

Claremont Confidential

By Les St.Pierre



Love 'em or Hate 'em

You have to either love 'em or hate 'em. The New England Patriots, I mean.

It all brings to mind Boston Red Sox fans in the latter 1950's and early 1960's, then again in the 1990's, when they had to endure the humility of New York Yankee fans capturing titles year after year. Everyone, it seemed, hated the New Yorkers back then except, of course, those born or brought up to follow the men in pinstripes through their jubilant march to celebratory heights.

I recall *Chicago Tribune* columnist Mike Royko penning words... "Hating the New York Yankees is as American as pizza pie, unwed mothers and cheating on your income taxes!"

The New Yorkers had, indeed, brought about a dynasty and even today, while not as prolific as they once were, the team echoes notoriety and fame across the continent. The New York Yankees have won more championship titles (27) than any other franchise in the four North American sports leagues. They average a championship every four seasons and have retired no less than 21 pinstripe numbers. Incredible! They truly are one of the most successful sports franchises in the world.

But that is baseball.

Let's talk now about football.

All those times when New England fans had to endure the wrath of Big Apple baseball followers have now turned the other way and it is "our" football team that faces the scorn of underdog advocates. The sweatshirts in the stands sporting "New England vs. Everyone" says it all. Everyone does, indeed, hate the New England Patriots except, of course, those here in the six New England states and those who have been born and raised here and have now taken their Patriots' devotion to transplanted residences throughout these United States. "Everyone" is tired and fed up with the

success of the Belichick-led gridsters out of Foxborough's Gillette Stadium.

I wonder what Royko, who died at the age of 64 in 1997 of a brain aneurysm, would have said about our New England Patriots. Perhaps, maybe, something like, "Hating the New England Patriots is as American as...." Well, you fill in the blanks. Seems like that's the way to go these days.

Winning is okay, once in a while, (note: Chicago Cubs and Houston Astros) but not for extended continuous periods of time unless, of course, it is your team doing all the winning.... and that is exactly what the New England Patriots are doing.

The Patriots are one of the most successful teams in the National Football League, having appeared in the Super Bowl ten times, the most of any other team, with eight of them once head coach Bill Belichick and quarterback Tom Brady partnered up in 2000; they have captured five championships, tying with San Francisco and Dallas, one behind Pittsburgh. They have won 15 AFC titles in the 17 seasons since 2001 and have not had one losing season in that stretch of time.

Included in numerous records for the Patriots are most wins in a ten-year period (126) from 2003-2012, and an undefeated 16-game regular season in 2007 along with the most consecutive division titles won by a team in NFL history (9), which covered the 2009-2017 seasons.

So there you have it. Love 'em or hate 'em.

Or, like me, do both... not because we want to but because we are forced to.

It all began in last year's Super Bowl when our beloved team fell behind by 25 points (28-3) and the only thing that kept me sane was my wife's constant reminder, "It ain't over 'til it's over, honey!" And, as we all know, it wasn't and she was right exuding that confidence in Brady and his stalwarts as they bounced back to overcome the Atlanta Falcons in the greatest comeback in Super Bowl history.

You would have thought that comeback would have kept me cool for this year's run at yet another Super Bowl title. But no. In the division title game versus

**NEW ENGLAND PATRIOTS (13-3)
vs. PHILADELPHIA EAGLES (13-3)
Sunday, Feb. 4, 2018 • U.S. Bank Stadium
(Approx. 66,000) • 6:30 p.m. ET**

The New England Patriots will be looking for their second straight Super Bowl title and their third in the last four seasons when they take on the Philadelphia Eagles in Super Bowl LII at U.S. Bank Stadium in Minneapolis. Super Bowl LII will be a rematch of Super Bowl XXXIX when the Patriots beat the Eagles, 24-21, on Feb. 6, 2005. It will be the sixth Super Bowl rematch in NFL history. New England reached its 10th Super Bowl with a comeback win over Jacksonville in the AFC Championship Game. The Patriots erased a 10-point fourth quarter deficit to claim the win. When the Patriots won their third Super Bowl in a four year span in the 2004 season, they beat the Eagles in Super Bowl XXXIX. Now as they attempt the same feat more than a decade later, the Eagles are once again their foe.

Jacksonville there I was down and out, ready to throw the nearest brick at the television screen due to the failure of my beloved Pats to get the upper hand against the Jaguars. Yes, they eventually did overcome their 20-10 deficit to win, but not without putting me through the wringer. Two passes on the same play and then a nice run by Dion Lewis only to have him fumble at the end. I HATE you, Dion Lewis. I HATE you, Patriots! A few plays later the longest run of the day by Lewis puts the game away for the Patriots. I LOVE you, Dion Lewis.

(Continued on page B2)

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Patriots, from B1

I LOVE you, Patriots!

You gotta love 'em. You gotta hate 'em.

I came across a quote printed in Friday's edition of the Claremont *Eagle-Times* in regards to love and hate. It is attributed to American author Katherine Anne Porter (1894-1980). I think I can relate it to the ups and downs all of us go through in the sporting world in backing our teams. It goes like this: "Love must be learned, and learned again and again; there is no end to it. Hate needs no instruction, but wants only to be provoked."

Super Bowl LII is here February 4 and I will be sporting my number 12 Tom Brady shirt for sure. The head and heart lean to the Patriots while the gut says an upset by the Philadelphia Eagles could be in the works. In the words of Brady, when asked about his hand injury and how it would affect his game, "We'll see!"

Lebanon-Stevens Boys Hockey

01/27/18 at Winnacunnet W 7-2

01/29/18 at Berlin 6:00 PM

01/31/18 Spaulding 5:00 PM

02/02/18 Berlin 6:20 PM

Lebanon-Stevens Girls Hockey

01/25/18 Bedford W 7-0

01/31/18 Concord 7:00 PM

02/01/18 at Keene-Mon-Fall Mountain 3:20 PM

02/03/18 at ConVal-Conant 6:30 PM

SHS Girls Basketball

01/23/18 Newport W 46-37

01/25/18 Newfound L 30-56

01/30/18 at Monadnock 6:30 PM

02/02/18 at Hillsboro-Deering 6:30 PM

Road Trips Keep SHS Boys Basketball Busy

The Stevens Boys basketball team completed a 6 game road trip this past week with a pair of games. On Tuesday they made the short trip to Newport and

traveled to Bristol on Thursday night to take on the Bears of Newfound.

