

# e-Ticker News of Claremont

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St. Mary's Gears Up For Gigantic Indoor Yard Sale Fun; page A17

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September 4, 2017

### County to Unveil New Scenic Trail in October

Public Invited to Help Select Name for It

By Phyllis A. Muzeroll e-Ticker News

UNITY, NH--The Natural Resources Department of Sullivan County has been constructing a four-mile trail this past summer that connects the County Farm to Unity Mountain and Marshall Pond properties. According to Dawn Dextraze, Education and Outreach Specialist with the department, "The trail starts near the Sullivan County Health Care parking lot and ends at Mica Mine Rd. It is a scenic trail passing by two ponds, through miles of forest, and is connected to a mountain overlook via a loop trail. There will be a kiosk located just off of 2nd NH Turnpike by the DOT salt shed, less than a mile up the road from the county complex turn off.

"We have had two SCA crews help us create the trail and will highlight that partnership at the Grand Opening," said Dextraze. "Unity Elementary School will be running the shuttle bus at noon and encouraging their students and their families to participate on the hike."

As part of the project, the department is inviting the public to help name the new trail.

Scenic woods and the Marshall Pond property that hikers can enjoy on the new trail (Courtesy photos).

(Continued on A2)





#### 2017 Claremont Brewfest & 5K Set for September 16th

CLAREMONT, NH--For the fourth year, the Claremont Kiwanis Club will be hosting the Claremont Brewfest; it will be the third year of running the "Back to the Brewfest 5K". The club has also announced the return of the VIP Hour with "special brews that will not be available during general admission, special music

selection, and hors d'oeuvres, not to mention some quality time with the brewers."

This will be a fun and competitive event for New England brewers, runners, and beer lovers. Once again, it is a ballot and trophy affair, but the main objective is to get people together to have fun and taste great beer while raising money for local community needs, said the Kiwanis.

Held in the center of the City, at the Visitor's Center Green, sample beers from more than 30 brewers from all over New England will be on hand as they compete for the top prize on

(Continued on page A2)

#### **Brewfest, from A1**



Saturday, Sept. 16 at the Claremont Brewfest: Battle of the Brews. Upon entrance, visitors receive a ballot; the victor will be chosen by the public.

There will be a variety of microbrews, craftbrews, shandies, and ciders; visitors will be able to enjoy a wide range of food that pairs well with beer and enjoy the live entertainment,

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as well. The 5K starts at 12:30 p.m., the VIP hour starts at 12 p.m., and the gates open for general admission at 1 p.m. Last serve is 4:00 p.m.

For additional details and ticket prices, please visit <a href="https://www.claremontbrewfest.com">www.claremontbrewfest.com</a>.

#### Trail, from A1

"We want your help to name the trail," said Dextraze. "We came up with three names of our own but could use suggestions." Anyone interested in voting for one of the three names or offering one of their own is invited to use the Survey Monkey link to participate:

https://www.surveymonkey.com/r/D7R38S7. Voting ends on Friday, Sept. 22; the new trail name will be unveiled at the Grand Opening, which is planned for Oct. 7, from 9:00 a.m. to

noon

Schedule for the Grand Opening of the New Trail on Sullivan County Lands:

9:00am Walk begins at the Sullivan County

Health Care Parking Lot

10:00am Trail Name and Kiosk Unveiling on 2nd NH Turnpike

10:30am Walk the rest of the trail to Mica Mine Rd.

12:00pm Bus shuttle back to the Sullivan

**County Complex** 

Please bring water and snacks and wear sturdy shoes for the full hike.

### MakerSpaceWorkshop: PC Anatomy

When: Saturday, September 9th, 2pm-4pm Where: 31 Pleasant Street, Claremont, NH

RSVP: By Sept. 6.

NH Lottery Numbers 09/02/2017

NH PowerBall 6 21 41 52 62 26 2

Mega Millions 09/01/2017 4 13 31 50 64 12 5

Megabucks
4 9 15 16 40 1

Hot Lotto
8 9 10 29 37 15

For more lottery numbers, <a href="https://www.nhlottery.com/Homepage">https://www.nhlottery.com/Homepage</a>

www.claremontmakerspace.org/events
Contact: info@twinstatemakerspaces.org

While personal computers have become common place, how they work is a curiosity for many. How does memory work? What ex-



actly is a GPU? Join us for PC Anatomy for a chance to pop the hood of a PC and get to know what's inside!

In part one of this workshop, we'll be dissecting a full computer system down to the individual components and investigating the role of graphics cards, memory, the processor and more. In part two, we'll be building Ethernet crossover cables – essential components for networking PCs. Each participant will get a chance to build their own cable to bring home.

This workshop is for all ages.

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# WINE GALA For Cancer Care

Sunday, September 24<sup>th</sup>
4 PM-6 PM
Newport Opera House



Tickets Discounted until Labor Day!

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Day!

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### House of Representatives - Claremont

District 3/Ward 1: Francis Gauthier 603-543-6575 fgauthier1776@gmail.com

District4/Ward 2: John O'Connor 603-504-6951 jwoconnor2014@yahoo.com

District 5/Ward 3: Raymond Gagnon 603-542-7286 raymond.gagnon@leg.state.nh.us

District 10/Wards 1, 2, 3: John Cloutier 603-542-6190 jocloutier@comcast.net

#### **Senate - Claremont**

District 5: Martha Hennessey 603-271-3067 martha.hennessey@leg.state.nh.us

#### Washington, DC

Sen. Jeanne Shaheen 520 Hart Senate Office Building Washington, DC 20510 202-224-2841

http://shaheen.senate.gov/contact

Sen. Maggie Hassan
B85 Russell Senate Office Building
Washington, DC 20510
Phone: (202) 224-3324
https://www.hassan.senate.gov/

Rep. Anne Kuster
137 Cannon House Office Building
Washington, DC 20515
phone: 202-225-5206
<a href="http://kuster.house.gov/contact">http://kuster.house.gov/contact</a>

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To find out who your local state representatives/senators are in Sullivan County, please visit

http://www.gencourt.state.nh.us/house/me mbers/wml.aspx

### Kuster Takes Part in Rural Development Listening Session with USDA Secretary Sonny Perdue

WOLFEBORO, NH--Friday, Congresswoman Annie Kuster (NH-02), the first Member of Congress from New Hampshire to serve on the House Agriculture Committee in decades, took part in a rural development listening session with United States Department of Agriculture (USDA) Secretary Sonny Perdue. This listening session is part of Secretary Perdue's Rural Prosperity Task Force and provided New Hampshire agriculture and business leaders with an opportunity to discuss some of the opportunities and challenges facing rural communities in the Granite State including economic development, broadband access, and the opioid epidemic.

"New Hampshire's beautiful landscape and rural communities are central to our state's identity and we need to ensure that we support these quintessential parts of the Granite State so that they can grow and succeed," said Congresswoman Kuster. "I was pleased that Secretary Perdue was able to visit the Granite State and hear directly from local community leaders about ways to improve the quality of life in rural America. Rural communities face unique challenges, and it's critical that policy makers in Washington hear the perspectives of people on the ground whose lives are impacted by their decisions. As one of only two New England members who serve on the House Agriculture Committee, I look forward to advancing New Hampshire priorities as we craft the next Farm Bill and ensure that critical funding for rural development, commodity and conservation programs are preserved."

This year, Congresswoman Kuster has held Farm Bill Listening Sessions in Boscawen, Hanover, and Colebrook, where she discussed with constituents the upcoming 2018 Farm Bill and opportunities to support rural New Hampshire communities. To date this year, Congresswoman Kuster has introduced legislation reauthorizing the Northern Border Regional Commission, as well as the Homegrown Organic Act and the Improving Access to Farm Conservation Act, which will reform and improve the delivery of USDA National Resource Conservation Service programs.

