# e-Ticker News Sports

Section B October 22, 2018



#### **A Football Family**

When you hear mention of the Wright Brothers, you automatically think of aviation. When you hear the names of the Smith Brothers, you automatically reach for the cough drops. When you hear the names of the Smothers Brothers, you automatically recall comedy and music going hand-in-hand.

Mention the Fowler Brothers and one can't help but think of the game of football. In particular, Stevens High football.

The Fowler family was saddened by the loss of one of their family members the beginning of this month. Eugene ("Gene") Fowler passed away at the age of 75 due to complications from Parkinson's Disease. He, along with his brother, Rusty, co-captained the 1961 Stevens High football squad and each graduated the following June. Gene was a running back, and Rusty played on the line as an offensive guard on a team quarterbacked by Dick Klementowicz. Both players, small in stature, nonetheless, were able to become standouts for coach Don Campbell.

"I was quick, and Coach Campbell needed someone to come across the line fast to block, mostly for my brother," said Rusty in a phone conversation from his Newport residence. "Gene was a good runner."

The light-weighted Newporter distinctly recalls the time he was knocked out at Holman Stadium in Nashua when he and his brother, as juniors, played under the quarterbacking of stellar signal-caller Scott Fitz. "I never woke up until I got back to the bench," Fowler remembered. "After all, I was only 135 pounds and this big 200-pounder just barreled me over!"

That's just one of a hundred stories any of the Fowlers could tell you. They stand big in the annals of Stevens High football with the youngest son of Theodore and Mildred Fowler, Tom, going on to the greatest accomplishments.

It all began back in the 1940's when Theodore and Mildred started their family on the Plains Road. When finished, 10 children were born to them, five boys and five girls. All, as it turns out, were schooled at the West Claremont Elementary School and at Stevens High.

"Gene was probably the better football out of all of us," Tom related in a sit-down interview, mentioning the oldest brother, Ted, was the only boy not to play football. He was, however, a Golden Gloves boxing champion. The next boy in line, Albie, began the string of football players at Stevens. Albie, a running back, played for Coach Clarence Parker, graduating in 1958. He now resides in Florida.

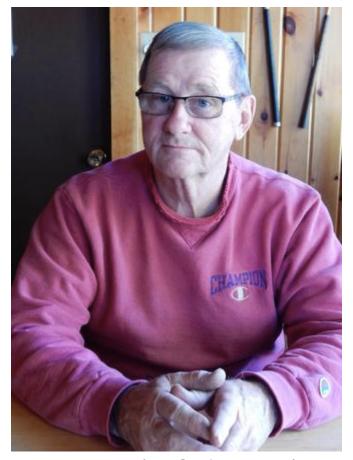
"I grew to love football through what my previous brothers had done," the youngest Fowler son, who graduated in 1969 and went on to become a high school coach throughout the area, continued. "I was the last boy, so they used to beat up on me all the time. The entire family, including my mom and sisters (Pat, Mildred, Carol, Linda, and Lydia) were so super supportive of us boys playing football."

The father never got to see Tom play, passing away when his youngest son was 12 years of age. "I remember he was an avid fan," the youngest Fowler male stated in regards to his father. "He was right down there on the sidelines. He always pushed us boys."

Rusty, too, chimed in on his father's influence. "Football was the only sport my father had time to go to as we always had to hay and milk the cows before and after school and football, being in the fall, when things were dying down a bit before winter arrived, allowed him and us to get into the sport," Rusty explained. "But what a critic he was! He always told us what we did wrong and what we could have done, but we were the better for it."

"You didn't want to be around Gene or Rusty when they lost," Tom pointed out," and early in my career you didn't want to be around me, but after a while you realize you did the best you could in preparation and everything happens for a reason. Rusty and Gene are the ones who ingrained into me the love of football."

That love of football propelled the youngest



Tom Fowler (Les St.Pierre photo).

into a world of coaching the sport after his playing days were over. Stints at Stevens, Milford, Fall Mountain, Keene, and Newport are all listed on his resume, including the head baseball coach at Keene, where Tom guided the Blackbirds into six state title games, winning four of them.

"I had 44 great years of coaching," Tom, now retired from coaching and currently employed as superintendent at the Claremont Country Club, expressed, recalling the years 1971-2015.

Included in those 44 years was his coaching of his nephew, Rusty's son (also with the same name). As quarterback, Rusty set the state record at Stevens for most passing yards and most touchdowns in a single season, throwing to targets Paul Belanger and Brian Pond. That record was surpassed by Manchester Central's Ryan Day. Day went on to quarterback the University of New Hampshire Wildcats (1998-2001) and continued into coaching becoming the quarterback coach for both the Philadelphia Eagles and San Francisco 49ers under Chip Kelley. He went on to become of

(Continued on page B2)

fensive coordinator at Ohio State and, in August of this year, was named interim head coach at OSU when head coach Urban Meyer was put on administrative leave for a while.

Football, indeed, is ingrained into the Fowler family and, in turn, Claremonters can't help but equate the name to Stevens High School gridiron action.

"My bother, Gene, is going to be missed," Tom concluded, shaking his head. "He was just a good-hearted person, and a good football player."

#### SHS Field Hockey Closes Out Season, Playing with Heart

The SHS Field Hockey Team played its Div. III Playoff game on Tuesday, #5 Lebanon vs #12 Stevens.

"We played a great playoff game against #5 Lebanon," said Varsity Coach Patty Deschaine. "It was a scoreless game after regulation play. The Cardinals ended up losing 1-0 with 2:21 left in OT. It was the second OT game against Lebanon as the Cardinals played the Raiders on Saturday and tied in OT. We played with heart and left everything on the field. We have very proud coaches, watching the tremendous effort they played until the very end of the game."

The Cardinals end their season with a record of 6-7-2.

The Red Birds graduate five seniors who have played key roles this season and will be missed, said Deschaine: Hailey LaClair, Ryann Rider, Sophie Foote, Carrie Faro, and Ashlee Brown.

