CLAREMONT, NH--

Heavy rains on Friday and Friday night were replaced by a rapidly approaching cold front that turned the rain into a brief period of freezing rain followed by a light layer of very dry snow by Saturday. Temperatures in the 50s on Friday, combined with the rain, caused snowmelt, leading to flooding, ponding, road closures and more. In Claremont, Plains Road near the Coy Paper Mill bridge was closed around 1:30 a.m. Saturday due to flooding; Route 12A in Cornish, from the covered bridge to Saint-Gaudens, was closed due to severe flooding and ice jams along the Connecticut River, and those living near the bridge were being contacted about evacuating from their homes on Saturday. In Claremont, the Sugar River was also being monitored for ice jams while Newport saw the area of the plaza and McDonald's being flooded out as well. Cornish Fire personnel was also involved in affecting the rescue of a motorist who attempted to drive through the flood waters on Route 12A on Saturday. Both Route 12A and the covered bridge were reopened to traffic Sunday afternoon. As of noon Monday, Plains Road was still closed. See more photos on page A24.

For videos of the flooding, please visit www.facebook.com/etickernews.

---Phyllis A. Muzeroll
Program on Benjamin Franklin Coming to COH

CLAREMONT, NH--“Benjamin Franklin: America’s First Citizen”, will be performed at The Claremont Opera House on April 6 at 10:00 a.m.

Patrick Garner, 20-plus year Broadway, television, and movie veteran, brings to life the nation’s favorite founding father, the man who tamed lightning and conquered crowns, to demonstrate how a life of self-discipline, inquiry, public service and a genuine love of life led to international fame and the gratitude of a nation. This 45-minute performance is recommended for ages 5 and up.

Garner’s work in children’s books led him to found his own company, HISTORY’S ALIVE!, to help students not merely learn history but learn from history. Now in its 10th year, and seventh year associated with Theatreworks USA, Garner travels the country with his shows about Thomas Edison, Lewis & Clark, Ben Franklin, The Wright Brothers (& Sister!), Houdini, Archimedes and American Tall Tales. This will be Garner’s third time at Claremont Opera House. Students, teachers, and even the Mayor, Charlene Lovett, have been entertained and educated by Garner’s performances. The opera house was pleased by how engaged the students were and how many questions they had for Garner after the show. A great credit to his ability; some of them had to be pulled away to catch their busses.

Garner returns April 6, 10:00 a.m. to bring Ben Franklin and history to life.

For information on tickets, please call the opera house at 603-542-0064; cost: $5 for children and adults. Schools should call opera house to reserve spaces.
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Commentary

NH House Happenings
By Rep. John Cloutier

House Busy with Family and Medical Leave, Marijuana Bills

A Family and Medical Leave Insurance Program which would allow participating Granite State workers to take paid time off from their jobs to care for family members or themselves received preliminary approval last week from New Hampshire’s House of Representatives.

On Jan. 9, by a 183-151 roll call vote, the House passed an amended version of House Bill 628 that would create this leave insurance program. Passage followed a thorough floor debate as well as a recommendation by a bipartisan majority of the House Labor, Industrial, & Rehabilitative Services Committee to adopt the bill. The measure now proceeds to the House Commerce & Consumer Affairs Committee for more examination, and a second House within the next few weeks. It is sponsored by a bipartisan coalition of 12 legislators led by Concord Rep. Mary Stuart Gile, and has the support in principle of Gov. Christopher Sununu.

House Bill 628 proponents like Hampton Rep. Philip Bean, a Republican, stated that family and medical leave insurance is “critical” in order for New Hampshire to deal with some of its significant future challenges. These challenges include growing and maintaining our workforce, caring for aging senior citizens, and enhancing recovery from our state’s opioid crisis. Rep. Bean added that the legislation would benefit employers, employees, working class families, and the state’s economy in general.

Specifically, the Family and Medical Leave Insurance Program as proposed in House Bill 628’s amended version would be administered by the New Hampshire Dept. of Employment Security, which also administers unemployment insurance. It would provide temporary and partial wage replacement for workers who need time off to care for themselves, and family members like spouses, children, grandchildren, and parents. But it would require medical certification of the need to take such leave in order for participating workers to qualify for benefits. These benefits would be available for up to 12 weeks per year and cover up to 60 percent of an employee’s weekly wage with a cap equal to $886. Employees who offer a comparable private plan could opt out of this program.

Employees would also have one-time opportunity to opt out of the program, so they would not be forced to participate. The program would be funded through employee contributions of 0.5 percent of their wages, which would roughly average about five dollars per week per employee. Finally, employers would not be required to contribute to the program.

Nevertheless, House Bill 628 opponents, led by Barrington Rep. Leonard Turcotte, a Republican, criticized its amended version, despite the modest and voluntary nature of its proposed Family and Medical Leave Insurance. Rep. Turcotte stated that it would create yet another “unneeded social program” financed by a 0.5 percent income tax disguised as an insurance premium. He questioned whether the program’s “opt-out” provision could feasibly work, claiming it could lead to lawsuits and cost overruns, events that could eventually result in taxpayers picking up all the costs. Also he said that the Dept. of Employment Security would be forced to hire an additional 45 employees at an estimated cost of $4.1 million in order to administer the program. Finally, he stated that many employers could offer Family and Medical Leave Insurance to their employees from private insurance companies.

For the record, I did vote to give preliminary approval to House Bill 628. I believe the Family and Medical Leave Insurance in the bill is a small step forward in helping to make our state’s workplace more family-friendly. In other words, good employees should be able to take some time off from work caring for family members or themselves if necessary, without losing all their income.

The House also gave preliminary approval on Jan. 9, by a 207-139 roll call vote, to an amended version of House Bill 656, a bill that would legalize the possession of small amounts of marijuana. More specifically, the measure would legalize having up to one ounce of marijuana, and up to five grams of hashish for individuals age 21 or older. Also such individuals could possess or grow up to six marijuana plants as well as possess or transfer up to one ounce of pot or up to six immature pot plants without being paid.

House Bill 656’s preliminary approval came after the full House overturned by a 183-162 roll call vote a recommendation by a majority of the House Criminal Justice & Public Safety Committee to reject the bill’s amended version. It now goes to the House Ways & Means Committee for further review of its provisions calling for the levying of fines on individuals possessing larger amounts of marijuana than what is legalized in it. The measure is sponsored by a group of six Republican and Libertarian representatives led by Gilford’s Glen Aldrich.