On Tuesday, the Tigers held a slim lead at the half before Stevens took a 1 point lead into the final quarter. Newport would take a 6 point lead with a pair of treys with 4 minutes to go. The Cardinals did not panic and chipped away at the lead, tying the game at 44 with less than a minute to go before Joe Desilets hit a jumper to put Stevens up by two. Desilets would get fouled with 10.1 seconds to go after a Newport miss, and drained both free throws for a 4 point lead. The Tigers hit a long three point shot to cut it to one point but there was less than a second left in the game. Tanner Durkee got fouled on the inbounds pass and hit both free throws to give Stevens a well-deserved 50-47 win. Drew Grenier led the scoring with 16 points. Tanner Durkee had a season high 12 points, while Joe Desilets, Derrick Stanhope, and Luke Come all chipped in with 6 points apiece.

On Thursday night the Cardinals got off to slow start in the shooting department but found the range in the second half and ran away from the Newfound Bears 52-29 to even their record at 6-6. Grenier again paced the Stevens scoring with 16 points and also grabbed 7 rebounds. Luke Come had 10 points and 9 rebounds. Mitch Paquette tossed in 7 points, Ethan Johnson had 5 points, and Derrick Stanhope had 4 points and dished out 4 assists in the win.

The Junior Cardinals had an easier time at Newport than the varsity team and came away with a 39-26 victory. Gabe Miller had a team high 10 points. Brennan Huntoon had 7 points, Quentin Bicknell had 5 points, and Colin Lewis and Owen Taylor had 4 points each.

On Thursday the JV boys improved their record to 7-4 with a 65-31 victory over Newfound. Miller again led the way with a season high 14 points. Alex Taylor and Keaghan McAllister each scored 10 points and both also hauled in 8 rebounds. Owen Taylor had 8 points, and Brennan Huntoon had 7 points.

Both teams will get the week off after their 6 road games. Both teams will host the Hillsboro-Deering Hillcats at Frederick Carr Gymnasium on February 5th. The JV game will begin at 5:30 with the varsity game tipping off at 7:00.

The JV 2 team also had a pair of games last week. On Wednesday they traveled to Windsor and dropped a 70-49 decision. David Malonson had a team high 12 points. Dylan Lumbr had 10 points, Isaiah Forrest had a season high 9 points, and Prescott Herzog, Brady Moote, and Anthony Abella each had 4 points.

On Saturday afternoon they made trip up 91 to take on the Marauders of Hanover. The Cardinals played well early but Hanover went on for a 52-23 win. Dylan Lumbr led the team with 10 points. Isaiah Forrest had 6 points, and Robert Woodhams, Jr. had 3 points. They will return to Hanover on Monday afternoon for another game with the Marauders.

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Inspiration

Jennie

By Priscilla Hull

They say that there is nothing like the love between a man and his dog. It is so true in the case of my Dad and Jennie. She was a small black lab who I just picked up by chance. She was the last of a litter of a friend of a friend. I wasn't really looking for a dog, but isn't it often so that when you aren't really looking, along comes the best thing ever?

So it was with Jennie. I was single enjoying my first apartment alone and without a care in the world. The apartment was an ideal place for a dog and we quickly became fast friends. True to the way of dogs, Jennie was always happy to greet me when I got home. We shared supper together, went on long walks, enjoyed the same music and she loved my family. She enjoyed going on long car rides to visit my nephews and especially my Mom and Dad. Well, to be honest what Labrador retriever wouldn't have loved to go to that heavenly home with Mom and Dad and a pond out back? It was a labrador's dream world.

Jennie was a perfect companion for me. She was patient and sweet. She always was happy when I got home from work. She had only a couple of faults like chewing one of each pair of shoes and eating any food that was left out of the refrigerator. Yes, one of each pair, not both shoes, but she was a love and I forgave her. Fetch was her favorite game and she would pester you until you'd throw something - anything for her. She'd wear out your arm with throwing.

As I said, she'd eat anything. Daddy loved donuts and one Sunday we got a dozen, had our breakfast and went off to church after putting the donuts up on a shelf. When we got home, Jennie greeted us as always with enthusiasm. I noticed that the ashes in the fireplace looked swept and I thought it odd until I went in the kitchen and there was the empty donut box! Mom and I had one each and Dad had two! That left eight! I suspiciously poked around in the fireplace and there were three! Who had eaten five! She once ate a pound of cheese and another time a pound of frozen hotdogs!

That house was perfect but I got married, we moved and had a baby and taking care of a baby and dog on the second floor was too much. We left Jennie at Mom and Dad's knowing she'd be a lot happier there! She had a pond and their undying love. She spent so much time in the pond that sometimes she smelled a little like mildew, but all were happy. She kept Dad busy in his retirement throwing things for her. Balls, sticks, twigs, anything that could be thrown.

Sadly he became very sick with cancer. His last night on earth he was in the hospital and Mom and one sister were with him (the rest of us were headed home). My dear sister told me many years later that as he lay dying, he asked where we all were and was content when she told him we were on our way. Then he reached his hand out and called, "Jennie, Jennie". Looking for his beloved companion.

The love between a man and his dog!

4 Love is patient, love is kind, it is not envious. Love does not brag, it is not puffed up. 5 It is not rude, it is not self-serving, it is not easily angered or resentful. 6 It is not glad about injustice, but rejoices in the truth. 7 It bears all things, believes all things, hopes all things, endures all things.

8 Love never ends. 1 Corinthians 4-8



Priscilla Hull is the Lay Leader of the First United Methodist Church.

Calendar Of Events

Healthier Living With Chronic Conditions Program

SPRINGFIELD, VT-- Springfield Medical Care Systems is hosting a free Healthier Living with Chronic Conditions program. This class is open to anyone who lives with a chronic condition, or anyone who supports a person living with a chronic condition.

Healthier Living with Chronic Conditions is a self management program led by trained leaders. Topics covered include disease management, exercise, appropriate use of medications, communicating effectively with family, friends, and health professionals, nutrition, decision making, and evaluating treatment. Classes are participative, where mutual support and success build participants' confidence in their ability to manage their health and maintain active and fulfilling lives.

Class begins Monday, February 5th at The Whitcomb Building, 1 Mineral Street, Springfield, VT. from 2 - 4:30 pm. If you would like to join this free class, please call the Community Health Team of Springfield Medical Care Systems to register: 802-886-8946 or email cht@springfieldmed.org

AARP to Hold Valentine's Day Party Feb. 8

CLAREMONT, NH--The next Claremont Area AARP Chapter meeting will be a Valentine's Day party on February 8 at 1:00 p.m. at The Earl Bourdon Centre. It is a pot luck luncheon. If you did not sign up to bring a dish at the January meeting, call Kathy at 603-542-5500 to RSVP. There will be entertainment.

Energy Committee Seeks Members

CLAREMONT, NH--The newly formed Claremont Energy Advisory Committee is in need of five members and two alternate members. Term of service is two years. Members must

be residents of the City. Council is recommending these openings be filled with those with experience in energy issues and efficiency, education and training, and/or an engineering background, but any resident is welcome to apply. If you are interested in serving on the Committee, please complete an application form and return it to dbearse@claremontnh.com mail/deliver it to the Planning and Development Department at 14 North Street. Contact the department for more information.