# SHS Girls Soccer Finishes Regular Season at 13-3

For Senior night, the Stevens Lady Cardinals Soccer team hosted Hillsboro-Deering and won 6-0.

Stevens honored 10 seniors; Julia Belaire, Brooke Bonneau, Jenna Pond, Audrey Puksta, Ashlyn Marsh, Kate Chambers, Leann Mc-Carthy, Abbey Miller, Maddie Vaine, and Regan Burt.

Audrey Puksta and Sydney Miller combined for the 6 goals, each having 3 a piece. Brooke



The SHS Volleyball team wrapped up its season on Thursday, hosting Franklin (Courtesy photo).

Bonneau had 2 assists and Leann McCarthy, Ashlyn Marsh, Audrey Puksta, and Tanner Brown contributed 1 a piece.

With her first goal of the game, Audrey Puksta set the single season scoring record for Stevens scoring her 31st goal of the season.

Kate chambers earned the shut out for Stevens.

Stevens played at Sunapee on Friday for their final regular season game and came away with a 3-0 win.

The scoring opened up with just over a minute into the game when Tanner Brown crossed a ball that was finished by Jenna Pond to put Stevens up 1-0. Stevens was able to capitalize with 18 minutes left in the 1st half when Sydney Miller scored off an assist from Elle Grenier. 7 minutes before halftime, Stevens would find the net one last time when Audrey Puksta scored off a pass from Hannah Miller to put the Lady Cardinals up 3-0.

It was a solid collective effort from Stevens, said the coaching staff.

Kate Chambers earned the shut out in goal. Stevens finishes the regular season at 13-3, and will wait to see where they stand when the seedlings come out this week.

# **SHS Boys Soccer Finishes Regular Season with Win**

The SHS Boys Soccer Team played two games last week to round out its regular season. On Tuesday, the Cardinals played on the road against Coe-Brown Northwood, losing 0-3.

The team bounced back on the 18th, hosting Kingswood, winning 6-3. They ended the regular season with 4 wins, 10 losses and 2 ties.

# Cardinals Volleyball Team Wraps Up Season with Busy Week

The SHS Volleyball team wrapped up its season with a busy week last week. On Monday, the team traveled to Sunapee; the final score was 0-3. On the 16th, the team hosted Moultonborough and finished 0-3. The season ended on Thursday with the Cardinals hosting Franklin. That score was 1-3.

# **SHS Football Honors Seniors Friday Night**

The Stevens Cardinals hosted the Trinity Pioneers at Barnes Park on Friday night. The team also honored their 7 seniors for their 4 year commitment and dedication to the football program. Seniors Baylor Rozzell, Ethan Johnson, Matt Szelangowski, Damon Roy, Josh Stithen, Noah Sandonato, and Isaiah Forrest were recognized prior to the game, as were the senior Band members, senior Spirit members, and senior Flag members.

Trinity scored following a Stevens turnover on a high snap on a punt attempt, with a 2 yard touchdown run. Both teams were able to move the ball but both defenses were able to hold the respective offenses out of the end zone. Trinity would score again before the half and added a conversion kick to make it 13-0. The Cardinals used the running of Keaghan McAllister and Baylor Rozzell, as well as a nice pass from Quentin Bicknell to Damon Roy to move deep into Trinity territory but had to turn the ball over on downs and it remained 13-0 at the break.

Ronnie Bodge was presented with a Stevens Football jacket by Athletic Director Doug Beaupre at halftime of the game to commemorate his 50th year of running the clock and scoreboard for Stevens Football games. "It was really fantastic for us as a staff and team to be there to see that. What an amazing accomplishment that is and to think of all of the teams, players, and coaches that he has witnessed play football for Stevens is really incredible. I was very glad that we got to see him honored for his commitment and I would personally like to thank him for his dedication to Stevens High School and all of the Stevens teams, players, and coaches over those 50 years."

Trinity would return the second half kickoff for a touchdown and that quickly made it 19-0.

Stevens would get on the board and cut the lead to 19-6 on an 8 yard touchdown run from Quentin Bicknell. The Pioneers wasted little time in answering any chance of a comeback as on their first offensive play after the kickoff, former Newport running back, John Thibault ran through

several tackle attempts to race 65 yards for a touchdown to make it 26-6. Trinity would add a punt return, and short run for touchdowns in the 4th quarter to make the final 39-6.

Senior Baylor Rozzell lead the team with 95 yards on his 11 carries, while Keaghan McAllister added 54 yards on 12 carries and had 4 catches for 28 yards. The Cardinals fell to 5-3 and will travel to Hopkinton next Saturday to take on the Hillsboro-Deering-Hopkinton Redhawks in a 1:00 PM regular season finale.

## Jr. Cardinals Football Team Goes to 3-3 on Season

The Stevens JV football team took on the Lebanon Raiders on a wet Monday afternoon at Barnes Park. Despite a solid effort from the junior Cardinals, it was the Raiders who came away with a 36-0 decision.

Pascal Lemieux ran well for the Cardinals and Zack Bundy connected with Clayton Wads- worth and JJ Tursky on nice passes, but the Raider defense would not allow the Cardinals into the end zone on the afternoon. Keegan Batchelder, Hunter Christian, Austin Gould, and Eddie Brodeur also played well for Stevens on the afternoon.

The junior Cardinals are 3-3 on the season and will be traveling to Manchester on Monday for a game with the Pioneers. Game time is 4PM.

