

Arrowhead to be Host Venue for 7th Annual World Snow Day

CLAREMONT, NH--The 7th Annual World Snow Day at the Arrowhead Recreation Ski Area in Claremont is coming up on Jan. 21, and Arrowhead will again be a Host Venue; the Slebobgan Club of New England (SCNE) will be organizing the event.

Activities will include: tubing, skiing, Slebobganing, and ice skating.

There will be Slebobgan races, awards and prizes, and other amenities, including 1/2 off lift tickets for all participants between the ages of 4-14.

The event is open to all.

A Slebobgan is a device that allows a person laying on a toboggan, and holding a Slebobgan with their hands, to steer a path down a snow covered hill. The underside is fiberglassed and has three steel runners for positive control. A person controls speed by dragging their feet. It was invented by Bill Herrick of Wilmot, NH.

World Snow Day is the second phase of the "Bring Children to the Snow" campaign. The first phase of the campaign, called SnowKidz, was launched in 2009. The SnowKidz project aims to encourage FIS (an international ski federation) Member National Ski Associations to promote snow sports within their country, an annual snow festival for children and their families with various activities taking place simultaneously on a single weekend. The stated mission:

To reverse the general decline in youth participation in snow sports,

To support and encourage cooperation and unified effort to bring children to snow sports

To create a new channel to reach younger target groups

To bring newcomers to snow whilst offering extra value to those who already participate.

Got Sports? Send news and photos to
etickernews@gmail.com



Young participants who took part in World Ski Day last year (File photo).

Boys Basketball Sees Action on the Road

The Stevens Boys Basketball team played a pair of games this past week, and both were on the road. On Tuesday they were at Conant and on Friday traveled to Peterborough to take on Division II Con Val.

On Tuesday at Conant the Cardinals played well but 27 points from Jake Drew proved to be too much to overcome and they dropped a 57-42 decision to the Orioles. Luke Come led Stevens with 13 points to go with 11 rebounds. Tanner Durkee scored a season high 11 points and hauled down 6 rebounds, and Drew Grenier added 10 points to go with 4 assists.

On Friday night Stevens visited Con Val and played one of their best games of the season as they upset the Cougars 59-57. The Cardinals used a relentless defense and a balanced scoring attack to earn a big win. Luke Come had a big night for Stevens as he scored a career high 21 points. He also grabbed 9 rebounds. Derrick Stanhope tossed in 10 points, while Drew Grenier added 8 points, and Joe Desilets had 7 points, none more impor-

tant than his final 2 points of the game. With the game tied at 57 with 29 seconds left in the game, Con Val had the ball with a chance for the final shot to win the game, but Desilets got a hand on a long rebound, picked it up and was fouled on his drive to the basket with just 2 seconds left. He would hit both free throws, and all five of his free throws in the 4th quarter to give the Cardinals a huge win and move their record to 3-5.

The junior Cardinals won their game at Conant on Tuesday 37-28. Owen Taylor led the team with 10 points and he also controlled the glass, grabbing 14 rebounds. Quentin Bicknell had 6 points, while Brennan Huntoon and Ty Bonneau chipped in with 5 points each.

Things did not go so well on Friday night at Con Val as the Cougars came back to win a
(Continued on page B2)

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Road, from B1

38-33 decision to even the JV team's record at 4-4 on the season. Owen Taylor and Gabe Miller each had 8 points. Quentin Bicknell scored 7 points and grabbed 12 rebounds, while Matt Szelangowski chipped in with 6 points and 5 rebounds.

The varsity team will play a varsity doubleheader with the girls on Tuesday at Fall Mountain. The boy's game begins at 5:30 with the girl's game at 7:00. They will follow that up with another varsity doubleheader at Winnisquam on Friday. The girl's will play at 4:30, while the boy's will play the nightcap at 6:00.

The JV team will host the Wildcats of Fall Mountain on Wednesday at 4:30, and Winnisquam will visit Frederick Carr gymnasium on Thursday, also at 4:30.

View our Race Course online. Check-in/Registration on race day from 8:00 - 11:00 a.m. Check-in and race start are located at the CSB Claremont Community Center. Race begins at 11:00 a.m. sharp. All ages and abilities welcome.

To register for the race visit:
<https://www.runreg.com/crown-point-pigskin-5k-road-race>.

Springfield Wrestlers Sweep Mt. Abe Tourney

At a tournament in Bristol, VT, recently, Springfield wrestlers took home some serious hardware. Seniors John Stafford Jr, Matt Prosser, Matt LaChapelle, Bradley Bennett, and Lucas Saunders joined sophomore Brandon Bennett in the "gold club" at the top of their respective podiums, while senior Trent Lewis-Briere claimed a bronze medal.