Diversity Education Program Continues with Reading of "Freedom Summer"

CLAREMONT, NH--Join the Claremont School district and TLC Family Resource's Rural Outright program for the third book in their series, "Understanding Diversity and Inclusion Through Children's Literature" with "Freedom Summer" by Deborah Wiles. The free book reading will be held at Maple Avenue Elementary School, 210 Maple Avenue in Claremont, on Thursday, Feb. 1, at 3:30 and 5:30 p.m. Refreshments will be available.

Joe and John Henry are a lot alike. They both like shooting marbles, they both want to be firemen, and they both love to swim. But there's one important way they're different: Joe is white and John Henry is black, and in the South in 1964, the means John Henry isn't allowed to do everything his best friend is. Then a law is passed that opens the town pool to everyone. Joe and John Henry are so excited they race each other there ... only to discover it takes more than a new law to change people's hearts.

Other readings will also be held on Thursday, Feb. 1 at:

- All-4-One Family Space, 169 Main St. in Claremont, at 10:30 a.m.
- River Valley Community College Charles P. Puksta Library, located at 1 College Pl. in Claremont, at noon
- TLC Family Resource Center, located at 109 Pleasant St. in Claremont, at 3 p.m.
- Disnard Elementary School, located at 160 Hanover St. in Claremont, at 4:30 p.m.
- Fiske Free Library, located at 108 Broad St. in Claremont, at 6:30 p.m.

All of the readings are free and open to the public. Everyone is encouraged to attend.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide-range of free programs, support groups, and education. For more information, please visit tlcfamilyrc.org. The Rural Outright program serves LGBTQ+ youth, their families, and allies with peer support groups, an educational series, and events throughout the area. For more information, please email ruralNHoutright@gmail.com.

Cervical Cancer Awareness Month

SPRINGFIELD, VT - January is Cervical Cancer Awareness month, and The Women's Health Center of Springfield wants to remind women that cervical cancer can often be found early, and sometimes even prevented entirely, by having regular Pap tests. If detected early, cervical cancer is one of the most successfully treatable cancers.

There are two types of tests used for cervical cancer screening.

The first is the Pap test which can discover pre-cancer cell changes, and treat them before they become cancerous or in the early stages of cancer when they are most treatable.

The second is the human papilloma virus (HPV) test which finds HPV infections that can lead to cell changes and cancer. HPV infections can be quite common and many are cleared by the body without problem. But, some infections do lead to cell changes that may cause cancer. The HPV test may be used with the Pap test, or to help establish the best way to treat abnormal Pap test results.

So who should have these cervical cancer screenings, and when? The American Cancer Society recommends the following:

- All women should begin cervical cancer screening at age 21.
- Women between the ages of 21 and 29 should have a Pap test every 3 years. They should not be tested for HPV unless it is needed after an abnormal Pap test result.
- Women between the ages of 30 and 65 should have both a Pap test and an HPV test every 5 years. This is the preferred approach, but it is also OK to have a Pap test alone every 3 years

- Women over age 65 who have had regular screenings with normal results should not be screened for cervical cancer. Women who have been diagnosed with cervical cancer or pre-cancer should continue to be screened according to the recommendations of their doctor.

- Women who have had their uterus and cervix removed in a hysterectomy and have no history of cervical cancer or pre-cancer should not be screened.

- Women who have had the HPV vaccine should still follow the screening recommendations for their age group.

- Women who are at high risk for cervical cancer may need to be screened more often. Women at high risk might include those with HIV infection, organ transplant, or exposure to the drug DES. They should talk with their doctor or nurse.

- The American Cancer Society no longer recommends that women get a Pap test every year, because it generally takes much longer than that, 10 to 20 years, for cervical cancer to develop and overly frequent screening could lead to procedures that are not needed.

The highest risk factor for cervical cancer is HPV infection. However, other factors come into play for cancer to develop, including:

- Smoking
- A weakened immune system
- Chlamydia infection
- A diet low in fruits and vegetables
- Overweight
- Long-term use of oral contraceptives (birth control pills)
- Being younger than 17 at your first sexual exposure
- Family history of cervical cancer

The most important thing to remember is to talk with your doctor about your risks for cervical cancer, and plan a screening schedule that makes sense for your personal situation. Call today and get screened.

Jennifer Michalke, NP, is a Women's Health Nurse Practitioner at The Women's Health Center, 29 Ridgewood Road, Springfield, VT. Appointments can be scheduled by calling 802-886-3556.

A Night of Remembrance Planned in Newport

NEWPORT, NH--There will be A Night of Remembrance on Saturday, Feb. 16, from

5:00 to 6:30 p.m., at the South Church, located on 20 Church Street in Newport. There will be a dinner, craft project, and brief ceremony lead by Eliot Fay, pastor at South Church. The free event is sponsored by SAU 43 and TLC Family Resource Center.

The remembrance is for those children, youth and their families who have lost a loved one, said Stacey Hammerlind, Family and Community Coordinator for SAU 43.

"SAU 43 is honored to be involved in this project as a way to offer support to the many students who have been affected by the loss of a parent or a caregiver. Working with other organizations in town strengthens us as a community and helps assure that all youth who would benefit from this event are invited," she said.

"Loss of a parent or other loved one is difficult at any age. Children may not have the language to express how they are feeling, what fears they may have around the loss. They also may feel that they are alone in this situation. Sharing a meal and activities with others struggling with the same issues lets them know they are not alone," Hammerlind continued.

The event is an extension of the support TLC offers to families in the community.

"There are so many children in the community who have lost loved ones. Events like this are one way for TLC to show support for them, whether or not we may have worked with the family, and the whole community," said Liz Morse, a parent educator for TLC.

For more information, to make a donation towards dinner, or to volunteer to help at this event, please call Hammerlind at 603-454-8271 or Morse at 603-542-1848.

SAU No. 43 serves students in Newport, Croydon, and Unity. TLC Family Resource Center, located in Claremont, supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide range of free programs, support groups, education, and events.

"Spirit of Johnny Cash" Returns to COH

CLAREMONT, NH--WCNL Country AM 1010 / FM 94.7, Common Man Inn & Restaurant and Claremont Opera House welcome the return, by popular demand, of "The Spirit of Johnny Cash" starring Harold Ford as Johnny Cash

and featuring the Red Hot Cash Band at the historic Claremont Opera House Saturday, March 10, 7:30 p.m. The "Spirit of Johnny Cash" name resulted from fans telling him that he was channeling Johnny Cash's spirit. Random strangers would come up to Ford and say, "Did anybody ever tell you that you look like Johnny Cash?" After hearing this for a while Ford started replying "You're the first one today."

