

Bringing Home Silver

Local athlete Julia Tursky of Claremont recently participated in the summer Granite State Games for girls basketball at Southern New Hampshire University. Tursky was part of Team Monadnock which posted just a single loss during tournament play. She is a 14-year-old freshman at Stevens High School and is the first Claremont girl to win a silver medal for basketball at this four-yearyoung venue. Pictured along with Tursky is Monadnock Region head coach Bryan Troy, who is currently the head coach at Conant High School in Jaffrey. Also pictured is Monadnock Region assistant coach Ali Wilson. More information regarding the Olympic model Granite State games can be found by searching the web at https://granitestategames.org (Courtesy photo).

Check

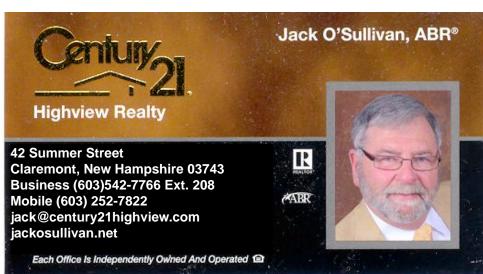
www.claremontparks.com,
http://www.newportrec.com/
for summer recreation offerings
in Claremont and Newport



The Kearsarge Mountain South All-Stars recently won the District 3 U-10 tournament, defeating Claremont in the finals, 27-11. Team members are: (back row, left to right) Kathy Burzynski, Jayden Juelke, Emily Fredette, Taylor Godspeed, Carl Worthen, Emery Greene, Jenna Sinclair, Erich Adler, Megan Ferguson, (front row, left to right) Caylin Worthen, Ellah Adler, Olivia Clancy, Katelyn Lorenz, Jillian Fredette and Zoey Menard (Courtesy photo).

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Speedway
Action,
page B2



Fellows, Riendeau Roll, First Ever for Branch Friday at Claremont



Ricky Bly (28) gets by Craig Smith (97) in Super Streets heat race action (Courtesy of Gary Dutton).

By Gary Dutton

CLAREMONT, NH—Aaron Fellows rocketed to his fifth win of the summer, Chris Riendeau won an epic battle with Bryan Town to score his fourth victory, and Newport teen Victor Branch earned his first career checkered flag lap Friday, July 6, at Claremont Speedway.

The 15-year-old Branch, in fact, was the third Wildcat driver in as many weeks to score a career-first feature win, wiring the four-holer 35lapper to join recent victors Kyle Buck and Kyle Templeton as first-time winners.

Ricky Bly is finally solving the mystery that has been the 2017 track champion's new car. Friday, the Sunapee speedster moved to the top of the points parade, taking the checkers in Aaron Fellows' shadow. Fellows, meanwhile, who's had a feast-orfamine ten-week run, used Friday's fifth-of-the-summer victory to move to within striking distance of the top of the leader board: bad news for the rest of the field.

Alex Poisson and Ryan Currier swapped the lead early in Friday's Super Street 50-lapper, with Ben Poland taking charge on lap ten. Fellows quickly pulled up to Poland's bumper, content to ride there until the Charlestown hot shoe slowed in a spray of sparks on lap 27.

Bly was quick to follow Fellows to the point on lap 28 but, other than a complimentary hey-I'm-back-here-if-you-need-me tap on lap 37, had to content himself with scoring the strong runner-up finish. Dylan Bodreau continued his strong season with his third-place run, Joe Brown was fourth, and Hayden Scott came home fifth.

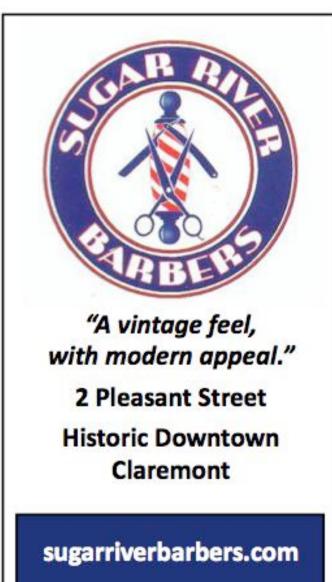


If the fireworks that filled the speedway skyline after the races were spectacular – they were – the action over the final 15 laps of the Street Stock feature wasn't bad either.

Chris Riendeau was the fourth man to the point - Chris Colburn, Joe Tetreault, and Bryan Town preceded him there – and once he'd caught Town up front on their 25th go-round, the two three-feature winners put on a show.

They raced side-by-side, they battled noseto-tail. The exit turns grew narrow, the sparks flew and paint was traded; it was a classic. In the end, it was Riendeau earning his fourth victory lap; Town, with the blockbuster runnerup finish and another heat race victory going home still atop the points parade, and Tetreault - with the best seat in the house - claiming the third-place hardware.

Raven Streeter and Sam Giveen led the (Continued on page B3)



| FINISH | START | CAR# | AR # DRIVER | | | | |
|--------|--------|------------|------------------------|----------------|--|--|--|
| 1 | 6 | 29 NH | AARON FELLOWS | 50 | | | |
| 2 | 8 | 28 | RICKY BLY | 50 | | | |
| 3 | 4 | 24 | DYLAN BODREAU | 50 | | | |
| 4 | 10 | 51 | JDE BROWN | 50 | | | |
| 5 | 7 | 30 | HAYDEN SCOTT | 50 | | | |
| 6 | 2 | 49 | ALEX POISSON | 50 | | | |
| 7 | 15 | 97 | CRAIG M. SMITH | 50 | | | |
| 8 | 12 | 60 | TYLER SEARLES | 50 | | | |
| 9 | 14 | 15 | TYLER LESCORD | 49 | | | |
| 10 | 13 | 8 | KEN FOWLER | 49 | | | |
| 11 | 11 | 31 | TYLER TEWKSBURY | 49 | | | |
| 12 | 16 | 8NH | RYAN BELL | 48 38 28 | | | |
| 13 | 1 | 03 | RYAN CURRIER | | | | |
| 14 | 5 | 00 | BEN POLANO | | | | |
| DO | 3 | 23 | CRAIG SMITH | | | | |
| DQ | 9 | 6 | MARK MCCLAY | - | | | |
| | | TIM | E OF RACE | 4 | | | |
| | | 13 MINUT | ES 18 SECONDS | | | | |
| | | MARGII | N OF VICTORY | | | | |
| | | .438 | S SECONOS | | | | |
| | | BEST LA | P TIME/SPEED | | | | |
| | RIC | KY BLY - | 15.580/77.014 MPH | | | | |
| | | C | AUTIONS | | | | |
| | | | NDNE | | | | |
| | | L | APS LED | 600 | | | |
| C | URRIER | 1-10. POLA | AND 11-26, FELLOWS 27- | 50 | | | |
| | | HEAT R | ACE WINNERS | | | | |
| | | POLA | ND, FELLOWS | | | | |

| FINISH | START | CAR# | DRIVER | LAPS | | | |
|--------|---------|--|-----------------------------|----------------------------|--|--|--|
| 1 | 7 | 64 | CHRIS RIENDEAU | 40 | | | |
| 2 | 8 | 11 | BRYAN TOWN | 40 | | | |
| 3 | 4 | 73 | JDE TETREAULT 40 | | | | |
| 4 | 3 | 9 | LENNY SILVER | 40 | | | |
| 5 | 5 | 20 | DAVID GREENSLIT | 40 | | | |
| 6 | 1 | 95 | CHRIS COLBURN | 40 40 40 40 38 | | | |
| 7 | - 11 | 02 | BRIANA AKUSIS | | | | |
| 8 | 2 | 55 | ROBBIE STREETER (R) | | | | |
| 9 | 6 | 39 | KENNY THOMPSON | | | | |
| 10 | 10 | 21 | MIKE SALDIS (R) | | | | |
| 11 | 9 | 8 | NICK LITTLE (R) | 6 | | | |
| | | TIB | E OF RACE | | | | |
| | | 21 MINU | TES, 13 SECONDS | | | | |
| | | MARG | N OF VICTORY | | | | |
| | | .32 | 28 SECONOS | | | | |
| | - 4 | BEST L | AP TIME/SPEED | | | | |
| | RIENDEA | U - 16.4 | 77 SECONOS/72.822 MPH | | | | |
| | | | 2NOITUA: | | | | |
| | | 3 - | LAP 2.33,37 | | | | |
| | | | APS LED | | | | |
| CI | JLBURN | | REAULT 17-24. TOWN 25-2 | 26. | | | |
| | | - | VDEAU 27-40 | | | | |
| | | - CHARLES AND ADDRESS AND ADDR | RACE WINNERS IDEAU. TOWN | | | | |

