

e-Ticker News of Claremont

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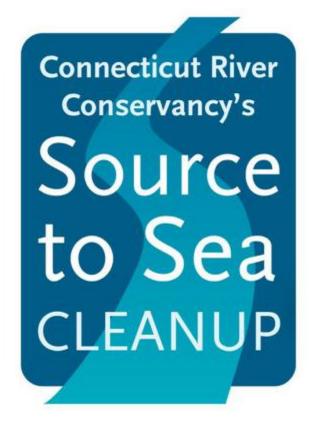


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September 3, 2018

Connecticut River Conservancy's Source to Sea Cleanup

Join Local River Clean-Up Groups to Take Out the Trash



CLAREMONT, NH—Have you walked along a river or stream bank recently and found discarded cans and plastic bottles, fast food containers or other trash spoiling a beautiful natural place? If so, the Connecticut River Conservancy (CRC) wants to know. The conservation group asks all watershed residents to report trash sites in need of cleaning up by log
(Continued on page A2)

A hummingbird looks for a bit of sweet at the top of a gladiola blossom on a late summer day (Phyllis A. Muzeroll photo).

Cleanup, from A1

ging onto their website at www.ctriver.org/cleanup. There, you can also sign up for the annual Source to Sea River Cleanup on Friday, Sept. 28, and Saturday, Sept. 29, to join thousands of other volunteers across New England combating trash in their neighborhoods. A local group, Claremont Conservation Commission, will be cleaning along the Sugar River and portions of the Connecticut River, and additional volunteers are welcome.

"Source to Sea Cleanup volunteers have worked hard to combat litter and illegally dumped trash," said Alicea Charamut, CRC River Steward. "In the past 20 years, volunteers have removed over 997 tons of trash from the Connecticut River and its tributaries, preventing it from reaching our oceans and becoming a global trash problem."

Anyone who has a trash tip should contact CRC at cleanup@ctriver.org or by calling 413-772-2020, x 211. Registration is also open for the 2018 Source to Sea Cleanup. All are welcome. Individuals can work solo, start a group, or join a group by visiting www.ctriver.org/cleanup or can get involved in the local effort

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Member, Greater Claremont Chamber of Commerce

by contacting Gary Dickerman, gdman411@yahoo.com or 603-477-5139.

"Many areas are cleaner thanks to the efforts of volunteers. Removing trash helps keep precious water resources clean and our natural spaces safe for families and wildlife. It's a big area and we rely on people to let us know about the problem spots. We may not be able to get to all of them this year, but we'll work with local residents and agencies to clean up as many as possible," noted Charamut.

Volunteers are encouraged to share photos and stories of their trash cleanup on CRC's Facebook and Instagram pages. Tag photos with @CTRiverH2Oshed or #CTRiver.

The Connecticut River Conservancy, formerly Connecticut River Watershed Council, has been a nonprofit advocate for the 11,000 square-mile watershed of the Connecticut River since 1952.

CLAREMONT FILINGS FOR STATE REPRESENTATIVE - 2018

District No. 3 (Claremont Ward 1)

Francis Gauthier - Republican Andrew O'Hearne - Democrat

District No. 4 (Claremont Ward 2)

Larry Converse – Democrat Gary Merchant – Democrat John O'Connor – Republican

District No. 5 (Claremont Ward 3)

Chad Rolston – Democrat Walter Stapleton – Republican

District No. 10 (Claremont All Wards)

John Cloutier – Democrat Conlin Smith - Republican

NH Lottery Numbers

09/01/2018

NH PowerBall 11 54 55 61 66 9 3

Mega Millions 08/31/2018 7 18 29 32 45 17 3

Megabucks 09/01/2018 4 12 21 26 36 2

For more lottery numbers, https://www.nhlottery.com/Homepage

Military News

Wright-Patterson Air Force Base, Ohio



Stevens High School graduate Aarik Jay Devenger has been selected for the Air Force Advanced Tactical Acquisitions Corps program.

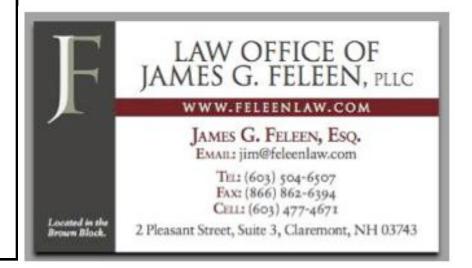
Officials from the Air Force Life Cycle Management Center have announced the selection of nine mid-level military and civilian acquisition officials for the prestigious Advanced Tactical Acquisitions Corps Program. Members of the team are charged with developing recommendations to challenges facing the Air Force.

"Competition for ATAC is at a very high level," according to Terri Quick, vice commander of AFLCMC. The team will work with the Department of Defense, Air Force, and industry.

Captain Devenger graduated from Worcester Polytechnical Institute with an advanced Engineering Degree and lives in Ayer, MA, with his wife, Corrie, also an engineer.

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Letters to the Editor

Uphold Governor's Veto and Work on Real Plan to Meet Long-Term Energy Needs

To The Editor:

I'm a native Granite Stater retired to Maine, who's been scrutinizing the rhetoric around the override debate on Governor Sununu's veto of SB365; \$8+ million of ratepayer money tucked into the bill for Energy Capital Partners' Wheelabrator Concord trash incinerator raised a personal alert.

Burning trees for power linked to the proposition that this is a good idea and should be subsidized with ratepayer or taxpayer dollars is debatable. Maine opted for tax dollars – up to \$13 million in Rainy Day Funds. It has not worked out well.

Out-of-state corporations defaulted on payment to Maine loggers for wood chips. Currently, two of those wood burning plants are closed despite tax dollar subsidies and it's reported the workforce has been cut by two-thirds. So much for jobs and the economy.

Just those two realities cut deep into the arguments by the large corporate interests' front groups lobbying heavily and loudly for the override of Governor's Sununu's veto.

The question becomes, do we continue a system of subsidies and hidden taxes? Some lobbying for the override admit this isn't a great idea. When the Big Guys owning power production won't pay fair value for fuel, but get our money, do we perpetuate that model? What happened to the idea that businesses need to be viable without picking the public pocket?

Despite spurious arguments about local power production and loggers' needs – this is not David v. Goliath. It's all Big Guys From Away. Pitched in terms of our trees and our loggers, forest workers are being exploited by multinationals and private equity investors threatening to close plants and take away loggers' and truckers' pay checks.

The paper industry is now biomass propped up by bail-outs from Concord and paid by electric ratepayers. New Hampshire has seen it all before – corporations focused on profits – not the best interests of New Hampshire workers, taxpayers or ratepayers.

What I'm not hearing is what this massive hidden tax will buy for the future. Where is the plan for truly sustainable, clean and renewable power and most importantly, for the North Country's economy?

