

e-Ticker News of Claremont

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Council Passes
\$17M City
Budget; Page A7

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June 27, 2016

New Standing Lincoln Unveiled At Saint-Gaudens

By Phyllis A. Muzeroll
e-Ticker News

CORNISH, NH--Hundreds of people turned out for the unveiling of the new Standing Lincoln piece at Saint-Gaudens in Cornish on Sunday. The size of the crowd was placed at more than 700 attending. Saint-Gaudens National Historic Site is New Hampshire's only national park. The site preserves the studios, home, and gardens of American sculptor, Augustus Saint-Gaudens (1848-1907). The placement of the 12-ft. bronze cast on the grounds is the culmination of the park's golden anniversary celebration. The Standing Lincoln is the first new sculptural addition to the park's landscape since the Shaw Memorial bronze was unveiled in 1997.

In 1885, Saint-Gaudens began working on modeling a monument of Abraham Lincoln for Lincoln Park, Chicago. Saint-Gaudens's friend and attorney, Charles Beaman, enticed the artist to come to Cornish to work on the piece, promising that the area had "many Lincoln-shaped men" who could be used as models.

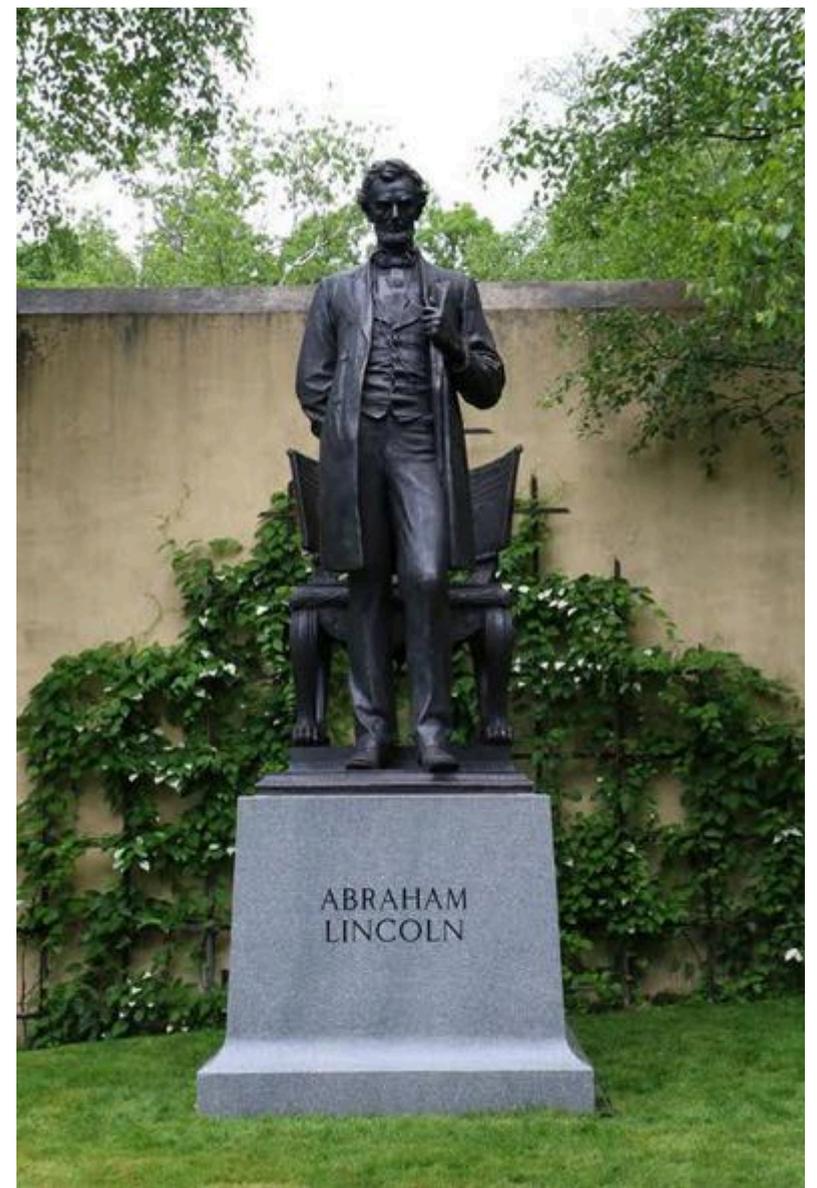
"The Standing Lincoln is in many ways the reason we have a National Park in Cornish today," said Saint-Gaudens National Historic Site Superintendent Rick Kendall. "Saint-Gaudens moved to Cornish specifically to work on this piece and found a local model to pose for the sculpture. It would be the first monument he would complete here in New Hampshire. We would not have a national park in Cornish without this piece, so it is very fitting that a cast of the Standing Lincoln will finally be placed in the park landscape."

Festivities began early afternoon with the 12 Regiment Band performing music that would have been played during the period of the Civil War, and presentations by speakers, including Gov. Maggie Hassan, followed, with the unveiling highlighting the day's

events. Other speakers included Lincoln scholar, Harold Holzer, on "Why Lincoln Matters Today", and Metropolitan Museum Curator, Thayer Tolles, on "Saint-Gaudens the Sculptor". Also appearing was the Youth Voices Ensemble of the

West Claremont Center for Music and the Arts. Students participated from Claremont, Lempster, Charlestown, and Hartford to sing or accompany on flute for "America the Beautiful" at the close of the ceremony. The group was directed by Melissa Richmond, with Angela Biggs as vocal advisor, and Chris Cheon on piano and guitar.

Left to right: Singers: Caitlin Reichert, Nora Perry, Amanda Paccione, Sydney Paccione, Matthew Eagan; Voice and flute: Bethany Perry; Flute: Mariauna King; Alto Flute: Riley McFarland (Photo by Chris Cheon).



Lebanon Police Arrest Harriman In Case Involving Overnight Thefts From Motor Vehicles

Suspect Also Tied To Purse Snatching In City

LEBANON, NH--On June 22, the Lebanon Police Department received multiple reports from residents who reported that they were victims of thefts. Numerous motor vehicles had been entered, and items stolen, while they were parked, overnight.

An investigation ensued which lead to the arrest of Brenden Harriman, age 18, of Lebanon. He was charged with receiving stolen property and possession of controlled/narcotic drugs. Harriman also had an active warrant out of Claremont for robbery; he was charged this past week in a case involving the theft of a purse from a woman in the Hannaford parking lot. On June 19, the Claremont Police Department responded to the Hannaford Supermarket on Washington Street for a reported robbery in the parking lot of the store. On arrival, responding officers spoke with the victim and witnesses. The responding officers learned



Brenden Harriman

that the victim had her purse forcibly taken from her while she loaded her recent grocery purchases into her vehicle. The suspect then fled west on foot through business parking lots.

Responding officers collected information about the suspect involved from the victim, witnesses, and surveillance cameras in the area. Ultimately, the suspect was identified as Harriman. The investigation into the robbery was concluded June 22, with Harriman's arrest. He was arraigned in the 5th Circuit Court, Sullivan County, and held on \$5,000 cash bail.

Due to the amount of items located during the Lebanon investigation, it is believed that additional

thefts were not reported. The thefts occurred in the east section of the city in the areas of Mascoma/Hanover/Bank/ School/Park Streets/ and Rt. 120. Any additional victims should contact Senior Officer Brett Quillia at the Lebanon Police Department, 603-448-1212.

Next Issue To Be Published July 5

With the exception of Christmas, I generally do not take holidays off, publishing on Mondays as per our usual schedule.

However, I've decided to enjoy a rare holiday myself and take Monday, July 4th, off. Therefore, next week's issue will be published on Tuesday, July 5th. Thank you, and have a great holiday!

---Phyllis A. Muzeroll

Clarification

CLAREMONT, NH--In last week's article about the community lunch program for children in Claremont this summer, the article should have stated that all children 18 and younger are welcomed, not under 18.

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The opinions expressed in articles or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, Greater Claremont Chamber Of Commerce

NH Lottery Numbers
6/25/2016

NH PowerBall
3 27 36 56 69 25 2

Mega Millions 6/24/2016
11 14 54 57 63 11 5

Megabucks
4 15 17 38 40 6

Hot Lotto
5 8 14 17 40 15

For more lottery numbers,
<https://www.nhlottery.com/Homepage>

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Guest Commentary

Terrorists Shouldn't Be Able to Buy Guns

By Senator Kelly Ayotte



As we grapple with the aftermath of the worst terrorist attack on our soil since 9/11, where an individual who pledged allegiance to ISIS purchased firearms even after being investigated twice by the FBI, we must set politics aside and take action. That's why I introduced legislation with a bipartisan group of senators to keep guns away from terrorists while protecting the constitutional rights of American citizens.

The Orlando attack that took the lives of 49 innocent people and injured 53 more shook our nation to our core. It was an act of terrorism filled with hatred, and an attack on the LGBT community and on our freedom. And it was a reminder that we have to step up our fight against ISIS so we can destroy their capabilities to plan or inspire terrorist attacks.

