# e-Ticker News Sports

Section B October 31, 2016

## Moose Season Sees 72% Success Rate in 2016

CONCORD, NH-- New Hampshire's 2016 moose season wrapped up on Sunday, Oct. 23. While hunters have until close of business today to register their moose at New Hampshire Fish and Game headquarters or regional offices, preliminary figures show that 52 hunters succeeded in taking their moose during the 9-day season. With a total of 72 permits issued, this represents a statewide success rate of 72%. That compares with last year's (2015) overall success rate of 69%.

The breakdown for the harvest this year was 45 bulls and 7 cows. Final season results will be available upon completion of registration data entry and analysis.

Around the state this year, preliminary numbers show moose hunters having a 91% success rate in the Connecticut Lakes Region; 81% in the North Region; 68% in the White Mountain Region; 50% in the Central Region; 60% in the Southwest Region; and 50% in the Southeast Region.

"It was phenomenal," said a successful hunter who took a cow moose that dressed out at 640 pounds on the last day of the season. It was the first big game animal he had ever taken. "Even if I didn't get anything, it would have been a great experience. I spent so much time in the woods over the last nine days, and it was so beautiful. I felt like I was hunting in a post card. I was just happy to be



Fish and Game Moose Biologist Kristine Rines checks in a moose at the Berlin Fish Hatchery (Courtesy photo).

there. I called in moose earlier in the week, but they were never close enough. Just calling them and having them respond was exciting."

Joe Rogerson of Delaware had a successful New Hampshire hunt. Select image for larger view.

Check out a growing gallery of photos and stories from this year's successful New Hampshire moose hunters at

#### www.huntnh.com/hunting/moose.html.

In all, more than 8,000 people entered the moose hunt lottery for a chance to win a permit for the New Hampshire moose hunt. Nearly 85 percent of the permits went to New Hampshire residents. The overall odds of being drawn this year were 1 in 75 for state residents and 1 in 327 for nonresidents.

"The moose health overall looked good," said NH Fish and Game Moose Biologist Kristine Rines. "Tick levels on harvested moose were similar to what we saw last year. But it's too soon to determine the real impact of ticks this year, because that all depends on how long we go without sufficient snow on the ground to kill the ticks and stop them from questing onto moose. It's all about the weather, and the shrinking amount of time we are seeing snow-covered ground in New Hampshire."

## SHS Boys Soccer Moves On To Semi-Finals

For the first time in more than 23 years, the SHS varsity boys soccer team has advanced to the NHIAA division 3 state tournament semifinals with an exciting 2-1 win over Campbell High School on Sunday. They are back in action on Wednesday at Laconia High School at 4:00 p.m.

"Very intense game," said Coach Jason Stone. "We ended up creating good chances for ourselves in the 1st half, we just couldn't put them away. Finally, Ethan Sweet scored on a nice pass from Noah Spaulding.

"The defense was great tonight. We stayed organized and played together. In the second half, Mitchell Paquette scored in a shot from 25 yards out. The rest of the way we just played defense together to secure a great team win."

Stone added, "We play against Belmont on Wednesday in Laconia at 4:00 p.m."



## Cards To Face Campbell In Playoffs

The Stevens Football team traveled to West Swanzey on Friday night to take on the 7-0 Monadnock Huskies, in the final game of the regular season in Division III. Stevens came into the game at 6-1 with a chance to secure a home playoff game but dropped a hard fought, physical contest, 20-6.

The Huskies opened the scoring on their first drive with a long touchdown run on a 4th down play, and with the extra point boot, went up 7-0.

Both defenses then went to work and neither team would score until midway through the second quarter when Monadnock scored a short touchdown run to make it 14-0. The Huskies would add to their lead just before the half, on another 4th down conversion, connecting on a touchdown pass. The extra point was no good but Monadnock had a 20-0 half time lead.

As they have done all season, the Cardinals, who have given up just 46 second half points all season, made some adjustments to the game plan and shut out the Huskies in the second half. Stevens would cut the lead to 20-6, on a third quarter, 25 yard touchdown pass from Henri Bourque to Zach O'Brien. Stevens had a couple of other drives deep into Monadnock territory but could not get in the end zone and the final score was 20-6.

O'Brien hauled in 5 receptions for 96 yards and the touchdown. The Cardinal defense forced 3 Huskie tunrovers, with O'Brien, Joe Desilets, and Chris LaFont all recovering fumbles.

Stevens, who will be the 3rd seed in the North Conference of Division III, will play the 2nd seeded Campbell Cougars of the South Conference.

Both teams will be awaiting the NHIAA deci-

sion on which team will be home for the playoff game this coming Saturday at 1:00 PM. Campbell is the higher seeded team, however, Stevens had 96 points to the 94 earned by Campbell, which may factor into the NHIAA ruling.

### Monarchs Take Down Cyclones, 4-2

MANCHESTER, NH--The Manchester Monarchs closed out a three-game homestand with a 4-2 victory over the Cincinnati Cyclones on Sunday, Oct. 30 at SNHU Arena.

The Monarchs (4-2-0-1) and Cyclones (2-5-0-0) completed their season series, and will only meet again if both teams make the Kelly Cup Playoffs.

The Cyclones opened the scoring at 12:48 of the first period when Gabryel Boudreau netted his 1st goal of the season. Boudreau received a pass from Eric Knodel in the neutral-zone before walking into the slot from the left-wing boards to beat Monarchs goaltender, Sam Brittain, through the five-hole.

Justin Agosta evened the game for the Monarchs with his 2nd goal of the season at 13:29 in the first period. Leitner circled outside right circle to find Agosta in the high slot for a onetimer that he sent through the five-hole of Cyclones goaltender, Michael Houser, to make the score, 1-1.

The Monarchs extended their lead with Cory Ward's 4th goal of the season at 4:16 in the second period. Tony Turgeon threw the puck to the front of the net to a crashing Ward, who got his stick on the puck and deflected the puck low glove-side past Houser, making the score, 2-1, Monarchs.

Joey Diamond gave the Monarchs a 3-1 lead at 8:37 in the second period when he scored his 3rd goal of the year. Gasper Kopitar found Diamond in the slot from behind the net where he collected the puck surrounded by three Cyclones defenders and shot the puck high glove-side past Houser.