| FINISH | START | CAR# | DRIVER | LAPS |
|--------|-------|---------|------------------------------|----------------------|
| 1 | 4 | 51 | VICTOR BRANCH | 36 36 |
| 2 | 5 | 33 | ZACH LYN | |
| 3 | 7 | 67 | KYLE TEMPLETON (R) | 36 |
| 4 | 8 | 05 | KYLE BUCK | 36 |
| 5 | 6 | 50 | JONATHAN ALDEN (R) | 36 36 35 35 |
| 6 | 2 | 41 | SAM GIVEEN | |
| 7 | 1 | 52 | RAVEN STREETER (R) | |
| 8 | 10 | 92 | JIM CARLEY | |
| 9 | 9 | 88 | CHRIS CARVER | 34 |
| 10 | 11 | 83 | HAYDEN GRENIER | 30 9 |
| # | 3 | 3 | KYLE CURRIER | |
| DNS | | 42NH | ZACHARY MORSE | |
| | - 1 | 16 MINU | ME OF RACE TES 59 SECONDS | |
| | | 1.7 | IN OF VICTORY 4 SECONOS | |
| | | | AP TIME/SPEED | |
| | BRA | | .67I SEC/67.90I MPH | |
| | | _ | CAUTIONS | |
| | | | - LAP ID, 34 | |
| | | | LAPS LED | |
| | | _ | PANCH 1-36 | |
| | | HEAT | RACE WINNERS | |
| | | A | LDEN, LYN | |

Victor Branch won his first career feature event in Wildcats action (Courtesy of Gary Dutton).



Speedway, from B2

Wildcats to the green, but it was Victor Branch – firing from row two – jumping all over the lapone lead and then never looking back as he sped off to his first career win.

Kyle Templeton grabbed second on a lapnine restart, and points leader Zach Lyn took third from Giveen on the 20th go-round but Friday, Branch appeared untouchable. Only a caution could keep him from victory on this night. That caution appeared on lap 34, bringing the field back to Branch's bumper but the youthful pilot was up to the challenge, leading Lyn under the checkers, with Templeton close behind in third. Kyle Buck was strong in fourth, and Jon Alden came home fifth.

Next Friday, July 13, night's event at Claremont Speedway is a big one, as the Super Streets square off in a multi-segment, added purse 75-lap event, the annual Richardson Memorial Race. The Street Stocks and Wildcats will also be in action, with post time set for 7 p.m.

Fans are reminded that there will be no racing at the speedway on July 20, as the third-mile oval observes its annual summer break. Racing will resume on July 27. For more information, please visit www.clare-montspeedway.net.

CLAREMONT SPEEDWAY JUNE 6 TOP TENS:

SUPER STREET: Aaron Fellows, Ricky Bly, Dylan Bodreau, Joe Brown, Hayden Scott, Alex Poisson, Craig M Smith, Tyler Searles, Tyler Lescord, Ken Fowler.

STREET STOCK: Chris Riendeau, Bryan Town, Joe Tetreault, Lenny Silver, Dave Greenslit, Chris Colburn, Briana Akusis, Robbie Streeter, Kenny Thompson, Mike Salois.

WILDCAT: Victor Branch, Zach Lyn, Kyle Templeton, Kyle Buck, Jon Alden, Sam Giveen, Raven Streeter, Jim Carley, Chris Carver, Haydon Grenier.

Prouty Cancer Fundraiser Celebrates 37th Year

LEBANON, NH—The 37th annual Prouty is coming to Hanover on July 13-14, and organizers are working to surpass the \$3.1 million dollars raised last year for cancer research and patient supportive services. The signature event of the Friends of Norris Cotton Cancer Center (FNCCC), The Prouty is New Hampshire's largest charity fundraiser.

For information on how to form a team and donate to The Prouty, please visit the event website at http://dhmc.convio.net/site/TR? sid=1123&type=fr informational&pg=informational&fr id=1060.

www.etickernewsofclaremont.com

Inspiration

Sympathy vs. Empathy

By Priscilla Hull

How often we feel that we should offer words of comfort, but are afraid that they'll come out as trite, or empty or worse yet convey a feeling of insincerity? Often we don't know the person well and we say simply, "I'm sorry". There is no action, there is no connection. While meant in sincerity, it feels empty/hollow. It is an expression of sympathy, but often we want to go further, to offer a more lasting, a deeper response to a death, a loss, a

situation. Although we mean well, we just don't know how to express that deeper meaning and stopping there is ok. Now, please don't take offense because we've all all been in the position where we don't know what to say and a simple, sincere, "I'm sorry." is a sincere expression of sympathy. The problem being that it is a short term emotion. Sympathy also might be a search for the silver lining. "I'm sorry you dropped your ice cream cone on the street. At least you won't gain that extra pound!" That is, "out of your disappointment, I'll find something to make you feel better - - maybe - - or not!"

Sympathy, while offered in sincerity often misses the goal because the goal is to make the other person feel better and sometimes it just isn't going to happen. On the other hand, empathy comes with a feeling of connection. Empathy is offered without judgement and recognizes the feeling of the person we are trying to comfort. Empathy often provides a different perspective. It is not offering a [short term] solution. It does not ignore or minimize the pain of the situation. It's not looking for good where there is only pain. I believe that empathy takes account of the other person's pain and makes it my pain. I won't just offer a cup of coffee, but I'll offer a cup of coffee with a hug and my time, to listen. If no words are coming, then I'd just sit, hold a hand, put an arm around or a hand on the shoulder. Sometimes empathy comes with no words at all. We recognize that the loss is permanent. It can't be minimized and it can't be reversed. We offer a part of ourselves when we offer empathy.



We become connected with the other person. We aren't trying to make things better. We accept what is and are trying to move forward from that point. Often the appropriate words might be, "I'm so sorry. I can't imagine what you are experiencing but I will sit with you and listen if that's what you'd like."

When my dear grand niece died of an overdose more than a year ago, there was nothing that I wanted to do, but to run to my sister, her grand-mother, and hug her. However, she lives in Maryland and here I am, so it was impossible! Thus I wrote a poem, which was published here. All I could offer my bereaved family was a poem and love.

When my grandson's best friend took his life, I was bereft of words, all I could do was hold him as if her were my little boy again, yes all six feet of him, tight to me and feel his heart beat and his breathing. Empathy finds the way to a person's heart and brings comfort and makes love alive.

It takes time to develop the gift of empathy. For some maybe it comes quickly. Some find empathy a little more slowly. Empathy coveys love, warmth. It is the tie that binds two or more together in a relationship that lasts through the years. For me when my husband died, it was a hug from a dear trooper after the calling hours. I can still feel that hug 18 years later. That is empathy. It lasts beyond the immediate, it lasts a lifetime.

"Blessed are those who mourn, for they shall be comforted!" Matthew 5:4

The ideas and thoughts for this essay are based on Brené Brown on Empathy Video from The RSA youtube Channel

Priscilla Hull is the Lay Leader of the First United Methodist Church.

Calendar Of Events

Monday Morning Children's Theater returns to Claremont Opera House

CLAREMONT, NH--At 10:00 a.m., Monday mornings through August 13, five professional adult actors from Jean's Playhouse Children's Theater Company from Lincoln, NH, are set to perform original musical adaptations of popular fairy and folk tales on the historic stage of the Claremont Opera House to children with area summer schools, daycares, parents and grandparents. Shows run approximately 40 minutes. IMPACT (Imagination and Music -Professional Artistry in Children's Theatre) is the professional children's performance company of Jean's Playhouse. Children will love the catchy original songs and wacky characters, all performed by the professional IMPACT actors!

The performances finish with a cast meet and greet with autograph signing and picture taking immediately following the performance. July 16 – The Reluctant Dragon, July 23 – The Princess & the Pea, July 30 – Azban's Great Journey: An Abenaki Tale, August 6 – Little Bo Peep & the Beautiful Owl, August 13 – The Tale of Peter Rabbit.

