amount of your Social Security benefits subject to taxes. So, if you are considering delaying your first RMD, consult with your tax advisor.

Make changes in response to life events. In 2018, did you experience a major life event, such as a marriage, divorce or addition of a child? Or did you change jobs or retire? Any of these events could lead you to adjust your investment plans, so now may be the time to do so, possibly with the help of a financial professional.

Review your investment mix. At least once a year, it's a good idea to review your investment mix to ensure it's still suitable for your goals and risk tolerance. Sometimes, even without your taking any action, your portfolio might change in ways you hadn't expected. For example, suppose you wanted your portfolio to contain 60% stocks and 40% bonds and other investments. After a period of rising prices, though, the value of your stocks may have increased so much that they now occupy 65% of your portfolio – which means you may be taking on more risk than you had originally intended. Consequently, you may need to rebalance your portfolio to get back to your original 60% to 40% ratios. (Keep in mind that these figures are just for illustration; everyone's ideal portfolio mix will depend on their individual situations.)

These aren't the only year-end moves you may want to consider, but they can help you close out 2018 on a positive note. Plus, they can serve as a reminder that you need to be vigilant as you keep working toward your financial goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer? Understand Your 401(k) Options.

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

To learn more, call or visit your financial advisor today.



Martha Maki, AAMS® Financial Advisor

54 Opera House Sq Claremont, NH 03743 603-542-7667 **www.edwardjones.com** Member SIPC



IRT-1948E-A





Dumpster Rentals

15 yard roll off dumpster

Starting at \$299

7 Day Rental Trucking and disposal of 1 Ton of debris

Book Today (603) 542-8050

The right size dumpster delivered by a smaller sized truck, with 4X4 capability to reduce the risk of damage to your property









www.decamptrucking.com

Volunteer Drivers Needed

SCS Transportation provides a vital service throughout Sullivan County for those residents who require transportation for medical, counseling, or physical therapy appointments. In order to continue to provide this very essential assistance, we are searching for additional volunteer drivers. Drivers can elect the hours and times that they choose and will, of course, receive mileage reimburse-ment. Drivers must be insured.

Those interested please call (603) 542-9609.

SATURDAY, NOVEMBER 17 WINDSOR CHRISTMAS BAZAAR

On Saturday, Nov.17, Old South Church, Windsor, will be holding a Christmas Bazaar from 9:00 a.m. until 2:00 p.m. Featured will be "The Christmas Attic" with new and gently used Christmas items, a Gift Shop, handcrafts, and a Bake Sale all to benefit the new furnace at the church. A "Chili to Go" lunch with Old South award winning chili is available.



It's About Food

By Johnny Navillus



Leftovers

When dinner is over, what do you do with those small pieces left behind? Too small for another meal but too tasty to throw away. Someone says she will have it for lunch or a snack tomorrow. Same old song. Not going to happen. So you wrap it up and put it in the fridge. Maybe this time it will be different. Not going to happen.

So, after four days, you have various packets of meats and veggies stored away behind the mayo. They say you should use leftovers before four days have past. So you have a quarter of a chicken breast, a half a chicken breast, a pork chop with half missing and assorted veggies. Maybe even a bit of steak tip. All cooked differently but too good to throw away.

Time for Nana's large cast iron skillet. Drag it out, rinse it off and let's play.

Take out all the meats and veggies. Cook up some rice. Dice up the meats. Cut up any large veggies into bite-sized portions. Get out any sauces you may have like the half jar of simmering sauce on the fridge shelf. Or just some soy sauce if that's all you have. Maybe the hot sauce, too.

Heat up the skillet, put in some olive oil, and when hot add the meat. Keep it moving because you are stir frying. When heated through, add the veggies. When they are heated, add the rice. Mix it all up. Add whatever sauce you came up with. Just the soy sauce? OK. Splash it in. Stir it around until everything is coated with the sauce.

Serve it in bowls and call it Stir Fried Rice Surprise. Because it will be a surprise if nobody likes it. For better acceptance, serve plum wine a couple of minutes before serving.

Or you could add some of the wine while cooking.

The secret here is the sauce. Any sauce added to the rice creates a taste and consistency the is hard not to like. Know your audience. Don't go hot if they don't like it.

The point here is that you have used up those scraps of meat and veggies with some rice that you already had around and didn't throw anything away. The cost of this very tasty meal is negligible. And no feelings of guilt about throwing out good food.

A major point here is that you don't need a wok to stir fry. A deep cast iron skillet works very well. Just keep things moving and they won't stick. And it takes a bit of experience to really use a wok well.

About 30 years ago a waiter in a Chinese restaurant turned me onto plum wine. It goes very well with any Asian dish and especially well with Indian food. It has to be sipped and savored. Go easy to make it last because it will go fast. No leftover wine with this.

The point here is that playing with food can save money and time. Not only that it saves a hurried trip to the store at the end of the day when "What will I make for dinner?" becomes a source of angst.

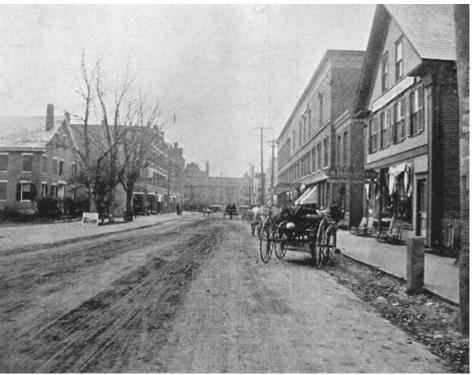
Don't use leftovers that are more than four days old, Be safe.

Play with your food. Why not?

Write to Johnny at etickernews@gmail.com.







Top left: Howe's Motors, around 1939; top right: Pleasant St. facing Hotel Claremont/Moody a long time ago; bottom: Monadnock Park, circa 1960s.

Photos courtesy of Joseph Rzeczycki and Merle Boardman



A Night of Crafting

Floral Centerpiece Arrangements for your Thanksgiving Table

Come learn how to make them and then how to transform it for your Christmas Table



Join Us

Wednesday, November 14th at 6:00 pm

Claremont Elks Lodge #879

Pleasant Street Entrance

\$35.00 per person

Includes all supplies, except candles

So grab your friends and let's have an evening of fun crafting, the more the merrier.

Call the Lodge to reserve a spot by November 12th

603-542-9802

Golden Tunnel...

Over the river and through — Over the Sugar River, that is, where the rail trail between Washington and Broad streets in Claremont crosses the old bridge. A lone walker continues through the golden tunnel... on his way to grandmother's house perhaps? (Eric Zengota photo).



Now Available at Violet's Book Store in Claremont

Limited Edition 2019 Calendar

Featuring Photography by e-Ticker News publisher, Phyllis "Pam" Muzeroll

- High-gloss finish
- Full-color artwork featuring the wonders of nature, seasons and more
- 8.5x11; opens to 11x17, ready to hang

"If you love beautiful photos, you will not be disappointed." Recent customer



\$12. Will be happy to mail; please add \$2 for postage. Checks, cash or payment by PayPal accepted.

For more information or to order, please email etickernews@gmail.com or private message me on Facebook.

Proceeds help support the work of the e-Ticker News

Since we don't charge a subscription fee, sales help support our work. Thank you for your continued support and allowing us to serve you, our community!