# The Harlem Rockets Comedy Basketball Team are Coming to Springfield, VT

SPRINGFIELD, VT—The Springfield Booster Club will be hosting some very special guests on Friday, Nov. 16th, at 7:00 p.m. at Dressel Gym in Riverside Middle School. The Harlem Rockets, a talented group of basketball entertainers who combine incredible showtime bas-

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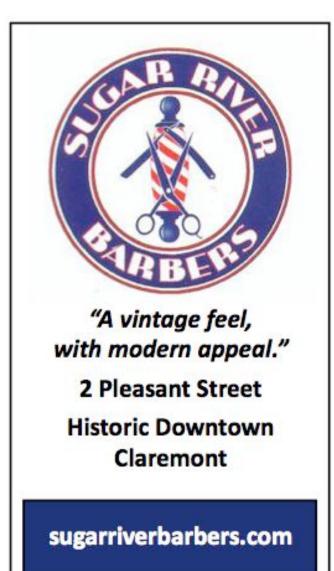
ketball skills and family-friendly comedy will face the Springfield Dream Team in a game benefiting the Springfield Athletics

Tickets for what promises to be a fun-filled evening for the community are available at Jake's South Street Market on South Street, Vianor Tire on Chester Road and the Community Center on Main Street. You can also contact Rachel Hunter from the Booster Club for tickets or purchase them the door. Tickets in advance \$10 for students/senior citizens and \$12 for adults. At the door \$12 for students/senior citizens and \$14 for adults. Sponsors for this event are Brady/Donahue, Vianor Tire Center and Holiday Inn Express Springfield.

#### **Monarchs Triumph Over Royals, 4-3**

MANCHESTER, NH—The Manchester Monarchs won their first home game of the 2018 -19 season, 4-3, against the Reading Royals on Saturday night at SNHU arena.

The Monarchs return to action Wednesday, October 24 at 7:00 p.m., in Portland, ME, against the Maine Mariners.



## Inspiration

#### Courage

#### By Priscilla Hull

During a difficult time in my life, a friend's scribbled this on a scrap of paper and gave it to me: "Courage is fear that has said its prayers." This slip of paper is still taped onto the side of my computer. When I find myself in a tight spot, I look at that paper and read those words. I think of that friend and I thank her for the wisdom of that advice. It wasn't just a quote, but it was a reminder that to any difficult, demanding, scary thing that comes my way, there is a solution. It reminds me that no matter what I can garner the "courage" to go beyond the situation at hand and overcome the fear is real.

Miriam-Webster defines courage as the mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty. Further information which I gathered from various sources is that courage, as we use it today has been used since the 14th century. The root of the word courage comes from ancient Anglo-Saxon English and French and Latin roots cor or coure meaning heart! We need heart to overcome the fear! I know that you all remember the Cowardly Lion, the Tin Man Nd the Scarecrow from the *Wizard of Oz.* I don't think that it was by mere chance that what those three characters needed were courage, love and wisdom. It takes all three functioning together to make it possible to overcome the fearful things of life. Courage comes from the heart or love of self. Love of self and of others gives us reason to have courage. Knowledge provides the ability to know that these fears can be overcome.



It is this combination of heart and knowledge that makes us not only able to overcome the danger, but to mitigate it - to get rid of it. Courage also gives us strength to endure the most difficult times of life. It doesn't always come from within. Sometimes the courage to overcome comes from those around us, cheering us on to go beyond our known potential and to complete a task which might be beyond our capacity. Courage gives us strength to persevere in the most unyielding circumstances.

Have courage to go beyond your potential, to complete the impossible and to make a difference in the world.

"Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee."

Deuteronomy 31:6

Priscilla Hull is the Lay Leader of the First United Methodist Church.

#### Calendar Of Events

Harvest Festival Supper at Union Church 133 Old Church Rd, Claremont, NH Saturday, October 27 Seatings at: 5:00PM 5:45PM 6:30PM

Join us in West Claremont for this community celebration, a tradition for over 60 years. Our famous Norwegian Meatballs, a huge variety of homemade pies, mashed potatoes, gravy, rolls, winter squash, and coleslaw served family style. Our summer supper was almost sold out, so we recommend advanced reservations (walk ins are welcome) Adults \$12.00, 12 and under \$5.00, Preschoolers free. Handicap Accessible (via side door). In the Union Church Parish Hall, 133 Old Church Rd, Claremont, NH.

Reservations suggested: unionchurchnh@gmail.com or 802.738.0678 (leave a message). Walk-ins and take out orders welcome.

#### **The OHC Mosaic Project**

WOODSTOCK, VT—You're invited to a hands-on community project, designed to bring people of all ages together to create a beautiful work of mural art for the exterior of Ottauquechee Health Center (OHC). You can decorate a tile, sponsor a tile, or both. Noted tile artist Robert Rossel of Symmetry Tile Works in Epping, NH, will be in residence in the Art classroom at Woodstock Elementary School.

Members of the general public can sponsor tile(s) for \$100 each to help cover the Project's cost. Sponsors are welcome to join in the tilemaking if they wish. Following the event, tiles will be dried, glazed, and fired to prepare them for installation in May of 2019. A directory just inside OHC's entrance will list the name of each tile creator and sponsor. Visit <a href="http://www.mtascutneyhospital.org/ohc-mosaic-project">http://www.mtascutneyhospital.org/ohc-mosaic-project</a> for more information.

www.etickernewsofclaremont.com

www.facebook.com/etickernews

# MakerSpace Workshop: EL Wire Trick-or-Treat Bags

CLAREMONT, NH—What's cooler than a one-of-a-kind, handmade, trick-or-treat bag? One that lights up the night with electroluminescent (EL) wire! Join us for this beginner level sewing class and make your very own jack-o-lantern faced candy bag, while learning the basics of machine sewing, cutting, ironing, and working with EL wire.

Registrants for this class must be over 16yrs old, but may be accompanied by a child – who can help with the design!

When: Tuesday, October 23rd, 6:00-8:00 p.m. Where: The Claremont MakerSpace, 46 Main Street, Claremont

Details & Registration (Required): <a href="https://www.clare-montmakerspace.org/events">www.clare-montmakerspace.org/events</a>

Info/Questions: <u>info@twinstatemaker-spaces.org</u>.

#### **Silsby Library News**

CHARLESTOWN, NH—Open eBooks has arrived at Silsby Library! This program through First Book gives kids access to a digital library of thousands of popular and award winning children;'s and YA books for free! Bring your kids to the library to get their log in and pin and to find out about the free app that allows them to download up to 10 books at a time on their mobile digital device. This program is available to ALL Charlestown's children whether they are library users or not. Open eBooks goal is for all children to have access to books at home for pleasure reading either independently or with family.