For readers’ information, I voted against House Bill 656’s preliminary approval, and supported the Criminal Justice Committee’s majority recommendation to reject the bill this year. I’m not going to repeat all the pros and cons of legalizing pot, about which I’ve written in previous columns. But I voted “no” this time because I believe a marijuana study commission established by a House bill (whose number I cannot remember) signed into law last year should have an opportunity to finish its job, a study commission bill for which I voted, and a study commission that it is charged with determining whether marijuana should be legalized, and if it is legalized what is the best way to regulate and tax the substance. The commission is scheduled to issue its final report by Nov. 1, 2018.

Frankly, I believe that if marijuana is to be legalized in our state, it should be legalized in a carefully deliberate and comprehensive way. Among other concerns, can an objective method be devised to help law enforcement determine whether motorists they stop on the highways are too high to drive? Second, what is most effective way to keep marijuana, especially in edible form, out of the hands of minors? Third, what is the best way for our state to raise revenue from legalization?

Email: joccloutier@comcast.net
Fighting to Support Those on the Front Lines of the Opioid Crisis

By Senators Jeanne Shaheen and Maggie Hassan

Every day, communities across New Hampshire grapple with the impacts of the devastating opioid crisis, and the loss of their neighbors -- mothers and fathers, daughters and sons. Almost everyone has a story to share about a family member, a friend, a coworker, or neighbor suffering with a substance use disorder. This crisis does not discriminate; it affects people in every community and from every walk of life.

According to a recent Centers for Disease Control and Prevention (CDC) report, New Hampshire had the third-highest drug overdose death rate in 2016, and more Americans died of drug overdoses last year than in any previous year on record. In large part because of this crisis, American life expectancy has declined for two years in a row – the first time that has happened since the early 1960s.

This report is yet another painful reminder of how much work still needs to be done to save lives and turn the tide of the opioid crisis. When we talk to those on the front lines in New Hampshire, we consistently hear that they need more resources to support them in this fight, which is why we have called for a $25 billion federal investment over two years to go toward treatment, recovery, prevention, and law enforcement efforts. While it will take far more federal funding to meet the needs of those on the ground fighting this epidemic, providing an additional $25 billion now is an important step that we must take.

Make no mistake: This is a national public health emergency, and we still don’t see a robust federal response. The current federal budget negotiations give us an opportunity to right this wrong.

Increased federal resources can help grow innovative, grassroots efforts to address substance misuse. We can help treatment providers like Friendship House in Bethlehem – which relies on federal funding and is the only treatment center within a radius of 65 miles - increase their capacity to serve Granite Staters.

Both Republicans and Democrats agree on strategies to combat this crisis, including many of the ideas that President Trump’s Commission on Combating Drug Addiction put forward in its final report last year. The Commission recommended that the Administration increase access to treatment and recovery programs, as well as expand the capacity for medication-assisted treatment and first responder access to overdose reversal drugs.

There is bipartisan support for these ideas, but we need a robust federal investment for those on the front lines to make these ideas reality. Unfortunately, President Trump has not taken a leadership role in pushing for additional federal funding, but we are working with our Republican colleagues in the Senate to try to make progress.

While we are fighting for funding, we also need to make sure that it goes to states like New Hampshire that have been hardest hit by the opioid epidemic. That’s why we introduced bipartisan legislation that would prioritize federal funding for states with higher drug overdose death rates and less access to treatment services, including New Hampshire.

We were pleased that just days ago, the President signed a bipartisan bill that we cosponsored to help stop the flow of illicit drugs, including fentanyl, from crossing the U.S. border by equipping Customs and Border Protection (CBP) with scanning devices and other technologies to detect synthetic opioids.

We continue to stand ready to work with the President and across the aisle in Congress to provide the critical aid that our communities desperately need. We can start by including $25 billion in additional federal funding for those on the front lines and bolster efforts that members of both parties support.

We know that Republicans and Democrats can work together to provide communities with the resources they need to turn the tide of the greatest public health crisis facing our state and our country, and we cannot afford inaction.

NH Congressional Delegation Tells Trump Administration: No Drilling off Our Coast

WASHINGTON, DC--Senators Jeanne Shaheen (D-NH), and Congresswomen Carol Shea-Porter (NH-01) and Annie Kuster (NH-02) sent a letter Thursday to Interior Secretary Ryan Zinke in strong opposition to the Trump Administration proposal to allow drilling off New Hampshire’s coast. On Thursday, Jan. 4th, the Department of the Interior announced that it would move forward with a proposal to allow offshore drilling in the North Atlantic region.

“This reckless proposal poses a significant risk to seacoast communities in New Hampshire and would negatively affect marine ecosystems and our environment,” the delegation wrote. “Furthermore, this expansion threatens the vitality and economic interests of New Hampshire’s commercial fishing industry that depends on access to clean and healthy oceans… As your Department begins to accept public comments in accordance with the National Environmental Policy Act, we urge you to listen to the voices of our constituents and remove the New Hampshire coastline from this misguided proposal.”

In response to this proposal, Congresswomen Shea-Porter and Kuster co-introduced legislation today with Congressman David Cicilline (RI-01) to prohibit oil and gas drilling off the coast of New England. Senators Shaheen and Hassan also helped introduce the New England Coastal Protection Act Thursday in the Senate.

We Welcome Letters to the Editor. Send to etickernews@gmail.com and please include name, address and phone number.
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– Claremont

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Rep. Anne Kuster
137 Cannon House Office Building
Washington, DC 20515
phone: 202-225-5206
http://kuster.house.gov/contact

To find out who your local state representatives/senators are in Sullivan County, please visit
http://www.gencourt.state.nh.us/house/members/wml.aspx
and click on “Who Is My Legislator”

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Letter to the Editor

Thank You from the Kiwanis Club

To The Editor:
The Kiwanis Club of Claremont would like to take this opportunity to thank the many businesses and individuals who make our annual Bell Ringing fundraiser a success. Thank you to Market Basket and Walmart for allowing us to set up our booths at your businesses. Thank you to the MANY volunteers who give up their time to ring bells: Kiwanis members, Claremont Savings Bank employees, SHS Key Club members, Hypertherm employees, and multiple others individuals who brave the cold weather to support the work we do. Lastly, the generous members of our community; without you, we couldn’t provide supports to the youth in and around the Claremont area.