Wouldn't it be a good idea to uphold the Governor's veto of SB365 and get to work on a real plan to meet long-term energy needs while returning vitality to New Hampshire's rural communities, farms and forests? Call your legislators today. Sustain the veto on September 13th.

Jacquelyn Elliott Waterboro, ME

Continue the Work of Justice for All

To The Editor:

August 28 marks the anniversary of the murder of Emmett Till. August 28 also marks the anniversary of the alleged near lynching of a Claremont boy in 2017. Immediately following the incident, a citizens group in Claremont, the "Racial Healing Working Group" was organized to educate people to the fact that racism is real, it is here, it is now, and it is us. Jeanne Hruska, writing for the *Concord Monitor* on Saturday, November 11, 2017, stated "Racism may be less visible in states with minimal diversity, but it is just as prevalent – and just as dangerous. We are doing a disservice to our communities to not see Claremont as a warning bell and to not use Claremont as a call to action."

We must continue the work of justice for all. Each of us is responsible for educating ourselves about the history of racism and why no other country in the world has a legacy like ours. Dr. Middleton McGoodwin, 2017 Superintendent of Schools, SAU 6, recently wrote that "lack of discussion about race results in lack of awareness." We must be on guard to injustice around us. Whether it is in the national political discourse or a local incident.

Thankfully, the ability to educate ourselves about racial healing is being ameliorated by the work of the Racial Healing Working Group. The group is made up of Claremont citizen activists and civic leaders. A book and study guide are currently being studied and ways to involve the community are being pursued. Please get involved. Whether you are a student or a retiree, your point of view is needed in our community.

For more information about the Racial healing Working Group and the meetings you can email <u>icontois48@gmail.com</u>.

James M. Contois Claremont, NH

Editor's Note: With the NH Legislature wrapping up work for the term, Rep. John Cloutier is taking a break from his column. We thank Rep. Cloutier for all the time and research he has put into his weekly column to help keep the public informed about legislative matters.



Left: DPW office manager Norma Limoges stands with the ornate gates that await to be reinstalled; right: the gold medallions that adorn them (Bill Binder photos).

Cemetery Gates Restored for New Duty

By Phyllis A. Muzeroll e-Ticker News

CLAREMONT, NH—Soon, elaborate gates will once again be adorning the entrances to two City-owned cemeteries.

In 1923, William H.H. Moody, a local businessman who would go on to donate land for Moody Park, graciously donated five sets of gates and pillars to local cemeteries. These once elaborate structures consist of two pair of double gates and two walk gates. Made by the Steward Iron Works Co. in Cincinnati, OH, in the 1920s, they measure 12' in width in the middle and 6' in the width for the side entrances. In the center, the gates stand 9' high. Moody said "The new gates add the final touch to extensive improvements to our cemeteries."

The gates and pillars that once stood at the Main St. entrance were completely destroyed more than 20 years ago, according to the City. As a result, they were stored in a scrap pile in the DPW yard and were only recently retrieved and restored by 3-D Welding Co. However, funds are now needed to rebuild the pillars.

In an effort to restore some of Claremont's history, "We are now embarking on a cam-

paign to seek donations for the Mt. View Cemetery pillars," said DPW office manager Norma Limoges. "Should funds allow, we will utilize any additional money to repair the gates and pillars to the West Pleasant Street Cemetery."

Limoges said that "One day I was just walking around the building and saw the tops of these gates in the snow. It intrigued me, so I investigated. I found about 20 years ago, someone struck the pillars with a large truck and consequently, when the pillar was destroyed, the gates fell over. DPW must have picked them up and 'stored' them in the back yard. Even some tree branches had grown around them over this period of time. They were intact but certainly needed to be refurbished. I was afraid that at some point, they could have been sold for scrap. 3-D welding of Claremont transported them to their shop and made them look like a million bucks! They even have the original gold medallion from the shipping company in NYC."

Limoges went on, "Upon further research, I was able to locate all of the information about Mr. Moody's gifts and I even have the *Eagle Times* 1923 stories of the cemetery gates and



his death article. He gave so much to the City and I felt an obligation to restore this gift in a place where so many of the people who 'built' Claremont have been laid to rest. We owe a great deal to those who have enriched our lives."

Limoges said that "I then decided to request funds from the banks. I received contributions from the Claremont Savings, the Bank of NH and the Sullivan Lodge 12 IOOF. Those funds were enough to restore the gates but not to build new pillars to secure them. Thus, my next quest for funding."

Mt. View Cemetery (7,791 graves) and West Pleasant Street Cemetery (6,058 graves, some of which are Civil War veterans) are the two-City owned cemeteries that are home to these failing structures.

Anyone who would like to contribute to this project may do so by making a tax-deductible contribution to the City of Claremont —Gate Restoration Project, mailing it to the City of Claremont's Finance Director, 58 Opera House Square, Claremont, NH 03743. Please indicate "cemetery gate project" on the check.

For additional information, please contact Limoges at 603-504-0351.

Claremont Brewfest & 5K Set for Sept. 15

CLAREMONT, NH—The Claremont Kiwanis Club will be hosting the 2018 Claremont Brewfest & 5K on September 15th.

This is the organization's fifth year hosting the Brewfest and fourth year running the "Back to the Brewfest 5K". The club is also pleased to announce the return of the VIP Hour with special brews that will not be available during general admission, special music selection, and hors d'oeuvres, not to mention some "quality time" with the brewers.



This will be a fun and competitive event for New England brewers, runners, and beer lovers. Once again, it is a ballot and trophy affair, but the main objective is to get people together to have fun and taste great beer while raising money for local community needs.

In the center of beautiful Claremont, sample beers from more than 30 brewers from all over New England will be featured as they compete for the top prize on Saturday, Sept. 15, at the Claremont Brewfest, Battle of the Brews, set to be held at the Visitors Center Green. Upon entrance, visitors receive a ballot; the victor is chosen by you!

The public is invited to come taste a variety of microbrews, craftbrews, shandies, and ciders. Enjoy a wide range of food that pairs well with beer and enjoy the live entertainment. The 5K starts at 11:30 a.m., the VIP hour starts at 12:00 p.m., and the gates open for general admission at 1:00 p.m. Last serve is 4:00 p.m.

Please note this is now a 21 and over event.

For more information, visit http://claremontbrewfest.com/ or go to their Facebook page at https://www.facebook.com/claremon-t.brewfest.

Award-winning Documentary, "Burned: Are Trees the New Coal?" Sept. 6th

CLAREMONT, NH—On Thursday, September 6th, the award-winning documentary, "Burned: Are Trees the New Coal?" will be shown at the CSB Community Center on 152 South Street in Claremont, at 6:30 p.m. Admission is free.

"Burned..." was released in 2017 by Vermont filmmakers, Alan Dater and Lisa Merton. This film "exposes the policy loopholes and the greenwashing of the biomass industry," said promoters in a statement. "It is a must see for local legislators and candidates before the vote on Governor Sununu's veto of Senate Bill 365 scheduled for September 13th," said Claremont activist Reb MacKenzie.

