e-Ticker News Sports

Section B June 13, 2016





Two local golfing families decided to raise some funds for the Dody's Kids golf program at the Claremont Country Club. Dody's Kids,

started by Dody Belski, is a program for kids to learn the game of golf. Members of the McNeil family and the Tewksbury family meet once a week to play golf at the CCC. This week they decided to have a small "throwback" tournament to raise some funds. All the players wore golf attire from the late 1800s and early 1900s. Knickers, knee high socks, sweaters and period headgear were the order of the day. They collected period hickory shaft clubs and golf bags and hit the links. The group collected about \$200 for Dody's Kids and had a fun round of golf. Dressed in the period attire, they showed why golf is called "the gentleman's game" (Bill Binder photos).

An Introduction to Fishing

WHAT: Fishing Basics (and it's free)

WHEN: Monday, June 20, and

Wednesday, June 22 TIME: 9:00 a.m. to 12 noon

WHERE: Spectacle Pond, Route 10,

Croydon, NH

WHO: Kids, ages 10-16 (if over 16,

bring your fishing li-

cense)

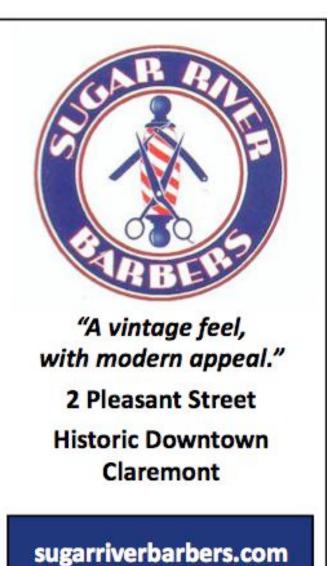
HOW and MORE: Meet there, bring your fishing pole (or borrow one of ours), and bring your snack and drink

To reserve a spot or for more information, email

laurie.field@unh.edu.



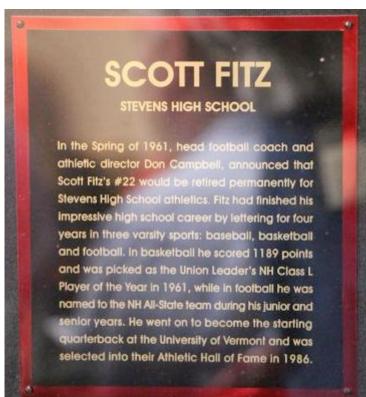




No. 22 Retired...

Fifty-fifth Stevens High School reunion year member and star athlete Scott Fitz had his #22 jersey retired in a special presentation by Athletic Director Doug Beaupre at the SHS Alumni Banquet Saturday night. The jersey will be on display at Stevens (Bill Binder photos).











Yeatman Elite Softball & Baseball Camps

- Interact with and learn from Division 1 and 2 collegiate players
- Targeted drills to improve batting, fielding, pitching, and catching
- Ages 7-14
- Register at <u>www.yeatmanelite.com</u>

July 18 – 22 at Monadnock Park & Barnes Park 9 a.m – 3 p.m.



Contact Coach Nina Yeatman 443-864-0316 or coachnina15@gmail.com



Summer Kayak Programs: Celebrate Summer With A Paddle On Great Bay

GREENLAND, N.H. -- The Great Bay Discovery Center at 89 Depot Road in Greenland, NH, is offering the following paddling events this summer.

For more information or to register, call (603) 778-0015.

Sunset Birding Paddle

Level: No prior paddling experience necessary.

Participants: 12

Date: June 28 from 6:30-9:00pm Location: Great Bay Discovery Center

Cost: \$35 per person, \$30 for Great Bay Stewards

members, \$25 with own kayak.

Join us for an evening paddle as we search for our beaked friends. As the sun set casts its hues over Great Bay, we will look for osprey, great blue heron, egret, kingfisher and many more estuary inhabitants.

Cocheco River Trip

Level: This trip is longer and more strenuous than our other offerings, so we recommend prior paddling experience.

Participants: 10

Date: June 25 from 1:30-5:30pm Location: Downtown Dover, NH

Cost: \$45 per person, \$40 for Great Bay Stewards

members, \$35 with own kayak.

The Salmon Falls and Cocheco Rivers are two of the seven rivers that flow into the Great Bay Estuary.

Meet us in Dover as we begin our trip. From here we will shuttle to the start in the Salmon Falls River and

paddle back up the Cocheco to the downtown area.

Kayak Fishing with Hope

Level: We recommend prior fishing and/or kayaking experience.

Participants: 8

Date: July 9 from 11:00-3:00pm OR July 23 from

10:00-2:00pm

Location: Odiorne Point, Rye NH

Cost: \$60 per person, \$50 for Great Bay Stewards

members, \$50 with own kayak.

Have a passion for fishing and kayaking? Join NH Guide, Hope Eagleson as she shares her secrets to successful striper fishing in Coastal NH. Fishing from a kayak presents a number of challenges which Hope will address prior to going on the water. The remainder of the time will be spent fishing and hopefully catching one of NH's feistiest game fish! A New Hampshire Saltwater fishing license is required.

Adams Point Island Exploration

Level: No prior paddling experience necessary.

Participants: 12

Participants: 12

Date: July 30 from 9:30-12:30pm Location: Adams Point, Durham NH

Cost: \$40 per person, \$35 for Great Bay Stewards members, \$30 with own kayak.

Come experience some of Great Bay and Little Bay's islands by kayak!

Over-The-Hump Sunset Paddle

Level: No prior paddling experience necessary.

Participants: 12

Date: August 24 from 5:30-8:00pm

Location: Great Bay Discovery Center
Cost: \$35 per person,
\$30 for Great Bay
Stewards members, \$25
with own kayak.

The Great Bay Discovery Center is operated by the N.H. Fish and Game Department, with support from the (NOAA).

Visit www.greatbay.org.





Visit www.RRCFGolfClassic.com to see

sponsorship information and register!