Tickets are \$6 and can be purchased at the door the day of the show at the Claremont Opera House. Seating is general admission. Groups are advised to call ahead and ask for a section to be reserved for them. Show descriptions for upcoming shows can be found at www.claremontoperahouse.org. Phone: 603-542-0064.

Silsby Library News

CHARLESTOWN, NH—Our summer reading program theme for 2018 is Reading Rocks! Thanks to a grant from the Kids, Books and the Arts program and the New Hampshire State Library our summer program kicked off on July 2nd at 6:00 pm with a fantastic, family friendly performance by comedian/juggler Bryson Lange. Be sure to sign up for the

summer summer reading program. Brochures and reading logs are in the works. The Grafton Nature Museum programs are on Tuesday mornings at 10:30 am through August. These programs are sponsored by a grant to the museum from Great River Hydro and we are delighted to have them as part of summer reading program again this year. Thank you Grafton Nature Museum! Summer story hours start on Wednesday July, 11th, and continue through August 15th. Join us for special visitors, stories, coloring pages and music related crafts, and this year we are doubling down! You can join us at 10:30 a.m. or, if that doesn't suit your schedule, you can come to the after-

noon session at 3:30 p.m. On Fridays at 10:00 a.m., join us for our Library Play Group. It is a great time for infants, toddlers and their caregivers to play, socialize and have fun in an informal setting.

On July 25 at 10:30 a.m., join us for another Children's Literacy Foundation Summer Reader program storyteller. All children attending from infant to teen will go home with two books to add to their home library. A big thank you to CLiF for their generous support of reading in Charlestown.

On August 1 at 6:00 p.m., singer, songwriter Jeff Snow will present "The Softer Side of Celtic". Growing up as the son of a drummer in

Being Thankful

Don't like your job? There's someone out there who would be happy to take it. (Note that the same concept can apply to your spouse!) But let's get back to what we are talking about, your job and the satisfaction that comes from it. YES it can, and it does, every day.

Thanksgiving is a great time of the year for an attitude adjustment. No job is going to be a walk in the park every day; after all, it is called "work" for a reason. You may feel the grass will be greener at another place of employment. The fact is, there will always be aspects of any job that you enjoy, and a few that you don't. How you approach and deal with all aspects of your job can make a difference.

Abraham Lincoln said, "Most folks are as happy as they make up their minds to be." A worthwhile exercise may be to write down the things you are thankful for. You may want to do a full Pro/Con list about your job. If the pros outweigh the cons, then make a concerted effort to concentrate on the plusses at your position. Here's another idea: Every day, write a short entry about something good that happened to you in a gratitude journal and when you are having a bad day, take the time to look back on this list to remind yourself of all the positive aspects in your work day. There is no such thing as perfect in any situation, but the way we look at things makes a big difference. What's that? You say there is nothing about your current work life to be grateful for? What about the fact that you are getting paid? You gain a sense of accomplishment? You make a difference? There are many benefits that come from being gainfully employed and they can become overlooked at times.

By focusing on the positive, you'll find that your mood lightens. Maybe you can enjoy your current workplace by learning to take yourself lightly, but your job seriously. Readers: What are you most thankful for in your workplace? Remember those things and appreciate the good that comes every day and let that be your focus.



Kerri Emmons 603-542-9675

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a Bagpipe band and in a home where older Celtic songs were the everyday sounds, Snow developed a love for the music of Scotland, England and Ireland. His concerts have been described as "quiet and relaxing " and much of it is, but sometimes he'll break out and the foot stomping begins. The magical sounds from the instruments coupled with vocals and Snow's love and knowledge of his Scottish heritage create a delightful program of traditional and original tunes and songs. Much of the history of Scotland, England and Ireland is preserved in song. Hearing those stories along with the songs educate as well as entertain. You will see singing, laughing, lots of smiles and perhaps a few tears.

Keep up with all the library's special summer events by following us on

Facebook at https://www.facebook.com/Sils-byLibrary or check our web page at http://www.silsbyfree.org. If you have any questions, cares, or concerns feel free to contact us at silsby@charlestown-nh.gov. We are always happy to hear from you.

If you want to know what is new to the collection, you can go to LibraryThing. Sign in is Silsbyfpl and password is 03603, or you may check our library catalog at https://silsby.fol-lettdestiny.com/.

Summer Events at the Claremont Senior Center

5 Acer Heights Rd. - Claremont, NH

Kearsarge Community Band Friday - August 17, 2018 Sponsored by an Anonymous donor. Still need a donor to complete the sponsorship!

Concert: 6:30 - 8:00 p.m., 5:30 p.m., food concession. Outdoors - weather permitting (if not - indoors). Bring your chair. Shaded area. Free to the public.

6th Annual Car Show Sunday - August 26, 2018

Rain date: Sunday - September 9, 2018

Annual Penny Sale Sunday - September 23, 2018 Both events open to the public.

StarStruck: A Cosmic Circus Coming to Cornish

CORNISH, NH—Cirque Us is coming to town! This time, with some cosmic energy. Enter the world of StarStruck: A Cosmic Circus. Join its intrepid Astronomer and gaze into the cosmos, where we fall into orbit with nine acrobat planets, each one the center of their own private universe. Watch as these celestial celebrities rocket into stardom, exploring circus through a cosmic lens. Alone in the galaxy, their talent only eclipsed by their solar flair. Come dance among the stars while they chase comets, dive through black holes, juggle moons, and defy gravity. Prepare to be dazzled as we discover what happens when you wish upon a star.

Cirque Us will perform at The Sellam Circus School at 294 TownHouse Road Cornish, on July 17th, at 7:30 p.m.

The show features professional circus artists, including: Delaney Bayles, who holds a world championship title in juggling as well as four world records, Justin Durham, a recent graduate of the National Circus School of London, and Cam Zweir, who recently toured with "Pippin The Musical". The newest member of the team is director, Jesse Dryden, an instructor at the National Circus School of Montreal and former creative director of Circus Smirkus for ten years.

Cirque Us is a circus collective on their third tour gaining national attention. Their never before seen show, StarStruck: A Cosmic Circus, launched on June 21st at the New England Center for Circus Arts in Brattleboro, VT.

For ticket information and tour dates visit: http://www.thecirqueus.com/2018-summer-tour.html.

Join the Black River BioBlitz on July 29th

SPRINGFIELD, VT—On Sunday, July 29th, come explore with experts and learn about the flora and fauna of both Hoyt's Landing and Muckross State Park in Springfield, VT, for the first-ever Black River BioBlitz; free and family-friendly (please leave pets at home); with a suggested donation of \$10, you'll receive a commemorative button and a "swag bag" to collect special items throughout the day.

Leave your car at the Park & Ride at Exit 7 off I-91 and pick up the BioBlitz Shuttle, courtesy of Butler's Bus. The shuttle will run from 10:00 a.m. till 3:00 p.m. between Muckross, the Park & Ride, and Hoyt's Landing and back again.

Stay for an hour or pack a lunch and stay for the day!. Learn about birds, trees, ferns, mushrooms, amphibians, reptiles, flowers, insects, and so much more -- many displays will be up at both locations and experts will be on hand to introduce you to the wildlife and woodlands. Bring your camera, binoculars, and/or smartphone if you'd like to take photos and upload them to iNaturalist to help the BRAT build an "inventory" of scientifically-confirmed species at both locations.

Join the project here: https://www.inatural-ist.org/projects/2018-black-river-bioblitz.

An "early bird walk" is planned for Muckross State Park with the Ascutney Mountain Audubon Society; bring your own boat to paddle for one of the aquatic plant sessions or dragonfly excursions on the water at Hoyt's Landing. A mushroom tour at Muckross is in the works, too, and an exciting "after-dark" session at Hoyt's Landing (bring a UV flashlight if you have one, and your camera!).

Lots of events are happening and changing, so tune in to the Black River Action Team's Facebook Events Page for updates and details: https://www.facebook.com/BlackRiverActionTeam/.

Amplified Arts to Present "Agnes of God"

CLAREMONT, NH—This August will mark the first adult production at Amplified Arts through its newest theatre troupe, The Company. The title: "Agnes of God", the date, August 10th, the location, Amplified Arts immersive venue in downtown Claremont.