Story Hours are Tuesdays at 10:30 a.m. Lap sitters toddlers and pre-schoolers along with their caregivers are welcome for a morning of stories and craft activities. We are offering an afternoon session as well. This is a great time for our story hour "graduates", who have a full day of school, to spend a bit of quality time at the library. Friday mornings we are again welcoming toddlers for our library play time. It is a great time for moms and tots to socialize and have fun. We share LOTS of giggles.

Keep up with all the library's special events by following us on Facebook at https://www.facebook.com/SilsbyLibrary or check http:// www.silsbyfree.org. If you have any questions, cares, or concerns feel free to contact us at silsby@charlestown-nh.gov. If you want to know what is new to the collection you can go to LibraryThing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at https://silsby.follettdestiny.com/.

#### Newport Opera House Association Announces Cast for 2018 Fall Play, "The Foreigner"

NEWPORT, NH—The Newport Opera House Association (NOHA) has announced the cast for the hilarious comedy, "The Foreigner", written by Larry Shue and directed by Christopher Rex Jacobs.

Set in rural Georgia, Betty Meeks fishing lodge is a quiet place, until Charlie Baker - "the foreigner" - arrives. Being told he does not speak or understand a word of English, he learns everyone's deep, dark secrets, with surprising and hilarious results.

Performances will take place on Nov. 2nd and 3rd at 7:30pm and on Nov. 4th at 2pm. Tickets will go on sale on October 1st and will be available for purchase online at <a href="https://www.new-portoperahouse.com">www.new-portoperahouse.com</a>, or by calling the Box Office at 603-863-2412. Premium reserved seating is available for \$15; general admission tickets will be \$10. Seniors, children and students are eligible for a \$2 discount. For more info, visit the website or call (603) 863-2412.

#### Hannaford Helps Bag to Support Arrowhead

CLAREMONT, NH—During the month of October, every Community bag sold at the Hannaford store in Claremont will generate a \$1 donation to support the Arrowhead Recreation Club.

## CHARLESTOWN RECREATION NEWS

BASKETBALL SIGNUPS: Basketball signups are scheduled for November 7,8,9 from 6-8pm; and. Saturday, November 10 from 10-12noon. These signups will be at the Community Center under the Silsby Library. Also you can sign up any time during regular business hours at the Town Office. Registration forms can be downloaded from the website:

http://www.charlestown-nh.gov/Public\_Documents/CharlestownNH\_Recreation/index

BASKETBALL COMMISSIONER: Basketball season is fast approaching. To get the season off the ground, a Basketball Commissioner is needed. Please contact the Town Office asap! The season cannot start without a Commissioner in place.

COACHES, REFEREES, UMPIRES: The Charlestown Rec is always in need of folks to fill these positions. If you are able to fulfill any of these positions, please contact the Selectboard office.

TOWN POOL MANAGER: The Charlestown Rec is seeking a Pool Manager for next Summer 2019. If you are interested in this position, please inquire at the Town Office.

TOWN POOL LIFEGUARDS: If you are interested in becoming a lifeguard, please contact the Town Office for information about training classes. Commit to the Summer, and the training fee will be reimbursed.

SAVE THE CHARLESTOWN NH TOWN POOL: Check out the Save the Pool Committee Facebook page to see what activities are being planned to help raise funds to renovate and save the Town Pool. Feel free to reach out and volunteer. All are welcome.

RECREATION COMMITTEE MEETING: The next Recreation Committee meeting will be on Tuesday, October 2, 2018, at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

THANK YOU to all the Fall Festival contributors.

CHARLESTOWN RECREATION DEPART-MENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events. Polish American Heritage Month Events in October

#### Coffee Hour at St. Joe's

CLAREMONT, NH—Coffee Hour at St. Joseph will be held on Sunday, Oct. 28, 11:00 a.m., following the regular 10:00 a.m. Mass,

which will feature hymns sung in Polish (music and words provided so you can sing along!). Traditional Polish and American sweet treats will be served in the church hall following Mass. This event is free and open to the public. No registration is necessary.

#### **Volunteer Drivers Needed**

SCS Transportation provides a vital service throughout Sullivan County for those residents who require transportation for medical, counseling, or physical therapy appointments. In order to continue to provide this very essential assistance, we are searching for addi-

tional volunteer drivers. In addition to the obvious rewards of being a volunteer, drivers can elect the hours and times that they choose and will, of course, receive mileage reimbursement.

Drivers must be insured. Those interested are asked to call (603) 542-9609.

#### **Croydon Ladies Auxiliary Bingo**

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m.

#### How to relax for a job interview

#### Plan it out

It's a good idea to give yourself plenty of time to get to an interview. Even if that means you don't hit any traffic and arrive an hour early, that's not a big deal. However, experts say that interviewees who arrive early shouldn't just go hang out in the office, but instead take a quick walk (weather permitting) or duck into a nearby coffee shop to kill time and focus on relaxing and visualizing success. Beyond that, it can be smart to check any notes you may have taken ahead of the interview, so you understand the information inside and out, and can enter the discussion with confidence that you'll know exactly what you're talking about. It can also be a good idea to have a quick look in the bathroom mirror just before going in, to make sure nothing with your outfit or hair is amiss and fix it quickly if that's the case.

#### In the interview itself

A great job interview usually springs from the candidate's being confident, so it's important for anyone to remember that a hiring manager isn't looking to grill them - companies bring in candidates because they're intrigued by what the interviewee has to offer. That, in and of itself, should inspire some confidence, but you should also be aware of things that are common signifiers of nerves, such as talking fast or "going blank" when answering a question.