Cory Ward scored his 4th goal of the season at 4:16 in the second period (Courtesy photo).

The Cyclones bounced back with Rob De Fulviis' 1st goal of the season at 13:25 in the third period. Andrew Yogan found De Fulviis skating to the right-wing circle where he beat Brittain high stick-side with a wrist shot.

Gasper Kopitar finalized the win for the Monarchs with a short-handed goal from center ice into an empty net in the third period.

The Monarchs are back on the ice Tuesday, Nov. 1 (7 p.m.), when they travel to Glens Falls N.Y. to take on the Adirondack Thunder.



"A vintage feel, with modern appeal."

2 Pleasant Street Historic Downtown Claremont

sugarriverbarbers.com

## Entertainment



#### **Stratos Artwork**

#### By Bernadette O'Leary

My main stop for this Countryside Chat on the Road was The Mothman Festival in Point Pleasant, WV. While there, I had the pleasure of meeting the very talented Bryan K. Borgman, otherwise known as "Stratos" on his web page. He is a designer and sculptor who creates figures and more. His creations can be used for games or simply for enjoyment, whichever the customer wants.

I had seen Bryan's booth from far away while looking for tiny figures to buy, and I just had to check it out. I'm so glad I did! As I stood back to watch, I saw that children of all ages (from 5 to 50-years-old) loved the items at Bryan's booth. Once it was our turn, I saw why this man's booth was so popular.

My eyes feasted on a ton of sculptures of various sizes and colors. The two figures pictured here are roughly 2 - 2.5 inches tall. The teal one is of the famed Mothman himself, and the purple one is Bigfoot. I'm completely happy with my choices, and I'd love to get more. Bryan's prices were fantastic, especially for being located in a booth at a festival. The figures themselves blew my mind, and the detailing on them was amazing. I find myself examining them and turning them over in my hands again and again marveling at the attention Bryan took with every hair, every finger, and every small detail. It's clear that he loves his work and doesn't shy away from making even the most complicated creature look marvelous. These handcrafted sculptures stood out in both artistry and color. Weeks later, I

still enjoy taking them down from the shelf and looking at them with my children. As for Bryan himself, he was very down-to-Earth and kind. He even had a way with my son, who often won't speak to strangers easily due to being a bit shy with them. It was a real pleasure to meet him and pick up a couple of his works of art. I can't say enough great things about both Bryan and his work. I recommend anyone and everyone who enjoys the more unique side of entertainment, gaming, and collecting to check out Bryan's work.

If you love the unusual as I do, you'll love Bryan's work. Visit him online today at <a href="http://www.kaijukaos.com/">http://www.kaijukaos.com/</a> to see all that this skilled artist has to offer. As you can tell by his business card, he is a Jack-of-all-trades, and he has a little something for everyone.

Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor

of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories: <u>https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts</u>. She may also be found at her new page: <u>https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts</u> and may also be reached at <u>etickernews.bernadette.oleary@gmail.com</u> and followed on Twitter at <u>https://twitter.com/BOLeary\_ETicker</u>.



Bryan K. Borgman (aka Stratos) Music Composer / Producer & Owner Bailey Records \* baileyrecords.com Tabletop Game Designer & Sculptor Kaiju Kaos \* kaijukaos com Trade Show Manager & Sales Acheson Creations \* achesoncreations.com bryanborgman@gmail.com

## Entertainment



Handmade Wood Burning Kitchen Spoons

Created by Andrea White from Tender Heart Wildlife Rehab in Berryville, AR. See my article on them in November. She creates woodburnings in many different products to raise money for the rescue organization. High quality! Please see the post on my page for her and see how you can help her save the lives of injured wildlife.

How to Enter: Choose 1 or all!

1. Follow me on Twitter or Facebook.

- 2. Email "Win 11.30" in subject line to etickernews.bernadette.oleary@gmail.com
- 3. Send me a private message in Facebook or Twitter with "Win 11.30"

4. Text "Win 11.30" to 405-332-3353.

Drawing will be held 11/30 and winner announced 12/1.

## Calendar Of Events

#### Next AARP Meeting Nov. 10

CLAREMONT, NH--The Claremont Area AARP Chapter met October 13 at St. Joseph's Church Hall for their Fall Celebration Barbecue. The afternoon opened with the salute to the flag and a patriotic song led by Val Gregoire. Cooks Tim LaBelle, Bob Belaire, and Alphonse Belanger manned the grills and numerous side dishes were provided by the board members to everyone's appreciation.

Following the meal, Claremont Mayor Charlene Lovett introduced herself and provided information about her ties to Claremont. She then opened the floor to questions and updated members about the City Manager search, Pleasant Street/downtown development, Junior Sports League building and Goodwin Community Center building/pool/gym. Also discussed was the loss of the DMV on Water Street, timber harvest efforts at Moody Park and Arrowhead Recreation Area and the Claremont water supply and need for voluntary conservation. Members also questioned beautification efforts and sidewalk parking issues.

The membership voted to donate \$100 to St. Joseph's Church in memory of Father George. Spooky and tasty treats were made by Faith and Tim LaBelle for all to enjoy. A \$10 gift certificate from the Claremont Spice Shop was won by Peggy Lewko. Other prizes were won by Earl Gregoire (twice), Ethel Neilson, and Joyce Gogan. The next meeting will be Thursday, Nov. 10, at the Earl Bourdon Center on Maple Avenue in Claremont (note venue change).

Membership is open to all seniors on both sides of the river. Dues are \$5 a year. Socialization, education and fun are the main goals. The group is non-political.

#### Actor Needed For "Harvey"

NEWPORT, NH--One actor, over age 40, is needed to fill out the cast of "Harvey," being staged by the Newport Opera House. For more information phone (603) 863-2412 or write to info@newportoperahouse.com.

#### **Caregiver Support Group**

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

#### HopStop Family Shows In Claremont

Karim Nagi: An introduction to the wonders of Arab music and dance. Sat., Nov. 12 - 3:00 PM. Free.

Claremont Savings Bank Community Center The sights and sounds of Arabic culture come to life for young children and families when Karim, a native of Egypt, takes the stage. Audience members will get an introduction to numerous instruments including the duff, tabla and mijwiz, and traditional Arabian dances. Join Karim for this free-flowing journey where music and dance remove all borders audience help will be needed along the way!

#### Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public. The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

#### www.etickernewsofclaremont.com

www.facebook.com/etickernews

#### Bereavement Support Groups

NEW LONDON, NH-- Loss is an inevitable part of life, but no one needs to go through it alone. Lake Sunapee Region VNA & Hospice (LSRVNA) offers several bereavement support groups to help community members grieve well.

"People at Work" is a support group specifically for widows and widowers. It meets on the second Wednesday of every month from 5:00 to 6:30 p.m. at LSRVNA. A second "People at Work" group was recently added to the schedule and is held on the third Sunday of each month from 2:00 to 3:30 p.m. at the Claremont Senior Center.

"Widow to Widow" is a group that allows women to gather in a supportive environment to learn about the grief process. It meets on the first Monday of every month from 10:00 a.m. to 12:00 p.m. at LSRVNA.

Open to anyone wanting to learn about the process of grieving and the pathway to healing, "Pathways to Healing" meets on the third Tuesday of each month from 5:00 to 6:30 p.m. at LSRVNA.

There is no fee for any of these bereavement groups. For more information or to RSVP, contact Deb Dumond at 526-4077 or <u>ddumond@lakesunapeevna.org</u>.

#### Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

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NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

#### Silsby Free Public Library News

CHARLESTOWN, NH--Find all of our new book titles on Library Thing! The log-in is Silsbyfpl, and the password is 03603. The complete catalog is view-able at <u>https://silsby.follettdestiny.com</u>. Also be sure to

like us on Facebook for the latest news and events.

November 17: Halls Pond trail – meet trail head on Peter Hill Road which is off Halls Pond Road which is off the Borough Road

For more information, contact the library at 603-826-7793 or email at

silsby@charlestown-nh.gov.

#### Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information. All paper games.

## Hope For Recovery Services, Meetings

CLAREMONT, NH--Peer- based recovery services, 169 Main St Claremont, NH, (603) 287-7919, include:

- Peer coaching & support
- All Recovery Meetings
- 12 -step fellowship
- Volunteer opportunities
- Community Outreach & advocacy
- Telephone Recovery Support
- Sober events

#### Meetings

#### Monday 9:30 - 10:00 Coffee Talk 10:00 - 11:00 All recovery meeting 1:00 - 2:00 Journaling 3:00 - 4:00 All recovery meeting

#### Tuesday

Coffee Talk
All recovery meeting
We Covery & Pastries
Hope not Dope meeting

#### Wednesday

9:30 - 10:00	(
10:00 - 11:00	
12:00 – 1:00	
3:00 – 4:00	

Coffee Talk
All recovery meeting
AA meeting (Dave)
All recovery meeting

Thursday	
9:30 - 10:00	Coffee Talk
10:00 - 11:00	All recovery meeting
1:00 - 2:00	Self-care Meeting
3:00 - 4:00	All recovery meeting
Friday	
Friday 9:30 - 10:00	Coffee Talk
•	Coffee Talk All recovery meeting
9:30 - 10:00	
9:30 - 10:00 10:00 - 11:00	All recovery meeting

#### Sunday

9:00 am Pancake Breakfast followed with an All Recovery meeting at 10:00 am

#### Christmas Craft Fair In Lempster

LEMPSTER, NH--The Annual Country Christmas Craft Fair will be held on Saturday, Nov. 5, 9:00 a.m. -2:00 p.m. at the Lempster Community School, Rt. 10. There will be local crafts, food, raffles and a hot lunch will be served. Sponsored by the Lempster Historical Society. Contact 863-8113 for more information.

## "Winter Fling" Craft Fair

CLAREMONT, NH--"Winter Fling" Holiday Craft Fair, Saturday, Nov. 5, 9:00 a.m.-2:00 p.m.; sponsored by and held at the Claremont Senior Center, Inc. 5 Acer Heights Rd. Featuring area crafters, food concession and our famous "Cookie Sale".

#### "Youth Mental Health First Aid" Training

Similar to First Aid and CPR, 'Youth Mental Health First Aid' teaches individuals how to help young people experiencing mental health challenges or crises.

WHO: UNH Cooperative Extension

in Grafton and Sullivan County and up to 30 participants, including anyone having regular contact with youth ages 12 to 18 such as teachers, school staff, after school providers, coaches, faith leaders, parents and other caring citizens.

WHAT: Youth Mental Health First Aid Training

WHEN: Thursday and Friday, December 1 and 2, 8:30 a.m. to 12:30 p.m.

WHERE: Lempster Community School, 29 School Rd, Lempster, NH.

For more information on Mental Health First Aid, visit <u>www.mentalhealthfirstaid.org</u>.

REGISTER: Go to the UNH Cooperative Extension website for more info, and to register: <u>https://www.events.unh.edu/RegistrationForm.</u> <u>pm?event\_id=22520</u>.

Sponsored by: National Council for Behavioral Health; Project AWARE, Initiative of Office



NH Senate District 5 Republican candidate Marie Lozito of Claremont met with supporters at a well attended Meet and Greet in Plainfield on Sunday. She is running against Democrat Martha Hennessey of Hanover for the seat being vacated by Sen. David Pierce (Courtesy photo).

of Student Wellness at the NH Department of Education; the NH Chapter of the American Foundation for Suicide Prevention; UNH Cooperative Extension.

#### Handling the Holidays After a Loss

A two-session program to learn how to proactively manage the holidays after losing a loved one November 3 & 10 5:30-7:00pm Lake Sunapee Region VNA & Hospice 107 Newport Road, New London RSVP by calling 526-4077

#### 11th Annual Craft Fair To Benefit LSRVNA Hospice Care

Featuring food, music, cookie walk, raffles and crafters November 5 9:00am-2:00pm Kearsarge Community Presbyterian Church 82 King Hill Road, New London Call 526-4077 for more information

#### Time of Remembrance

An annual event to celebrate the lives of individuals in the LSRVNA Hospice program and community who died this past year November 8 6:00pm Kearsarge Community Presbyterian Church 82 King Hill Road, New London RSVP by calling 526-4077

#### **Bingo In Charlestown**

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

#### Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Centre.