JUNE 25TH - JUNE 26TH KNOCK ON WOOD COED SOFTBALL TOURNAMENT

Rules

- Each team needs 6 Men and 4 Women.
- Men will use wooden bats, Women will use ASA Stamped bats.
- Men will hit .47 Cor. / 375 LB Comp. 12 inch softballs.
- Women will hit .47 Cor. / 375 LB Comp. 11 inch softballs.
- Batters will start with a 1-1 count, with 1 waste.
- If you walk a Male with a Female up next the Female will start with a 2-1 count.
- 5 "out of the park" home runs per team, after that each "out of the park" will be only a double.





\$200.00 PER TEAM.

WINNING TEAMS
WILL PROVIDE 2
UMPIRES FOR THE
FOLLOWING GAME.

EH'S ARE ALLOWED, BUT MUST BE ONE OF EACH SEX IF USED

1ST AND 2ND PLACE
TEAMS WILL
RECEIVE A TROPHY
AND SHIRTS

ANY QUESTIONS
CONTACT JUSTIN
MARTIN AT
603-504-0283 OR
CCCPROGRAMS@
CLAREMONTNH.COM

CSBCC

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WWW.CLAREMONTPARKS.COM

JUNE 25^{TH} – JUNE 26^{TH}

Inspiration



Radio Station 89.5 KMOC Texoma, located in Wichita Falls, TX, plays Christian music that isn't your grandma's Christian music. It rocks! From Newsboys to Audio Adrenaline, they play all the greats in Christian Music to lift your spirit, remind you of your worth, and let you know you are loved.

Keith Sanderson, the station manager of KMOC Radio, sat down to visit with Countryside Chat about life, the radio station, and music in general. Keith entered the radio industry in 1977, before he became a Christian. In High School, a teacher told him that his voice was perfect for working on the radio. He didn't pay much attention at that time, but after working a job digging ditches in 103 degree heat for a while, he decided it sounded like a good idea. As luck would have it, the radio station was hiring. It was actually the siege in Waco, Tx between the government and the Branch Davidian compound in 1993 that got him to thinking about faith. He opened a Bible to check out things he heard from that case. Instead of backing up his own disbelief, what he found during that time turned him to Christianity.

Not only did Keith struggle with his own faith, but he also struggled with MS. He couldn't get out of bed and couldn't even walk on some days. He wasn't one who you would expect to



end up as station manager at a Christian radio station. Even so, having been a non-believer most of his life, Keith has been on both sides of the faith debate. This makes him well-versed in what makes the audience tick, both mentally and spiritually. He's been there. He has lived both sides, and even though he enjoys the message now, it was not always one that appealed to him. So, he knows what it takes to help others find the answers they seek in life. This is what helps him know what music to play, which groups to bring to his listeners, and what messages will reach out to the most people. In his position with the radio station, he shares prayer, music, and stories of conversion with his listeners. Whether they are playing Toby Mac, Matthew West, or For King and Country, you can be sure you will hear a message that is powerful, uplifting, and meant just for you.

This is the power of prayer. This is the power of Christian music. People from all over the world experience conversions and life-saving interventions simply by listening to a radio station. While the beat goes on, it's not the beat you'd expect. It's not just the beat of the music, but rather, it's the beat of the human heart... the human spirit. So take a listen to KMOC today. If you're not in the listening area, you can listen online at http://tunein.com/radio/KMOC-895-s34097/. Keep that radio on to uplift your day, and love others well to uplift theirs.



Bernadette O'Leary, a regular contributor to the e-Ticker News and contributing editor of special features, is a writer from the Central Plains and administers "This Catholic's Christian View on Facebook", a page dedicated to Christian views and inspirational art and stories:

https://www.facebook.com/This-Catholics-Christian-View-673629202670889/?fref=ts. She may also be found at her new page:

https://www.facebook.com/Bernadette-OLeary-1047720395262832/?fref=ts and may also be reached at eticker.

and followed on Twitter at https://twitter.com/BOLeary_ETicker.

Inspiration/Entertainment

Teaching Respect And More

By Priscilla Hull

A couple of weeks ago I had the privilege of watching some amazing people teach a dozen or so 4-year-olds some basic facts about baseball/softball. Now, we all have to admit that teaching 4-year-olds to play organized sports is a bit like herding cats. The coach and the boys were excellent. I'm filled with admiration for these people because you also must know that keeping the interest of a 4-year-old beyond a nanosecond is a challenge especially when it is a warm Saturday morning and there are birds flying above, dandelions and buttercups to pick and parents and grandparents watching. Yet these three boys and their coach did just that.

It was clear to me, though, that they are teaching these kids more than baseball. They're teaching them to be responsible players. They are teaching them respect. They are teaching them to focus. I didn't hear a single one of them say, "Don't do this" or "Stop doing that". What I did hear was things like, "Keep your eye on the ball" or "Keep your glove low on the ground".

At the end of 45 minutes coach and the boys acknowledged each child and told them they'd look forward to next week. I know one little boy is looking forward to it.

These people know how to "Train up a child in the way he should go; and even when he is old he will not depart from it." (Proverbs 22:6) Wouldn't it be wonderful if we could all remember that in our interactions with the next generation?

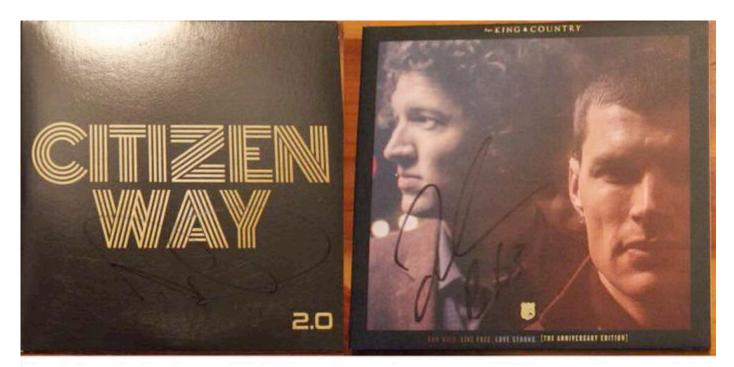
Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont.

Reminder Of UM Army Visit To City

CLAREMONT, NH--First United Methodist Church is operating at this time out of Union Episcopal Church on Old Church Road. We are pleased to remind people that in cooperation with Union Church, St. Mary Church, the High School and CSBCC, we are hosting the UMARMY (United Methodist Reach-out Mission by Youth) to work around town, with homeowners. They will be here the week of July 17-22. If you have odd jobs to be done at home, please call Deb at the Methodist Church

at 603-542-5783. She will answer your questions and sign you up!