Courtney Porter, Vice President
Kiwanis Club of Claremont

Shaheen Statement on Supreme Court Challenge to Sales Tax Ruling

WASHINGTON, DC--U.S. Senator Jeanne Shaheen (D-NH), the lead Democrat on the Senate Committee on Small Business & Entrepreneurship, issued the following statement after the U.S. Supreme Court said it would hear a challenge to Quill v. North Dakota, a 1992 case prohibiting states from requiring out-of-state retailers and online sellers to collect sales tax:

“The Supreme Court should uphold its decision in Quill v. North Dakota and reaffirm a principle that has protected Granite State small businesses and online retailers from costly red tape and helped them thrive through e-commerce,” said Shaheen. “A reversal by the Court would be especially damaging to New Hampshire where our small businesses have no experience collecting sales taxes and should not be forced to become tax collectors for other states. I will closely monitor the Court’s deliberations and continue to vigorously oppose efforts in Congress that make it harder for New Hampshire companies selling products online to compete with big-box stores and giant e-retailers.”

Shaheen has successfully fought efforts to enact the Marketplace Fairness Act, legislation to overturn the Supreme Court’s Quill v. North Dakota ruling. The legislation would subject many New Hampshire businesses to significant red tape and administrative costs by forcing them to collect sales tax for 46 other states and 9,600 taxing jurisdictions across the country.

Shaheen also requested a recent report by the Government Accountability Office (GAO) that described the significant costs associated with requiring online businesses to collect sales taxes for other states. The independent report rebuts claims by proponents of the so-called Marketplace Fairness Act that it would not impose additional compliance burdens on small businesses, especially in non-sales tax states.

Kuster Backs Legislation to Protect At-Risk Species

WASHINGTON, DC-- On Tuesday, Congresswoman Annie Kuster (NH-02) backed the Recovering America’s Wildlife Act, bipartisan legislation that would bolster state efforts to protect at-risk species. The bill would distribute $1.3 billion in existing revenue from offshore energy and onshore mineral extraction royalties to state-led efforts to conserve wildlife. Under the legislation New Hampshire would see an increase of $12,127,826.00 in State and Tribal Wildlife Grants funding.

“Protecting our wildlife is more than good stewardship of our environment, it’s an investment in our future and economy,” said Kuster. “Outdoor recreation and tourism is a critical aspect of our economy in New Hampshire and conserving at-risk wildlife populations is an important part of supporting that industry. I look forward to working across the aisle with my colleagues to advance this legislation so that future generations can enjoy America’s diverse wildlife that is so often taken for granted.”
Fire Heavily Damages Home in Claremont

CLAREMONT, NH--The Claremont Fire Department responded to its second structure fire in less than one week, on Monday, Jan. 8th. Fire crews responded to 1 Camden Ave. for a reported building fire, called in at 2:24 p.m. First arriving crews were on scene at 2:27 p.m. Fire involved the basement of the structure and extended severe heat and smoke damage throughout the first floor of the structure. No one was home at the time. No injuries were reported. However, two pets perished in the fire.

Departments from Ascutney, Cornish and Newport covered the station. The fire was called under control at 2:52 p.m. Investigators remained on scene sifting through the rubble later Monday afternoon; the fire started in the basement and with its heavy water and smoke damage throughout the house, has displaced the family from its home.

The house is owned by Joe and Mindy Scruggs, who also have a 3-year-old child. A GoFundMe account has been started to help the family; please visit www.gofundme.com/the-scruggs-house-fire-help if you would like to help.

Fire crews responded to 1 Camden Ave. for a reported building fire last Monday (Bill Binder photos).

Donate While you Dine

Lake Sunapee VNA is "Thursday's Child" at the Coach House Restaurant on Thursday, January 18. Enjoy a wonderful dinner and automatically support Lake Sunapee Region VNA & Hospice. Just call the Coach House Restaurant at the New London Inn (526-2791) and make a reservation. Fifty percent of that evening's profits will be given to Lake Sunapee VNA as a donation.

Send news and photos to etickernews@gmail.com

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Fireworks to Light Up City Skies on the 4th Thanks to Major Donation

CLAREMONT, NH--At the Claremont City Council meeting Wednesday evening, the council formally accepted a donation of $8,000 from McGee Toyota to help fund the fireworks display on the 4th of July. Funding for fireworks had been eliminated from this year’s budget, part of the City’s austerity plan to trim rising costs across the board.

The Claremont Parks & Rec Department collected a little over $2,000 at last year’s event from those attending the show, and that, coupled with Mcgee’s donation, has raised the $10,000 needed to fully fund the 2018 fireworks display that draws people from around the Valley.

Parks and Recreation Director Mark Brislin accepted the donation check for $8,000 from Dave Higgins of McGee Toyota (photo, by Bill Binder), at Wednesday night’s meeting. Brislin said that the business “approached us shortly after coming to town and wanted to jump on board and help the community in a major way.”

---Phyllis A. Muzeroll

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Ann’s Property Of The Week
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annjacques1@comcast.net

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When: January 23rd-26, 8:30-5:00pm (attend 2 or 4 days)
Where: SCA, 689 River Rd, Charlestown, NH
How: Register online at: alteristic.nonprofitsoapbox.com/claremontnhjan2018
Or call: 603-443-0898

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Land and Legacy of an Art Colony

Come and watch the 24 minute movie trailer for the documentary filmed last summer in Plainfield and Cornish. The film explores the members of the Cornish Art Colony who gathered around Augustus Saint Gaudens and were involved in the American conservation movement. Many locals were extras. Afterwards, the producers will talk about the creation of the documentary, and answer questions.
When: Sunday January 21, 2018 at 3:00 PM
Where: Hayes Auditorium (in Fitch) at KUA
Program is free and open to the public.
Park at Flickinger, the church spaces on Chellis Rd. or the post office. Sponsored by the Plainfield Historical Society.