"I don't think I can overstate the importance of this production for AMP," said Shelly Hudson, Producing Artistic Director at AMP and the director of the show. "Not only is this the first of what we hope will grow into a creative outlet for adults 18+ looking to engage in the creation of live theatre that goes beyond what is currently offered in the area, it is also a muchanticipated reunion! With the exception of one, the entire cast and crew are made up of former theatre students of mine and I could not be more proud to collaborate with them again."

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Got news? Send news items and photos to etickernews@gmail.com



Lake Sunapee Region VNA & HOSPICE

REV. MAY 29, 2018

603.526.4077

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|-----------------------|--|--|---|--|---|
| | MONTHLY | FOOT & BLOO | D PRESSURE CI | INIC SCHEDUL | .E |
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Ist WEEK of the month | BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm | BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm | BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am — 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm | FOOT CLINIC COA, New London 9:30 am — 1:00 pm |
| 2nd WEEK of the month | BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 am – 2:00 pm FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm | FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm | FOOT CLINIC Lake Sunapee VNA 9:30 am — 1:30 pm | FOOT CLINIC COA, New London 9:30 am — 1:00 pm |
| 3rd WEEK of the month | BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am - 12:00 pm Danbury Community Center 10:00 am - 12:00 pm Newport Senior Center 11:15 am - 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 - 4:00 pm | BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm | BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm | BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am |
| 4th WEEK of the month | FOOT CLINIC Newport Senior Center 9:00 am — 3:00 pm Lake Sunapee VNA 9:30 am — 1:30 pm | BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am - 12:00 pm Cornish Town Hall 11:15 am - 12:30 pm Marion Phillips Apts, Claremont 1:00 - 2:00 pm | BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm | BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am - 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am - 1:30 pm | FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org |

"Agnes of God", written by John Pielmeier, is a Tony Award-winning psychological drama which tells the story of Dr. Martha Livingstone, a court-appointed psychiatrist charged with assessing the sanity of a novice accused of murdering her newborn which she gave birth to in a cloistered convent. Miriam Ruth, the Mother Superior, determinedly keeps the young Agnes from the doctor, further arousing Livingstone's suspicions. Who killed the infant and who fathered the tiny victim? Livingstone's questions force all three women to re-examine the meaning of faith and the power of love, leading to a dramatic, compelling climax. The title of the play is a pun on the Latin phrase. Agnus Dei (Lamb of God).

The play's format is rigorous, with Dr. Martha Livingstone (played by local actress Lauren Bushway) never leaving the stage for the twohour run of the show and calls for the actor to cover the full gamut of emotion from nurturer to antagonist, from hard-nosed court psychiatrist and atheist to faith-searching healer. The emotional impact of Sister Agnes's (played by new to the stage Kirstie Small) slip into madness is enthralling and disturbing while Mother Superior (played by local actress Brittany McElroy) expounds the possibilities of miracles, her distaste for the doctor and the methods for determining whether Agnes is mentally fit for trial, which is reflective of the relationship between religion and mental health science during the 1970's.

"The all-female cast is just phenomenal and seeing this show on AMP immersive stage will be unlike any other production currently being produced in our region," said Hudson.

If you would like to support Amplified Arts, The Company, and their upcoming production of "Agnes of God", they will be hosting a Fashion Tea and Film Screening on July 21 at Amplified Arts. The event ticket of \$12 includes tea service, sweet treats and the screening of the Oscar-nominated film, "Phantom Thread" on AMP's new 4K projector and screen. This will mark the second film screening at the venue with more in the works. High-quality retro fashion from the 1950 - 70 will also be available for purchase, all to support collaborative, immersive arts in Sullivan County.

To learn more about the upcoming production of "Agnes of God" and the Fashion Tea/Film Screening, visit www.amplifiedartsnh.com or reach out to amplifiedartsnh@gmail.com. Amplified Arts is also on Facebook, Twitter, Instagram, Linkedin and Snapchat - Find and follow for updates and announcements.

Charlestown Recreation News

TOWN POOL:

The Town Pool is open. The Pool will be open daily from 12-7pm.

Prices for nonresidents of Charlestown: Individual Season Pass: \$40.00 Family Season Pass: \$100.00

Lifeguards are still needed for the summer. Training will be provided. Please contact Patty at the Town Office if interested.

PATCH PARK:

There are lots of activities at the park. Picnics with the family, playground, ball games, and 9-Hole Disc Golf. Park hours are 8am to 9pm. So everyone can enjoy the Park, please observe the rules:

- NO Smoking
- NO Alcoholic Beverages
- NO Pets

SAVE THE CHARLESTOWN NH TOWN

POOL: Check out the Save the Pool Committee Facebook page to see what activities are being planned to help raise funds to renovate and save the Town Pool. Feel free to reach out and volunteer. All are welcome.

RECREATION COMMITTEE OPENING: Currently the Rec Department is in search of a Rec Director and one more volunteer. Please contact the Selectboard Office if you are interested in joining in on planning fun activities for our kids.

RECREATION COMMITTEE MEETING: The next Recreation Committee meeting will be on Tuesday, July 10, at 6:00 pm at the Selectboard Office, 233 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPART-MENT FACEBOOK PAGE

Please continue to check the Facebook page for all announcements and upcoming events.

WCCMA's Summer Concert Series Plans to Delight and Inspire

CLAREMONT, NH—The West Claremont Center for Music and the Art's Summer Concert Series at the Union Church's 11th Season brings local, regional, and international artists to the dynamic annual music series. The season will feature artists from New York City, Toronto, Boston, and across NH. From Classical Mozart and Irish music to original compositions that push the boundaries our concept of music ensembles, the program is sure to be an engaging adventure for the listener. The Art of the Duo performance's New Hampshire tour is in collaborations with the Arts Alliance of Northern NH. The performance is made possible in part by a donation from the Byrne Foundation, and is Funded in part by the Expeditions program of the New England Foundation for the Arts, made possible with funding from the National Endowment for the Arts, with additional support from the six New England state arts agencies.

The Summer Concert Series is held at the historical and acoustically outstanding Union Church, 133 Old Church Rd in Claremont. The series is by donation, and while contributions are a vital part of making the series possible, all are welcome regardless of ability to donate. Concerts with an "*" designate performances that are part of the "two day" performance experience in collaboration with the Saint Gaudens Memorial and also performed at the Saint-Gaudens National Historic Site in Cornish. Artists will perform varied programs in Claremont on Saturday at 6:30pm and in Cornish at 2pm, a rare opportunity to have expanded access to outstanding touring artists. Visit wcc-ma.org or contact them at melissa@wcc-ma.org.

Saturday, July 21* - 6:30 pm — Music of Mostly Immigrant Countries. Jose Lezcano, guitar; Virginia Eskin, piano; August Watters, mandolin Music of Castelnuovo-Tedesco, Calacce, Lezcano, and Beethoven

Saturday, July 28 - 6:30pm— Dana Lyn's Mother Octopus: Aqualude. A musical Song of the Sea for violin, cello, clarinet, guitar, drums. Saturday, August 4* - 6:30pm — The Coral Suite. Dana Lyn, violin and Kyle Sanna, guitar A "through the looking glass" approach to traditional Irish music

Friday, August 10 - 6:30pm — The Art of the Duo. Kinan Azmeh, clarinet and Dinuk Wijeratne, piano celebrate 10 years at WCCMA, with new works by the acclaimed duo.

Claremont Farmers Market

CLAREMONT, NH—The new Claremont Farmers' Market will run from 9:00 a.m. to 1:00 p.m. at the Visitors Center Green every Saturday through September 8th.

2018 Summer In The Paddock A Farmers & Artisans Market

Saturdays: Now through October 6 9:00 a.m. to 1:00 p.m.

Join us for the 6th Annual Season of Summer In The Paddock on North Main Street in Charlestown. The Farmers & Artisans Market will run for 16 weeks and we are again offering very affordable vendor fee "packages" to encourage strong weekly commitments from current and new vendors. Potential vendors are encouraged to stop by the Charlestown Congregational Church by the office for a brochure of policies and fee schedules. Check out our photo album of participants and their wares from five seasons. Brochures may also be found in the newspaper rack at Dan's Max Saver.

This year we are adding a children's play area and free canvas bags for frequent SITP shoppers. Watch for lunch options at the market. Our vendors are offered the opportunity to join us for the Townwide Yardsale Day in July.