However, there's another issue at play here, as the Orlando terrorist had caught the government's eye before. While Omar Mateen wasn't on any government watchlists when he purchased his weapons this June, he had been investigated by the FBI twice and during those investigations was temporarily on the Selectee List – a narrower subset of the terrorist watchlist that requires extra screening at airports. While there is no doubt that we must understand why the FBI removed him from that list and whether more needs to be done to address any gaps in our intelligence gathering capabilities, this situation underscores the urgent need to ensure that terrorists cannot purchase firearms.

It's just common sense that if you're too dangerous to board a commercial airplane, you're too dangerous to purchase a firearm, period.

But on Monday, the Senate failed to advance two proposals offered by Senator Dianne Feinstein (D-CA) and John Cornyn (R-TX) – both of which had failed previously mostly on party lines. I had concerns with both – namely, that Feinstein's proposal was overly broad and lacked sufficient due process protections for Americans, and that Cornyn's may not provide enough time to stop a terrorist from purchasing a gun. Despite my concerns, I voted to advance them in order to force a debate on this issue and find a better solution.

I believe that solution is bipartisan legislation I helped introduce, the Terrorist Firearms Prevention Act. Our measure blocks the sale of firearms to individuals on the No Fly and Selectee Lists – smaller subsets of the terrorist watchlist that contain individuals who pose a heightened risk to our national security and have met criteria above and beyond the broader terrorism watchlist. To be on these lists, credible evidence must indicate that an individual poses a heightened threat of committing an act of terrorism or may be operationally capable of committing a terrorist act. Only approximately 2,700 Americans meet those standards and appear on these lists.

Critically, our measure also allows Americans who believe they have been wrongfully denied their right to purchase a firearm to challenge it in court and receive an expedited ruling, where the burden of proof is on the government. If the government can't provide credible information justifying an American's placement on one of those lists, then the government must pay the individual's attorney's fees and provide for expedited review to remove the individual from either list.

As it relates specifically to the Orlando terrorist, our legislation also includes a "look-back" provision. That means that if an individual was on the broader terrorism watchlist anytime in the past five years and purchases a gun – like the Orlando terrorist – law enforcement is immediately notified so they can take appropriate action.

Here in New Hampshire, members of the law enforcement community agree that this legislation is a feasible solution. Manchester Police Chief Nick Willard said that "true to the New Hampshire way," our measure would "actually be a good step forward." Goffstown Police Chief Rob Browne called it a common sense approach, and Belknap County Sheriff Craig Wiggin said it was an "appropriate, measured response and it balances the needs of law enforcement and national security with the rights guaranteed to us in the Constitution."

Radical Islamist terrorists threaten our security, our way of life, and all of our constitutional rights. As a member of the Armed Services and Homeland Security Committees, a former murder prosecutor, and a strong supporter of the Second Amendment, I refuse to allow terrorists the ability to legally purchase firearms. I refuse to allow ISIS to continue to thrive abroad, to spread their poisonous hatred, or to plan and inspire attacks against our homeland or our allies. Working together, we must defeat this threat. When the Senate voted on Thursday on a procedural measure to advance our proposal, it garnered majority support from both sides of the aisle, showing that this solution has promise. Let's stop the political football and work together on a solution that will keep our country safe by making sure terrorists cannot purchase firearms.

Shaheen Announces \$3.1 Million In AmeriCorps Funding For New Hampshire

WASHINGTON, DC-- U.S. Senator Jeanne Shaheen (D-NH) Tuesday announced that New Hampshire has received more than \$3 million in AmeriCorps funding from the Corporation for National and Community Service (CNCS), the federal agency that oversees volunteering and service programs. The grants will support 169 AmeriCorps members in the state and create additional funding for Volunteer NH, the Granite State nonprofit organization that administers AmeriCorps programs in New Hampshire. The federal investment is projected to generate an additional \$2.7 million in local support.

"AmeriCorps members are an indispensable resource for nonprofits, communities, and the individuals they serve," said Shaheen. "Citizen service is an essential part of the solutions to many of the challenges New Hampshire faces, and we are so glad to have AmeriCorps members and Volunteer NH working hard in Granite State communities."

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<http://www.ayotte.senate.gov/?p=contact>

Rep. Anne Kuster
137 Cannon House Office Building
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phone: 202-225-5206
<http://kuster.house.gov/contact>

**To find out who your local state
representatives/senators are in Sullivan
County, please visit**

<http://www.gencourt.state.nh.us/house/members/wml.aspx>

and click on “Who Is My Legislator”

Letter To The Editor

Thank You For Helping To Make Open Hands Mission The Success It Has Been

To The Editor:

Lone (pronounced Lona) and I just received the last load of produce and other goods to Open Hands Mission of Claremont from Willing Hands! Willing Hands has been so faithful in deliveries. I'll miss the time with Lone and the great drivers from WH, especially Jim.

The time has come for OHMC to move on and allow Claremont Soup Kitchen to assume the privilege and responsibility of serving meals on the weekend. The 10 years we spent serving have been wonderful. The cooperation from the Congregational Church, Grace River, Trinity Episcopal and United Methodist, in particular have made it easier. Thanks also to Sullivan County Young Professionals and our local USPO. The greatest thanks to the Board of OHMC for standing by us through thick and thin. Gracious thanks to Doreen, Rita and Wanda who came down that scary afternoon when I didn't know if anyone would be with me. You made my heart sing!

All these accolades aside, to the faithful volunteers who have come over the years through snow, rain and heat to help prepare meals, serve and clean up - huge smiles and thanks. You are wonderful people and made the work fun and exciting. I will cherish your friendship forever. Finally, I thank the people who came through the years and told us the dinner was great, no matter what! You are loved and remembered forever. I will miss all of the people and carry kind thoughts of you all with me.

Priscilla Hull
Claremont, NH

Ayotte Helps Introduce Bipartisan Bill To Assist Low-Income Families

WASHINGTON, DC--Last week, U.S. Senator Kelly Ayotte joined Senators Angus King (I-ME), Sherrod Brown (D-OH) and Shelley Moore Capito (R-WV) to introduce the EMPOWER (Enhancing and Modernizing Pathways to Opportunity Through Work, Education, and Responsibility) Act. The EMPOWER Act would update the Temporary Assistance to Needy Families (TANF) program and tailor it to better fit the needs of low-income families as they work to become more economically self-sufficient.

The EMPOWER (Enhancing and Modernizing Pathways to Opportunity Through Work, Education, and Responsibility) Act would reauthorize and reform TANF to reflect changes in the American economy and the challenges facing poor families seeking to move up the economic ladder. More specifically, the legislation would modernize TANF to better provide more targeted support for low-income families and their children, connect more adults to the education and job training that can lift them out of poverty, and encourage states to focus on delivering results for low-income families and children.

Specifically, the legislation would:

- Refocus TANF's purposes by adding the goals of reducing deep child poverty and increasing employment entry, retention, and advancement to the program's purposes.
- Remove TANF's marriage penalty by eliminating the program's disincentives to serve two-parent families, which discourage marriage and the formation of two-parent households.
- Increase work participation of TANF recipients by restricting the use of the caseload reduction credit and limiting work supplement payments to those payments that promote transitions to work.

"I'm proud to introduce the EMPOWER Act with my colleagues so we can work together to provide opportunities for individuals in New Hampshire and across the country to get out of poverty," said Ayotte.

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Council Passes \$17M City FY17 Budget; Looming Expenses Remain A Concern

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--It did not come about easily or without angst, but the City Council passed a budget of \$17,011,208 for FY 17 at its Wednesday night meeting. Less anticipated revenues of \$6,609,634, the remainder will need to be raised through taxes. In a statement released on Thursday, City Manager Guy Santagate said, "The City Manager's proposed general fund budget presented to the council at the beginning of May had a tax rate effort (the amount actually raised on the tax rate) of \$10,381,174 which would have created an anticipated decrease in the tax rate of \$.16 over the current municipal rate of \$14.97. Last night (June 22, 2016) the City Council approved a general fund budget which will have a tax rate effort of \$10,401,774 which is a net increase in the bottom line of \$20,400 over the city manager's proposed budget. The approved budget is anticipated to decrease the tax rate by \$.13 over the current municipal rate of \$14.97."

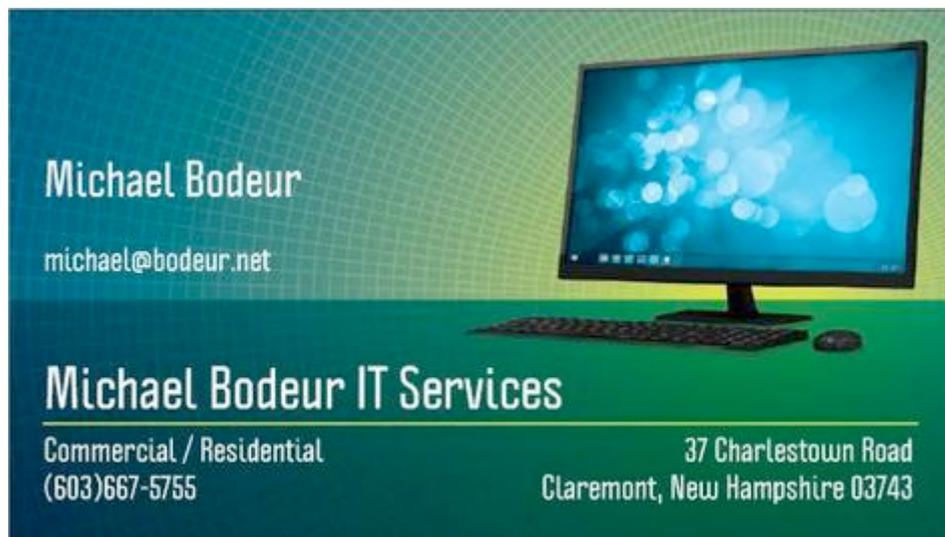
Over the nearly four-hour meeting, councilors went back and forth on what they could support and what they couldn't but ended up adding \$111,900 to the budget that Santagate had originally proposed. That figured included \$49,400 for gear for the fire department, \$40,000 for marketing for the Planning and Developing Office, \$6,500 for updated software for the library, \$13,000 for the Summer Celebration/fireworks and \$3,000 for Arrowhead. Following that, the council passed a recommendation by Councilor Allen Damren to cut \$50,000 from the budget, leaving it up to the city manager on where to make the cuts. Damren said the amount of \$50,000 didn't represent anything in particular.