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#### **Bingo in Charlestown**

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

#### **Newport Historical Society Museum Hours**

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

> Got news? Send news items and photos to etickernews@gmail.com



Lake Sunance Region VNA & HOSDICE

**603 526 /077** 

REV. MAY 29, 2018	Lake Sunapee Region VNA & HOSPICE				603.526.4077
	MONTHLY	FOOT & BLOO	D PRESSURE CI	LINIC SCHEDUL	.E
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ist WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm  FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am — 12:00 pm Newport Senior Center 10:45 am — 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am — 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm Mascoma Senior Center, Canaan 9:00 am — 12:00 pm Lebanon Senior Center 10:00 am — 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am — 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am — 1:00 pm  FOOT CLINIC Charlestown Senior Center 10:00 am — 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am - 12:00 pm Bourdon Centre, Claremont 10:00 - 11:30 am Grantham Methodist Church 11:15 am - 12:00 pm Sugar River Mills, Claremont 1:00 am -2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 - 2:30 pm	FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am — 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am - 12:00 pm Danbury Community Center 10:00 am - 12:00 pm Newport Senior Center 11:15 am - 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 - 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am - 12:00 pm Claremont Senior Center 11:00 am - 12:00 pm Maple Manor Apts, Newport 3:15 - 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am - 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am — 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 — 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am — 3:00 pm Lake Sunapee VNA 9:30 am — 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am — 12:00 pm Cornish Town Hall 11:15 am — 12:30 pm Marion Phillips Apts, Claremont 1:00 — 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am — 12:00 pm  FOOT CLINIC Newport Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am - 1:30 pm  FOOT CLINIC Lake Sunapee VNA 9:30 am - 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm  These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org

Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

#### **Caregiver Support Group**

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

#### **Overeaters Anonymous Meetings**

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

#### **Claremont La Leche League**

CLAREMONT, NH-Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League meets on the 2nd Thursday of every month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30-11:00 a.m., evenings, 5:30-7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

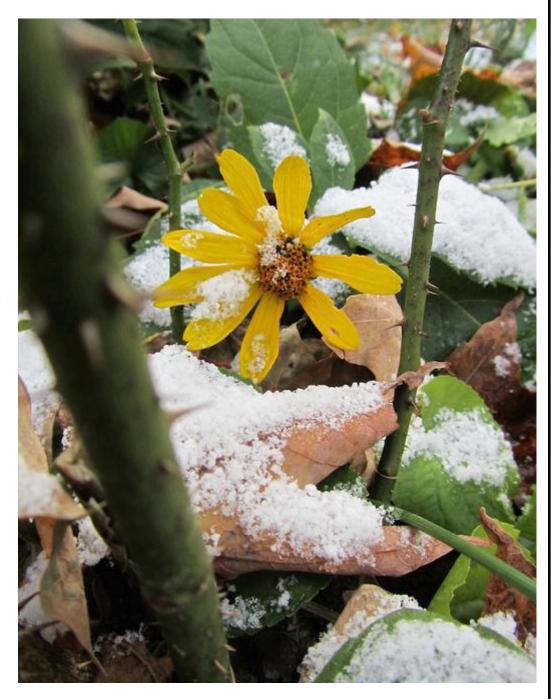
Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

#### Invitation to Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likeli-

#### What Season is It?

With a coating of snow Thursday morning in many communities on both sides of the Connecticut River— on the ground, cars, leaves and a few remaining hearty flowersit was easy to see a convergence of three of the four seasons (well, five, if you count mud season as well). Temperatures have yoyoed over the last couple of weeks as fall fights to hang on before the onslaught of winter (Phyllis A. Muzeroll photo).



hood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, claremontscout@gmail.com for more info or come

and join us at one of our upcoming meetings.

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**VOTE FOR GARY MERCHANT ON TUESDAY, NOV. 6** www.facebook.com/merchant4NHhouse MERCHANT FOR STATE REPRESENTATIVE What issues matter to you, the constituents, the voters? Merchant4NHHouse@gmail.com Paid for by Merchant4NHHouse, Fiscal Agent Gary Merchant at 272 Pleasant Street, Claremont NH 03743

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# "Constituent Service Is My #1 Priority!"



# CRYANS FOR EXECUTIVE COUNCIL

Paid for by Friends of Mike Cryans; Denis Ibey, Treasurer; PO Box 999, Hanover, NH

Nov 3rd, 6:30 PM Life on Main 188 Main St. Charlestown, NH 03603



Come!

Lift Voices in Offering to our Lord!

The Spirit of Jesus

moves us to Praise Him,

Lord of the Harvest

Join an Assembly of Musicians from Charlestown-Area Churches in Making Melody to our Great Loving God.

"Be Thou Exalted, O God, above the Heavens, and Thy Glory above all the Earth."

Ps 108: 6

DRUG ENFORCEMENT ADMINISTRATION

# National Prescription Drug TAKE BACK DAY

Saturday, October 27 10 a.m. – 2 p.m.

Turn in your unused or expired prescription medication for safe disposal.

#### **Drop-off Locations:**

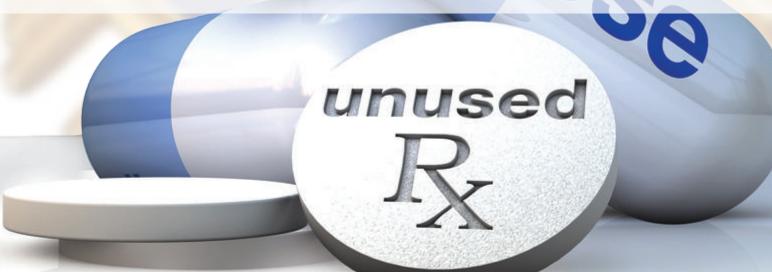
Charlestown, Newport, New London & Sunapee Police Departments





Sullivan County Court House 14 Main St., Newport, NH

CVS Pharmacy
1 Wall St., Claremont, NH



Visit www.dea.gov or call 800-882-9539 for a collection site near you.



#### CITY OF CLAREMONT

#### FALL CLEAN-UP

The Fall Clean-up Program in the City of Claremont will operate for one week beginning Monday, November 5, 2018 through Friday, November 9, 2018.

Leaves and grass rakings must be placed in COMPOSTABLE PAPER BAGS AND LEFT AT THE CURBSIDE BY 7:00 AM ON MONDAY, November 5, 2018.

THERE WILL BE NO CALL BACKS. Leaves in plastic bags will not be picked up; nor will garbage, brush or household items be collected.