Meeting: Monday, November 7. Theme: Remembrance; program: NH Civil War Monuments. Speaker: Don Streeter. After the speaker listing, Mr. Lincoln will speak a few words.

#### "Raise The Woof" Benefit

CLAREMONT, NH--A night of stand-up Comedy! Sullivan County Humane Society is bringing "Raise the Woof" to Claremont! Join us at Stevens High School on Broad St. on Nov. 5 for a night of laughter and fun! Doors open at 7:00 p.m.; the show starts at 8:00 p.m. Tickets are \$20 and can be purchased in advance at the shelter or any of the humane society events or at the door. Visit http://www.woofraise.com/ or call 542-3277 for more details.

www.facebook.com/etickernews



For the second year in a row, the owners of the Silver Bullet food truck have set up shop at the Color Gauntlet 5K fun run, a fundraising event for the Springfield Wrestling Team. They donate the proceeds of their sales to the team to help with the costs of attending tournaments and purchasing necessary equipment. This year, the Bullet received very generous donations of food from vendors Liberal Beef and Koffee Cup Bakery -- both Claremont, NH, vendors donated half the cost of their products so that the Bullet could donate even more to the team. Nearly \$400 came to the team after the Gauntlet this year, thanks to the generosity of these local businesses. The wrestling team wishes to sincerely thank the folks at Liberal Beef, Koffee Kup Bakery, and the Silver Bullet for providing delicious hot food to the Gauntleteers, and for the wonderful cash donation (Courtesy photo).



More FREE FLU SHOTS. More healthy people.

**Flu season is upon us!** Receive a recommended Flu vaccination at one of our two convenient locations. No pre-registration required, ample supplies are on-hand for each time slot. More dates to be announced now through November.

Mt. Ascutney Physicians Practice (adults and children)
289 County Road, Windsor VT, (802) 674-7300
Saturday, November 12 9:00am - noon

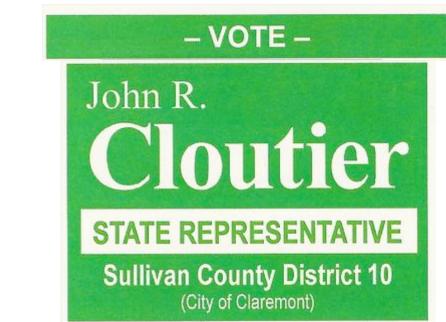
Ottauquechee Health Center (adults and children) Pleasant Street, Woodstock, VT (802) 457-3030 Saturday, November 5 9:00am - noon

**Mt. Ascutney Hospital and Health Center** 289 County Road, Windsor, VT **Ottauquechee Health Center** 32 Pleasant Street, Woodstock, VT

For a complete schedule of dates and locations, go to MtAscutneyHospital.org/flushots

Paid Political Ad





- Helped save bus service for Claremont, working with other government leaders.
- Sponsored the bill which raised the age of required seat belt use from 12 to 18.
- Secured funding for repairs to Claremont's Monadnock State Office Building.
- Chaired the committee that turned over to the City of Claremont the National Guard Armory on Winter Street, which the city later sold and put back on the tax rolls.
- Supported Medicaid expansion which helps "Claremont's working poor" and Valley Regional Hospital.
- Supported legislation and Sullivan County budgets aiming to cut Claremont's property taxes.
- Advocated for River Valley Community College, a key partner in Claremont's economic revival.

## PLEASE VOTE JOHN R. CLOUTIER FOR STATE REP ON TUES., NOV. 8TH. THANK YOU.

8:00 a.m. to 7:00 p.m. Claremont Middle School (Wards 1 & 2)

> Disnard School (Ward 3)

As your State Representative, John R. Cloutier will continue fighting for Claremont's best interests.

> Paid for by Cloutier for State Rep John R. Cloutier, Fiscal Agent

#### Blood Pressure and Foot Clinics provided by Lake Sunapee Region VNA & Hospice

(as of 10/25/2016)

These events take place every month, except on holidays. For more information or to verify a date, call 603-526-4077 or visit www.lakesunapeevna.org

Every Tuesday & Thursday

#### BLOOD PRESSURE CLINIC IN NEW LON-DON Lake Sunapee Region VNA & Hospice 107 Newport Rd, New London 9:00 a.m. – 12:00 p.m. Free and no appointment needed.

Every Wednesday

#### BLOOD PRESSURE CLINIC IN NEWPORT Rite Aid 51 S Main St, Newport 11:00 a.m. – 1:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

Every Thursday

FOOT CLINIC IN NEW LONDON Lake Sunapee Region VNA & Hospice 107 Newport Rd, New London 9:30 a.m. – 1:30 p.m. by appointment only \$25 fee Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

1st Monday

#### BLOOD PRESSURE CLINIC IN NEW LON-DON Council on Aging 37 Pleasant St, New London 9:30 – 10:30 a.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

BLOOD PRESSURE CLINIC IN LEBANON Lebanon Senior Center

10 Campbell St, Lebanon 10:00 a.m. - 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN NEW LONDON Lyon Brook Community Association 332 Parkside Rd, New London 9:30 a.m. - 2:00 p.m. by appointment only \$25 feeProvided by Lake Sunapee Region VNA &Hospice.Doctor's order required for those with diabetes or circulation problems.Call 603-526-4077 for appointment.

FOOT CLINIC IN PLAINFIELD Philip Read Memorial Library 1088 Route 12A, Plainfield

# Projects Inching Along?



today! (800) 578-5024 5 Kinney Place, Claremont



B10

Member NCUA. Equal Housing Lender. NMLS#403170

1:00 – 4:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA & Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

1st Tuesday

BLOOD PRESSURE CLINIC IN NEWPORT Newport Senior Center 76 S Main St, Newport 10:45 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

1st Wednesday

FOOT CLINIC IN CLAREMONT Claremont Senior Center 5 Acer Heights Rd, Claremont 8:30 a.m. – 3:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

#### FOOT CLINIC IN CANAAN Mascoma Senior Center

1166 US Route 4, Canaan
9:00 a.m. – 12:00 p.m. by appointment only
\$25 fee
Provided by Lake Sunapee Region VNA &
Hospice.
Doctor's order required for those with diabetes or circulation problems.
Call 603-526-4077 for appointment.