### Senators Shaheen, Hassan Announce Volunteer Generation Fund Grant to Strengthen Volunteer Engagement in New Hampshire

WASHINGTON, DC--Friday, Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH) announced that Volunteer New Hampshire (VNH) has received a grant through the Volunteer Generation Fund of the Corporation for National and Community Service (CNCS), the federal agency for volunteering and service programs. Volunteer NH will use the Volunteer Generation Fund grant to increase volunteer engagement statewide in New Hampshire, expand volunteer opportunities, and build the capacity of nonprofits to work with volunteers to achieve high-impact results.

"Community service is key to tackling many of the challenges New Hampshire faces, and we are so glad to have Volunteer NH working hard in our communities," said Shaheen. "I congratulate Volunteer NH on receiving this grant, and I thank all of its members who dedicate their time to improving the lives of their fellow Granite Staters...I'll continue to work across the aisle to ensure the Corporation for National Community Services receives the funding it needs."

"New Hampshire has a long tradition of civic engagement, and Volunteer NH plays a critical role in tapping into the 'all-hands-on-deck' spirit of our people, engaging and empowering Granite Staters to give back to their communities," Hassan said. "I am proud to announce this grant, which will help expand volunteer engagement throughout the Granite State..."

"Volunteer Generation funding will enable Volunteer NH to grow the infrastructure support for Volunteer Service and strengthen citizen service in New Hampshire. Volunteer NH will use its "Get Connected" volunteer match program to assist nonprofit organizations across the state with volunteer recruitment, connecting volunteers with volunteer opportunities throughout their communities," said Gretchen Berger, Executive Director of Volunteer NH. "In addition, Volunteer NH will be able to support the New Hampshire Center for Nonprofits in providing critical High Impact Volunteer Engagement programming for nonprofit organizations in New Hampshire."

Volunteer NH was awarded more than \$131,000 from the Volunteer Generation Fund to expand and strengthen volunteer engagement throughout New Hampshire.



#### **OUR TURN -- Vera's Story**

Hearing the term 'sexual assault' we often imagine a single incident, an unexpected attack by an unknown assailant. In fact, most sexual assaults occur in the context of a known relationship and those who commit sexual assault do not have to rely on the element of surprise to gain power over their victims....

Vera (all names have been changed for confidentiality) had lived with abuse for the last five years. Her marriage to Darrell had been filled with both physical and emotional violence. He had lied to, cheated on and stolen from her. He had beaten, restrained and suffocated her until she lost consciousness more times than she could remember. He had kept her from her friends and family by not allowing her to leave the house and, when Vera found a pet to keep her company, he tortured and killed it.

The one wonderful thing Vera had in her marriage was her son, Georgie. She loved being a mother and, though things were hard for her at home, her little boy's smile made everything worthwhile. Georgie was her reason to keep going.

A year after Georgie was born someone Vera met on Facebook suggested she try contacting Turning Points Network. Vera called the 800 number that evening when Darrell went to work and spoke with an advocate. After that, she began going to Turning Points Network's Claremont office when she could safely do so and meeting with an advocate. Vera's advocate did not judge her or tell her what to do. Her advocate listened and supported Vera in organizing her thoughts and making plans to keep herself and her son safe. When Georgie was 4, Vera made the choice to leave Darrell. She was afraid of how Darrell would react but she and Georgie were not safe with him. They had to get out.

Darrell lied to the court about his abuse of Vera during the divorce. Custody of Georgie was split between them and, because Darrell had a home and a vehicle, Georgie would live with him. Vera was crushed. She had never been separated from her son. Knowing what Darrell was capable of, the last thing she had wanted was for Georgie to be left alone with him.

At first, Darrell did not allow Vera to see her son. She called every day and asked when she could visit Georgie. It was never a good day or time. Two weeks went by and, finally, Darrell said he would let Vera see Georgie.... if she had sex with him.

This is sexual assault. Withholding something needed, in this case a parent's contact with her child. To push someone into having sex is coercion. The New Hampshire sexual assault statute is clear; where there is force, threat or coercion, there is no consent.

Vera was eventually reunited with Georgie but the time between her divorce and getting her son back was difficult. She was sexually assaulted by Darrell repeatedly to be allowed to see him. Vera never did press charges or report the assault to police.

The reality is that cases like Vera's rarely go to trial because they are difficult to prosecute. When a case such as Vera's does go to trial the process is traumatic and unlikely to result in conviction or substantial sentence. For Vera,

(Continued on page A6)



#### ERNIE BRIDGE MEMORIAL BBQ

Saturday 9/9 noon to 3PM at the Newport Common

Hot dogs, mac and cheese, baked beans, cole slaw, water or soda \$10

There will be a presentation to Ernie's family

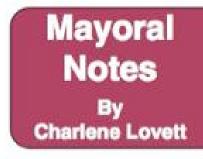
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#### **Turning Points, from A5**

it was more important to focus on getting resources and support that would allow her to take care of herself and her son. Vera needed a home, a car and a job. She also had to consider what Darrell might do to either herself or Georgie if she pressed charges against him. Once Georgie came to live with Vera, she and Darrell continued to have joint custody. For now, Vera and Georgie would have Darrell in their lives so she felt she had to be careful. Today, Vera and Georgie are together. Vera continues to receive support from Turning Points Network and is working with local resources to seek full custody of her son.

OUR TURN is a public service series made available by Turning Points Network in celebration of its 40th anniversary of providing violence-prevention education programs in our schools, services for survivors of domestic and sexual violence, and helping people move from the darkness of abuse toward the light of respect, healing and hope. For information contact 1.800.639.3130 or <a href="https://www.turningpointsnetwork.org">www.turningpointsnetwork.org</a> or find us on Facebook.





#### A Focus on Policy

In a City Council/City Manager form of government, one of the primary responsibilities of the Council is to develop policy and periodically review policies that already exist. These policies take the form of ordinances as dictated by our charter. Policy work is not an easy task as it requires a significant amount of time, research, and interaction with both the public and administration. To help accomplish this, the current Council established a Policy Committee which does the lion's share of the work. The Council, as needed, directs the Committee to review or draft a specific policy and present its recommendations to the Council.

Since its inception in 2016, the Policy Committee has worked on a number of issues. In

response to public concerns, the Committee's first directive from the Council was to review Chapter 16, Article III, the section of the municipal code dealing with cemeteries. After working with personnel from the Department of Public Works, hearing from members of the public and reviewing similar policies from other communities, the Committee presented its recommendations to the Council. The Council provided feedback which was incorporated into the recommended changes. After a first and second reading and public hearing, the Council voted in the affirmative to accept the updates last December. Not only did this fulfill the Council's responsibility to review ordinances every five years, but it also ensured that the current ordinance was reflective of both the needs of the public and the administration, and could be fairly implemented.

The Council's second directive to the Committee was to draft a policy for naming city owned property. Once again, the genesis for this directive was the public. Individuals had requested that the Visitor's Center Bridge be named in honor of former City Manager Santagate. Given that such a policy did not exist and the Council wanted to remove subjectivity from the naming process, the Policy Committee was called into action. Over the course of several months, the Committee met with members of the City administration and public. and reached out to other communities. The Committee has since drafted the policy and presented it to the Council. A legal review of the policy is currently being conducted, and

the first reading will occur at the Council meeting on September 13th. If nothing is changed, the second reading and public hearing will take place on September 27th. Once adopted, the policy will be shared with other municipalities that have shown interest in adopting a similar policy.

Recently, the Council directed the Policy Committee to begin work on drafting a lead policy in response to our community-wide effort to prevent childhood lead poisoning. As before, it will take time to draft a policy that effectively addresses the issue, and is easily administered and enforced.