Email congchrch@myfairpoint.net (yes, leave out the "u") or call (603) 826-3335 with questions and to receive the brochure by email or USPS. Please shop with us each week for a wonderful array of homegrown, canned, and specially prepared foods, arts and crafts, and help to strengthen our local economy by joining us as a vendor or a patron.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

TLC Program Offerings

CLAREMONT, NH--First and third Friday of every month the Rural Outright Diversity Club for transgender and gender non-conforming people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other transgender and gender non-conforming folks to share experiences,

resources and struggles.

CLAREMONT, NH--Second and fourth Friday of every month the Rural Outright Diversity Club for LGBTQ+ people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other LGBTQ+ folks to share experiences, resources and struggles. For more information: www.tlcfami-lyrc.org/rural-outright-events-calendar.

CLAREMONT, NH--First and third Saturday of every month the Caring Adults Peer Support (CAPS), sponsored by Rural Outright, meets at 10 a.m. at the TLC Family Resource Center, 109 Pleasant St., in Claremont. This is an opportunity for parents, educators and other caring adults to discuss challenges and best practices for supporting LGBTQ children of any age. For more information, contact Neil at neilpierceallen@gmail.com.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League meets on the 2nd Thursday of every month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to

breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. <u>ClaremontLLL@gmail.com</u>, Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

Cornish Fair Volunteers Needed

CORNISH, NH—The Cornish Fair will be here before you know it. Please consider signing up for a shift or two to volunteer at the entrance gates to the 2018 Cornish Fair. Please click on the link below to view the online sign up sheet. Please email Cornishccpto@gmail.com, or contact Kristine Newbold 675-2914, or Corinne Kelliher 675-5405 with questions or if you would like to sign up by talking to a person.

To sign up, please visit: https://www.signupgenius.com/go/30e0b4ba-cac2faafb6-2018.

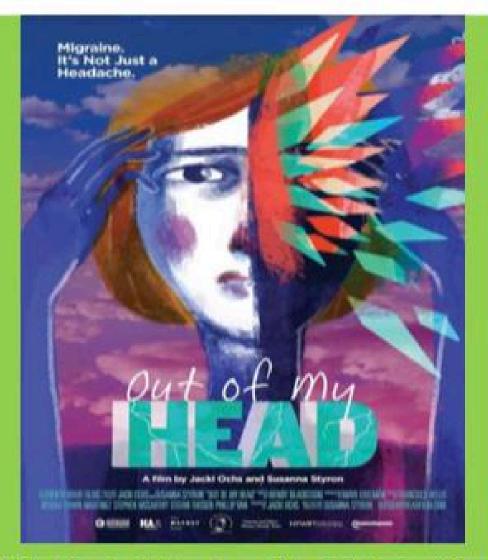
UMArmy Returning to Community to Lend a Helping Hand

CLAREMONT, NH—UMArmy will be here the week of July 15th starting with a BBQ at the First

United Methodist Church on Summer Street, Sunday evening, at 5:30 p.m. This will be their fourth year in the community, completing over 120 jobs



to date. This will also be their last year coming here. Claremont has dedicated July 15th week as UMArmy week. This year to end their stay, they will be working and cleaning up the Bobbie Woodman Trail.



Out of My Head - Migraine - It's Not Just a Headache

A film by Jacki Ochs & Susanna Styron https://outofmyheadfilm.com/

A filmmaker, seeking treatment for her daughter's migraine attacks, discovers a confounding neurological disease and learns why a devastating condition, afflicting nearly a billion people worldwide, remains so deeply misunderstood.

This documentary will help people to understand what Migraineurs go through before, during, and after a migraine. Just because we cannot SEE the affects of what Migraineurs go through, does not mean it isn't REAL. Education & knowledge is everything.

MUST Reserve tickets at https://gathr.us/screening/23806

By July 13, 2018 @ 1:00PM

Out of My Head documentary screening at the Claremont Cinema

Wednesday, July 25, 2018 at 7:30 pm

Rainbows in the Park...

This soap-bubble artist kept visitors to Munich's Englischer Garten (English Garden) entertained for hours on a warm, sunny afternoon. Children chased them. One large creation broke on the photographer's head. Colors floated into the trees. Everyone tossed euros into the young man's tip bucket.







Englischer Garten, München 2 Juni 2018







Eric Zengota

July & August Basic R.A.D. Course Offerings

LEBANON, NH—The Lebanon Police Department is offering Basic R.A.D. classes in July and August.

The course, Rape Aggression Defense (R.A.D.) Basic, is the largest women's self- defense program in the country. It offers no-nonsense, practical techniques that women of all ages and abilities can participate in. The course is designed to give the participants realistic and dynamic hands-on training.

The course is taught by certified R.A.D. instructors from the Lebanon Police Department. There is no cost for the program and class size will be limited. You must attend all four of the Basic R.A.D. classes. Women ages 13-17 will need parental permission to participate.

They will be offering this class from 6:00 to 9:00 p.m. The first class of each session will be at the Lebanon Police Department and the remaining three will be held at the SAU #88 building (former Seminary Hill School) on the following dates:

July Session:

Tuesday, July 24, 2018 Thursday, July 26, 2018 Tuesday, July 31, 2018 Thursday, August 2, 2018

August Session:

Tuesday, August 7, 2018 Thursday, August 9, 2018 Tuesday, August 14, 2018 Thursday, August 16, 2018

If you would like to participate in the July or August session, or would like further information, please contact Haley Tucker at Haley.-Tucker@lebanonnh.gov, or 448-8800.

You can visit R.A.D.'s website at http://goo.gl/U9LZ20 for further information about the program or our department webpage at https://goo.gl/bpgh52.

This program is designed for the average woman with no previous experience or background in physical skills training.

Join us on Facebook

at

www.facebook.com/etickernews

Historic Organ Returns to Claremont

CLAREMONT, NH— A large gathering of people attended a concert Sunday, July 1st, presented on the new pipe organ recently donated to St. Joseph's Church, Elm St. The organ builder for this project, Lubbert

Gnodde, born in Urk, The Netherlands, was the organist performing the program. He holds degrees in organs, having earned a number of honors. His performing experience consists of numerous organ recitals in Holland and Europe, as well as performances with symphony orchestras. He is currently the organist of the 1891 J W Steere and Sons pipe organ located in Our Lady of the Snows Church in Woodstock, VT

The organ featured at the July 1st concert was built in 1885 by Reuben Midmer & Sons in Brooklyn, NY, and is returning to Claremont for the second time. From 1980 until 1985 it was at Prince of Peace Lutheran Church located in West Claremont.

During 1979, more than 1,600 parts of the instrument were cleaned and refurbished by Edgar Boadway and volunteers from Prince of Peace Lutheran Church and the community of Claremont. Almost all of the leather and felt was replaced and the oak stripped. Several new hardwood parts were made and a new blower was acquired. The organ can be hand-pumped if desired.



The organ builder for this project, Lubbert Gnodde, was the organist performing the program. The organ was built in 1885 by Reuben Midmer & Sons in Brooklyn, NY, and is returning to Claremont for the second time (Courtesy photo).

The congregation of Christ

Lutheran Church purchased and moved the organ to Jeremy Cooper's organ shop in Epsom, NH, in 1985. Cooper did custodial maintenance and then added 14 pipes to complete the Pedal Bourdon.

Those attending the concert including organ builders, organists and parishioners. Some attended from as far away as New Jersey, and one organist traveled from Rhode Island after having played his Sunday morning service.

Although the weather was very hot and humid, the St. Joseph venue was very comfortable with the air conditioned church. Many attendees were able to meet with Gnodde after the concert. The applause lasted for an extended period of time within coming to the balcony railing for three curtain calls. Before departing the balcony for the reception in the church hall, Gnodde played as the congregation sang "My Country 'tis of Thee" in honor of Independence Day which was celebrated later in the week.

—Phyllis A. Muzeroll

Remembering Loved Ones...

Life Tributes 700

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them. www.etickernewsofclaremont.com

Lora M. Underwood, 98

Lora M. Underwood, 98, of Baker Street in Claremont, NH, died Wednesday (July 4, 2018) at her home following a period of failing health.