Throughout the course of the meeting, Councilor Bruce Temple aired his deep concerns about spending as well as large expenses that loom in the City's future, including union negotiations, increases in water and sewer rates and roadwork on Washington. He still expressed his belief that \$250,000 could be cut somehow from the proposed budget. A vote to make that large a cut failed. DPW Director Scott Sweet also told the council Wednesday night that the City is facing two large unexpected expenses regarding drainage, costs that are not covered by water or sewer enterprise funds. One is a sinkhole developing in the parking lot owned by APC, and is part of what is called the "Tyler Brook Corridor". Sweet said that they had a company on site Wednesday that ran a camera down into the problem area and what they saw was, in Sweet's words, "scary", and included wooden timbers holding up part of the culvert. A temporary fix is estimated to cost \$5,000 to \$10,000; the permanent fix is being placed at \$750,000 to \$1 million. Because this is a drainage problem, the repair work money cannot come from the water or sewer enterprise funds.

Sweet also told the council about a second drainage culvert, one that is collapsing on the site of the former Gary's Auto on Maple Avenue. That area is being prepared for additional parking for NFR across the street; Sweet said the problem needs to be addressed before the parking lot is installed or that it would double the cost of the estimated pricetag of \$40,000 to \$50,000.

Concerns over funding a maintenance position at the CSB Community Center somewhat took a backseat at the meeting and didn't seem to garner the attention it had the week before. No money was funded for the request. Mayor Charlene Lovett suggested doing an efficiency audit at the center to find other ways to improve maintaining the facility. Jim Feleen, a member of the Parks and Recreation Commission, strongly advocated for the position. Concerns

have been raised by both members of the commission and the council that steps must be taken to ensure that the facility is properly maintained to avoid a repeat of what happened to the former Goodwin Community Center and how it fell into disrepair over the years. Feleen said that what is happening with the culverts as outlined by Sweet is a good example of what happens with deferred maintenance. Santagate said that while the proposal has merit, he just couldn't find the funds for it. "Lots of things have merit," he said.

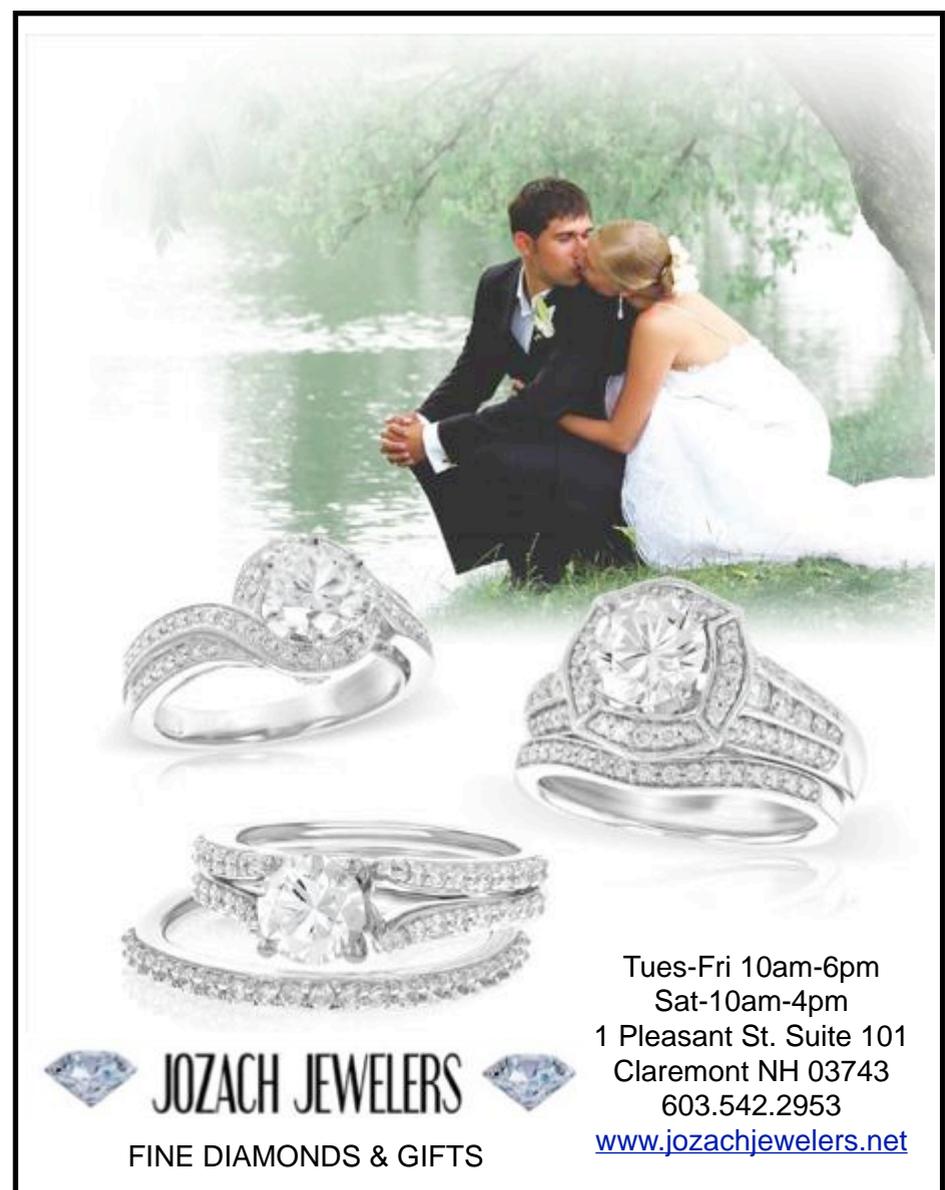


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Candidate Cryans In City Meeting Supporters

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH--Ten-term County Commissioner Michael Cryans of Hanover, who filed for the District 1 Executive Council seat earlier this month, was in Claremont Friday meeting with supporters and activists helping his campaign. Following his meeting, he stopped by the *e-Ticker News* before returning home to Hanover. The district, which is comprised of 108 towns and four cities (Berlin, Claremont, Laconia and Lebanon), covers the upper two-thirds of the state and contains 20% of the population, making it the toughest district to represent geographically.

Cryans ran against Republican Joe Kenney two years ago in a tight race. Kenney is being challenged by Paul Carreiro of Orford in the Republican primary. Cryans said he will prioritize combating the heroin/opioid/fentanyl epidemic, vote "yes" on funding Planned Parenthood health programs, work to improve New Hampshire roads and bridges, expand opportunities for young people in order to curb their

exodus from the state, eliminate partisanship from voting on qualified government appointments, and expand broadband in District 1. He said he believes that constituent service is essential for this Northern district in order to connect its residents with the state capital.

Although it's still early in the campaign season, Cryans said he is already working hard to make up the difference in his loss to Kenney two years ago. He is particularly interested in stopping the "mass exodus of young people,



Mike Cryans met with the NH House delegation from Claremont on Friday. From left: Andrew O'Hearne, Ray Gagnon, Cryans, Larry Converse and John Cloutier (Courtesy photo).

we need to find ways to retain them and provide opportunities for young people to come back, to want to come back when they leave the state for college," he said.

He also said his experience from Headrest, which he ran for 10 years, would help him "to work on a multi-prong approach to the drug epidemic through awareness, prevention, drug court, Narcan, treatment and recovery. We need to take a strong approach as too many young people are dying. This is the number one crisis of our time."

Cryans described the Executive Council, with which many residents are not very familiar, as a mechanism that ensures checks and balances on the the governor's office. "We make sure contracts are vetted, all those that are \$25,000 or more have to go through the executive council," he added.

Sullivan County Dems To Meet

CLAREMONT, NH--There will be a meeting of the Sullivan County Democrats Tuesday, June 28, 7:00 p.m. in the Conference Room of the Moody Building, 24 Opera House Square in Claremont. Alyssa Walker the Sullivan County Organizer as well Kyle Villemain from the Kuster Campaign will be attending.

All Democrats in Sullivan County are welcome.

CITY OF CLAREMONT CITY MANAGER EXECUTIVE SEARCH FIRM SERVICES

The City of Claremont, New Hampshire is seeking proposals from qualified firms/providers to perform executive search services for the position of City Manager. The City of Claremont will accept statements of qualifications from firms/providers interested in providing the requested services.