L-R, front row: Gillian Guy, Timmy Amsden, Skylar Wallace, Cole Wright; back row: Coach Floyd Buck, Bryan Stafford, John Stafford Jr, Lucas Saunders, Matt LaChapelle, Matt Prosser, Brandon Bennett, Bradley Bennett, Coach Don Beebe. Missing from photo: Trent Lewis-Briere, Skyler Congdon (Crystal Shaw photo).

Sophomore Skylar Wallace pinned one of his opponents, his team cheering him on enthusiastically for his first win. Freshman Skyler Congdon claimed a hard-won 4th place while senior Gillian Guy battled through four tough matches with her usual grit and determination.

Junior high wrestlers also worked hard, with Timmy Amsden hitting his first win at the Mt. Abe tournament. Veteran Cole Wright fought through multiple opponents, and Bryan Stafford earned a 2nd place silver medal for his efforts.

Monarchs Fall to Royals, 6-2

MANCHESTER, NH--The Manchester Monarchs allowed five goals in the second period, and fell to the Reading Royals, 6-2, to cap a three-game weekend at the SNHU Arena on NH Highway Safety Night.

The Monarchs return to action Friday, Jan. 19 (7 p.m.) when they welcome the Wheeling Nailers to SNHU for the first time this season.

Lebanon-Stevens Hockey

- 01/08/18 at John Stark W 4-3
- 01/11/18 at Oyster River W 2-1
- 01/13/18 at Merrimack 5:00 PM
- 01/17/18 Berlin 6:20 PM
- 01/20/18 at Portsmouth-Newmarket 5:00 PM

SHS Girls Basketball

- 01/09/18 Conant L 32-39
- 01/12/18 ConVal L 26-40
- 01/16/18 at Fall Mountain 7:00 PM

Pigskin 5K Feb. 4

CLAREMONT, NH-- Kick off your Super Bowl Sunday by joining us for a 5K Run/Walk before the game!


Kids Fun Run - 10:30 a.m.; free to all!

The Pigskin 5K is a recreational 5K Run/Walk to be held Sunday, February 4th.

603-542-6900

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Inspiration

The Snow Is Always Whiter...

By Priscilla Hull

You've heard the saying that "The grass is always greener on the other side." Well, in northern New England that holds true for the snow, only we say, "The snow is always whiter." Here is dog, looking over the snow drift at the vast expanse of unbroken whiteness. She's not sure whether to jump over the drift and chance gamboling through that unbroken snow or not. It might be cold! It might be wet! It might be deep!

As we walked these past couple of warmer days, the sun felt a little warm and it was a pleasure walking so I did almost 45 minutes, which we do in warm weather. We enjoyed watching the oak leaves dancing across the expanse of unbroken snow also the occasional hydrangea flower skeleton. There were lots of tracks in the snow, deer, rabbits and some tiny mouse prints. The wind was light and all things considered it was a perfect walk. The only unpleasantly were a few large dog deposits which their people couldn't bother to pick up! Please take plastic bags along and pick up after your pooch!

The snow is whiter. The grass is greener. We're rarely satisfied with what we have or where we are. I remember, many years ago, a friend who wanted to live at our house. Mom explained the rules: Help with dinner, do dishes, clean your room, help with yard work. Guess what? She found the grass was just as green in her own yard! I guess it is only human to look for a better situation. In fact, maybe it is a good thing to do! If we were always satisfied with the status quo, we'd never change, but go about life dragging through the days, never looking for a better mouse trap, as it were. Marconi wouldn't have invented the radio if he didn't want a better means of communication. Edison wouldn't have invented the lightbulb, among other things. Oh, yes, Columbus, the Vikings, Amerigo Vespucci wouldn't have found the Western World, although I think someone would have.

Yes, curiosity about what is on the other side is a good thing. It leads us to create, invent, discover. Now, we can't all be Marconi, or Edison or a great explorer, but we have our own creations to make. We have our own discoveries to explore. This curiosity about what is across the fence, around the corner or on the other side of the world gives us reason to go beyond our limited scope and find new ways, new places and even new people. Curiosity is a good thing!

Keep looking over the fence, the snow bank! More important, encourage our children to look over the fence, the snow bank. Encourage those little minds to find something new! Give their curiosity a reason to explore what's around them. Let them watch leaves dancing across a clear expanse of snow. Show them the stars in the sky! Let them follow deer tracks or rabbit tracks in the snow. Open the doors to the world! You'll never be sorry, maybe you have a Marconi, an Edison, a Columbus living under your roof! Maybe you have a great kid who loves nature and loves to watch the world around her!



"When I consider the heavens, the work of your hands,
The moon and the stars which you set in place;
What is man, that you should think of him?" Psalm 8:3,4

Priscilla Hull is the Lay Leader of the First United Methodist Church.

Calendar Of Events

Energy Committee Seeks Members

CLAREMONT, NH--The newly formed Claremont Energy Advisory Committee is in need of five members and two alternate members. Term of service is two years. Members must be residents of the City. Council is recommending these openings be filled with those with experience in energy issues and efficiency, education and training, and/or an engineering background, but any resident is welcome to apply. If you are interested in serving on the Committee, please complete an application form and return it to dbearse@claremontnh.com mail/deliver it to the Planning and Development Department at 14 North Street. Contact the department for more information.