This is what country music is all about - the music of Johnny Cash. The Nashville music press has hailed this show as a "must see to believe." Ford is incredible as Johnny Cash. He sings and looks exactly like the man in black - and it comes naturally.

Ford bears an amazing resemblance to Cash, both vocally, and physically. Ford and his Cash Band have, in fact, been invited to play in Nashville, as the first Cash tribute band to be formally asked to do so, after Johnny's death. Ford stated he didn't intentionally set out to be a Cash tribute singer, but people are demanding that he does so.

Ford is the only Johnny Cash Tribute Artist to be endorsed by John's Brother, Tommy Cash. "You have my brother's voice. John would be proud." said Tommy Cash. Cash and Ford have also agreed to join ranks and perform together for select shows.

Ford's performance as a Johnny Cash Tribute Artist is exceptional, his striking resemblance to Cash in appearance, persona, and voice, elevates him to a class of his own. The "Spirit of Johnny Cash" returns to Claremont Opera House, Saturday, March 10, 7:30 p.m. Tickets \$22 can be purchased online at www.claremontoperahouse.org, by calling 603-542-4433 or in person in the Claremont Opera House Box office in City Hall at 58 Opera House Square.



**Harold Ford performs as
Johnny Cash**

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



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REV. DEC. 15, 2017

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Sugar River Mills, Claremont 11:30 am – 1:00 pm FOOT CLINIC COA, New London 9:30 am – 1:00 pm Sugar River Mills, Claremont 12:00 – 3:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Charlestown Elderly Housing 12:30 – 3:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield Town Hall 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org

Program on Benjamin Franklin Coming to COH

CLAREMONT, NH--"Benjamin Franklin: America's First Citizen", will be performed at The Claremont Opera House on April 6 at 10:00 a.m.

Patrick Garner, 20-plus year Broadway, television, and movie veteran, brings to life the nation's favorite founding father, the man who tamed lightning and conquered crowns, to demonstrate how a life of self-discipline, inquiry, public service and a genuine love of life led to international fame and the gratitude of a nation. This 45-minute performance is recommended for ages 5 and up.

Garner's work in children's books led him to found his own company, HISTORY'S ALIVE!, to help students not merely learn history but learn from history. Now in its 10th year, and seventh year associated with Theatreworks USA, Garner travels the country with his shows about Thomas Edison, Lewis & Clark, Ben Franklin, The Wright Brothers (& Sister!), Houdini, Archimedes and American Tall Tales. This will be Garner's third time at Claremont Opera House. Students, teachers, and even the Mayor, Charlene Lovett, have been entertained and educated by Garner's performances. For information on tickets, please call the opera house at 603-542-0064; cost: \$5 for children and adults. Schools should call opera house to reserve spaces.

Bereavement Support Program: Threads of Hope

CLAREMONT, NH--Lake Sunapee VNA is offering a new seven-week bereavement support program called "Threads of Hope" beginning on January 17th in Claremont. Choose the afternoon series at Valley Regional Hospital or the evening series at TLC Family Resource Center. This free program will center around a little book with very large healing potential as participants journey through 12 questions asked by many grieving people and learn to respond to these questions in helpful ways. And you will keep the book!

The program will be held on the remaining Wednesdays of January 31, February 7, 14, 21 and 28 from 1:00 to 2:30pm at Valley Re-

gional Hospital, 243 Elm Street, Claremont. It will also be held on those same dates from 5:00 to 6:30pm at TLC Family Resource Center, 109 Pleasant Street, Claremont. RSVPs are requested by calling 603-526-4077.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information.

All paper games.

Hope For Recovery Services, Meetings

CLAREMONT, NH--169 Main Street Claremont, NH Phone: 603.287.7919

Primary hours: Monday-Friday, 9AM-5PM
1-on-1 peer coaching for everyone impacted by addiction (inc. family & friends) Support groups - Community events - Educational workshops.

MONDAYS

- ☐ 11am-12pm Weekend Review Check-in Group
- ☐ 2-3pm All Recovery Peer Group ☐ 4-5pm Women in Recovery
- ☐ 6:30-8pm F.A.S.T.E.R. - Support for family members (Every 1st and 3rd Monday)

TUESDAYS

- ☐ 11am-12pm All Recovery Peer Group
- ☐ 2-3pm All Recovery Peer Group
- ☐ 4-5pm Art & Journaling in Recovery

WEDNESDAYS

- ☐ 12-1pm Alcoholics Anonymous - A 12 Step Program
- ☐ 2-3pm All Recovery Peer Group
- ☐ 6:30-8pm Greater Sullivan County Survivors of Suicide Loss (3rd Wednesday of the month)

THURSDAYS

- ☐ 10:30-11:30am Women in Recovery
- ☐ 12:30-1:30p SMART Recovery
- ☐ 2-3pm All Recovery Peer Group
- ☐ 5-6:30pm LGBTQ+ Peer Support Group (Every 2nd & 4th Thursday)
- ☐ 7-8pm Al-Anon - A 12 Step Program for family & loved ones

FRIDAYS

- ☐ 10:30-11:30am All Recovery Peer Group
- ☐ 12-1pm Narcotics Anonymous Meeting
- ☐ 2-3pm All Recovery Peer Group
- ☐ 5:30-7pm Movie Night - (Every 1st & 3rd Friday) Some movies will feature graphic and sometimes disturbing material. Please check in with us to see what movie we will be showing if you have concerns about content.

If you are interested in hosting your next sober event (film screenings, birthday parties, team meetings) at the center, looking to start a new support group, facilitate a training or workshop, or thinking about volunteer and internship opportunities please email:

info@recoverynh.org or call 603.287.7919.

Arrowhead Work Sessions

CLAREMONT, NH--The Arrowhead Recreation Club is in need of volunteers for the upcoming season. "We are short of people in a number of areas do to people moving out of the area and other conflicts, so if you can help we would greatly appreciate it," said Chuck Allen of the Arrowhead Recreation Club. Operational Needs include Ski shop – get trained on fitting bindings for skis and snowboards in the rental shop. Outside operations – operation of ski and tubing lift. Help with unloading tubes and monitoring the tubing area. Need ski and snowboard instructors. Snack Bar – help with the taking of food orders and preparation. Also looking for a mechanical person to help with tracked vehicles and diesel engines.

There are work sessions on Saturdays from 9:30 a.m. to 1:00 p.m. Doing maintenance and other tasks, inside and out.