Public Invited to Participate in Focus Group at Saint-Gaudens

CORNISH, NH--Saint-Gaudens National Historic Site invites you to participate in our upcoming visitor services and education planning process. The site will hold a public focus group in the upstairs meeting room at the Cornish Town Offices (488 Town House Road Cornish) on Thursday, February 1st, from 6:30 to 8:30pm, for the citizens of Cornish, Claremont, Plainfield, and Windsor.
Share your thoughts and ideas about the park's visitor services, interpretive programs, and educational offerings during this facilitated meeting. RSVPs are appreciated, but not required. Light refreshments will be provided.
For more information or to RSVP, contact: Stephanie Kyriazis, Chief of Interpretation, Education, and Visitor Services, 603.675.2175 ext 151, stephanie_kyriazis@nps.gov, www.nps.gov/saga.

We post breaking news, updates and timely photos and stories on our Facebook page and website.
Greater Claremont Chamber of Commerce Announces President's Awards Recipients

CLAREMONTE, NH--The Greater Claremont Chamber of Commerce has announced the recipients of their 2017 President's Awards: Young Professional of the Year – Sean Edward Roberts, Non-Profit Organization of the Year – Southwestern Community Services, Business of the Year – Ink Factory, Citizen of the Year – Chuck Allen and Model Youth of the Year – Prescott Herzog.

The award recipients will be honored at the 61st President's Awards ceremony, Friday, Jan. 26, at 5:30 p.m.; the event will be held at The Common Man Restaurant in Claremont. Each year nominations are accepted from community members and then chosen by a committee of Chamber Members and past recipients. Membership with the Chamber is not required to be selected as an award recipient.

The Young Professional of the Year Award was first given in 2011. The 2018 recipient, Sean Edward Roberts, is the owner and director of the local theater company, World Under Wonder, in Weathersfield, VT. Roberts grew up in greater Claremont and has been working with youth in theatre since 2007, developing partnerships with area schools and the Claremont Opera House to collaborate on shows.

Business of the Year was first awarded in 2001. This year's recipient, The Ink Factory, is a full-service custom apparel decorator and promotional products distributor owned and operated by Jeff and Sarah Barrette. In January of 2009, they purchased equipment from Downtown Sportswear. The Ink Factory has grown to employ owners Sarah and Jeff along with three full-time staff. In December of 2015, they chose to renovate and enhance a deteriorating structure on Water Street, moving into their current location in September 2016, in Claremont's historic mill district.

Non-Profit Organization of the Year was first awarded in 2007. The 2018 recipient, Southwestern Community Services (SCS), is one of New Hampshire's five community action agencies and has served the needs of Cheshire and Sullivan county citizens since 1965. Their programs include, a Public Transportation System, Head Start Program, WIC, Fuel Assistance Program, Home Weatherization Program, Homeless Shelters, Senior Housing, and more.

The Citizen of the Year Award was the Chamber's first award given in 1957 and the 2018 recipient is Chuck Allen. He married his wife Joan, a St. Mary's Alum, in Claremont in July 1969. They have two children, a son, Spencer, and a daughter, Loni. Allen served in the US Army in Vietnam was awarded the Bronze Star for meritorious service. In 2000, the Arrowhead Recreation Club was formed under his leadership; he said, “One of the reasons I wanted to become part of Arrowhead was my belief and passion to the mission statement of providing low cost winter recreation to the region.” One of the many things Allen does for Arrowhead is track volunteer hours; last year he alone logged 1575 hours!

A new award introduced this year is Model Youth of the Year. This new award was created after receiving Prescott Herzog's nomination letter. Herzog is a Freshman at Stevens High school and is regionally and nationally involved in the Fuel Up To Play 60 (FUTP60) Organization that teaches and empowers young people to be more health conscious. He is involved with student government as Freshman Class Vice President and Stevens Student Council Treasurer, Key Club, Quiz Bowl, JV Soccer, Life Scout in the Boy Scout Troop 38 in Claremont.

Tickets and additional information are available on the Chamber's website: www.greaterclaremontnh.org.

“Since 1917 the Greater Claremont Chamber of Commerce has been playing a major leadership role in shaping the economic and social growth of the city by encouraging residents and visitors to do business locally,” said current Executive Director Elyse Crossman. “Today over 150 member businesses and individuals continue that tradition of regional engagement. “Over the years the Chamber has developed unique and innovative partnerships with the city's business, civic and nonprofit communities to maintain a strong, safe, and viable Region.”

The Greater Claremont Chamber of Commerce is a non-profit 501(c)(6) organization.

Social Media Prank at Newport High School

NEWPORT, NH--At approximately 9:30 a.m., on Thursday, Officer Beaudet, the School Resource Officer, notified SAU 43 of a posting on a social media site that involved a threat to “pop someone”. Additionally, there were other references of a possible gun shared by a student.

“Working collaboratively with the Newport Police Department on a developed plan to respond to these types of threats, we determined that the source of the postings has been verified and there is no threat to the students or school,” said Superintendent Cindy Gallagher in a statement. "The District takes all of these incidents very seriously. We appreciate the proper planning and immediate support that we receive from the Newport Police Department. We hope that all families will take the time to talk about the serious nature of these pranks.”

Gallagher added, “We appreciate the students and teachers that notified the police and all the families and students who actively participated in the successful outcome of this investigation.

If anyone has any questions or concerns regarding this incident, they are invited to contact Gallagher at the SAU office at (603) 865-9500 or cgallagher@sau43.org.

SHS Alumni Meeting

CLAREMONTE, NH--Stevens High School Alumni monthly meeting Wednesday, Jan. 17th, 5:30 p.m., Claremont Savings Bank downstairs. Anyone interested in working on the annual newsletter or writing an article, please attend the meeting or call the office at 603-542-8987.
**PUBLIC NOTICE**

**Boards, Committees and Commissions Vacancies**

The City of Claremont is inviting citizens to apply for vacancies which exist on the following volunteer Boards, Committees and Commissions:

<table>
<thead>
<tr>
<th>Board/Monthly Board</th>
<th>Vacancies</th>
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<tbody>
<tr>
<td>Airport Advisory Board</td>
<td>1 Vacancy (City Council Rep)</td>
</tr>
<tr>
<td>Board of Appeals</td>
<td>5 Vacant Seats, 3 Vacant Alternate Seats</td>
</tr>
<tr>
<td>Claremont Community Television Board</td>
<td>5 Vacant Seats (including City Council Rep)</td>
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<tr>
<td>Claremont Development Authority</td>
<td>1 Vacancy</td>
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<td>Claremont Housing Authority</td>
<td>No Vacancies</td>
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<tr>
<td>Claremont Planning Board</td>
<td>1 Vacant Seat (City Council Rep), 5 Vacant Alternate Seats</td>
</tr>
<tr>
<td>Claremont Police Commission</td>
<td>No Vacancies</td>
</tr>
<tr>
<td>Conservation Commission</td>
<td>5 Vacant Alternate Seats, 2 Vacant Seats (including City Council Rep)</td>
</tr>
<tr>
<td>Fiske Free Library Board of Trustees</td>
<td>2 Vacant Alternate Seats</td>
</tr>
<tr>
<td>Frances Tolles Home</td>
<td>No Vacancies</td>
</tr>
<tr>
<td>Historic District Commission</td>
<td>1 Vacant Seat (City Council Rep), 3 Vacant Alternate Seats</td>
</tr>
<tr>
<td>MT Ascutney Region River Subcommittee of the CT River Joint Commission</td>
<td>2 Vacant Seats, 2 Vacant Alternate Seats</td>
</tr>
<tr>
<td>Parks &amp; Recreation Commission</td>
<td>1 Vacant Seat, 4 Vacant Alternate Seats</td>
</tr>
<tr>
<td>Personnel Advisory Board</td>
<td>1 Vacant Seat</td>
</tr>
<tr>
<td>TIF Downtown Advisory Board</td>
<td>1 Vacant Seat</td>
</tr>
<tr>
<td>Trustees of Trust Funds</td>
<td>No Vacancies</td>
</tr>
<tr>
<td>Upper Valley Lake Sunapee Regional Planning Commission</td>
<td>1 Vacant Seat</td>
</tr>
<tr>
<td>Zoning Board of Adjustment</td>
<td>1 Vacant Alternate Seat</td>
</tr>
</tbody>
</table>

**Seats for Future Availability:**

<table>
<thead>
<tr>
<th>Board/Monthly Board</th>
<th>Expiration Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Claremont Planning Board</td>
<td>2 seats expire 3/31/2018</td>
</tr>
<tr>
<td>Conservation Commission</td>
<td>1 seat expires 3/31/2018</td>
</tr>
<tr>
<td>Historic District Commission</td>
<td>2 seats expire 3/31/2018</td>
</tr>
<tr>
<td>Zoning Board of Adjustment</td>
<td>1 seat expires 3/31/2018</td>
</tr>
</tbody>
</table>

Call deForest Bearse at 504-0341 or stop by the Visitor Center at 14 North Street to find out how you can volunteer, or go online to [www.claremontnh.com/government/boards-and-committees](http://www.claremontnh.com/government/boards-and-committees).
WINDSOR, VT--Mt. Ascutney Hospital and Health Center (MAHHC) has announced that Carla Kamel, MSW has been named Employee of the Month for November, 2017. Kamel is a Community Care Coordinator serving patients at Mt. Ascutney Hospital in Windsor, and at the Ottauquechee Health Center (OHC) in Woodstock, VT.

As a Community Care Coordinator, Kamel works to improve the quality of life and maintain independence for patients by coordinating multiple community partners in an interagency care management process. She advocates for patients with complex, high-risk medical needs, helps them establish reasonable goals, and will enlist the support of social service agencies and resources to improve patient outcomes. She provides patients with information about and referrals to community support services, links people to Medicare and Medicaid, and assists with access to behavioral and medical care, from arranging transportation to locating sources of financial support.

According to Kamel’s supervisor, Jill Lord, Director of Community Health at MAHHC, “Carla goes the extra mile to address the social circumstances that impact health, and she has built a strong network of agencies to serve vulnerable patients in low income housing. All partners speak highly of her skills, tenacity, compassion, and commitment to our patients. Through all of her work, Carla remains unflappably calm, positive, and realistic. She is a shining star!”

Kamel joined the Mt. Ascutney Hospital staff in 2014. She resides in Springfield, VT.

SPRINGFIELD, VT-- Springfield Medical Care Systems (SMCS) has announced that it has received a $4,558 grant from the Northeast Delta Dental Foundation to purchase a new surgical drill for use at Chester Family Dental in Chester, VT. The new drill will allow Dentist Madhav Shrirao, DMD, to place dental implants, a new service at the Center, and to surgically extract teeth, including wisdom teeth. Services provided by the Center include routine hygiene and basic and major restorative care, including fillings, crowns, bridges, root canals, dentures, extractions, and emergency dental services.

“We appreciate the Northeast Delta Dental Foundation’s long-time partnership which, in this case, will help us provide a new, much needed service to patients,” says Dr. Shrirao of Chester Family Dental.

“The Northeast Delta Dental Foundation is pleased to support Springfield Medical Care Systems (SMCS) and help them expand services to patients at Chester Family Dental.”

(Continued on page A15)
Grant, from A14

are proud to support SMCS in their efforts to provide quality oral health care to patients of all ages,” said Crystal Carroll, Manager of Community Relations at Northeast Delta Dental.

For more than 20 years, the Northeast Delta Dental Foundation has awarded grants to oral health programs in Maine, New Hampshire, and Vermont. Northeast Delta Dental, headquartered in Concord, New Hampshire, with sales offices in Burlington and Saco, Maine, offers dental insurance programs to individuals and families and organizations of all sizes. Learn more at www.nedelta.com.

Springfield Medical Care Systems (SMCS) is a not-for-profit, community-based health care system that includes nine community health center locations. Through its integrated health system, SMCS offers care that is patient-centered and emphasizes quality, access, and affordability for all, with financial assistance available based on a sliding fee scale. Services include primary and preventative health care for people of all ages, pediatrics, diagnostic lab and radiology services, a broad array of acute hospital and specialty services, health screenings, nutrition counseling, behavioral health counseling, dental care, and access to discounted pharmaceuticals.

For more information about SMCS and its subsidiaries, visit www.springfieldmed.org.

Bank of NH Announces Promotions

LACONIA, NH--Bank of New Hampshire announced that Jeremy Deering, Lindsay Cota-Robles, Cynthia Day and David Howes have recently been promoted.