Sestercentennial Store on Sunapee 250 Website Now Live

The Sestercentennial Store on the Sunapee 250 website is now live. You can purchase your commemorative license plates, window decals by SMHS student Parker Reed, limited edition granite arrowhead from Stocker's Sunapee Granite Works and Sunapee 250 roadside banner. Simply go to www.sunapeeh250.org and click on the Store to start your shopping. Sales of commemorative items will go towards funding the celebration activities in August.

Naturalist Series: Winter Tree ID

Everyone notices the leaves on trees in the growing season, but few look closely enough to see the amazing life storing buds that are on the twigs all winter long. Learn how to use the buds and other often overlooked features to identify trees in winter.

Saturday, January 20th, 1:00 – 4:00 p.m.
Participants will meet at the Ahern Building

at the county home complex in Unity. Bring snowshoes; they have a few pairs to share. Please RSVP as space is limited.
ddextraze@sullivancountynh.gov
or 504-1004.

Marchand Coming to Charlestown

CHARLESTOWN, NH--Open to the public, the Charlestown Democrats group will be hosting a Pie Party Meet & Greet luncheon for Steve Marchand, Democratic candidate for governor on Jan. 27, at noon.

Marchand will outline his values and experience, meeting with everyone and providing discussion on today's critical issues impacting New Hampshire. More information about Marchand may be found on Facebook: Steve Marchand for Governor.

An RSVP is appreciated by Jan. 20th so that sufficient food will be available for all who attend. A \$5 to \$10 donation per person is also appreciated. Proceeds will go towards supporting local candidates in 2018.

To RSVP or for additional information, please contact Kathleen Eames, Chair, Charlestown Democrats, at 603-826-0100 or text/call 603-558-2564. Email: kzetaeames@comcast.net.

Bereavement Support Program: Threads of Hope

CLAREMONT, NH--Lake Sunapee VNA will offer a new seven-week bereavement support program called "Threads of Hope" beginning on January 17th in Claremont. Choose the afternoon series at Valley Regional Hospital or the evening series at TLC Family Resource Center. This free program will center around a little book with very large healing potential as participants journey through 12 questions asked by many grieving people and learn to respond to these questions in helpful ways. And you will keep the book!

The program will be held on Wednesdays, January 17, 24, 31, February 7, 14, 21 and 28 from 1:00 to 2:30pm at Valley Regional Hospital, 243 Elm Street, Claremont. It will also be held on those same dates from 5:00 to 6:30pm at TLC Family Resource Center, 109 Pleasant Street, Claremont. RSVPs are requested by calling 603-526-4077.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information.

All paper games.

Hope For Recovery Services, Meetings

CLAREMONT, NH--169 Main Street Claremont, NH Phone: 603.287.7919

Primary hours: Monday-Friday, 9AM-5PM

1-on-1 peer coaching for everyone impacted by addiction (inc. family & friends) Support groups - Community events - Educational workshops.

MONDAYS

☐ 11am-12pm Weekend Review Check-in Group

☐ 2-3pm All Recovery Peer Group ☐ 4-5pm Women in Recovery

☐ 6:30-8pm F.A.S.T.E.R. - Support for family members (Every 1st and 3rd Monday)

TUESDAYS

☐ 11am-12pm All Recovery Peer Group

☐ 2-3pm All Recovery Peer Group

☐ 4-5pm Art & Journaling in Recovery

WEDNESDAYS

☐ 12-1pm Alcoholics Anonymous - A 12 Step Program

☐ 2-3pm All Recovery Peer Group

☐ 6:30-8pm Greater Sullivan County Survivors of Suicide Loss (3rd Wednesday of the month)

THURSDAYS

☐ 10:30-11:30am Women in Recovery

☐ 12:30-1:30p SMART Recovery

☐ 2-3pm All Recovery Peer Group

☐ 5-6:30pm LGBTQ+ Peer Support Group (Every 2nd & 4th Thursday)

☐ 7-8pm Al-Anon - A 12 Step Program for family & loved ones

FRIDAYS

☐ 10:30-11:30am All Recovery Peer Group

☐ 12-1pm Narcotics Anonymous Meeting

☐ 2-3pm All Recovery Peer Group

☐ 5:30-7pm Movie Night - (Every 1st & 3rd Friday) Some movies will feature graphic and

sometimes disturbing material. Please check in with us to see what movie we will be showing if you have concerns about content.

If you are interested in hosting your next sober event (film screenings, birthday parties, team meetings) at the center, looking to start a new support group, facilitate a training or workshop, or thinking about volunteer and internship opportunities please email: info@recoverynh.org or call 603.287.7919.