Statements of qualifications must be received no later than 2:00 P.M., local time, on July 15, 2016, by the Clerk to the City Council, City Hall, 58 Opera House Square, Claremont, NH 03743.

Proposal documents are available by accessing the City's web site at <http://www.claremontnh.com/government/bids-and-public-requests.aspx> or by contacting the Office of the Clerk to the City Council at 603-542-7002.

Charlene Lovett, Mayor

City of Claremont New Hampshire

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CLAREMONT—This mid-century charmer has been updated to include standing seam roof, Anderson replacement windows, nicely remodeled bath, Anderson slider in the dining room to the rear deck, plus a lovely gas log insert in the fireplace. Hardwood flooring, large master bedroom with double closets, formal dining room, and a private backyard. Turn-key including the furnishings! **\$139,700 (MLS#4495371)**



CHARLESTOWN— Affordable small Bungalow with living room, eat-in kitchen, one bedroom, and finished porch /mud room into kitchen. New kitchen and living room flooring, fully appliances, and attached carport. Potential for some finished space in basement! **\$67,000 (MLS#4495406)**



CHARLESTOWN—Property is being used as a two family home but can be converted to single family with ease. First floor has replacement windows, hardwood floors, and new carpet. Detached two car garage and a level lot in an in-town location close to all services. **\$82,000 (MLS#4495740)**



LANGDON— Large 4 bedroom, 2 bath home located which will need a rehab loan or a cash buyer. Situated on 4 lovely acres, this 2300+ sq ft. home has wood floors, fireplace, built-ins, and natural wood-work. Priced significantly below assessed value! **\$109,900 (MLS#4496445)**



ACWORTH— Two bedroom home on a 3.3 acre lot in historic Acworth, NH. Private water and sewer, detached 2-car garage, covered porches, and a peaceful location on a public road in the Fall Mountain School District. **\$96,900 (MLS#4496489)**



ENFIELD— Shared deeded Mascoma Lake waterfront across the street! Bring your watercraft and enjoy this 1155 acre oasis of year 'round activities. The 2 bedroom Camp offers year 'round lakefront living in a wonderful community. **\$102,000 (MLS#4496496)**



LEBANON— Easy one floor living in a great neighborhood just 10 minutes from Dartmouth Hitchcock Hospital and Dartmouth College. Three bedrooms and a full basement for expansion if you need it. Standing seam roof for easy maintenance and a nice big lot for children and pets. **\$125,000 (MLS#4496643)**



NEWPORT— Very well maintained and upgraded home with vinyl siding and new windows, level back yard with deck, garden area, and new privacy fencing. Enclosed 3-season porch on the front, newer carpet over hardwood flooring in living room and bedrooms. Stainless steel appliances, dining room off kitchen flowing to the living room, and a location offering easy access to downtown amenities. **\$120,000 (MLS#4497558)**



CLAREMONT—This classic 3 bedroom, 1.5 bath Bluff home has recently been given a wonderful new life. Newly refinished hardwood floors, new upstairs bath, and the first floor now has a half bath and a laundry room/mudroom/playroom. This work of art even has a Buderus heating system. **\$129,900 (MLS#4498391)**



CLAREMONT— Nice level yard with deck for summer entertaining! 3 bedroom Cape with 2- car garage next to Veterans Park for easy enjoyment of playground, baseball games, and other events. **\$134,900 (MLS#4499247)**



CLAREMONT— An oldie but goodie! Very spacious rooms in this New Englander with hardwood floors, master bedroom with an adjoining enclosed porch, and formal dining room with built-ins. Lovely level lot and a two car garage. **\$109,000 (MLS#4499596)**



CLAREMONT—This 3 bedroom Bluff home has lots of charm and has been well maintained. New wiring, newer Buderus boiler, hardwood floors, newer windows, great front porch for relaxation, and a detached two car garage. **\$124,900 (MLS#4499689)**

Classified Ads

CRESCENT LAKE



Acworth - Waterfront year round home on nearly an acre. House sets back from road and close to the water. 134 ft. frontage on this beautiful lake. 3 bedrooms, living room has one wall of windows facing the lake. Fireplace, wood stove, whole house generator. Eat in kitchen with lots of cabinets. All ready for you to move in! It's all here. **See MLS # 4484288 for more photos. \$325,000.**



Bonnie Miles



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Ann's Property Of The Week

**23 Petrin Heights
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MLS # 4487784 \$154,000

Ann Jacques

Greater Claremont Board of REALTORS

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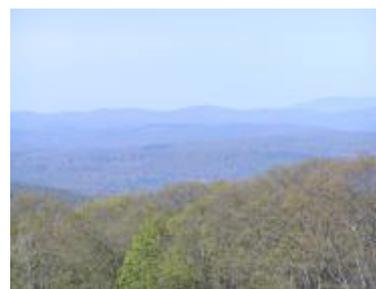
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Classified Ads

Summer Reading Program At The Fiske

CLAREMONT, NH--Summer Reading Program registrations began Wednesday, June 22, at Fiske Free Library. They will last through Friday July 15. Get ready to get On Your Mark, Get Set ... READ!!

On Tuesdays beginning June 28th and finishing up on July 26th, Toddler Time will return. It is at 10.30 a.m. and is open to children birth – 36 months old. Children are invited to learn finger plays, short songs, nursery rhymes and hear a story or two. There will be a Drop-in Coloring Craft on Thursday, June 30, 11 a.m. - 3p.m. for ages 3 – 12. You will be able to color your own Sports Visor. Use your imagination and have fun.

Happy July 4th to everyone!! Fiske Free Library will be closed on Monday, July 4, in observance of Independence Day.

All programs are free and open to the public.

Monthly Themes Help Stock Food Shelf

BROWNSVILLE, VT--Brownsville Community Church's Outreach, Mission & Fellowship Committee has implemented monthly community-wide, thematic/seasonal food drives. The goal is to help keep the Reading/West Windsor Food Shelf well-stocked so they can best serve the 80 plus families who are dependent upon them year 'round. These monthly themes are in addition to any regular food and /or monetary donations. The focus in June has been Oral Health, toothbrushes, etc. Looking ahead to July, the theme will be Picnic/Condiments and Kid-Friendly Foods for Summer.

Donated items can be dropped off at the Brownsville Church on Sundays, at the Ley's house (Parris Hill Farm) on Brownsville Hartland Road (802-484-3200) or at the food shelf collection box at the Brownsville Post Office.

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Three years of secretarial experience and/or specialized training required.

How to apply: For a full position announcement and to submit an application online, go to website: <https://jobs.usnh.edu>

UNH is an AA/EEO Employer and is committed to excellence through the diversity of its faculty and staff and welcomes women and minorities to apply.

Free Intro to Web Development Workshop

CLAREMONT, NH – Interested in building your own webpages? Want to learn to code? Join us for this introductory workshop series, and learn the fundamentals of building a webpage using HTML, CSS and JavaScript (if you have no clue what those are, no worries, you'll learn!) Learning these programming languages will get you started developing for the web and create a foundation for exploring the wonderful world of code.

Intro to Web Development consists of six classes, with one class per week for six weeks. All classes are free of charge, and all ages and levels of experience are welcome. When (First Class): Tuesday, June 28th, 6:00-7:30 p.m.; where: 2nd floor Community Room, 31 Pleasant St., Claremont.

View the full schedule and RSVP at: www.claremontmakerspace.org/events.

The Shana Stack Band At Arrowhead On July 3rd

CLAREMONT, NH--The Claremont Summerfest Concert Series continues with a fun-filled time of

country music, line dancing and other varieties of music from rock to blues, on Sunday, July



3rd. The day will feature The Shana Stack Band with special guest Boarderstone and Copperhead Line Dancing with Conrad Farnham.

The Shana Stack Band won the 2016 Limelight award for "Live Act Of The Year" and is the recipient of many other awards. So come see the Shana Stack Band live and in concert at the Arrowhead Recreation Area in Claremont, across from the Community Center. Also on site will be food and other vendors, a beer and wine garden, face painting and other craft activities.

Admission is \$10, 12 and under are free. Get your tickets online at

www.claremontsummerfest.com, at Arrowhead (email arrowhead@arrowheadnh.com to make arrangements), at the Claremont Chamber of Commerce office or at the gate.

You don't want to miss this show! Bring your chair, blanket, and sun umbrella and enjoy the concert. Security checks at the gate; no alcohol, drugs or glass containers. Gates open at 2PM, Boarderstone goes on shortly after, fol-

lowed by some line dancing lessons and concluding with The Shana Stack Band.

Vendors include AJ's catering with fried dough; Arrowhead Rec Club with cold drinks, hot dogs, burgers and sausage grinders; Farro Deli with Ice cream; Mt. View Fudge with fudge and kettle corn and Sweet Fire BBQ running the beer and wine garden.

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Local Student To Attend 72nd Session of Granite Girls State

PLAINFIELD, NH--Virginia Drye, who is home-schooled in Plainfield, NH, has been selected by the American Legion Auxiliary Guyer-Carignan Unit #22 to attend Granite Girls State. Drye will meet approximately 100 other students from communities throughout New Hampshire also selected to attend Granite Girls State.