Deering has been promoted to Senior Vice President – Commercial Banker. Since joining Bank of New Hampshire in July of 1999 and has held several positions within the Marketing department over that time. She holds a Bachelor’s degree in Communications from Keene State College, is a graduate of the ABA School of Bank Marketing, the New England School of Financial Studies, Leadership Lakes Region and is a Certified Financial Marketing Professional.

Day has been promoted to Assistant Vice President – Wealth Management Officer. She joined Bank of New Hampshire in May of 2015 and has over 34 years of Trust and Wealth Management experience in the areas of trust operations, security administration, client management and department leadership. She attended Cabrini College, completed the ABA Central Atlantic Regional School of Trust program, is currently enrolled in the Leadership Lakes Region program and is pursuing her CTFA designation.

Howes has been promoted to Assistant Vice President - Commercial Analyst Officer. He joined Bank of New Hampshire in January of 2016 as a Credit Analyst. He has over 20 years of experience starting his commercial banking career in Australia in 1996. He holds an Associate’s degree in Business Accounting from TAFE College in Australia, and has participated in numerous banking/finance courses.
2018
VALLEY REGIONAL HOSPITAL
ANNUAL MEETING

C A R E S
Compassion | Accountability | Respect | Excellence | Service

Keynote Speaker:

Dr. H. Gilbert Welch, MD, MPH

Dr. Welch is a general internist and professor of Medicine at the Dartmouth Institute for Health Policy and Clinical Research in the Geisel School of Medicine. He is also a professor of Public Policy at Dartmouth College and a professor of Business Administration at the Amos Tuck School.

Date: Tuesday, January 16
5:00 - 7:00 PM

Location: Claremont Savings Bank
Claremont Community Center
152 South Street
Claremont, NH 03743
Public Invited to Participate in Focus Group at Saint-Gaudens for Planning Process

CORNISH, NH--Saint-Gaudens National Historic Site invites you to participate in our upcoming visitor services and education planning process. The site will hold a public focus group in the upstairs meeting room at the Cornish Town Offices (488 Town House Road Cornish) on Thursday, February 1st, from 6:30 to 8:30pm, for the citizens of Cornish, Claremont, Plainfield, and Windsor.

Share your thoughts and ideas about the park’s visitor services, interpretive programs, and educational offerings during this facilitated meeting. RSVPs are appreciated, but not required.

For more information or to RSVP, contact: Stephanie Kyriazis, Chief of Interpretation, Education, and Visitor Services, 603.675.2175 ext 151, stephanie_kyriazis@nps.gov, www.nps.gov/saga.

Student Art on Exhibit at COH

CLAREMONT, NH--In celebration of National No Name-Calling Week, Rural Outright, a program of TLC Family Resource Center, is working with the Claremont Opera House to host a student art exhibit in the John D. Bennett Atrium Gallery. The exhibit, #KindnessInAction, will run from Jan. 15 to Feb. 17. There will be an opening gala on Friday, Jan. 19, from 5:00 to 7:00 p.m.

Students in grades K-12 were invited to submit up to five pieces in any medium. The deadline was Friday, Jan. 12.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide-range of free programs, support groups, and education. The Rural Outright program serves LGBTQ+ youth, their families, and allies with peer support groups, an educational series, and events throughout the area.

www.etickernewsofclaremont.com
TLC Offers Community Nurse Visits to Expecting Moms

CLAREMONT, NH--Community Nurse Visits is a pilot program of TLC Family Resource Center. It is funded by the New Hampshire Women’s Foundation and is available free to all pregnant women in Sullivan County regardless of their socio-economic status. Envision an opportunity to sit down in a relaxed environment and not be hurried to give you a chance to ask the questions you forget to ask in the doctor’s office. This is a unique opportunity to sit down, put up your feet, and relax while you chat one-on-one with a community nurse who specializes in maternal health.

The two free visits will be made once in the third trimester and once postpartum — at the TLC office or in your home. The visits include no red tape, applications, nor reporting. The visits are designed to be relaxed, casual and driven by mom. There is no curriculum. Our community nurse will listen to your questions and needs then respond non judgmentally.

Some topics that could be discussed include:
- Do I have all the supplies I need?
- Labor and delivery
- Postpartum depression
- Recovery from pregnancy
- Breastfeeding
- Sleep issues
- Immunizations
- Safe baby equipment
- Building attachments
- Adjustments for siblings and pets
- Balancing life and personal needs.
- Resuming personal life with partner
- Returning to work
- Child care

“TLC Family Resource Center has been a resource for pregnant and parenting women for 25 years. We are often required to serve a certain population of women due to state contracts that we carry. The nurse program for pregnant women is for all women regardless of financial means. All moms can benefit from a professional meeting with a nurse outside a medical office,” said Executive Director Maggie Monroe-Cassel.

The visits will be conducted by Karen Jameson, a registered nurse with an M.Ed. She has 15 years of nurse home visiting experience and is also trained in lactation. The visits will not include an evaluation of the mother or baby’s health.

“I am happy to sit with women for an hour or more and listen to their questions and concerns. Each pregnancy, first-time and subsequent, comes with its own set of questions and concerns. Together we can talk openly and problem solve if that is needed,” said Jameson.

If you would be interested in signing up for a visit or have questions, please contact Jameson at karen@tlcfamilyrc.org or (603) 542-1848 ext. 320.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide range of free programs, support groups, education, and events. For more information, please visit www.tlcfamilyrc.org.

Rural Outright to Talk About Social Change

CLAREMONT, NH--The next Let’s Talk program for Rural Outright, a program of TLC Family Resource Center, will feature Freedom NH’s Linds Jackow. They will be talking about social change and the reintroduction of the transgender equality bill. The event will be held on Monday, Jan. 22, at 6 p.m., in the Teal Lantern at Sugar River Valley Regional Technical Center, located at 111 South St. in Claremont, NH. This event is free and open to the public. Refreshments will be served.

Jackows will be talking about social change and HB1319, the transgender equality bill that is being brought before the NH House of Rep-resentatives, and what you can do this legislative session to help protect transgender Granite Staters. They will share the history of last year’s bill, the organizing work planned for this year, messaging, and what to expect in this year’s bill. And, you’ll have a chance to write a postcard to your representative to ask them to support the bill.

For more information, please email ruralNHoutright@gmail.com.

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide range of free programs, support groups, education, and events. The Rural Outright program serves LGBTQ+ youth, their families, and allies with peer support groups, an educational series, and events throughout the area.