She was born in Springfield, VT, on September 19, 1919, the daughter of Ervin C. and Blanche C. (Johnson) Balch. She was a graduate of Springfield High School, Class of 1938. Lora had been employed by Sylvania in Hillsboro, NH, and later worked as an inspector at Tambrands in Claremont, NH, where she retired from in 1982. After her retirement she helped to cook at the Claremont Senior Center. She was the widow of Maynard Underwood.

Members of her family include two daughters, Carol Wilson and her husband Bruce, Claremont, NH; Marilyn Page and her husband, Lloyd, Deming, NM; a son, Berley Underwood and his wife, Eleanor, Hernando, FL; 14 grandchildren, several great grand children and several great grandchildren and thought very highly of her great great grandson, Adryan, a sister, Dorothy Litchfield, Eatonville, WA, and several nieces and nephews.

She was predeceased by a daughter, Elizabeth Caron, a sister, Alice Quimby, two brothers, Harold Balch and Donald Balch, Brigadier General, retired, USAF.

Funeral Services will be held at 11:00 on Wednesday (July 11) at Trinity Episcopal

Church, with the Rev. Peter Nelson, rector, officiating. Interment will follow in Mountain View Cemetery.

Friends may call at the Roy Funeral Home, 93 Sullivan Street on Tuesday evening from 6 – 8pm.

The family suggests that in lieu of flowers memorial contributions be made either, Trinity Church Building Fund, 120 Broad Street, Claremont, NH, 03743, Claremont Senior Center, 5 Acer Heights, Claremont, NH 0373 or Lake Sunapee Visiting Nurse/Hospice107 Newport Road, New London, NH 03257.

You are invited to share a memory of Lora with the family or leave a message of condolence in the family guest book at www.royfu-neralhome.com.

Katherine L. Shull, 63

It is with great sadness that the family of Katherine Lee Shull announces her passing after losing her battle with cancer on Tuesday July 3rd, 2018, at the age of 63. She was the daughter of Charles Kasaras Sr.(deceased) and Dorothy M Kasaras. Katherine will be lov-

(we're right there by the hospital)

ingly remembered by her husband of 39 years, Dorien, and their children, Tyler and Benjamin. Katherine will also be fondly remembered by her stepdaughter Danyle and her four grand-children, Colby, Isabella, Ryan and Ava. Katherine will be forever missed by her siblings, Beverly Kasaras, Judy Brown, Christine Malhoit, and Charles Kasaras Jr.

A graduate of Stevens High School in 1973 and after receiving her certification as a medical assistant and LNA, Katherine devoted over 30 years working in home health care with Lake Sunapee Visiting Nurses and Dartmouth Hitchcock Medical Center. A dedicated mother who loved her extended family, enjoyed cooking, gardening and spending time at the ocean. She was a kind, loving individual who thought of others before herself.

A Funeral Service in memory of Katherine was held on Monday at Stringers Funeral Home, with Rev. Andrew Tregubov officiating. Interment followed in the family plot at Mountain View Cemetery.

The Stringer Funeral Home is in charge of arrangements.

At Doctor Sam's Eye Care, everything is right up front. From eye exams to glasses to contact lenses to whatever treatment you need, our prices are as comfortable as our chair-side manner. Visit Doctor Sam's and see for yourself. (603) 543-2020 9 Dunning St, Claremont

Elisabeth L. Wilterdink, 90

Elisabeth Louise Wilterdink, 90, of Claremont, NH, died on July 1, 2018.

She was born in Newburyport, MA, on September 4, 1927, the daughter of Joel Walter and Susan Elisabeth (Bartlett) Cook.

Elisabeth was a graduate from the University of NH and Simmons College with her Master's in Library Science.

She had worked for the Silsby Free Library as Head Librarian. She enjoyed reading, puzzles, spending time her family and going to the beach. She had also volunteered for many years at the Blood Bank.

Elisabeth is survived by her son, David Wilterdink; daughters, Anne Morgan, Susan Wilterdink, Janet Wilterdink, Sarah Wilterdink and Carol Wilterdink; 6 grandchildren and 1 great grandchild.

She was predeceased by her husband, Bernard Wilterdink; her parents and 1 brother, Walter Irving Cook.

A graveside service was held in West Claremont Burying Ground in Claremont, NH, on Friday, July 6th, with Marthe Dyner officiating.

Donations may be made in her memory to the American Red Cross, 2 Maitland Street, Concord, NH 03301.

The Stringer Funeral Home is in charge of arrangements.

Ronald D. Pellerin, 76

Ronald Dwyer Pellerin, 76, passed away on June 30, 2018, at his home in Charlestown, NH. He was born on October 24, 1941, in Springfield, VT, the son of Forrest Alden and Marjorie Ruth (Dwyer) Pellerin.

He worked for 32 years at Holmes Trucking as a truck driver. He enjoyed being outdoors, he loved hunting and fishing. Ronald was also a great grandfather.

His family includes his three grandchildren, Anthony K. Pellerin, Savanna E. Pellerin, and Ashland M. Pellerin; brothers, Jim Pellerin and his wife, Judy, Gary Pellerin and his wife, Brenda, John Pellerin, and Mike Pellerin.

He was predeceased by his wife, Marie Louise Pellerin and his sons, Anthony Kirk Pellerin and Ronald "Rocky" Pellerin.

A graveside service was held at the Pine Crest Cemetery in Charlestown on Monday, July 9th, with Pastor Harold Noyes officiating.

The Stringer Funeral Home is in charge of arrangements.

Anne F. MacArthur, 90

Anne F. MacArthur (90) died Friday evening, June 29, 2018, after a period of declining health.

She was born the fourth of six children to Avery M. and Arline Fides and was their last surviving child. She was raised in Bowdinham, ME, Attended Fryburg Academy for H.S. ('46) and went to Farmington State College ('50) for her teaching degree. In August 1950, at her parents' summer home on Orr's Island she married Rodney MacArthur. They moved to Walpole, NH, and her first teaching assignment was at the Sarah Porter School in Langdon. The next year she went to the Holden School in Charlestown to teach second grade. She later went to Memphis, TN,, to teach for a year while her husband continued his education. After moving back to the Walpole-Charlestown area and while raising two daughters, she was asked in January to "just fill in until the end of the year" at the Farwell School - a multi grade class. It would be more than 25 years of teaching first grade before she retired. First she taught at the "Stucco" building, then at the "new" Charlestown Primary School. As the Charlestown Primary was being built, she and Rodney were building a house right behind it on East St. - no more traveling from Walpole every day for her!

In retirement she and her husband moved to their retirement home in Jackman, ME, where her husband was born and brought up. While living in Jackman she enjoyed her flower gardens, going down-river shopping, taking her book and going bird hunting and fishing with Rodney and the dog. She looked forward to her Friday lunches out with the "old ladies". After her husband died, she moved back to Charlestown in 2001 to be closer to family and old friends. She got to enjoy family gatherings with her grandchildren and great-grandchildren as they came along.

Anne was predeceased by her parents and her husband, her sisters Georgie F. Mathieson and Mary Jane F. Leavitt and her brothers Avery Fides, Jr., Forest Fides and Peter J. Fides.

She is survived by her daughters Peggy (Kevin) Blaine, Charlestown, NH, and Pam (Stephen) Ferrari of Simpsonville, SC; her grandchildren Rachel (Dale) Wilson, Bridget Blaine (Jason Sawyer), Kevin Blaine, Jr., Justin Blaine, Duncan (Megan) Blaine, Meganne Blaine-Dupont and Christina Ferrari. Her great-grandchildren Raymond, Cole,

Olivia, Mia, Amelia, Chloe-Anne, Kasey, Duncan and Giles.

Per her request, there will be no services. The Stringer Funeral Home is in charge of arrangements.

Margaret Trowbridge

Margaret Trowbridge passed away June 26, 2018, at Sullivan County Health Center following a period of failing health.

Margaret was born on her family's farm in Easthampton, MA, on Jan. 24, 1923, to Rudolph and Ruth(Misner) Haeseler. She was the third of four children, with two brothers and a sister. She grew up in Northampton, MA, graduating from Northampton High School and Northampton Commercial College. On July 12, 1945, she married her high school sweetheart, Gordon Trowbridge, before his deployment to the Pacific in WWII, and they were happily married until his death in 2014. They settled in Northampton, where they raised their two children. Margaret was a homemaker until her children were grown, after which she worked as bookkeeper at Butler and Oilman in Hadley, MA. Following retirement, Margaret and Gordon divided their time between their home in Barefoot Bay, FL, and their cottage on Pine Island Lake in Westhampton, MA, until they moved to Claremont to be near family. She was predeceased by her brother, Howard Haeseler, and her sister, Constance Parent.