Arrowhead Work Sessions

CLAREMONT, NH--The Arrowhead Recreation Club is in need of volunteers for the upcoming season. "We are short of people in a number of areas do to people moving out of the area and other conflicts, so if you can help we would greatly appreciate it," said Chuck Allen of the Arrowhead Recreation Club. Operational Needs include Ski shop – get trained on fitting bindings for skis and snowboards in the rental shop. Outside operations – operation of ski and tubing lift. Help with unloading tubes and monitoring the tubing area. Need ski and snowboard instructors. Snack Bar – help with the taking of food orders and preparation. Also looking for a mechanical person to help with tracked vehicles and diesel engines.

There are work sessions on Saturdays from 9:30 a.m. to 1:00 p.m. Doing maintenance and other tasks, inside and out.

Best contact method is by email; arrowhead@arrowheadnh.com or leave a phone message at (603) 542-7016.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Arts Mixer: 3rd Saturdays Open Studio

Monthly 1:00 PM – 3:00 PM
Jan 20, Feb 17, Mar 17, Apr 21
West Claremont Center for Music and the Arts

@ Union Church Parish Hall
133 Old Church Rd
Claremont, NH

Join us for a monthly open studio session at the West Claremont Center for Music and the Arts. All creative mediums are welcome. We'll have hosts skilled in painting, drawing, crochet, sewing, jewelry, photography, graphic design, and more. Bring your project and materials, some limited basic supplies and tools may be available for use.

This event is for ages 12 and up (under 16 should have an adult join them). Younger devoted artists may contact us to inquire about attending with adult supervision.

Fee: \$15 for nonmembers, \$10 for members
Visit wcc-ma.org for full info, or contact melissa@wcc-ma.org

Amplified Arts and Rural Outright Announce Partnership

CLAREMONT, NH --Amplified Arts and Rural Outright, a program of TLC Family Resource Center, have formed a partnership to produce The Laramie Project next year. There will be an informational meeting on January 24 at 6PM at Amplified Arts collaborative arts venue, located on the second floor of 31 Pleasant Street in Claremont. Open auditions for early career artists aged 13 to 18 will be held on February 7 from 6 to 8 p.m. at the same location.

The play by Moisés Kaufman and the Tectonic Theater Project documents the 1998 murder of Matthew Shepard, a gay student at the University of Wyoming, and its impact on the community of Laramie, Wyoming. The production draws on hundreds of interviews conducted with inhabitants of the town, company members' own journal entries, and published news reports.

The opening performance is scheduled for April 27 to coincide with the Day of Silence, an annual student-led event organized in thousands of schools across the country to bring awareness to the silencing effects of anti-LGBTQ name-calling, bullying, and harassment.

For more information, please visit amplifiedartsnh.com or contact amplifiedartsnh@gmail.com.

TLC Family Resource Center serves all families, children, and youth throughout Sullivan

and Lower Grafton counties with a wide-range of free programming and educational offerings. Its Rural Outright program provides support and advocacy to local LGBTQ+ youth, their families, and allies. For more information, please visit tlcfamilyrc.org/rural-outright or contact ruralNHoutright@gmail.com.

For more information about Matthew Shepard's story please visit www.matthewshepard.org.

TLC Program Offerings

CLAREMONT, NH--First and third Friday of every month the Rural Outright Diversity Club for transgender and gender non-conforming people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other transgender and gender non-conforming folks to share experiences, resources and struggles.

CLAREMONT, NH--Second and fourth Friday of every month the Rural Outright Diversity Club for LGBTQ+ people meets from 6 to 8 p.m., at TLC Family Resource Center, 109 Pleasant St., in Claremont. 14 years and older. This is a casual meet and greet with conversation and activities. Come meet other LGBTQ+ folks to share experiences, resources and struggles. For more information, visit online at www.tlcfamilyrc.org/rural-outright-events-calendar.

CLAREMONT, NH--First and third Saturday of every month the Caring Adults Peer Support (CAPS), sponsored by Rural Outright, meets at 10 a.m. at the TLC Family Resource Center, 109 Pleasant St., in Claremont. This is an opportunity for parents, educators and other caring adults to discuss challenges and best practices for supporting LGBTQ children of any age. For more information, contact Neil at neilpierceallen@gmail.com.

Overeaters Anonymous Meetings

NEWPORT, NH--OA 12 & 12 meetings held on Sundays from 12:30-1:30 p.m. at Millie's Place, 45 John Stark Hwy., in Newport.