Book Talk, Signing for Local Author

CLAREMONT, NH--On Monday, Jan. 22, at 3:30 p.m., Ceara Comeau will talk about and sign her new book, “Memories of Chronosalis”, the first in the Amber Oaks Mysteries series. She will also discuss the writing and publishing process.

Comeau is a local author who lives in the Acworth, NH, area. Born and raised in New Hampshire, she has been writing since the age of 10. She recently published the first book in the Amber Oak Series which she began writing at the age of 12.

“I just recently finished re-writing my Amber Oak series. It will be different than the original as it focuses more on science fiction and fantasy rather than mystery. The title of this book is "Memories of Chronosalis," said Comeau. This program is free and open to the public. Call the library for more information at 542-7017.

Send news and photos to etickernews@gmail.com
When Do You Need a Financial Advisor?

If you could accomplish all your financial goals just by putting your paycheck into the bank every couple of weeks, you wouldn’t need the services of a financial advisor. But life isn’t that simple – and so, at some point, you may realize you need some professional assistance. But when?

Actually, you might benefit from the services of a financial advisor during many life events, including the following:

**Starting your career** – When you’re starting out in your career, you may encounter several questions related to your benefits package. Should you contribute to your 401(k) or other employer-sponsored plan? If so, how much, and where should you invest your money? Are the life and disability insurance policies offered by your employer sufficient for your needs? A financial advisor can help you answer these and other questions you may have.

**Getting married** – When you get married, you’ll have to decide if, and how, you want to combine your finances. Also, you and your spouse may have different attitudes about investing and different tolerances for risk. A financial professional can help you find common ground.

**Changing jobs** – When you switch jobs, what should you do with your old employer’s retirement plan? And how should you invest in the plan offered by your new employer? As was the case when you first began your career, you may find that a financial professional can help you make the right choices.

**Facing a layoff or buyout** – You may never go through a layoff, or take a buyout offer from an employer – but if either of these events happen, you will face some financial decisions. And during such a potentially stressful period, you may be tempted to make some financial moves that won’t be beneficial. A financial advisor can suggest some strategies that may help you keep your investment situation relatively intact until you land your next job.

**Saving for college** – If you have children whom you’d like to send to college someday, you’ll probably want to start putting money away as early as possible. A financial professional can show you the various college-savings vehicles, and help you choose the ones that are most appropriate for your needs.

**Getting divorced** – If you are fortunate, you won’t ever experience a divorce, but, if it does happen, you’ll want to get the professional assistance necessary to ensure fair outcomes for everyone. You’ll obviously need to work with an attorney, but you may find that, in the area of investments, a financial advisor also can be useful.

**Entering retirement** – As you near retirement, your key questions will switch – but not entirely – from putting money in to taking money out. How much can you withdraw each year from your 401(k) and IRA without running the risk of outliving your resources? When should you start taking Social Security? If you were to work a couple of years longer than you had originally intended, how would it affect your withdrawal strategies? Again, a financial advisor can help you with these issues.

As you can see, most important life events will carry some financial concerns. But you don’t have to face these challenges alone – and by getting the help you need, when you need it, you can ease the transition from one stage of life to another.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*
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It’s About Food
By Johnny Navillus

COLD

People have been calling this “chilly”, “brisk”, etc. WRONG! It’s COLD!
This weather calls for rustic, hearty meals. What better than a slow cooker for handling this weather? Just set everything up in the morning and it’s done when you get home. Just take your parka and boots off and sit right down.

One of my favorite rustic meals is pot roast. Simple to prepare, nourishing and comforting. This starts with a basic pot roast, which by itself is very good, but later I’ll show you what playing around does. We go from basic to elegant, depending on your mood. If asked “What’s for dinner?” just say pot roast. And depending on your mood, play it up from there. Never over commit.

Slow Cooker Pot Roast

1 3-4 lb. rump or chuck roast
1 tsp salt
½ tsp pepper
3 medium potatoes halved
3 medium carrots, cut into logs lengthwise
2 medium onions halved
10 +/- roasted garlic cloves

Place the carrot logs in the bottom of the cooker. Add the roasted garlic cloves. Raw garlic works, too. Season the meat with salt and pepper on both sides. Place the meat on the carrots. Place the potatoes and onions around or on top of the meat. Cook on low for 8 or more hours.

In case you may have missed my earlier rantings from the Fall, you may have noticed I didn’t sear the meat first. Nor did I add any liquid. I no longer do either and my finished product is better for it.

On the other hand, “Playing with your food” is what this is all about. As soon as you walk in the door, microwave a small amount of BBQ sauce. Just warm it up a little. Now, spoon or brush it over the top of the roast and let that cook while you change clothes and unwind a bit. Have an adult beverage. The roast will be ready when you are.

You could marinate some dried fruit like apricots, cranberries, raisins or whatever for about an hour in some beer. Pour that over the meat before adding the potatoes and onions.

A half cup of bourbon makes a nice glaze if you are so inclined. Burgundy wine gives this a French notch up.

If you have the energy after a long day at work, remove the roast, add 2 tbs butter, 2 tbs flour and about half the liquid from the cooker. Blend them all together in a saucepan over medium heat. When blended, add 1 cup of sour cream and blend that in. Pour over the roast when serving. A side of egg noodles makes this a Stroganoff. Add some dill weed and you really have something special.

Play with your food. Be a hero.

Write to Johnny at etickernews@gmail.com.
Claremont Kiwanis would like to thank the community for their generous donations and the many volunteers who donated their time to ring bells.

We would also thank Wal-Mart and Market Basket for allowing us to use your locations.