She is survived by her daughter, Sandra Tatro, and her husband Robert of Claremont, and her son Gordon and his wife Rebecca of Milbridge, ME, and was the loving grandmother of four grandchildren and ten great-grandchildren, who were her greatest joy. She is also survived by her brother, Carl Haeseler, and his wife Martha, of Pennsylvania, and nieces and nephews.

There are no calling hours, with a graveside memorial service at a later date. In lieu of flowers, donations may be made in her name to Friends of Activities at Sullivan County Health Center.

The Stringer Funeral Home is in charge of arrangements.

Ronald E. Perron, Sr., 62

Ronald E. Perron, Sr., 62, of Prospect Street in Claremont, NH, died Monday (June 25, 2018) surrounded by his family at Catholic Medical Center in Manchester, NH.

He was born in Dover, NH, on June 15, 1956, the son of Bernie and Rose (LeBlanc) Perron and had been a longtime area resident. Ronald was a jack of all trades and held many jobs including, apartment manager, plumber and painter. He enjoyed fishing, doing money puzzles, watching the AMC Channel. His favorite NFL Team was the San Francisco 49'ers, and he also liked the Jacksonville Jaguars.

Members of his family include his wife, Arline (Lunderville) Perron, Claremont, NH; his mother, Rose Bourgoine, FL; two sons, Ronald E. Perron, Jr., Concord, NH; Jamie Lunderville, Concord, NH; three daughters, Dee Hassett, Charlestown, NH; Crystal Perron, Hartford, VT; Jessica Perron, Claremont, NH; 19 grandchildren, two great grandsons, two brothers, his twin, Donald Perron, Lebanon, NH; Dennis Perron, FL; two sisters, Tootie Rosso, CA; Dawn Marie Minckler, MT and several nieces and nephews.

He was predeceased by his stepfather, Donald Bourgoine, Sr., his father, Bernie Perron and a granddaughter, Laurie Hassett.

There will be no visiting hours.

A Potluck Celebration of Life will be held from 1 – 4 pm on Saturday, July 21, at the Moody Park Pavilion in Claremont, NH.

You are invited to share a memory of Ronald with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Arrangements have been entrusted to the Roy Funeral Home and Cremation Service.

Karen Ann McCormick-Putnam, 60

Karen Ann McCormick-Putnam, age 60, passed away peacefully at her home surrounded by her family and friend Monday, June 25, 2018, after a brief illness. Karen was born in Bellows Falls, VT, on September 25, 1957, to the late Robert H. and Jeanne E. Mc-Cormick. She graduated in 1975 from Fall Mountain Regional High School, where she was a member of the 1973 State Champion Basketball team. Karen worked at The Shopper in Bellows Falls, The Prompt Image in Brattleboro, The Message in Londonderry, and Lentex in North Walpole. Most recently she was the bookkeeper for Putnam Farms in Charlestown NH, where she lived with her husband Morris "Rocky" Putnam, her two dogs Cooper and Bina and her horse Ted.

Karen was an avid bowler for many years

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

On August 17 our 3rd concert will feature the Kearsarge Community Band. A partial sponsorship was given by an anonymous donor. Still looking for another sponsor(s). Call the center if you are interested in being a sponsor! Concert is open to the public and will be held (6:30-8:00 PM). Come early...food available at 5:30 PM.

Menu for Tuesday - July 10...Tourtiere (pork pie), mashed potatoes, vegetable, dessert. Thursday - July 12... Baked pollock, roasted potatoes, vegetable, desert. Twice a week dinners welcomes members (\$4.00) as well as non-members (\$5.00). Membership dues cards may be checked, so have yours ready!

Foot Clinics sponsored by Lake Sunapee Region VNA & Hospice will be held July 11, 18. Cost is \$25 per visit. Blood Pressure Clinic on July 19 (11 AM - 12 noon). Call (603) 526-4077 for appointments.

Our "Vendors / Crafters Corner" welcomes Jaime Adriance featuring Paparazzi Costume Jewelry on Tuesday - July 10. On Thursday - July 12 we welcome Julie's ICare. Both will be at the center (10AM - 1PM). Any type of business or crafter is also welcomed to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date!

Reminder that our Annual Car Show will be held on Sunday - August 26.

Bingo every Thursday night run by the Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Chair Yoga class guided by Charlene Robillard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. \$5.00 fee for a very relaxing hour.

Silver Sneakers every Monday at 1:00 PM in the Mozden Room. Cost is \$2.00 for women, men, members and non-members! Laura Partridge, is the Certified Fitness Professional Trainer. The program is for Senior Strength & Stretch, is all non-impact, fun & easy to follow with music! Come try it out. It can all be done at your own speed!

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free. Non-mem. \$1. Tai Chi Classes coming this Fall. An informational session is scheduled for August.

Knitters on Fridays (12 noon-3:00PM). Bring your lunch. If you are not a member, 3 visits allowed then membership is required.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Hand & Foot card game and Pool are popular! Bring a snack to share!

Come see our "Brick Wall." Purchase a "Memorial Brick" for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends available.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

We are still collecting aluminum can tabs!

Businesses welcome to put a business card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

from her youth to adulthood. Her professional career spanned from 1988-2004. During those years she appeared on television, won many tournaments, state titles, and bowler of the year awards, as well as holding many house records. On May 25, 2018 Karen was inducted into the International Candlepin Bowling Association's Hall of Fame for the class of 2018.

The Benevolent and Protective Order of Elks was a passion for Karen. She was named Vermont State Elk of the Year twice, in 2007 and 2016, and has held various positions of office at the state and local level. Most recently she was the state treasurer. She worked diligently to get a new pool for the Silver Towers Camp in Ripton, VT. The 36' x 36' pool will be named in her honor as they break ground in the fall.

Karen also loved working on the Bellows Falls Alumni float each year. In 1978 she became Honorary Member of the Class of 1973.

Karen was predeceased by her parents Robert H. and Jeanne E. (Porter) McCormick.

She is survived by her husband of 17 years, Morris O. (Rocky) Putnam Jr. of Charlestown, NH, her son Ethan Langdon of Wilder VT, brother Gary and his wife Faye McCormick of North Walpole, NH and sister Pam and her husband Andy Patnode of Charlestown, NH, nieces Karli and Hannah McCormick, and nephews, Robert McCormick, Ryan Patnode, and Justin Patnode, plus her Aunt Marcia and many cousins from Vermont to California.

A Mass of Christian Burial was held on Saturday, July 7, at St. Peter's Parish in North Walpole, NH. A private burial will be held at a later date.

In lieu of flowers, donations may be made to the Silver Towers Camp Pool Fund, please mail checks to Silver Towers Camp Pool Fund, C/O Brian Gaura Secretary, Vermont Elks Assoc., 241 Lincoln Ave. Rutland, VT 05701.

The Stringer Funeral Home is in charge of arrangements.

Michael A. Cote, 72

Michael Albert Cote, 72, passed away peacefully at home with his wife and son by his side on June 21, 2018. Michael was born on May 6, 1946 in Newport, NH, the son of Albert and Olive (Stevens) Cote.

He graduated from Stevens High School in the class of 1965. In 1966 he joined the U.S. Air Force and was a mechanic on the C130 air planes during the Vietnam War, serving four years.

Returning home, he continued his life long career as a "junk man" working for recycling services; he retired in 2009.

During his career his passion for the Lord made him a teacher of the Gospel to children of many ages. He was also a leader in teaching boys in Royal Rangers.

He met the love of his life Bernice (Roy) Cote and their son Damien Bailey in 1984. They were married on June 22, 1985.

Survivors include his wife, Bernice; their son, Damien; stepdaughter, Tammie Ferguson; stepson, Scott Lizotte; brothers, Charles Cote, Timothy Cote; granddaughters, Madalynn Bailey and Emily Ferguson; great granddaughter, Brooklyn Ferguson; and two special little girls, Melanie and Jenna Coleman.

He was predeceased by his parents and a very special grandson, Henry Daniel Ferguson III.