Bingo in Charlestown

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Twelve regular games, six special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, and a progressive game from \$800 - \$1,800, plus the final game with a guaranteed prize of \$225 make up the Wednesday evening benefits. It is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



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Lake Sunapee Region VNA & HOSPICE

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REV. DEC. 15, 2017

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Plainfield Library 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Lebanon Senior Center 10:00 am – 2:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC COA, New London 9:30 am – 1:00 pm
2nd WEEK of the month	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm FOOT CLINIC Charlestown Senior Center 10:00 am – 4:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC Sugar River Mills, Claremont 11:30 am – 1:00 pm FOOT CLINIC COA, New London 9:30 am – 1:00 pm Sugar River Mills, Claremont 12:00 – 3:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm FOOT CLINIC Charlestown Elderly Housing 12:30 – 3:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm	BLOOD PRESSURE CLINIC Sutton Baptist Church 9:00 – 11:00 am Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm	BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm	BLOOD PRESSURE CLINIC Plainfield Town Hall 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: www.lakesunapeevna.org

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“Welcome to Medicare” Workshops

- Hospital Insurance
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2 Dates Available:

Tuesday, January 30th

1:30 PM

Tuesday, February 27th

1:30 PM

Sullivan County ServiceLink (ADRC)

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For Information and to Register Call:

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— *61st Annual* —

PRESIDENT'S AWARDS

January 26, 2018

5:30-9:00PM

The Common Man

Recipients

Young Professional - Sean Edward Roberts Model Youth - Prescott Herzog
NonProfit - Southwestern Community Services
Business - Ink Factory Citizen - Chuck Allen

Ticket Information

www.greaterclaremontnh.org • (603) 543-1296

The Opera House

58 Opera House Square Claremont, NH / 603-542-4433 claremontoperahouse.org

UPCOMING
Events

JAN. 20
7pm

Sean Edward Roberts directs
WILLIAM SHAKESPEARE'S
THE TEMPEST

Claremont Elementary School

DRAMA

FESTIVAL SATURDAY
Feb. 17

UPCOMING
Events

UPCOMING
Events

WCNl Country 1010AM / 94.7FM
COMMON MAN INN Claremont
partnership presentation
welcome
Harold Ford & Band

LIVE ON STAGE
THE SPIRIT OF
JOHNNY CASH

CASH BAR

BACK BY POPULAR DEMAND!

Saturday
MARCH 10 7:30pm

2018
Children's Series for Schools

10 am, Thurs, May 17, 2018
Pete the Cat

10am, Friday, April 6, 2018
BEN FRANKLIN
AMERICA'S FIRST CITIZEN

Sign your class up TODAY!

UPCOMING
Events

UPCOMING
Events

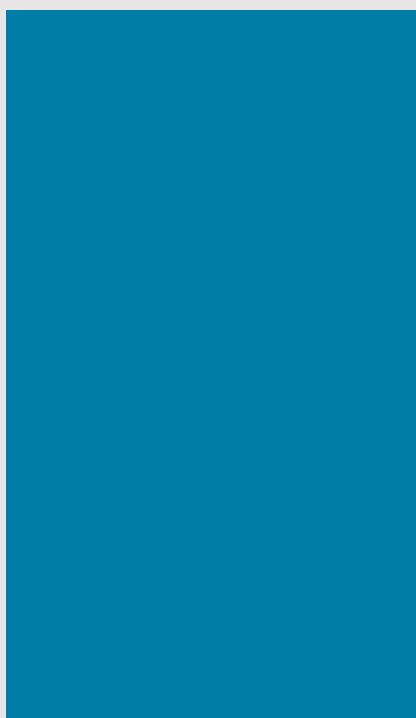
Includes Laser Light Show! Saturday April 21st 8:00pm

Live in Concert
KASHMIR THE LIVE LED ZEPPELIN SHOW!

CASH BAR!

ART MIXER

OPEN STUDIO @ WCCMA



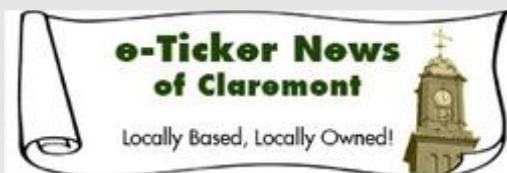
**3RD SAT OF
MONTH:
1-3PM**

**@ 133 OLD CHURCH RD
CLAREMONT**

**\$15 NONMEMBERS
\$10 FOR MEMBERS**

Monthly open studio sessions. All creative mediums are welcome. Hosts skilled in painting, drawing, crochet, sewing, jewelry, photography, graphic design, and more. Bring your project and materials. Best for adults and ages 12 and up.

More info: wcc-ma.org



**WEST CLAREMONT
CENTER FOR MUSIC
AND THE ARTS**

Violence in the World Today: Society's Lack of Valuing Life

By Bernadette O'Leary

Today's news and social media are flooded with stories of senseless violence. Children killing children, police being slain, terrorists, and more. Some claim that certain lives matter; yet, they become angry when someone else claims that certain other lives matter, thereby suggesting that some lives matter more than others. What has led the world to have such a lack of value on human life... all human life?