Got Church News? Send To etickernews@gmail.com



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How to Enter:

- Follow me on Twitter/Facebook
 "Like" this post.
- 3. Send me an email or private message in Facebook or Twitter with your name & "Win 6.30." (Email: etickernews.bernadette.oleary@gmail.com).
 - 4. Text "Win 6.30" to 405-332-3353.

Calendar Of Events

Silsby Free Library News

Participating in Summer Reading at the Silsby Free Public Library in Charlestown is easy! All you have to do is:

- Come to the library and get your Ice Cream Reading Log.
- Hand in your first completed log (6 books) to receive your first ice cream coupon and enter your name in for the raffle.
- For each additional reading log you hand in, you get another ice cream coupon and chance at the raffle.
- Last day to turn in logs is August 3rd at the Malik Haddadi show.
- Raffle winners will be drawn on August 5th after the Going for the Gold craft.
 Winners will be notified by phone if not present to win.

If you have any questions, please feel free to contact the library and get an extra reading log. We also want to thank our sponsors The Ice Cream Machine for continuing their support of this wonderful program! We look for to getting in the game and READ!

On Your Mark, Get Set, READ!

Storytime: Tortoise and the Hare Tuesday, June 21 @ 10:30 a.m.

The Adventures of Buffalo and Tough Cookie Wednesday, June 22 @ 7 p.m.
Come join us as New Hampshire author Dan Szczesny shares his tale of hiking the White Mountains.

Nature Scavenger Hunt Friday, June 24 @ 10:30 a.m.

Storytime: The Story of Flight Tuesday, June 28 @ 10:30 a.m.

The World of Owls Wednesday, June 29 @ 1 p.m. Join us at the Nature Museum from Grafton, Vermont shares with us the story of this bird of prey.

Bird Feeder Craft Friday, July 1 @ 10:30 a.m.

Family Concert At The Fiske

CLAREMONT, NH--Steve Blunt presents "Gotta Play--Music & More!" at the Fiske Free Library in Claremont on Friday, June 24, at 2:00 p.m. This program is appropriate for all ages. With lots of laughs and audience participation, Blunt's music is never a spectator



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sport. His catchy tunes and bouncy beats-featuring a healthy dose of music & movement for younger children -- provide an opportunity for library patrons of all ages to burn calories and exercise the imagination.

For details, contact the library at 542-7017 or visit

www.claremontnh.com/residents.departments/library . Performer information is available at www.steveblunt.com.

Acworth Musicfest And Chicken BBQ

June 25, 2016 Rain or Shine 10 am till dusk

BBQ, hamburgers, hot dogs, sausage links, chicken wings, crafts for sale. Free event; benefit for the Acworth community-owned store. Event will be held at the Acworth Village Store, 1068 Rt 123A, South Acworth, NH. Ph: (603) 835-6547

Website: http://www.acworthvillagestore.com/

Bands:

Picket Hill with Charlie Collins
Lonn Livingood and the Best Revenge
Evelyn Cormier
Black Diamond
Peter Wilson
Bill Symonds and Friends
Jack Bowes
Liza Constable
Moxley Union

Call For Singers For Special Youth Choir Performance

CLAREMONT, NH--The West Claremont Center for Music and the Arts (wcc-ma.org) is inviting local students to join together for a youth choir to perform at the upcoming Standing Lincoln Unveiling Ceremony, June 26, 2:00 p.m. at St. Gaudens Historical Site in Cornish.

The choir will sing "America the Beautiful" as part of the ceremony, with the audience also singing along. Students 10 - 18 are welcome to participate in this opportunity. Participants will be required to attend 1-2 rehearsals prior to the event, which will be held at Union Church hall, 133 Old Church Rd, Claremont, NH 03743. To register your child for this event

visit: http://www.wcc-ma.org/youthmusic Schedule:

June 14th, 6:00pm – 1 hour rehearsal June 22nd, 6:00pm – 1 hour rehearsal June 26th, 1:30 arrival for 2:00pm ceremony

If you are interested and are concerned about transportation, please contact us and we will try to arrange a carpool.

U.M. Army To Return To Claremont

CLAREMONT, NH--With the approach of summer the First United Methodist Church of

Claremont is looking forward to the return of the U.M Army, that amazing group of young people who spent a week sprucing up the town with their rakes, shovels, hammer nails and paint brushes. Last year, they built two ramps for two families to help get a loved one out of the home with ease! They also painted and gardened and cleaned.

This year they are returning on July 17. Since they can't sleep at the old stone building this year, the church has gone to the town and found other sites.

If you have work to be done, please contact Deb at the First United Methodist Church at 603-542-5783. The advisors to the group will be here for pre-site visits on June 18.

Energy Vampires at Work

Psychiatrist and author of *Positive Energy*, <u>Dr. Judith Orloff</u>, identifies 6 types of "energy vampires" and their antidotes:

The **sob sister (or brother)** loves to complain about their situation. At work, you'll have to set clear boundaries to keep the "poor me" stories to a minimum.

The drama queen (or king) makes mountains out of molehills. Again, you'll have to set limits and not get caught up in the drama.

The **constant talker** may be entertaining at first (or not), but you may have to interrupt this self-centered coworker to get back to your task.

The **fixer upper** wants your help with everything, from unjamming the copy machine to serving as a gobetween in a contentious interoffice relationship. Offer solutions, but don't rescue the fixer-upper all the time.

The **blamer** makes negative comments and tries to make you feel guilty for not getting things just right. Or loff suggests visualizing yourself in a cocoon of white light. If that sounds too new-agey, just think of it as ignoring the comments whenever you can.

The **go for the jugular fiend** cuts you down with no consideration for your feelings. Don't drink the poison; try not to take the pointed barbs personally.

Clinical psychologist <u>Dr. Sophie Henshaw</u> suggests a two-pronged approach to dealing with energy vampires. First, assess your emotional capacity to see just how much of this person you can take. Second, assess how much of a threat the vampire is to you.