After November 9th, Claremont citizens may bring leaves, bagged in compostable biodegradable bags, to the Transfer Station on Tuesdays & Saturdays at no cost.

Per City Council policy adopted on May 12, 2004, the Public Works Department will no longer accept or pick up leaves that are not in paper, biodegradable bags. Paper Compostable (30) gallon bags are available at various local hardware, grocery, and department stores.

Victor St. Pierre
Assistant Director of Public Works

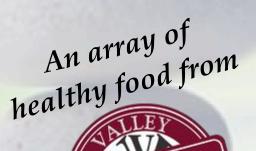


# Community Wellness Fair

Saturday, October 27 9am-12pm

Free Health Screenings & Flu Shots!
Live broadcast with Great Eastern Radio!

Come learn about Valley & other local community organizations





Valley Regional Hospital - Main Entrance 243 Elm St., Claremont, NH 03643 Remembering Loved Ones...

#### Life Tributes



#### **Obituaries May Be Found On Our Website**

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

#### Lorraine M. Gonyea, 86

Lorraine Margaret Gonyea, 86, of Claremont, NH, passed away on October 18, 2018, at her home.

She was born in Claremont, NH, on March 1, 1932, the daughter of Philip and Margaret Champagne.

Lorraine had worked at Marcotte's Busy Corner, Atrax, Woven Label and Dartmouth Woolen Mill.

She enjoyed spending time with family and friends, playing bingo, Nascar, Red Sox, Patriots and the ocean.

She was active in St. Joseph's parish and volunteered at St. Vincent.

Lorraine was the widow of Douglas Gonyea, who predeceased her in 1979, and her son, David Gonyea in 2012; also her brothers and sisters.

She is survived by her sons, Paul Gonyea of Cornish and Michael Gonyea and his wife, Cheryl of Newport; daughter and caregiver, Debbie Gonyea and her significant other, Martin Gersberg, and many grandchildren and great grandchildren.

A graveside service will be held in West Claremont Burying Ground in Claremont on Saturday, Nov. 10th, at 11 AM with Very Rev. Shawn Therrien VG officiating.

www.facebook.com/etickernews

#### James H. Trombley, Sr.

James H. Trombley, Sr. passed away on Tuesday, October 16, 2018, at the Jack Byrne Palliative Care and Hospice Center, surrounded by his family.

He was born in North Adams, MA, on February 9, 1935, the son of Raymond and Germaine (Chaloux) Trombley.

The family moved to New Hampshire when Jim was a child. Jim attended Stevens High School and served in both the NH National Guard and the US Army.

He married Marie Lamirande on February 27, 1960, and they settled and raised their family in the Claremont area where he worked as a General Contractor.

Jim loved playing golf, pool, cards and cribbage, but most of all he enjoyed spending time with his family.

He is survived by his loving wife of 58 years, Marie Trombley, a son, James Trombley Jr and his wife, Lauri; three daughters, Bonnie Heino and her husband, James, Lori Keefe and her husband, Kevin and Wendy Callum and her husband, Bruce; along with 13 grandchildren and 23 great grandchildren. He is also survived by his brothers, Charles Trombley Sr and his wife, Virginia and William Trombley and his wife, Betty; sisters, Georgianna Goodnough and her husband, Earl and

Margery Dunthorn, and brothers-in-law, Victor Pas and Roy Williams.

He was predeceased by his brothers, Eugene, Francis and Richard; sisters, Arlene and Anita; nephew, Earl Jr and niece, Patty Ann.

"When tomorrow starts without me, don't think we're far apart, for every time you think of me, I'm right here, in your heart"

James' family would like to thank the Doctors and staff at VRH, Dartmouth ICU and Jack Byrne Center for the wonderful care and compassion shown to Jim and his family.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Tuesday, Oct. 23rd, from 4 to 6 PM. A celebration of his life will follow at the Claremont Country Club.

#### Kelly M. Williams, 48

Kelly M. (Macie) Williams, 48, of Claremont, NH, passed away suddenly at her home on Tuesday, October 16, 2018.

She was born on January 6, 1970, in St. Louis, MO, and was raised in Claremont, the daughter of Patricia Hoskison and Stanley Ma-

She loved collecting dolphins, going to yard sales, spoiling her grandson, Noah and spending time with family and friends.

Kelly was an LNA for 10 years. Most recently she had been working at Sullivan County Health Care and previously at Cedar Hill. She was passionate about everything, loved and cared for her patients deeply.

She is survived by her mother, Patricia Hoskison and stepfather, Richard; fiancé, Jerry Levaseur of Claremont; three children, Christy Miller of Claremont, Jeffrey Williams of Claremont and Ashley Williams of Chester, VT; stepson, Nathan Williams of Claremont; grandchildren, Noah Macie, Makaila Williams and Brynlee Blackwell; sister, Penny Thibodeau of Newport; brothers, Lance Macie of GA, Stanley Macie of Claremont, Billy Macie of

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#### **CHAD ROLSTON** For State Representative



**Common Sense and Cooperation Democrat For Sullivan County District 5** Claremont Ward 3

Residents of Claremont Ward 3, I am eager to hear from you!

Find me on Facebook at:

Contact me via email at: facebook.com/rolston4nhhouse rolston4nhhouse@gmail.com

Paid for by Rolston for New Hampshire Fiscal agent, Justin Sweeney, P.O. Box 322, Claremont NH 03743 WY, Tim Macie of WA, Lester Macie of AZ and Ben Macie of UT; also many nieces, nephews, cousins and friends.

She was predeceased by her father, Stanley Macie.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Wednesday, October 24th, from 1 to 2 PM. A funeral service will be held at the Funeral Home at 2 PM with Donna Leslie officiating. A reception will follow at the CSB Community Center in Claremont.

#### Patricia A. Whitfield, 63

Patricia A. Whitfield, 63 of Claremont, NH, and formerly Illinois, died on Sunday October 14, 2018, at Dartmouth Hitchcock Medical Center.

She was born in Chicago, IL, on May 3, 1955, the daughter of Charles and Dolores (Watson) Powers. She was the widow of Richard Whitfield, who predeceased her in 2013.