Best contact method is by email; arrowhead@arrowheadnh.com or leave a phone message at (603) 542-7016.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

www.facebook.com/etickernews

Arts Mixer: 3rd Saturdays Open Studio

Monthly 1:00 PM – 3:00 PM

Feb 17, Mar 17, Apr 21

West Claremont Center for Music and the Arts
@ Union Church Parish Hall

133 Old Church Rd
Claremont, NH

Join us for a monthly open studio session at the West Claremont Center for Music and the Arts. All creative mediums are welcome. We'll have hosts skilled in painting, drawing, crochet, sewing, jewelry, photography, graphic design, and more. Bring your project and materials, some limited basic supplies and tools may be available for use.

This event is for ages 12 and up (under 16 should have an adult join them). Younger devoted artists may contact us to inquire about attending with adult supervision.

Fee: \$15 for nonmembers, \$10 for members
Visit wcc-ma.org for full info, or contact melissa@wcc-ma.org

Overeaters

Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

TLC Program Offerings

CLAREMONT, NH--First and third Friday of every month the Rural Outright Diversity Club for transgender and gender non-conforming people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other transgender and gender non-conforming folks to share experiences, resources and struggles.

CLAREMONT, NH--Second and fourth Friday of every month the Rural Outright Diversity Club for LGBTQ+ people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other LGBTQ+ folks to share experiences, resources and

struggles. For more information, visit online at www.tlcfamilyrc.org/rural-outright-events-calendar.

CLAREMONT, NH--First and third Saturday of every month the Caring Adults Peer Support (CAPS), sponsored by Rural Outright, meets at 10 a.m. at the TLC Family Resource Center,

109 Pleasant St., in Claremont. This is an opportunity for parents, educators and other caring adults to discuss challenges and best practices for supporting LGBTQ children of any age. For more information, contact Neil at neilpierceallen@gmail.com.

Send us your news and photos



Join Us For
"Pins for Pets"

Wednesday, Feb 28th
6pm - 10pm

A Night of Bowling, Pizza and Pop
At Claremont Maple Lanes

2 Games of 10-Pin
Shoe Rental
Slice of Pizza & Pop
For Only \$15 Per Person

Also, Chinese Auction,
Bake Sale & More!
Tickets @ the Door

For More Information
Visit Us Online:
sullivancountyhumanesociety.org

Sponsored By
Claremont Maple Lanes
All Proceeds To Benefit SCHS





**Sullivan County Humane Society
Would Like to Serve You
An All-You-Can-Eat
Homemade**

Spay-Ghetti Dinner

Saturday, March 3rd



5pm ~ 8pm

**To Be Held At The
Claremont Country Club
Located on Maple Avenue**

Dinner Includes:

Your Choice of Sauce; Neutered (Vegetarian), Or Un-Neutered (Meatballs)

Enriched or Gluten Free Noodles

Salad, Garlic Bread, And Dessert!



Tickets \$10 Each

**Kids Under 6 Eat Free
With Adult Ticket**

Stop in to purchase your tickets today or @ the door!

**For More Info Visit Us @:
sullivancountyhumanesociety.org**

**Sponsored In Part By
Claremont Country Club
All Proceeds To Benefit SCHS**



A Deeper Longing

By Bernadette O'Leary

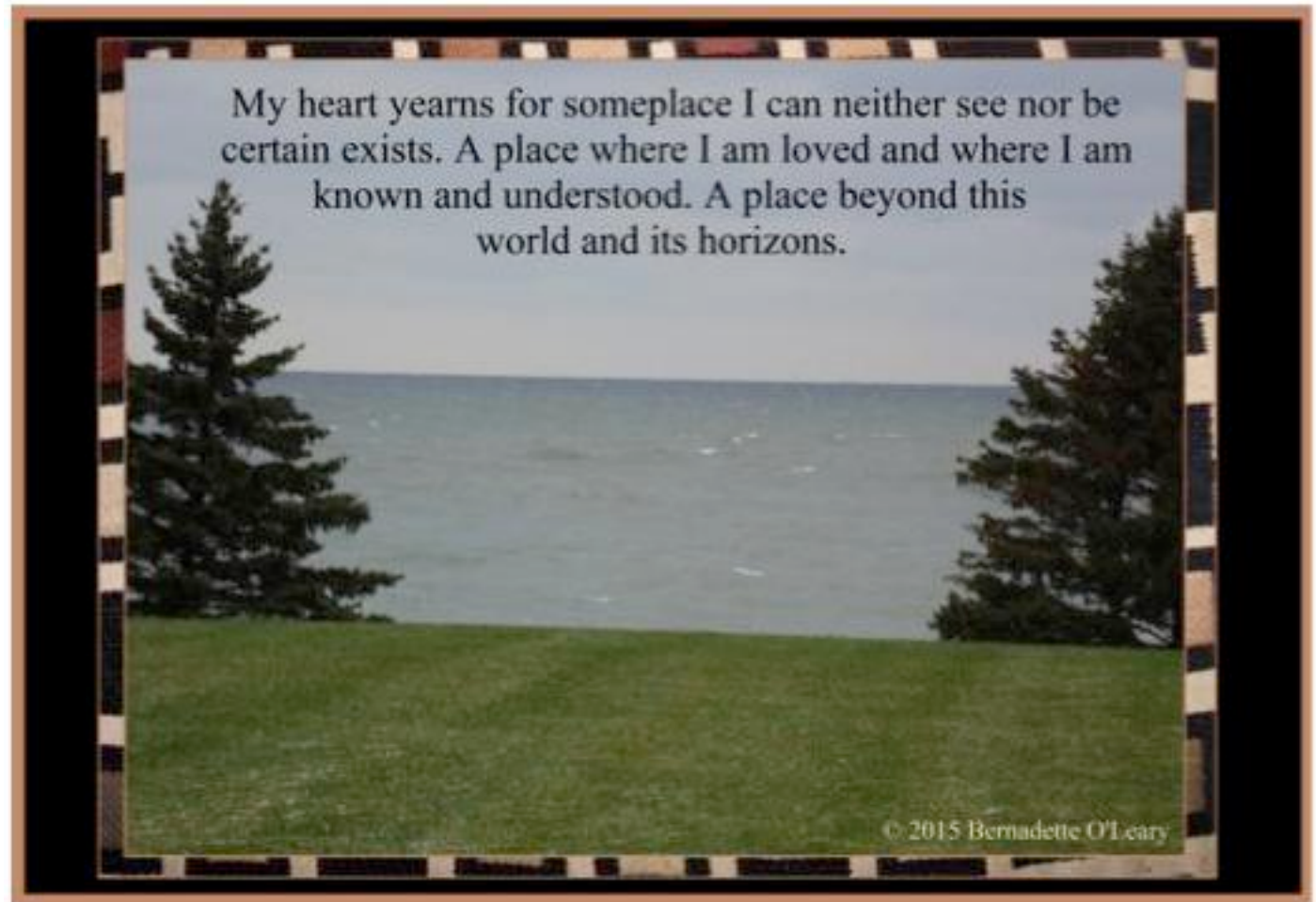
Society has lost its way. Everywhere one looks, pain and anguish abound. People appear selfish and angry. They run around behaving in ways that are profane and vulgar. They step on their brother to move beyond him. All in search of their happiness and success. What does this say about how we define happiness, success, and the importance of others in our life today?