Until his recent resignation, former Assistant Mayor Bergeron chaired the Policy Committee. Thanks to his leadership, the Committee has done exceptional policy work. Yet, there is much more to do. If you are interested in developing policy that will help Claremont achieve desired outcomes, please consider joining this Committee. The work is time-consuming and complex, but it lays the foundation upon which we build.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at <u>clovett@gmail.com</u>

Send news and photos

to

etickernews@gmail.com



## United Way of Sullivan County sponsors Coats for the Community

United Way of Sullivan County is pleased to be collecting warm clothing again this year for area residents. Beginning Sept 1st, there will be drop-off locations throughout Newport, Claremont and Sunapee. They include: Claremont Savings Bank, Broad St. and Washington St. locations; Lake Sunapee Bank and Sugar River Bank, Newport and Sunapee loca-

tions; Valley Regional Hospital; Sullivan County Homecare; and Sturm Ruger. Hubert's Department Store will be participating by donating new clothing again this year. Steve Smith, WCNL, will be doing a live broadcast at each location of Free Coat Friday. Those wishing to donate can also call the SCUW office at 543-0121 and arrange drop off at our office on 169 Main St. in Claremont. Any gently used warm articles of clothing are accepted and appreciated. "We find the greatest need is for children's clothing, from newborn through grade school age and larger adult coats and sweaters," said Dawn Ranney, Executive Director.

"This is a community service that SCUW has been pleased to offer those in need of coats, boots, hats, mittens and blankets during the cold winter months. Free Coat Friday will be held in Claremont in the parking lot of Claremont Savings Bank on Broad St., October 13th, and in Newport on the Town Common on October 20th, from 8:00 a.m.-3:00 p.m. Donations will also be accepted at Free Coat Fridays. On behalf of United Way of Sullivan County, I want to extend my thanks to all of those who make this community endeavor possible with their outpouring of support and caring," Ranney added.

### Upper Valley Electric Vehicle Expo

The latest electric cars (Chevy Bolt, Tesla Model S, Nissan Leaf, BMW i3, and more) will be featured at the Upper Valley Electric Vehicle Expo. There will be electric bicycles, motorcycles, and lawn equipment, too. Take a test ride, chat with local EV owners, & learn what it's really like to go electric. Saturday, Sept. 9th, from 12 noon - 4:00 p.m., Dothan Brook School, 2300 Christian Street (US Route 5) in Hartford, VT. For more information, please go to <a href="https://www.uvevexpo.org">www.uvevexpo.org</a>. Pre-

register on line for a chance to win prizes. Admission is free.

#### Fab Four Tribute at LOH

LEBANON, NH--On Friday, Sept. 8, the Lebanon Opera House presents The Fab Four: The Ultimate Tribute, 7:30 p.m.

Celebrate the launch of LOH's 2017/2018 season with the Emmy-winning band whose uncanny, note-for-note live performances represent every era of the Beatles' storied career. Tickets and info:

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http://lebanonoperahouse.org/.

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130 Pleasant St. Claremont, NH

157 Main St. Charlestown, NH

Relknan Ave

#### **Silsby Library News**

CHARLESTOWN, NH--Silsby's summer readers are GREAT! This year we had more than 400 books and better than 24,000 pages read by children participating in the summer reading program. Thirty-three programs offered from the end of June to mid August saw an attendance of 818 people. Our thanks go out to Grafton Nature Museum, David and John at the Ice Cream Machine, Claremont Savings Bank, Charlestown's Police, Fire, EMT and Highway personnel for their support of Charlestown's readers.

Fall story hours begin September 5. Join us on Tuesdays at 10:30 a.m. for stories and a related craft activity. Parents, caregivers and their little ones are welcome to join the fun as we look at all the things Autumn brings. It is a great time to sign up for the NH 1000 Books Before Kindergarten program. Chart the books read Rain: Alaskan Travel Essays. Mosquito Rain is a story of discovery as Dan and his wife search Alaska for the true meaning of its nickname "The Last Frontier". From Anchorage to Denali to Fairbanks to Valdez, from the Arctic Circle to Delta Junction, from glaciers to pipelines to the ferry through Prince Edward Sound, Szczesny and his wife make their way over dirt roads and broken highways, making their adventure up as they go. Whether they are finding a hidden salmon-fishing spot, walking inside a glacier, or watching eagles soar over Valdez Bay, Szczesny's Alaska is terrifying and beautiful. It is a land of equal parts danger and wonder.

On Thursday, Sept. 21, at 9:00 a.m., Jim Fowler will lead a hike along the Reservoir Lot Trail. Meet at the trail head on North Hemlock Road. This is an easy to moderate hike with some hills and varies forest and habitat. Long sleeved shirts and long pants are highly recommended as ticks, mosquitoes and insects rule the woods. Bring water, bug repellent and sunscreen. If you need directions to the trail head please call the library at 826-7793.

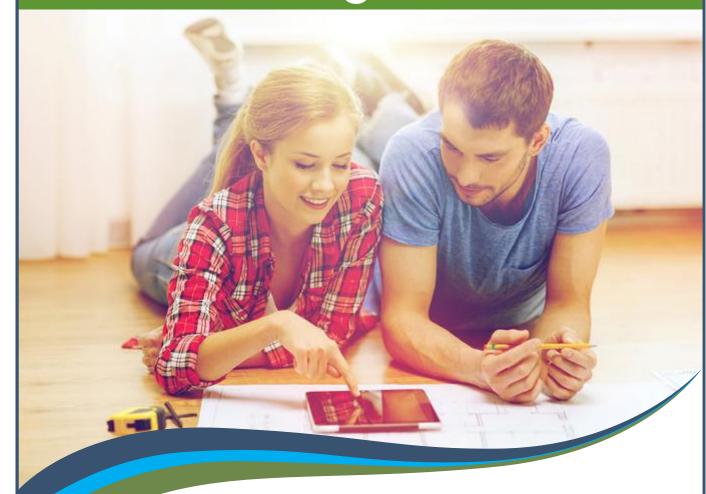
On Wednesday, Sept. 27, at 6:30 p.m., we will present the Humanities to Go program, "The Capital Crime of Witchcraft: What the Primary Sources Tell Us". Margo Burns will explore an array of prosecutions in 17th century New England by using primary source manuscripts, formal complaints, arrest warrants, indictments and death warrants. This program focuses on the Salem witchcraft trials of 1692 and 1693, when 19 people were

hanged and one crushed to death, but also examines a variety of other cases against women in New Hampshire, Massachusetts and Connecticut. Burns is a 10th generation great granddaughter of Rebekah Nurse, who was hanged in Salem in 1692 witchcraft. She is the project manager and an associate editor of "Records of the Salem Witch Hunt", published in 2009 by Cambridge University Press. She currently works at St. Paul's School where she is the director of the Language Center.

This program is made possible by a grant from the NH Humanities to Go program. For more information, call the library at 603-826-7793.

Remember to follow us on Facebook at <a href="https://www.facebook.com/SilsbyLibrary">https://www.facebook.com/SilsbyLibrary</a> or check our web page <a href="http://www.silsbyfree.org">http://www.silsbyfree.org</a>. If you want to know what is new to the collection you can go to LibraryThing. Sign in Silsbyfpl and password 03603.

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### BURBEE'S FORD SALES

Past · Shots \*

Burbee's Ford Sales, 1959, in Claremont.





View of corner of Myrtle and Pleasant Streets, Claremont, in the 1940s. The Winner Hotel was across the street.

Photos, courtesy of Merle Boardman.

#### Classified Ads

#### **GRANTHAM, NH**





3 bedroom ranch on 3.5 acres. New kitchen and bath. Full basement. 2 story gambrel garage with a heated studio on the 2nd floor. This property is <u>not</u> located in Eastman. Close to Route 10. See MLS # 4656009 for more photos. \$195,000.