Granite Girls State is a mythical state patterned after the state of New Hampshire and follows New Hampshire's government procedure as closely as possible. It is a program of the American Legion Auxiliary and is for high school girls who have completed their junior year of high school. They will learn first-hand how the State of New Hampshire and their local town and city governments work. The students will elect their own town, city, county, and state officials. They will have a chance to act out a typical city, town, and county meeting. They will also receive knowledge of the two-party system, hold a caucus and hold primary elections, a convention rally, and general legislative sessions. They will have their own legislature where they introduce, debate, and make their own bills.

Granite Girls State is being held at Saint Anselm College in Manchester, NH, the week of June 26- July 1st. The students will spend an intense week of study, working together as self-governing citizens. The American Legion Auxiliary selects these young women and finds sponsors to help pay the cost.

Two of those attending will be selected to go to Washington, DC, to represent New Hampshire at Girls Nation. They will be among 100 girls selected nation-wide to represent their state. While there, they will learn about the federal government, possibly meet President Obama, meet the senators and representatives from New Hampshire, and visit several memorials, including Arlington Cemetery.

Fatal Motor Vehicle Crash, I-89, Enfield

ENFIELD, NH--On June 20 at 6:49 p.m., troopers from Troop D and Troop C responded to Interstate 89 northbound near Exit #14 for a

report of a motor vehicle that had traveled off the left side of the roadway and rolled over in the grass median.

Troopers at the scene determined that the vehicle involved was a pickup truck towing a car on a trailer and had lost control and rolled over in the median. The male driver was ejected from the pickup truck. There were three other occupants in the pickup, and all were transported for medical treatment in Lebanon, NH.

The male driver was pronounced dead at the hospital and the other three passengers sustained non-life threatening injuries. Those involved in the accident were later identified as Kenneth Stone Jr., the driver, 36, Duxbury, VT. Stone later died as a result of his injuries at Dartmouth Hitchcock Medical Center. The other passengers were identified as: Colon William (front passenger) 27, Duxbury, VT; Jessica Wright (rear seat passenger) 36, Duxbury, VT, and a 14 year old female juvenile who was in the also in rear seat. The other passengers sustained non-life threatening injuries.

The north-bound high speed lane at exit 14 was shut

down for approximately two hours.

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e-Ticker Business News

Harvey-Smith Appointed To American Association Of Community Colleges Board Of Directors Executive Committee

CLAREMONT, NH--Dr. Alicia B. Harvey-Smith, President of River Valley Community College in Claremont, Keene and Lebanon, has completed her first year of a three-year term on the Board of Directors for the American Association of Community Colleges (AACC).

AACC is a nonprofit organization whose overriding mission is to "Build a Nation of Learners by Advancing America's Community Colleges." Harvey-Smith serves on the 32-member governing Board of Directors representing the nearly 1,200 member Community Colleges.

As of this July, Harvey-Smith will begin serving on the Executive Committee for AACC's Board of Directors. On the Executive Committee, Harvey-Smith, along with the seven other committee members, will lead the Board of Directors. Service on the Executive Committee also includes leadership to a specific focus area, she has been appointed to serve as Chair of the Committee on Community College Advancement of the American Association of Community Colleges' Board of Directors. The Committee on Community College Advancement advises on membership communications, marketing strategies, media relations, aspects of fundraising and awards' programs; considers resolutions submitted by commissions, councils and members; and advises on convention, workshop and other programs.



Alicia B. Harvey-Smith

Harvey-Smith has more than 25 years of experience in educational leadership, instruction, training, development and consulting. She is a graduate of the Harvard Institutes of Higher Education's New Presidents Academy; earned a Ph.D. from the University of Maryland, College Park; a Master's of Science Degree from The Johns Hopkins University; and a Bachelor's of Science Degree from Morgan State University.

"My first year of service on the AACC Board of Directors has been very rewarding both for me and for River Valley Community College. I am honored to be selected to serve on the AACC Board of Directors Executive Committee where I am able to join my colleagues on the national stage in support of the mission of the Community College. I look forward to continuing to make connections and build partnerships that support the future we are envisioning at River Valley Community College," said Harvey-Smith.

River Valley Community College is one of seven colleges in the Community College System of New Hampshire, offering over thirty associate degree and certificate programs in Claremont, Keene, Lebanon and Online. Scholarships and Financial Aid are available. Visit www.rivervalley.edu to learn more.

Neilsen Employee Of The Month At Mt. Ascutney Hospital

WINDSOR, VT – Mt. Ascutney Hospital and Health Center (MAHHC) has selected



Tammie Neilsen

Tammie Neilsen as Employee of the Month for
(Continued on page A16)



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e-Ticker Business News

Employee, from A15

May. Neilsen, who has worked as a phlebotomist in the Hospital's laboratory for six years, was cited by her supervisor Erik Schutz, Laboratory Manager at Mt. Ascutney Hospital, for her professional skill and congeniality.

Schutz noted, "Tammie is not only dedicated to high standards in her work, but is also a wonderful team player. She willingly takes on extra hours and duties when needed. Her expertise, helpfulness and caring are greatly appreciated by everyone she works with."

Neilsen lives in Claremont and has worked at MAHHC since June, 2010.

Alert Concerning Smile God Loves U Foundation

CONCORD, NH—Attorney General Joseph A. Foster has issued the following consumer alert to citizens of the State of New Hampshire: All nonprofit charitable organizations doing business in New Hampshire must register with and report to the NH Department of Justice Charitable Trusts Unit. In order to solicit donations, the charity must be in good standing with this office. Organizations that wish to conduct a raffle are required to obtain a raffle permit from the city or town in which the prize will be awarded.

Recently, the Charitable Trust Unit has received complaints from consumers who purchased raffle tickets to support an organization named Smile God Loves U Foundation. While it was created as a New Hampshire non-profit corporation to help people get treatment for heroin addiction, it is not a registered charity with this office.

Smile God Loves U sold raffle tickets to benefit a substance abuse treatment center. The ticket price was \$50 and offered a chance to win two snowmobiles with a trailer or \$12,500 cash. The winning ticket was to be drawn at a local establishment on January 30, 2016 at 12:00 P.M. The drawing did not take place. When consumers called Smile God

Loves U, they were advised that the organization had not sold enough tickets to award the prizes. Although one purchaser did manage to get back the ticket price, it is unclear whether all purchasers have received refunds. Also, the substance abuse center received no funds from the raffle.

Attempts to resolve the matter with Smile God Loves U have not succeeded. Therefore the Attorney General suggests that consumers who bought raffle tickets should contact Smile God Loves U to seek a refund. Consumers with any information concerning this organization should contact the Charitable Trusts Unit at 603-271-3591.

Listeria Concerns Prompt Recall Of Nature Valley Granola Bars

General Mills Inc. has initiated a nationwide recall of four flavors of Nature Valley brand protein and nut bars because of possible contamination with *Listeria monocytogenes* of sunflower kernels provided by SunOpta Inc.

This voluntary recall includes the following products currently in stores or consumers' pantries:

Nature Valley Protein Chewy Bar Honey, Peanut & Almond with Pumpkin Seeds, packaged in five-count boxes with the UPC number 000-16000-47196;

Nature Valley Protein Chewy Bar-Peanut, Almond & Dark Chocolate packaged in five-count boxes with the UPC number 000-16000-45724;

Nature Valley Simple Nut Bar Roasted Peanut & Honey packaged in four-count boxes with the UPC number 000-16000-46475;

Nature Valley Simple Nut Bar Roasted Peanut & Honey packaged in 16-count boxes with the UPC number 000-16000-41308;

Nature Valley Simple Nut Bar Almond, Cashew & Sea Salt packaged in four-count boxes with the UPC number 000-16000-46474; and

Nature Valley Simple Nut Bar Almond, Cashew & Sea Salt packaged in 25-count boxes with the UPC number 000-16000-41301.

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How Can You Declare Your Financial Independence?

Next week, we observe the 4th of July with sparklers, picnics and parades. And living in a country that offers so much freedom, we have a lot to celebrate. But on a more personal level, you may still be working toward another type of independence – financial independence. What can you do to speed your progress toward this goal?

Here are some ideas to think about:

- Free yourself from excessive fear. As an investor, it's not hard to find something to fear. Oil prices, interest rates, political squabbles, even natural disasters – at any given time, each of these factors (and many more) might be blamed for volatility in the financial markets. In response, many people take a "time out" from investing. Don't let fear hold you back. It takes discipline and some mental toughness to stay invested in all economic environments, but if you're constantly jumping in and out of the market, you're almost guaranteed to miss out on the kind of continuity and opportunities you need to move toward your financial freedom.
- Liberate your investments' growth potential. Many investors avoid investing too aggressively, wishing to lower their risk level. And that's certainly not a bad idea. On the other hand, you can easily slip into investing too "safely" by keeping the bulk of your portfolio in investments that protect your principal but offer so little in the way of return that they may not even keep up with inflation. So, try to always maintain a reasonable percentage of growth-oriented vehicles in your portfolio. The exact amount may depend on your age and tolerance for risk, but at virtually every stage of your life, you need some growth potential.
- Avoid the tyranny of debt. It's not easy to stay out of debt. But carrying a heavy debt load is truly a burden – you're not only concerned about making the payments, but you're also depriving yourself of dollars that could be used to invest for your future. Try to do everything you can to live within your means and avoid racking up more debt than is necessary. And when you do whittle down your debts, put that "found" money to work. The more you put in your investment portfolio, the more opportunities you have to reach your objectives.
- Free your thinking about the future. Here's another roadblock on your journey toward financial independence: short-term thinking. Instead of seeking quick gains (which are notoriously hard to achieve), strive for steady growth. Instead of reacting to the news of the day by making impulsive moves, chart a long-term strategy that's appropriate for your needs, and stick to it. Instead of focusing on the losses you might see on one month's investment statement, look back over the progress you've made over the last five or 10 years. In short, worry less about today – and plan for tomorrow.