What are happiness and success to you? For this author, they are my family being provided for and safe. For some, they are money, possessions, and/or fame. Here are the differences: some last, and some do not. This is how we know whether that which we long for is worthy of our efforts. Whereas money, possessions, and fame can gain us notoriety, it does not last forever. Money gets spent. Possessions break, wear out, or are disposed of over time. Fame lasts but a moment before we are forgotten to someone else. However, people, love, generosity, and family are forever. The memories that we leave behind live on in the hearts and minds of others who know us and through the lessons we teach our descendants and others. These lessons are passed on long after we are gone.

The fact is, as a species we long for peace, love, and happiness, but we seek it in things that are temporary and can be taken from us. We lack true loyalty and think we are loving even though in truth we love mostly those who love us and treat others well only when they do so for us as well. A common statement today is, "I will treat you with respect if you treat me with respect." We base our own loyalty and choices on those of others, rather than basing them on the golden rule. "Do unto others as you would have done unto you" has turned into "Do unto others as they do unto you." This is a hollow victory when we gain friends who also live by that second rule and all relationships rest on a razor's edge. One minor mistake can be taken as a huge one, and said relationships could be destroyed in the blink of an eye. Any perceived disrespect, whether right or wrong, can turn the fickle heart against others instantly. Loyalty? That is merely one more thing in life that can be subjective and can mean anything based on one's philosophy.

As a species, we long for something, but we remain blind to what that is. We place so many labels on what it could be, but in truth we're missing the point. Man is still an animal. We are a pack animal that was made for love and to tend to the world over which we have dominion. This means that we need each other. We cannot truly succeed alone, and we have to work together for this world to succeed. In our rat race, we step on each other, use and abuse nature, and pay no attention to the impact these choices are having on the world as a whole, and therefore on us.

We need to take a moment to look around at our family, our friends, and even the strangers we pass on the streets. We must try to imagine what it might be like to be them. We should try to regain empathy for our fellow man. In the process, we will come to understand ourselves better and realize where our true success and happiness dwell. In this way, we can find where we all belong. Together.



Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Theodore D. Jordan, 83

Theodore Drew Jordan, known to friends as "Teddy", passed away after a brief illness on January 24, 2018, at the age of 83 in Springfield, VT.

He was an avid fan of the Red Sox and Boston Celtics. He loved telling stories about his family.

He will be remembered by his children, Nancy Fairbrother of Charlestown, NH, Steven and April Jordan of Charlestown, NH, Martha and Kerry Colburn of Weathersfield, VT, Tom Jordan of Claremont, NH; his sister, Sharon Berry and her husband, Charles of Florida; seven grandchildren and six great grandchildren; numerous nieces and nephews and dear friends.

He was predeceased by his parents, Beulah and Raymond Jordan; his brothers, Peter and Michael Jordan. The family would like to thank the Springfield Health and Rehab Center for their loving care and support of Teddy.

A time of visiting was held on Sunday.

In lieu of flowers, donations may be made in Teddy's memory to a charity of one's choice.

Muriel M. Varadi, 86

Muriel M. Varadi, 86, of Hanover Street in Claremont, NH, went to be with

the Lord on Monday (January 22, 2018). She was born in West Canaan, NH, on June 4, 1931, the daughter of Schuyler B. and Lillian M. (Miller) Allard and had been a lifetime area resident. Muriel had been employed as a Nurses Aide for many years at Claremont General Hospital. She enjoyed collecting dolls, being with family and spending time with her grandchildren and great grandchildren.

Members of her family include her husband of 57 years, Jozsef Varadi, Claremont, NH; a daughter, Brenda Vandenburg, Claremont, NH; three sons, John Varadi and his wife, Debbie, Claremont, NH; Stephen Strickland, Charlestown, NH; Willie Knight, FL; six grandchildren, Tiffany Calero, Fred Putnam, Kelly Ann Strickland, Stacy Strickland, Ashley Glasscock, Amanda Varadi, six great grandchildren and several nieces and nephews.

She was predeceased by a son, Jozsef "Joey" Varadi, a sister, Phyllis Gaudette, three brothers, Bruce Allard, Troy Allard and Franklin Allard.

Funeral Services were held on Saturday (Jan. 27) at the Roy Funeral Home, 93 Sulli-

van Street, Claremont, NH with the Rev. Scott Kearns, officiating. Burial followed in Union Cemetery.

The family suggests that in lieu of flowers, memorial contributions may be made to either, Alzheimer's Association, 480 Pleasant Street, Watertown, MA 02472 or The American Heart Association, 2 Wall Street, Manchester, NH 03101.

You are invited to share a memory of Muriel with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Arrangements have been entrusted to the Roy Funeral Home and Cremation Service.

Gerald R. Stetson, Jr., 50

Gerald (Jerry) Robert Stetson, Jr., 50, died suddenly Saturday, January 20, 2018. He was born May 31, 1967, to Madeline C. Page and Gerald Robert Stetson, Sr. in Concord, NH. He grew up in Penacook, NH, and attended Concord High School. He also attended Trac-

“Eyes love dark green. So do I.”

-Dr. Sam Giveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)

tor Trailer Driving School and obtained a CDL License.

He worked for Beaudry Enterprises, Inc. for most of the last 25 years as well Whelen Engineering for a short period of time. He absolutely loved tractor trailers, especially if they had lots of lights and chrome, it made him really proud to drive them.

He loved animals, especially dogs and his horse, Pumpkin. She was his pride and joy. As a kid he spent most of his summers in Hinesburg, VT, at his Uncle's farm where he developed a love for animals and the farming way. He enjoyed riding his motorcycle with his family as well as camping, going to fairs, car shows and the ocean. He loved being with his kids and sometimes it was hard to tell who was the oldest.

He is survived by his significant other, and best friend, of 25 years, Victoria Beaudry, his children Katie St. Pierre, Kevin Stetson, Koltin Stetson, Kristiann Stetson and his stepson Kyle Costin; three grandchildren Haley, Aaron and Elise. In addition his parents, his sister Lorraine Stetson and significant other Erik of Boscawen, brother Daniel Stetson and his wife Pam of Spring Lake, MI, many nieces, nephews, cousins, aunts and uncles.