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Bonnie Miles

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### Ann's Property Of The Week

7 Willard St. Claremont, NH



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annjacques1@comcast.net

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Ashley Bergeron Agent



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#### Zoning Board of Adjustment Meeting Tuesday September 5, 2017 7:00 PM Claremont City Hall Council Chambers

#### **AGENDA**

- I. Call to Order by the Chair
- II. Attendance / Roll Call
- III. Minutes of the Previous Meeting—August 7, 2017
- IV. Old Business
- V. New Business

A. (ZO2017-00017)Todd & Pam Johnson, 84 Pleasant Street: Application for a variance from Sect. 22-1 & 22-387.1 of the City Zoning Ordinance to permit a 535-sq. ft. residential unit at 84 Pleasant Street. Tax Map 120, Lot 98. Zoning District: MU

**B.** (ZO2017-00018) Todd&PamJohnson, 84PleasantStreet: Application for a variance from Sect. 22-533 of the City Zoning Ordinance to modify the parking requirements for 84 Pleasant Street. Tax Map 120, Lot 98. Zoning District: MU

C. (ZO 2017-00019) Berkess Carroll & Carla Prinn, 28 Barnes Street: Application for a variance from Sect. 22-387 to permit a charitable game room at 84 Pleasant Street. Tax Map: 120, Lot 98. Zoning District: MU

VI. Communications VII. Other Business VIII. Adjournment

\_\_\_\_\_

#### PUBLIC NOTICE PLANNING BOARD HEARING

Monday, September 11, 2017 7:00 p.m. Claremont Council Chambers, City Hall

Notice is hereby given that public hearings will be held concerning the following applications:

- A. (PL 2017-00009) WSK Goddard, Wolfeboro NH: Application for Site Plan Approval for redevelopment of the existing building at 54-62 Pleasant Street. Tax Map: 120, Lot: 85.
  Zoning District: MU (Cont. from 8/14/2017)
- B. (PB 2017-00011) 200 Broad Street Realty LLC, 200 Broad Street, Claremont: Application for Site Plan Approval for expansion of the existing dental clinic at 200 Broad Street. Tax Map: 132, Lot: 83. Zoning District: PR (Cont. from 8/14/2017)
- C. (PB 2017-00014) WSK Goddard LTD Partnership, Wolfeboro NH: Application for a Conditional Use Permit for renovating a multifamily building with residential use at street level at 54-62 Pleasant Street. Tax Map 120, Lot 85. Zoning District: MU

Interested parties may review the applications at the City of Claremont's Planning and Develop-

#### Classified Ads

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Development Department, 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at <a href="mailto:cityplanner@claremontnh.com">cityplanner@claremontnh.com</a>. Richard Wahrlich, Chair

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### Notes From the Board

#### Food and Finances: How to End Revenue Waste

#### By Patrick Adrian

Before jumping into a new fiscal discussion, I do want to express my excitement for this next school year, and many changes ahead. I also want to thank all Courtney Porter, and the many organizers, for the excellent Back to School Festival a week back. I enjoyed my first experience inside a dunking booth, being plunged repeatedly by Claremont's children, despite my instances that I was not a witch.

I also want to start off with perhaps the first, most visible change students will find this year.

New Food Services Vendor: We hope students and families are as enthusiastic as we are about the new cafeteria services. Over the summer, the School Board unanimously selected The Abbey Group to operate our district's breakfast and lunch programs, after many years of providing them in-district. The Abbey Group currently serves, among others, Unity, Fall Mountain and Cornish, who recently switched from competing vendor Fresh Picks Cafe Services.

While regarding both vendors highly, we were swayed by the recommendation and reasoning of the evaluation committee, who all favored The Abbey Group for overall menu and quality, its use of locally sourced products, and its educational initiatives within the schools.

Deciding to privatize should not diminish the work or talents of former staff. Operating a large scale cafeteria program begins long before the kitchen's role, requiring exceptional management and organizational power. The Abbey Group utilizes top-tier culinary professionals, current practices and innovations, volume purchasing, and sophisticated network technology. Much of their food is locally sourced; their use of computerized point-of-sale systems eases the parent's managing of the child's account, while also reducing lunchtime lines; their employees receive continuing professional development; and most importantly, they provide both diversity, fresh ingredients

and foods popular with by students and adults.

From Lunch to Revenue: This is an important request to all parents of Claremont students. Please complete those Free-and-Reduced Lunch Forms. It doesn't matter if your child won't be getting school lunches, nor will it require them to. If your household income qualifies your child, please turn the form in.

That simple piece of paper equals at least \$1800 in state funding.

Here's Why: New Hampshire's school funding approach – known as "Adequate Education Aid" - calculates a variety of student population data to estimate, per pupil, sufficient aid for the district to provide "an adequate education". In addition to a base rate approximating \$3600 per student (full year enrollment rate), the state also estimates the district's population that may need additional services and supports: Special Education codings, English Language Learners, for example.

One of the funding categories is number of students eligible for Free-and-Reduced Lunch. And the problem our district is discovering is that many families in our district who would qualify aren't submitting the form, which means they aren't counted in our population. This loss is considerable, too: each eligible student not being counted loses us \$1800 in additional revenue.

First, let's be clear: Family income does not necessarily presume a student requires additional school supports. However, since statistically there is a stronger correlation, the state reasonably should estimate additional service costs.

That said, I want to emphasize this as a community issue. Given our district's already rocky financial course, these areas – where we have most capacity to change – need to be our concern, first and foremost.

I'm confident, if more families knew about the revenue tied to their eligibility, they'd fill out the form and submit it. Since it's rather obscure knowledge to most, we all need to be aware.

How New Meal Services May Help: Admittedly, it's easier explaining the problem than actually solving it. There isn't a definitive number how many eligible students aren't getting counted; it was recently learned that 25% of our school families don't have an email contact in our district registry, so communication remains a barrier as well.

However, we do know where most of these enrollments aren't being submitted; in fact, it's

why we know there are many more eligible students not getting counted. According to administrators, the lion's share of the district's enrollments are in the elementary schools, but in higher grades the numbers drop dramatically, particularly in the high school.

This isn't surprising given so many students having off-campus lunch privilege. But it's important to look at why, because the Abbey Group's takeover of services might swing the balance.

While the food is most cited for the cafeteria's underutilization, another issue has been time. Wait lines under old service were long and slow-moving, and Stevens students have a very limited window for lunch.

Abbey Group, however, utilizes a much speedier and efficient computerized point of sale system. Additionally the registers are placed on the dining floor, not the end of the serving line, removing the clogging. Student IDs act as debit cards, completing transactions with a swipe. Online services will allow parents to manage a student's account using smartphone, laptop, or any device with Internet access. More dining options, including refrigerated self-serve items, also ease buildup in a single serving line.

As for food as a game changer, in neighboring Newport – who contracts a similar vendor – not only do all the students use the cafeteria, the faculty does as well. My predictions are that more students utilizing the cafeteria will increase the number of free-and-reduced lunch enrollments.

Patrick Adrian serves on the Claremont School Board.

## ST. MARY'S GIGANTIC INDOOR YARD SALE SATURDAY, SEPTEMBER 9

8:00 AM - 2:00 PM ST. MARY'S GYM MAIN STREET CLAREMONT, NH

OVER 100 TABLES
THOUSANDS OF ITEMS FOR SALE

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### e-Ticker Business News

## Mt. Ascutney Hospital Acute Rehabilitation Center Earns Renewed 3-Year CARF Accreditation

WINDSOR, VT –The Acute Rehabilitation Center at Mt. Ascutney Hospital and Health Center (MAHHC) has earned 3-year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF), following an extensive review.