Patricia was involved in computers and formerly employed for INSTEC. Patricia enjoyed spending time with family and friends and traveling.

She is survived by one daughter, Rebecca Prew, and her husband Seth of Claremont NH, a granddaughter, Izabella Prew and a sister, Lynn Powers, of Maryland.

A memorial service was held on Sunday, October 21, at the First Baptist Church of Newport, Newport, NH, with Pastor Stephen Hammond, officiating.

In lieu of flowers, the family suggests donations be made in her name to the American Heart Association. 2 Wall Street #104, Manchester, NH 03101.

Arrangements have been entrusted to Roy Funeral Home, 93 Sullivan Street, Claremont, NH.

# Charlestown Fall Festival 2018

#### **By Nancy Fontaine**

CHARLESTOWN, NH—On Friday evening, October 12, the first Charlestown Fall Festival started off with a bang with a rowdy Dodge Ball Tournament at the Charlestown Middle School. The following teams competed:



The Blue Heaters facing off against the DOT (Courtesy photo).

Blue Heaters, CSBeezz, Don't Stop Ballieving, DOT, Gym Class Dropouts, Team Damage, Team Supreme, The Beasts, The Introverts and The Wet Bandits.

1st Place – Don't Stop Ballieving – each player won a Fall Festival t-shirt – Joe, Megan, & Steven Corey; Nick & Nicole Hobart, and Randy Kemp.

2nd Place - Blue Heaters - received their registration fee back.

3rd Place – Gym Class Dropouts – honorable mention.

On Saturday, October 13, a rainy start did not deter the Fall Festival participants. Almost 30 vendors set up at the Craft Fair on Main Street. The Charlestown Historical Society opened their doors for the event. And there were plenty of activities for children at the Silsby Library – face painting, pumpkin decorating, bounce house, Candy Bar Bingo, Pinnacleview 4H showed off a couple cows, and Cheryl the Clown created balloon animals as she greeted everyone around the fairgrounds.



The weather cleared in time for a great afternoon of activities at Swan Common – music by Will & Dwight, Dylan Tenney Magic, pie contest, hay rides, race cars, fire truck, ambulance, food vendors, and more.

The Charlestown Save the Pool Committee hosted a Corn Hole Tournament. Here are the winning teams and prizes:

# Eye doctors shouldn't have fine print.

-Dr. Sam Giveen

At Doctor Sam's Eye Care, everything is right up front. From eye exams to glasses to contact lenses to whatever treatment you need, our prices are as comfortable as our chair-side manner. Visit

Doctor Sam's and see for yourself.

(603) 543-2020

9 Dunning St, Claremont (we're right there by the hospital)

1st Place - Mama's Boys - Colby & Caleb Kelecy - \$200

2nd Place - The Ringers - Dave & Becky Bashaw - \$100 (donated back to Save the Pool Comm)

3rd Place - You Make Me So Corny - Howie Goss & Matt Raymond - Fall Festival t-shirts & 2 sets of cornhole bags

Saturday's activities wrapped up with a Ham and Bean Dinner at the Congregational Church on Main Street at 5pm. At 7pm, the River Theater Company and the Fort at No. 4 presented "The Legend of Sleepy Hollow". And at the Sumner House, everyone rocked out to the Return of the 90s hosted by DJ Buttons & KG - the Prodi-

On Sunday, October 14, the Fall Festival ended with the Charlestown Rotary Breakfast at the Community Room from 7-10am and a Disc Golf Tournament started at 10am at Patch Park. Mike and Sue Maki took first place. First prize was 2 tickets for Mountain Top Zip Tour at Morningside Flight Park in Charlestown.

Pumpkin People appeared on townspeople's lawns; many pumpkins were donated by Dan's Maxsaver.

The proceeds from these events will contribute to supporting the Charlestown youth sports

activities. The Charlestown Recreation De-

partment would like to send a big thank you





for all the folks and businesses who came together, sponsored, and participated in creating a very successful first Fall Festival. See you next year!

#### Claremont Senior Center, Inc.

#### By Claire Lessard, Executive Director

The center extends a big "Thank You" to the 22 Stevens High School students who did 3 hours of Community Service on October 12. Windows, walls were washed, some dusting, rugs vacuumed, ACs removed. Their help was much appreciated and looking forward to have another group of students in the future. This event is good for the students and the center in building community!

Thank you also to our Hospitality Group for the wonderful Halloween decorations! A different kind of trip! On November 7 visit "The Fells"...an historic estate & gardens located in Newbury, NH. This is one of New England's finest early 20th century summer estates... 83.5 acres of beauty and tranquility. Cost \$15 per person due by Oct. 31. Sign up at the front desk. Let us know if you can be a driver!

Wednesday Bingo "Caller" needed for November 14. Also, our weekly senior Bingo is in need of "Bingo Callers" once a month (on the 3rd Wednesday). If you are interested in helping the center with this event please give the center a call . . . (603) 543-5998.

Your "Volunteer Help" is needed with dusting, mopping, sweeping, vacuuming! If you can help the center an hour or several per week give the center a call. Your help will be very much appreciated!

Another night has been added to our Senior Game Night Program. This program will now be held on Tuesday & Wednesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required.

Meals schedule: Tuesday - October 23 ... Salad, spaghetti with meatballs / sausage, dessert. Thursday - October 25 ... Soup, pulled pork, roasted potatoes, applesauce, jell-o. Halloween Costume Lunch on Tuesday - October 30, 2018. Come in "Costume." Prize for . . . Best, Original and Most Scary Costume.

We need to know how much interest there is in a "Tech Time" program. A learning opportunity for basic / advanced computer skills (power point, spread sheet, etc.) Smart Phone info and more! Let us know if you would benefit from such a program!

Don't forget our "Donations List." Every donation makes a difference in helping to defray the everyday operating expenses of our center. A full list of needed items is available at the front desk or check the center's October Newsletter. This week's "items needed"...Ground coffee, Gift Cards (Market Basket), bags of ice melt and Mr. Clean sponges. Thank you for your support!