*Your support directly impacts the children of our community.*

*We are always looking for new members!*  
To learn more about our club visit facebook.com/KiwanisofClaremont
**Springfield, VT, Police Log**

1/1/18  
Defendant: Lucas A. Smith, 31, Springfield, VT  
SUMMARY OF INCIDENT: Smith was stopped for a traffic violation and found to have an active Return on Writ from the Department of Corrections. Smith was lodged at Southern State Correctional Facility.  
01/03/18  
Violation of Conditions of Release  
Defendant: Evan Willey, 23, Springfield, VT  
SUMMARY OF INCIDENT: Willey was allegedly located inside the town library in violation of his 24-hour curfew by an officer who was conducting foot patrol.  
01/03/2018  
Unlawful Mischief & Assault on Medical Staff  
Defendant: Benjamin Ogden, 23, Guilford, VT  
SUMMARY OF INCIDENT: On 01/03/2018 Officers were dispatched to the Springfield Hospital for an out of control subject. The subject was identified as Benjamin Ogden; he allegedly had broken several objects in his hospital room as well as had struck a nurse. Benjamin was taken into custody and transported to the Springfield Police Department for processing. Benjamin was issued a citation to appear at a later date for Unlawful Mischief and Assault on Medical Staff. After processing Benjamin was lodged at Southern State Correctional Facility.  
1/3/18  
Defendant: Sebastian Loyzelle, 18, Mount Holly, VT  
SUMMARY OF INCIDENT: Loyzelle was stopped for a traffic violation and was allegedly found to be in possession of suspected marijuana. A passenger in the vehicle also possessed a small amount of marijuana and was issued civil paperwork.  
01-02-2018  
Criminal DLS- T23 VSA 674  
Christopher Baade, 50, Springfield, VT  
SUMMARY OF INCIDENT: Springfield Police were dispatched to Mineral St. in Springfield, VT for a report of a subject driving without a license. Upon investigation, Christopher Baade was cited into Vermont Superior Court, Criminal Division, Windsor Unit for alleged criminal DLS.  
01-01-2018  
Criminal DLS- T23 VSA 674  
Defendant: Dennis Mayotte, 31, N. Springfield, VT  
SUMMARY OF INCIDENT: Springfield Police conducted a motor vehicle stop for an alleged minor motor vehicle violation. Upon investigation, Dennis Mayotte was cited into Vermont Superior Court, Criminal Division, Windsor Unit for alleged criminal DLS.  
01-06-2018  
Forgery- T13 VSA 1801  
Petit Larceny- T13 VSA  
Kevin Morin, 23, Springfield, VT  
SUMMARY OF INCIDENT: Springfield Police received a complaint of a larceny that occurred on Whitney Rd. in Springfield, VT. Upon investigation, Kevin Morin was cited into Vermont Superior Court, Criminal Division, Windsor Unit for alleged forgery and petite larceny.  
12-21-2017  
Leaving the Scene of an Accident- T13 VSA 1128(a)  
Defendant: Edwin Knight, 27, Springfield, VT  
SUMMARY OF INCIDENT: Springfield Police were dispatched to Clinton St. in Springfield, VT for a report of a motor vehicle collision and one of the vehicles had left the scene. Upon investigation, Edwin Knight was cited into Windsor Superior Court-Criminal Division for allegedly leaving the scene of an accident.  
01-07-2018  
Arrest on Warrant  
Defendant: Kannyon Fuller, 19, Springfield, VT  
SUMMARY OF INCIDENT: While on patrol Springfield Police observed Kannyon Fuller driving on Park St. who was known to allegedly have an active warrant for his arrest. Fuller was taken into custody and released on a citation to appear in Vermont Superior Court, Criminal Division, Windsor Unit at a later date.  
01-01-2018 / 0910  
VIOLATION: Criminal DLS- T23 VSA 674  
False Information- T13 VSA 1754(a)  
Defendant: Dennis Mayotte, 31, N. Springfield, VT  
SUMMARY OF INCIDENT: Springfield Police conducted a motor vehicle stop for an alleged minor motor vehicle violation. Upon investigation, Dennis Mayotte was cited into Vermont Superior Court, Criminal Division, Windsor Unit for alleged criminal DLS and false information to law enforcement.  
01-01-2018  
VIOLATION: Criminal DLS- T23 VSA 674  
False Information- T13 VSA 1754(a)  
Defendant: Dennis Mayotte, 31, N. Springfield, VT  
SUMMARY OF INCIDENT: Springfield Police conducted a motor vehicle stop for an alleged minor motor vehicle violation. Upon investigation, Dennis Mayotte was cited into Vermont Superior Court, Criminal Division, Windsor Unit for alleged criminal DLS and false information to law enforcement.  
1-5-2018  
Defendant: Amanda Schoff, 30, Springfield VT  
SUMMARY OF INCIDENT: On 1-5-2018 Officers were called to the Dollar General for a report of a retail theft. On arrival it was relayed to the Officers that the defendant allegedly concealed items in her purse while attempting to purchase other items. Schoff was cited to appear in Windsor Country Criminal Court on 3-27-2018 to answer to the alleged charge(s).  
1-5-2018 1002 hours  
Defendant: Jonathan Palmisano, 23, from Springfield, VT  
SUMMARY OF INCIDENT: Officers were called to the Springfield Probation Office for a report that the defendant was in their lobby. It was alleged that the defendant had a return to custody order issued by the Department of Corrections. The defendant was taken into custody without incident and returned to custody at Southern State Correctional Facility.  
1-4-2018  
Defendants: Joseph Webster, 34, Springfield, VT, Brittany Haymon, 26, Springfield, VT  
SUMMARY OF INCIDENT: Officers were summoned to a residence for a third party report of a domestic fight in progress. While on scene Officers determined that both parties were equally responsible for the alleged physical altercation where both parties sustained minor injuries. Both subjects were taken into custody without incident. Haymon and Webster was cited to appear in Windsor Country Criminal Court on 1-5-2018 to answer to the alleged charge of domestic assault.  
1/4/2018 / 2148 DC, VCOR  
Defendant: Mary Schaefer, 58, Springfield, VT  
SUMMARY OF INCIDENT: On 1/4/2018 Officers were sent to investigate the report that Mary Schaefer was reportedly walking to Benjamin Carr's residence. Schaefer was on conditions not to have contact with Carr. After an initial contact with Schaefer at which time she was advised not to have contact with Carr, officers made contact with Schaefer, wherein she was arrested for the alleged offense of VCOR and DC.
Top left: Ice mass heads towards the Cornish-Windsor Covered Bridge; top right: a flooded Plains Rd. near the Coy paper mill bridge in Claremont; middle left: The water from the Coy Paper Dam looks like it is going into the building to rejoin the river; middle right: Flooding in Newport, in the area of the plaza and McDonald's.

Left: The Sugar River in Claremont just below the 3-foot mark; right: An amazing amount of water going over the Coy dam that was frozen a week ago.

Photos by Bill Binder and courtesy photos