When he wasn't serving the Lord or working, you could find him in his other love, out fishing.

A celebration of his life with a potluck barbeque will be held at 44 Thrasher Road in Claremont on July 28th at 1 PM.

The Stringer Funeral Home is in charge of arrangements.

Claremont Fire Dept. Log

Sunday, 7/1:

9:17 PM: Engine 1 responded to Hanover St. for a medical call.

Monday, 7/2:

1:23 AM: Car 2 responded to Myrtle St. for a public assist.

7:54 AM: Engine 1 responded to Upham Place for a medical call.

10:22 AM: Engine 1 responded to Windsor Rd. for a report of a low hanging wire.

1:17 PM: Engine 1 responded to Elm St. for a medical call.

5:55 PM: Engine 1 responded to Pleasant St. for a medical call.

6:03 PM: Engine 1 responded to School St. for a motor vehicle accident.

10:14 PM: Engine 1 responded to

Broad St. for a medical call.

Tuesday, 7/3:

8:21 AM: Engine 1 responded to Washington St. for a motor vehicle accident. 8:22 AM: Ladder 2 responded to Val-

ley Regional Hospital for Box Alarm #0121.
11:46 AM: Engine 1 responded to

Michael Place for a medical call.

2:17 PM: Engine 1 responded to Main St. and Windsor Rd. for a motorcycle accident.

2:45 PM: Engine 1 responded to Charlestown Rd. for a medical call.

Wednesday, 7/4:

2:33 AM: Engine 3 responded to Myrtle St. for a medical call.

12:27 PM: Engine 3 responded to Barton St. for a medical call.

7:49 PM: Engine 3 and Ladder 2 responded to North St. for a dumpster fire.

9:25 PM: Engine 3 responded to Broad St. for a report of people lighting paper lanterns.

10:32 PM: Engine 3 responded to Central St. for a medical call.

Thursday, 7/5:

10:54 AM: Engine 2 responded mutual aid to Charlestown for a structure fire.

5:34 PM: Engine 3 responded to Tremont St. for a medical call.

Friday, 7/6:

12:50 AM: Engine 3 responded to Mulberry St. for a report of a fire alarm sounding.

6:05 AM: Engine 3 responded to Pleasant St. for a motor vehicle accident.

2:04 PM: Engine 3 responded to Paddy Hollow Rd. for a medical call.

2:35 PM: Engine 3 responded to Washington St. for a person that fell approximately 20 feet.

2:48 PM: Engine 3 responded to High St. for a report of a water problem.

4:29 PM: Engine 3 responded to Broad St. for a medical call.

5:58 PM: Engine 3 responded to the area of East St. and Henry St. for a car fire.

6:12 PM: Engine 3 responded to High St. to follow up on a water problem.

11:49 PM: Engine 3, Ladder 2, and Engine 1 responded to Washington St. for a fire alarm sounding.

Saturday, 7/7:

9:17 AM: Engine 3 responded to Sullivan St. for a medical call.

9:43 AM: Engine 3 responded to Chase St. and South St. for a motor vehicle accident.

12:09 PM: Engine 3 responded to Spruce St. for a motor vehicle accident.

10:47 PM: Engine 3 responded to School St. for a medical call.

11:09 PM: Engine 3 responded to Pleasant St. for a medical call.

Public Service Announcement: Online Job Searching

By Bernadette O'Leary

There is a concerning scam with online job searching that puts the unemployed at risk. In today's ever changing and fast-paced world, it seems there is no escaping predators seeking to steal the identities and finances of others, and job seekers are their newest potential victims.

The latest online scam dates back at least three years and targets employment hopefuls by offering them a fictitious job. The job seeker is contacted with the promise of an interview at his/her convenience via such online methods as, but not limited to, Google Hangout, Skype, and Facetime. Multiple online employment sites have posted warnings about this scam, but I have yet to find one that includes all of the details. They warn mostly against fictitious businesses, but this scam has



grown to include genuine companies. With this in mind, there are some ways that you can remain safe while still obtaining the job you seek.

The first thing to remember is to stick with employment sites that are more widely known for being reputable, such as Monster, LinkedIn, and ZipRecruiter. Likewise, explore employment agencies that are local to your area or the area where you wish to relocate. If seeking a telecommuting position that allows you to work from home, local employment agencies increasingly offer those positions as well. A reputable agency or website will not remove the risk entirely, but it does reduce it. This step will offer ways to verify and report potential job offers which appear suspicious.

Secondly, do not be afraid to ask questions and verify the answers. A legitimate employer will have no problem allowing you time to contact the company via its official website for such verification. In fact, the potential employer will likely be impressed at your due diligence. I have included a list below of questions that you can include in your verification process. Odds are, the scammer will simply ignore your questions and move on to more unsuspecting prey.

Next, as with all other situations where you are contacted by someone asking for your private information (social security number, bank account, credit card numbers, PIN, etc.), never give it without a thorough research and verification process which you have previously put in place for such situations. These scams are not limited to job opportunities. In fact, I myself have faced such scams. Two days prior to finishing this piece, I received a fictitious phone call which claimed to be from the IRS with instructions to call a phone number within 24 hours regarding fraudulent tax information to avoid being taken into custody. This call was quite startling, even though I already knew that it was in fact a scam. Just imagine the horror felt by the victim who is not as knowledgeable about and prepared for such things as I am.

Finally, a legitimate job offer will have a specific job in mind for you. It will not give a list of possible jobs and ask you which one fits you best. You will also not be asked to contact them at your convenience. Hiring managers set up a specified interview time for a specific position, and if they say no experience necessary, walk away. Hiring managers will articulately list the duties, requirements, and qualifications of a given position within their company both in writing and verbally, with no typos or grammatical errors.

The key to remaining safe is not to panic. Simply be cautious, stick with reputable companies, ask questions, and never give out your personal information without a proper, preset verification process. Do not allow the person contacting you to pressure you into making a decision or providing sensitive information without proper verification of the job offer, their identity, and their position within their company. Legitimate employers will not fault you for your caution, and in fact, the genuine ones will be impressed by your desire to do the necessary footwork to protect your best interests and theirs. This caution protects the company's good name as much as the job seeker's, and they know this. In today's highly technical world, research and due diligence pay off. Stay safe and good hunting.

Security questions for job hunting:

- 1. What are the names, official titles, and email addresses of the person contacting you and the hiring manager?
- 2. What is the name of company?
- 3. What are the exact title and location of position offered? (A legitimate job offer will have only one, specific job title.)
- 4. What are the duties, requirements, and qualifications for this position?

CLAREMONT

The Claremont City Council will hold a public meeting on Wednesday, July 11, 2018, at 6:30 p.m. in the Council Chambers of City Hall.

| | AGENDA (Revised) | |
|---|---|----|
| 6:30 PM | . PLEDGE OF ALLEGIANCE | |
| 6:32 PM | 2. ROLL CALL | |
| 6:34 PM | 3. AGENDA CHANGES | |
| 6:35 PM | 4. REPORT OF THE SECRETARY Minutes of June 13 and 27, 2018, City Council Meetings | |
| 6:37 PM | 5. MAYOR'S NOTES | |
| 6:42 PM | 5. CITY MANAGER'S REPORT | |
| 6:55 PM | 7. APPOINTMENT TO BOARDS AND COMMITTEES | |
| 7:00 PM | 3. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23)) | |
| 7:10 PM 7:25 PM 7:40 PM 7:55 PM BREAK 8:15 PM 8:25 PM | A. Ordinance 561 Change Speed Limit on Portion of South Street – First Reading B. Authorize Trail Maintenance C. Application for Community Revitalization Tax Relief Program (RSA 79-E) – Goddard Block, 54-62 Pleasant Street – Public Hearing D. Resolution 2018-37 Establishment of Non-Capital Reserve for Traffic Signals – Public Hearing E. Re-Approve Identity Theft Prevention Policy F. Energy Policy Discussion G. Santagate Bridge Signage Update | r, |
| | O. COMMITTEE REPORTS | |
| 9:00 PM | 1. FUTURE AGENDA ITEMS AND DIRECTIVES | |

- 9:15 PM 12. CONSULTATION WITH LEGAL COUNSEL
- 9:20 PM 13. ADJOURNMENT
- PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, August 8, 2018, at 6:30 p.m. in the Council Chambers at City Hall.