Discussion will follow the screening. Please attend, learn more, and make your opinion known on this important issue. Sponsored by ACTS Now and Working on Waste.

Newport Historical Society Program on Corbin Bridge

NEWPORT, NH—Join the Newport Historical Society for the story of Newport's Corbin Covered Bridge, the sole survivor of Newport's six highway covered bridges. This program will be held on Tuesday, Sept. 11, from 6:30-8:00 p.m., in the ballroom of the Richards Free Library, 58 No. Main St.. The ballroom is handicapped accessible, and light refreshments will be served.

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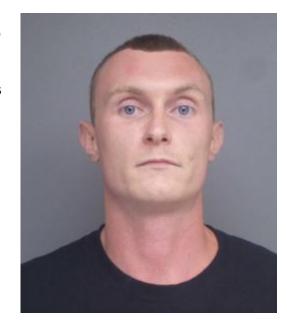
WARD 2 CLAREMONT MIDDLE SCHOOL

Paid for by Merchant4NHHouse, Fiscal Agent Gary Merchant at 272 Pleasant Street, Claremont NH 03743

Man Arrested for Allegedly Entering Residences without Permission in Claremont

CLAREMONT, NH— On Wednesday, August 22, at approximately 6:00 a.m. the Claremont Police Department received calls

for a report of a male that had entered a residence on Summer Street without authority to do so. The male then left the residence. The description was a tall white male who was not wearing a shirt. Officers responded to the area in an attempt to locate this person. While checking the area, additional calls came in for a male that had entered a residence on Pleasant Street and had again left the residence. According to a statement by Claremont Police Chief Mark Chase, "Sgt. McDevitt saw a subject that matched the description on Pleasant Street but this per-



Taylor Cahill

son then ran away towards Green Street and entered another residence but soon exited the residence. Officers again located this male on Pleasant Street and upon being located this person ran from the police through the woods and was soon arrested."

This person was identified as: Taylor Cahill, 28, Manchester, NH. Cahill was charged with four counts of Criminal Trespass and one count of Resisting arrest or Detention. He was held and later arraigned at the Claremont Circuit Court and held on cash bail.

The criminal investigation remains ongoing at this time, and further charges could be filed, said Chase. Anyone with information about this investigation is encouraged to contact Claremont Police at 603-542-9538.

SBA Summit in Claremont Sept. 18

CLAREMONT, NH—The SBA and City of Claremont are hosting a Small Business Summit on September 18 at the CSB Community Center. This event will include two separate panel discussions on how the new Foreign Trade Zone can impact your business and how energy improvements like solar projects can increase your bottom line and sustainability.

The summit will also include a resource fair of business assistance partners available to discuss their individual programs and benefits that can assist you in starting, growing or expanding your small business. Free event.

To register, go to https://www.eventbrite.com/e/small-business-summit-claremont-tickets-48800318065.

Exit 18 Night Work Scheduled for Sept. 4-6, Expect Traffic Detours

Pike Industries has scheduled night work and ramp closures at Exit 18 on I-89 for the coming week. Exit 18 Southbound On and Off ramps will have intermittent closures during the overnight hours, 7:00 PM to 6:00 AM on Tuesday, Wednesday, and Thursday nights, September 4, 5, and 6. Motorists will be detoured to Exit 17 or Exit 19 to reverse direction. The detours will be signed and are approximately three miles in length.

For questions or concerns, please contact NHDOT Construction Bureau, Lebanon (Project No. 15880) at 603-520-7802.

Got news? Send news and photos to

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Claremont Observes National Recovery Month

Every September, the nation observes National Recovery Month to raise awareness that substance use treatment and mental health services can enable those with substance use disorders (SUDs) and/or mental health issues to live a healthy and rewarding life. It is an opportunity for communities to reinforce the message that behavioral health is essential to overall health, prevention works, treatment is effective, and people can and do recover. It is a time to celebrate those who have made gains in recovery, and recognize the organizations and people dedicated to providing these services. This year, Claremont will be observing National Recovery Month via proclamation and a series of events open to the public.

National Recovery Month first began in 1989 as Treatment Works! Month, honoring the work of substance use treatment professionals in the field. Nine years later it evolved into National Alcohol and Drug Addiction Recovery Month in order to celebrate the accomplishments of individuals in recovery from SUDs. In 2011, it evolved, once again, to become National Recovery Month to include all aspects of behavioral health.

Sponsored by the Substance Abuse and Mental Health Services Administration (SAMSHA), National Recovery Month selects a new focus and theme each year. This year the focus is on urban communities, health care providers, members of the media, and policymakers, highlighting the various entities that support recovery within our society. The theme is "Join the Voices for Recovery: Invest in Health, Home, Purpose, and Community," and explores how integrated care, a strong community, sense of purpose, and leadership contributes to effective treatments that sustain long term recovery.

Creating effective treatments that sustain recovery has been the focus of many in the Claremont area during 2018. When Hope for

Recovery announced the closure of its Claremont office, community leaders and providers worked together to ensure that peer recovery support services continued in the area. As a result, TLC Family Resource Center opened The Center for Recovery Resources which is now offering a variety of classes and peer support to help people stay in recovery.

Throughout the year, REMIX has provided a substance free, nightclub experience on Friday nights. Because of the generous donations of supporters and the volunteers who staff REMIX, it is free to anyone in the community who wishes to enjoy the nightlife without the presence of alcohol. On Monday nights, it also provides services to those interested in seeking recovery through faith based programs.

Most recently, West Central Behavioral Health (WCBH) opened its Substance Use Facility to address the needs of people specifically dealing with SUDs. Previously, WCBH provided counseling services to people dealing primarily with mental health issues. This expansion will now enable them to focus services for people dealing with a SUD, but not necessarily a mental health issue.

This is not a comprehensive picture of all that has occurred within Claremont over the past eight months to expand and improve behavioral health services. However, it demonstrates our community's commitment to creating a continuum of care that will enable people to sustain long term recovery and lead rewarding and fulfilling lives. Below is a list of activities that will take place throughout the month in Claremont in celebration of National Recovery Month.

September 11, 6:00 pm at Arrowhead – Prayer Hike

September 12, 6:40 pm in Council Chambers

– Proclamation Observing National Recovery
Month

September 20, 4:30 – Ribbon Cutting Ceremony at The Center for Recovery
September 21, 7:00pm – Comedy for a Cause
September 24/25 – REMIX hosts Connecticut
Community for Addiction Recovery for 2-day
training entitled "Ethical Considerations for
Recovery Coaches"

If you would like to learn more about National Recovery Month and how communities have supported people in recovery, please visit recoverymonth.gov. If you or your organization would like to "Join the Voices for Recovery,"

this website is an excellent resource for ideas and printable material.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

For Today's Students, Library Cards Continue to Make Access to Education Equal for All

Submitted by Marta Smith Fiske Free Library

September is here again-summer just flew by! It's back to school time which means new school supplies, new clothes, new classes and maybe new friends. In all the chaos and shopping for new pencils, notebooks and calculators, etc. don't forget the most important tool in the back-to-school arsenal-the library card!