Crazy coworkers are not the only energy vampires at work. Some of your very own behaviors can suck the life out of you. Remembering everything on today's to-do list – without the actual list – consumes the mental energy you could use to, say, write that major report. In an article, "Top 10 Office Energy Drains," Forbes lists multi-tasking, technology, workplace noise, an uncomfortable environment, sitting still, clutter, boredom, and resentment as other vitality zappers in the workplace.

Fight fang and nail to avoid the draining situations you can control, and minimize your interaction with your office vampire. It'll be a treat once the project is complete.



Karen O'Donnell 10 Slayton Hill Rd Lebanon, NH 03766 603-678-4944

www.westaff.com

Moody Park Marks 100th Anniversary With Special Events

CLAREMONT, NH--June 2016 marks an important anniversary for the City of Claremont and the Parks and Recreation Department. It was 100 years ago that William Moody donated a portion of his property to the residents of Claremont to be used as a free public park. Since then, Claremont residents and others from surrounding communities have enjoyed many hikes, picnics, bike rides, and times spent relaxing in the park. In 2013-2014, the selective timber harvest, as part of the City's forest management plan changed the land-scape of Moody Park.

"We are going into the 3rd year after the timber harvest and new growth in the park has been prevalent," explained Mark Brislin, Director of Parks and Recreation. "Upgrades to existing trails and the addition of new trails have sparked a new excitement within the park and the view of Mount Ascutney from the top of Moody Park has been reclaimed," he added.

Throughout the month of June, the Parks and Recreation Department and other various groups within the community will be offering programs to help celebrate the 100-year anniversary and showcase the many uses of Moody Park.

Below is a list of programs that will be offered throughout the month of June. Please be sure to visit the department's website at www.claremontparks.com for up to date information or call the Parks and Recreation Department for more information at 542-7019.

Events begin on **June 1-June 30**. From dawn to dusk there will be a **story walk**. Meet at Shady Pines Loop (1/4 of a mile, on the right from main gate). This is a fun, self-guided, educational activity that places a children's story along a trail, connecting kids to literature in a natural, relaxed setting.

Wednesdays, June 15, 22, and 29 at 6:00 pm there will be group mountain bike rides sponsored by Claremont Cycle Depot. Meet at the front gate of Moody Park. All skill levels are welcomed. Enjoy the trails, explore, and learn new bike skills from friends.

Tuesdays, June 14, 21, and 28 at 6:00 pm, there will be **group runs** at Moody Park Sponsored by Tread Setters Running Group. Meet at the pavilion at the top of Moody Park. All

running levels are welcomed. Enjoy the trails and explore the park in the company of friends, all while getting a good workout.

Saturday, June 18th, at 8:00 am, come out for a bird watching/walk with Naturalist, Wendy Ward. Meet at the front gate of Moody Park. Come and see what species of birds are living and thriving in Moody Park. This walk will explore some of the trails and habitats of Moody Park. Binoculars, bug spray, and good hiking shoes/boots are recommended.

June 25th at 9:00 am, come for fairy house building, led by Claremont Girl Scouts. Meet in the lower picnic area of Moody Park. Use your imagination to build a house fit for a fairy in the lower section of Moody Park. Natural materials will be provided, such as sticks, bark, dried flowers, seed pods, pine cones, shells, stones, etc. Feel free to also bring any natural materials from home.

June 25th at 1:00 pm is a look back in time at Moody Park, presented by Claremont Historical Society. Meet at the Claremont Savings Bank Community Center, Room B. Take a look back in time to 1916 and relive the history of Moody Park and the legacy that William Moody left to Claremont.

*All of these events are free, with exception to the All In at Moody Park Mountain Bike Race.

Chamber Day, Brewfest In Newport

NEWPORT, NH--The Sunshine Town is only a few days away from Newport's 7th annual Chamber Day. June 18th, starting at 9:00 a.m., the Newport Town Common will be filled with folks from all over. "Our annual event has become the unofficial kickoff to the Summer season, and the Newport Chamber of Commerce is proud to announce that this year's Chamber Day will be our biggest yet," said Steve Smith Chamber Board member. Over 40 vendors, local businesses, town departments, nonprofits and more will display themselves on the Common, showcasing their businesses, selling their wares, putting on games, explaining what they do, and generally engaging this wonderful community. "This is a perfect opportunity to see what the Newport area has to offer, and have lots of fun while you are here. We will have a free bounce house for the kids, free karaoke on the bandstand and lots more," said Smith.

"Back again this year is our 3rd annual Newport Brewfest, from 11:00 a.m. to 3:00 p.m." said Smith. "In an effort to support the smallest of New Hampshire's breweries, we have evolved our Brewfest into a Nano Brewfest. We are proud to feature at least 10 of NH's best Nano Breweries. You'll find beers from The Lonewolfe Brewing Company, Mooselick Brewing, Third Colony Brewery & Winery, Big Water Brewery, Garrison City Beerworks, Rockingham Brewing Company, Squam Brewing, Swift Current Brewing Company, Belgian Mare Brewery and Canterbury AleWorks. We will have over 30 hard-to-find beers to chose from."

Tickets are limited to 300 and cost is \$19.99 (plus online fee) or \$25 at the gate, and can be purchased exclusively online; visit the website, www.NewportNHChamber.org, for more information and the purchasing link.

New this year is a chance to win \$1,000 with Finally, another new and great event will be the BBQ Competition. Cash prizes will be awarded to the winner of the contest, and the general public will be able to buy dishes from each of the competitors. More entires are needed for the event; to enter the BBQ Contest, please email Chamber Director Steve Smith at steven.smith66@gmail.com for more information. Cost to enter the competition and sell food is \$25.

This will be a rain or shine event. Fore more information about any of the events, please contact Smith or Ella Casey at 863-1510.

Amtrak Exhibit Train

CLAREMONT, NH--The Amtrak Exhibit Train's maiden visit to New Hampshire will happen on June 18 at the Claremont Junction station. This multi-car train has toured the nation, with Claremont being its first visit to the Granite State. Admission is free, and the train will be open to visitors from 10:00 a.m. to 4:00 p.m. Access to the Exhibit Train will be along the siding abutting the main rail line. For more information on the Exhibit Train, please go to http://AllAboard.Amtrak.com.