It will take a lot of time, effort and patience to ultimately achieve your own Financial Independence Day. But once you do, you'll have reason to rejoice – and you won't even need the fireworks.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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Mayoral Notes

By
Charlene Lovett



Forging Ahead

On June 22nd the Council held a public hearing and voted on the budget for FY2017. It was the culmination of two months of budgetary discussion and analysis of the city manager's proposed budget. At the end of the process, there could be no doubt that we are facing a number of fiscal challenges. Creating a strategy that promotes growth, improves efficiency and builds partnerships will be the key to overcoming those challenges.

So, what are the fiscal challenges? Finding the funds to address the infrastructure needs (water, sewer, roads and sidewalks) is probably the greatest challenge. While living in one of the oldest areas of the nation provides us with unique historical opportunities, it can be problematic in terms of infrastructure. Our city still maintains water and sewer pipes that go back to the 19th century, and replacing them is always an expensive project. Given the effect of winters on roads and sidewalks, continual maintenance is a necessity and providing the Department of Public Works the resources to do that is never easy.

Encouraging development in the downtown area in order to relieve the financial stress of a poorly performing TIF district is yet another fiscal challenge. Many successful businesses already exist, but more work needs to be done to fill the empty storefronts and transform his-

toric buildings into economic engines. Renovating older buildings is costly, but the right plan can create a draw that would make historic downtown a destination point.

As in every organization, the workforce is critical to its success and the city is no different. Given that people make up the largest portion of the city's budget, the fiscal challenge is two-fold. How do you attract and keep people who are performance driven, and compensate them? How do you balance the personnel needs of the city administration with the taxpayer's ability to fund those need? People are our most important asset and workforce development is vital.

While there are many fiscal challenges ahead, progress is being made. Even though inadequately funded, roads throughout the city are being paved. Money has been allocated in this budget to upgrade the water and sewer lines along Main Street before paving it and rebuilding the adjacent sidewalks. For the first time, this budget provides Planning and Development with a full-time city planner giving the department more manpower to focus on economic development. Efficiency audits are being discussed as a means of analyzing operating costs and improving efficiencies.

Creating a long term, infrastructure funding strategy will ensure that the momentum is continued and progress is made on an annual basis. Improving efficiencies will maximize tax dollars, and building partnerships will bring new resources into the community. So, while the budget has been finalized, the work has just begun. Working together with a focus on the future, will ensure our success as a community. I look forward to the work and overcoming these challenges with you.

Charlene Lovett is the Mayor of Claremont. Please email questions,

comments or concerns to her at char_lovett@hotmail.com.

Youth Improvisational Acting Workshops At COH

CLAREMONT, NH--A collaboration has formed between Claremont Opera House and World Under Wonder, a small theatre organization run by Sean Roberts. Up until this point World Under Wonder has been just a troupe of adult actors putting on productions for the last three years. Roberts has been the director of these actors and funding the shows himself. Just recently a relationship was formed between this director and the COH to put on improvisational acting workshops on Tuesday afternoons from 3:00-5:00 p.m. on the COH stage, along with stage combat workshops each Thursday from 3:00-5:00 p.m. Both of these workshops are for youth between the ages of 8-19 years old.

The goal of these workshops is to draw in enough youth to the program to then put forth auditions for a full length play. The show's practices and performances would be at the COH under Roberts' supervision and direction. He plans to have auditions the week after his adult cast puts on "The Picture of Dorian Gray" on July 16th at 7:00 p.m. on the COH stage.

The Mission of World Under Wonder is "to provide personal growth and windows to creative exploration through the performing arts". Roberts also works with the Newport Middle High School as the director of their theatre program. He hopes for this to be one more way to work with both adults and youth in the community to help foster a mentality of diversity and imagination.

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Coffee With The Sunapee Police Chief

SUNAPEE, NH--Sunapee residents are invited to join David Cahill, Sunapee Chief of Police, on Wednesday, June 29, from 7:30 to 8:30 a.m. at the Sunapee Safety Services Building for coffee and conversation. This is an opportunity for you to get to know your chief and to learn about the duties, functions and operations of your police department and about community policing. Maybe you have a community concern to talk about, or maybe you just want to gab.

This month, the Chief's special guest will be J. William Degnan, State Fire Marshal and Director of the NH Department of Safety's Division of Fire Safety.

Coffee and refreshments provided by the Sunapee Police Benevolent Association.

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Cone Foundation Scholarship Winners Announced

WINDSOR, VT--The Cone Automatic Machine Company Charitable Foundation of Windsor, VT, has announced the awarding of Foundation scholarships for the school year 2016-2017 to the following 2016 high school graduates:

Kiana Dorsey, The Derryfield School, Manchester, NH; Samuel Bennett, Goffstown High School, Goffstown, NH; Bryce Landon, Hartford High School, White River Jct., VT; Jillian Dion, Lebanon High School, Lebanon, NH; Jacob LaPointe and Ryan Napsey, Stevens High School, Claremont, NH; Chloe Balch, Windsor High School, Windsor, VT.

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It's About Food

By Johnny Navillus



Pork

Many of you have probably been doing this for years but for those who haven't, I'm passing this on.

Grilled pork chops are fantastic. You need to use the center cuts with the bone on. Thin chops will dry out and burn quickly. Very thick ones will not get done in the middle. Medium thickness. I have two basic ways of doing them. Salt, pepper, onion powder and garlic powder. Season them and put them on a hot grill. Or baste with lemon juice and honey.

There is a third way that I used to do them but somehow forgot until this week. Salt and pepper as usual and baste with barbecue sauce.

There used to be a chain of neighborhood bars in New York. I can't remember the name, but it was definitely something Irish. They were everywhere in the Bronx. What made these bars special was that when everyone else was charging 25 cents for a mug of beer they were charging 75 cents. The reason? They kept large bowls full of pork chops and boiled potatoes on the bar and tables. No charge for the food. As soon as a bowl emptied it was refilled. They ran this as Lunch from 11:00 AM to 3:00 PM or maybe 2:00. Then the food came off and the beer was back to 25 cents. What a Lunch. All you could eat of pork chops and potatoes. Every one was there. Trades people, suits, telephone company, electric company, bus drivers, you name it.

These were the days of one-hour lunches for the most part. With all that free food and at most maybe three beers, guys left full but sober. If you were going to drink your lunch, you didn't go to a place that charged three times the going rate for a beer. I never saw anyone leave impaired. But then I wasn't watching.

One of my favorite dishes from the old Irish bars was cottage fries. It was a variation on home fries but served in the evening in huge bowls. The servers brought them out when you placed your order. I guess it took the place of a cover charge. They did keep the bowls full all night with free refills.

Cottage Fries

1 can potatoes whole or sliced
½ small green pepper diced
½ small red pepper diced
¼ cup minced onion
Worcestershire sauce
Ketchup

If whole, slice the potatoes. Melt some butter in a skillet. Add the potatoes and cook until startin to brown. Add the peppers and onion. Mix well.

Add a dash of Worcestershire.

Add ketchup until just starting to get almost like a sauce.

Let them cook through and when the moisture is almost gone remove from heat and serve.

Try this for the two of you at first. I think you'll really like it and is great to serve guests for breakfast. If serving a crowd, you might want to cook up some potatoes the night before rather than using the canned. I use the canned when it is just two of us because it's easy and quick. I always have a can or two on the shelf for this and other last minute things.

Play with your food. It's how new things happen.

Write to Johnny at etickeernews@gmail.com.

Community Action and Mattering Initiative:

We are holding a meeting to ask Claremont residents about their ideas on prevention of community problems as part of a UNH research project.

Participants will receive \$30 for one hour of their time.

Saturday, July 23, from 11:00-12 at the Fiske Free Library.

Participants must be at least 18 years of age and have lived in Claremont for at least one year.

Only individuals who have not attended a previous group meeting for this project are eligible.

Please email cami.unh@unh.edu or call Vicki Banyard 603-862-2869 to RSVP.

Fireworks Guidelines From The Sunapee Police Dept.

SUNAPEE, NH--The July 4th Independence Day holiday is a time of celebration, which often includes the use of commercially purchased fireworks. While certainly fun, fireworks can be dangerous. If you are planning to use fireworks, there are a few guidelines you must follow, the Sunapee Police Department reminded the public last week. Fireworks cannot be used within 50 feet of any structure, overhead utility or woodlands. Fireworks should only be used between the hours of 5:00 p.m. and 10:00 p.m. and cannot be used when the fire danger is Class 1, 2 or 3 as determined by the NH Department of Forests and Lands.

The Town of Sunapee requires a permit for fireworks use which can be obtained at the Sunapee Town Hall. The July 4th holiday is an exception to this permit requirement as no permit is necessary on this holiday. However, all other safety guidelines must be followed.