He was predeceased by his paternal and maternal grandparents, several aunts and uncles, recently his cousin Kim and by his Uncle Bill with whom he had an amazing bond. In lieu of flowers, donations can be made to your local humane society.

A Catholic prayer service was held at the Charlestown Memorial Chapel, 34 Main Street in Charlestown on Monday, Jan. 29th.

Burial will be in the spring in St. Catherine Cemetery.

M. Madelyn Shupenko, 97

M. Madelyn (Silva) Shupenko formerly of the Bourdon Center, 67 Maple Ave., Claremont, NH, died on January 22, 2018. She was 97. Madelyn was born in Laconia, NH, on March 21, 1920, to Manuel and Marion (Fecteau) Silva. She resided in Claremont most of her life, graduating from Stevens High School, Class of 1937. Madelyn retired in 1981 from Joy Manufacturing Co. where she was employed for 40 years in various positions, retiring as an executive secretary. She was a member and former officer of the Stevens High School Alumni Association and a member of the Valley Regional Hospital Ladies Union Aid

Society. In her younger years, Madelyn was a candlepin bowler and for several years held the record high scores in both single and triple string scores at the Claremont Bowling Alley. Madelyn had many and varied interest, including oil painting, crocheting, knitting, cooking and was an avid reader and writer. She enjoyed traveling with her beloved husband, Adolph.

Madelyn was predeceased by her husband, Adolph Shupenko in 2002; her sister, Rachel Boisvert, in 2012; her brother, Francis Silva in 2010 and her sister-in-law Erma Silva in 2009. Surviving her is a brother, Robert Silva and his wife Barbara of Concord and several special nieces and nephews and many cousins.

There are no visiting hours. There will be a private graveside service at the convenience of the family in the spring/early summer. The specific date and time will be announced later.

In Madelyn's memory, donations may be made to the Stevens High School Alumni Association, 24 Opera House Square, Box 29, Claremont, NH 03743.

The Stringer Funeral Home is in charge of arrangements.

Rita M. Hoisington, 94

Rita M. Hoisington, 94, of Plainfield, NH, passed away on Sunday, January 21, 2018, at her home surrounded by her family. She was born in Brunswick, ME, on August 7, 1923 the eldest child of Fidele and Elizabeth Laviolette. She grew up in Windsor, VT, and Claremont, NH.

Rita had retired from Dartmouth Hitchcock Medical Center where she had worked in the Radiology Department.

She enjoyed traveling and camping, going to the beach and to Florida. She loved to knit, crochet and did quilting. She was a great cook and liked to take care of everyone.

She is survived by her husband, Russell Hoisington of Plainfield; her son, Ron Morse and his wife, Brenda, of Florida; three grandsons, Scott Morse and his wife Jane, Curt Morse and Todd Morse; two great grandchildren and three great great grandchildren also many nieces and nephews.

She was predeceased by her first husband, Carleton Morse in 1960; a brother, Robert Laviolette and a sister, Louise Scruton.

A celebration of Rita's life will be held at a later date.

The Stringer Funeral Home is in charge of arrangements.

Carole A. Best

Carole A. Best, of Windsor, VT, and formerly of Claremont, NH, and Ascutney, VT, passed away on Tuesday, January 23, 2018, at Cedar Hill in Windsor from complications of Alzheimer's disease.

She was born in Weymouth, MA, on June 25, 1945, the daughter of Clifton and Edith (Sharpleigh) Jacob.

Married for almost 47 years, Carole and Gerry took many trips to Maine where they visited Wells Beach, Perkins Cove, and Nubble Lighthouse. They enjoyed simple rides along the Vermont countryside, raising three kids, and spending time with grandchildren.

Carole previously worked for the town of Weathersfield and volunteered at the Ascutney Middle School. She loved to read, knit, crochet, and play cards with friends.

She is survived by her mother, Edith Jacob of MA; two daughters, Janice Dow and her husband, Mark of Hartland, VT and Laurie Fitzherbert and her husband, Dewaine of Springfield, VT; one son, Gerald Best II and his wife, Denise of Charlestown, NH; seven grandchildren, Meghan Brown, Katelyn Wilson, Jacob Wilson, Jaymie Dow, Jody Whitman, Lindsey Best and Hannah Best; four great grandchildren, Maddox, Ryan, Ailey and Maxim; three brothers, Larry Jacob, Don Jacob, Clifton Jacob, Jr.; one sister, Lyn Curtin also many nieces and nephews.

She was predeceased by her husband, Gerald Guy Best, whom she married on September 12, 1964; he died on April 20, 2011; her father, Clifton Jacob and two brothers, Richard Jacob and Jon Jacob.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Monday evening, January 29th from 5 to 7 PM.

A Mass of Christian Burial will be held at St. Mary Church in Claremont on Tuesday, January 30th at 11 AM. Burial will be held at a later date in Hartland Village Cemetery in Hartland, VT.

Rand S. Bissonette, 74

Rand S. Bissonette, of Claremont, NH, passed away on January 22, 2018, at the age of 74 in Whitefield, NH.

Rand was born September 30, 1943, in Claremont, NH, the son of the late Romas J. and Millicent E. (Brown) Bissonnette.

Rand's favorite past-times were automobile racing, music, sports, and participation at local parades. He avidly followed national NASCAR auto racing, but he was particularly enthusiastic about area stock car events at race tracks in Claremont, Keene, Goshen, and the surrounding area. He loved to attend parades, especially to observe his beloved Stevens High School marching band. For many years, he was excited to assist with the preparation of the annual Stevens High School Alumni parade. He eagerly attended and supported local sports teams in baseball, basketball, football, and soccer. Whether it be the races, parades, sporting events, or the streets of Claremont, Rand was well-known for his outgoing personality as he would greet and converse with many a passer-by.

Rand was a long-time active member of the I.O.O.F, Sullivan Lodge No. 12.

Rand is survived by his brother, Gary Bissonnette of Morgantown, WV; nephew, Gregory Bissonnette of Dallas, TX; nephew, Mark Bissonnette and wife, Kimlang of New York, NY, and great-nieces, Emma and Claire Bissonnette of New York, NY.

He was preceded in death by his parents, Romas in 1985 and Millicent in 1998.

A Mass of Christian Burial was held at St. Joseph Church, Elm Street, Claremont, NH, on Thursday, January 25th.

Interment followed in the West Claremont Burying Grounds, Claremont, NH.

In lieu of flowers, memorial contributions may be made to the Morrison Nursing Home, 6 Terrace Street, Whitefield, NH 03598.

The Stringer Funeral Home is in charge of arrangements.

Antoinette M. Beaudry, 84

Antoinette "Toni" M. Beaudry, 84 of Charlestown, NH, died peacefully on January 21st, 2018, at Mt. Ascutney Hospital.