In New Hampshire, public libraries provide free library cards to residents in their towns. This year I would encourage all parents to make sure their children have their own library card, which will give them access to great education tools like homework help, technology, apps, programs, activities, music and movies, as well as reading materials covering an endless array of topics.

The American Library Association began "September is Library Card Sign-up Month" to ensure that every student has access to the materials needed to make the upcoming school year a successful one. In that way working together New Hampshire public libraries and school libraries provide a wealth of information that students need for whatever they may be studying,

When you bring your child to the library to sign-up for a card, don't forget library cards aren't just for kids-while you're there make sure to get one for yourself!

Signing up for a library card is not just for September, you can sign up at any time. The money you save by using a library card instead of buying materials can be calculated online by using the library value calculator available at ilovelibraries.org- you will be amazed at the savings!

Make your public library the next stop on your back to school shopping list, we look forward to seeing you!

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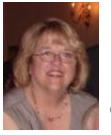
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Ann's Property Of The Week

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TPN is dedicated to supporting victims/ survivors in their effort to heal from the trauma of domestic violence, sexual assault and/or stalking, while striving to prevent the occurrence of violence in Sullivan County and in society at large.

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Full-time Benefits: Living allowance, health insurance (for full-time members only), child care benefits (if member meets eligibility requirements), and an educational award upon successful completion of program requirements.

By joining AVAP, you have the opportunity to make a difference in the lives of hundreds of victims of domestic and sexual violence and stalking. Once individuals join AVAP, they receive training from experts in the field of victim services, learn skills that transfer to any occupation and make valuable connections with other socially conscious individuals.

Please contact Amanda at (603)543-0155 or amanda@turningpointsnetwork.org for more information.

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Weathersfield, VT—LAND – 10 acres, open building site, 3-bedroom site plan, dead end road location.

MLS # 4674016 \$77,900

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THURSDAY, SEPT. 6 **Claremont MakerSpace Workshop: Totes from Poly Feed Bags**

5:30-7:30 p.m.

Recycled, upcycled, repurposed, transformed... whatever you want to call this workshop, you'll end up with a tote! Totes with Tales operator and designer Cornish resident Nancy Roy will help you create a different kind of tote with another kind of "tail." These polypropylene feedbags have been washed and disassembled for you to make your own tote to take home. You'll have a choice of bags... chickens, pigs, horses, cows and lots of birds. Over the course of this fun, hands-on workshop, you'll learn how to use fundamental sewing and cutting tools while turning your bag into a one-of-a-kind, water resistant tote! All materials will be provided. Limited space, so register ASAP as this fun workshop fills up quickly. Not too early for Christmas preparation.

When: Thursday, Sept.. 6, 5:30pm - 7:30pm

Where: The Claremont MakerSpace, 46 Main Street, Claremont

Info & RSVP (Required): https://claremontmakerspace.org/events/#!event/2018/8/9/totesfrom-poly-feed-bags

Full Time Teller – Springfield, VT

One Credit Union is currently seeking a <u>Full-Time Teller</u> to join our Springfield, VT team.

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- Strong TEAM player
- Demonstrated organizational skills while managing multiple tasks
- Demonstrated time management and prioritization skills
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- Wages commensurate with experience and skillsets
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e-Ticker Business News





Hobby Lobby Grand Opening...

Well over a 100 people were lined up for the Grand Opening of the new Hobby Lobby store on Washington St. today, Monday, Sept. 3. Store Manager Tina Kremple, along with city officials, Chamber of Commerce members and store personnel, cut the ribbon and officially opened the store at 9:00 a.m. Tina and Jackie Chavez, from Hobby Lobby's Corporate Management Ministries, welcomed the crowd and said they were excited to open this new store and invited everyone to stop by and check them out in the former Kmart space. Filling some 52,000-square feet of space, the new store offers crafts, seasonal items, decor and frames (Bill Binder photos).



e-Ticker Business News

Rehabilitation Center at Mt. Ascutney Hospital to Host Vermont Adaptive Ski & Sports Adaptive Equipment and Program Demonstration for Disabled Athletes

WINDSOR, VT – The Rehabilitation Center Courtyard at Mt. Ascutney Hospital and Health Center (MAHHC) will be the site of this year's Adaptive Equipment Demo, a demonstration of adaptive sports equipment and showcase for year-round programs from Vermont Adaptive Ski & Sports. The event takes place on Wednesday, September 5, from 11:00 a.m. until 3:00 p.m. Current and former MAHHC patients, family members, staff members, and the general public are invited to attend.

The demonstrations will include sporting gear adapted to help people who experience motor skill and perceptual disabilities to engage in a full range of sporting activities, from specially designed bicycles and watercraft to skis and snowboards. Representatives from Vermont Adaptive Ski & Sports will also be on hand to explain their programming that gets people outside in every season to exercise and compete. Programs include skiing, snowboarding, cycling, kayaking, canoeing, sailing, rock climbing, hiking, tennis, beeper baseball, EcoAble Adventures environmental programs, custom sports adventures and more.

Rehabilitation Center Recreational Therapist Michael Denmeade says that therapeutic recreation can improve the health and quality of life for people who experience a disability. "It benefits physical health by keeping people active, while boosting mental and emotional health by helping people stay engaged in the activities they love. Adaptive equipment like that offered by Vermont Adaptive Ski & Sports, combined with a patient's determination, extends what's possible for the people we serve."

Belinda Needham-Shropshire, MAHHC Director of Rehabilitation Services, calls Vermont Adaptive Ski & Sports an important partner for the Rehabilitation Center and its patients. "We've seen how the tools they provide can transform lives, with the right training," said Needham-Shropshire. "It's why we're proud to sponsor the Long Trail Ride, the VT 100 Endurance Race and more. And we're delighted

to host them once again to show off their innovative, life-changing technology and programs."

For more information about the September 5 event, contact Mike Denmeade at (802) 674-7293 or michael.denmeade@mahhc.org.

Send us your Business News

NH Housing - 2018 Housing & the Economy Conference

Thursday, October 4, 2018 8:00 AM - 12:30 PM

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http://events.r20.constantcontact.com/register/event?