Perhaps the most troubling cases of violence in today's society are children who kill, rape, or otherwise assault others. An article on *Listverse* listed 10 cases where children killed their families or others over such reasons as wanting to date someone parents did not approve of, gaming devices, chores, or even simply for sport. In September of 2017, *CNN* reported about children committing hate crimes, which included the murder of an eight-year-old boy. A report posted in 2017 by *Crime in America* revealed a heart-stopping rate of nearly 12% of violent crime attributed to children. These numbers are not going down, but sadly, they are on the rise. Violence among children is arguably the biggest sign of society's fixation with violence, and a lack of regard for human life and empathy toward others. Children learn from parents, peers, society in general, and entertainment. That leads to the question of why we continue to allow the mindset that there is no problem with gratuitous violence in the home, society, or the entertainment industry. To learn more about how domestic abuse might introduce children to violence while the system fails to address abuse properly, please see my articles on those matters in previous editions of *e-Ticker News of Claremont*.

The killing of police officers is also on the rise. *Newsweek* reported a rise in fire-arm related deaths among police officers of 44% from the previous year in July of 2016. Many of these were due to people lashing out over their views against police officers. Others were due to how de-policing caused by violent outbursts and rioting caused police to hesitate in deadly confrontations, from fear of backlash. Such things are very dangerous not only for police who risk their lives daily simply by pulling over speeders, but also to the citizens who suffer from vandalism of private and commercial properties as well as assaults when riots break out. *PoliceOne's* website reports that such things as this only serve to create a lawless society. The simple fact is, not all facts are given to the general public regarding crimes due to valuable confidentiality that is needed during the process of prosecution. Likewise, when citizens lash out violently, believing they know everything about a given case in the news, and when the media sensationalizes cases without all the facts and with bias, this can only lead to fear from both police and the citizens they risk their lives to serve. Even the police themselves agree that bad cops are not properly punished, with the *Huffington Post* reporting that roughly 47% disagree and 25% strongly disagree that such officers are held accountable. Depending on what sites you look at, statistics show that as recently as 2017 the percentages of bad cops only ranges from less than 1% to under 10%. So do your research responsibly before deciding that all cops, or even the majority of them, are bad. The statistics were mostly in line with that estimation in the more than 30 reputable sites that I researched. Yet, many people believe that all or most police officers are bad and target them for violent crimes.

Terrorism has become a constant sight in news. Terrorists attempt to justify the rapes, kidnappings, torture, and murder of men, women, and even children on religious beliefs, sexual orientation, and more. *The Heritage Foundation* details some of the more notable terrorist attacks in the past 40 years, and *Our World in Data* tracks the stark rise in terrorism from 1970 - 2016: ranging from just under 1,000 to over 16,000 events per year globally. The numbers of deaths within that same time frame measure a staggering rate ranging from zero to over 40,000. All in the name of indifference and lack of tolerance for those who differ from themselves.

Yes, killing has existed since the dawn of man, and there have been times when the killing escalated for various reasons such as religion, indifference, control, and more. However, as the numbers show, we are currently living in a time when senseless killing is on the rise. What is happening to our world when violence and disregard for life is growing, while people claim to be more in touch with the importance of each individual? We may never know. It could be the influence of so-called entertainment that glorifies killing and violence, the lack of proper parenting, the removal and lack of faith in the public square, or any number of things. The only certainty is our society has lost its sense of value of human life, and we are passing it onto our children.

Allison, Michael; *Listverse*: <https://listverse.com/2013/07/25/9-horrible-crimes-committed-by-children/>

Crime in America: <https://www.crimeinamerica.net/2017/02/21/juveniles-and-violent-crime/>

Huffington Post: https://www.huffingtonpost.com/entry/police-internal-affairs_us_58740d94e4b099cdb0ff0d04

Love, David A.; *CNN*: <http://www.cnn.com/2017/09/16/opinions/children-committing-hate-crime-opinion-love/index.html>

Newsweek: <http://www.newsweek.com/2016/07/22/cop-killers-police-shootings-479715.html>

Our World in Data: <https://ourworldindata.org/terrorism>

PoliceOne:
<https://www.policeone.com/2015-in-review/articles/58831006-Deadly-hesitation-and-de-policing-2-troubling-trends-that-affected-officer-safety-in-2015/>



Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes.

We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Thomas D. Birney, 48

Thomas D. Birney, 48, of Acer Heights in Claremont, NH, died Thursday (January 11, 2018) at his home following a sudden illness. He was born in Lebanon, NH, on December 18, 1969, the son of George and Audrey (Hickory) Birney and had been a lifetime area resident. Thomas was a veteran of the US Air Force. On September 17, 1994 he married the former Kimberly Callum. He had been employed as a merchandiser by PepsiCo. Thomas enjoyed maintaining his saltwater aquariums, shooting firearms at the range, watching sports on television especially the New York Giants and WWE wrestling. He also enjoyed traveling with his family and taking cruises because of his love of the ocean and sea life.

Members of his family include his wife, Kimberly Birney, Claremont, NH, two daughters, Mikayla Birney, Lauren Birney both of Claremont, NH; his parents, George and Audrey Birney, two half-sisters, Dawn Birney and Jennifer Birney all of Orlando, F and two nieces, Dorothy Ann Currier and Cayelin Currier.