Sunapee Police Offering Glow In The Dark Wristbands

SUNAPEE, NH--The Sunapee Police Department wants to help you celebrate the July 4th holiday this year. Pick up a free, glow-in-the-dark wrist band at the Police Department.

Hanover Annual Old Fashioned 4th of July Celebration

When: Monday, July 4 at 10 a.m.

Where: Dartmouth Green in Hanover, NH

Kick the holiday off with a patriotic parade that includes antique cars, emergency vehicles, brightly-colored floats and much more. Live music will add to the patriotic theme and will play throughout the day as you enjoy delicious food, children's activities and a smorgasbord of games. Finish the night with a bang as you and your family enjoy the vibrant and explosive fireworks display.

Visit This Link For July 4th Activities In Lebanon

<http://recreation.lebnh.net/home/docs/4th-of-july-and-end-of-summer-celebration>

Claremont to Host July 4th Celebration

CLAREMONT, NH--The Claremont Parks and Recreation Department has announced that the Annual July 4th Celebration at Monadnock Park will take place on Monday, July, 4th. The excitement will begin at 6:00 p.m. with many local vendors on hand selling food, drinks, and novelty items. "We are excited to have Smoke & Mirrors, a local six-piece band, playing a variety of music including classic rock, country, swing and pop. The band is great for dancing or listening to and provides an enjoyable experience for all audiences," said Mark Brislin, Parks and Recreation Director for the City of Claremont. "July 4th is a great time to bring the community together and celebrate. All of these fun events will lead up to the spectacular firework show at 9:30 p.m. to conclude the evening.

Parking will be available along Broad Street and Pleasant Street. Only handicapped and authorized vendor parking will be allowed at Monadnock Park. In the event of inclement weather, the rain date for this event will be on July 5th. Please be sure to visit www.claremontparks.com for up-to-date schedules and announcements for the July 4th celebration.

Schedule of Events

6:00 p.m.	Food Vendors Open
6:30-9:30 p.m.	Smoke and Mirrors Performance
9:30 p.m.	Fireworks

Independence Day Parade In Sunapee

SUNAPEE NH--The time for the Independence Day parade has been changed to 1:00 p.m. on Sunday, July 3, with line up at noon. This year's parade theme is Sunapee strong, "A community striving to improve on the lives of all its citizens".

Town fireworks will be held on Sunday, July 3. If you and your family would like to light fireworks at your property, you will need a fireworks permit. According to the town ordinance, Monday, July 4, is the only day that does not need a permit over the July 4th weekend.

Pancake Breakfast In Brownsville July 4th

BROWNSVILLE, VT--On Monday, July 4th, Brownsville Community Church and the Newhall family will sponsor the annual Pancake Breakfast open to the public. The doors open at 7:00 a.m. and breakfast will be served until 10:00 a.m. The cost for an all-you-can-eat pancake breakfast is \$5 for adults, \$3 for children ages 6 – 12 and free for preschoolers.

The Brownsville Community Church puts proceeds from the breakfast back into the community through its outreach programs.

The Brownsville Community Church is located on the Brownsville-Hartland Road, between Albert Bridge School and the Brownsville Town Hall. The Church phone number is 802-484-5944, the email address is bcchurch@myfairpoint.net and you can visit the Brownsville Community Church at www.brownsvilleumc-vt.org.

Please come and enjoy this annual tradition and the festivities that follow, including children's activities, vendors and a gala parade. Bring your friends and family!

Get the Scoop!



**Ice Cream Social
July 14th at 5:30pm**

One Credit Union
5 Kinney Place
On Charlestown Road

All area businesses welcome.

Come see what the
buzz is about!

Not a member?
Come learn
about us!





Employee Recognition Day...

Valley Regional Hospital held its annual Employee Recognition Day with an employee BBQ and service awards on Friday, June 24 on hospital grounds. Service awards were given for 5, 10, 15, 20, 25, 30, 35 and 40 years employed at the hospital. See page A28 for more details. Left: Mary Brown, 40 years of service; right, Gary Lambert, 35 years (Bill Binder photos).

Talk On History Of Moody Park Presented

Text & Photos By Bill Binder
e-Ticker News

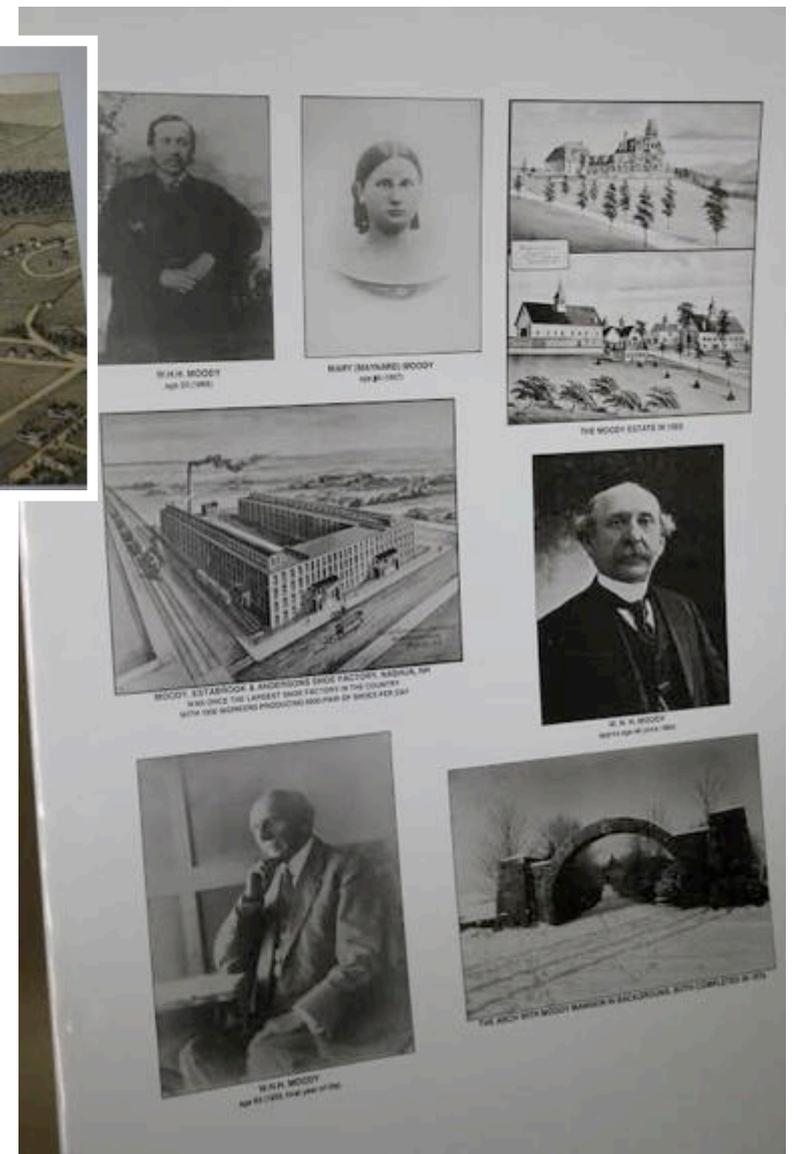
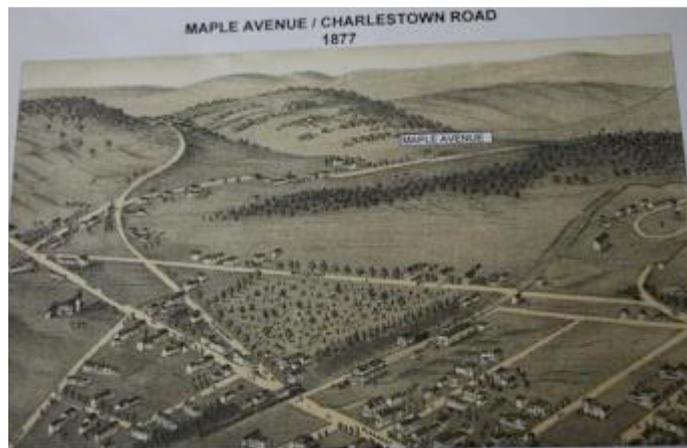
CLAREMONT, NH--As part of the 100th Anniversary of Moody Park, local historian Wayne McElreavy gave a talk on the history of Moody Park at the Claremont Savings Bank Community Center on Saturday.

W.H.H. Moody, who started as a clerk in shoe stores in Claremont, learned the shoe manufacturing business and made business deals that made him a wealthy man. Through the years, Moody acquired many pieces of land in Claremont and built his home, Highland View Farm, on the Charlestown Road. Moody was also known for his love of horses, and his farm was well known for his trotter racing horses.

In 1916, Moody donated 175 acres of land off Maple Avenue to the City of Claremont, "To be used as a public park and recreation ground, to be enjoyed for free by the people of Claremont". Roads and trails were eventually built in the park, and a ball field was made in the lower area. The road to the top was built and people loved to drive or walk up to the stone pavilion and enjoy the view of Mt. Ascutney in Vermont.

Today the park has 325 acres of trails, picnic areas, a children's play area and more. The park is enjoyed by bikers and hikers as well as folks who just want to enjoy the walk through the woods, both summer and winter.