In addition to this exciting event, the Claremont Passenger Rail Committee has organized a number of family friendly activities at the Junction. This will include rides for little folks on "Tommy the Train" as well as food

vendors, information booths plus performances by Claremont's Off Broad Street Players who will provide musical and dramatic vignettes highlighting the railroad's impact on the people of Claremont and NH. The youngest train fans can enjoy Chuggington Depot, a children's activity area. Amtrak has also partnered with the National Park Service in celebration of their centennial. A special limitededition National Park Service passport stamp will be available to commemorate this milestone.

Also, guided bird walks will be held in nearby Moody Park, beginning at 8:00 a.m., as part of the City's celebration of the 100th anniversary of the 300-acre wooded park. Lastly, the Arrowhead Recreation Area will be holding a concert starting at 4:00 p.m. featuring The Doug Wahlberg Band, as part of its summer concert series.

On Your Mark, Get Set... READ! Program

CLAREMONT, NH--Summer Reading Program calendars are now available at the Fiske Free Library. Pick one up at the Children's Desk downstairs, or upstairs in the adult circulation area. Programs will be also announced by flier and other publicity the week or two before the program is held. Pick up your Summer Reading Calendar soon to make plans for your visits to the library this summer!

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias.

Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield, VT.

Croydon Ladies Auxiliary Sponsoring Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information.

All paper games.

Lady Boss Club

CLAREMONT, NH--The Lady Boss Club, a group of women-owned businesses in the Greater Claremont and Upper Valley areas, is welcoming new members. They meet at the Java Cup every second Tuesday, from 5:30 to 7:30 p.m. In the Hanover area, members meet every Wednesday 5.30-7.30 p.m. at the Howe library, Hanover.

Meetings are free and open to the public.

The Lady Boss Women Entrepreneurial Club is a community to help local women- entrepreneurs with their ideas/businesses development and networking. For more information, contact LadyBossClub@gmail.com.

Overeaters Anonymous Meetings

CLAREMONT, NH--Overeaters Anonymous meets from 3:00-4:00 p.m. on Saturday afternoons at the Grace River Church in Claremont. They will be using the big book of Alcoholics Anonymous.

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Bingo In Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Sugar River Civil War Round Table

CLAREMONT, NH--The Sugar River Civil War Round Table meets 1st Monday of each month, 7:00 p.m., at the Earl M. Bourdon Center

Cornish Historical Center

CORNISH, NH--The Cornish Historical Center, on School Street, will be open Saturday, and every Saturday, during the warm months, from 9:00 a.m. to noon.

Claremont Farmers Market

CLAREMONT, NH--The Claremont Farmers and Artisans Market will be held every Thursday through October 6th, from 4:00-7:00 p.m. (rain or shine); they only call the market for lighting. A strong selection of vendors with more added weekly; music featured as well.

Book Sale In Lempster

LEMPSTER, NH--Book Sale at the Lempster Meetinghouse, 112 Lempster St. from 9:00 a.m. to 1:00 p.m., Saturday, June 25. Great selection of children's books and adult fiction and non-fiction. Payment by donation to support the Summer Reading Program. Sponsored by the Friends of the Miner Memorial Library. Contact 603-863-5023 for more information.

Open House At Service Link

CLAREMONT, NH--The public is invited to an Open House at the Sullivan County ServiceLink Resource Center & Granite State Independent Living, 224 Elm Street Claremont, Thursday, June 23rd, 3:00 to 6:00 p.m. Refreshments will be served. See the Claremont office and meet the staff.

Contact ServiceLink at 603-542-5177; contact GSIL at 603-228-9680.

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www.etickernewsofclaremont.com www.facebook.com/etickernews

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 Medicare Supplements
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 Medicare Advantage
 - Preventing Fraud & Abuse

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June 28th at 1:30PM

Sullivan County ServiceLink (ADRC)

224 Elm Street **Claremont**

For Information and to Register (required)



Call:

603-542-5177



Funding for Sullivan County ServiceLink Aging and Disability Resource Center (ADRC) is provided in part by New Hampshire Department of Health and Human Services and the U.S. Administration for Community Living.



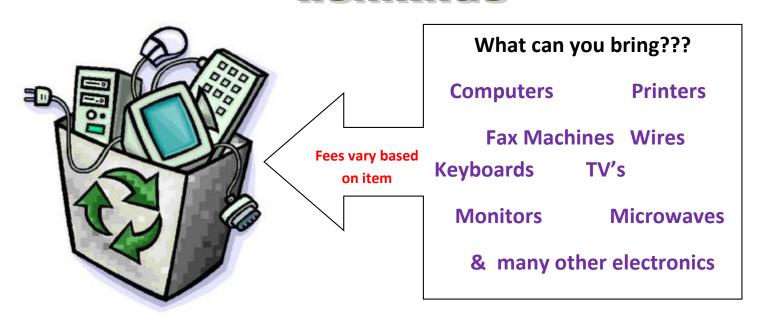
Pet Food Drive & E-Waste Recycle DAY

Saturday, June 25th from 9am - noon

To Benefit the Sullivan County Humane Society

Sponsored by:

COMPUTER RECYCLING OF CLAREMONT & RUNNINGS



Come see us & recycle your electronics and bring a pet food donation for the SCHS pet food bank. All for a great paws....I mean CAUSE!!

We'll be collecting items in the parking lot of Runnings store on Washington Street in Claremont

Some fees are as follows:

\$2: flat screen monitors, printers, DVD & VHS players

\$5: boom boxes & cassette players

\$10: crt computer monitors, microwaves, televisions 19" and smaller, large printers

\$20: 20" - 31" televisions

\$30: TV's 32" and over & extra large printers and copiers



We advertise it, you sell it. Reserve your spot today!

Saturday, June 25th 8 AM—3 PM

100+ spots | Food Vendors | Ample Parking

Your spring cleaning could fund your summer vacation!

Contact: Brooke Salls

Brooke.Salls@vrh.org or call (603) 543-5610

Per Spot Pricing:

\$15 / Public | \$10 / VRH employees

Rain Date June 26th. VRH will advertise this event. Spots are the size of parking spaces. Your reservation of multiple spots will be grouped together. Payment due by June 17th to VRH.