#### FOOT CLINIC IN LEBANON Lebanon Senior Center

10 Campbell St, Lebanon 10:00 a.m. – 2:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

1st Thursday

BLOOD PRESSURE CLINIC IN CLAREMONT Claremont Senior Center 5 Acer Heights Rd, Claremont 10:30 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

1st Friday

FOOT CLINIC IN NEW LONDON Council on Aging 37 Pleasant St, New London 9:30 a.m. – 12:30 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

2nd Monday

#### BLOOD PRESSURE CLINIC IN CHARLESTOWN Charlestown Senior Center 223 Old Springfield Rd, Charlestown 11:00 a.m. – 1:30 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN

Charlestown Senior Center 223 Old Springfield Rd, Charlestown 10:00 a.m. – 4:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

#### 2nd Tuesday

BLOOD PRESSURE CLINIC IN CLAREMONT Earl Bourdon Centre 67 Maple Ave, Claremont 10:00 – 11:30 a.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

BLOOD PRESSURE CLINIC IN GRANTHAM Grantham Methodist Church 418 Route 10 South, Grantham 11:15 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

2nd Wednesday

FOOT CLINIC IN CLAREMONT Claremont Senior Center 5 Acer Heights Rd, Claremont 8:30 a.m. – 3:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

#### 2nd Thursday

BLOOD PRESSURE CLINIC IN GRANTHAM Grantham Town Hall 300 Route 10 South, Grantham 10:30 – 11:30 a.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN GRANTHAM Grantham Town Hall 300 Route 10 South, Grantham 11:00 a.m. – 1:30 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice.

Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

#### 2nd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT Sugar River Mills 7 Heritage Dr, Claremont 11:30 a.m. – 12:30 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN NEW LONDON Council on Aging 37 Pleasant St, New London 9:30 a.m. – 12:30 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

FOOT CLINIC IN CLAREMONT Sugar River Mills 7 Heritage Dr, Claremont 12:00 – 3:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

3rd Monday

#### BLOOD PRESSURE CLINIC IN LEBANON Lebanon Senior Center 10 Campbell St, Lebanon 10:00 a.m. - 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN CHARLESTOWN Charlestown Elderly Housing 107 Lovers Lane Rd, Charlestown 1:30 – 3:30 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

3rd Tuesday

#### BLOOD PRESSURE CLINIC IN DANBURY Danbury Community Center 15 High St, Danbury 10:00 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

#### BLOOD PRESSURE CLINIC IN NEWPORT Newport Senior Center 76 S Main St, Newport 11:15 a.m. – 12:15 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN CLAREMONT Marion Phillips Apartments 243 Broad St, Claremont 1:00 – 4:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

3rd Wednesday

BLOOD PRESSURE CLINIC IN GOSHEN Goshen Parish Hall Route 10, Goshen 10:45 - 11:45 a.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN CLAREMONT

Claremont Senior Center 5 Acer Heights Rd, Claremont 8:30 a.m. – 3:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

3rd Thursday

BLOOD PRESSURE CLINIC IN BRADFORD Bradford Senior Center 134 E Main St, Bradford

## Happy Halloween!!

All of us here at Westaff wish everyone a happy and safe Halloween!!



Ann Milan 603-542-9675 amilan@westaff.com 131 Broad Street, Claremont, NH 03743

www.westaff.com

Temporary • Temp-to-Hire • Full-Time Placement

11:00 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT Claremont Senior Center 5 Acer Heights Rd, Claremont 11:00 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

#### 3rd Friday

BLOOD PRESSURE CLINIC IN CLAREMONT CSB Community Center 152 South St, Claremont 10:30 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

BLOOD PRESSURE CLINIC IN NEWPORT Maple Manor Apartments 44 Maple St, Newport 12:45 – 1:30 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

FOOT CLINIC IN WARNER North Ridge Community Room 26 North Rd, Warner 9:30 – 11:30 a.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

#### 4th Monday

FOOT CLINIC IN NEWPORT Newport Senior Center 76 S Main St, Newport 9:00 a.m. – 2:30 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

4th Monday in Feb, Apr, Jun, Aug, Oct & Dec

FOOT CLINIC IN NEWPORT Maple Manor Apartments 44 Maple St, Newport 1:00 – 4:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

4th Monday in Jan, Mar, May, Jul, Sep & Nov

FOOT CLINIC IN CORNISH Cornish Town Hall 294 Town House Rd, Cornish 1:00 – 4:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

#### 4th Tuesday

BLOOD PRESSURE CLINIC IN CORNISH Cornish Town Hall 294 Town House Rd, Cornish 11:15 a.m. – 12:15 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

BLOOD PRESSURE CLINIC IN CLAREMONT Marion Phillips Apartments 243 Broad St, Claremont 1:00 – 2:00 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

#### 4th Wednesday

BLOOD PRESSURE CLINIC IN WARNER Warner Senior Center 49 W Main St, Warner 10:30 a.m. – 12:00 p.m. Provided by Lake Sunapee Region VNA & Hospice.

Free and no appointment needed.

FOOT CLINIC IN NEWPORT Newport Senior Center 76 S Main St, Newport 8:30 a.m. – 3:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

4th Thursday

BLOOD PRESSURE CLINIC IN PLAINFIELD Plainfield Town Hall 110 Main St, Plainfield 11:30 a.m. – 1:30 p.m. Provided by Lake Sunapee Region VNA & Hospice. Free and no appointment needed.

4th Friday

FOOT CLINIC IN WARNER Warner Pharmacy 11 East Main St, Warner 9:30 a.m. – 12:00 p.m. by appointment only \$25 fee Provided by Lake Sunapee Region VNA & Hospice. Doctor's order required for those with diabetes or circulation problems. Call 603-526-4077 for appointment.

#### "The Diary Of Anne Frank" To Be Presented

NEWPORT, NH--On November 11th, the Performer's Playground's studio on John Stark Highway will come to life, presenting "The Diary Of Anne Frank", the story of a brave and precocious young girl as she and her family spend 2 1/2 years in the secret annex that became their home during the final years of World War II.

The cast of "The Diary of Anne Frank" is made up of talented Sullivan County youth ages 12 - 17. But don't let their ages fool you. This cast and crew have dedicated over 70 hours to this production. Many have also taken part in an Extended Learning Opportunity in partnership with Newport High School, where they have learned the time-period, politics, and circumstances around the rise to power of the Nazi party and the events that brought the Frank family to the secret annex.