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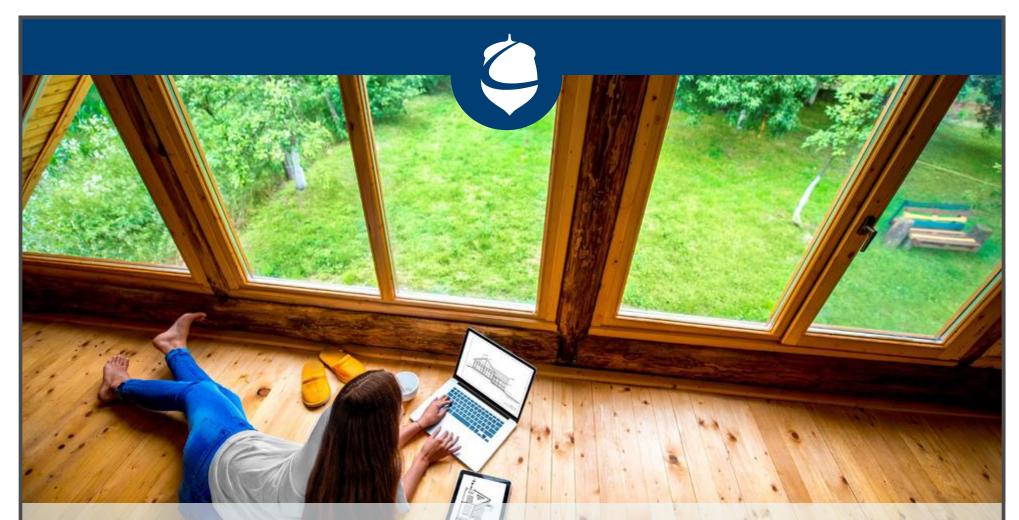
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Time to go Treasure Hunting!

The Annual Gigantic Indoor Yard Sale at St.
Mary's Gym in Claremont will be held on Saturday, Sept. 8, from 8:00 a.m. to 2:00 p.m.
Proceeds will benefit St.
Mary's Parish. Over 100 tables with thousands of Items for sale; layaway service, carry-out service and food and beverages will be available. Don't miss the fun! (Bill Binder photo).





Lebanon Police Requesting Public Assistance in Identifying Individual

LEBANON, NH—On August 28, the Lebanon Police Department took a report from a Lebanon resident regarding alleged credit card fraud that had occurred at Best Buy on July 26th. The department is seeking to identify a person of interest who was seen on camera using the credit card to allegedly purchase several electronic items worth in excess of \$6,000. The individual is a white male, approximately 5'9, husky build and middle age. The male was wearing a white shirt with black stripes, tan shorts, and a black baseball hat. The individual left the store in a light-colored sedan.

The police department is asking anyone who may have information about this male to call the Lebanon Police Department at 603-448-1212. submit an anonymous crime tip by phone at 603-448-CLUE (2583) or online at LebanonNH.gov/CLUE.

Send news and photos to etickernews@gmail.com



109 PLEASANT ST CLAREMONT, NH 03743 Carl Bannon RPh Chad Beane RPh SRPClaremont@gmail.com

Mon - Fri 8AM - 6PM Sat 9AM - 2PM Phone 603 542 6337 542 - MEDS Fax 603 287 7139



Person of interest in Best Buy credit card investigation





Trophy Winners from Car Show Announced

CLAREMONT, NH—The list of the 2018 Claremont Senior Center Car Show Trophy winners is as follows:

Antique

1st—Chris & Dell Chartier, 1933 American Austin

2nd—Jim Austin 1931 Chevy Roadster

3rd—Marty Midura 1913 Hupmobile

Classic

1st—Melcom Swogger 1958 Chevy Impala

2nd—John Austin 1950 Packard Super 8 Convertible

3rd—Ronald Pepin 1958 Chevy Impala

Motorcycle

1st— Ernie Lord 2009 Harley Trike

2nd—Gary Wetherby 1958 650CC Triumph Thunderbird

3rd—Sydney & Jason Byrne 2010 Harley

Davidson Street Glide CVO

Muscle

1st—Glen McPeters 1969 Chevy Chevelle SS

2nd—Bill Dexter 1966 Ford Cobra

3rd—Frank Austin 1970 Chevy Corvette

1993 & Newer

1st—Kevin Clark 2016 Dodge Challenger Shaker

2nd—Randy Hokdahl 2003 Mustang Cobra

3rd—Roger Bickford 2011 Roush

Rat Road

1st—Jason Laffon 1951 Ford F1

2nd—Montgomery Davis 1932 Chevy Coupe

3rd—Wade Smith 1928 Ford 2-Door

Sports

1st—Jim Buckman 1966 Chevrolet Corvette

2nd—Gordon Vassderlod 1966 Corvette

3rd—Don White 2005 Mustang GT

Street Rod/Modified

1st—Ron Duhaime 1934 Ford Coupe

2nd—Roger Bell 1934 Ford Coupe

3rd—Jim Keith 1934 Ford 3 Window Coupe

Tuner

1st—Nick Greenleaf 2007 BMW 335

2nd—Chris Root 1992 Acura GSR

3rd—Carmen del Grenio 1990 Mazda Miata

Truck

1st—Fred & Jan Reney 1951 Ford F1

2nd—Brett St.Aubin 1953 Chevy Pickup

3rd—Patrick Very 1945 Chevy Truck

Best in Show—Ron Duhaime 1934 Ford Coupe

Farthest Traveled—Randy Hoidahl 2003 Mustang Cobra

Oldest Vehicle—Marty Midura 1913 Hupmobile

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Consider Financial Gifts for Your Grandchildren

National Grandparents Day is observed on Sept. 9. If you're a grandparent, you may get some gifts or cards – or maybe even a phone call! But you might feel that it's better to give than to receive, especially when it comes to your grandchildren. And you can make a real difference in their lives by making a financial gift for their future.

For starters, think about your grandchildren's education. If college or some type of vocational school is in their future, you may want to help them meet some of the costs, which can be considerable. One common education-savings vehicle is a 529 savings plan. With this plan, earnings on withdrawals are tax free, provided they are used for qualified education expenses. (Keep in mind that 529 savings plan distributions not used for qualified expenses may be subject to ordinary income tax and a 10% IRS penalty on the earnings.) You also may be eligible for a state income tax incentive for contributing to a 529 savings plan. Check with your tax advisor about these incentives, as well as all tax-related issues pertaining to 529 savings plans.

A 529 savings plan's contribution limits are quite generous. And, as the owner of a 529 plan, you have flexibility in choosing where the money goes – if your grandchild decides against college or another type of advanced education, you can transfer the plan to another beneficiary. And due to recent tax law changes, the scope of 529 plans has been expanded to include

qualified withdrawals of up to \$10,000 for tuition expenses per year per beneficiary at public, private or religious elementary or secondary schools. Be aware, though, that a 529 savings plan could affect any financial assistance your grandchild might receive. Although a 529 plan owned by a grandparent won't be reported as an asset on the Free Application For Federal Student Aid (FAFSA), withdrawals from the plan are treated as untaxed income to the beneficiary (i.e., your grandchild) — and that has a big impact on financial aid. So, you may want to contact a financial aid professional about the potential effects of any gifts you're considering.