CARF surveyors completed a 2-day survey in June, 2017, comprehensively reviewing the Hospital's inpatient acute rehabilitation program, from preadmission to administration of care. CARF's mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of persons served.

Belinda Needham-Shropshire, Director of Rehabilitation Services at Mt. Ascutney Hospital, called the Rehabilitation Center's reaccreditation an important validation of the Hospital's hard work, saying, "CARF has rigorous standards, and only bestows accreditation upon rehabilitation programs that demonstrate an ongoing commitment to quality improvement, a focus on patients, and continual monitoring of our results. People who need rehabilitation services aren't just patients, they're consumers who have choices. We're devoted to doing things the right way, and CARF accreditation is a powerful symbol of that for those we're here to serve."

According to MAHHC President and CEO Dr. Joseph Perras, the surveyors gave specific attention to the Rehabilitation Center's multidisciplinary team approach, and the way the entire care team works together for patients. Dr. Perras called the re-accreditation the result of "the hard work by all of our providers and employees who help support our Rehabilitation Center's mission," and commended them for their extensive preparation in advance of the survey.

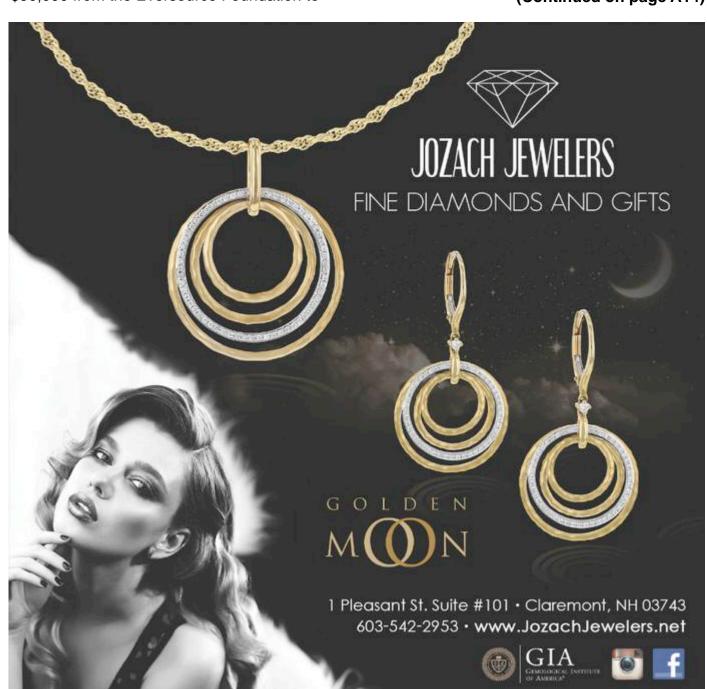
Founded in 1966, CARF International is a nonprofit accreditor of medical rehabilitation,

aging services, child services, opioid treatment programs and more, currently accrediting more than 50,000 programs and services at 25,000 locations worldwide. More information is available at carf.org/home/.

#### **Eversource Donates** \$50,000 to Support Relief Efforts in Texas

HARTFORD, CT, and BOSTON, MA--Eversource Energy (NYSE: ES) is donating \$50,000 from the Eversource Foundation to the American Red Cross to help residents in the greater Houston area who have been displaced by massive flooding in the region following Hurricane Harvey. Additionally, in partnership with the American Red Cross and IBEW Locals 420, 455, 457, 1837, UWUA Local 369 and USW Local 12004 unions in Connecticut, Massachusetts and New Hampshire, the company has established a safe and secure website for all employees, contractors and customers to make a donation to the American Red Cross.

"We have all been moved by the powerful images of the devastation caused by Harvey in (Continued on page A14)



### e-Ticker Business News





Work continues on the new North Country Smokehouse building in the Syd Clarke Industrial Park in Claremont. The new site will triple its

current facility's capacity and will increase the number of jobs significantly. The business operates as a subsidiary of Les Specialites Prodal Ltee, a Canadian company, which purchased the business in 2015 (Bill Binder photos).

#### **Eversource, from A13**

Texas," said Jim Judge, Eversource's Chairman. President and CEO. "Having seen our share of Mother Nature's destructive force over the years, we know how important it is to pitch in and help others. We're also in constant communication with our sister utilities across the country and stand prepared to send additional crews if and when they might be needed."

Eversource customers, employees and contractors will soon be able to safely donate to the relief effort via the energy company's dedicated American Red Cross website. In the

with the restoration efforts if needed.

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country. The company is prepared to send crews and help

**Got Business** 



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#### **Battle of the Brokers**

returns to Bouteille Wine & Gift Merchants 18 Opera House Sq, September 15, 2017 5 - 7 pm

> This event was so much fun last year we decided to bring it back. We will have teams for wine trivia in addition to other games. Gain a little wine knowledge and enjoy some laughter, food and wine.

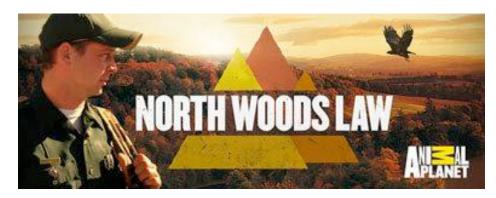
10% of sales from this event will be donated to the Sullivan County Humane Society.



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### North Woods Law: New Hampshire Starts New Season on Animal Planet



CONCORD, NH--The long-awaited second season of *North Woods Law: New Hampshire*, produced for Animal Planet, began with episode one at 9:00 p.m. ET on Sunday, September 3. The show features the Conservation Officers of New Hampshire Fish and Game who work tirelessly to preserve and protect the natural resources of the Granite State.

"New Hampshire's wild and rugged landscape makes the state a premiere destination for outdoorsmen and women and makes the work of Conservation Officers diverse and demanding," according to Animal Planet's website.

"We are very pleased with how the first season was received and that Animal Planet agreed to a second season of the show," said Colonel Kevin Jordan, Chief of NH Fish and Game Law Enforcement. "Our constituents seem to only have positive feedback for this real-life look at the work of the state's Conservation Officers, biologists, and volunteers."

"Whether the Conservation Officers are assisting biologists in managing the state's wildlife, patrolling backcountry roads during hunting season, or conducting search and rescue operations on windswept mountains and roaring rivers, every day presents a new challenge in the Live Free or Die state," the promotion continued.

Learn more about the show at <a href="https://www.animalplanetgo.com/north-woods-law">www.animalplanetgo.com/north-woods-law</a>.

To learn more about the New Hampshire Fish and Game Department, including becoming a Conservation Officer, visit www.wildnh.com/law-enforcement/tv.html.

#### **Modern Times Theater - Music & Puppets**

CLAREMONT, NH--A husband-and-wife duo from Hardwick, VT, presents old fashioned puppetry and novelty music for families. The two-person orchestra specializes in early jazz music and American folk songs played on the cornet, ukulele, upright bass and bicycle pump. Their original puppet melodrama features the misadventures of Mr. Punch, the world's best-loved and most rascally hand puppet. A completely zany mix of vaudeville-inspired entertainment at its best.

Show is set for September 9, Broad Street Park (rain location is CSB Community Center), at 3:00 p.m. Free for the whole family. A Claremont HopStop family show presentation.

### **Building Weatherization: Savings & Comfort** for Small Businesses and Municipalities

Wednesday September 20, 9:00 am - 1:00 pm EDT The Common Man, 21 Water Street, Claremont, NH

Free registration required at <a href="http://NHSavesEvents.eventbrite.com">http://NHSavesEvents.eventbrite.com</a>

As a building owner, you will love the cost savings and reductions in maintenance resulting from improving your building envelope through air sealing and added insulation. As a building occupant, you will forget about uncomfortable drafts, ice dams, and uneven heating and cooling. Focused on small businesses and municipalities, this workshop will explain the science of building envelopes and the steps you can take to make your building more comfortable, increase occupant productivity, and reduce heating and cooling costs.