The show opens November 11 and runs through November 19. Tickets are \$10 adult and \$5 students. More information can be found at <u>www.theperformerplayground.com</u>.

Come One, Come All

\*\*\*\*\*

**Annual Craft & Vendor Fair** 

November 12<sup>th</sup> 9:00am-3:00pm at the Windsor Rec Center 29 Union Street, Windsor VT.

25+ Crafters will be selling homemade gifts/crafts as well as local vendors with cash and carry items.

Erdimae's will be onsite with some delicious concessions.

Happy Holidays!





#### Remembering Loved Ones...

## Life Tributes 70

#### Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

#### www.etickernewsofclaremont.com

#### Yvonne T. Ferland, 94

Yvonne T. Ferland, 94, passed away on Saturday, October 29, 2016 at the Elmwood Center in Claremont, NH.

She was born in Claremont on September 15, 1922, the daughter of Arthur and Eva (Coyer) Drapeau.

Yvonne was a graduate of St. Mary High School in Claremont.

She retired from F.W. Woolworth in December of 1974 where she had worked as a clerk for ten years and previously worked for Hartford Element Company and Green Mountain Sportswear.

The family includes her son, Dennis A. Ferland and his wife, Lynn, of Claremont; her daughters, Ann B. Springer, of Michigan City, IN, and Stella Lambert and her husband, Donald of Port St. Lucy, FL; 6 grandchildren and 10 great grandchildren.

She was preceded in death by her parents, her 1st husband, Alfred Dupree, who died in WWII 1944, and by her 2nd husband, Andre Wilfred Ferland, whom she was married to for 50 years until his death in 1998; brother, Henry R. Drapeau; sisters, Rose D. Smith, Blanche Baldasaro, and Cleo Connally; daughter, Lynn D. Nelson; son-in-law, Alvis Springer, and grandson, Heath Michael Titus.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Tuesday, November 1st, from 4 - 6 PM.

A Mass of Christian Burial will be held at St Mary Church in Claremont on Wednesday, November 2nd, at 11 AM with Father Shawn Therrien officiating. Burial will follow in St. Mary Cemetery.

#### Richard E. McCusker, 91

Richard E. "Dick" McCusker, 91, formerly of Claremont and Charlestown, NH, died on October 28, 2016.

He was born in Claremont, NH, on October 18, 1925, the son of Henry W. Sr. and Helena (Malbourn) McCusker. He was a graduate of Stevens High School, Class of 1943. He also graduated from Northampton Commercial College with a degree in Business Administration and New England Institute of Anatomy and Sanitary Science in Boston, MA. During WWII Richard served with the NH State Guard under Captain Harold Turner at the National Guard Armory on School Street in Claremont. Richard had been employed by McCusker Funeral Home from 1946 to 1962 when he purchased the funeral home from his parents. He established the Charlestown Memorial Chapel and later purchased the Joseph Sullivan Funeral Home in Newport, NH, and established the Park Street Home for Funerals. He then purchased the Aldrich Huntley Funeral Home in Keene, NH, and transferred those assets to the McCusker Funeral Home. He later sold the Newport Funeral Home to Clinton Bartlett. Richard was a former member and chairman of the Sullivan County Board of Commissioners, former member of the Governments Crime Commission for the State of NH. He also assisted his wife who was the president of Granite State Memorials. He sold the McCusker Funeral Home and Charlestown Memorial Chapel in 1972. He was a member of Trinity Episcopal Church and served on the vestry of the church.

He is survived by his children, Ann McCusker and her family, Claremont, NH; his daughter Joan and her husband, Ron Johnson, Charlestown, NH; his son, Patrick McCusker and his wife, Carolye of Texas; his

# Eyes love dark green. So do I.

-Dr. Sam Giveen

Dark green, leafy veggies like spinach, collard greens and kale are good for your eyes. Eat a diet rich in dark, leafy greens, and it can go a long way

toward preventing macular degeneration. Call it tasty preventive medicine. Just start early. Eat your dark greens.

(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital)



daughter Elizabeth McCusker of Vermont; several grandchildren, great grandchildren, great great grandchildren his sisters Janet and Marjorie and many nieces and nephews.

"Dick" was predeceased by his wife, Doris (Descoteau) McCusker who died on February 28, 2015, his parents, his brothers, Henry "Bud" McCusker, Jr. and Carter McCusker.

Funeral services will be held at 1:00 pm on Tuesday (Nov. 1) at Trinity Episcopal Church, 120 Broad Street with the Rev. Janet Lombardo, officiating. Interment will follow in Union Cemetery.

Friends may call at the Roy Funeral Home, 93 Sullivan Street, Claremont, NH, on Tuesday from 12:00 pm until the funeral procession leaves for the church.

You are invited to share a memory of Richard with the family or leave a message of condolence in the family guest book at <u>www.royfuneralhome.com</u>.

Arrangements have been entrusted to the Roy Funeral Home and Cremation Service.

#### Hayford Davis, 67

Hayford "Red" Davis, 67, of Charlestown, NH, died on October 26, 2016, at his home. He was born in Morrisville, VT, on November 15, 1948, the son of Leo H. Davis and Emma W. (Ruggles) Connolly.

Red had worked for Beaudry Enterprises as a heavy equipment operator and previously for Putnam Farms and Okemo Mountain.

He enjoyed riding his motorcycle, watching baseball and was a Red Sox fan. He loved his saw sharpening business and visiting with neighbors and friends.

The family includes his wife, Sylvia (Charlton) Davis whom he married in June of 1970; two daughters, Victoria, Kennett and her husband, John and Michelle Silver and her husband, Victor all of Charlestown; four grandchildren, Angela Kennett, Evan Kennett, Emmalee Limoges and Erinn Limoges; three great grandchildren, Madison, Ryleigh and Kayleigh; one brother, Donald L. Davis of Springfield.

He was predeceased by his parents and a sister, Donna Fulton.

Visiting hours will be held at the Charlestown Memorial Chapel on Main Street in Charlestown on Saturday, November 5th, from 2 to 4 PM. A reception will follow at the Charlestown VFW.

In lieu of flowers, donations may be made to the family to help with cost of a monument.