BLOOD DRIVE



Valley Regional Hospital

Buckley Room
243 Elm Street ~ Claremont, NH

Monday, June 27, 2016 9:00 am ~ 2:00 pm



Save lives in less time with RapidPass

Start the donation process before leaving home by completing an online pre-donation and health history questionnaire at your convenience on the day of your appointment.* You can save up to 15 minutes at your next appointment.

Learn more at redcrossblood.org/RapidPass.

"Any RapidFass completed before 12 a.m. on the day of donation will be invalid and the donor will be asked to complete the health history again on site.

Walk-in or for an appointment, please visit redcrossblood.org

June Programs At The Fiske

An Evening with Robert Frost-Stephen Collins

Tuesday, June 14, 7:00 p.m.

An Evening of Frost is a unique, interactive performance that begins with a short biographical introduction into the poet's life. Robert Frost is greatly misunderstood. Certain people, some academics and politicians included, have tried to pigeonhole him, however the man is far more complicated than the surface indicates.

Stephen Collins is currently performing eight one-man shows. Met to rave reviews for over a decade, Collins' performances deliver not just the poetry and plays, but they bring poets and playwrights to life on the stage. The shows also convey an understanding of the impact and the reactions of the characters to their respective times, giving the audience not just a performance, but an experience.

As part of the performance, an open discussion of the following poems will include:

- "A Tuft of Flowers"
- "Mending Wall"
- "Birches"
- "After Apple Picking"
- "Acquainted with the Night"
- "Desert Places"

Collins is hoping that people will come having read these poems and willing to discuss them.

Copies of the poem may be picked up at the library or printed from online.

Along with "An Evening with Robert Frost", the library will also be hosting the traveling Robert Frost Art Show, The Road Not Taken, Artistic Interpretation of the Poetry of Robert Frost during the month of June and the exhibit will be available for viewing on the night of the program.

Sponsored by the Friends of the Fiske Free Library

Finding Butterflies! With Jerry Schneider

Tuesday, June 28, 10:00 a.m.

Jerry Schneider will present a slide presentation of Eastern Butterflies. Audiences will learn the importance of leaving the screen and electronics behind, getting out in the fields, back roads and waterways, and investigating places where butterflies find food and lay their eggs.

In addition, we will discuss differences between butterflies and moths, where to find butterflies and how to attract butterflies to our gardens. We will learn interesting butterfly facts and behaviors-did you know that butterflies taste with their feet? Or that the Viceroy butterfly, looks like the Monarch and is protected because birds tend to avoid the poisonous and distasteful Monarch?

After the slide show, children will create their own butterfly tee shirts (heavy 100% cotton) using a combination of Rit fabric dye sprays, plants, and butterfly cut outs. Children may purchase heavy cotton shirts for \$4.00, or bring their own. Sponsored by: the Friends of the Fiske Free Library; 542-7017.





Alumni Banquet...

Top: It was a full house at this year's SHS Alumni Banquet as graduates of Stevens, from many classes, gathered, renewing friendships and making new memories. Bottom: 2016 graduates receiving their scholarship awards (Bill Binder photos).

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

Simone L. Houle, 88

Simone Louise Houle, 88, formerly of 243 Broad Street in Claremont, NH, died Saturday June 4, 2016, at Elmwood Center in Claremont.

Simone was born in Leominster, MA, on Aug. 17, 1927, the daughter of Eugene and Delina (Tellier) Lemire. She resided in Newport, NH, most of her life where she was raised by an aunt and uncle, Mr. and Mrs. Armand Lamothe and lived in Claremont since 1989.

She retired in 1989 from Dorr Woolen Company where she worked as a rewinder for 10 years and had previously worked for a short time at Sylvania in Hillsboro and as a waitress at the Pines Restaurant in Guild. She was a communicant of St. Patrick's Church and a member of the Woman's Catholic Club of St Patrick's Church. She loved bingo, knitting, reading and going to the ocean at Hampton Beach and York Beach.

Simone was the widow of Leon Houle whom she married on Jan. of 1967; he died 1991.

The surviving family includes three children, Rebecca St Pierre and her husband, Philip of Charlestown, Robert Marvin and his wife, Deborah of Unity, and Mary Freeman of Hillsboro; a daughter-in-law, Gloria Gobin of Newport; a very special step daughter,

Donna Gobin of Unity; three step-daughters, Betty Gagnon of Camden, TN, Patricia Frye and her husband, Peter of Newport and Debra Thibedau of Maine; half brothers and sisters include, Albert, Aime and Louie Lemire, Pauline Martin, Madeline Biron and Leah Miller and two cousins that she grew up with, Paul and Robert Lamothe; 17 grandchildren; 31 great-grandchildren; nine great-great grandchildren.

She was predeceased by three sons, Michael Gobin in 1966, William Gobin in 2015 and Lawrence Gobin in 2010 and one brother, Norman Lemire in 1988.

A Memorial Mass of Christian Burial was celebrated at St. Patrick's Church in Newport on Friday, June 10th. Interment followed in St Patrick's Cemetery.

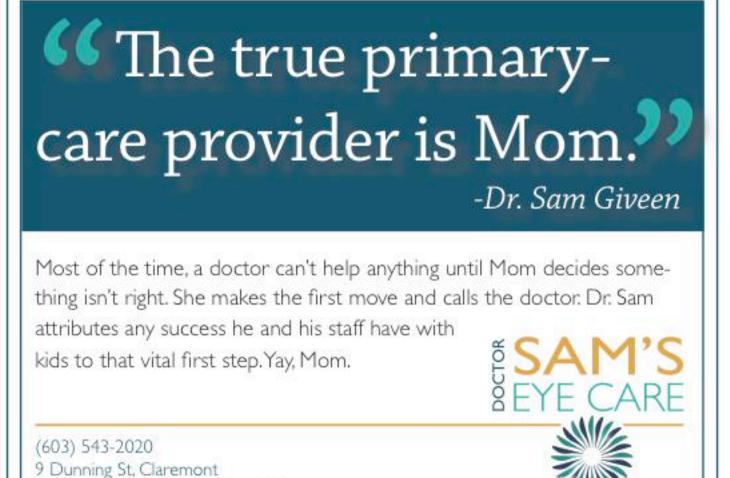
Donations may be made in her memory to the American Diabetes Association, 10 Speen Street, Framingham, MA 01701.