Light breakfast and lunch will be provided.

This event is one of a series held across the state focused on energy savings for New Hampshire.

Visit <a href="http://nhsaves.com">http://nhsaves.com</a> for more information.

Send news and photos to <a href="mailto:etickernews@gmail.com">etickernews@gmail.com</a>

### Our Orthopaedic Specialists Are Here to Help You Reach Your Goals.

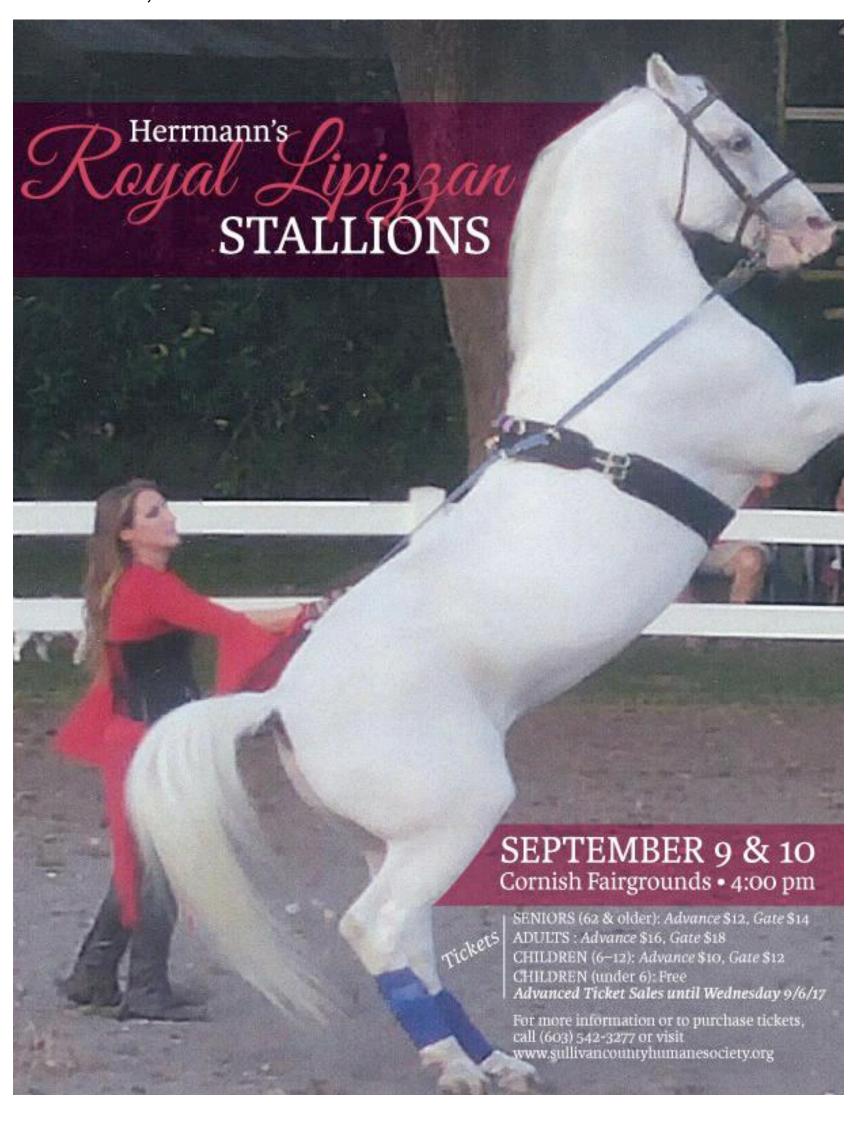


### Prompt Appointments Are Available 802-885-6373



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Volunteers continued on Saturday to set up and mark items for the gigantic indoor yard sale at St. Mary's gym set for Sept. 9th (Bill Binder photo).

# St. Mary's Parish Gears Up for Some Gigantic Fun with its Annual Yard Sale

By Bill Binder e-Ticker News

CLAREMONT, NH--With the 10th Annual St. Mary's Gigantic Indoor Yard Sale coming up on Sept. 9th, volunteers were still busy pricing and stocking items for the sale this past weekend. With over 100 tables full of donated items, there has to be something for everyone. The yard sale will run from 8:00 a.m. until 2:00 p.m. on Saturday. There will be over 100 volunteers staffing the sale, restocking tables, running the checkout stations and assisting shoppers, and Stevens High students will be on hand to help carry items out to your car.

Doughnuts from Stone Arch Bakery will be available in the morning, and lunch items will also be available as the sale goes on.

Organizer Norma Limoges said that the annual yard sale has grown each year. "The first year we collected about \$2,400 from the sale. Last year we raised over \$11,000 for the parish." Along with the yard sale being a principle fundraiser for St. Mary's parish, Limoges said that "The yard sale also benefits the community through our Community Outreach Program and brings a great bunch of people together each year to help put the yard sale on."

Limoges urged everyone to stop on by on the 9th and see what they have to offer. She also wanted to thank all the folks who donated items to the sale and all the volunteers who work to make the yard sale a "gigantic" fun event!

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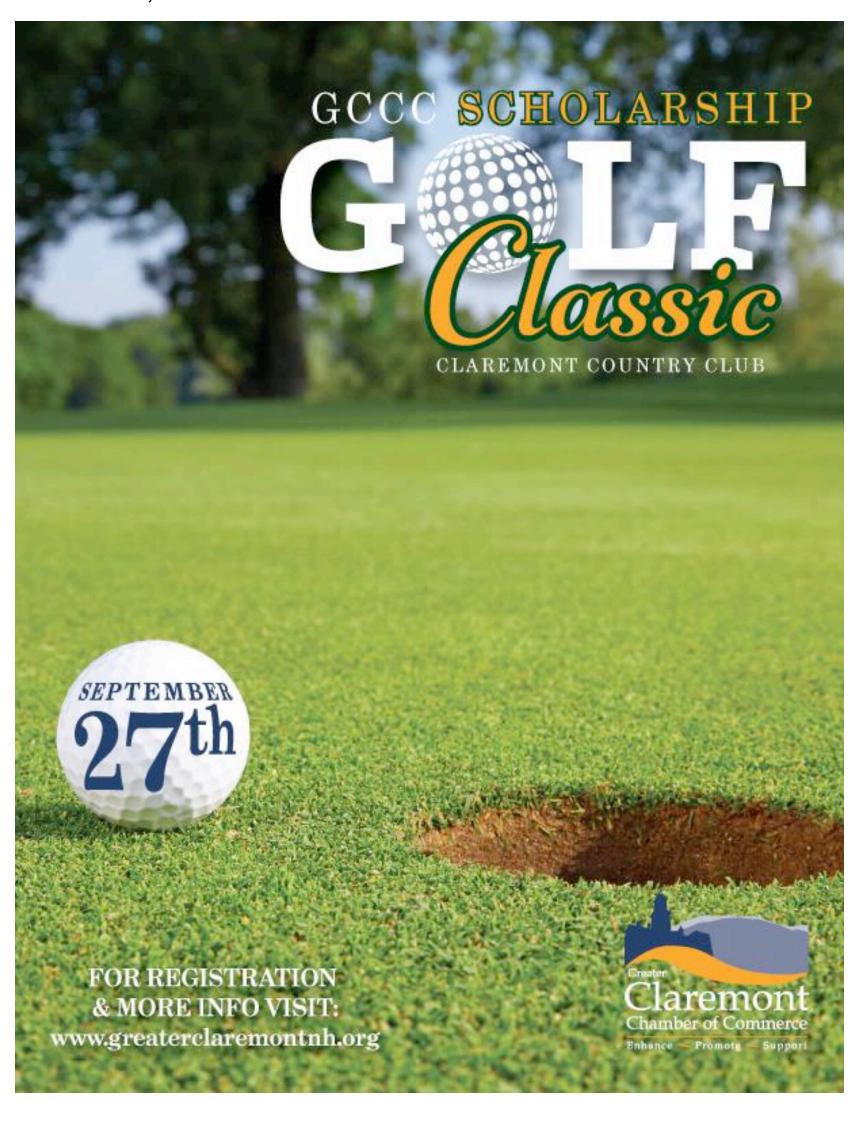
#### **Welcome to Medicare Workshops**

CLAREMONT, NH--Do you have questions about Medicare? We can help! Medicare can be confusing. Becky Rostron, the Medicare Specialist at Sullivan County ServiceLink Aging and Disability Resource Center (ADRC), can help you understand your Medicare options.