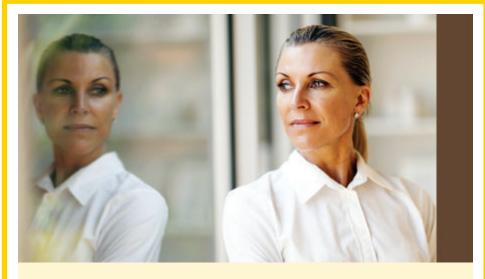
A 529 savings plan isn't the only financial gift you could give to your grandchildren. You also might consider giving them shares of stock, possibly held in a custodial account, usually known as an UTMA or UGMA account. However, you only control a custodial account until your grandchildren reach the age of majority as defined by state law, at which time they take it over. They then can use the money for whatever they want – and their plans may not have anything to do with books or classes.

Still, your grandchildren might be particularly interested in owning the stocks contained in the custodial account – many young people enjoy owning shares of companies that make familiar products. And your gift may even get your grandchildren interested in long-term investing.

No matter what type of financial gifts you give to your grandchildren, make sure your keep enough money to pay for your own needs. It's important to balance your personal savings needs with your desire to be generous.

Giving financial gifts can be rewarding – to you and your grandchildren. Consider exploring some possibilities soon.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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Charlestown Woman Arrested for Alleged Sale of Controlled Drugs

CHARLESTOWN, NH—On August 29, officers of the Charlestown Police Department, with assistance from the Sullivan County Sheriff's Office, the Newport Police Department, and the New Hampshire Attorney General's Drug Task Force, arrested Ruth Ann Patterson, 57 years old, of 122 Morways Mobile Home Park in Charlestown for the alleged sales of controlled drugs.

Patterson was the "focus of a month's long investigation into the sales of controlled drugs in the Charlestown community," said Charlestown Police Chief Patrick Connors in a statement. "This is an ongoing investigation and more arrests are expected," he added.

Visit us at www.etickernewsofclaremont.com



It's About Food



By Johnny Navillus

Variations

My wife announced that she was going to some function and had to bring "finger food".

Me: OK. Have a good time.

Wife: This is what I am bringing.

She shows me a picture.

Me: Let me know how it turns out.

Wife: She is bringing it, but I am making it. Looking at the picture, this concerns me.

So, the recipe below is what I made. Don't go attempting this without reading my comments below the recipe first.

Cucumber Crab Cups (AKA Crab Dainties)

6 oz imitation crabmeat flaked or chopped (I chopped)

2 tbsp lite mayonnaise

2 tbsp finely chopped onion

2 to 3 tsp chopped FRESH dill

8 to 10 drops hot sauce (a place to start)

4 to 5 large cucumbers ends trimmed

16 small dill sprigs

In a small bowl combine crabmeat, mayo, onion, dill, hot sauce and salt and pepper to taste. Mix well and cover and refrigerate until serving. May be made up to 1 day in advance.

Slice cucumbers into 16 rounds 1 to 1 1/2 inches thick. (First red flag)

To create a "cup", using a small spoon or melon baller scoop out the center of each round about three quarters of the way through (a little tricky).

Spoon crab mixture into each cup.

Garnish each cup with 1 dill sprig and serve. Alarms going off in my head.

First, a slice of cucumber 1 to 1 1/2 inches thick is too thick for the average human mouth. I made my slices about 1/2 inch maybe less. It made scoping out the center tricky but do-able. Second, a large slice as recommended will overpower the crab mix. Sticking a small dill sprig into the crab on the cucumber is probably slightly less tedious than counting grains of sand on a beach. Don't even consider this if you aren't prepared with an adult beverage in a LARGE container.

If you really want to go this route, use those tiny sub-miniature cocktail shrimp. Easier on the low back and lower frustration level.

In defense of this recipe, the mix is very good and worth putting together. Serve this as a dip or on crackers. If you do the crackers, go with the shrimp garnish.

Oh, the cucumber things went over very well, but that's the last bunch anyone will see coming out of my kitchen. I'll use the crab mix in many other ways. I am thankful for this recipe but will pass on the underdone pickles.

Smoker sweet paprika rocks deviled eggs and egg salad. Big hit and major points scored. Play with your food. All the best cooks do.

Write to Johnny at etickernews @gmail.com.

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Charlestown Health Center
250 CEDA Road, Charlestown, NH
The Women's Health Center
29 Ridgewood Road, Springfield, VT
802-886-3556



Richard C. Summermatter, MD
The Women's Health Center
29 Ridgewood Road, Springfield, VT
802-886-3556

Springfield, VT, Police Log

On 08/15/2018, officers made contact with a suspicious vehicle parked in the parking lot of the Penguin Mart. Stephen Hill, 40, Claremont, NH, was allegedly a passenger in the vehicle. A search of the occupants and the vehicle was conducted. It was discovered that Hill had an active arrest warrant for Sales of Fentanyl. Upon searching Hill, he was allegedly found to be in possession of suspected heroin and a controlled substance. He was arrested and transported to the Springfield Police Department for processing. He was issued a citation for Possession of Heroin and Possession of a Controlled Substance to appear at a later date.

Hill was cited to appear in Windsor Country Criminal Court on October 9th to answer to the charges of Possession of Heroin and Possession of a Controlled Substance. Hill was then lodged at Southern State Correctional Facility.

On 08/21/2018 Springfield Police were dispatched to a report of a single vehicle crash on Park St. Upon investigation Elishia Boyce, 3, Springfield, VT, was taken into custody for alleged criminal refusal, leaving the scene of an accident, Criminal DLS, and false information to a law enforcement officer.

Boyce was cited to appear in Vermont Superior Court, Criminal Division, Windsor Unit on September 11, at 0800 hours to answer to the alleged charges.

On 08/23/2018 at approximately 1605 hours, officers were dispatched to 2 White Street for a report of a burglary. Upon investigating it was determined that Samuel Colby, 36, Springfield, VT, had allegedly burglarized the apartment next to his. He was taken into custody and showed officers where he had allegedly hidden the stolen item. He was then transported to the Springfield Police Department for processing.

Colby was cited to appear in Windsor County Criminal Court on 08/24/2018 to answer to the charge of Burglary. He was subsequently lodged at Southern State Correctional Facility in lieu of \$5,000 cash or surety bail.

On 08/25/2018, officers were dispatched to a residence on Mineral Street for a report of a possible domestic. Officers made contact with Nathan Heist, 23, Springfield, VT. After determining that no one was assaulted, officers conducted a search of Heist. Nathan was allegedly found to be in

possession of a controlled substance. When Officers informed him that he was under arrest, he allegedly attempted to run. Officers were able to quickly apprehend Heist and arrest him. He was transported to the Springfield Police Department for processing. Nathan was issued a citation for Possession of a Controlled Substance and Resisting Arrest to appear at a later date.