The City recently officially merged 134 acres of City-owned land with Moody Park to ensure that the parcel remains part of the trail and recreation network originating in Moody.



e-Recycling...

Computer Recycling of Claremont held an electronics recycling event to benefit the Sullivan County Humane Society on June 25. A truck full of used electronic equipment was turned in for recycling. Donations of pet food and supplies were gratefully accepted as well (Bill Binder photo).



Community Yard Sale...

Valley Regional Hospital held a Community Yard Sale at the hospital on Saturday. Local members of the community were set up and as usual, there was something for everyone. Great day for hitting those sales! (Bill Binder photo).

Farmers And Artisans Market...

Some new vendors were on hand at the Claremont Farmers and Artisans Market Thursday in Broad Street Park. More are expected when the produce starts to come in. Bow Junction supplied the music this week. The market is open every Thursday through October 6th from 4:00 to 7:00 p.m. (Bill Binder photo).



Job Fair...

District 1 Executive Councilor Joe Kenney attended the Claremont Job and Resource Fair on Thursday, June 23rd, at the River Valley Community College in Claremont. Fifty employers attended the Job Fair which was hosted by the NH Employment Security Office. New Hampshire has one of the lowest unemployment rates in the country. (Left to right) Employment Security Commissioner George Copadis, District 1 Executive Councilor Joe Kenney and Employment Security Assistant Commissioner Richard Lavers (Courtesy photo).





Thank You Team VRH
 For providing quality care with a hometown touch

2016 Years of Service Awards

We honor all of our amazing team today and everyday!

40 Years

Mary Brown | Lab

35 Years

Barbara Depoyster | CVHC
 Gary Lambert | Medical Records
 Marie Mailloux | Surg. Serv
 Kay Sanborn | Nursing Admin
 Laraine Strobel | CVHC

30 Years

Cathy Shidlovsky | Rehab
 Donna Westcott | Medical Staff

25 Years

Michael Bundy Sr. | Housekeeping
 Deborah Burns | Oncology
 Karen Gessner | Med/Surg
 Christine Hunter | ED
 Geraldine Johnson | CVHC
 Susan Scalera | Orthopaedics

20 Years

Terry Callum | MIS
 Sharon George | CVHC

15 Years

Nancy Archibald | AIM
 Stacey Gatto | Surg Serv.
 Jennifer Ranney | ED
 Kiley Shackett | Cardiopulmonary

10 Years

Susan Barry | CVHC
 Sandra Boucher | UR/CM
 Sara Harris | Patient Accts
 Robin Hibbard | CVHC
 Florence Marcotte | Nutrition

Claire Mongeon Belanger | CVHC
 Eric Rayno | Plant Ops
 Sandralee Wright | Pt. Scheduling

5 Years

Janine Boguslawski | CVHC
 Kathryn Coburn | Urology
 Timothy Labrie | Housekeeping
 Richard Martin | Pharmacy
 Sandra Robison | Phys. Practice
 Sarah Sheffield | Lab
 Marcy Tapman Contois | AIM
 Timothy White | Med/Surg
 Claudia Zombeck | Nutrition
 Amy Zullo | MIS



Valley Regional Healthcare

Integrity | Excellence | Accountability | Compassion

Claremont Confidential

By Les St.Pierre



Off The Beaten Path

Finally got the kayaks back in the water after a long time without hearing the loons and seeing the natural wildlife in abundance playing in and about Mother Nature's relief from the scorching sun.

Taking a trip to the north of here, but only some 40 miles or so, the wife and I decided to take on the gifts delivered by Clark Pond in Canaan. Why Clark Pond, you ask?

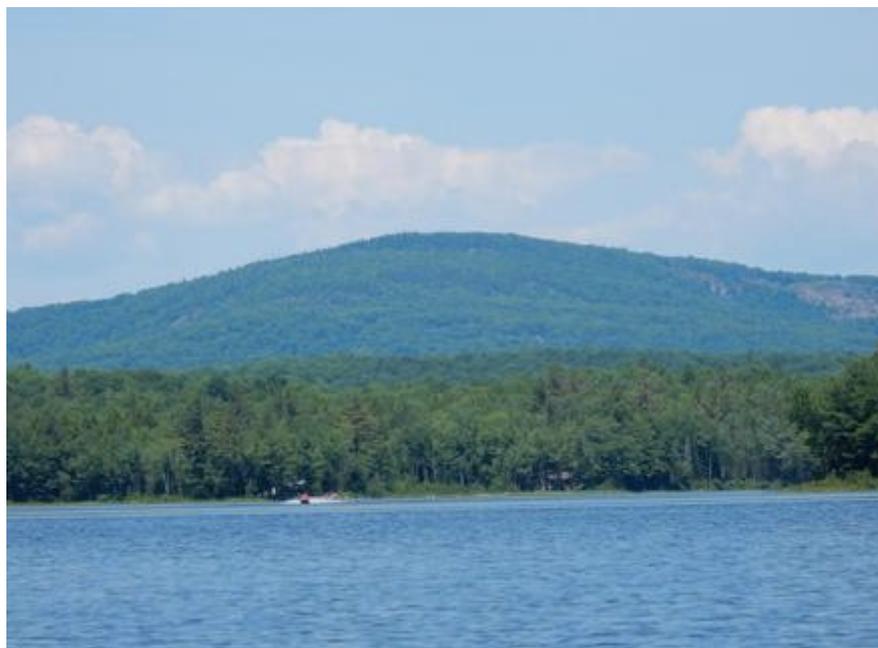
Heck if I know! The only logical answer I can give you is akin to one scratching off another item on his or hers bucket list. You see, we have this book lying about the house entitled "Quiet Water". It is the Appalachian Mountain Club's guide to the best ponds, lakes, and easy rivers. It says so right on the front cover. Ask any kayaker around here and he or she has a copy in their possession. It is the Bible of first-time canoeists and kayakers and also the Bible of many-a-time oarsmen and paddlers.

Anyway, the guide includes locator maps of both New Hampshire and Vermont, as well as an At-A Glance Trip Planner, among other things. First thought I had was traveling to Jaffrey to kayak with Mt. Monadnock peering

down at me. Somehow I ended up going the other way and had Mt. Cardigan in my sights. There's that number 22 again. After putting to bed the re-retirement of Scott Fitz's numeral at Stevens High School over the Alumni weekend and knowing Joey Logano was a recent winner on the NASCAR circuit with 22 written on the

side of his racer, good ol' number 22 surfaced again in the "Quiet Water" manual. Plain as the nose on a man's face, there it was, Number 22 Clark Pond, Canaan, NH, in Section 2: Central New Hampshire.

So, what are my thoughts on Clark Pond? Well, to begin with, I have been spoiled by a plethora of other kayak outings to much bigger and more beautiful ponds, lakes, and rivers. I list Goose Pond, Pleasant Lake, Crystal Lake, and Pillsbury State Park as favorites thus far. Clark Pond will, most probably, be on the other



Photos by Les St.Pierre



end of that list. Not that we did not have a good time. But it was in the 90's temperature-wise, no bathroom facilities, and a bit out of the way. Off the beaten path, I guess you could say.

But that is okay. Several kayak venues are that way.

That is what makes them challenging, adventurous, and wanting to be taken advantage of. Clark Pond Road, the entrance to Clark Pond, is a narrow dirt road. Entering the boat launch I could not help but say to myself, "I hope we don't meet another vehicle," and we didn't, which made

me believe we might have the whole pond to ourselves. Think again. I counted no less than 17 vehicles parked, for free, at the boat launch area. To my surprise, Clark Pond is quite popular amongst the locals. Motor boats and skidoos were in attendance, but politely courteous of the many kayakers out for a day of fun under the sun. There was a sandy beach area and another area in which to pull out of the water for some shade and to grab a quick bite to eat, if one had brought their lunch with them. One woman had to retrieve an umbrella

which had fallen overboard and was sailing away from her at a rapid pace. She had been using the umbrella as a sun protector for her small dog, which was standing in the front of her kayak taking in the view of water lilies and an occasional bullfrog. The pond is relatively small, covering 97 acres. It is shallow and encompasses smallmouth bass, pickerel and yellow perch. "Quiet Water" will tell you Clark Pond draws mostly fishermen and nesting loons, and its remote location provides a good opportunity to see beaver. No beaver was seen, due to the time of day, I suppose, and the extremely hot sun. We did see a pair of adult

loons, with two little ones swimming alongside. Our outing took a good two hours, from noon to two p.m., and enabled us to check off yet another one of the best ponds in New Hampshire to kayak, according to "Quiet Water" authors John Hayes and Alex Wilson. The bucket list of kayak venues grows shorter over time.

Not to be forgotten, however, is the Claremont Savings Bank Community Center's slate of kayak opportunities including the Friday afternoon lunch treks down the Sugar River beginning at the launch area across the street from the former Fletcher residence on Washington Street in the Roberts Hill vicinity and concluding at the skateboard park near the falls before Ramunto's. Due to the lack of rain the river remains very shallow, and most of those outings have met with a transfer to the Connecticut River at Ashley's Ferry.

The CSBCC is where I got my introduction into the fantastic world of kayaking. My wife and I now have our own kayaks and we love the sport. Now we can kayak on our own and go anywhere we'd like, canoe?