A Memorial Service will be held at 7:00 pm on Tuesday (January 16) at

the Roy Funeral Home with the Rev. Doug Cooper, pastor of the Christ Restoration Church in New London, NH, officiating.

Committal services with military honors will be held in the spring in Eastman Cemetery, North Road, Sunapee, NH.

Friends may call at the Roy Funeral Home on Tuesday from 6:00 pm until the time of services.

The family suggests that in lieu of flowers, memorial donations may be made to the charity of one's choice.

You are invited to share a memory of Thomas with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Sandra Malhoit, 73

Sandra "Sandy" Malhoit, 73, of Springfarm Road in Claremont, NH, passed away peacefully surrounded by her family Monday evening, January 8, 2018.

Sandy was born in Woonsocket, RI, on July 1, 1944, the daughter of Edward C. Malhoit and Laurette (Breton) Willette. Sandy is survived by her devoted mother, Laurette, of Claremont, and predeceased by her incredible stepfather, William Fred Willette of Claremont. Sandy leaves behind her siblings, Edward W. Malhoit and Christine of Claremont, William "Bill" Willette, Jr and Suzanne of Acworth, Marilyn Richards of Laconia, and Linda Foster and John of Rochester, NY.

Sandy is survived by and predeceased by a large extended family to include aunts and uncles that loved her like their own, and cousins and friends that are far-reaching, from New York to Brazil. Sandy had a special connection to all her nieces and nephews and their children.

It is not forgotten on those who she leaves behind, that her life instilled a deep purpose for the connectedness of family and how we all share in the responsibility of caring for one another.

“The true primary-care provider is Mom.”

-Dr. Sam Giveen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**
EYE CARE

(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)



A Mass of Christian Burial was celebrated Saturday morning, January 13th, in St. Joseph's Church. Interment followed at St. Mary's cemetery.

The Stringer Funeral Home is in charge of arrangements.

Eleanor A. Schultz

Eleanor A. Schultz died on January 6, 2018, at Valley Regional Hospital in Claremont, NH. She was born on December 29, 1919 in Harrison, NJ.

She was the only daughter of Charles Willes and Honore McNicholas.

Widow of William Murdoch and William Schultz.

She lived in New Jersey until 2004 when she moved to New Hampshire to the home of her only son William Murdoch who died on August 5, 2010 and her daughter in law and caregiver Mary Ann Murdoch.

She was grandmother to Eric C. Murdoch (wife Susan) and great grandmother to Jason, Ryan, Michael, Joseph, Sarah and Rachel Murdoch.

There will be no formal funeral services per her wishes.

The Stringer Funeral Home is in charge of arrangements.

Claremont Fire Dept. Log

Sunday, January 7

1213- Engine 3 responded to Charlestown Rd. for a fuel spill.

1701- Engine 3 responded to Maple Ave. for a medical call.

1941- Engine 3 responded to Sullivan St. for a medical call.

Monday, January 8

0803- Engine 3, Ladder 2, Engine 1 responded to box alarm number 0332.

0847- Engine 3 responded to Hanover St. for a medical call.

1424- Car 1, Engine 3, Ladder 2, Engine 1 responded to Camden Ave. for a structure fire.

1910- Engine 3, Ladder 2 responded to box alarm number 0121.

1934- Engine 1 responded to Charlestown, mutual aid, for a structure fire.

2047- Engine 3, Utility 3 responded to the snowmobile trail off Bible Hill for an accident.

Tuesday, January 9

Social News

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

Our twice a week dinners welcomes members as well as non-members. Members pay \$4.00, non-members \$5.00. Menu for Tuesday - January 16...Soup, chicken, gravy, vegetables over biscuits, dessert. Thursday - January 18 ...Birthday Celebration...Soup, meatloaf, potatoes, vegetable, birthday cake!

On Tuesday - January 16 - 12:30 PM in Owens Hall, Neil Allen from the TLC Family Resource Center in Claremont will be doing a presentation regarding a new volunteer program to assist them in their mission to promote the optimal health and development of children and families throughout Sullivan and Lower Grafton counties. This type of volunteering can be both beneficial for seniors and the children and families. It will not be a long presentation...I ask that you please be welcoming . . . stay and listen!

Reminder that during winter months, center is closed on days of unsafe weather conditions and when schools are closed. Watch WMUR-TV.

The AARP Tax Aide will be at the center every Friday starting February 2, 2018 till April 23, 2018. Call the center for an appointment (603) 543-5998.

The "free lunch drawing" winner at our monthly meeting on December 9 was Judy St. Pierre.

The following are sponsored by Lake Sunapee Region VNA & Hospice: Foot Clinics - Wednesday - January 17 (8:30 AM - 4:00 PM). Cost \$25.00. Free Blood Pressure Clinic - Thursday - January 18 (11:00 AM - 12 Noon). For appointments, call (603) 526-4077.