Born in Claremont, NH, on October 30th, 1933, she was the third child of Yvonne and Lorenzo Carreau who moved from Canada to Claremont in 1921. She graduated from St. Mary's High School in 1951. Prior to marrying the love of her life, Normand Beaudry, in 1955, Toni worked at Joy Manufacturing. Toni stayed home to raise her children in a loving, caring and supportive environment. In 1978, they

Social News

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

Enjoy "Super Bowl Sunday" ... indoor "Tailgate" Party - 5:30 PM - Feb. 4. Test your knowledge playing Super Bowl Trivia and Patriots Trivia. How about Super Bowl Bingo (no money involved). Bring a snack to share and a game chair. BYOB. Game 6:30 PM. Free for members. Non-members \$3.00 each.

The AARP Tax Aide every Friday starting Feb.2 till April 13. Call center for an appointment (603) 543-5998.

Our twice a week dinners welcomes members (\$4.00) as well as non-members (\$5.00). Menu for Tuesday - January 30...Soup, pulled pork sandwich, cole slaw, potato salad, dessert. Thursday - February 1 ... Soup, baked ham, scalloped potatoes, vegetable, apple sauce, dessert.

American Red Cross Blood Drive on Feb. 19 (12 noon-5:00 PM).

Reminder that during winter months, center is closed on days of unsafe weather conditions and when schools are closed. Watch WMUR-TV.

Our "Vendors / Crafters Corner" welcomes any type of business or crafter to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date! Julie's iCare on Feb. 1. Sharon Oszejca (crafter-cards for all occasions, etc.) on Feb. 6.

Chair Yoga class guided by Charleigh Robalard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. \$5.00 fee for a very relaxing hour.

Adult Coloring open to public on Mondays (1:00-3:00 PM). Members free. Non-members \$1.00.

Knitters on Fridays (12 noon-3:00PM). Bring your lunch. If you are not a member 3 visits allowed then membership is required. Come check this out!

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Hand & Foot card game and Pool are popular, other games available. Attendees should bring a snack to share! Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Come see our "Brick Wall." Purchase a "Memorial Brick" for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends available.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

We are still collecting aluminum can tabs!

Rentals available for weddings, hourly, one-day, funeral receptions and our board room has an 8 persons capacity.

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998.

Visit our Web Site (cnhcs.org.)

welcomed another son to the family through the AFS program. After the kids started school, she worked part-time as an office manager for the Charlestown VNA. Toni was an EMT on the Charlestown Ambulance for over ten years. In 1975, she obtained her Real Estate license and began managing the Real Estate business of Beaudry Construction and Real Estate. In 1987, she served as President of the NH Association of Realtors and was awarded State Realtor of the Year. She continued her work in Real Estate until her retirement.

Toni was known as a supportive and loving wife, dedicated mother and a kind hearted friend. In addition to reading, she enjoyed spending winters in Sedona, AZ where her artistic talents flourished. Her paintings warm the walls in many homes. Though quiet, she loved dancing, playing cards, watching the Boston Celtics, Red Sox games and traveling with her husband and friends. She also delighted in visits from her grandchildren and following their many adventures.

Toni is survived by her husband of 62 years, Normand Beaudry of Charlestown; their sons Mike Beaudry and his wife Joan, Tom Beaudry, Dave Beaudry and his wife Jackie, Frederic Hegg and their daughter Ann Beaudry-Torrey and her husband Dana. Toni is also survived by many grandchildren: Chris, Trevor, Kirsten, Joshua, Rachel, Mollie, Megan, Maddie and many nieces and nephews. Toni was predeceased by her parents, sisters Georgette Menard and Dorothy Kaufmann, and daughter-in-law, Sharlene Beaudry.

A funeral Mass was held on Saturday, January 27th, at St. Catherine's Church in Charlestown, NH. The burial will be in the spring in St. Catherine Cemetery.

Should family or friends desire, a memorial gift to St. Jude's, Shriners or Mt. Ascutney Hospital & Rehabilitation Center may be made in lieu of flowers.

Claremont Fire Dept. Log

Sunday, January 21

1529- Engine 3 responded to Pearl St. for a medical call.

2208- Engine 3 responded to Central St. for a medical call.

Monday, January 22

0826- Engine 3 responded to Chase and South St. for a MVA.

0922- Engine 3, Ladder 2 responded to 71 Broad St. for a fire alarm sounding.

1749-Engine 3, Ladder 2, Engine 1 responded to 2 Winter St. for a box alarm.

2313- Engine 3 responded to Main St. for a medical call.

Tuesday, January 23

1129- Engine 1 responded to Main St. for a fuel spill.

1830-Engine 3, Ladder 2 responded to 224 Elm St. for a fire alarm sounding.

2012- Engine 3 responded to Foisy Hill for a CO detector sounding.

2043- Ladder 2 responded to 7 Heritage Dr. for a propane leak.

2241- Ladder 2, Engine 3 responded to 7 Heritage Dr. for a smoke detector sounding.3

Wednesday, January 24

1602- Engine 3 responded to 52 Central St. for a medical call.

1852- Engine 1 responded to 193 Foisy Hill for a fire alarm sounding.

Thursday, January 25

1026- Engine 3 responded to Grove St. for a medical call.

1641- Engine 3 responded to 41 Maple Ave. for a medical call.

Friday, January 26

1200- Engine 3 responded to Cat Hole Rd. for a MVA.

1316- Engine 3 responded to 7 Cornell St. for a CO detector sounding.

1453- Engine 3, Ladder 2 responded to 21 Water St. for a fire alarm sounding.

1847- Engine 3, Ladder 2 responded to 646 Elm St. for a chimney fire.

Saturday, January 27

0806- Engine 3 responded to 243 Broad St. for a medical call.

1052- Engine 3 responded to 93 Sullivan St. for a medical call.

1117- Ladder 1 responded Mutual Aid to Windsor, VT for a building fire.

1643- Engine 3 responded to 36 East St. for a propane leak.

1923- Engine 3 responded to 7 Heritage Dr. for a medical call.



The Claremont City Council will hold a public meeting on Wednesday, February 7, 2018, at 2:00 p.m. Councilors will meet at the back parking lot of Sugar River Valley Regional Technical Center, 111 South Street for a tour of City facilities.

AGENDA

2:00 PM 1. ROLL CALL

2. CITY FACILITIES TOUR

2:02 PM A. Board the Bus at the Back Parking Lot of the Sugar River Valley Regional Technical Center

2:15 PM B. Wastewater Treatment Plant

3:00 PM C. Water Treatment Plant

3:45 PM D. Claremont Savings Bank Community Center

4:30 PM 3. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, February 14, 2018, at 6:30 p.m. in the Council Chambers at City Hall.