Heist was cited to appear in Windsor Country Criminal Court on August 27th, to answer to the alleged charges of Possession of a Controlled Substance and Resisting Arrest. Nathan was then lodged at Southern State Correctional Facility in luau of \$7,500 bail.

On 08/25/2018 Springfield Police conducted a motor vehicle stop for an alleged minor motor vehicle violation. Upon investigation Michael Wesolowski, 47, Ascutney, VT, was taken into custody for allegedly being in violation of his court ordered conditions of release. Wesolowski was cited to appear in Vermont Superior Court, Criminal Division, Windham Unit on 08-26-2018 to answer to the alleged

charge of violation of conditions of release. Wesolowski was subsequently lodged at Southern State Correctional Facility in lieu of \$200 cash or surety bail.

On 8/25/ 2018 Springfield Police received a report of two stolen bicycles from a residence on South Street. Investigation developed information allegedly implicating Nathan Heist of Springfield. In questioning David J. Greenier, 25, Springfield, VT, about his knowledge of Heist's involvement, it was learned the Greenier was allegedly involved and knew the location of the stolen bicycles. The bicycles were recovered and returned to the owner. Greenier is alleged to have been involved in the theft of the bicycles and was subsequently cited to appear in Windsor County Criminal Court on October 16, to answer to the charge of Petit Larceny.

Heist is alleged to have been involved in the theft of the bicycles and was subsequently cited to appear in Windsor County Criminal Court on October 23, to answer to the charge of Petit Larceny.

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I would appreciate your vote in 2018

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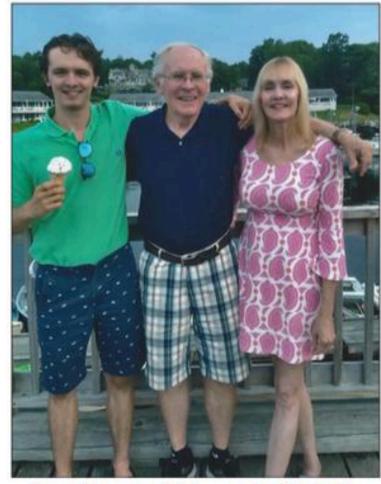
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Arrowhead Announces Two Meetings; Volunteers **Are Needed**

CLAREMONT, NH—The next general Arrowhead meeting will be held on Tuesday, Sept. 11th, 7:00 p.m., at Arrowhead; all are welcome to attend. Topics will include ongoing activities and status of some projects.

On Tuesday Sept. 18th, at 6:00 p.m., Arrowhead will be holding a general membership and volunteer meeting with a Potluck Dinner as the group starts to make the final push for

the upcoming winter season. The gathering will be an open informal meeting format to members, volunteers, family and perspective volunteers interested in learning more about Arrowhead and the operation itself. If you can't make it, please encourage others to attend.

After eating, around 6:45 p.m., the organization will kick off a short meeting of general updates of what the board has been working on, general updates on projects and tasks. There will also be general discussions and a question and answer opportunity.

Drinks will be available (soda, water, juice, and coffee, maybe hot cocoa).

As with traditional potlucks, if you wish bring a dish that is sized to feed a general household of about four people, that is a good rule of thumb, not required.

To help avoid duplication, please contact Arrowhead with what you plan to bring and they will push out a list through Facebook and email.

Arrowhead Needs People

Volunteering at Arrowhead is good for the soul and for community service hours, said Chuck Allen of the Arrowhead Recreation Club. "We need to build membership with new people and enthusiasm. We are looking for more than winter operations help. We need people in general who can contribute in any area, like recruitment, public relations, grants, fundraising, general discussions, maintenance projects, special events help and

other areas. Contact us anytime with questions."

Email: arrowhead@arrowheadnh.com - best contact method

Phone: (603) 542-7016 - Leave a message

Web: www.arrowheadnh.com

P.E.O. Yard and Bake Sale

CLAREMONT, NH-P.E.O. Woman's Organization, supporting Women's Education, will be holding its Annual Yard sale with lots of items, from small appliances, kitchenware, and a telescope to jewelry, Christmas items and

much more. We will have breads, cookies and muffins also for sale.

Saturday, Sept. 8, from 8:00 a.m.—2:00 p.m. at Log Cabin Nursery, Main Street, in Claremont.

SATURDAY, SEPTEMBER 15 YOGA HIKE AT SAINT GAUDENS

Join us Saturday, Sept. 15, 10:00-11:30 a.m. for a Yoga hike through Saint-Gaudens lands and trails. Enjoy a ~2 hour walking meditation in the woods and fields as you pause for instruction that incorporates elements of the natural environment.

For details, please call (603) 675-2175.



Sullivan County Fugitive of the Week

SEAN BAKER

DOB: 3/5/87

LKA: 44 Central St., Apt. 5, Claremont, NH

Description: White male, 5' 09", 150 lbs., brown eyes, brown hair

Reason: Failure to Appear

Charges: Second Degree Assault-Do-

mestic Violence, two counts of Class A Misdemeanor Domestic Violence and one count of Class A Misdemeanor Criminal Mischief.

On July 25, 2018, the Sullivan County Attorney's Office filed a Superior Court complaint against Sean Baker on one count of Second Degree Assault-Domestic Violence, two counts of Class Misdemeanor Domestic Violence and one count of Class A Misdemeanor Criminal Mischief in Sullivan County Superior Court.

On Aug. 6, 2018, Baker failed to appear in Sullivan County Superior Court for a bail hearing.

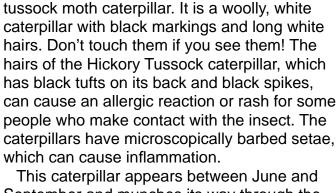
On Aug. 10, 2018, the Sullivan County Superior Court issued a warrant for Baker's arrest on Failing to Appear.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department. Anyone with information regarding this individual is asked to contact their local police department or the Sheriff's Department.

Health Advisory for the Hickory Tussock Moth Caterpillar

By Phyllis A. Muzeroll e-Ticker News

Area first responder departments have been issuing warnings to watch out for the hickory



This caterpillar appears between June and September and munches its way through the leaves of deciduous trees (it prefers nut-bearing trees, but will settle for willow, ash, aspen, apple, oak, and even raspberry plants and corn stalks). It has been seen in Washington lately.

The caterpillar excretes a type of chemical defense upon contact (which is more properly termed "allergenic" than "poisonous").

Most people who handle these creatures will experience a burning, nettle-type, itchy rash of mild to moderate severity, but washing the affected area with soap and water, then applying ammonia or calamine lotion and icing the area should set things to rights.



However, some people are hypersensitive to the poison and have allergic reactions to it in addition to the itchy rash, those persons are likely to experience more severe symptoms such as swelling and nausea and should seek expert medical advice as soon as possible.

Several *e-Ticker News* readers and followers of our Facebook page reported having had bad reactions as a result of coming into contact with these creatures.