(we're right there by the hospital)

Aurelie R. Jacques

Aurelie Rose Jacques, resident of Claremont, NH, passed away on Sunday, June 5, 2016, at Mt. Ascutney Hospital in Windsor VT after a long battle with cancer. She was surrounded by family and friends during her final days and hours. She was born to the late Willie Desmarais and Evelyn (St Clair) Desmarais on August 16, 1938. She graduated from St. Mary's High School in 1956. She received her B.A from UNH, her M.A from Dartmouth Col-





lege and her degree in law from Franklin Pierce Law Center. She also studied at the Sorbonne, The University of Paris, The University of Vienna in Austria and The Goethe Institute in Germany.

Early in her career Aurelie worked as a case worker for the State of NH. She then taught school for a short time in Newport, NH, before a long career as a highly respected French teacher at Claremont Junior High School. After her years as a teacher she practiced law and worked for NH Legal Aid, followed by many years as a dedicated and innovative attorney with VT Legal Aid.

She was a lifelong member of St. Mary's Catholic Church where she was a Eucharistic minister. She was a member of Mensa. She served as a local Girl Scout leader when her daughters were young. She was fluent in five languages, English, French, German, Italian and Spanish. Travel was passion for Aurelie and she enjoyed many vacations to European countries as well as to the Dominican Republic and Mexico where she donated her services as a volunteer. She was a life-long student and continued to attend colleges well into her 70's. Family and friends were very important to Aurelie and she played a central role in keeping those close to her connected to each other. Aurelie was the wife of Jean-Guy Jacques. who she married on February 4, 1961.

She is survived by her husband, Jean-Guy Jacques, and their five children, Denise Malia and her husband Matthew of Claremont, Cheryl Dow and her husband Greg of W. Lebanon, ME, Daniel Jacques and his wife Rachel of Tamworth, Catherine Hoch of Freehold, NJ, and David Jacques and his wife Andrea of Claremont; a brother Keith Desmarais and his wife Mary of Charlestown. She also leaves behind 13 grandchildren, five greatgrandchildren and other loving relatives and friends.

Visiting hours with be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Tuesday, June 14th, from 3 to 5 pm. A celebration of her life will follow at the family's home on 7 Cornell Street in Claremont.

Raymond E. May, 101

Raymond "Ray" E. May, formerly of Windsor, VT, died on June 4, 2016, at the age of 101 in the home of his daughter, Gaila Strawn in Escondido, CA, where he had been lovingly cared for over the last four years. Ray was the

Social News

Claremont Senior Center, Inc. News

By Claire Lessard, Executive Director

On Sunday - June 19 ... don't spend Father's Day alone...come visit us at the center! We will have another Steak BBQ on Sunday - July 10. Seatings at 11:30 AM, 12 Noon, 12:30 PM & 1:00 PM. By reservation only. To reserve, call (603) 543-5998. Cost per person \$12.00...pay when you enter!

Café Claremont Menu: Tuesday - June 14... Birthday Celebration - Turkey dinner, stuffing, mashed potatoes with gravy, vegetables, birthday cake! Thursday - June 16... Fathers Day Celebration - Soup, roast beef with gravy, mashed potatoes, vegetables, dessert. Menu subject to change!

Our "free lunch" winner for attending our monthly meeting on June 7 was John Wolfe..

The City Council of Claremont is conducting an Elderly Exemption Survey regarding property taxes. Copies are now available at the center. Survey must be returned to the center before July 1, 2016.

The Widow & Widower Group sponsored by Connecticut Valley Home Care & Hospice will meet again on June 19 at the center from 2:00 - 3:30 PM. There will be a guest speaker. All are welcome regardless of length of time widowed. RSVP not required.

Beasley & Ferber will again be doing a free seminar open to the public on Tuesday - June 21 (1:00 -3:00 PM & 6:00 - 8:00 PM) at the center. Attorney Edward Beasley will be doing the presentation. Chuck Stephen of Glenwood Investment Group will provide financial tips. To register, call 1-800-370-5010. More info...www.beasleyferber.com.

Upcoming trips...Highwaymen & the Queens of Country (The Superstars of Country!) - Thursday - June 23 at the Venus DeMilo, Swansea, MA. \$101.00 per person. Michael Minor (singer, comedian, ventriloquist, celebrity impressionist) on Thursday - August 11 with Traditional Maine Lobster bake at Foster's Clambake Restaurant in York, MA. \$101.00 per person. Come to the center and check out the details and more trips!

Our next Senior Men's Breakfast will be Monday - June 27. Center opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM, socialize till 10:00 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Chair Yoga class guided by Charleigh Robbalard of the Ahimsa Yoga Center in Claremont brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. No pressure here! Join us every Monday at 10:00 AM. For a small fee of \$5.00, you will receive a very relaxing hour.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members are welcome but must sign in. Three visits are allowed before membership is required. Mahjongg, Hand & Foot card game and Pool are popular but other games are available. Attendees should bring a snack to share!

Pool 9:00 AM - 3:00 PM Monday to Friday. Hand & Foot Card Game on Monday - 1:00 PM. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjongg & Knitters - Friday - 1:00 PM. Nonmembers are welcome but must sign in. Three visits are allowed before membership is required.

The Claremont Senior Center...It's "The Place Where You Want To Be!"....Monday - Friday (9:00 AM - 3:00 PM) and for any of our public events! Call (603) 543-5998. To keep up to date, visit our Web Site. Punch in cnhcs.org.

oldest of five children born to Ervin and Anna (Dennison) May in Peterborough, NH, on May 31, 1915. Ray's father built a home on the NH/ MA border in Winchendon, MA, so Ray could easily attend high school. Following graduation from Murdock HS, Ray became a door-todoor salesman for Raleigh and Fuller Brush products. At the outset of World War II, Ray enlisted in the Army and served in the European theater in several countries and fought in the Battle of the Bulge after which he was awarded a Purple Heart and a Bronze Star. At the end of the war, Ray returned to Winchendon, MA, where he married his sweetheart, Beatrice Cardin. Ray began his long career with Aubuchon Hardware in Winchendon, MA, and in 1957 became the manager of the Windsor, VT, store.