#### Jeannette L. Morse, 51

Jeannette L. Morse, 51, of Windsor, VT, died on Tuesday, October 25, 2016, losing her battle with cancer at Mount Ascutney Hospital.

She was born in Springfield, VT, on Nov. 20, 1964, the daughter of Elmer and Charlotte (Wilson) Lawrence.

She had been working for the Eagle Times as a delivery driver and had previously worked for Rogers Fabricare.

Jeannette enjoyed hunting, fishing and her cats. She loved spending time with her grandchildren. Her and her husband had just celebrated their 25th anniversary.

The family includes her husband, Kenneth E. Morse Sr. of Windsor whom she married on October 15, 1994; two sons, Thomas Sperry of Springfield, VT, and Timothy Wright Jr of Lempster, NH; her step-children, Kenneth Morse of Claremont, NH, Tina Champney of Lempster, NH and Jessica Morse of Bellows Falls, VT; 17 grandchildren; three brothers, Anthony Lawrence, Kenneth Lawrence Sr., and Bryan Lawrence all of Springfield, VT and many nieces and nephews.

She was predeceased by her parents and a grandson, Colby Eric Morse.

The family would like to thank Maggie Moore and the staff at Mount Ascutney Hospital for their excellent care of Jeannette.

A funeral service was held Saturday at the Funeral Home with Rev. Dale Nicholas officiating. Burial followed in Edminster Cemetery in Cornish.

Donations may be made in her memory to the American Cancer Society.

#### Barbara M. Daupin, 94

Barbara Maud (Clark) Dauphin, 94, died at her home on Monday (October

24, 2016) surrounded by love. She was born on December 29, 1921, to Maud and Merton Clark of Guilford, VT., where she grew up on the family farm with her older siblings Ken, Elizabeth, Marjorie, John and Rodney. She preferred helping her beloved father and brothers with the farm chores to playing with her sisters. She loved walking barefoot to school, where her sunny disposition made her a favorite of teachers and classmates alike. After graduating from Brattleboro High School in 1936, Barbara attended Castleton Normal School, earning her teaching certificate in 1939. Soon after, she married her college sweetheart, Albert and they settled in Claremont. She taught at Ottaquechee Special Needs School, where Al was founder and principal, helping students learn to cook, shop, clean and sew, and especially appreciate and care for each other. Barbara worked at first at Sears & Roebuck, then at the welfare agency, helping to improve other families' lives. Her retirement years were spent gardening, traveling, taking cruises, square dancing, visiting family and friends and growing blueberries. A member of St. Mary Parish, she spent several years as its secretary, as she did for AARP's Claremont Chapter.

Barbara was predeceased by her husband in 2006.

In addition to her sister, Marjorie Evans of Guilford, she leave behind five children and their families; Joan D. and David Buck, of Peterborough; Jeanette D. Girard and Richard Malloy, of Keene, Andrew J. Dauphin and Tony Zullo; Robert F. and Carol G. Dauphin, of Claremont; David A. Dauphin and Bruce Murphy, of Gilsum; eight grandchildren, six great grandchildren; and many nieces, nephews and cousins.

A Memorial Mass of Christian Burial was celebrated at St. Mary's Church on Friday with the Rev. Shawn M. Therrien, pastor, officiating. Committal followed in St. Mary's Cemetery. In lieu of flowers, contributions may be made to the Hospice Client Fund, Lake Sunapee VNA and Hospice, 107 Newport Road, New London, NH 03257.

You are invited to share a memory of Barbara with the family or leave a message of condolence in the family guest book at <u>www.royfuneralhome.com</u>.





## HAND HEALTH Cynthia Weinberger, OT/L, CHT

Learn about the different types of arthritis and ways to manage your joint pain.



## **TAIJIQUAN:** Movement for Better Balance<sup>™</sup> Judy Thackaberry, PT, DPT, GCS

Come learn about what everyone is talking about. Tai Ji Quan is a gentle exercise class based on Tai Ji movements, that have shown to reduce falls and improve quality of life.

## Thursday, November 10, 2016 12:30 pm

**Claremont Senior Center** 

5 Acer Heights Road Claremont, NH 03743

Questions? Call Cynthia at (603) 542-1878

Join us for some free healthy refreshments!

Presentations Provided By:







Valley Regional Healthcare



# Sullivan County Humane Society **Benefit Dinner** The Common Man November $15^{\text{th}}$ , 2016 5 to 9 pm: \$30 / ticket \$10 of each ticket is donated back to the Humane Society!

- Each ticket includes 1 three course meal from a pre-set menu & 1 non-alcoholic beverage
- Many silent auction items the night of the event

## Call 542-3277 for Dinner Tickets!!



#### **Claremont Fire Dept. Log**

#### Sunday, October 23

2021 E3 responded to North St for smell of burned food.

#### Monday, October 24

0112 E3 responded to Lisa PI for a carbon monoxide problem.

1010 E3, L2, E1 responded to a box alarm on Washington St.

1151 E3 responded to Goss St for a tree on wires.

1333 E3 responded to Barnes Park for a person stuck in a swing.

2031 E3 responded to Bowen St for a medical call.

226 E1 responded to Washington St for a box alarm.

#### Wednesday, October 26

0958 E3 responded to the Airport for a propane leak.

1250 E3 responded to Heritage Dr for a medical call.

#### Thursday, October 27

1036 E3 responded to Sullivan St for a fuel spill.

1537 E3, L2 responded to Kinney PI for a box alarm.

1628 E3 responded to Barnes St for a medical call.

#### Friday, October 28

1043 R1 responded Mutual Aid to Ascutney for a rescue.

1124 E3 responded to Dennison Ave for a public assist.

1556 E3 responded to North St for a public assist.

1836 E3 responded to Chestnut St for a motor vehicle accident.

#### Saturday, October 29

1900 R1 responded to White Hill Rd for a person under a vehicle. 1950 L1 responded to Broad St for a person hit by a car.

#### Join our family at

#### www.etickernewsofclaremont.com

www.facebook.com/etickernews

## Social News

#### **Claremont Senior Center, Inc. News**

#### By Claire Lessard, Executive Director

Our Annual "Winter Fling" Holiday Craft Fair will be held on Saturday - November 5 ... 9 AM - 2 PM. Area Crafters, food concession and our Famous Cookie Sale.