Our "Vendors / Crafters Corner" welcomes any type of business or crafter to rent an 8 ft. table for \$15 in our entrance lounge. Only one vendor / crafter per date!

Our next Senior Men's Breakfast will be Monday - January 22, 2018. Doors opens 8:00 AM, breakfast served 8:15 AM, guest speaker 8:45 AM. Menu: Pancakes, sausage or bacon, juice, coffee. Members \$2.00, non-member guests \$3.00. Come to or call center to sign-up!

Chair Yoga class guided by Charleigh Robalard every Monday at 10 AM brings you through an hour of gentle, relaxing yoga. Class uses chairs to accomplish the poses doing just what you can. \$5.00 fee for a very relaxing hour.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Come have lunch! Sale of cards stops at 12:50 PM. No cards sold after that time!

Senior Game Night every Tuesday (6:00 - 9:00 PM) for members. Non-members welcome but must sign in. Three visits allowed before membership is required. Hand & Foot card game and Pool are popular, other games available. Attendees should bring a snack to share!

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates, \$20.00.

Come see our "Brick Wall." Purchase a "Memorial Brick" for \$100.00 in memory of deceased family members/ friends. Also, bricks in honor of living family members and friends available.

Pool 9:00 AM - 3:00 PM Monday to Friday. Exercise sessions - Tuesday & Thursday - 10:00 AM. Ping Pong - Wednesday & Friday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters on Friday (12 Noon - 3:00 PM) bring your lunch. Non-members welcome but must sign in. Three visits allowed before membership is required.

Rentals available for weddings, hourly, one-day, funeral receptions and our board room has an 8 persons capacity.

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

0648- Engine 3 responded to box alarm number 0136.
 0733- Engine 3 responded to Pearl St. for a fire alarm activation.
 0806- Engine 3, Ladder 2 responded to box alarm number 0142.
 0820- Engine 3 responded to Plains Rd. for a water problem.
 0920- Car 2 responded to Pleasant St. for a traffic light pole accident.
 0939- Engine 3 responded to Maple Ave. for a 911 hang up.
 1008- Engine 3 responded to Petrin Heights for an odor investigation.

Wednesday, January 10

0017- Engine 3 responded to Union St. for a medical call.
 0104- Engine 3 responded to River Rd. for a medical call.
 0756- Engine 3 responded to North St. for a MVA.
 0815- Engine 3 responded to Maple Ave. for a MVA.
 1144- Engine 3, Utility 1 responded to Schmidt St. for a water problem.
 1322- Engine 3 responded to Central St. for a well-being-check.
 1456- Engine 3 responded to Green St. for a medical call.

Thursday, January 11

0713- Engine 3 responded to Acer Heights for a medical call.
 0808- Engine 3, Ladder 2 responded to Acer Heights for a public assist.
 0934- Engine 3 responded to Charlestown Rd. for wires down.
 1436- Engine 3 responded to Fisher Pl. for a CO detector sounding.
 1503- Engine 3, Ladder 2 responded to Pleasant St. for a gas leak.
 2051- Ladder 2, Engine 3 responded to box alarm number 0131.

Friday, January 12

0953- Engine 3 responded to Washington St. for an odor investigation.
 1222- Engine 3 responded to Pleasant St. for a water problem.
 1316- Engine 3 responded to box alarm number 223.
 2343- Engine 3 responded to Main St. for a public hazard.

Saturday, January 13

0039- Engine 3 responded to Pleasant St. for a medical call.
 2132- Engine 3 responded to Main St. for a medical call



The Claremont City Council will hold a public meeting on Wednesday, January 24, 2018, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. MAYOR’S NOTES
 - A. Governor’s Citation for Fire Chief Rick Bergeron
- 6:40 PM 5. CITIZEN’S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 6. NEW BUSINESS
 - 6:50 PM A. Presentation on Project - Lead Poisoning in Household Pets
 - 7:05 PM B. Audit Report
 - 7:35 PM C. Motion to Approve Multi-Year Lease Agreement for Sewer Enterprise Fund
 - 7:45 PM D. Capital Reserve from Sale of City-Owned Property
 - 7:55 PM E. Resolution 2018-21 Accept and Expend CDEFA Clean Energy Loan – Public Hearing
 - BREAK
 - 8:20 PM F. NH Retirement System Decennial Commission Recommendations Discussion
- 9:20 PM 7. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:35 PM 8. CONSULTATION WITH LEGAL COUNSEL
- 9:40 PM 9. NON-PUBLIC SESSION PURSUANT TO RSA 91-A:3,II(a) – PERSONNEL REVIEW
- 9:55 PM 10. ADJOURNMENT

PLEASE NOTE: Claremont City Council’s next scheduled meeting will be on Wednesday, February 14, 2018, at 6:30 p.m. in the Council Chambers at City Hall.