Ray was never a person who could sit still long. When not working in the hardware store, he was remodeling his home in Windsor or tending his garden at home.

Ray was also a voracious reader, and he and Bea enjoyed taking long trips when time permitted. He was a member of St. Francis Catholic Church and the Knights of Columbus. Ray was a man of few words but he was always available to listen and would offer advice when asked. He was loved for his quiet dedication to his family, friends, and God. In his later years he was asked to speak to Boy Scout troops about his first hand experiences during WW II and his recall of details of the war was remarkable, considering it was such a harrowing experience.

He leaves behind his three children, son, Jim (wife Karin) of Claremont, NH, daughter Gaila (husband David) Strawn of Escondido, CA, daughter Patricia May (wife Kathy Droll) of Long Beach, CA, and granddaughter, Elizabeth May of Fresno, CA, as well as his sister, Evelyn Spaulding of Baldwinville, MA, and many nieces and nephews.

Burial will be at the Veterans Cemetery in Winchendon, MA, at a later date.

Robert C. Garneau, 84

Robert C. "Skeets" Garneau, 84 of Manchester, NH, passed away June 9, 2016, surrounded by his loved ones.

He was a lifelong resident of Claremont, NH, until 8 years ago when he moved to Manchester to be near his children. He was born January 15, 1932 in Claremont, the son of Alfred and Roseanna (Lacasse) Garneau. He was a

student, and athlete, at Stevens High School; playing football, basketball, and baseball (State Champs 1949!) He graduated in 1951, along with Beryl Ann McLin, his future wife. They were married on February 16, 1952, until her death in 1996.

He was a proud Air Force veteran of the Korean War. Upon returning to Claremont, he worked at Joy Manufacturing for over 30 years as a machinist.

He was a volunteer coach with the Goodwin Community Center in the 1960's, teaching many Claremont boys to play baseball; this was one of his most treasured achievements in his life. After retiring from Joy, he worked for several years on the grounds crew at St. Gaudens National Historic Site.

He is survived by three sons, Robert and his wife Michele Garneau, Scott Garneau, and James Garneau; all of Manchester. He has one daughter, Beth and her husband Lenard Dunphy of Amman, Jordan. He has five grand-children, Kristyn and her husband James Fadden, Mallory Garneau, Taylor, Natalie, and Danielle Dunphy, and twin grandchildren Brynn and Seamus Fadden. He is survived by two brothers; Roland and his wife Kay Garneau of Scituate, MA and Ronald and his wife Carol Garneau of Charlestown, NH. He was pre deceased by two sisters, Cecile Garneau and Helen Granger. He has several nieces and nephews.

A Mass of Christian Burial was celebrated on Monday, June 13th, in St. Joseph Church, Elm Street, Claremont with Rev. Father George Majka, Pastor, officiating. Interment followed in West Claremont Burying Ground.

In lieu of flowers please consider making a donation to the Beryl McLin Garneau class of 1951 Alumni Scholarship Fund at Stevens High School or the NH Chapter of Make A Wish Foundation; which his son Bob was instrumental in founding 30 years ago.

Claremont Fire Dept. Log

Sunday 6/5:

10:24 AM: Engine 3 responded to Pearl St. for a Carbon Monoxide detector sounding.

10:36 AM: Engine 3 responded to Royce St. for a public assist.

4:51 AM: Engine 3 responded to the Trinity St. for a report of an alarm sounding.

Monday 6/6:

1:20 AM: Engine 3, Ladder 2, and Engine 1 responded to Box Alarm 314 on Hanover St.

3:43 AM: Engine 3 responded to Broad St. for an alarm sounding.

3:51 AM: Engine 3 responded to Plains Rd. for a report of a tree and power lines down.

7:08 PM: Engine 3 responded to Washington St. for a motor vehicle accident.

8:13 PM: Engine 3, Ladder 2, and Engine 1 responded to Royce St. for Box Alarm 312.

Tuesday 6/7:

2:36 AM: Engine 3 responded to Heritage Drive for a fuel spill.

11:38 AM: Engine 3 responded to Heritage Drive for a well-being check.

3:07 PM: Engine 3, Ladder 2, and Engine 1 responded to Winter St. for Box Alarm 572.

9:05 PM: Engine 3 responded to Central St. for a medical call.

10:19 AM: Engine 3 responded to North St. for a lock out.

Wednesday 6/8:

5:57 AM: Engine 3 responded to Heritage Drive for a broken water pipe.

8:59 AM: Engine 3 responded to Heritage Drive for a medical call.

10:30 AM: Engine 3 responded to Water St. for a fuel spill.

12:06 PM: Engine 3 responded to Slab City Rd. for a report of a tree on wires.

4:05 PM: Engine 3 responded to the intersection of Spring St. and North St. for a motor vehicle accident.

7:12 PM: Engine 3 responded to Myrtle St. for a small extinguished fire.

7:30 PM: Engine 3 responded to Olympus Place for a medical call.

7:51 PM: Engine 3 responded to Arch Rd. for a medical call.

Thursday 6/9:

4:29 PM: Engine 3, Ladder 2, and Engine 1 responded to Washington St. for Box Alarm 0215.

5:49 PM: Engine 3 responded to Washington St. for Box Alarm 0215.

11:05 PM: E3 responded to Washington St. for an alarm sounding.

Friday 6/10:

7:22 AM: Engine 3 and Ladder 2 responded to Broad St. for a lift assist.

1:47 PM: Engine 3 responded to River Rd. for a vehicle leaking fluid.

Saturday 6/11:

3:14 AM: Engine 3 responded to Elm St. for a fire alarm sounding.

8:35 PM: Engine 3 responded to Pleasant St. for Box Alarm 0662.





The Claremont City Council will hold a public meeting on Thursday, June 16, 2016, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

6:30 PM 1. PLEDGE OF ALLEGIANCE

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA (CHANGES)

6:35 PM 4. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 22))

6:50 PM 5. BUDGET DISCUSSION

9:15 PM 6. CONSULTATION WITH LEGAL COUNSEL

9:30 PM 7. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, July 13, 2016, at 6:30 p.m. in the Council Chambers at City Hall. In addition, the next budget meeting and Public Hearing will be held on Wednesday, June 22, 2016.