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Silver Sneakers every Monday at 1:00 PM in the Mozden Room. Cost is \$2.00 for women, men, members and non-members! Adult Coloring open to public on Mondays (1:00-3:00 PM). Mem.free/Non-members \$1.00.

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Memberships for \$20.00.

Purchase a "Memorial Brick" for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends available.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday -10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

#### CLAREMONT

The Claremont City Council will hold a public meeting on Wednesday, October 24, 2018, at 6:30 p.m. in the Council Chambers of City Hall. AGENDA (Revised)

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. MAYOR'S NOTES Rotary Week Proclamation
- 6:40 PM 5. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
  - 6. OLD BUSINESS
- 6:50 PM A. Wild Goose Boat Launch Update
- 7:00 PM B. Confirmation of Discontinuance of Old Jarvis Hill Road Between Map Lot 67-3 and 67-4
- 7:00 PM C. Resolution 2019-9 Accept and Expend AmeriGas Funds, Lower Cul de Sac Place Public Hearing
- 7:10 PM D. Ordinance 562 Amending the Non-Union Employee Classification Plan First Reading
- 7:20 PM E. Assessment Abatement Process Update
  - 7. NEW BUSINESS
- 7:30 PM A. Ordinance 563 School Zones First Reading
- 7:45 PM B. Resolution 2019-11 Establishment of Non-Capital Reserve for Fiske Free Library Public Hearing

**BREAK** 

- 8:10 PM C. Authorize Easement Agreement for Amerigas Access to Parcel 120-10
- 8:25 PM D. Discussion of Renewable Energy Ordinance
- 8:40 PM E. CDBG Feasibility Study Grant Application-Claremont Learning Partnership Public Hearings

The City proposes to submit an application for funding titled Community Development

Block Grant (CDBG) Feasibility Study Grant for up to \$12,000 from its application authority for 2018 to the NH Community Development Finance Authority. The funds will be subgranted to the Claremont Learning Partnership to evaluate their capacity to purchase and maintain 169 Main Street in order to preserve their teen transitional housing program, as well as the additional non-profit programs within the building in which a majority of beneficiaries are of low or moderate income.

Motion to Approve Application for Grant – Public Hearing

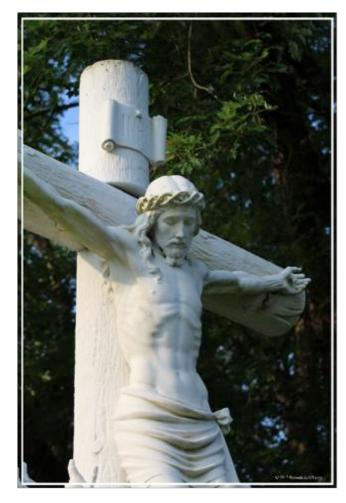
Review and Motion to Re-adopt City's Housing and Community Development Plan – Public Hearing

Review and Motion to Adopt City's Residential Anti-Displacement and Relocation Assistance Plan – Public Hearing

- 9:00 PM G. NH Constitutional Amendments Discussion
- 9:10 PM 8. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:25 PM 9. CONSULTATION WITH LEGAL COUNSEL
- 9:30 PM 10. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, November 14, 2018, at 6:30 p.m. in the Council Chambers at City Hall.

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## Feast Days: What are they, and why are they important?

#### By Bernadette O'Leary

What are feast days? Why does the Catholic Church have them? How dare those Catholics worship these saints! These are often questions and comments that are made by non-Catholics regarding feast days. So, how then should we respond?

It's actually quite simple. A feast day is a day that Catholics choose to honor a given saint or event in our Lord's life. On a saint's feast day, Catholics offer up thanks and show their appreciation and love for the gift God gave the world of that saint. They pay tribute to all that the saint did for God during his or her life, and therefore for the world. They remember the works of that saint, and they ask that saint to pray for those of us in need as he or she sits eternally praying at the throne of God. Praying is a form of faith-filled conversation. Whereas praying to God means to worship Him, when Catholics "pray" to the saints, it is actually just having a conversation, similar to when we talk to friends and ask them for prayerful support. Likewise, having their likeness within the home is just like having pictures of beloved friends and family within the home... an act of remembrance and love.

Catholics are not worshiping the saints or Mary in these efforts, in fact quite the opposite. They are simply showing their thanks and love for all the specific individual did during his/her life of sacrifice and service to God. There is only one God that exists in the perfect and most holy Trinity: The Father, The Son, and The Holy Spirit. This is shown in the facts... Catholics ask friends (the saints) to pray for them, as we all do when asking friends and family here on Earth to pray for us. When we pray to God, we don't ask Him to pray for us. After all, who would He pray to? He is the only God, so

He prays to no one. He alone is God Almighty. However, the saints are always praying and singing praise to Him. So, who better to pray for those in this world than those who have already gained His favor and are praying to Him eternally?

One example of a feast day is a popular one. Catholics celebrate the Feast of the Ascension. This particular feast day is when Catholics celebrate the rising of Our Lord from this world. It is likely one of the most powerful events of the life of Jesus. Just think about how glorious it would have been to witness this miracle. The thought gives this author goosebumps. Can you imagine it? Can you picture what it must have looked like? It is enough to fill the soul with joy for which there are no words.

Feast days are much like Veteran's Day or Labor Day is for non-Catholics. With this in mind, let us honor events in our Lord's life, such as His glorious Ascension. Let us also take time to remember our fallen soldiers in the form of the saints, and let us always remain mindful of their many works and sacrifices which they offered up to our Eternal Father. For if those deeds are forgotten by us, where will that leave us? Without their loving and selfless example, we lose much. Just as we are to serve as examples for our children through our own deeds, so too do we need their examples of how we can sacrifice for and love our Lord as we grow in faith and love ourselves. Let us share our differences through discussion, where facts outweigh emotion and we lean not on our own understanding. For within the Christian family tree, the only differences between the denominations are in the details of how we choose to show our love for God. In the end, the goals are the same: redemption and salvation. Blessings to you all.