The upcoming "Welcome to Medicare" workshops are designed to help new Medicare enrollees make more informed choices about their Medicare benefits. Workshop dates are as follows: Tuesday, September 19th, at 1:30 p.m. and Tuesday, October 17th, at 1:30 p.m. Attendees only need to attend one of the dates. All workshops will be held at 224 Elm Street, Claremont.

Rostron will cover: Part A Hospital insurance, Part B Medical insurance, prescription drug coverage, Medicare Supplement plans, and strategies on how to protect yourself from Medicare fraud, errors, and abuse. There is no charge, but registration is required. Please contact Sullivan County ServiceLink Aging and Disability Resource Center at 603-542-5177 or 1-866-634-9412 to register.





#### **Brighten Your Grandchildren's Financial Future**

Mother's Day and Father's Day may get more attention, but National Grandparents Day, observed on Sept. 10, has gained in popularity. If you're a grandparent, you might expect to receive some nice cards, but if you want to make the day especially meaningful, you may want to consider giving some long-lasting financial gifts to your grandchildren.

What might come to mind first, of course, is helping your grandchildren pay for college. You can choose from several college savings vehicles, but you may be especially interested in a 529 savings plan. With a 529 plan, your earnings accumulate tax free, provided they are used for qualified higher education expenses, such as tuition, books, and room and board. (Keep in mind that 529 plan distributions not used for qualified expenses may be subject to federal and state income taxes and a 10% IRS penalty on the earnings.) You may be eligible for a state income tax incentive for contributing to a 529 plan. Check with your tax advisor regarding these incentives, as well as all tax-related issues pertaining to 529 plans.

One benefit of using a 529 plan is contribution limits are quite generous. Plus, a 529 plan is flexible: If your grandchild decides against college, you can transfer the plan to another beneficiary.

Generally, a 529 plan owned by a grandparent won't be reported as an asset on the Free Application For Federal Student Aid (FAFSA), but withdrawals from the plan are treated as untaxed income to the beneficiary (i.e., your grandchild) — and that has a big impact on financial aid, a much bigger impact than if the plan was listed as a parental asset. Beginning with the 2017-2018 academic year, however, FAFSA now requires families to report income from two years before the school year

starts, rather than income from the prior calendar year. Consequently, it might be beneficial, from a financial aid standpoint, for you, as a grandparent, to start paying for college expenses from a 529 plan in the year in which your grandchild becomes a junior. Contact a financial aid professional about the potential financial aid impact of any gifts you're considering.

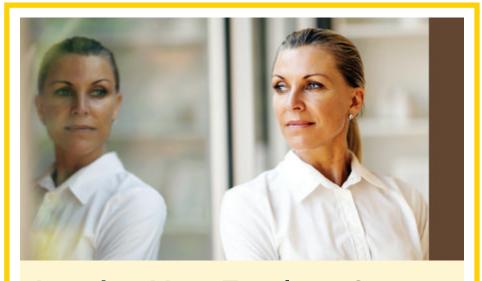
A 529 plan isn't the only financial gift you could give to your grandchildren. You might also consider giving them shares of stock, possibly held in a custodial account, usually known as an UTMA or UGMA account. One possible drawback: You only control a custodial account until your grandchildren reach the age of majority, at which time they can use the money for whatever they want, whereas distributions from a 529 savings plan must be used for qualified higher education expenses.

Still, your grandchildren might be particularly interested in owning the stocks contained in the custodial account - most young people enjoy owning shares of companies that make familiar products. And to further interest your grandchildren in a lifetime of investing, you may want to show them how a particular stock you've owned for decades has grown over time. Naturally, you'll also want to let them know that stocks can move up and down in the short term, and there are no guarantees of profits - but the long-term growth potential of stocks is still a compelling story.

You'd probably do whatever you could for your grandchildren and with a smart financial gift, you can make a big difference in their lives.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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#### **Leaving Your Employer?** Understand Your 401(k) Options.

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### Amtrak Station Forum Announced

CLAREMONT, NH--The 2nd Public Amtrak Station Forum will be held on Tuesday, Sept. 26, 6:30-8:00

p.m. at the CSB Community Center, 152 South Street; hosted by the City of Claremont Amtrak Ad



Hoc Committee in league with Operation Lifesaver during National Rail Safety Week, promoting RR crossing safety and developing Amtrak ridership with the addition of a "Welcome Depot" staffed by volunteer "Station Hosts" at our local Claremont Amtrak Station.

Admission free, light refreshments.

Call Walt Stapleton for more info, 603-995-1034, or email: <u>waltstapleton@comcast.net</u>.



#### **It's About Food**

#### **By Johnny Navillus**



#### **Last Word**

Pulled pork. This is going to be the last word on pulled pork. Maybe. Before you put the meat in the low cooker, scatter 5 or 6 roasted garlic cloves in the bottom. Then place the meat in. This gives a subtle enhancement to the flavor that sends the crowd wild. Well, maybe not wild, but the compliments come in hot and heavy.

For those who are tuning in late: I'm not browning my meat first or coating it with flour anymore. Just season it and let it go for 12 hours on low. Take it out, pull it apart, drain the liquid from the cooker, put the pulled pork back in, cover with barbecue sauce for an hour on low and then two or three hours on warm. If you are serving this to a crowd, grab some for yourself early because it disappears quickly. You will be asked for the recipe.

Don't forget the many uses of Liquid Smoke. Go easy and taste as you go. You can even use a small amount in mac and cheese. Speaking of which, I have a mac and cheese recipe from Alton Brown. He uses evaporated milk for extra creaminess.

#### **Mac and Cheese**

½ pound elbow macaroni

4 tablespoons butter

2 eggs

6 ounces evaporated milk

½ teaspoon hot sauce (optional)

1 teaspoon kosher salt

fresh ground pepper

3/4 teaspoon ground mustard

10 ounces sharp cheddar shredded

In a large pot of boiling, salted water cook the pasta to al dente and drain. Return to the pot and melt in the butter. Toss to coat.

Whisk together the eggs, milk, hot sauce, salt, pepper, and mustard. Stir into the pasta and add the cheese. Over low heat continue to stir for 3 minutes or until creamy.

This is Labor Day. Either the last day of Summer or the start of the new Holiday Season. Halloween is not far off. You have a few short weeks to do whatever is needed to prepare dietwise. Once Labor Day passes we have Halloween, Veteran's Day, Thanksgiving, Christmas, New Years Day, etc. There's a lot to prepare for. If you start now with thinking of menus, it puts you in the holiday mood. Or you could start in on the adult beverages. Or both.

Seriously, the time will be going by really fast. Planning now when the pressure is off will pay off later. Make notes and you could even start shopping for some things. Canned cranberry sauce has a long shelf life and getting it now saves time later. Money spent now in preparation saves cash flow later.