Café Claremont Menu: Tuesday - November 1 ... Monthly Meeting - Soup, baked chicken, oven roasted potatoes,

vegetable, dessert. Thursday - November 3 ... Soup, slow roasted beef, mashed potatoes with gravy, vegetable, dessert. Menu subject to change!

Free Blood Pressure, Glucose & 'Ask-A-Nurse' Screenings on Thursday -November 3 (10:30 AM -12 Noon).

Reminder to turn your clocks back on November 6 (Daylight Savings Ends).

Members and public are invited to a "Hand Health" session presented by Cynthia Weinbergert on Thursday - November 10 at 12:30 PM in the Mozden Room. Learn about different types of arthritis and ways to manage to live with joint pain in your hands. Also, come learn what everyone is talking about... a movement for better balance is a gentle exercise class based on Tai Ji movements shown to reduce falls and improve quality of life. This will be presented by Judy Thackaberry.

Upcoming trip on December 1...Norman Rockwell's "Home for the Holidays" ... a visit to the picture perfect New England village of Stockbridge, MA at the Red Lion Inn. \$101.00 per person. Come to the center and check out the details!

Adult Coloring open to public every Monday (1:00-3:00 PM). Grab your crayons, colored pencils, markers and come on over to the center. Some supplies provided. Bring your personal coloring book to share your finished pages. Members free. Non-members \$1.00.

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. Join us every Monday at 10:00 AM. Fee of \$5.00 for a very relaxing hour.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

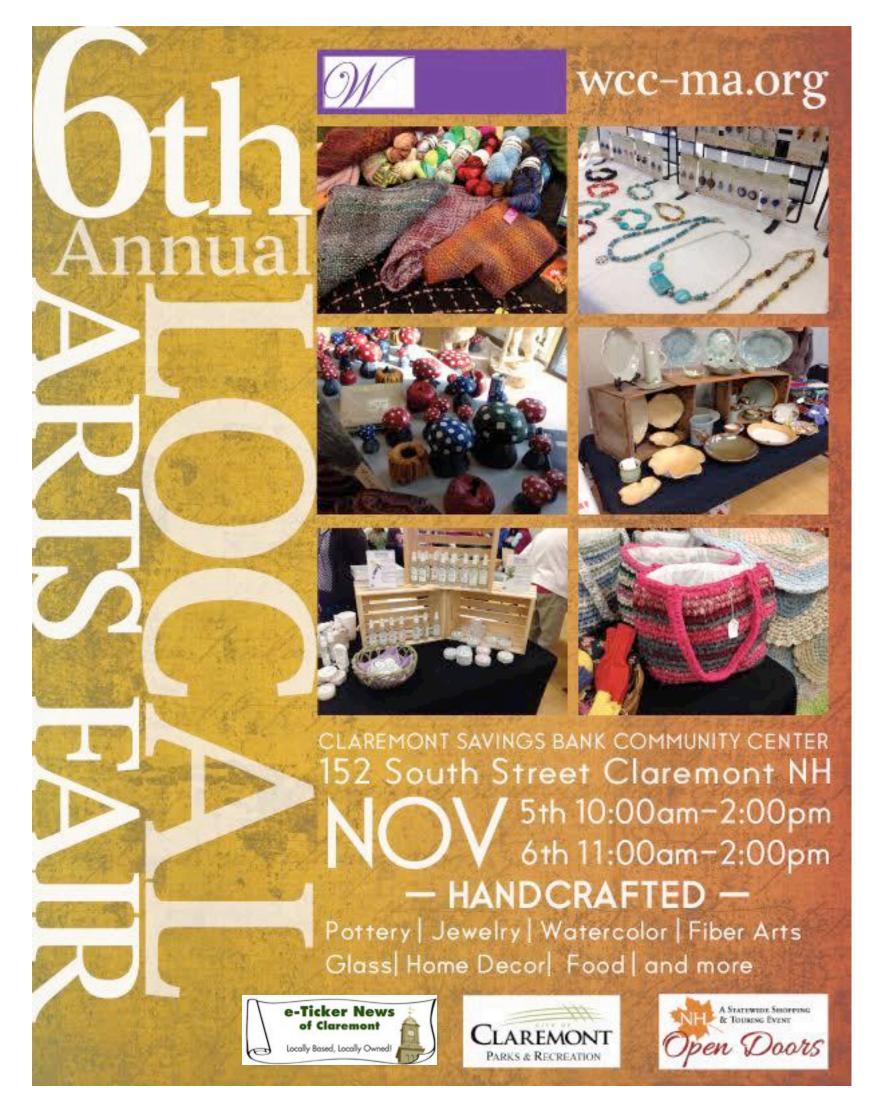
Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Mahjongg, Hand & Foot card game and Pool are popular but other games are available. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg & Knitters - Friday - 1:00 PM. Non-members welcome but must sign in. Three visits allowed before membership is required.

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - vents! Call (603) 543-5998. Visit our website (cnhcs.org.)







The Claremont City Council will hold a public meeting on <u>Wednesday</u>, <u>November 9, 2016</u>, at 6:30 p.m. in the Council Chambers of City Hall.

#### AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY Minutes of October 12 and 26, 2016, City Council Meetings
- 6:40 PM 5. MAYOR'S NOTES A. Pancreatic Cancer Day Proclamation
- 6:50 PM 6. CITY MANAGER'S REPORT
- 7:00 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:05 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))

#### 9. OLD BUSINESS

- 7:20 PM A. Elderly Tax Credit Discussion
- 7:35 PM B. Ordinance 550 Cemetery Policy First Reading
  - 10. NEW BUSINESS
- 7:50 PM A. Lower Hydro Discussion
- 8:05 PM B. Ordinance 551 Water Use Restrictions First Reading
- BREAK
- 8:30 PM C. Resolution 2017-17 Accept and Expend \$1,445.90 from the Go for Food Color Walk/Run – Public Hearing
- 8:45 PM 11. COMMITTEE REPORTS
- 8:50 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:05 PM 13. CONSULTATION WITH LEGAL COUNSEL

#### 9:20 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, December 14, 2016, at 6:30 p.m. in the Council Chambers at City Hall.