"My coworkers convinced me to go to urgent care after all home methods of treatment couldn't touch the infection!" posted one woman. "I ended up having to get steroids. I'm one of the lucky hyper sensitive ones. It is all down my back and spread around my chest. It

feels like a sunburn from hell, and I wanted to throw up all day. The burning started almost immediately after the stupid thing fell off a tree and down my shirt. Don't touch these guys..." Another shared photos of her 3-year-old and the rash that developed on her neck, face and chest area. Another wrote, "Alstead is just full of them. Just today someone posted on the Alstead page about seeing one and the comments just exploded. Grandkids have been warned to tell an adult. Don't try to take care of it yourself."

Fall Foliage Antiques, Collectibles and Household Goods Sale

SATURDAY, SEPTEMBER 29 8am-2pm (Rain or Shine) On the Acworth Town Green

Please join us for a day of browsing, shopping and food as we raise money for our Acworth Veteran's Memorial.

As you browse our antiques, collectibles and other valuable sale items you will be able to enjoy food and drinks from several vendors.

We are looking for donations and vendors.

- Fall is a great time to clean out closets & cabinets. Please consider donating your unwanted goods to our cause (no electronics, appliances or clothing, please).
- Donations of sale items can be dropped off on Thursday (9/27) and Friday (9/28), between 10am & 3pm or by appointment. Please contact Maureen (863-8168) or Jen (835-2130) to coordinate your donation.
- Mary Hildreth (835-2669) and Carole Wallace (863-7739) are co-chairs for this event and can be reached for questions and donation coordination as well.
- Would you rather make some \$\$\$ selling your own goods? Booths are available for \$10 each for the day. Contact Carole or Mary for booth rental. Booths can be set up Friday afternoon or Saturday prior to 7:30am.

Proceeds will benefit the Acworth Memorial Park, an area that will honor Acworth's veterans. The ACM is a not-for-profit project.

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New 25 mph signs have been posted on South St. in Claremont, from Chestnut to the Broad St. intersection; the change was recommended by the Traffic Advisory Committee after then 4th-grader Oliver Beeman went before the council to ask that the speed limit be looked at. He expressed concern, and presented a list of signatures asking for the change, saying it would be safer for walkers and pets if the speed limit were reduced (Phyllis A. Muzeroll photo).

Adding Color...

Earlier this summer, graffiti had been painted on this fence on Summer St. in Claremont, near the high school. It bothered Erica Rae Sweetser, so she contacted the owner of the property, her friend Vivian Ferguson, and asked if it would be okay to paint over the graffiti. Ferguson said yes, so Sweetser gathered some friends and painted the fence white. She soon decided it needed some color, so this past weekend Sweetser and some friends painted scenes of Claremont on the fence, making for an eye-catching scene! L to R—Audrina Pelton, Ian Gersberg, Erica Rae Sweetser (Bill Binder photos).





Truly A Labor Of Love

1968...Dr. Christian Barnard performed the world's first artificial heart transplant; Dr. Martin Luther King, Jr. and Robert Kennedy were assassinated; the first Big Mac (49 cents) was introduced; the average cost of a new house was \$14,950; and the price of gasoline was 34 cents per gallon.

...and Ronnie Bodge took over the reigns of keeping the score for the Stevens High School varsity home football games.

...and he's still doing it!

One would think after 50 years of doing something it might just be time to move on to do something else in one's life. In Ronnie Bodge's life, that thought is only now starting to materialize.

Following Stevens' 41-0 win Friday evening at Barnes Park, Bodge was asked if this 50th year of scorekeeping would be his last and his answer was very noncommittal.

"I don't know," Bodge hesitantly spewed. "I like what I've been doing very much and Doug (Beaupre) is very nice to work for. You appreciate working with someone like him."

Bodge admitted to having no regrets whatsover in spanning a half-century of watching Stevens High football, especially when athletic directors such as Beaupre, Les Green, Al Kaplinski, and a host of others have made his job tolerable and praiseworthy, let alone the near 20 head coaches who have strolled the sidelines during that span.

I like watching the kids, too!" Bodge added. "I like the way Coach Silva has control of his team," he further stated, acknowledging Paul Silva's handling of his Cardinals in this 2018 season.

Over the 50 years Bodge, when asked which game stood out the most, went back just two years ago, perhaps because it was still fresh in his mind, when the Redbirds won a state championship.

His familiarity with that state title game actually stemmed from an earlier encounter in the

season during a Saturday afternoon game at Interlakes.

"They totally ran up the score on us," Bodge said, "and I told someone on their sidelines after the game they must be proud of their coach for leaving their first string in and I gave them the payback speech everyone knows. He got kind of violent and I just walked away."

It was that same Interlakes team Stevens met in the finals and handily returned the favor to capture a state championship. "I liked the way Coach Silva let 'em go at Durham," Bodge recalled. "It was a good game to watch."

Bodge readily confessed he can't "watch" the games he is tasked

with in his scorekeeping duties since he must focus on the plays as they unfold.

"You realize after a while every-body watches the scoreboard," he pointed out. "I have to keep track of the downs, the yards, the time, and everything else that is going on. You don't really watch the game for enjoyment. You are working."

This labor of love for Bodge began when the former scorekeeper, Buster Papps, quit and Bodge's classmate

and friend, Gary Holt, asked him to fill in and, as they say, the rest is history. Bodge recalled first starting out behind plywood with a slit in it, then advanced to a new scoreboard erected by Willard Holt and Arthur St.Martin at Monadnock Park, then having a hut added to it to enclose him, and finally having to relocate to Barnes Park where he now has a seat above the 50-yard line.

Other changes he has seen in his 50 years include the shifting of schedules with Class L, Division II and III teams, and the former Connecticut Valley League encounters. Also, Bodge is not so keen on the black uniforms the

Cardinals now sport. "I liked the old gray uniforms we wore back in the 60's, home and away," Bodge said. "I liked, too, the red and white ones we once wore. It made them look more like Cardinals."

Not to be forgotten, too, is Bodge's love for racing, He raced at both the Claremont and Monadnock Speedways and took home a dual championship in 1974, capturing titles at both places that year. He listed Punky Caron and Sonny Rabideau as formidable foes on the racetrack. "I was just coming in as Buddy Bardwell was winding down," he stated in reference to the old number 13 with the horns on



Ronnie Bodge took over the reigns of keeping the score for the Stevens High School varsity home football games some 50 years ago (Les St.Pierre photo).

the roof. Bodge drove number 9."

"I still play with antique cars," Bodge said, admitting he perhaps goes to the Claremont Speedway maybe once a year now to see the action.

Bodge will turn 75 this month and retirement is not in his plans. He owns Bodge's Installation Service dealing with linoleum, carpet, and ceramic tile. He has recently built an all-solar home in Norwich, VT, where he resides with his wife, Carol. He had previously resided in the Meriden, Plainfield area for nearly 30 years

As noted, he believes in doing things for long stretches at a time.