Play with your food. It does pay off.

Write to Johnny at etickernews @gmail.com.

### **Arrest Announced in Project Vetcare Case**

#### Investigation is Ongoing

HANOVER, NH--The Hanover Police have announced that an arrest has been made in an ongoing Project Vetcare investigation.

On Aug. 30, working in conjunction with the

NH Attorney General's Office and the Office of the **Grafton County At**torney, the Hanover Police Department arrested Danielle Goodwin, 46, at her home in Hanover, NH, and charged her with Theft by **Unauthorized Tak**ing, a Class A Felony. It is alleged that Goodwin exercised unauthorized



**Danielle Goodwin** 

control of \$24,641.11, the property of Project VetCare, Inc., while serving as the charity's executive director, said Hanover Chief of Police Charles B. Dennis, in a press release.

Goodwin was released on \$15,000 Personal Recognizance Bail and is scheduled to appear in the 2nd Circuit District Court in Lebanon, NH, on Oct. 16.

On Thursday, Aug. 24, Attorney General Gordon J. MacDonald announced in a press release that a preliminary report had been issued concerning an investigation into the use of funds at Project VetCare, Inc. Project VetCare, Inc. was established as a charitable organization formed to provide assistance to veterans in the Upper Valley region.

MacDonald stated: "This charity was established to support the brave men and women who have served our country. Some leaders of this charity enriched themselves at the expense of the veterans they were entrusted to help.

"Veterans deserve our respect and support. It is a deeply disturbing breach of trust that funds raised in their name were instead diverted for a cruise vacation, household expenses and tens of thousands of dollars of improper loans to directors. The preliminary report exposes this conduct and sets forth some

of the steps for those responsible to be held accountable."

The Attorney General has supervisory authority over charitable organizations and funds donated for charitable purposes, said MacDonald. "That authority is exercised through the Director of Charitable Trusts. Among other duties, the Director has the authority to investigate charitable organizations. The Director may bring a court action seeking a judgment to remove directors, to require restitution on behalf of the organization and to obtain other relief."

### Cornish Historical Society Sponsors Program on Sept. 12

CORNISH, NH--The Cornish Historical Society will sponsor "New Hampshire Roads Taken-or Not!" on Tuesday, Sept. 12.

Following WWII, the US federal and state governments embarked on extensive highway construction programs. Steve Taylor will review some of New Hampshire's most significant highway choices in the 20th century. He will discuss the economic, social, and cultural changes that followed decisions to build or not to build. This program, sponsored by the NH Humanities Council, begins at 7:00 p.m., Town Office at 488 Townhouse Rd. All are welcome to attend.

#### Lebanon Opera House Presents Stephen Stills & Judy Collins

In 1967, Stephen Stills met Judy Collins and began a two-year romance with the folk legend that inspired him to write the Crosby, Stills & Nash classic "Suite: Judy Blue Eyes." Now, in celebration of the 50th anniversary of their relationship, Stills and Collins are teaming up for a first-ever collaborative album and tour. The shows feature songs from their new album (out Sept. 22) along with selections from their back catalogs and stories about their eventful lives and careers.

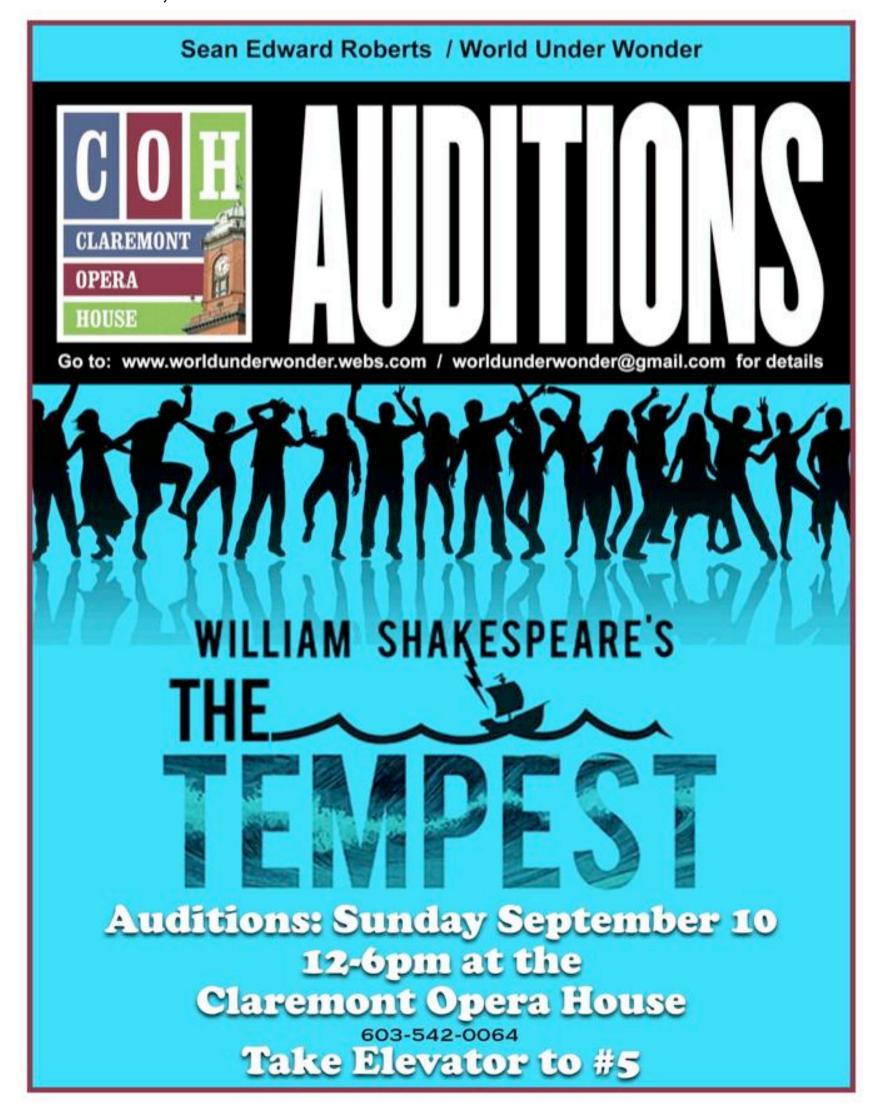
The show is set for Thursday, Sept. 28, 7:30 p.m., at the Lebanon Opera House.

For more info, please visit: <a href="http://lebanonoperahouse.org/">http://lebanonoperahouse.org/</a>.



#### Helping Those Affected by Hurricane Harvey...

Sugar River Bank in Newport has announced that it is a drop-off center for items for the victims of Hurricane Harvey. It has an 18 wheeler coming to the bank on Wednesday to pick up the items. This is a photo of what they have now, but they expect it to double. Runnings is also a drop-off place for the project. "They have a big box in the lobby and their support is fantastic," said a spokesperson for the bank. "We have had an outpouring of support from the community as well." (Courtesy photo).



### ARE YOU NEW TO MEDICARE? JOIN US!



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#### 2 Dates Available:

Tuesday, September 19th 1:30 PM

Tuesday, October 17th

1:30 PM

#### **Sullivan County ServiceLink (ADRC)**

224 Elm Street Claremont, NH 03743 For Information and to Register Call: 603-542-5177 or 1-866-634-9412

www.servicelink.nh.gov







LOCAL HELP FOR PEOPLE WITH MEDICARE

This information is provided through a partnership between the NH Department of Health and Human Services and ServiceLink. Funding is provided by the U.S. Administration for Community Living (State Health Insurance Assistance Program (SHIP) grant# # 90SAPG011-01 and the Senior Medicare Patrol (SMP) grant# 90MP0241-03).